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# Evaluation of voxel-based analysis in stroke using multiparametric MR imaging

Rui He

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## THÈSE

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préparée au sein de l'**Institut des Neurosciences de Grenoble**  
dans l'**École Doctorale Ingénierie pour la Santé, la Cognition et  
l'Environnement**

### **Évaluation d'une analyse voxel à voxel dans l'accident vasculaire cérébral à partir d'images IRM multiparamétriques**

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# Declaration

I declare that this thesis was composed by myself, that the work contained herein is my own except where explicitly stated otherwise in the content, and that the achievement in research has not been submitted for any other degree or professional qualification except as specified.

*Rui He*



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# List of abbreviations

- $\kappa$ NN** -  $\kappa$ -nearest-neighbor
- AC** - anterior commissure
- ADC** - apparent diffusion coefficient
- AIF** - arterial input function
- AIS** - acute ischemic stroke
- Ang** - angiotensin
- ANN** - artificial neural network
- ASL** - arterial spin labeling
- ASM** - angular second moment
- ATPase** - adenosine triphosphatase
- AUC** - area under curve
- BBB** - blood-brain barrier
- BCL** - B-cell lymphoma
- BDNF** - brain-derived neurotrophic factor
- BOLD** - blood oxygenation level dependent
- BP** - blood pressure
- CBF** - cerebral blood flow
- CBV** - cerebral blood volume
- CCS** - Causative Classification System
- CDP** - crossed-diameter product
- CE-MRA** - contrast-enhanced magnetic resonance angiography
- CI** - confidence interval
- CMRO<sub>2</sub>** - cerebral metabolic rate of oxygen
- COPD** - chronic obstructive pulmonary disease
- CoW** - Circle of Willis
- COX2** - cyclooxygenase 2
- CSF** - cerebrospinal fluid
- CST** - corticospinal tract

**CT** - computed tomography

**CTA** - computed tomography angiography

**CVR** - cerebral vasoreactivity<sup>[1]</sup>, cerebrovascular reserve<sup>[2]</sup>

**DEFUSE** - Diffusion and Perfusion Imaging Evaluation for Understanding Stroke Evolution

**DIAS** - Desmoteplase In Acute Ischemic Stroke

**DSA** - digital subtraction angiography

**DSC** - dynamic susceptibility contrast

**DTI** - diffusion tensor imaging

**DWI** - diffusion-weighted imaging

**EM** - expectation-maximization

**ENT** - entropy

**EP** - endothelial progenitors

**EPC** - endothelial progenitor cell

**EPITHET** - Echoplanar Imaging Thrombolytic Evaluation Trial

**EPO** - erythropoietin

**ET** - endovascular treatment

**FA** - fractional anisotropy

**FCM** - fuzzy C-means

**fDM** - functional diffusion map

**FLAIR** - fluid attenuated inversion recovery

**fMRI** - functional magnetic resonance imaging

**FOV** - field of view

**fSAD** - functional small airway disease

**FWHM** - full width at half maximum

**GBM** - glioblastoma

**GCSF** - granulocyte-colony stimulating factor

**Gd-DOTA** - Gadolinium 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetic acid

**Gd-DTPA** - Gadolinium Diethyl-Triamine-Penta-Acetic acid

**GF** - growth factor

**GLCM** - grey-level co-occurrence matrix

**GluR2** - glutamate receptor 2

**GM** - grey matter

**GMM** - Gaussian mixture model

**GRE** - gradient recalled echo

**HIE** - hypoxic-ischemic encephalopathy

**hMSC** - human mesenchymal stem cell

**HNSCC** - head and neck squamous cell carcinoma

**HSC** - hematopoietic stem cell

**HSP** - heat-shock protein

**HT** - hemorrhagic transformation

**HVS** - hyperintense vessels sign

**IA** - intraarterial

**IAT** - intraarterial treatment

**IC** - intracerebral<sup>[1]</sup>, infarct core<sup>[2]</sup>

**ICA** - internal carotid artery

**ICH** - intracerebral hemorrhage

**ICP** - intracranial pressure

**IL** - interleukin

**IMS-2** - Interventional Management of Stroke phase 2

**iNOS** - inducible nitric oxide synthase

**IP3** - inositol tri-phosphate

**IV** - intravenous

**LoG** - Laplacian-of-Gaussian

**LP** - label propagation

**LRP** - lipoprotein receptor-related protein

**LVQ** - learning vector quantization

**MA** - multi-atlas propagation

**MAP** - maximum a posteriori

**MCA** - middle cerebral artery

**MCAo** - middle cerebral artery occlusion

**MCI** - malignant cerebral infarction

**MD** - mean diffusivity

**MEG** - magnetoencephalography

**MEM $\alpha$**  - Minimum Essential Medium with  $\alpha$  modification

**MGESE** - multi-gradient echo and spin echo

**MNC** - mononuclear cell

**mPRM** - multiparametric response map

**MR CLEAN** - Multicenter Randomized Clinical trial of Endovascular treatment for Acute ischemic stroke in the Netherlands

**MR RESCUE** - Mechanical Retrieval and Recanalization of Stroke Clots Using Embolectomy

**MRA** - magnetic resonance angiography

**MRF** - Markov random field

**MRI** - magnetic resonance imaging

**mRS** - modified Rankin Scale

**MSC** - mesenchymal stem cell

**MTT** - mean transit time

**NAC** - neoadjuvant chemotherapy

**NAWM** - normal appearing white matter

**NECT** - non-enhanced computed tomography

**NIHSS** - National Institutes of Health Stroke Scale

**NO** - nitric oxide

**NOS** - nitric oxide synthase

**NSC** - neural stem cell

**NSOPT** - nonsurgical organ preservation therapy

**NVU** - neurovascular unit

**OEF** - oxygen extraction fraction

**oSVD** - oscillation index regularized block-circulant singular value

## decomposition

**PA** - probabilistic atlas

**PBS** - phosphate-buffered saline

**PC** - posterior commissure

**PD** - progressive disease

**PDGF** - platelet-derived growth factor

**PDGFR- $\alpha$**  - platelet-derived growth factor receptor  $\alpha$

**PET** - positron emission tomography

**PICH** - primary intracerebral hematoma

**pMCAo** - permanent middle cerebral artery occlusion

**PP** - pseudoproggression

**PR** - partial response

**PRM** - parametric response map

**PROACT** - Prourokinase for Acute Cerebral Thromboembolism

**PTS** - prothrombotic state

**PV** - partial volume

**PWI** - perfusion-weighted imaging

**rCBF** - regional cerebral blood flow

**rCBV** - regional cerebral blood volume

**RECIST** - Response Evaluation Criteria in Solid Tumors

**RESTORE** - reperfusion therapy in unclear-onset stroke based on MRI

## evaluation

**RF** - radiofrequency

**ROC** - receiver operating characteristic

**ROI** - region of interest

**ROS** - reactive oxygen species

**rt-PA** - recombinant tissue plasminogen activator

**SAH** - subarachnoid hemorrhage

**SD** - stable disease<sup>[1]</sup>, standard deviation<sup>[2]</sup>

**SDF-1** - stromal-cell-derived factor-1



**SEM** - standard error mean

**SI** - signal intensity

**SIAS** - severe intracranial arterial stenosis

**SOM** - self-organizing map

**SRI** - serotonin reuptake inhibitor

**STAIR** - Stroke Therapy Academic Industry Roundtable

**SVZ** - subventricular zone

**SWIFT PRIME** - Solitaire with the Intention for Thrombectomy as Primary Endovascular Treatment

**T** - Tesla

**T<sub>2</sub>WI** - T<sub>2</sub>-weighted imaging

**TA** - texture analysis

**TAR** - tissue-at-risk

**TBSS** - track-based spatial statistics

**TGF-β1** - transforming growth factor- 1

**TIA** - transient ischemic attack

**T<sub>max</sub>** - time-to-maximum

**tMCAo** - transient middle cerebral artery occlusion

**TOAST** - Trial of Org 10172 in Acute Stroke Treatment

**TOF** - time-of-flight

**t-PA** - tissue plasminogen activator

**TTP** - time-to-peak

**USPIO** - ultrasmall superparamagnetic iron oxide particles

**VBM** - voxel-based morphometry

**VEGF** - vascular endothelial growth factor

**VOI** - volume-of-interest

**VSI** - vessel size index

**WHASA** - white matter hyperintensities automated segmentation algorithm

**WM** - white matter

**WMH** - white matter hyperintensities

# Evaluation of voxel-based analysis in stroke using multiparametric MR imaging

## **Summary:**

Stroke is the leading cause of disability in adults. Beyond the narrow time window and possible risks of thrombolysis and mechanical thrombectomy, cell-therapies have strong potential. Reports showed that transplanted stem cells can enhance functional recovery after ischemic stroke in rodent models.

To assess the mechanisms underlying the cell-therapy benefit after stroke, imaging is necessary. Multiparametric magnetic resonance imaging (MRI), including diffusion-weighted imaging (DWI) and perfusion-weighted imaging (PWI), has become the gold standard to evaluate stroke characteristics. MRI also plays an important role in the monitoring of cerebral tissue following stroke from the acute to the chronic phase. However, the spatial heterogeneity of each stroke lesion and its dynamic reorganization over time, which may be related to the effect of a therapy, remain a challenge for traditional image analysis techniques. To evaluate the effect of new therapeutic strategies, spatial and temporal lesion heterogeneities need to be more accurately characterized and quantified.

The current image analysis techniques, based on mean values obtained from regions of interest (ROIs), hide the intralesional heterogeneity. Histogram-based techniques provide an evaluation of lesion heterogeneity but fail to yield spatial information. The parametric response map (PRM) is an alternative, voxel-based analysis technique, which has been established in oncology as a promising tool to better investigate parametric changes over time at the voxel level which concern the therapeutic response or prognosis of disease.

The PhD project was divided into two parts: a preclinical and a clinical study. The goal of the first study was to evaluate the PRM analysis using MRI data collected after the intravenous injection of human mesenchymal stem cells (hMSCs) in an experimental stroke model. The apparent diffusion coefficient (ADC), cerebral blood volume (CBV) and vessel size index (VSI) were mapped using 7T MRI. Two analytic procedures, the standard whole-lesion approach and the PRM, were performed on data collected at 4 time points in transient middle cerebral artery occlusion (MCAo) models treated with either hMSC or vehicle and in sham animals. During the second PhD project, 6 MR parametric maps (diffusion and perfusion maps) were collected in 30 stroke patients (PHRC NCT00875654). MRI data, analyzed with both a classic mean value and a PRM approaches, were correlated with the evaluation of functional recovery after stroke measured with the National Institutes of Health Stroke Scale (NIHSS) and the modified Rankin Scale (mRS) at 4 time points.

In both studies, PRM analysis of MR parametric maps reveals fine changes of the lesion induced by a cell therapy (preclinical study) and correlate with long-term prognosis (clinical study).

In conclusion, the PRM analysis could be used as an imaging biomarker of

therapeutic efficacy and of prognostic biomarker of stroke patients.

**Key words:** magnetic resonance imaging, brain, diffusion, perfusion, parametric response map, cerebral ischemia, cell therapy, mesenchymal stem cells, prognostic biomarker

# Évaluation d'une analyse voxel à voxel dans l'accident vasculaire cérébral à partir d'images IRM multiparamétriques

## **Résumé:**

L'accident vasculaire cérébral (AVC) est la principale cause de handicap acquis chez l'adulte. Au-delà de l'étroite fenêtre thérapeutique et des risques éventuels de la thrombolyse et de la thrombectomie mécanique, la thérapie cellulaire par cellules souches présente un fort potentiel. Plusieurs études ont montré que les cellules souches transplantées peuvent améliorer la récupération fonctionnelle après un AVC sur des modèles de rongeurs.

L'imagerie multiparamétrique par résonance magnétique (IRM), qui inclue l'imagerie de diffusion et de perfusion, est aujourd'hui le protocole standard pour caractériser l'AVC. L'imagerie permet également de suivre in vivo les mécanismes sous-jacents de la thérapie cellulaire après un AVC de la phase aiguë à la phase chronique. Cependant, la quantification de l'hétérogénéité spatiale des lésions, clairement visible par IRM, reste un défi à l'heure actuelle. En effet, les techniques d'analyses d'images utilisées en routine sont basées sur le calcul des valeurs moyennes à partir de régions d'intérêts (ROI). Cette technique par ROI ne peut pas refléter l'hétérogénéité intra-lésionnelle. C'est pourquoi, de nouvelles stratégies d'analyses d'images doivent être développées et évaluées afin de quantifier l'hétérogénéité des lésions ischémiques mais aussi pour suivre l'évolution de cette hétérogénéité au cours du temps. Des approches utilisant des analyses par histogramme permettent d'évaluer l'hétérogénéité des lésions mais perdent l'information spatiale. Une alternative est l'utilisation d'une analyse d'image à l'échelle du voxel appelée "Parametric Response Map (PRM)". Cet outil a été décrit comme plus sensible que l'analyse par ROI dans le pronostic mais aussi dans le suivi thérapeutique chez des patients porteurs de tumeurs cérébrales ou encore atteints d'hémorragies cérébrales.

Mon projet de thèse est divisé en deux parties: une étude préclinique chez le rat et une étude clinique (PHRC NCT00875654). La première partie de ma thèse vise à évaluer les changements physiopathologiques mesurés par l'IRM après un traitement par cellules souches mésenchymateuses humaines (CSMh) sur un modèle d'AVC chez le rat. Des animaux présentant une occlusion transitoire de l'artère cérébrale moyenne (oACM) ou non (sham) ont été traités ou non par une injection de CSMh. Au cours de cette étude, différents paramètres IRM ont été cartographiés en utilisant une IRM 7T (4 temps d'imagerie): le coefficient apparent de diffusion (ADC), le volume sanguin cérébral (CBV) et l'indice de taille des vaisseaux (VSI). Les cartes d'ADC, CBV et VSI ont été analysées en utilisant l'approche classique par ROI mais aussi par PRM. L'objectif de cette étude était de déterminer si l'analyse par PRM était capable de détecter plus précocement l'effet des CSMh que l'analyse par ROI. Durant la seconde partie de ma thèse, 6 paramètres IRM (imagerie de diffusion et de perfusion) ont été acquis chez 30 patients AVC. Les données IRM, analysées par valeur moyenne classique et par PRM, ont été corrélées avec des évaluations de la récupération fonctionnelle : le score NIHSS (National Institutes of Health Stroke Score) et l'échelle de Rankin modifiée (mRS) mesurés à différents temps

post-ischémie. L'analyse PRM des cartes paramétriques IRM révèle des changements fins de la lésion et corrèle avec le pronostic à long terme après l'ischémie.

En conclusion, la PRM pourrait être utilisée comme biomarqueur d'efficacité thérapeutique (combinaison d'images IRM et de outils innovants d'analyse d'images) et comme biomarqueur pronostique des patients AVC.

**Mots clés:** imagerie résonance magnétique, cerveau, diffusion, perfusion, carte paramétrique de réponse, ischémie cérébrale, thérapie cellulaire, cellules souches mésenchymateuses, biomarqueur pronostique

# Chapter 1

## Introduction of stroke

### 1.1 Definition

Stroke is termed to describe damage to the central nervous system such as brain and spinal cord due to abnormalities in its blood supply (ischemia) or bleeding. It is classified as ischemic or hemorrhagic. By far, the most common subtype of stroke is ischemic also called cerebral infarction [Mozaffarian *et al.* 2016]. Ischemic stroke results from a transient or permanent insufficient or interrupted flow of cerebral blood flow that is restricted to the territory of a brain artery. The reduction in flow is, in most cases, typically caused by the occlusion of a cerebral artery either by an embolus or by local thrombosis [Taylor *et al.* 1996].

### 1.2 Cause of stroke

Ischemic and hemorrhagic are the two main types of stroke. The former one is far more common. Ischemic stroke accounts for around 80% of strokes, and its origin is divided into cardiogenic, arterosclerotic, lacunar, hemodynamic or cryptogenic source [Adams *et al.* 1993]. Another 15% of strokes are related to disruption of a cerebral artery resulting in intracerebral hemorrhage (ICH). Hypertension is the main source for ICH with other reasons such as specific blood vessel abnormalities [Rathore *et al.* 2013]. The acute ischemic stroke (AIS) may also be complicated by a hemorrhagic transformation notably by the use of anticoagulation [Marsh *et al.* 2016]. In this thesis, we will focus on ischemic stroke.

### 1.3 Consequence and symptoms of ischemic stroke

Ischemic stroke caused by a sudden artery occlusion is one of the leading causes of mortality and long-term disability worldwide. Statistics from the American Heart Association estimate an average of one stroke occurrence every 40 seconds in United States, amounting to approximately 795,000 people experiencing new or recurrent strokes per year. From the micro-aspect, if an appropriate therapy is not given, it is calculated that about 1.8 million neurons are lost every minute [Saver *et al.* 2006, Mijajlovic *et al.* 2014]. In view of the widespread public health impact of stroke and its profound impact on patients, stroke research has remained in the forefront [Go *et al.* 2014].

The most common symptom of a stroke is sudden weakness or numbness of the face, arm or leg, usually on one side of the body. Other symptoms include aphasia, visual disorders, dizziness, impaired consciousness and different extent of headache. However, stroke can be occult or with slight symptoms which are not seriously taken for clinical observation.

## **1.4 Etiology of ischemic stroke**

### **1.4.1 Cerebrovascular anatomy**

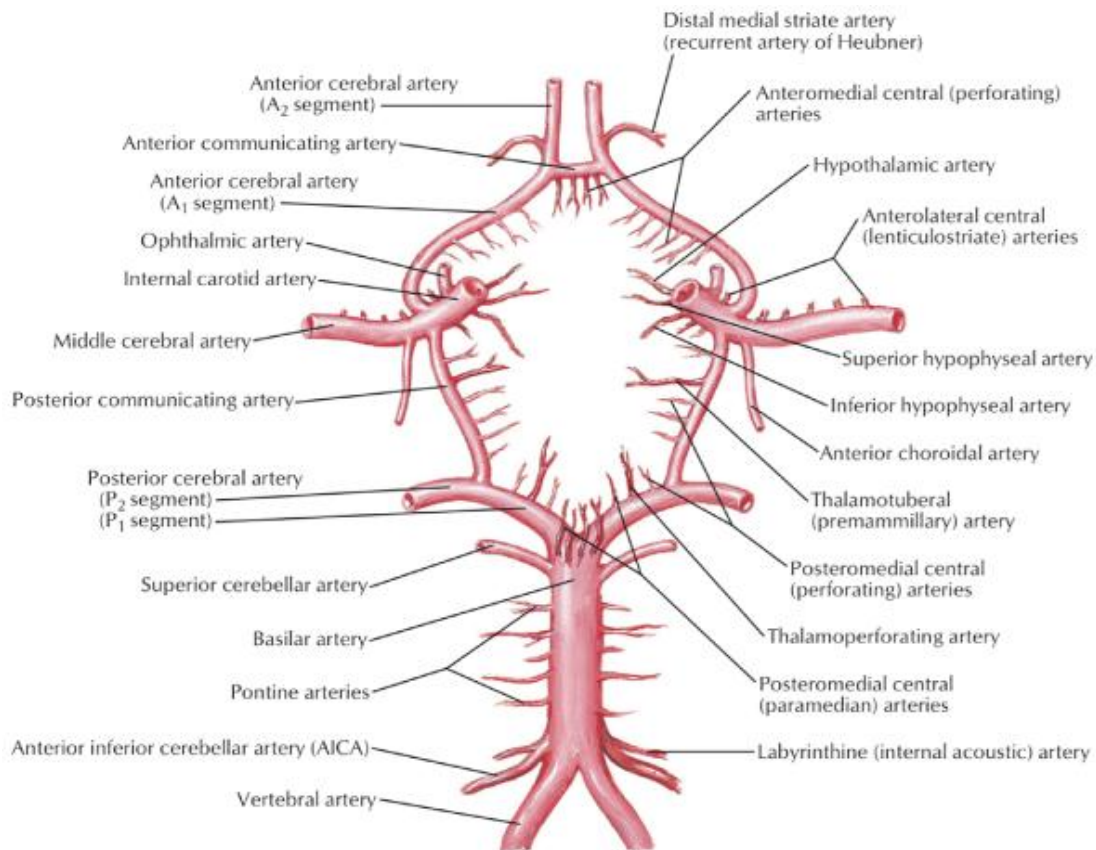
A good working knowledge of the brain anatomy and vascular systems is crucial.

#### **1.4.1.1 Cerebrovascular anatomy of human**

Arteries supplying blood to the brain are all branches of the large brachiocephalic arteries that stem from the aorta. The common carotid arteries on either side ascend the anterior neck and bifurcate around the level of the angle of the mandible, into the internal and external carotid arteries [Wholey *et al.* 1997]. The internal carotids enter the skull through the intracranial branches and supply the anterior 2 / 3 of the brain, which are more commonly involved in human cerebrovascular diseases. The internal carotid arteries and their tributaries constitute the anterior circulation [Krishnaswamy *et al.* 2010].

The posterior circulation is composed of the left and right vertebral arteries, which are branches of the subclavian arteries arising from the aorta [Krishnaswamy *et al.* 2010]. The vertebral arteries on both sides merge and form the basilar artery, which then ascends and bifurcates into left and right posterior cerebral arteries. The vertebral arteries, the basilar artery and their branches constitute the so-called vertebrobasilar system [Cereda *et al.* 2012].

At the base of the skull, shortly after the large arteries enter the cranial cavity, the major arteries join to form anastomoses, the Circle of Willis (CoW), formed by arteries which communicate between the anterior and posterior systems and between the left and right side of the brain [Cereda *et al.* 2012] (Fig.1.1).



**Figure 1.1:** Main structure of the cerebrovascular anatomy and the CoW (from Atlas of Human Anatomy Sixth Edition by Dr. Frank H. Netter)

The bilateral anterior, middle and posterior cerebral arteries are the main supplying arteries of the brain which interconnected by two major collateral systems [Liebeskind *et al.* 2003]. Under clinical conditions, the individual variability of the anastomoses which interconnect these arteries is responsible for the vascular occlusion which may result in a wide range of volumes from small ischemic lesions located in the central region to large infarcts involving the entire vascular supplying territory.

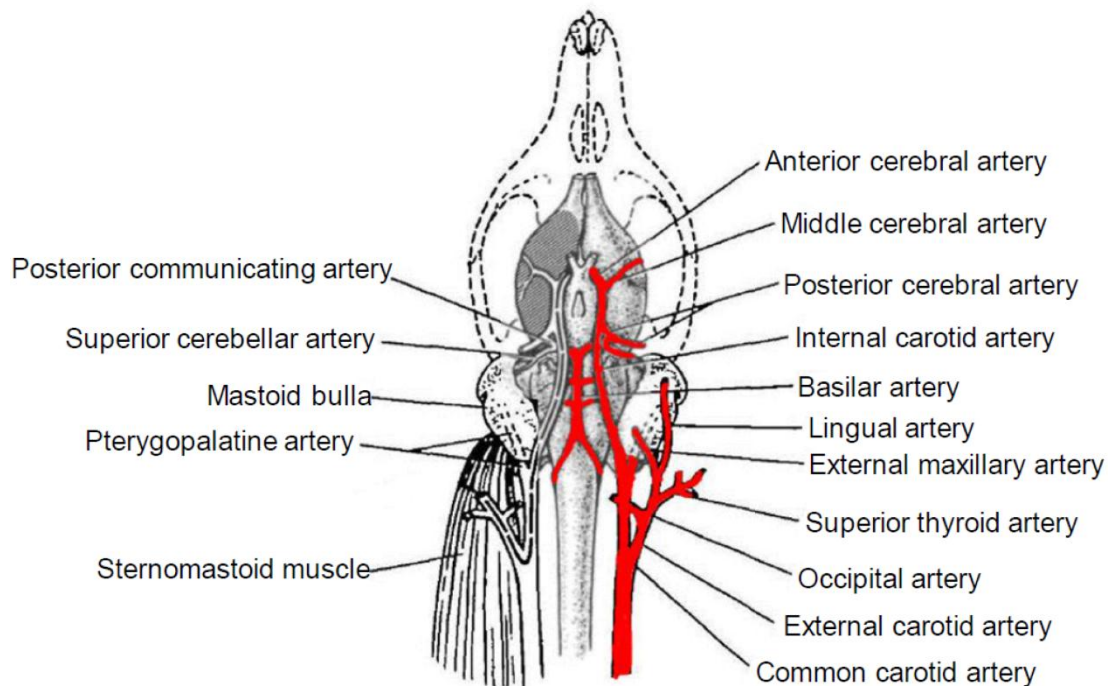
#### 1.4.1.2 Cerebrovascular anatomy of the rat

Human ischemic stroke usually results from middle cerebral artery occlusion (MCAo), so animal models which occlude the MCA are closest to the clinical prospect [Longa *et al.* 1989, Mhairi Macrae *et al.* 1992]. Different animal models for experimental stroke research have been developed with a number of additional techniques proposed [Kawamura *et al.* 1994, Ma *et al.* 2006]. Models based on different species may have slightly different vascular brain anatomy which impacts the feasibility of operation [Scremin *et al.* 1982, Maeda *et al.* 1998]. Currently, the rodent MCAo models are the commonest in experimental stroke studies.

The arterial blood supply of the rat brain is relatively similar with the CoW in human but without the anterior communicating artery [Longa *et al.* 1989]



(Fig.1.2).



**Figure 1.2:** Diagram of cerebrovascular anatomy in rats illustrates extracranial and intracranial vascular relations exploited in the method of reversible MCAo. Vessel size is disproportionately enlarged for clarity [Longa *et al.* 1989]. Cervical dissection of common, external and internal carotid arteries with their branches is shown in red (experiment method mentioned in Chapter 5).

## 1.4.2 Subtype of ischemic stroke

Post-ischemic stroke outcomes including disability, fatality and recurrence differ according to subtypes defined by stroke mechanisms [Lovett *et al.* 2004]. Identification of the underlying cause of stroke is an important element of daily clinical practice including treatment and prognosis evaluation for individual patients. Accurate and reproducible assignment of the likely mechanism of ischemic stroke is also important in clinical trials investigating benefit in specific patient groups [Kolominsky-Rabas *et al.* 2001]. The potential etiologies of the stroke should be taken into consideration for the selection of therapeutic strategies, the assessment of evolution and the prediction of prognosis besides the basic information such as the size and site of the ischemic lesion.

### 1.4.2.1 Subtype classification methods of ischemic stroke

There are numerous causes of which ischemic strokes can occur, and the

various etiologies often result in different clinical presentations and characteristic appearance of the lesion on imaging. Several subclassification schemes for ischemic strokes have been proposed [Chen *et al.* 2012], including the Harvard Stroke Registry (1978) [Mohr *et al.* 1978], Trial of Org 10172 in Acute Stroke Treatment (TOAST) (1992) [Adams *et al.* 1993], Oxfordshire Community Stroke Project (1993) [Lindley *et al.* 1993], Causative Classification System (CCS) of stroke [Ay *et al.* 2005], A-S-C-O (phenotypic) classification (2009) [Marnane *et al.* 2010] and Chinese Ischemic Stroke Subclassification (2011) [Gao *et al.* 2011].

#### 1.4.2.1.1 TOAST

The TOAST classification is the most widely used and denotes five subtypes of ischemic stroke: 1) large-artery atherosclerosis, 2) cardioembolism, 3) small-vessel occlusion, 4) stroke of other determined etiology, and 5) stroke of undetermined etiologies which includes cases invoking more than one primary mechanism. Differentiation of this classification are based on clinical features, computed tomography (CT) / magnetic resonance imaging (MRI) data, cardiac imaging, duplex scanning of extracranial arteries, arteriography and laboratory tests for a prothrombotic state (PTS) [Adams *et al.* 1993].

The TOAST system promotes better understanding of different potentially contributory mechanisms in growing stroke patients [Lee *et al.* 2000].

#### 1.4.2.1.2 ASCO

The phenotype-based classification is defined by A-S-C-O: %A+ for atherosclerosis, %S+ for small vessel disease, %C+ for cardiac source and %O+ for other cause. Each of the four phenotypes is graded %1+ to %3+. %1+ for definitely a potential cause of the index stroke, %2+ for causality uncertain and %3+ for unlikely a direct cause of the index stroke. When the disease is completely absent, the grade is %0+. When grading is impossible due to insufficient definition caused by uncertain elements, the grade is %0+ [Amarenco *et al.* 2009].

This phenotypic classification method also improves the capability to identify the most likely cause where multiple potential mechanisms are explored [Ay *et al.* 2007, Amarenco *et al.* 2009].

#### 1.4.2.1.3 CCS

The Causative Classification System (CCS) scheme also assigns objects into 5 categories according to the mechanisms: cardio-aortic, large artery atherosclerosis, small artery occlusion, other cause and undetermined. However, compared with TOAST, the CCS assigns the most likely subtype based on updated estimates of stroke risk associated with specific cardiac and vascular pathologies, clinical features or imaging parameters known to be more commonly associated with particular stroke mechanisms [Marnane *et al.*

2010].

Results from previous studies illustrate that the feasibility of a harmonized combined classification system should be improved for clinical stroke research based on the specific strength of each single classification system [Weimar *et al.* 2016].

#### 1.4.2.2 TIA

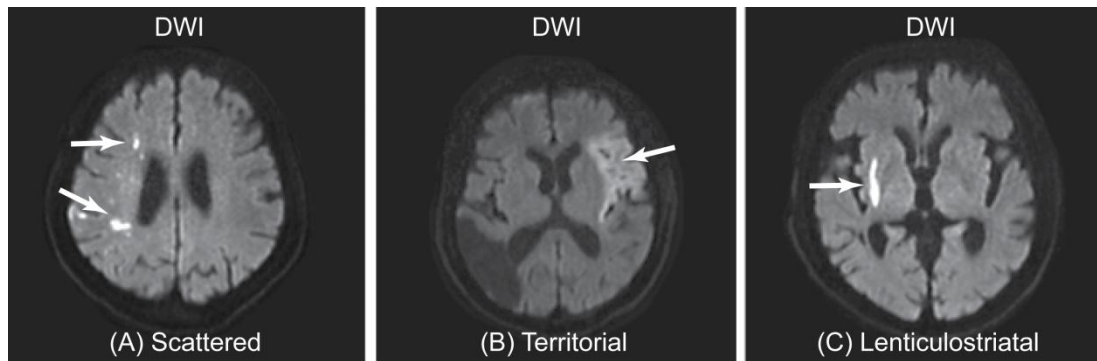
The transient ischemic attack (TIA), also as known as "mini stroke", is a special type of stroke. It means a transient episode of neurological dysfunction caused by the blood flow interruption for a short period of time that tends to resolve itself quickly without acute infarction, usually within 10. 20 minutes and less than 24 h before disappearing [Easton *et al.* 2009]. TIA occurs with a high rate, nearly 7.5 million cases worldwide each year. Although TIA is considered as benign by the public, it is still a strong warning sign of an ischemic stroke and should not be ignored to prevent a more serious attack [Giles *et al.* 2007, Merwick *et al.* 2010].

TIA is also associated with high risk of recurrent ischemic events. According to the guidelines, it recommends that patients with TIA should undergo neuroimaging evaluation within 24 h of symptom onset, by CT or MRI, preferably by MRI, especially diffusion-weighted imaging (DWI, technique mentioned in Chapter 2) because it is more sensitive than CT. However, the strength of CT is its availability and ability to quickly exclude ICH. Generally, a follow-up MRI should be performed after the emergent CT because of its superiority in identifying cerebral infarction. A lack of evidence of infarction on MRI in patients who have symptoms consistent with cerebral ischemia distinguishes TIA from minor stroke. The noninvasive imaging approaches of the intracranial and cervical arteries such as CT or MR angiography, or transcranial Doppler should also be performed within 48 h [Simmons *et al.* 2012]. Refinement in brain imaging and better understanding of the time course of TIA-related lesions may lead to the further potential of the MRI signature associated with transient ischemia [Olivot *et al.* 2011, Souillard-Scemama *et al.* 2015].

### 1.4.3 Infarct patterns of ischemic stroke

Infarct patterns (especially following MCAo) can be categorized into 3 basic patterns based on DWI features, including scattered, territorial and lenticulostriatal. A territorial pattern defined as wedge-shaped infarctions involving the cortex and subcortex with clearly noticeable margins, while a lenticulostriatal pattern represents an infarction restricted only in MCA perforator artery territory. A scattered pattern is defined as infarct patterns that are not describable by the previous two patterns regardless of lesion location or infarction size. The extent of this pattern includes the cortex, subcortex of

the MCA territory and deep structures like internal capsule and basal ganglia [Lee *et al.* 2014] (**Fig.1.3**).



**Figure 1.3:** Three basic infarct patterns of acute ischemic stroke: (A) scattered, (B) territorial and (C) lenticulostriatal by DWI. Infarct lesion of each pattern: white arrow [Lee *et al.* 2014].

With early identification of DWI patterns a consideration to the stroke cause may be provided [Wessels *et al.* 2006, Bang *et al.* 2009b]. Emboli originating from the cardiac chamber have a high chance of becoming large, leading to a sudden major artery occlusion and a larger infarct [Arboix *et al.* 2010]. Furthermore, stroke caused by an embolus arising from the heart or aortic arch or recurrent emboli tends to occur in more than one arterial territory, often favors the anterior circulation and are often bilateral by neuroimaging [Wessels *et al.* 2006, Chung *et al.* 2010]. The criteria including imaging evidences indicating spontaneous recanalization and the absence of preceding atherosclerosis or other arteriopathy, along with proven cardioembolic sources can be applied to distinguish embolic occlusion from thrombotic occlusion [Lee *et al.* 2014].

## 1.5 Evolution of ischemic stroke

### 1.5.1 Phase of ischemic stroke

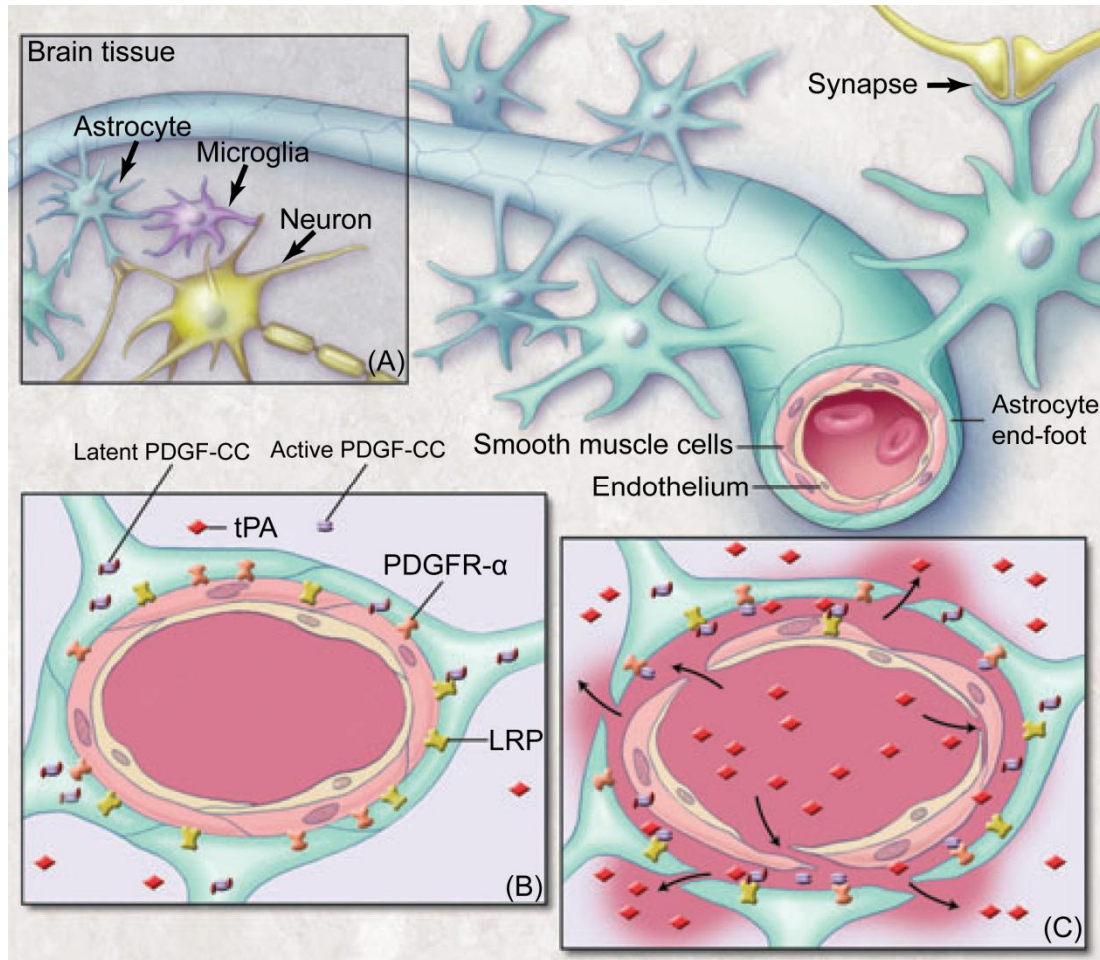
Temporal evolution of ischemic stroke is typically categorized into hyperacute (0-6 h), acute (6-24 h), subacute (24 h to approximately 2 weeks) and chronic phase of stroke (> 2 weeks old) [Gonzalez *et al.* 2002, Kloska *et al.* 2010]. During the acute phase (6-24 h), the ischemia-induced energy failure and the terminal depolarization of cell membranes result in the consequent tissue injury which established within a few minutes after the onset of ischemia. During the subsequent subacute phase (24 h-2 weeks), the largest increment of infarct volume is the expansion of the infarct core into the penumbra until, after another 4-6 h, it becomes congruent with the peri-infarct area. Finally, a delayed phase of injury evolves which may last for several days or even weeks. During chronic phase (> 2 weeks), secondary phenomena such as vasogenic

edema, inflammation and possibly cell death may contribute to a further progression of injury. By using multiparametric imaging techniques, evidence could be provided that shortly after occlusion of the MCA, the penumbra is approximately of the same size as the infarct core [Hata *et al.* 2000]. After 3 h more than 50% and between 6 and 8 h almost all of the penumbra has disappeared and is now part of the irreversibly damaged infarct core (details mentioned in 1.5.2.6).

## 1.5.2 Pathophysiology of ischemic stroke

### 1.5.2.1 The glial neurovascular unit

The control and modulation of regional cerebral blood flow depend on neurovascular coupling without the condition of ischemic injury [Zonta *et al.* 2003, Koehler *et al.* 2009]. Microvessel responses reflect the presence of neuronal activation, requiring the function of intact neurons. Previous studies reported that signal transmissions might be directed from microvessels to the neurons which based on the alterations in basal lamina matrix, protease generation, endothelial cell activation and glia astrocyte-endothelial cell adhesion, in view of the proximity of microvascular endothelial cells to the circumferential astrocyte end-feet [del Zoppo *et al.* 2003, del Zoppo *et al.* 2006]. This coupling is accomplished by a group of cells close to each other, termed neurovascular unit (NVU), which composed by neurons, astrocytes, endothelial cells of blood-brain barrier (BBB), myocytes, pericytes and extracellular matrix components [Muoio *et al.* 2014]. These cells all work together in a coordinated way through their intimate anatomical and chemical relationship, detect the needs of neuronal supply, trigger necessary response for such demands and regulate the extracellular environment of brain parenchyma [Su *et al.* 2009] (Fig.1.4).



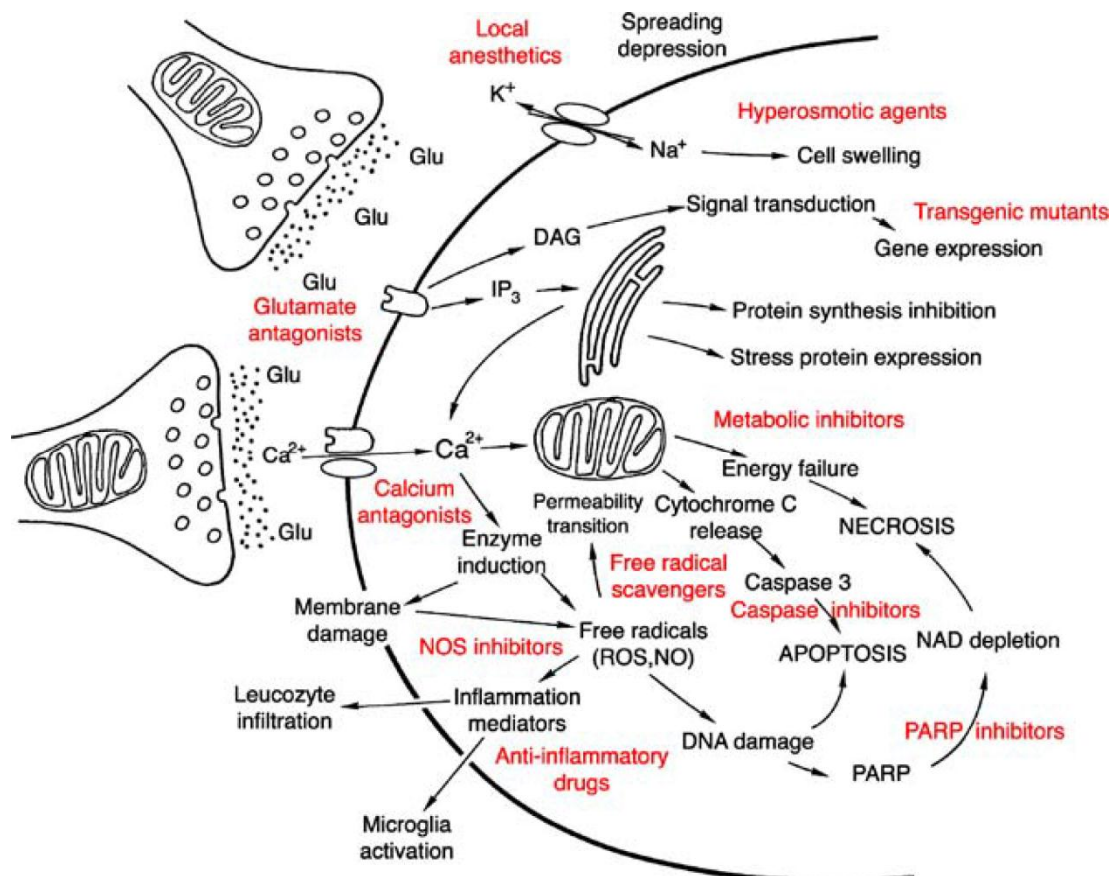
**Figure 1.4:** Neurovascular unit (NVU): (A) components of the NVU, (B) precapillary arteriole with intact NVU and (C) response of the NVU to focal cerebral ischemia. Endogenous t-PA bound to LRP activates latent PDGF-CC, and active PDGF-CC binds to PDGFR- $\alpha$ . Thrombolytic t-PA in the blood can cross a compromised BBB and active additional PDGF-CC, which exacerbates loss of BBB integrity. Tissue plasminogen activator, t-PA; lipoprotein receptor-related protein, LRP; platelet-derived growth factor CC, PDGF-CC; platelet-derived growth factor receptor  $\alpha$ , PDGFR- $\alpha$ , adapted from [Su *et al.* 2009].

Whereas maintenance or timely re-establishment of flow reduces ischemic injury of both tissue and neuron, protection of neuron function in human has not prevented the evolution of injury despite the inherent mechanisms of neurovascular coupling. However, occlusion of cerebral blood flow rapidly identifies regions of neuron-vascular vulnerability within the vascular territory-at-risk which coalesce to turn into the mature ischemic lesion. So far, the failure of neuroprotective agents efficacy in clinical trials for the detectable tissue salvage could be explained by the decompensation of the NVU components due to their self-maladjustment [del Zoppo *et al.* 2010].

### 1.5.2.2 Kinetics of ischemia

Oxidative glucose metabolism and brain energy state recover rapidly throughout the MCA territory, even after occlusion of as long as 1 h. After more than 3-6 h occlusion, recovery fails in the peripheral parts of the vascular territory and the volume of ischemia approaches that of permanent size [Kita *et al.* 1995]. Compared with energy metabolism, recovery of protein synthesis is much slower, which depends on both the duration of ischemia and the residual blood flow rate. After longer ischemia times, recovery fails in a gradually expanding core region until, after about 2 h of vascular occlusion, recovery disappears [Hermann *et al.* 2001].

Besides the imbalance of cerebral hemodynamics and oxygen / nutrients triggered by the ischemia, cellular disturbances may also contribute to the ischemia progression that cannot be explained by the single influence of impairment of blood flow or energy metabolism. The relevance of complex molecular mechanisms such as excitotoxicity, peri-infarct depolarizations, inflammation and apoptosis to delayed mechanisms of damage within the peri-infarct zone or penumbra which leads to permanent ischemic injury should be taken into consideration [Hossmann *et al.* 2006, Durukan *et al.* 2007] (Fig.1.5).



**Figure 1.5:** Schematic representation of molecular ischemic injury pathways leading to cell death. Multiple approaches are provided for the amelioration of both necrotic and apoptotic tissue injury by blocking these pathways at numerous sites [Hossmann *et al.* 2006].

### 1.5.2.3 Microcirculation

In focal ischemia, microcirculation is progressively disturbed. This disturbance is caused by at least three different pathophysiological mechanisms: the adhesion of white blood cells to the vessel wall; the increase in the blood viscosity due to the aggregation of blood corpuscles, and the compression of the capillaries by swollen astroglia [Vogel *et al.* 1999].

### 1.5.2.4 Hypoxia

Once the resistance vessels are completely dilated, both autoregulation and CO<sub>2</sub> reactivity are abolished. Blood flow follows passively the fluctuations of the systemic blood pressure. The abolishment of CO<sub>2</sub> reactivity can also result in an uncoupling from metabolic activity which leads to the phenomenon that, during peri-infarct depolarization (details mentioned in 1.5.2.6), the cerebral blood flow is dissociated from the metabolism. Therefore, the loss of CO<sub>2</sub> reactivity is a serious predictor of impending brain ischemia that requires immediate therapeutic interventions [Markus *et al.* 2001].

### 1.5.2.5 Excitotoxicity

The main excitotoxicity mechanism is the high concentration of glutamate which results in primary neuronal necrosis. However, following pharmacological inhibition of ionotropic glutamate receptors, an apoptotic injury mechanism develops that may prevail under certain pathophysiological conditions [Kohara *et al.* 2008].

Evidence indicates that activation of glutamate receptors, through the attendant failure of ion homeostasis and increase in intracellular calcium ions concentration, is a major factor involved in initiating cell death. Although blocking glutamate receptors protects against excitotoxicity, it still has serious side-effects, such as psychotomimesis, respiratory depression or cardiovascular dysregulation [Chuang *et al.* 2011].

Excitotoxicity is well established as an important trigger and executioner of tissue damage in focal cerebral ischemia. Excitotoxic mechanisms can not only cause acute cell death (necrosis) but also initiate molecular events that lead to delayed cell death (apoptosis) [Hossmann *et al.* 1996a].

### 1.5.2.6 Peri-infarct depolarizations

In the core region of the affected brain tissue, cells can undergo an irreversible anoxic depolarization and without repolarization. The core area is surrounded by tissue in which energy failure leads to electric silence with function loss, but because of residual perfusion in this region, vascular, cellular and molecular processes may lead to a certain extent of rescue for the recovery of function against the ischemic core. In focal ischemia, the blood flow range corresponds to a crescent-shaped region intercalated between the necrotic and normal brain tissue, it has been termed *penumbra* in analogy to



the partly illuminated area around the complete shadow of the moon in full eclipse [Manning *et al.* 2014]. This concept was further developed that cortical spreading depolarizations propagate the expansion of the ischemic core into the penumbra, making them a potential therapeutic target [Hossmann *et al.* 1996b]. Until recently, by using invasive electrophysiological recordings, spreading depolarizations of electric activity was shown in ischemic stroke of human beings, which in turn enlarged focal ischemic regions to the final size [Drenckhahn *et al.* 2012, Woitzik *et al.* 2013]. As the number of depolarizations increases, the infarcts grow larger [Mies *et al.* 1993]. In rat models, the drug MK-801 which can reduce the number of depolarizations was proved to decrease the infarct size [Iijima *et al.* 1992].

Cells can repolarize at the expense of additional energy consumption in penumbral regions with preserved perfusion. The same cells can depolarize repetitively, which termed %peri-infarct depolarizations+, in response to increasing glutamate or potassium ion levels, or both, by accumulating in the extracellular space [Hossmann *et al.* 1996b]. Peri-infarct depolarizations have been demonstrated in several animal models. They occur with a frequency of several events per hour and can be recorded for at least 6 to 8 h. That is why the penumbra is also defined as time-limited %fundamental reversibility+, which means the reduction in blood flow and the fundamental viability of the ischemic tissue. The blood supply is constrained in this region but with energy metabolism preserved. A direct consequence of the metabolic disturbances associated with focal ischemia is the rise of cell osmolality which causes a shift of water from the extracellular into the intracellular compartment. The resulting decline in the fluid volume of the extracellular space may be detected by measurement of electrical impedance or by DWI, both of which are sensitive to cell volume changes. A precise demarcation by tissue segmentation based on regional measures using confidence intervals (CIs) and graphic representation of ADC map could be obtained to provide additional quantitative information on the evaluation of penumbra and options of treatment [Lopez-Mejia *et al.* 2015].

#### 1.5.2.7 Calcium toxicity

Following anoxic depolarization, the calcium concentration gradients break down, leading to a sharp rise of calcium ion activity in the cytoplasm and its decline in the endoplasmic reticulum. The accumulation of calcium in the cytoplasm results in the activation of catabolic enzymes and mitochondrial disturbances, and the fall of calcium in the endoplasmic reticulum evokes a stress response, which mediates a great number of endoplasmic reticulum-dependent functional disturbances. The resulting dysfunction of the endoplasmic reticulum exhibits correlation with various cell biological abnormalities such as misfoldings of proteins, expression of stress proteins and disturbances of global protein synthesis [Paschen *et al.* 2003].

### 1.5.2.8 Inflammation

Brain infarcts evoke a strong inflammatory response which is thought to contribute to the progression of ischemic brain injury [del Zoppo *et al.* 2000]. Post-ischemic inflammation could contribute to ischemic damage by many mechanisms. The pro-inflammatory cytokines are massively upregulated both during permanent and after transient focal ischemia. Whereas microvascular obstruction by neutrophils can lead to a worse situation of ischemia, production of toxic mediators by activated inflammatory cells and injured neurons also has important consequences [del Zoppo *et al.* 1991].

In animal models, as well as human patients with ischemic stroke, infiltrating neutrophils produce inducible nitric oxide synthase (iNOS), an enzyme that produces toxic amounts of nitric oxide (NO) [Forster *et al.* 1999]. In endothelial cells, the generation of NO leads to vascular dilation, an improvement of blood flow and the alleviation of hypoxic injury, whereas in neurons it contributes to glutamate excitotoxicity and leads to free radical-induced injury by formation of peroxynitrite. The pathogenic potential of NO produced by iNOS is underscored by the observations that pharmacological inhibition of iNOS reduces ischemic brain injury and that iNOS null mice have a reduction in ischemic damage [Iadecola *et al.* 1997]. The fact that protection exerted by iNOS inhibition or gene deletion is based on the mechanism that is consistent with the hypothesis that ischemic injury evolves over several days [Dereski *et al.* 1993, Baird *et al.* 1997]. In addition, ischemic neurons express cyclooxygenase 2 (COX2), an enzyme that mediates ischemic injury by producing superoxide and toxic prostanoids. It is also strongly upregulated in the penumbra and can be detected in neutrophils, vascular cells and neurons [Nogawa *et al.* 1997, Bidmon *et al.* 2000].

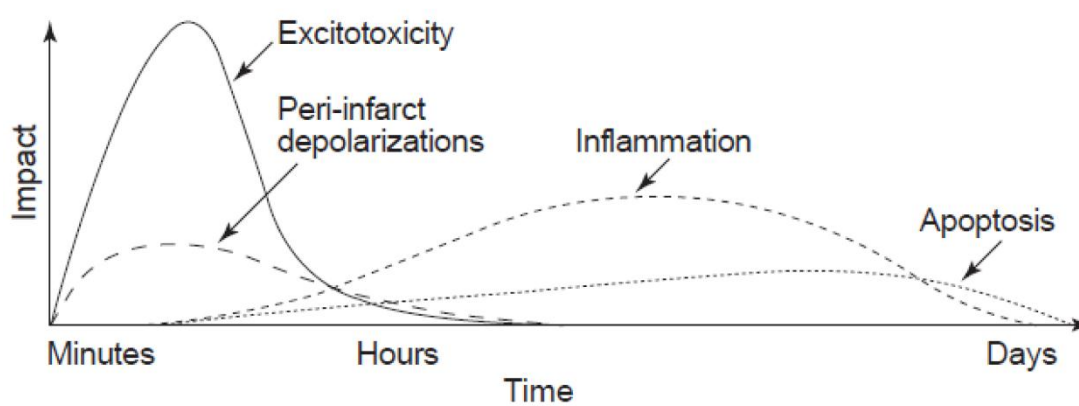
### 1.5.2.9 Apoptosis

The reactive oxygen species (ROS) produce peroxidative injury of plasma membranes and intracellular organelles. Different causes like excessive glutamate receptor activation, calcium ions overload, oxygen radicals or by mitochondrial and deoxyribonucleic acid (DNA) damage can bring about compromise to death of cells by necrosis or apoptosis. Secondary consequences of free radical reactions are the release of biologically active free fatty acids, the induction of endoplasmic reticulum stress, the induction of mitochondrial disturbances and the fragmentation of DNA [Mitsios *et al.* 2007]. Necrosis is the predominant mechanism that follows acute, permanent vascular occlusion, whereas in milder injury, cell suicide becomes unmasked and death resembles apoptosis, particularly within the penumbral region. The concurrence of an increased cytosolic calcium activity with the generation of reactive oxygen species causes the increase in permeability of the inner mitochondrial membrane, which leads to delayed apoptosis. This outcome may be induced by impairment of the energy state and thus enhance molecular injury pathways [Hossmann *et al.* 2006]. It partly depends on the

nature and intensity of the stimulus, the type of cell, and the stage it has reached in its life-cycle or development [Leist *et al.* 1998].

The genes for caspases as well as genes that suppress or augment cell death are expressed at higher levels and activated in both the early and late stages of ischemia, and genetic manipulations or drugs that block caspase family members or enhance the actions of suppressed gene confer resistance to ischemic injury [Thornberry *et al.* 1998]. Caspases are aspartate-specific cysteine proteases and exist as zymogens in cells, while caspase 1 and 3 play a pivotal role in ischemia-mediated apoptosis [Sairanen *et al.* 2009].

From the beginning of recirculation to the cascading impacts, the ischemic lesion evolves inversely by different mechanisms following the duration of ischemic injury (Fig.1.6).



**Figure 1.6:** The evolution and putative impact of each element of the cascade in focal cerebral ischemia [Dirnagl *et al.* 1999].

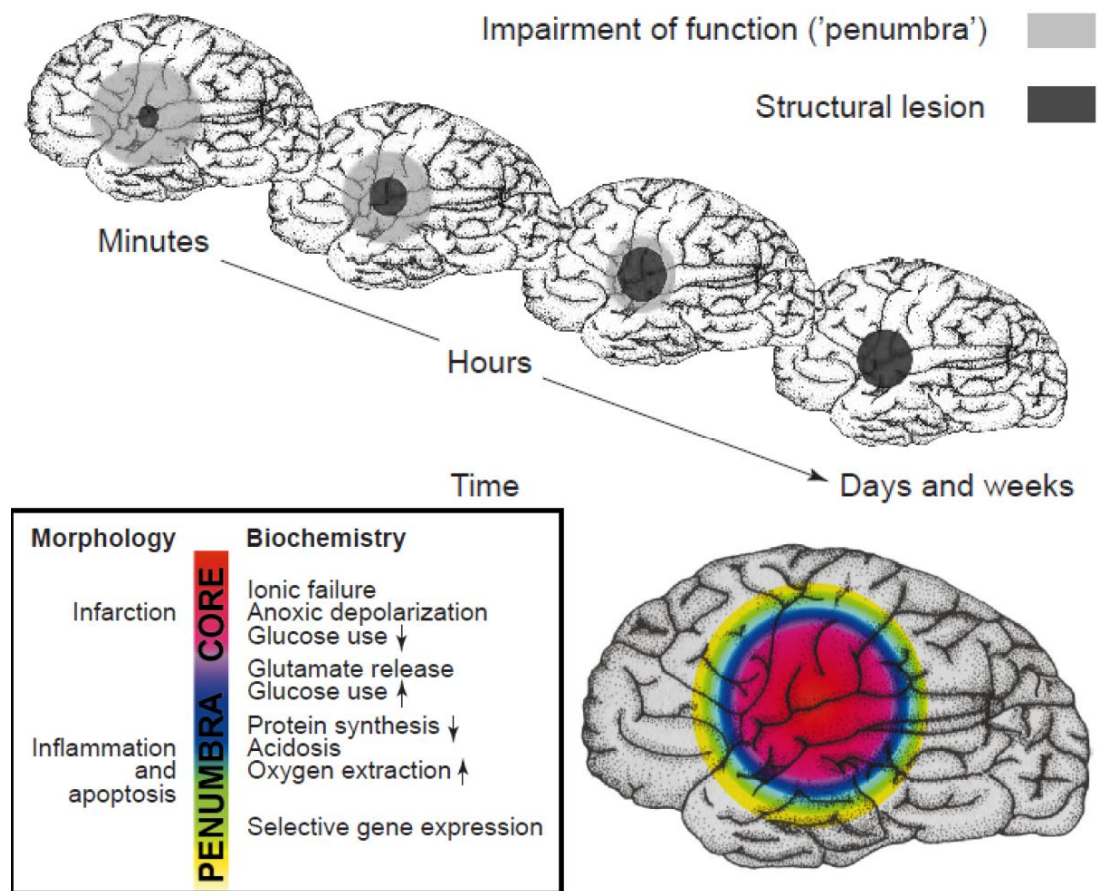
#### 1.5.2.10 Edema and permeability change of blood-brain barrier

An important modulator of focal ischemia is brain edema which can be differentiated into two phases: an early cytotoxic type of edema, followed by a late vasogenic type of edema after a period [Sakoh *et al.* 2003]. The cytotoxic type of edema is threshold dependent. The anoxic depolarization and equilibration of ion gradients across the cell membranes enhance intracellular osmolality, increase the intracellular uptake of sodium and cause cell swelling [Marmarou *et al.* 2007]. After 4-6 h from ischemia onset, the BBB breaks down and serum proteins start to leak from the blood into the brain parenchyma with the manifestation of necrosis [Gerriets *et al.* 2009]. This disturbance initiates a vasogenic type of edema which further increases the water content of the tissue. Vasogenic edema reaches its peak at 1-2 days after the onset of ischemia. Under clinical conditions, the malignant cerebral infarction (MCI) form, which terms a large MCA infarction, with or without involvement of the ipsilateral anterior and posterior cerebral artery territories, is the by far most dangerous complication and an indication for decompressive craniectomy due to the elevated intracranial pressure (ICP) or brain herniation [Walz *et al.* 2002, Simard *et al.* 2011]. Vasogenic edema is isosmotic and accumulates mainly in

the extracellular compartment influenced by multiple factors [**Juenemann et al.** 2015]. It secondarily reverses the decreased extracellular space and could explain the pseudonormalization of the signal intensity observed in diffusion-weighted MRI [**Lansberg et al.** 2001].

Inhibition of aquaporin water conductance or sodium exchange across sodium channels may reduce the formation or severity of ischemic brain edema [**Badaut et al.** 2011, **Welling et al.** 2011]. The gradient of osmotic and ionic concentrations built up during ischemia is regarded as the driving force and key factor for the generation of edema after stroke. However, aquaporin channels may modulate the speed of edema generation, but cannot change the final extent of water accumulation in brain tissue [**O'Donnell et al.** 2004].

All these potential mechanisms mentioned before will more or less affect the formation and dynamic changes of penumbra, which is the premise of AIS treatment. The fate of the penumbra depends on the extent of reperfusion in the ischemic area. If persistent artery occlusion exists, the infarct will grow constantly and progressively replace the penumbra, as an irreversibly damaged lesion. Under the condition of either spontaneous or post-treatment recanalization, the penumbra will be reversible within the limited time frame (**Fig.1.7**). A better understanding of penumbra development which converts from microcosmic to macrocosmic level may help to define the time window for clinical therapy and the selection criteria of patients by imaging evidence with the consideration of stroke symptoms.



**Figure 1.7:** Stroke symptoms are reflections of the post-ischemic functional deficit in the early stage, but not necessarily of the structural lesion volume. Regression of the function occurs in some spontaneous or post-treatment reperfused areas while the structural lesion grows. From the onset of focal ischemia, the core and salvageable tissue are dynamic based on different biochemical mechanisms, adapted from [Dirnagl *et al.* 1999].

## 1.6 From emergent to preventive strategies for ischemic stroke

### 1.6.1 Target of ischemic stroke therapies

The fundamental objective of stroke treatment is to enable rapid reperfusion for maximal penumbral tissue salvation, which is also the main target of putative neuroprotection therapies [Ebinger *et al.* 2009] (details mentioned in 1.6.5). It is the conceptual basis not only for the progressive evolution of ischemia, but for the therapeutic reversal of the acute neurological symptomatology arising from ischemic stroke as well [Fisher *et al.* 2004, Guadagno *et al.* 2004].

## 1.6.2 Demand of development in stroke therapies

During the past decades, most major stroke trials developed worldwide have failed, including the following:

(1) Large clinical trials of secondary prevention, such as the Warfarin-Aspirin Symptomatic Intracranial Disease Study, the Management of Atherothrombosis with Clopidogrel in High-Risk Patients with Recent Transient Ischemic Attack or Ischemic Stroke, and Clopidogrel for High Atherothrombotic Risk and Ischemic Stabilization, Management and Avoidance studies [**Chimowitz et al.** 2005, **Bhatt et al.** 2006];

(2) Recent randomized trials of new thrombolysis agents, such as the Desmoteplase In Acute Ischemic Stroke phase 2 (DIAS-2) and Abciximab in Emergent Stroke Treatment trials (phase 2) [**Adams et al.** 2008];

(3) Neuroprotection Therapy like the Stroke Therapy Academic Industry Roundtable (STAIR) criteria-guided Neuroprotection Trial (NXY-059) [**Shuaib et al.** 2007].

These results indicate the urgent need for measuring the heterogeneity and individualization of patients condition due to the complex mechanisms of ischemic stroke. Beyond this situation, alternatives or combination of the traditional therapeutic approaches leading to a high level of specialized care provided by an interdisciplinary team is required.

## 1.6.3 Thrombolysis therapy

Nowadays, the clinical treatment of the AIS includes two possible methods of therapy: medication, mainly IV thrombolysis and endovascular therapy (details mentioned in 1.6.4). Prompt reestablishment of effective blood flow with lysis of an occlusive thrombus is the goal of thrombolysis. Thrombolytic agents, including streptokinase, urokinase or recombinant tissue plasminogen activator (rt-PA), convert the proenzyme plasminogen to the enzyme active in thrombin lysis, plasmin [**Dirks et al.** 2012]. The rt-PA, which is fibrin specific and activating only thrombin-bound plasminogen, is the most favorable choice for thrombolytic therapy [**Ehlers et al.** 2007].

Substantial evidence suggests that efficacy of IV rt-PA in the first 4.5 h from onset of symptoms is higher compared with the efficacy outside the therapeutic window, but with increased risk of hemorrhagic complications as well [**Hacke et al.** 2008, **Shobha et al.** 2011]. However, the procedure of IV thrombolysis has a low percentage restoration of cerebral arteries patency so that is characterized by relatively low efficiency [**Saqqur et al.** 2007, **Bhatia et al.** 2010].

To balance the benefits of extended therapeutic time window and the risks of subsequent ischemia-reperfusion injury, it is important to select appropriate patients based on an assessment of individual risks and potential benefits for

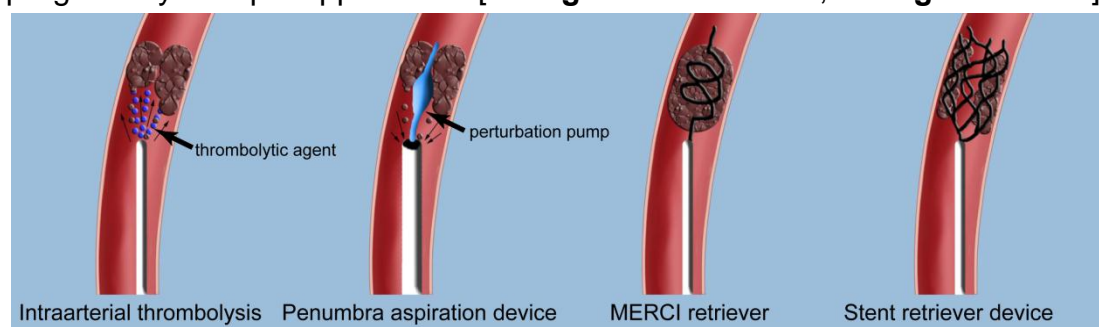
thrombolysis [Khatiri *et al.* 2012].

In contrast to rt-PA induced recanalization, and probably also to spontaneous recanalization in humans, both of which allow gradual restoration of blood flow to the ischemic area, mechanical opening of an occlusion results in abrupt reperfusion, and thus the mechanical thrombectomy may be the only clinical selection (details mentioned in 1.6.4.2). It may be speculated that this type of ischemia and then reperfusion produces a bias in post-ischemic signaling toward reperfusion-induced secondary mechanisms of injury, which may be amenable to pharmacological intervention even after relatively long time frames [Hossmann *et al.* 2012]. Results from previous studies provided a huge amount of information on the concerned intervention after stroke. However, some of these results were with low predictive value due to the existed bias which caused by the lack of control on randomization, preset criteria for inclusion and exclusion, blinding and universality of experimental units [Dirnagl *et al.* 2009].

### 1.6.4 Endovascular therapy

Recanalization of occluded artery is strongly associated with improved functional recovery and reduced mortality in ischemic stroke [Rha *et al.* 2007]. Alternative recanalizing approaches, such as endovascular treatment (ET), have been employed for many years and have progressively gained favor profited from the possibility of using a multimodal approach and to the evolving imaging and delivery technologies that have increased safety, efficiency and frequency of recanalization [Cicccone *et al.* 2014].

ET can be broadly divided into the chemical dissolution of clots with intraarterially delivered thrombolytic agents, and clot retrieval / thrombectomy with mechanical devices. The main forms of endovascular approaches for AIS are illustrated [Asadi *et al.* 2015] (Fig.1.8). The move to acute intervention for rapid thrombus lysis in the cerebral arterial circuit was highly relevant to the progress by multiple approaches [Jeong H. S. *et al.* 2014, Zhang *et al.* 2015].



**Figure 1.8:** Diagrammatic sketches of main endovascular approaches in clinical trials, adapted from [Asadi *et al.* 2015]. The high efficiency of penumbra aspiration system has been confirmed in a Penumbra Pivotal Stroke Trial study for AIS patients within 8 h of symptom onset [Penumbra Pivotal Stroke Trial *et al.* 2009]. MERCI is a corkscrew shape device with helical Nitinol loops specifically designed and tested for

distal placement into the thrombus for removal. The target vessels were the proximal segments of major cerebral arteries, predominantly M1 segments of the middle cerebral and vertebrobasilar arteries. Clot located more distally are not suitable for the removal by MERCI [Gandhi *et al.* 2007]. The stent retriever device is an alternative for patients with ischemic stroke due to large intracranial artery occlusion who are ineligible for or who fail IV rt-PA therapy [Ciccone *et al.* 2014].

#### 1.6.4.1 Intraarterial thrombolysis and correlative clinical trials

IV alteplase appears to be much less effective at resolving proximal occlusions of the major intracranial arteries, which account for more than one third of acute anterior-circulation stroke cases [Heldner *et al.* 2013]. Early recanalization after IV alteplase was seen in only around 30% of all patients with an occlusion of the internal carotid artery terminus, and the prognosis without revascularization was generally poor for such patients [Christou *et al.* 2001, Lima *et al.* 2014]. As an invasive technique of AIS treatment, intraarterial (IA) thrombolysis is regarded as a potentially important component of the therapeutic armamentarium with the time window up to 6 h after stroke onset with the adjustment of given dose. The IA thrombolysis involves the direct introduction of fibrinolytics to the clot within the obstructed artery, which causes a local increase of the drug concentration high enough to dissolve the clot, while maintaining low systemic concentrations. Based on this theory, the dose of thrombolytic agent in IA approach is pre-defined. In a randomized trial of intraarterial treatment (IAT) for 500 AIS patients from 16 Dutch medical centers, the maximum dose of 90 mg of alteplase or  $1.2 \times 10^6$  IU of urokinase was allowed for IA thrombolysis. The dose was restricted to 30 mg of alteplase or  $4 \times 10^5$  IU of urokinase when IV alteplase was given [Berkhemer *et al.* 2015, Fransen *et al.* 2016].

Several clinical applications of IA thrombolysis were studied for different goals and led to the conclusions which showed the superiority of IAT over IV thrombolysis but still remained controversial. In the Prourokinase (Prolyse) in Acute Cerebral Thromboembolism (PROACT) study with the follow-on phase 2 and 3 trials, recanalization was significantly greater with IA thrombolytic agent than no intervention, as was the frequency of symptomatic ICH [del Zoppo *et al.* 1998, Furlan *et al.* 1999]. In the Interventional Management of Stroke phase 2 (IMS-2) trial, higher rate of symptomatic ICH but lower mortality was reported by comparing IV and IA a low dose t-PA [Investigators *et al.* 2007]. The IMS-3 trial focused on the effect of combined IV / IA dual therapy versus IV treatment only [Khatrri *et al.* 2008]. Although successful revascularization in the IMS-3 trial, generally assessed as restoration of flow to more than 50% of the suffered brain territory, was associated with better functional outcomes with the combination of ET, the efficacy of ET remains to be demonstrated as compared with IV rt-PA alone so that the influence of improved devices is taken into consideration [Broderick *et al.* 2013]. For the patients with occlusion of anterior or posterior circulation, the SYNTHESIS Expansion trial



compared IAT with standard IV treatment without setting pre-specified selection criteria [Cicccone *et al.* 2013].

#### 1.6.4.2 Endovascular mechanical approaches and correlative clinical trials

Coincident with the evolution of directed delivery of plasminogen activator and its derivatives to the clot, mechanical devices designed to capture and retrieve thrombi or re-establish blood flow in the cerebral arterial circuit were devised. Mechanical treatment could involve thrombus retraction, aspiration, sonolysis, wire disruption or application of a retrievable stent [Fransen *et al.* 2014]. The use of mechanical thrombectomy extends the therapeutic window up to 15 h [del Zoppo *et al.* 1998, Arnold *et al.* 2010]. In clinical trials, mechanical approaches using devices which work through aspiration (e.g. Penumbra System), entrapment and retrieval (e.g., MERCI™ Retriever) or, as the last generation devices, through stenting and retrieval combined (e.g. Solitaire™, ev3 Neurovascular, Irvine, CA and Trevo™, Stryker, Kalamazoo, MI) (see Fig.1.8), have largely replaced local IA thrombolysis as first-line stroke strategies [Mehta *et al.* 2013].

In the Mechanical Retrieval and Recanalization of Stroke Clots Using Embolectomy (MR RESCUE) trial, the rate of successful revascularization was compared between mechanical thrombectomy using the MERCI Retriever (Concentric Medical, Mountain View, USA) and standard care. The main novelty of this trial as compared with IMS-3 trial and SYNTHESIS-Expansion trial was to stratify the candidates by imaging selection, which defined the penumbral pattern within 8 h from stroke onset [Broderick *et al.* 2013, Cicccone *et al.* 2013, Kidwell *et al.* 2013a].

Different generations of techniques based on different principles do affect the prognosis. The Multi-MERCI trial showed an increased recanalization rate with the MERCI retriever combined with IA t-PA compared to clot retrieval alone and illustrated that the new generation of devices contributed to a higher rate of reperfusion after treatment than the first generation of devices [Smith *et al.* 2008, Nogueira *et al.* 2012]. The TREVO-2 trial proved that those who were ineligible for or failure to respond to IV rt-PA should be treated with the Trevo Retriever in preference to the MERCI Retriever [Nogueira *et al.* 2012]. The Solitaire with the Intention for Thrombectomy as Primary Endovascular Treatment (SWIFT PRIME) trial still found a better long-term effect of ET in terms of reperfusion frequency and safety by Solitaire FR stent comparing with MERCI Set [Nogueira *et al.* 2012, Saver *et al.* 2012, Broussalis *et al.* 2013].

The Multicenter Randomized Clinical trial of Endovascular treatment for Acute ischemic stroke in the Netherlands (MR CLEAN) was a multicenter clinical trial with randomized treatment allocation, open-label treatment and blinded endpoint evaluation for 500 patients. The active comparison was IAT including IA alteplase or urokinase and / or mechanical treatment versus no IAT [Fransen *et al.* 2016]. General inclusion criteria of MR CLEAN are: a

clinical diagnosis of acute stroke with a deficit on the NIHSS score of at least 2, CT or MRI ruling out ICH, occlusion of distal intracranial carotid artery or middle (M1 or M2) or anterior cerebral artery (A1) demonstrated with CT angiography (CTA), MR angiography (MRA) or digital subtraction angiography (DSA), and possibility to start treatment within 6 h of onset. There is possibility to use several local thrombolytic agents and mechanical devices for a broad range of patients with AIS in the setting of a proximal thrombo-embolic occlusion of the intracranial artery belonging to the anterior circulation. The trial's pragmatism is also apparent from the clinical situations it addresses: patients who have been treated unsuccessfully with IV thrombolysis, patients who can be treated within 6 h, but do not meet the time window requirements for IV thrombolysis, and patients with contraindications for IV or IA thrombolytic agents (thrombectomy only) [Fransen *et al.* 2014, Fransen *et al.* 2016].

By the analysis of a large sample of patients with AIS, ET with mechanical thrombectomy versus standard medical care with t-PA was associated with improved functional outcomes and higher rates of angiographic revascularization (59% in MR CLEAN and 88% in SWIFT PRIME), but no significant difference in symptomatic ICH (6% in MR CLEAN and 0% in SWIFT PRIME) or overall mortality at 90 days. Although argument remains, alteplase can be started immediately after non-contrast CT, before vessel occlusion status is known. Evidence for ET is best established for stent retrievers with treatment started within 6 h of stroke symptom onset. Patients with occlusion of the internal carotid artery (ICA) and proximal MCA clearly benefit from endovascular thrombectomy, but there is residual uncertainty in the case of more distal occlusions and in patients with clinically very mild symptoms. To extend the therapeutic time window, the perfusion imaging selection may help in some ongoing clinical trials [Badhiwala *et al.* 2015, Campbell *et al.* 2015, Phan *et al.* 2016].

### 1.6.5 Neuroprotection therapy

The general concept of neuroprotection refers to pharmacological treatments that alleviate the molecular injury cascades leading to neuronal cell death. Obviously, neuroprotection is invalid for a brain region in which blood flow has declined below the threshold of energy failure, but it may contribute to the temporary preservation of the penumbra, bridging the interval between the onset of ischemia and the restitution of blood flow, and / or preventing secondary neuronal cell death during reperfusion [Wahlgren *et al.* 2004]. However, as the penumbra can be effectively treated by improvement of blood flow alone, neuroprotective interventions are mediated not only by interference with ischemic injury cascades, but also by reducing the mismatch between blood flow and metabolism.

Apparently, the achievement of numerous controlled clinical trials focusing on neuroprotection against cerebral ischemia with compounds previously

found effective in animal experiments were uniformly negative to offer the regulatory approval of a drug for this indication [Dirnagl *et al.* 2014].

The failures of clinical neuroprotective trials to confirm clinical benefits to human implied by reduction of infarct volume in animal models may be intervened by various factors: *i)* pharmacological factors: irrelevance of the pharmacological target to human being; *ii)* clinical factors: insufficient dose, inadequate treatment duration or unfavorable pharmacokinetics and *iii)* design factors caused inappropriate consideration of trial. Deficiencies of pharmacology and clinical application in neuroprotective drug development have undoubtedly brought about the lack of trial success and possible remedies have been considered [Stroke Therapy Academic Industry *et al.* 1999]. The impact of stroke heterogeneity on trial design could be the potential problem of the neuroprotective trial failure. The neuroprotective drugs for stroke that have been investigated can be sorted in several types [Detante *et al.* 2014] (Tab.1.1).

<b><i>Mechanism</i></b>	<b><i>Neuroprotective strategy</i></b>
<b><i>Single effect</i></b>	
Anti-excitotoxics (targeting glutamate toxicity)	[Villmann <i>et al.</i> 2007]
Calcium-blocker	[Xiong <i>et al.</i> 2004]
Antioxidants	[Shuaib <i>et al.</i> 2007, Nakase <i>et al.</i> 2011]
Anti-apoptotics	[Yuan <i>et al.</i> 2009]
Angiotensin receptor blockers	[Shih <i>et al.</i> 2016]
Prostaglandin receptor antagonists	[Kawano <i>et al.</i> 2006, Abe <i>et al.</i> 2009]
Anti-inflammatories / Immunomodulators	[Yu <i>et al.</i> 2004, Macrez <i>et al.</i> 2011a]
Immunotherapy (to limit the t-PA neurotoxicity)	[Macrez <i>et al.</i> 2011b, Yu <i>et al.</i> 2013]
Stimulants	[Martinsson <i>et al.</i> 2004, Harbeck-Seu <i>et al.</i> 2011]
Anti-edema agents	[Li <i>et al.</i> 2013, Michinaga <i>et al.</i> 2015]
<b><i>Multiple effects</i></b>	
Induced hypothermia	[Yenari <i>et al.</i> 2012, Piironen <i>et al.</i> 2014]
Hyperbaric / Normobaric oxygen therapy	[Poli <i>et al.</i> 2009]
Albumin	[Ginsberg <i>et al.</i> 2013]
Magnesium	[Saver <i>et al.</i> 2004]
Antiaggregant cilostazol	[Miyamoto <i>et al.</i> 2010, Nagai <i>et al.</i> 2015]

Statins	[Chen <i>et al.</i> 2003]
Citicoline (cytidine diphosphate-choline, CDP-choline)	[Davalos <i>et al.</i> 2012]
Sildenafil	[Zhang <i>et al.</i> 2012]
Traditional Chinese medicine	[Chen C. L. <i>et al.</i> 2013, Venketasubramanian <i>et al.</i> 2015]

**Table 1.1:** The list of references concerning representative neuroprotective trials for ischemic stroke based on different mechanisms including both single and multiple effects [Detante *et al.* 2014].

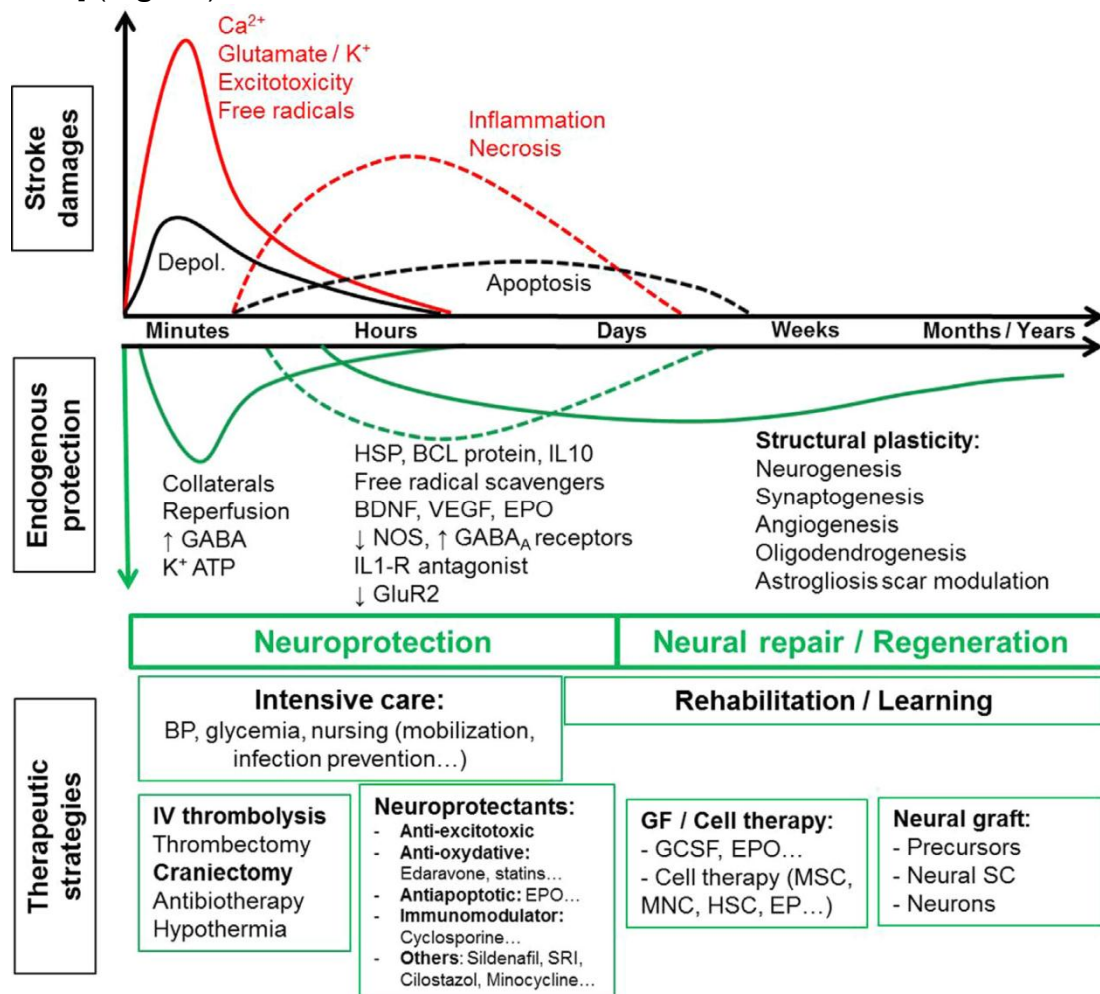
Pathophysiological heterogeneity is of particular relevance to neuroprotection. However, as these interventions are only effective if energy metabolism recovers by unimpaired reperfusion, they may be of limited relevance for clinical stroke. There are three principal types of patients in whom neuroprotective therapies are probably ineffective: i) those who lack a biological substrate relevant to the mode of function of the drug [Yam *et al.* 2000], ii) those who lack a representation of the ischemic penumbra, which seems likely to be of restricted volume in most patients but with wide interindividual variation, and is probably absent under specific conditions such as the primary intracerebral hematoma (PICH) and lacunar strokes, which are characterized by white matter (WM) ischemia, result mostly from end artery disease [Heiss *et al.* 1998, Hirano *et al.* 1999] and iii) those who have no collateral flow for reperfusion, also lack a biological substrate for neuroprotective drug delivery [Moustafa *et al.* 2008].

### 1.6.6 Development space and prospect of regenerative stroke therapy

Following stroke, the brain cannot recover completely with endogenous neuroprotection and repair mechanisms. Except early IV thrombolysis, craniectomy for large infarctions and malignant strokes or admission to a stroke unit that incorporates intensive care and rehabilitation of above, no other treatment currently exists to efficiently enhance recovery after stroke. However, only a minor portion of stroke victim benefit from these therapies because of contraindications or lack of access. [Jauch *et al.* 2013, Sarraj *et al.* 2014].

Complex pathophysiological processes are involved during the evolution of cerebral ischemia for the response to brain cell damage. Brain tissue responds to most of the noxious signals by inducing protective mechanisms [Dirnagl *et al.* 2012]. During the infarction of brain tissue, destruction overwhelms protection, while tissue around the ischemic core may have been spared by restored substrate delivery including collateral, spontaneous or therapeutic reperfusion and cellular mechanisms of protection [Detante *et al.*

2014] (Fig.1.9).



**Figure 1.9:** Time course of stroke and associated therapeutic time window. B-cell lymphoma protein, BCL; brain derived neurotrophic factor, BDNF; blood pressure, BP; peri-infarct depolarization, Depol; endothelial progenitor, EP; erythropoietin, EPO; granulocyte-colony stimulating factor, GCSF; growth factor, GF; glutamate receptor 2, GluR2; hematopoietic stem cell, HSC; heat-shock protein, HSP; interleukin, IL; inositol tri-phosphate, IP3; intravenous, IV; mononuclear cell, MNC; mesenchymal stromal / stem cell, MSC; nitric oxide synthase, NOS; serotonin reuptake inhibitor, SRI; vascular endothelial growth factor, VEGF [Detante *et al.* 2014].

The hemodynamic, metabolic and ionic changes described in previous sections do not affect the ischemic territory homogeneously. Although there is ample evidence that the penumbra exists in stroke patients, the extent and temporal dynamics of this area are less well defined: it might be smaller or exist for a shorter period in humans than that elaborated by hypothesis [Kaufmann *et al.* 1999]. Furthermore, the current guidelines neglect the fact that the portion of potentially salvageable ischemic tissue is not dependent on the time window but the individual collateral blood flow (e.g. arteriogenic growth of collateral vessels induced by some cytokines occurs in the brain

under conditions of reduced arterial blood supply, and can provide powerful protection against ischemic stroke [Busch *et al.* 2003].)

For all these reasons, regenerative therapies based on new biological medium and correlative sensitive monitoring approaches are urgently demanded.

### **1.6.7 Potential of biotherapies for post-stroke plasticity and neural repair**

With the discovery of functionally active stem cells in the hippocampus and the subventricular zone (SVZ) of the adult brain, the possibility of endogenous regeneration of brain infarcts has been evoked [Imitola *et al.* 2004]. The number of spontaneously regenerating neurons is too low to maintain the regeneration and repair of brain infarcts. Regeneration therapy has also been attempted by transplantation of immortalized neuroepithelial cells, neural stem cells and stem cells derived from fetal brain tissue, bone marrow or umbilical cord blood. However, the reported functional improvements are probably unspecific effects which cannot be explained by the samples with a small number of surviving cells. It is difficult to predict the effects but evidence of spontaneous neurogenesis, angiogenesis and synaptogenesis distant from the ischemic lesion points to a remodelling of the surviving tissue which may promote post-ischemic brain plasticity [Roitberg *et al.* 2004]. Understanding these processes may unveil hitherto unknown mechanisms that may become targets of future therapeutic interventions [Wechsler *et al.* 2004]. In accordance with the concept of NVU and the role of several angiogenic factors in neurogenesis, the new microvasculature could be insufficient to prevent the premature failure of neurons [Greenberg *et al.* 2013]. From a therapeutic point of view, it could be of interest to enhance the vascular remodeling and vessel formation during the subacute phase notably using cell therapy [Gutierrez *et al.* 2009, Onteniente *et al.* 2011].

Currently, multiple biotherapies targeting different mechanisms, mainly by therapeutic cells and / or growth factors, hold great promise as regenerative medical strategies for ischemic stroke. The improvements in host brain plasticity and associated functional recovery have been identified after injection of stem cells with mechanisms remaining uncertain. The effects of cell therapies on post-ischemic angio-vasculogenesis seem to be crucial in explaining early post-graft benefits [Gutierrez *et al.* 2009]. Intracerebral (IC) injection of endothelial cells can improve vasculogenesis linked to neurogenesis via vascular endothelial growth factor (VEGF) release mechanisms [Ishikawa *et al.* 2013]. Another important effect of cell therapy is enhanced glial remodeling and limitations in anterograde degeneration [Chopp *et al.* 2009, Li *et al.* 2014].

During stroke recovery, the structural brain plasticity based on the

surviving tissue participates in reorganization of damaged networks and exhibits neuro-synaptogenesis with axonal sprouting for several months [Darsalia *et al.* 2005, Carmichael *et al.* 2006, Thored *et al.* 2006, Murphy *et al.* 2009]. Stroke increases neurogenesis from neural stem cells (NSCs) of the SVZ and hippocampal dentate gyrus, generating neuroblasts that migrate to the lesion and differentiate into mature neurons [Parent *et al.* 2002]. Stroke damage is not limited to neurons but involves all brain cell types including the extracellular matrix in a glio-neurovascular niche, which links angiogenesis and glial function during stem cell work [Shen *et al.* 2008, Arai *et al.* 2009, Walker *et al.* 2009]. Endothelial cells release factors that both stimulate the self-renewal of NSC and also enhance the production of neurons [Shen *et al.* 2004]. As a consequence, microvessel size and density changes are supposed to help stimulate neuronal plasticity [Ergul *et al.* 2012, Boehm-Sturm *et al.* 2013].

Additionally, glial cells play a key role during post-ischemia recovery, with astrocytes removing excitatory neurotransmitters and  $K^+$  and thereby limiting excitotoxic damage. These cells also modulate synaptogenesis by enhancing the formation of functional synapses [Pannasch *et al.* 2011]. Microglia is thought to contribute to the post-stroke remodeling process, both acting as an inflammation modulator and also by releasing trophic factors that encourage synaptogenesis and neurite outgrowth [Madinier *et al.* 2009].

However, neurogenesis from endogenous NSCs is relatively weak and many new neurons die, resulting in incomplete and disappointing long-term functional recovery after stroke [Arvidsson *et al.* 2002]. The effects of these complex processes comprising post-stroke plasticity are still reinforced by exercise and rehabilitation [Langhorne *et al.* 2011, Pekna *et al.* 2012, Schmidt *et al.* 2014].

Guidelines for selecting the optimal time window, and ideal delivery routes and doses are still debated and the answers may depend on the chosen cell type and its hypothesized mechanism including early neuroprotection, delayed neural repair, trophic systemic transient effects or graft survival and integration [Detante *et al.* 2014].

## 1.6.8 Cell sources and cell therapy products

### 1.6.8.1 Cell types selection

Today, the great variety of available stem cell types and sources form a rich therapeutic arsenal for ischemic stroke which requires careful consideration regarding their respective preclinical safety and efficacy profiles, cell characterization, mechanisms of action, delivery routes and in vivo distribution properties prior to the clinical application [Onteniente *et al.* 2013, Shinozuka *et al.* 2013]. Currently, among many available cell types, bone marrow-derived cell populations such as mesenchymal stromal / stem cells

(MSC), umbilical cord stem cell and NSC are the most commonly investigated for clinical use [Detante *et al.* 2014].

In clinical trials, stromal / stem cells isolated from autologous bone marrow [Honmou *et al.* 2012, Eckert *et al.* 2013], peripheral blood [Kim *et al.* 2006, Paczkowska *et al.* 2009] or adipose tissue [Gutierrez-Fernandez *et al.* 2013, Gao *et al.* 2014] are the most widely used. Besides sources of adult, fetal sources such as umbilical cord are relatively available for banking and production of clinical grade stem cells from either the cord itself or from samples of cord blood [Park *et al.* 2009, Kim D. W. *et al.* 2013].

There are three main categories of therapeutic cells for the biotherapies, which distinguished by different characteristics [Detante *et al.* 2014]. Application of MSC must take precautions when using *ex vivo* cultures because excessive MSC expansion with different passages could affect their therapeutic features and subsequently modify the final phenotype [Shahdadfar *et al.* 2005, Li *et al.* 2008]. NSC grafts usually require immunosuppressant treatment during the process of cell therapy [Mack *et al.* 2011]. The third category of therapeutic cells includes the hematopoietic stem cells and endothelial progenitors [Chen *et al.* 2008, Schwarting *et al.* 2008], which are feasibly harvested from autologous / allogeneic cord blood, bone marrow or peripheral blood after mobilization and represent a type of mononuclear cell (MNC) usable without amplification to enhance microvascular repair [Brenneman *et al.* 2010, Yang *et al.* 2011].

#### 1.6.8.2 The ideal route for cell delivery

The best delivery route for cell therapy after stroke still remains debated, depending strongly on the expected therapeutic effects. Theoretically, IC delivery would be preferred for cell replacement while IV or IA injection would be better for systemic and trophic support [Detante *et al.* 2014].

Compared to surgical implantation, systemic IV injections are less invasive and easier to implement in the relevant operation [Guzman *et al.* 2008]. Other graft routes such as IA or IC, could avoid the lung entrapment problem and thereby increase the number of grafted cells for the concentration in target [Seyfried *et al.* 2008, Kawabori *et al.* 2012].

The comparisons of neuroprotection in the acute phase and delayed neural repair / trophic systemic transient effects and grafts survival or integration revealed that the optimal therapeutic timing after stroke onset remains debated, depending on the cell type and specific mechanism [Detante *et al.* 2014]. For example, IA injection of NSCs leads to greater differentiation into astrocytes about 6-24 h after stroke, whereas injection at 7-14 days post-stroke leads to greater differentiation into neurons [Guzman *et al.* 2008, Rosenblum *et al.* 2012].

#### 1.6.8.3 Comprehensive evaluation of cell therapy for stroke

Whereas results from publications suggested that early IV injection of



MSCs within 24 h could be effective [Wang *et al.* 2014], evidence has been reported that treatment delays up to one month after stroke can also result in improvements in functional recovery [Shen *et al.* 2007, Komatsu *et al.* 2010]. A great advantage of clinical cell therapies would be the feasibility to delay the treatment until the subacute or chronic phase, which benefits a majority of stroke patients. So the evaluation of therapeutic effects should be carried out both soon after the stroke onset and at a later stage.

To define a clinical strategy of cell therapy for ischemic stroke, the individual condition of patients should be taken into account. Several aspects of factors will impact the feasibility of neurorestorative therapies development including the influences related to the stroke type, localization, infarct size, basic neurovascular risk factors such as hypertension, diabetes mellitus, dyslipidemia, cerebral small vessel diseases and concomitant treatments like thrombolysis or statins [Luitse *et al.* 2012]. Some of these factors will be crucial to determine the selection of objects of the trial and the final efficacy of the treatment [Lee *et al.* 2010].

Beside the feasibility for the operation, safety issues should also be emphasized to reach the success of clinical trials. Due to the multivariate characteristics and uncertain mechanisms concerning the application of therapeutic cells, the tumorigenicity must be taken seriously for all clinical grade cell products by using long-term surveys. As for the immunogenicity, the immunomodulation properties of MSCs from all sources should be regarded with respect [Li *et al.* 2006]. Although MSCs or MNCs harvested from human sources are generally used in animal models of experimental stroke without immunosuppression. For medical grade allogenic NSCs, the use of concomitant immunosuppression should be taken into consideration to avoid severe inflammatory reaction notably after local delivery [Kondziolka *et al.* 2005, Hurst *et al.* 2013].

To realize an efficient transfer of the regenerative approach for the development of stroke therapies in the future, all translational concerns from the bench to the bedside should be thought through [Detante *et al.* 2014]. Actually, still a number of crucial problems remain unsolved both at the bench and at the bedside in this field. The new imaging methods by MRI may hold the key to a better understanding of stroke therapies and to a quantitative assessment of stroke evolution in clinical trials.

# Chapter 2

## Magnetic resonance imaging in ischemic stroke

Magnetic resonance imaging (MRI), as a versatile and non-invasive modality, has been performed in a crucial and efficient manner to provide accurate information in both preclinical and clinical stroke studies [Karki *et al.* 2010, Rymner *et al.* 2010, Vidale *et al.* 2013]. In routine clinic, besides the clinical information including the onset of symptoms, the relevant individual history and the indices involving severity and recovery (e.g. the NIHSS score), imaging strategies based on multiparametric MRI approaches have been widely used to assess the evolution of cerebral ischemic injury in stroke patients [Kidwell *et al.* 2013b, Kim Y. W. *et al.* 2013]. The main goals of such imaging strategies are supposed to rule out intracerebral hemorrhage (ICH), to define the extent of the ischemic injury, to differentiate between the infarct core and the salvageable penumbral tissue and to visualize the vessel status [El-Koussy *et al.* 2014]. Multiparametric MRI is nowadays widely available and frequently applied in most stroke centers. In particular, diffusion-weighted imaging (DWI) and perfusion-weighted imaging (PWI) have become important tools for current diagnosis and treatment decision making in patients with acute ischemic stroke (AIS) [Thomalla *et al.* 2011]. Although imaging of brain anatomy historically has been done by computed tomography (CT), but ever-increasingly is supplanted by the superb soft tissue contrast provided by MRI [Bryan *et al.* 1991]. Besides, the versatility of MRI methods also enables much more detailed biophysical information on pathophysiological changes after stroke, above and beyond lesion structure.

### 2.1 Clinical standard MRI sequences for acute ischemic stroke

Different types of tissue contrasts can be exhibited markedly by various MRI sequence characteristics. In CHU Grenoble Alpes, basic MR sequences including fluid attenuated inversion recovery (FLAIR), two-dimensional gradient recalled echo ( $T_2^*$ )-weighted imaging, three-dimensional time-of-flight magnetic resonance angiography (3D-TOF MRA) and DWI are used for the regular diagnosis of stroke in daily clinical work (Fig.2.1). Data from basic MR sequences will be viewed or postprocessed on the work station of IMPAX (Fig.2.2).



### 2.1.1 Fluid attenuated inversion recovery imaging

Recovery of longitudinal magnetization is characterized by the time constant  $T_1$ , whereas decay of transverse magnetization is characterized by the time constant  $T_2$ . On  $T_2$ -weighted imaging ( $T_2$ WI) and FLAIR imaging, ischemic lesion appears as a mass of hyperintense seen at the early 3-6 h after stroke onset. FLAIR images can be used to assess for old cerebral infarction and the extent of small vessel disease. Moreover, FLAIR images are also highly sensitive to subarachnoid hemorrhage (SAH) as well as acute cerebral venous sinus thrombosis. However, conventional MRI sequences like  $T_2$ WI or FLAIR do not have a high sensitivity to depict early infarction compared with CT [Fiebach *et al.* 2004].

The signal changes in FLAIR proportionately increase with a rise in water content inside the infarcted brain tissue. The volume of water content increases due to the secondary vasogenic edema after the blood brain barrier (BBB) disruption, and occurs within 1-4 h of stroke onset [Eastwood *et al.* 2003]. Hyperintense vessels sign (HVS) on FLAIR image has been supposed to be an indicator of slow flow and early ischemia as a result of large vessel occlusion or stenosis as well as inadequacy of collateral circulation. HVS is not equivalent to the occurred infarction but indicates tissue-at-risk (TAR) of infarction. It should prompt consideration of revascularization and flow augmentation strategies [Kamran *et al.* 2000]. However, the detection of the HVS has been proved to be weakened by Gadolinium in ischemic stroke. Therefore, both pre- and post-contrast FLAIR sequences are suggested [Dani *et al.* 2012]. Typically, single FLAIR imaging can help to detect the presence of ischemia approximately 3 h after stroke onset [Thomalla *et al.* 2009]. Under emergent clinical conditions, stroke patients with the exact time of symptom onset unknown remain questions of criteria on accurate evaluation of ischemia and suitable selection of treatment. FLAIR imaging has been attempted to help identify time window of tissue fate [Thomalla *et al.* 2010, Kang *et al.* 2012a]. A recent research suggests that using regional FLAIR relative signal intensity ratios of damaged and contralateral healthy tissue may be better than visual inspection alone for predicting the phase of stroke [Cheng *et al.* 2013].

### 2.1.2 Three-dimensional time-of-flight magnetic resonance

#### angiography

Magnetic resonance angiography (MRA) provides a non-invasive technique to screen for pathological changes of intracranial arteries such as occlusions, stenosis, malformations or aneurysms [Azuma *et al.* 2015, Lin Z. *et al.* 2016, Wrede *et al.* 2016]. There are two approaches, unenhanced three-dimensional time-of-flight (3D-TOF) MRA and contrast-enhanced MRA

(CE-MRA), available to reach this goal, each performing slightly less sensitively than the gold standard, digital subtraction angiography (DSA). With most recent hardware, image quality of optimized four-dimensional time-of-flight (4D-TOF) MRA or 7T-MRA, was comparable with DSA considering both sequences [**Shibukawa et al.** 2015, **Wrede et al.** 2016].

MRA enables the non-invasive assessment of vascular patency of the intracranial circulation. When blood flows into the imaging plane, its magnetization is at equilibrium and thus exhibits positive image contrast with respect to the background static tissues. This effect enables imaging of the vascular lumen, but only for through-plane flow [**Davis et al.** 1993]. Images can be generated on which flow within the vessel yielding increased signal intensity (bright blood) or on which the lumen is depicted as decreased signal intensity (black blood). TOF is regarded as the most frequently used bright-blood MR angiographic technique for current applications [**Naveen et al.** 2015].

By using recent technical improvements like parallel imaging and higher magnetic fields, high spatial isotropic resolution, fast acquisition times and reduced artifacts can be achieved by 3D-TOF MRA [**Kloska et al.** 2010, **Gonzalez et al.** 2012]. As a rapid diagnosis tool, 3D-TOF MRA can be used to detect intravascular occlusion due to thrombus and to evaluate the stenosis of vessels in patients with AIS, especially in uncooperative patients [**Mezzapesa et al.** 2006, **Lin Z. et al.** 2016].

An alternative to 3D-TOF MRA is CE-MRA, typically involving the intravenous injection of a paramagnetic contrast agent such as Gadolinium Diethyl-Triamine-Penta-Acetic acid (Gd-DTPA), which enhances  $T_1$  relaxation by increasing the signal intensity of blood on appropriately  $T_1$ -weighted images, with respect to the signal from static tissues. CE-MRA provides more contrast than 3D-TOF and is much less sensitive to flow dynamics. Consequently, CE-MRA can be used more effectively to show both extracranial and intracranial vessels [**Runge et al.** 1993, **Sohn et al.** 2003]. Accumulating evidences also illustrate that CE-MRA can be used to scrutinize characterization of vulnerable plaque in the carotid arteries, which is a potential imaging marker of stroke risk [**Wasserman et al.** 2010, **Yamada et al.** 2016]. One disadvantage of CE-MRA is that Gadolinium contrast agent administration is contraindicated to those who with poor renal function [**Morita et al.** 2011].

However, an image similar to a conventional arteriogram can be reconstructed from the intravascular signals that are sensitive to a large vessel occlusion or a narrowing in the internal carotid, vertebral, basilar and first and second segments of the anterior, middle and posterior cerebral arteries. It was reported that unenhanced 3D-TOF MRA at 3T cannot replace DSA, and evaluation of intraluminal structure remained difficult with MRA regardless 3D-TOF or CE-MRA at 3T [**Azuma et al.** 2015, **Attali et al.** 2016]. Although 3D-TOF MRA has yet been the preferred approach in a large-scale clinical trial, the need for differentiating which patients have lesions amenable to

thrombolysis seems clear given the potential risks of treatment [Nour *et al.* 2014].

### 2.1.3 Two-dimensional gradient recalled echo ( $T_2^*$ )-weighted imaging

In hyperacute / acute phase of stroke, especially in populations with relevant risk factors such as hypertension, the first task is to differentiate ischemic stroke from ICH, which is impossible to confirm by clinical findings only. Generally, as a fast imaging technique, CT is demanded as the standard method for the clinical diagnosis of ICH [Alobeidi *et al.* 2015, Fink *et al.* 2015].

$T_2^*$  reflects decay of transverse magnetization which is measured in the absence of compensation for all macroscopic sources of magnetic field inhomogeneity in space and is typically smaller than corresponding  $T_2$  value [Macintosh *et al.* 2013].  $T_2^*$  provides an additional mechanism to achieve tissue-specific MR signal contrast by reducing the phase coherence of magnetization in the transverse plane and resulting in a rapider decay of transverse magnetization than is measured by the  $T_2$  parameter [Kidambi *et al.* 2014].

$T_2^*$ -weighted imaging contributes to multiple clinical applications, which stem from the fact that the  $T_2^*$  signals of blood vary with oxygenation content, based on the magnetic susceptibility characteristics of the oxygenated / deoxygenated hemoglobin and increase the local magnetic field inhomogeneities with iron deposition, separately [Anderson *et al.* 2001, Mokhtar *et al.* 2016]. Abnormal accumulation of deoxygenated blood provides hypointensity on  $T_2^*$ -weighted images, which is supposed to be an indicator of vascular pathological situation. It has been reported that  $T_2^*$ -weighted images are capable of detecting acute ICH, with equivalent accuracy to CT [Chalela *et al.* 2007]. Microbleeds, indicative of multiple types of micro-angiopathy can also be detected by  $T_2^*$ -weighted imaging, but not on CT, because of insufficient density contrast and spatial resolution.  $T_2^*$ -weighted images are also capable of depicting hemorrhagic transformation (HT) of ischemic stroke, and provide indications for ruling out primary intracerebral hematoma (PICH) as well as depicting thrombosed veins or sinuses [Fazekas *et al.* 1999]. On  $T_2^*$ -weighted images, hyperintensity is rarely visible in the infarct core, which is surrounded by a hypointense rim. If there is a surrounding hyperintensity on  $T_2$ -weighted and  $T_2^*$ -weighted images with a hypointensity on  $T_1$ -weighted images, it possibly represents perifocal vasogenic edema. In addition, a susceptibility reduced  $T_2^*$ -weighted signal of the M1 segment of the MCA by  $T_2^*$ -weighted imaging is a strong predictor for no early recanalization after intravenous thrombolysis in AIS patients with ICA or proximal MCA occlusion (MCAo) [Kimura *et al.* 2009].

## 2.1.4 Diffusion associated imaging approaches

### 2.1.4.1 Diffusion-weighted imaging and apparent diffusion coefficient

The normal motion of water molecules within living biological tissues is random (Brownian motion). After focal occlusion of a cerebral artery occurs, brain parenchyma can compensate a hypoperfusion up to a cerebral blood flow threshold of approximately 20 mL / 100 g tissue / min by increased oxygen extraction with intact cellular membrane. If the cerebral blood flow falls below this threshold, the neuronal cells remain viable down to a minimum cerebral blood flow of approximately 12 mL / 100 g tissue / min. However, the neuronal function starts to be impaired at this phase. After normalization of the cerebral blood flow, neuronal cells can recover without any defect. If the cerebral blood flow falls below 12 mL / 100 g tissue / min, deficit of metabolites occurs, causing a sodium-potassium adenosine triphosphatase ( $\text{Na}^+ / \text{K}^+$ -ATPase) pump failure in each ischemic cell [Decanniere *et al.* 1995, Kohno *et al.* 1995]. The failure of this membrane channel results in subsequent uncontrolled net shift of extracellular water into the intracellular space with the consequence of cytotoxic edema initiation and irreversible damage to the neuronal cells [Sorensen *et al.* 1999, Liu *et al.* 2001]. Depending on the extent of cerebral blood flow reduction and cell integrity status, a central area of irreversibly damaged brain parenchyma, the infarct core, and a surrounding area of acute ischemic but potentially salvageable tissue, the penumbra, can be differentiated. The portions of these two types of ischemic tissue are highly dependent preexisting cerebral arterial collaterals [Helgason *et al.* 2001, Famakin *et al.* 2009].

The reduction of Brownian molecular motion in the extracellular space can be measured with diffusion-weighted imaging (DWI), in which the anatomical site can be partially recognized based on spatial encoding and is measured as a signal attenuation providing diffusion-weighted contrast. Compared to standard MR sequences based on proton density or relaxation time, which are known to be insensitive to the immediate effects of cerebral ischemia, DWI is highly sensitive for the detection of ischemic stroke, even as early as 11 minutes after stroke onset [Hjort *et al.* 2005b, Mascalchi *et al.* 2005]. Evidence-based guidelines proposed by the Therapeutics and Technology Assessment subcommittee of the American Academy of Neurology, endorses the role of DWI in accurate diagnosis of acute ischemic stroke particularly in the first 12 h as being superior to non-enhanced CT (NECT) [Edlow *et al.* 2011]. Since brain regions with a strong water diffusion restriction more or less are assumed to represent the infarct core, the DWI infarct volume may have predictive ability towards final infarct volume and overall clinical outcomes [Campbell *et al.* 2012]. Stroke lesions can also be measured quantitatively with the apparent diffusion coefficient (ADC) map by a corresponding automatic mathematical modeling if the degree of diffusion weighting is

manipulated in a series of (at least two) DWI trials [**Srinivasan et al.** 2006] (formula seen in Chapter 5).

Stroke lesions appear as hyperintense areas on DWI and as correlative hypointense areas on ADC maps [**Kim et al.** 2014]. Acute ischemic lesions can be divided into hyperacute lesions with DWI-positive and low ADC value, and subacute lesions with normalized ADC value. Chronic lesions can be differentiated from acute lesions by normalization of both DWI and ADC. The presence of multiple DWI lesions of varying ages suggests active early recurrences over time and portends a higher early risk of ischemic events in the future [**Seitz et al.** 2005, **Sylaja et al.** 2007]. Moreover, small cortical or subcortical lesions in AIS, especially in the posterior fossa or brain stem, are more easily detected by DWI than CT. DWI also enables the identification of small lacunar infarcts that had previously been undetectable on CT [**Nah et al.** 2010].

In the normal white matter, ADC ranges are  $600-1050 \times 10^{-6} \text{ mm}^2 / \text{s}$  and the mean ADC value is  $840 \pm 110 \times 10^{-6} \text{ mm}^2 / \text{s}$  [**Sener et al.** 2001]. If the estimated duration from focal ischemia onset is short enough, reperfusion leads to a restoration of normal ADC value [**Silva et al.** 2002]. If ischemia is prolonged, ADC may not recover fully, depending on the time length of ischemia and the value of ADC immediately before reperfusion. Studies of fixed ischemic duration (45 minutes) revealed that only ischemic tissue with a change in  $\text{ADC} \leq 250 \times 10^{-6} \text{ mm}^2 / \text{s}$  recovered after reperfusion [**Hasegawa et al.** 1994, **Rudin et al.** 2001]. It was also reported that an  $\text{ADC} \leq 620 \times 10^{-6} \text{ mm}^2 / \text{s}$  was proposed as the threshold for identification of infarct core ( $\text{IC}^{[2]}$ ) with a sensitivity of 69% and a specificity of 78% [**Purushotham et al.** 2015]. Generally, it is accepted that a single measure of ADC alone cannot distinguish reversible from irreversible ischemic damage. The duration of ischemia is an essential factor to be taken into consideration with the reduction in ADC value to determine the reversibility of stroke lesion. However, the former usually cannot readily be confirmed in clinical cases [**Engelter et al.** 2008].

DWI allows the detection of silent infarctions at different sites from the symptomatic, small, deep infarction and concomitant small lesions outside the striatocapsular distribution could be identified. It was reported that proximal MCA lesions were a common cause of small deep infarcts, and that patients with parental arterial disease by branch atherosclerosis were more likely to have recurrent strokes and a poor long-term prognosis [**Bang et al.** 2002, **Bang et al.** 2004].

Most lesions on DWI do correspond to brain ischemia. The mean ADC value of DWI-positive lesions is typically less decreased in patients with transient deficit than in patients with sustained deficit, which due to the inaccuracy of ADC measurements in small DWI-positive lesions that are often not detectable on ADC map [**Lamy et al.** 2006] (**Fig.2.3**). Some ischemic lesions vanish rapidly and may no longer be visible 48 hours after transient ischemic attack (TIA) onset suggesting that delayed MRI after TIA reduces the



diagnostic yield [Carpentier *et al.* 2012, Moreau *et al.* 2013]. On the contrary, lesion visibility is delayed in other cases, so the rate of DWI positivity might be underestimated if the first MRI is performed soon after the onset of symptoms [Morita *et al.* 2013, Brazzelli *et al.* 2014]. Better understanding of the time course of lesions on DWI after TIA may help improving the accuracy of MRI diagnosis. However, patients suspected of recent TIA should be imaged as quickly as possible after the onset of TIA, and in any case in the first 24 hours, according to guidelines [Easton *et al.* 2009]. In TIA patients with baseline perfusion deficits, MRI performed one week later documents the development of new lesions on DWI in the regions of initial perfusion deficit [Asdaghi *et al.* 2011].

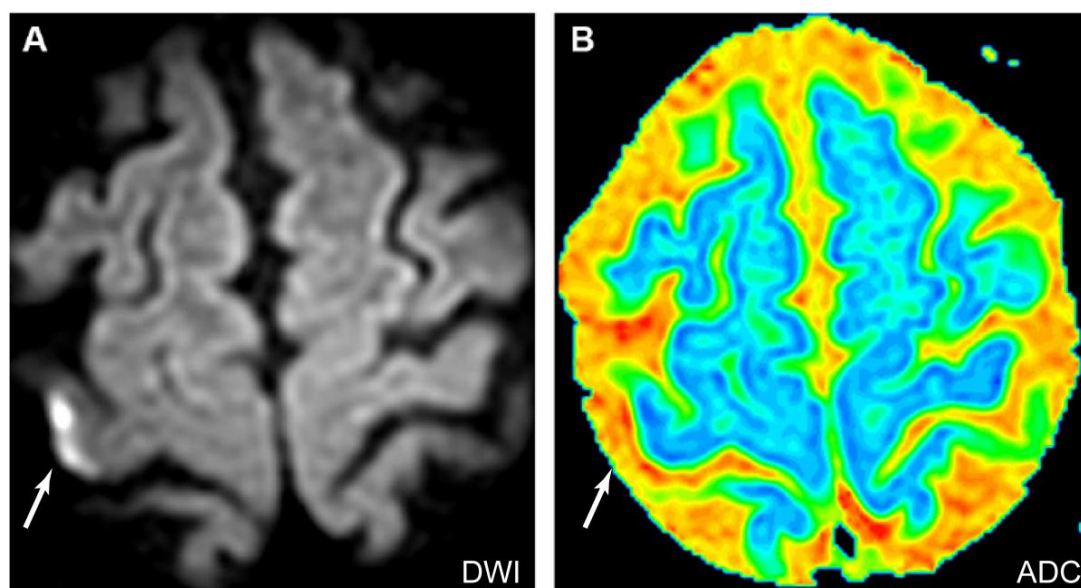


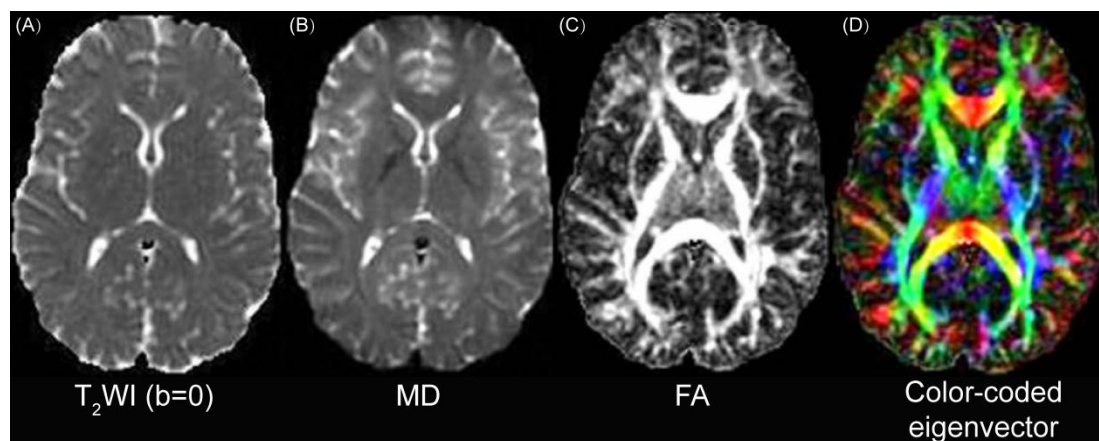
Figure 2.3: An imaging example of a 71-year-old man of TIA with transient left hemiparesis. MRI was performed 3 hours after the onset of symptoms. (A) A focal hyperintensity lesion of right motor cortex (white arrow) on DWI. (B) The lesion is invisible on ADC map [Lamy *et al.* 2006].

Numerous technical challenges remain for brain DWI. The most difficult problem is the elimination of motion artifacts on the heavily diffusion-weighted images. Large phase errors can occur during application of the diffusion gradients as the result of macroscopic sample motion. To measure and correct for the phase error on each line of k space by recording a second, non-phase-encoded echo, which called navigator echo+is one approach to address this problem [Warach *et al.* 1995, Ozsunar *et al.* 2000]. However, adequate correction with navigator echo+is only possible for relatively simple and small amplitude motions. It is less favorable than fast imaging methods which minimize potential motions, particularly for non-compliant patients, and / or when multiple b values and gradient directions are required. As a result, rapid imaging (echo planar diffusion) is the most practical and commonly used approach for current stroke imaging [Beauchamp *et al.* 1998].

#### 2.1.4.2 Diffusion-based structural connectivity

The fact that Brownian motion of water molecules has a preferred direction is proved in WM tracts with preferentially occurring along the length of axonal fibers and comparatively restricted in the orthogonal directions, which is referred to as diffusion anisotropy. The myelination of axons, the axonal membrane and microtubules within axons are all considered to contribute to the diffusion anisotropy. With such property, WM fiber tracts and corresponding directions can be exploited noninvasively by MRI techniques [Nucifora *et al.* 2007]. If a series of DWI scans are conducted with diffusion weighting in a variety of different orientations, the direction and magnitude of diffusion and the correlations between motions in different directions can be potentially estimated to define the anisotropic diffusion tensor imaging, termed DTI [Goto *et al.* 2016].

DTI is the most common method for the demonstration of changes in anatomical connectivity *in vivo* [Le Bihan *et al.* 2003]. Besides the reconstructed visualization of fiber tracts, the anatomical connectivity changes can also be assessed by evaluating diffusion characteristics, such as fractional anisotropy (FA) and mean diffusivity (MD), the two most commonly used measures. FA is a summary measure of microstructural integrity, which represents the degree of directionality of molecular displacement by diffusion and describes the extent of a preferred diffusion direction within a particular voxel. It varies between 0 and 1, which refers to the value of isotropic diffusion and infinite anisotropic diffusion. MD is an inverse measure of the membrane density, which reflects the average diffusion amplitude of molecular displacement in three orthogonal directions [Qin *et al.* 2012] (Fig.2.4).



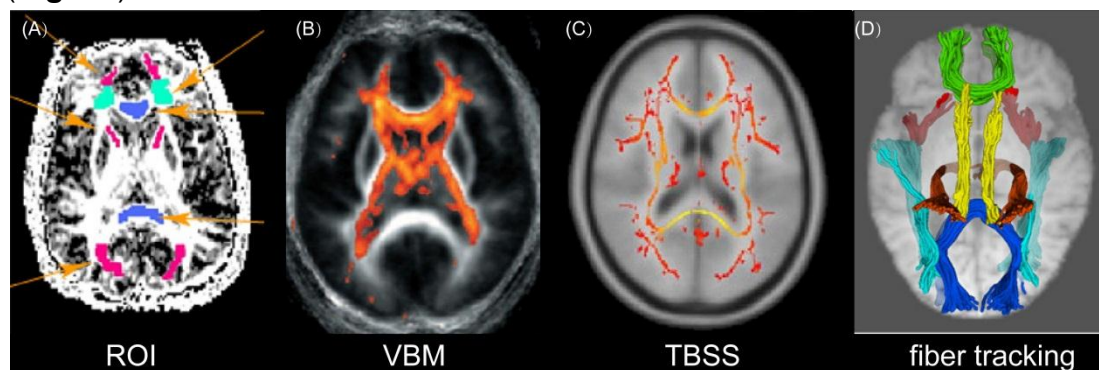
**Figure 2.4:** DTI quantitative parametric maps including (A) T<sub>2</sub>-weighted imaging (T<sub>2</sub>WI, b = 0) based on DTI data as reference, (B) mean diffusivity (MD) which is similar to T<sub>2</sub>W image, (C) fractional anisotropy (FA) with white matter (WM) appearing hyperintense and (D) the major eigenvector direction indicated by color with red = R / L, green = A / P and blue = S / I, weighted by FA, adapted from [Alexander *et al.* 2007].

The differences in biological influence and pattern of changes of two diffusivity measurements are clarified in **Tab.2.1** [Feldman *et al.* 2010, Alexander *et al.* 2011].

**Table 2.1:** Summary of differences between MD and FA

	MD	FA
White matter	-	
Grey matter	-	
CSF		
Dense myelination		
Dense axonal packing		
White matter maturation		
Demyelination		
Axonal degeneration		
Signal-to-noise ratio		

DTI measures can be analyzed by either data-driven methods such as voxel-based analysis and tract-based spatial statistics or hypothesis-driven methods such as region of interest (ROI) analysis and tractography-based analysis [Le Bihan *et al.* 2001, Giannelli *et al.* 2010, Madden *et al.* 2012] (**Fig.2.5**).



**Figure 2.5:** Methods for representing DTI measures. (A) ROI in different colors placed directly on DTI image, (B) voxel-based morphometry (VBM), (C) white matter (WM) tracts in mean skeleton pattern form track-based spatial statistics (TBSS) and (D) fiber tracking of WM pathways, adapted from [Madden *et al.* 2012].

Diffusion anisotropy may rest confusions for identification in applications based on orientation-independent ADCs because it is difficult to distinguish the observed hyperintensity in densely myelinated regions within WM from the ischemia-induced regions. The combined application of ADC map and DTI can help to solve this problem. DTI is more reliable for measuring tracing changes in ADCs and may avoid interpretation errors due to the intrinsic anisotropy of the brain and has potential in accurate imaging analysis of various cerebral diseases [Beaulieu *et al.* 2002].

Analyses by DTI provide important information on brain structural

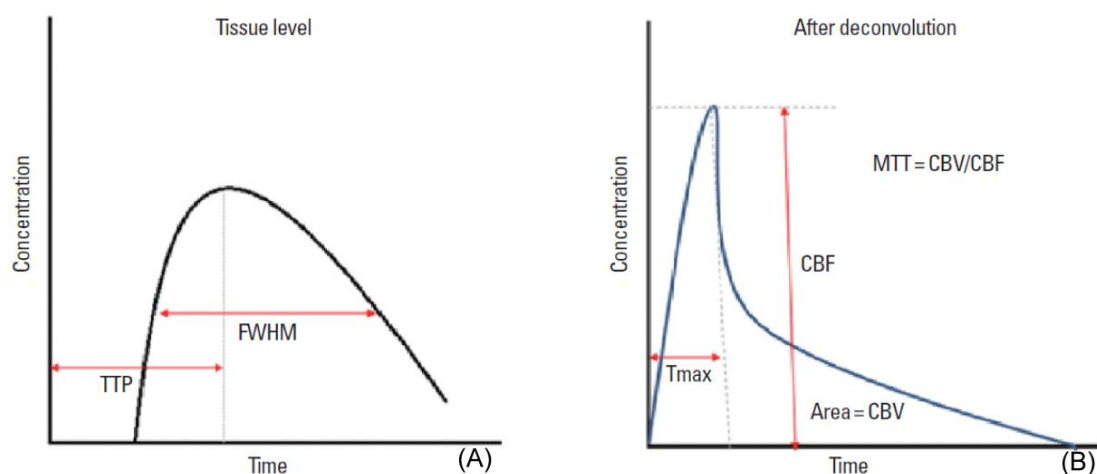
connectivity, which has been proven to get improvement after rehabilitative therapies beyond spontaneous recovery of function in the population of stroke patients by clinical evidence [Maulden *et al.* 2005, Hummel *et al.* 2006]. Studies have reported the extensive uses of DTI technique in evaluating the extent of WM damage and reorganization in stroke patients [Assaf *et al.* 2008, Schlaug *et al.* 2009]. DTI is sensitive to detect not only ischemic impairments but also modifications in anatomical connectivity after stroke [Mukherjee *et al.* 2005]. In different post-stroke phases, alterations of DTI measures represent different pathological process. At acute stage of stroke, decreased MD represents cell swelling referring to the early sign of cytotoxic edema, while increased MD and decreased FA at subacute stage denote cell lysis, demyelination or axonal loss. The initial decrease of FA may be gradually followed by normalization or elevation from the lesion border. It was reported that this effect could be enhanced under treatments with neural progenitor cells, sildenafil or erythropoietin [Jiang *et al.* 2006, Ding *et al.* 2008, Li L. *et al.* 2009]. At chronic stage, increased FA suggests axonal regeneration or remyelination, which reflects the irreversible function impairments [van der Zijden *et al.* 2008, Jiang *et al.* 2010].

The recovery of stroke-induced sequelae can also be monitored by DTI technique. The motor-related pathways contribute to the post-stroke functional recovery, which are thought to be the targets in imaging assessment. For example, the enhanced connectivity of the corticospinal tract (CST) at the cortical regions within the affected hemisphere is regarded as an indicator which correlated with stroke recovery [Pannek *et al.* 2009]. Furthermore, the rearrangement of WM in the perilesional areas of ischemia with preservation or restoration of connectivity may predict post-stroke motor outcome and be manipulated by rehabilitative therapies, which can also be evaluated by DTI [Kwon *et al.* 2007, Jang *et al.* 2009].

### 2.1.5 Perfusion imaging

Multiparametric MRI including perfusion sequences has been hypothesized to offer a visual presence of penumbral tissue of ischemia prompting strong potential in this technique for implementation in the evaluation and management of AIS. In the following sections, I will focus on the introduction of bolus perfusion-weighted imaging (PWI), which is a semi-quantitative technique for evaluating cerebral microvasculature in the capillary network [Tatlisumak *et al.* 2004]. When the gadolinium-based contrast agent passes through cerebral capillaries, it alters the local magnetic field resulting in the rapid decrease of signal intensity in the surrounding brain tissue by the paramagnetic effect of the contrast. The variation of signal intensity is generally measured during 1 min, serially with intervals shorter than 1.5 s by the echo-planar image technique. Under the pathological condition, a longer variation is recommended. From dynamic susceptibility contrast (DSC)

MRI data, so-called summary parameters such as time to peak (TTP) which derived from the tissue concentration time-course can be calculated without deconvolution [Meijs *et al.* 2016]. After deconvolution with an arterial input function (AIF) for the tissue-level voxel-based time-concentration curve, a deconvolved curve can be obtained. Thus, various perfusion parameters including cerebral blood flow (CBF), cerebral blood volume (CBV) and time-to-maximum ( $T_{max}$ ) of the tissue residue function can be calculated by the perfusion software package [Wintermark *et al.* 2013, Kim *et al.* 2014] (Fig.2.6).



**Figure 2.6:** (A) Time-concentration curves at voxel-wise tissue level and (B) deconvolved with arterial input functions (AIF). FWHM: full width at half maximum [Kim *et al.* 2014].

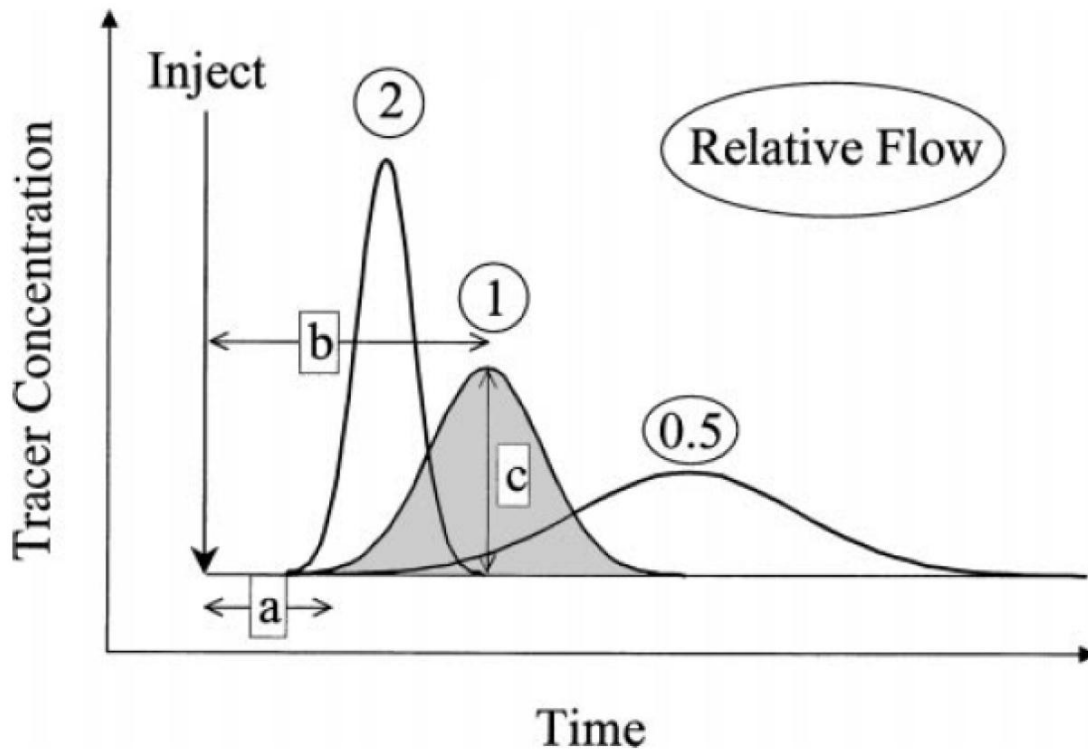
However, bolus PWI technique requires intravenous contrast agent, which is contraindicated in patients with poor renal function or prior allergic reaction. The arterial spin labeling (ASL) is a non-contrast, repeatable alternative that utilizes the spins of endogenous water protons as a tracer instead of the exogenous contrast agent [Zaharchuk *et al.* 2012b]. It can also be used in pregnant woman with suspected stroke [Grangeon *et al.* 2016]. Although limitations exist, the potential of ASL in acute stroke application will be thoroughly realized with optimization of the technique and careful interpretation of the imaging findings [Zaharchuk *et al.* 2012a, Nael *et al.* 2013, Harston *et al.* 2016].

### 2.1.5.1 The fundamental of dynamic susceptibility contrast MRI perfusion technique

DSC is a common MRI perfusion technique to measure cerebral hemodynamics, which needs to be performed by injecting a bolus of paramagnetic contrast agent, normally a chelate of gadolinium. It is also the method we use in our clinical research (in Chapter 6). In healthy brain, this contrast agent remains enclosed within the cerebral vasculature which shortens the longitudinal relaxation time of blood on  $T_1$ WI. This effect results in

a paramagnetic frequency shift within the brain vessel, and creates local magnetic field inhomogeneities in surrounding tissues, which shorten the transverse relaxation time constant  $T_2^*$  [Tsuchiya *et al.* 2013]. During the acquisition of images, each one of these effects is linearly proportional to the arterial concentration of the contrast agent within each pixel in time. Therefore, by using the theory of tracer kinetics, rapid tissue signal changes acquired during the first pass of the contrast agent through the cerebral capillaries can be applied to produce the time-to-signal intensity curve, which may then be used to create color-coded or intensity-coded hemodynamic maps based on relative ratio value of regional perfusion parameters [Grandin *et al.* 2003]. If the AIF, which is often estimated from both MCAs, branches adjacent to the largest DWI abnormality and the contralateral area to the DWI-positive lesion, is available, the regional cerebral blood volume (rCBV) and regional cerebral blood flow (rCBF) can also be estimated based on the formula  $\%CBF = rCBV / rMTT$ +[Rempp *et al.* 1994, Thijs *et al.* 2004, Zaro-Weber *et al.* 2012].

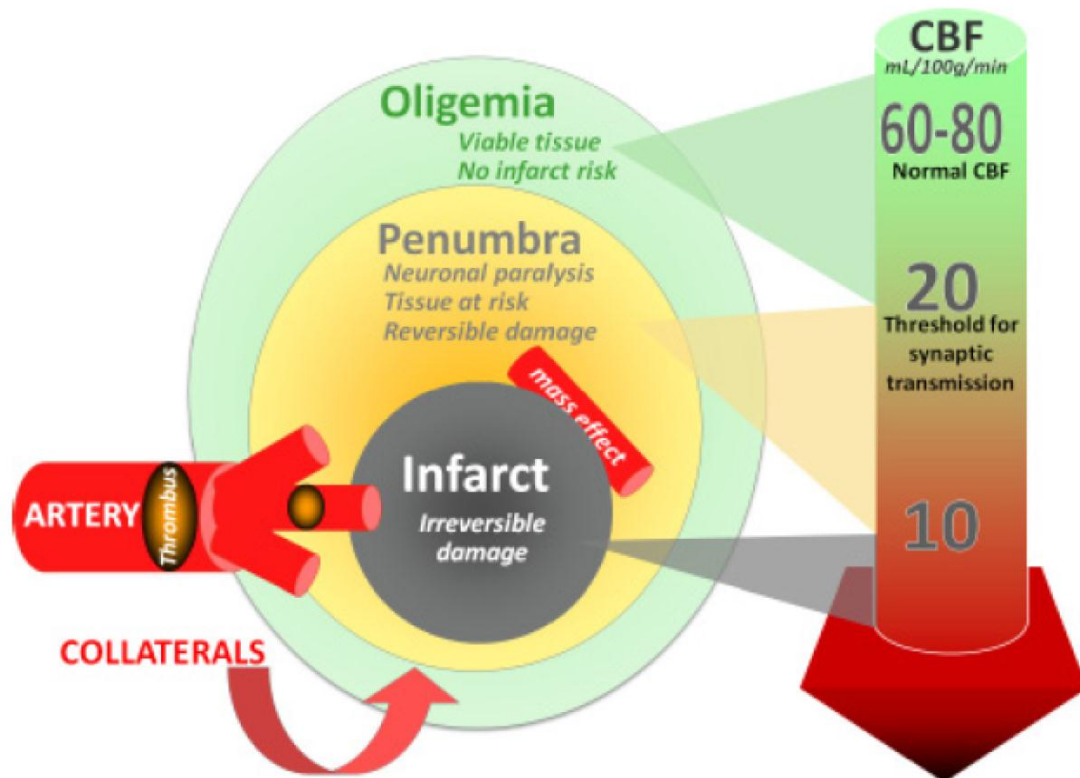
The regional blood supply perfusion parameters are derived during the translation from preclinical to clinical research, with a complicated theory of calculation from datasets. A series of assumptions are essential for the performance of the process, including such factors as estimation of capillary hematocrit, the assumption that the change in  $R2^*$  ( $\Delta R2^* = -\ln[S/S_0] / TE$ ; TE: echo time; S: the signal intensity in related TE;  $S_0$ : the signal intensity at equilibrium with TE = 0) signal intensity changes follows the same dependency in the microvasculature and major vessels, and the difficulty of performing the appropriate mathematical deconvolution on rather coarsely digitized and noisy data. In a given situation with available input function unknown or it is debatable as to where the input function should be determined in advance for those who suffering from ischemic stroke due to major vessels occlusion. In such situations, all studies on perfusion MRI of human stroke currently have used relative measurements of rCBV, rCBF and other non-quantitative perfusion-related MR parameters [Mukherjee *et al.* 2003, Newman *et al.* 2006] (Fig.2.7).



**Figure 2.7:** Simulated gamma-variate functions at constant blood volume for three different kinds of relative blood flow. (a) The bolus delay is depicted. The shaded gamma variant function depicts the values of the interest including (b) TTP and (c) peak height. The shaded area is proportional to rCBV [Beauchamp *et al.* 1999].

### 2.1.5.2 Blood supply relative perfusion parameters

Cerebral blood flow (CBF) is a parameter of blood flowing per brain mass and per unit of time, usually taken at the height of deconvolved curve (Fig.2.6-B). It reflects the blood supply to the brain tissue in a given time and is most directly related to the viability of the infarction. CBF is determined by cerebral perfusion pressure, the dilation of blood vessels and blood viscosity. Cerebral blood volume (CBV) per unit of brain is measured by the whole blood quantity within the target area (area under the deconvolved curve, Fig.2.6-B). An area suffering from ischemia with normal CBF and delayed arrival time indices (mentioned in 2.1.5.3) generally demonstrates that regional blood flow is maintained by blood vessel dilation with an increased CBV, but this effect occurs late in the potential infarct core area which temporarily sustained by collaterals (Fig.2.8). Normally areas with decreased CBV correlate well with the final size of a cerebral infarction [Chamorro *et al.* 2007]. Especially in the situation that delayed arrival time (e.g. mean transit time) is found in such areas, which represents the insufficient collateral circulation of this focal brain tissue and may eventually evolve into the infarction [Kim *et al.* 2014].



**Figure 2.8:** Pathophysiology of stroke. The occlusion of the artery leads to hypoperfusion of the tissue segment with insufficient blood supply. The affected brain parenchyma usually consists of a severely hypoperfused ( $\text{CBF} \leq 10 \text{ mL} / 100\text{g} / \text{min}$ ) central IC<sup>[2]</sup> where the damage is irreversible. It is bordered by the critically hypoperfused ( $\text{CBF} 10\text{-}20 \text{ mL} / 100\text{g} / \text{min}$ ) TAR, where the salvageable tissue can be preserved by collaterals if reperfusion offered in time. The IC<sup>[2]</sup> expands into the penumbral tissue with the prolongation of ischemia duration, which is also aggravated by corresponding mass effect on the neighboring arteries. The penumbra is surrounded by tissues which are not at risk of infarction, the so-called benign oligemia ( $\text{CBF} > 20 \text{ mL} / 100\text{g} / \text{min}$ ) [El-Koussy *et al.* 2014].

### 2.1.5.3 Arrival time relative perfusion parameters

Mean transit time (MTT) is the average time required for blood flow to enter, maintain and cross in the capillary network. MTT is calculated by  $\text{CBV} / \text{CBF}$  and is used to estimate vulnerable brain tissue which may evolve from the infarction [Copen *et al.* 2011]. MTT represents the widest range of perfusion deficits with inclusion of benign oligemia, and is therefore likely to overestimate areas with risk and final infarct size [Calamante *et al.* 2002, Calamante *et al.* 2007]. It may prove that an area has received sufficient collateral circulation or current recanalization in which delayed MTT but increased CBV is shown [Kim *et al.* 2014].

Time to peak (TTP) describes the time it takes CBF to reach the highest concentration value of contrast agent at the target tissue location (Fig.2.6-A). Among all the perfusion parameters, TTP was thought to provide minimum



information because it is an indirect measurement of brain perfusion. Like MTT, a delay in TTP in patients with chronic carotid artery stenosis cannot indicate acute infarction only by showing prolonged arrival time. Therefore, TTP may also overestimate the hypoperfused area in an acute infarction [Kim *et al.* 2014]. Still, TTP is much more sensitive than CBV map in detecting abnormalities in AIS. Two reasons may get involved to the increased TTP: i) blood flow may decrease with increased MTT at constant blood volume, or ii) blood flow may be collateral or contralateral with the consequence that the bolus has to traverse a longer path to reach the ischemic region finally. Furthermore, it is also possible that both mechanisms occur [Soher *et al.* 1998, Helenius *et al.* 2003].

Time-to-maximum ( $T_{\max}$ ) is the time that tissue residue function takes to reach its maximum value.  $T_{\max}$  is sensitive to reflect dynamic changes of brain tissue into an infarction and changes in the perfusion state. It can also predict tissue viability, as a non-physiological parameter of the capability of brain tissue to survive. Since this parameter is not influenced by scan duration,  $T_{\max}$  has the merit that sufficient scanning for a long time is possible, so that contrast agent is well-distributed [Copen *et al.* 2011]. Thus,  $T_{\max}$  is the most widely accepted reliable parameter to assess the penumbra, but with the exact value remaining controversial. In previous studies, different thresholds for  $T_{\max}$  were set to represent the accurate penumbra in the Diffusion and Perfusion Imaging Evaluation for Understanding Stroke Evolution (DEFUSE) trial [Albers *et al.* 2006a], whereas in the evaluation of alteplase effects beyond 3 h after stroke onset in the Echoplanar Imaging Thrombolytic Evaluation Trial (EPITHET) cohort, a  $T_{\max}$  of 4-6 s delay was used [Donnan *et al.* 2009]. A study reported that a  $T_{\max} > 8$  s with a core volume of approximately 100 mL (lesion size on DWI) as an adequate threshold for identification of patients with malignant profile of infarction who would have unfavorable outcomes despite reperfusion therapy [Mlynash *et al.* 2011], while another study suggested that  $T_{\max} \geq 10$  s delay best predicts the final infarction [Nagakane *et al.* 2012].

The features of conventional MRI techniques for stroke are summarized in **Tab.2.2**.

**Table 2.2:** Summary of conventional MRI techniques for stroke

<b>MRI technique</b>	<b>Quantitative</b>	<b>Morphological</b>	<b>Clinical detection</b>	<b>Limitation</b>	<b>Threshold</b>
FLAIR	no	yes	old cerebral infarction; small vessel disease; SAH; venous sinus thrombosis	low sensitivity for early infarction	-
MRA	no	yes	vascular patency of intracranial circulation; occlusion location; stenosis extent; carotid artery plaque (CE-MRA)	low sensitivity for intraluminal structure	-
T <sub>2</sub> *	yes	yes	acute ICH; HT in ischemic stroke; microbleeding; form the basis of functional MRI (mentioned in 2.2.1)	relative rather than absolute measurements; high specificity but low sensitivity of diagnostic capability for HT subtypes; affected by the variation in the heterogeneity of the magnetic field intensity	-
DWI	no	no	highly sensitive for the early detection of ischemia (including lesion in special	lose details of anatomical structures	-

			anatomical site, lacunar infarct, silent infarction); measurement of infarct volume		
ADC	yes	no	ADC values help identify stroke phases; the extent of IC <sup>[2]</sup>	inaccuracy in small DWI-positive lesion measurement (TIA); the prediction of tissue fate is affected by heterogeneous ADC values in the lesion	one example of IC <sup>[2]</sup> identification: $ADC \leq 620 \times 10^{-6} \text{ mm}^2 / \text{s}$ (a sensitivity of 69% and a specificity of 78%) [Purushotham <i>et al.</i> 2015]; while the fate of brain tissue within and around the DWI lesion has been proven to be variable and not to be predicted based on the ADC alone [Loh <i>et al.</i> 2005]
DTI	yes	yes	tracing changes with diffusion direction and amplitude of molecular displacement; structural (anatomical) connectivity; post-stroke WM damage and reorganization	-	-
		MD	sensitive to cellularity, edema and necrosis	-	mean of the largest, medium and smallest eigenvalue of diffusion

					tensor, of which the threshold is similar to the corresponding ADC threshold [ <b>Giannelli et al. 2010</b> ]
		FA	highly sensitive to microstructural changes; help define acute stroke age [ <b>Puig et al. 2013</b> ]	less specific to the type of change	between 0 and 1
PWI (DSC)	yes (semi-quantitative)	no	the hypoperfused tissue in ischemic area	contraindication for patients with poor renal function	-
		MTT	play a role in the identification of penumbra (increased MTT) with other MR perfusion parameters	overestimation of lesion volume based on the range of perfusion deficits	-
		TTP	help estimate the MR perfusion / diffusion mismatch quantification in acute stroke	not based on the arterial indicator-dilution theory; indirect measurement; overestimation of the hypoperfused area in an acute infarction	high variations in TAR volumetric measurements with different delay thresholds [ <b>Forkert et al. 2013</b> ]
		T <sub>max</sub>	prediction of tissue viability without MR scanning effect	-	EPITHET trial: T <sub>max</sub> = 4-6 s [ <b>Donnan et al. 2009</b> ]; poor outcomes despite reperfusion therapy: T <sub>max</sub> >

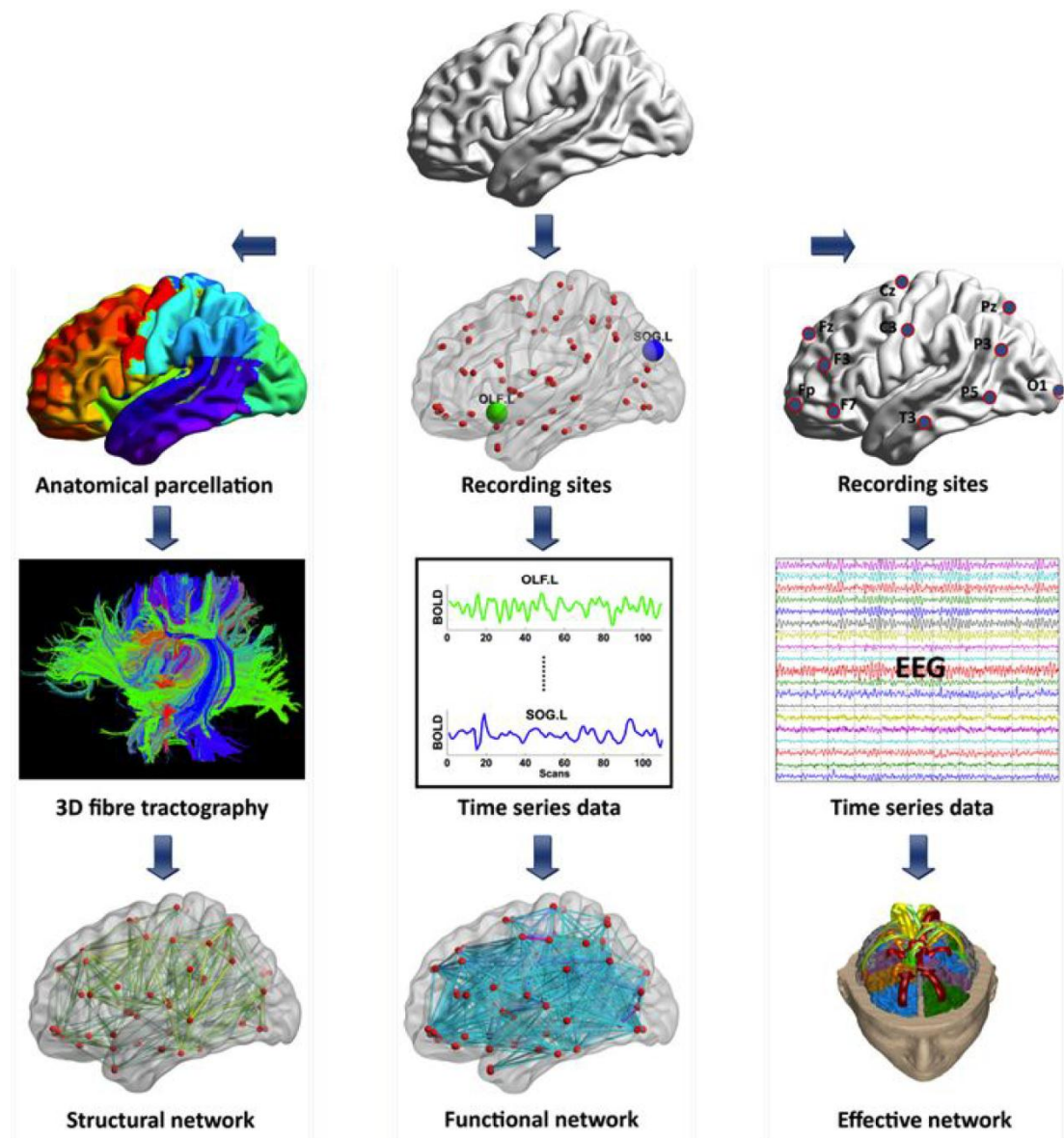
			8 s with core volume $\approx 100$ mL [ <b>Mlynash et al.</b> 2011]; prediction of final infarction: $T_{max} \geq 10$ s [ <b>Nagakane et al.</b> 2012]; however, no standard of the delay threshold has been established by unified opinion
CBF	play an important role in delineating hypoperfused brain tissue; decrease moderately in penumbra; help identify the infarct core with restricted diffusion apart from decreased CBF	difficult to measure in absolute terms (normally relative measurement to an internal control is applied instead)	IC <sup>[2]</sup> : CBF $\leq 10$ mL / 100g / min; TAR: CBF 10-20 mL / 100g / min; benign oligemia: CBF $\geq 20$ mL / 100g / min [ <b>EI-Koussy et al.</b> 2014]; still, differences of the threshold exist between quantification techniques and researches
CBV	remain normal or increase in penumbra; reflect auto-regulatory mechanisms in ischemia; help evaluate the capillary perfusion by collaterals	absolute measurement is influenced by the permeability of microvasculature (normally relative measurement is calculated instead)	

## 2.2 Advanced MRI techniques for clinical ischemic stroke

### 2.2.1 Functional connectivity MRI application after ischemic stroke

As mentioned in Section 2.1.4.2, structural damage from ischemic stroke onset is associated with both local and global changes in brain function. Since the evolution of stroke is generally static after the initial damage, subsequent functional changes of victims are more likely to represent the brain responses to ischemic injury than just to represent ongoing pathological processes. Challenges and opportunities are brought out based on such stroke features by means of functional MRI (fMRI) to analyze the consequence of focal ischemia on brain function and recovery, as well as the reorganization in brain [Carter *et al.* 2012b].

However, knowledge of brain functional alteration in a particular region cannot contribute to the mechanisms of interactions among all regions which modulate behavior in concert by a single brain activation [Stephan *et al.* 2007]. Great insight into neural network dysfunction and functional reorganization based on a system perspective can be provided by functional connectivity analyses [van Meer *et al.* 2010, Carter *et al.* 2012b]. Connectivity changes may contribute to a better prediction of stroke outcomes and an inspiration for new therapeutic intervention development [Carter *et al.* 2012a]. Besides structural connectivity by DTI mentioned before, fMRI-based functional connectivity describes how anatomically connected areas physiologically interact with each other, which is defined as temporal dependency between spatially remote neurophysiological events with a non-directional and extensively correlative nature [Stephan *et al.* 2007] (Fig.2.9).



**Figure 2.9:** Connectivity analysis methods implemented for brain networks can be acquired with different monitoring modalities. The functional organization of the brain is characterized by segregation and integration of imaging data processing. Brain connectivity analysis can be divided into three different but related forms including structural, functional and effective connectivity. Effective connectivity refers to the causal interactions between different activated brain areas which described by the influence one neuronal system exerts upon another under the assumptions of a given mechanistic model [Stephan *et al.* 2007] (from multimodal connectivity brain network project of cognitive engineering in Singapore Institute for Neurotechnology, SINAPSE)

From the website: <http://www.sinapseinstitute.org/projects/cognitiveengr/connectivity>

In acute stroke settings, the application of fMRI based on the blood oxygenation level dependent (BOLD) signal helps to define the penumbra condition, which is identified as an area of hypoperfusion with remaining

metabolic activity evaluated by indices such as the oxygen extraction fraction (OEF) and the cerebral metabolic rate of oxygen (CMRO<sub>2</sub>) [Heiss *et al.* 2000a]. Compared with positron emission tomography (PET), BOLD-fMRI is feasible to measure these metrics in human *in vivo* non-invasively and without ionizing radiation [Bulte *et al.* 2012]. The imaging principle of BOLD-fMRI is that metabolic events triggered by neuronal activity generated by sensory stimuli or behavior of memory, cognition, action or emotion, result in increased CBV and decreased deoxyhemoglobin content subsequently, which lead to increases in BOLD signal by reducing local magnetic inhomogeneities in activated region [Heeger *et al.* 2002]. This technique enables the investigation of brain reorganization processes with spatial resolution of millimeters and provides information of neural activity at the macroscale level [Hyde *et al.* 2001, Rehme *et al.* 2013].

Based on a theoretical perspective which is different from structural connectivity, fMRI allows a direct and fairly straightforward measure of interaction between different brain regions. Thus, the signal provides a large scale view of functional systems across the entire brain network and the correlative regional interaction which not depends on simple mono-synaptic connections [Honey *et al.* 2009]. Therefore, it is regarded as a promising tool to study the remote physiological effects of lesions distributed on distant areas.

The main advantage of this approach is that the measures of data are not only at the group level but also for individual objects. And it can be easily obtained even in severe patients that cannot cooperate in cognitive testing during scanning. Furthermore, it is possible to obtain a survey of multiple networks in time in a single scan [Tambini *et al.* 2010, Grefkes *et al.* 2011, Westlake *et al.* 2011, Van Essen *et al.* 2012].

Beyond the affect area suffered from an ischemic lesion, the intact functional network architecture of remote cortical areas can also be affected due to this structural damage [Nomura *et al.* 2010, Wang *et al.* 2010]. The functional interactions between these distinct areas constituting a network can be described by functional connectivity evaluation which based on the statistical association, generally the temporal correlation or covariance, between spatially remote neurophysiological processes [Marrelec *et al.* 2009]. By neuroimaging series, resting-state functional connectivity illustrates intrinsic, spontaneous networks that elucidate the functional architecture of the human brain under task-independent condition [Biswal *et al.* 2010, Friston *et al.* 2011]. A ROI can be selected as a reference to define voxels in the brain image which correlated with network activity in a region over time [Pugh *et al.* 2000]. The coherence across the whole brain with such ROIs is analyzed from imaging data [Lewis *et al.* 2009]. The identification of the processes that induce functional improvement in the brain network may reveal appropriate therapeutic targets for rehabilitation strategies and help develop novel interventions [Kolb *et al.* 2010, Bajaj *et al.* 2015].

Immediately after stroke onset, resting-state functional connectivity of the



ipsilesional primary sensorimotor cortex, especially the interhemispheric connectivity, decreases significantly. In acute phase of stroke, disruption of the interhemispheric functional connectivity within the attention network was significantly correlated with abnormal detection of visual stimuli. In the somatomotor network, disruption of the interhemispheric functional connectivity was significantly correlated with upper extremity impairment [Bannister *et al.* 2015]. In subacute phase, the interhemispheric functional connectivity was negatively correlated with the extent of corticospinal impairment [Carter *et al.* 2012a]. In chronic phase, disunity in outcomes are found to be associated with different change patterns of the resting-state functional connectivity [Yin *et al.* 2012].

Analyses of connectivity can also be used to investigate the therapeutic effects on network aiming at restoring physiological patterns of interhemispheric interactions in order to promote recovery of single motor functions [Hummel *et al.* 2006]. The recovery of motor function depends on reorganization processes within both hemispheres resulting in enhanced interhemispheric connectivity which may occur, but is often paralleled by a cost of reduced network efficiency even in patients with good clinical recovery [Wang *et al.* 2010, Rehme *et al.* 2013, Kobayashi *et al.* 2015]. Analyses of functional connectivity may offer new insights into the decision on the selection of interventions targeting to enhance motor recovery in stroke patients including motor movement, coordination and balance [Butler *et al.* 2006, Grefkes *et al.* 2011].

## 2.2.2 Cerebral vasoreactivity in ischemic stroke

The brain is supported by nutrients and oxygen through CBF which is maintained when cerebral perfusion pressure changes [Attwell *et al.* 2010, Lucas *et al.* 2010, Paulson *et al.* 2010]. The distribution of CBF is based on the metabolic mechanisms with an increase in the active brain areas. By challenging the brain system with a vasodilatory stimulus, the response to the CBF regulation can be observed, which termed cerebral vasoreactivity (CVR) [Fierstra *et al.* 2016].

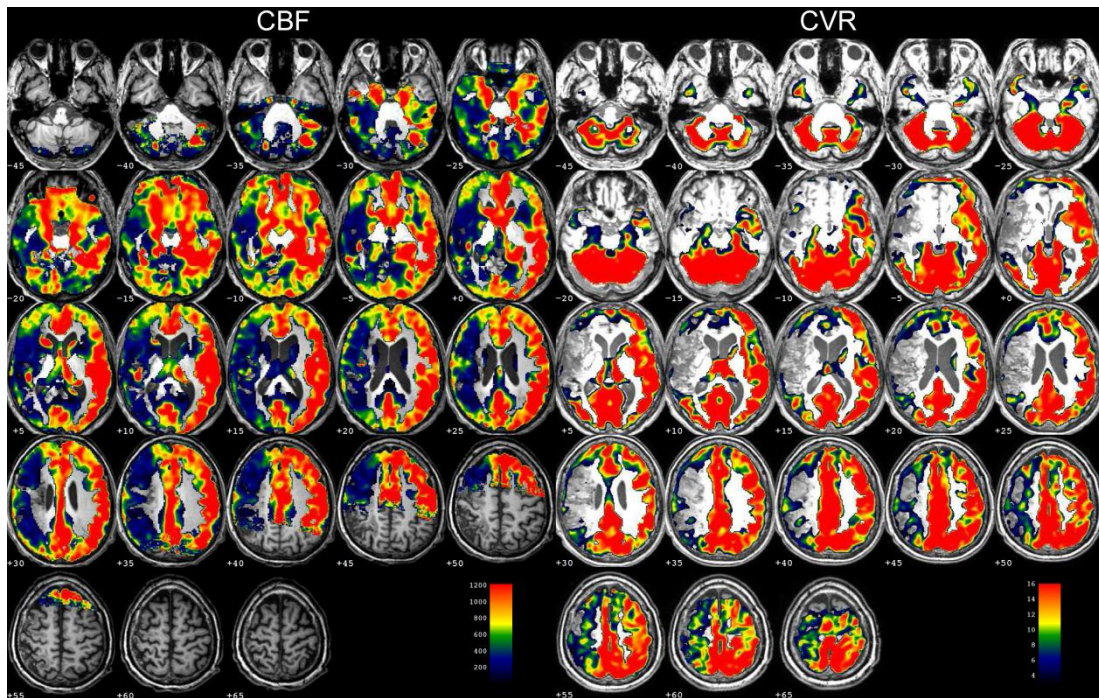
CVR for each vascular reacting voxel is derived from the formula according to the following:

$$CVR_{\text{voxel}} = \Delta S / \Delta p\text{CO}_2,$$

where  $\Delta S$  is the change in MR signal intensity for a given voxel that occurs between peak and trough  $\text{CO}_2$  levels and  $\Delta p\text{CO}_2$  is the change in end-tidal  $\text{CO}_2$  in the unit  $\text{mmHg}$ +[Golestani *et al.* 2016]. In healthy brain, positive CVR reflects an increase in CBF in response to increasing  $p\text{CO}_2$ . Negative CVR appears in brain regions with reduced CBF under the same condition of  $p\text{CO}_2$ . Areas of negative CVR are generally considered as the result of the vascular steal phenomenon, whereby hypercapnea leads to diversion of blood from brain areas of brain where arterioles are maximally vasodilated and vascular

resistance is already minimized to areas of the brain capable of decreasing vascular resistance in response to a CO<sub>2</sub> stimulus [Mandell *et al.* 2008, Heyn *et al.* 2010]. Measuring variations of CVR between different brain regions has the potential to not only better understanding of how the cerebral vasculature controls the distribution of blood flow but also to detect cerebrovascular pathophysiological processes [Mandell *et al.* 2011, Fierstra *et al.* 2013].

CVR measurement has potential to assess the risk factors of ischemic stroke. Carotid artery stenosis is one of the factors which cannot be underestimated in the prediction of stroke occurrence because it has been reported that 20% of the 2-year incidence rate with symptomatic disease after intracranial arterial stenosis [Famakin *et al.* 2009]. BOLD-fMRI measurement of CVR has been proved to be highly correlated with CBF in patients with intracranial steno-occlusive disease caused by atherosclerosis [van der Zande *et al.* 2005, Mandell *et al.* 2008]. Bouvier *et al.* reported that decreased cerebrovascular reserve (CVR<sup>[2]</sup>) is spatially associated with decreased CMRO<sub>2</sub> in grey matter (GM) of patients with severe intracranial arterial stenosis (SIAS). The degree of ipsilateral CVR<sup>[2]</sup> reduction was well-correlated with the amplitude of the CMRO<sub>2</sub> deficit. The observation of the relationship between impaired CVR<sup>[2]</sup> and oxygen parameters in patients with chronic low grade ischemia may be helpful in the selection of candidates for medical therapy or percutaneous transluminal angioplasty-stenting [Bouvier *et al.* 2015]. The results of CO<sub>2</sub>-stimulated CVR by BOLD-fMRI were suggested to help provide additional information on the identification of a subset in such patients who are most likely to have a hemodynamic improvement following revascularization by the same session as routine MRI (MRA) [Mandell *et al.* 2011]. An impaired CVR is usually predictive of the occurrence of ischemia-related events in patients with carotid stenosis / occlusion [Lam *et al.* 2000, Markus *et al.* 2001]. As reported, the hemispheric asymmetry CVR derived from CO<sub>2</sub>-stimulated BOLD-fMRI reveals that hemodynamic impairment in a larger percentage of patients with carotid occlusion who have a higher risk of stroke recurrence [Goode *et al.* 2016] (Fig.2.10).

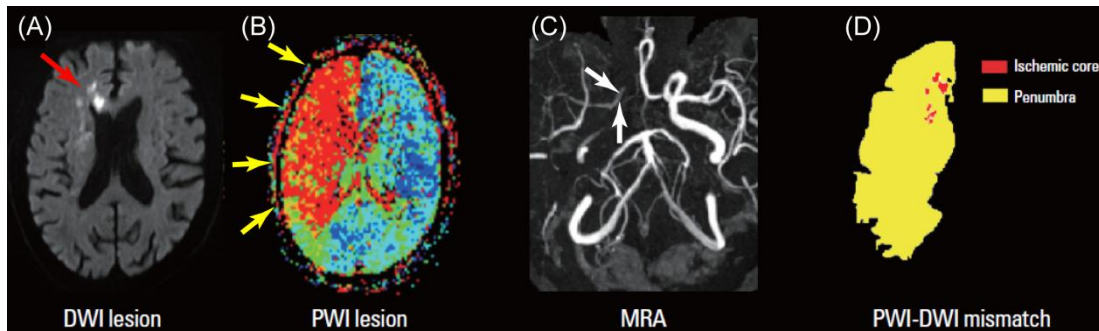


**Figure 2.10:** An example of CBF and CVR maps in a patient with severe intracranial arterial stenosis (SIAS) in CHU Grenoble Alpes. Results of CVR measured by BOLD-fMRI are highly correlated with CBF changes. The CVR impairments shown in the right hemisphere correspond to the significant decreases on CBF map.

## 2.3 Multiparametric MRI application in ischemic stroke

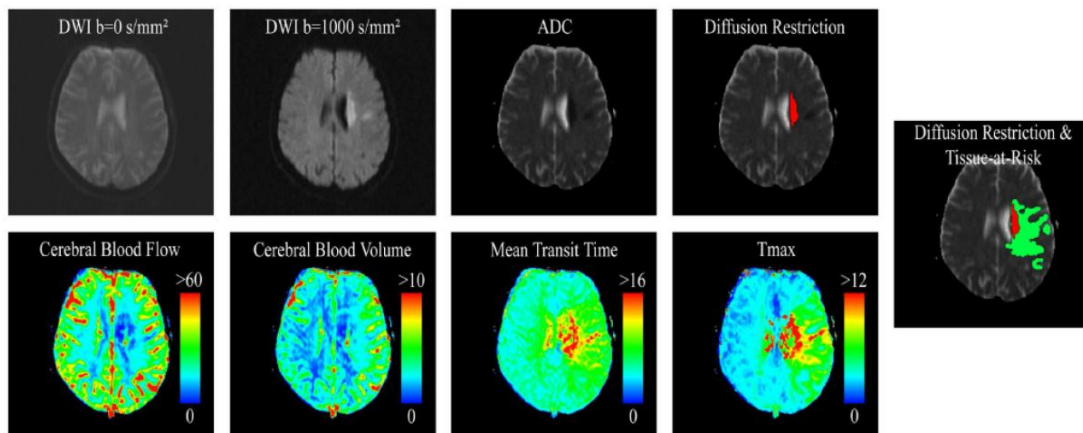
### 2.3.1 Mismatch of diffusion-weighted imaging / perfusion-weighted imaging

Decreases of water molecules self-diffusion can be detected by DWI within just a few minutes of ischemia onset, which probably concerned the physiologic consequences of ischemic injury such as metabolism failure and cytotoxic edema sign. PWI provides hemodynamic parameters reflecting stroke evolution by multiple semi-quantitative perfusion maps. These created maps may permit the identification of hypoperfused tissue, which assumed to be replaced gradually by the infarct core with the development of ischemia [Saver *et al.* 2006]. In routine clinical practice, the concept of penumbra+ delineating salvageable and irreversibly infarcted brain tissue in stroke patients, can be defined by the DWI / PWI mismatch, which shares a similar degree of reliability to PET, the gold standard [Heiss *et al.* 2000b] (Fig.2.11). The presence of a DWI / PWI mismatch could help justify the candidates for recanalization therapy beyond 3 h [von Kummer *et al.* 2012]. A significant DWI / PWI mismatch may be present up to 24 h or more after symptom onset with the volume progressively decreasing over time [Darby *et al.* 1999].



**Figure 2.11:** Different lesion volumes in AIS are shown with (A) DWI (red arrow) and (B) PWI (yellow arrows). (C) The 3D-TOF MRA proves the occlusion of the right MCA (white arrows). (D) DWI / PWI mismatch is mapped to show the penumbra, adapted from [Kim *et al.* 2014].

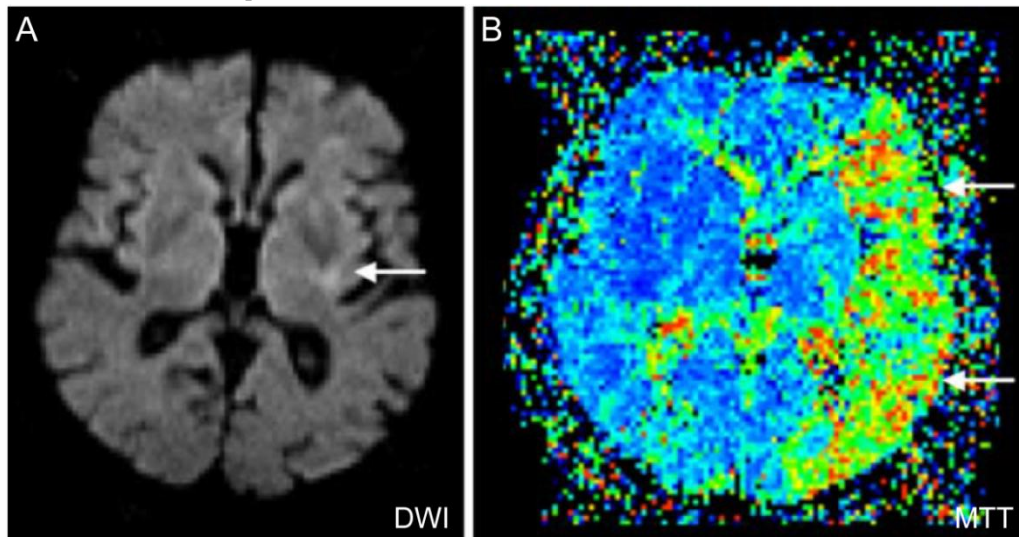
It was originally thought that the difference between the spatial extent of DWI hyperintensity and perfusion deficit reflected the penumbra area. This volumetric difference is widely used in clinical setting as a surrogate for TAR. TAR is the general therapeutic target for reperfusion, which derived from the combination of DWI and various perfusion-weighted parametric maps [Forkert *et al.* 2013] (Fig.2.12). However, now it has already realized that DWI-positive region in imaging findings can reverse in some stroke cases, so that the extent of deficits observed by PWI may not accurately reflect the true extent of the penumbra [Labeyrie *et al.* 2012].



**Figure 2.12:** Selected slice from a DWI dataset and corresponding ADC parameter used for definition of the area with diffusion restriction (red area), as well as corresponding perfusion parameter maps including CBF (mL / 100g tissue / s), CBV (mL / 100g tissue), MTT (s) and Tmax (s). Finally the TAR (green area) was brought out based on the DWI / PWI mismatch [Kaesemann *et al.* 2014].

Since it has been hypothesized that PWI reflects the complete hypoperfused area and DWI only the irreversible damage, the differentiation should be obvious by imaging technique [Jansen *et al.* 1999] (Fig.2.13). However, if there is no difference between these two volumes, or even a negative difference (DWI > PWI), it is termed a DWI / PWI match. Insignificant

penumbra in stroke patients may be caused by the normalization of prior hypoperfusion or completion of mature infarct lesion with total loss of chance to reverse [Parsons *et al.* 2002, Schellinger *et al.* 2003]. One criticism is that hypothesis followed this pattern does not take into account that the PWI-positive area also reflect oligemia, which is without risk and the corresponding DWI abnormalities do not necessarily turn into infarction [Kidwell *et al.* 2003].



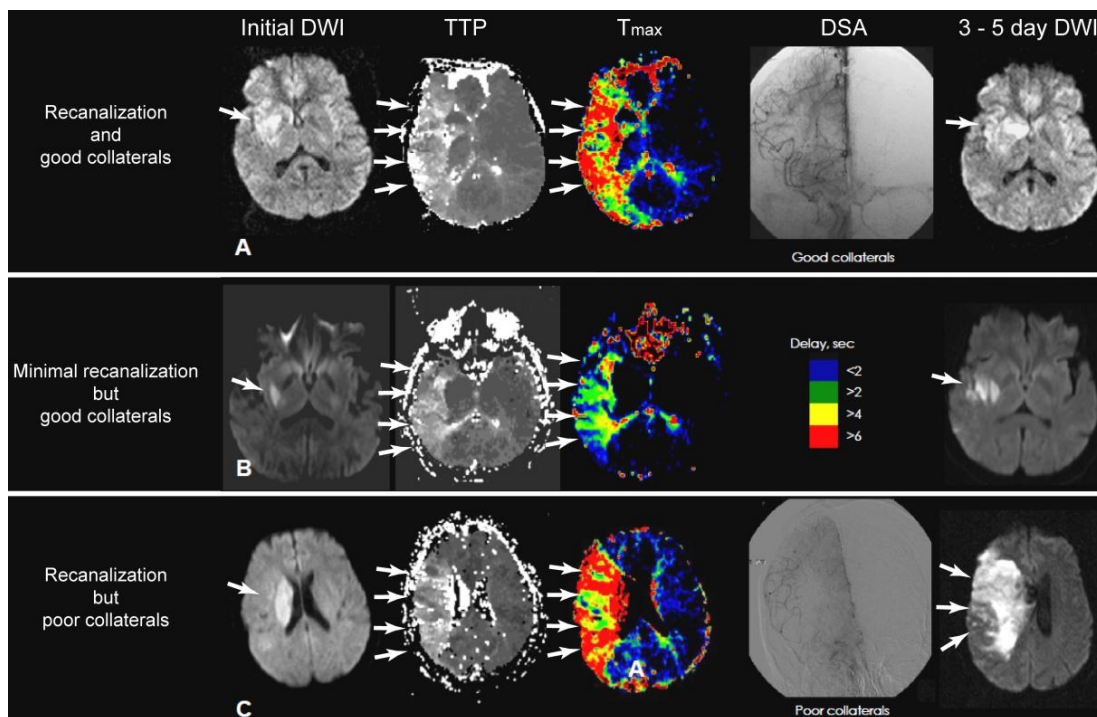
**Figure 2.13:** DWI / PWI mismatch in a patient with occlusion of the left MCA. (A) In DWI, the infarct core is limited to a small area (white arrow). (B) In MTT map, the corresponding perfusion abnormality is shown as a large area (white arrows). A significant volume of penumbra can be derived [Kloska *et al.* 2010].

Compared with the extensive and severe delay in time-domain perfusion parameters in DWI / PWI mismatch area, the increased CBV and hypointense vessels by the gradient recalled echo (GRE) sequence within the hypoperfused areas may suggest the presence of viable tissue in the lesion [Tamura *et al.* 2002, Lee *et al.* 2003]. Increased CBV reflects an efficient collateral blood flow soon after the occlusion of artery, which indicates the ability of ischemic tissue to compensate for the consequence due to decreased CBF [Hermier *et al.* 2005]. Areas indicated by hypointense vessels on GRE imaging are correlated with a large perfusion defect and arrival time delay, but an increased CBV, which reveals the destiny to become infarction during the subacute and chronic phases [Tamura *et al.* 2002, Hermier *et al.* 2003]. In clinical practice, if prominent collaterals exist in AIS when PWI acquisition for population in which intracranial occlusive disease is prevalent, time-domain PWI parameters may overestimate the perfusion severity and extent of ischemia, which should be interpreted with caution [Wu *et al.* 2001].

DWI / PWI mismatch can be applied for candidate selection in several clinical trials focusing on AIS treatment but few meaningful responses were acquired. In the Diffusion and Perfusion Imaging Evaluation for Understanding Stroke Evolution (DEFUSE) study, patients with DWI / PWI mismatch in the

time window of 3-6 h demonstrated more favorable clinical response after reperfusion compared to patients without such a DWI / PWI mismatch [Albers *et al.* 2006a]. However, this previous study had no placebo control group and it was not designed to demonstrate the efficacy of intravenous thrombolysis with MRI monitoring. In the Echoplanar Imaging Thrombolytic Evaluation Trial (EPITHET) study, infarct growth was compared between patients who received tissue plasminogen activator (t-PA) and those who received a placebo. The primary outcome measure was the attenuation of infarct growth using a ratio of geometric means [Davis *et al.* 2008]. But the results failed to demonstrate beneficial outcomes by using DWI / PWI mismatch evaluation in thrombolysis. The Desmoteplase in Acute Ischemic Stroke (DIAS) clinical trial was a phase 2 trial that employed a pre-randomization penumbral imaging screening as an indication for patient selection [Hacke *et al.* 2005]. Within 3-9 h of symptom onset, patients with ischemic stroke and at least 20% DWI / PWI mismatch as evaluated by visual inspection were included in trials. However, the results of the DIAS study have failed to prove the benefit of desmoteplase versus placebo in patients with penumbras identified by MRI.

In a prospective, multicenter study, pretreatment MRI could be used to differentiate between subgroups of stroke patients likely to benefit from reperfusion therapies given 3-6 h after stroke onset [Albers *et al.* 2006a]. In a 30-day follow-up, the DEFUSE trial group reported a significant association between recanalization and decreased infarct growth in patients with DWI / PWI mismatch who were under t-PA treatment within 3-6 hours after stroke onset [Olivot *et al.* 2008]. Patients who exhibited a target mismatch pattern had a favorable clinical response to recanalization therapy by the comparison of DWI and PWI lesion volumes [Bang *et al.* 2008] (Fig.2.14).

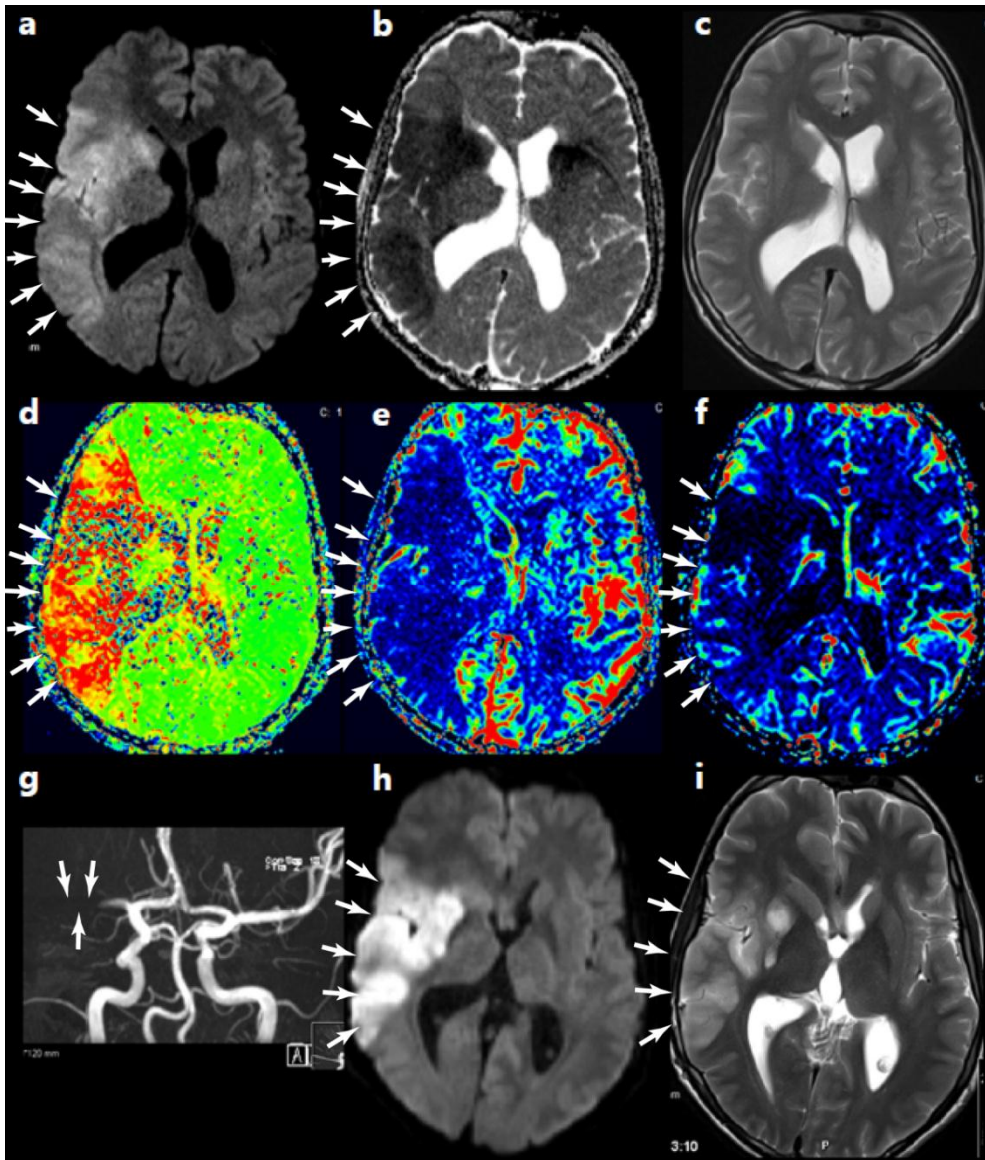


**Figure 2.14:** Pretreatment DWI and PWI findings and final DWI findings of three individuals with the target mismatch pattern (a PWI lesion that was  $\geq 10$  mL and  $\geq 120\%$  of the DWI lesion, white arrows). (A) a patient with a favorable clinical response and no infarct growth after complete recanalization, (B) a patient with good collaterals showing minimal or no marked infarct growth after recanalization, (C) a patient with poor collaterals and visible infarct growth despite recanalization, adapted from [Bang *et al.* 2008].

A limitation of the current DWI / PWI mismatch method is that DSC-PWI is unable to generate absolute values of CBF and CBV, and no consensus has been established regarding the optimal perfusion algorithm and mismatch volume threshold. Moreover, a diversity of postprocessing software is used to generate perfusion parametric maps with resulting discrepancy [Kane *et al.* 2007]. Therefore, a harmonized approach and consensus about the definition of DWI / PWI mismatch are necessary to make it comparable within all stroke centers [Wintermark *et al.* 2013]. Moreover, the further development of MR techniques is essential to the penumbra with a very restricted volume. If the penumbra is anatomically limited, even major salvage of target tissue may be without clinically detectable or relevant beneficial interventions [Fisher *et al.* 2000, Oppenheim *et al.* 2001].

### 2.3.2 Multiparametric routine clinical MRI selections

For individual image acquisitions in ischemic stroke, a series of MRI protocols with different signal contrast weightings, are assembled aiming at the detection of stroke lesion, the differentiation of salvageable tissue and the exclusion of ICH or other cerebrovascular diseases, which lead to a better understanding of stroke evolution and decision on therapy [Leiva-Salinas *et al.* 2011]. Each MRI protocol probably provides partial characteristic of lesions with active pathological brain tissue and corresponding occluded vessels based on a description including number, size, location and signal intensity of impaired regions in the brain. A combined clinical application of different MRI protocols previously mentioned in this chapter can be designed for both identification and / or differentiation based on morphologic and hemodynamic features in stroke monitoring [El-Koussy *et al.* 2014] (Fig.2.15).

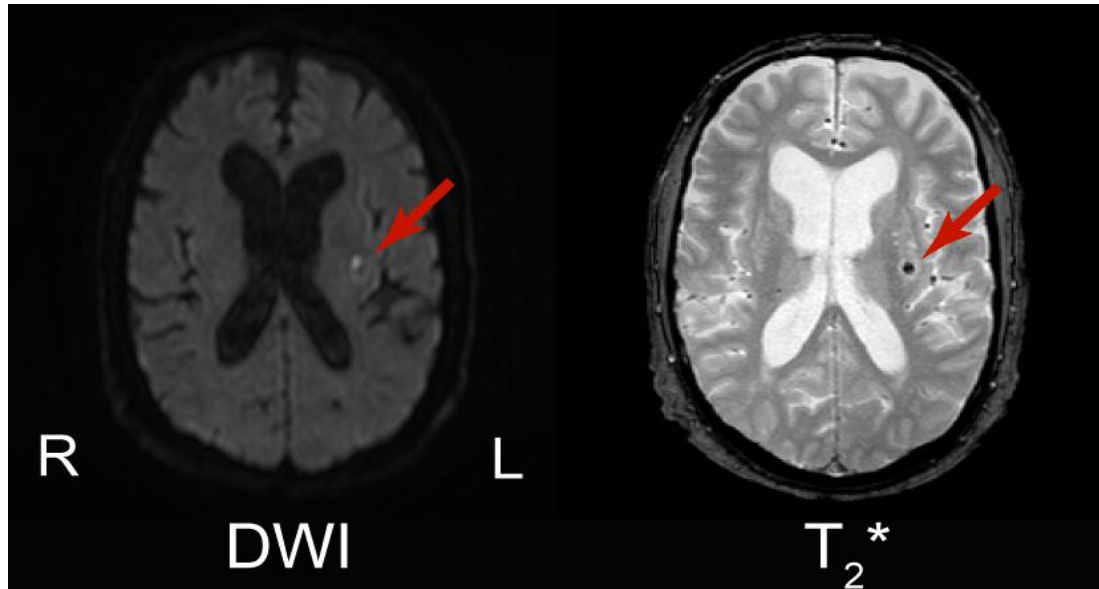


**Figure 2.15:** A classical combined application of MRI protocols for a hyperacute MCAo in the right hemisphere. (a) DWI (b value = 1000) clearly shows the area of acute ischemia as hyperintensity (arrows). (b) Corresponding ADC map is generated automatically to demonstrate the accurate diffusion-restricted range of free water as hypointensity (arrows). (c) The hyperacute stroke is not yet detectable on the conventional T<sub>2</sub>WI. Perfusion MRI maps including (d) MTT, (e) CBF and (f) CBV reveals the delayed arrival time, low blood flow and diminished blood volume in the lesional region separately (arrows). (g) The occlusion of the M1-segment (arrows) is clearly depicted on the TOF MRA. (h) The 24 h-follow-up DWI shows the ultimate extent of the infarction (arrows). (i) The lesion is visible on 24 h-follow-up T<sub>2</sub>WI (arrows), adapted from [El-Koussy *et al.* 2014].

Generally, typical comprehensive combinations of stroke MRI protocols consist of DWI, FLAIR, TOF MRA, PWI, routine T<sub>2</sub>WI and / or T<sub>2</sub>\*WI, which mainly focus on acute phase. One protocol may compensate for the deficiencies of the others based on its imaging principle and characteristic. For



example, imaging data from  $T_2^*$  can be analyzed with DWI to raise the accuracy in diagnosis of ICH (**Fig.2.16**). Prediction of HT in the infarcted tissue, especially after reperfusion, can be achieved by observing the hyperintensity on FLAIR in the CSF space and parenchymal enhancement on CE-T<sub>1</sub>WI [Latour *et al.* 2004, Hjort *et al.* 2008].



**Figure 2.16:** An example of a 68-year-old patient in CHU Grenoble Alpes with a small ICH lesion in left basal ganglia. It represents as a region of hyperintensity on DWI and hypointensity on  $T_2^*$ WI (red arrows).

The combined use of FLAIR and DWI helps to distinguish acute from subacute and chronic stroke lesions. Because CSF tends to gather within the area of infarct core during the progression of stroke, application of FLAIR combined with DWI can improve the recognition of new lesions near sites of prior ischemic injury, potentially providing insight into concerned pathophysiology and stroke subtype [Liu *et al.* 2015].

The DWI / FLAIR mismatch refers to lesion visible on DWI but not on FLAIR, which has been used as a surrogate marker for estimating the duration of lesion development in stroke with unknown onset, and can help determine the use of thrombolytic agent [Madai *et al.* 2016]. Patients with DWI / FLAIR mismatch are likely to be within the time window for thrombolysis, the specificity and predictive value of which have both been shown to be higher than 90% respectively [Thomalla *et al.* 2009]. Finally, in the reperfusion therapy in unclear-onset stroke based on MRI evaluation (RESTORE) trial, such patients within 6 h of symptom detection with DWI / PWI mismatch > 20% and negative or subtle FLAIR representation, were treated with t-PA or endovascular approach, and MRI-determinate reperfusion therapy was proved to be feasible and safe [Kang *et al.* 2012b]. The DWI / FLAIR mismatch also works to demonstrate the safety and good clinical outcome of acute recanalization therapy in patients with stroke in the anterior circulation and

unknown time of onset [**Mourand et al.** 2016].

However, potential confounding factors that interfere with the diagnostic accuracy of DWI / FLAIR mismatch also exist. In addition to the unclear stroke onset time, BBB permeability affected by premature age and too large lesion size may cause altered FLAIR intensity [**Thomalla et al.** 2011, **Kim et al.** 2014]. Besides biological variations in individual situation of stroke patient, statistical analysis has also suggested that DWI / FLAIR mismatch may be not definitely associated poor outcome of HT, which means the selecting wake-up stroke patients by DWI / FLAIR mismatch standard may exclude a large group of patients who might benefit in therapeutic trial [**Odland et al.** 2015].

Flow-sensitive TOF MRA is a prior choice for the evaluation of intracranial arteries, while CE-MRA is feasible to provide a true lumenography for a combined assessment of both intracranial and extracranial cervical arteries [**Hassan et al.** 2013]. Extent of collateral circulation can be evaluated based on CE-MRA and PWI, which helps predict the final infarct volume and thus the prognosis [**Angermaier et al.** 2011].

Anatomical peculiarities of congenital vascular variation or malformation may handicap the operation of stroke therapeutic intervention, which can be demonstrated by morphological MR sequences, such as MRA / CE-MRA [**El-Koussy et al.** 2014]. CE-T<sub>1</sub>WI can show arterial enhancement in some hyperacute ischemic stroke cases, probably based on local slow blood flow velocity. It also provides additional information on the differential diagnosis to rule out other intracranial diseases such as tumor or inflammatory disease [**Srinivasan et al.** 2006]. So these techniques may help to describe an exact presence of lesion and define a correct diagnosis when applied with other MRI sequences in the evaluation of stroke.

However, the clinical significance of a combination of single conventional MR sequences remains controversial. Information from imaging evidence may not be efficiently predictive for a certain pathophysiological phenomenon during stroke evolution. Furthermore, the results from imaging data should be considered with caution for clinical decision because of the underestimation or overestimation of true state of stroke progression such as TAR, lesion growth and collateralization [**Mezzapesa et al.** 2006]. The application of current conventional MRI protocols is still inadequate to reflect an exact, follow-up change of stroke lesion development due to the lack of a standard for the justified selection among all these parameters. Optimization of analytic methods for present imaging techniques may have potential to solve this problem.

The benefits and limitations of multiparametric MRI application for stroke are summarized in **Tab.2.3**.

**Table 2.3:** Summary of multiparametric MRI application for stroke

<b>Multiparametric MRI protocols</b>	<b>Clinical benefits</b>	<b>Limitation</b>
DWI / PWI mismatch	definition of penumbra (help set therapeutic trials and predict outcomes)	no absolute values of CBF and CBV; lack of a harmonized approach and consensus in different centers; deficiency of imaging technique for the detection of anatomically limited penumbra; contraindication for patients with poor renal function
DWI and T <sub>2</sub> <sup>*</sup>	exclusion of ICH	-
DWI / FLAIR mismatch	definition of stroke lesion phase	-
MRA / CE-MRA and PWI (DSC)	assessment of collateral circulation	contraindication for patients with poor renal function
Conventional stroke sequences and CE-MRA	definition of congenital vascular variation or malformation	contraindication for patients with poor renal function
Conventional stroke sequences and CE-T <sub>1</sub> WI	prediction of HT in ischemic stroke (FLAIR and CE-T <sub>1</sub> WI); exclusion of other cerebral diseases (tumor, inflammatory disease, etc.)	contraindication for patients with poor renal function

# Chapter 3

## Overview of methods for MR imaging analysis

In Chapter 2, current MRI techniques in stroke application have been introduced in detail. These techniques provide information of physiologically distinct characteristics of stroke from the very beginning of ischemia to a long-term follow-up. An overall comprehension of stroke progression can be derived from the combination of multiparametric MR images. In simple terms, the conventional MR images help to identify basic anatomical features such as location, extent, and quantity of lesion. The diffusion images can reflect lesion volume, edema and other complementary information for conventional sequences. Perfusion images can evaluate the hemodynamics influenced by stroke and define the salvageable tissue with corresponding diffusion images. With plenty of imaging data, clinical trials can be well designed based on objective evaluation of stroke evolution, accurate decision of treatment selection, and effective reflection of therapeutic reaction. A reasonable method of imaging analysis used for all measures from different imaging protocols can quantify the stroke-induced changes and bring about intraindividual comparison between different durations and interindividual comparison between objects with different interventions or outcomes, even from different centers. In this level, multiparametric imaging analyses focus on the features of the lesion rather than global changes, especially for those which are invisible or nullified by routine screening.

In this chapter, both frequently-used and newly-developed imaging analysis methods will be introduced. By means of these methods, new insights could be obtained into the characteristics of brain insults, mainly solid lesions. Due to the popular option in brain tumor, this pathology will be on target for most illustrations of imaging analysis methods.

### 3.1 Region of interest

A subset of pixels in an input image is the basic for image analysis task, which can be selected as samples in a data set identified for a specific purpose. Target containing these selected pixels is termed the region of interest (ROI). The ROI selection may be fairly arbitrary for a general test or particularly purposeful for the representation of designated imaging characteristics. The application of a ROI is widely used in medical imaging analysis for identification of lesion, comparison of tissue contrast and measurement of volume. Since ROI analysis provides benefits in image-based research, the definition of ROI is part of a more general concept and also the premise of image segmentation with following data analysis. ROIs can be defined both in terms of structural and functional features. Structural ROIs are generally defined according to anatomical knowledge. Due to the individual substantial variability, ROIs are

normally set for each subject. With developments in segmentation methods, some anatomical structures in images can be reliably defined with a minimum manual intervention [**Fischl et al.** 2004].

In the evaluation of ischemic stroke evolution or relevant therapeutic effect, the whole lesion identification and the infarct volume computation are important to reflect the severity of ischemic injury from onset of stroke to post-reperfusion.

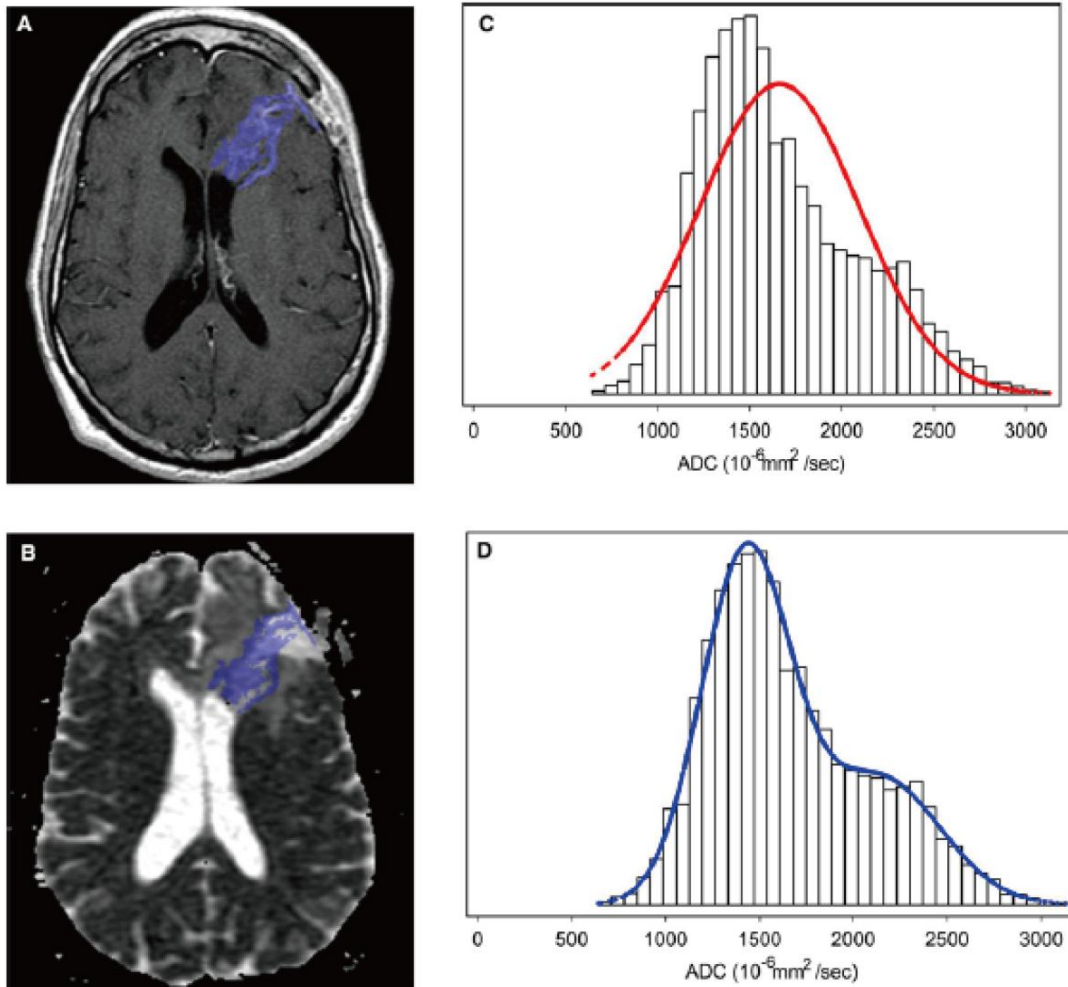
The ROI definition of stroke lesion is mainly based on the morphological feature and signal changes in MR images. It can be segmented both manually and automatically. Manual delineation of a ROI, as the most common method, generally takes the first step in various studies. So we could think it as the premise which is entirely possible to affect the final results. However, due to the limited spatial extent, manual ROI can be replaced by a global segmentation, normally semi- / automatically. Automatic imaging segmentation methods based on different theories and algorithms may lead to similar outputs although respective deficits exist. A detailed introduction of current imaging segmentation methods has been made in Chapter 8 (Appendix 1). Briefly, automatic segmentation methods can be used for different purposes, mainly focusing on distinction of anatomical structures in healthy brain of multiple populations and separation of tumor contour from original background that initially confounds the observer by the naked eye. Since the sequence-specific MRI findings provide huge information of stroke in different phases to help classify subtypes, evaluate extent, determine infarct age and guide the treatment selection, and dealing with stroke is generally in critical conditions, the routine imaging analysis is sufficient [**Allen et al.** 2012]. Still, global segmentation of brain suffering from stroke has been reported, mainly through hybrid segmentation method such as the Markov random field (MRF) with random forest classification [**Mitra et al.** 2014], thresholding with subtracted atlas [**Tsai et al.** 2014] and multiple modalities [**Kabir et al.** 2007, **Maier et al.** 2015] (cf. 8.2).

## 3.2 Histogram analysis

Once the target image has been segmented spatially based on the MR signal changes, various metrics which reflect class distribution of the imaging data can be extracted. From the selected ROI, one can simply extract the mean value and its standard deviation of an imaging parameter. However, a classic metric of descriptive statistic may differ from each other. It depends on whether the parametric values of the ROI have typicality to represent the feature of classification. To refine analysis, histograms can help to lead to a more accurate and objective description of the imaging data.

A histogram is the most commonly used graphical representation to show the probability distribution of a continuous quantitative variable by depicting the frequencies in certain ranges of values. This method provides a rough estimation of the data density in medical application. In clinical cases, histogram methods were used for the MR imaging analysis of brain tumor and hypoxic-ischemic encephalopathy (HIE) [**Pope et al.** 2009, **Cauley et al.** 2014]. In tumor progression-free survival assessment, the data on the basis of mean values of the histogram analysis was dichotomized to provide more accurate information on the parametric value classifiers and the lesion volume change

[Pope *et al.* 2009, Pope *et al.* 2012] (Fig.3.1). However, changes detected in mean values of a single parameter for the prediction of therapeutic efficacy have hampered the clinical utility because of tumor heterogeneity and suboptimal methods of digital image analysis. Since the histogram analysis on mean values may be no efficient to represent the accurate progression of disease, the pressing need of a new imaging biomarker of early treatment response is necessary [Moffat *et al.* 2005].



**Figure 3.1:** An example of a recurrent glioblastoma (GBM) case. (A) An axial post-contrast T<sub>1</sub>-weighted image and (B) a co-registered ADC map show the MR signal characteristics of the lesion. (C) An asymmetrical, broad and dual-peaked ADC histogram with a poorly-fitted single distribution curve and (D) an ADC histogram with two components separated with two normal distribution fitting curve are generated corresponding to the original MR images [Pope *et al.* 2012].

### 3.3 Texture analysis

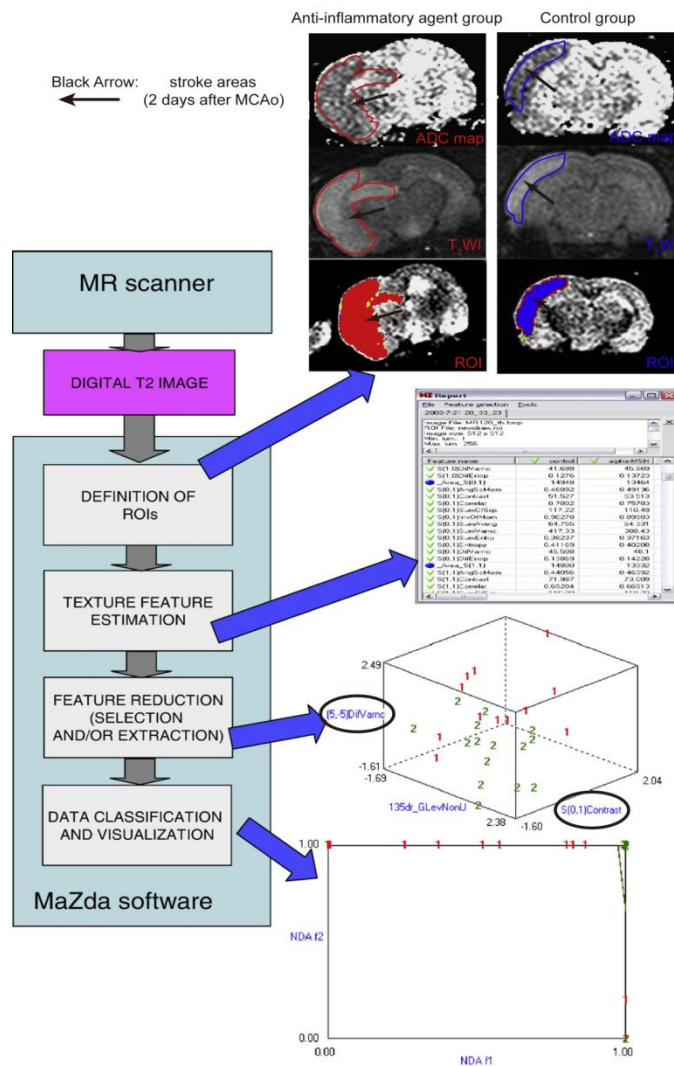
Conventionally, imaging analysts perceive and recognize image patterns and associate the identification consistent with their training, experience and individual judgment. It follows that there will be an inevitable degree of variability in image interpretation as long as it relies primarily on human visual perception.

Tools for automated pattern recognition and image analysis can provide objective information to support clinical decision-making and may effectively reduce this variability. An alternative is texture analysis (TA), which is displayed by a wide range of techniques that enable quantification of the grey-level patterns, pixel interrelationships and the spectral properties of images. Texture parameters are used to characterize the underlying structures of the observed tissues [Sikio *et al.* 2014]. Feature extraction from the images is the first step of TA, from which the results can be used for texture discrimination, texture classification or outline determination. Information of variation in surface intensity or patterns, including that are imperceptible to the human visual system can be provided by TA. It has already demonstrated considerable potential in MR neuroimaging as an objective strategy for lesion segmentation and characterization by examining the nature of grey-level transitions, particularly in cases in which the lesions are inseparable on the basis of standard sequences such as  $T_1$ ,  $T_2$ , proton-attenuation, and DWI [Tourassi *et al.* 1999]. Additionally, TA can provide the underlying textural features which assist in monitoring disease progression or longitudinal observation of emerging therapies. Furthermore, it has been shown to increase the level of diagnostic information extracted from other imaging modalities rather than MRI [Garra *et al.* 1993, Ito *et al.* 1995].

The application of TA can be restricted to a set of pre-defined ROIs if the spatial extent of the lesion is identified by an independent means. In the selection of ROI or imaging data size, the investigator should balance the need to capture sufficient textural information for classification purposes with the desire to avoid including the ROI or whole image that span multiple tissue categories [Kassner *et al.* 2010].

In the case of acute ischemic stroke (AIS), due to the risk of hemorrhagic transformation (HT), the thrombolysis approach is limited within a narrow time window [Shobha *et al.* 2011]. Based on the role of blood-brain barrier (BBB) disruption before HT, the texture features which reveal the differences in the complexity and homogeneity of HT-prone stroke infarcts can be evaluated by first-order and 2D grey-level co-occurrence matrix (GLCM) from post-contrast  $T_1$ -weighted spin-echo images of AIS. Metrics constructed by the GLCM distances reveal information on the spatial distribution of pixel values which are regarded to bring together the features of microtexture [Pantic *et al.* 2013]. As the final result, contrast and correlation are thought to be capable of predicting HT and were much more sensitive predictors than conventional visual assessment of post-contrast  $T_1$ WI [Kassner *et al.* 2009].

TA can also be used in the assessment of ischemia-associated treatment. The inflammatory factor is an underlying mechanism which influences the progression of ischemic stroke [Amantea *et al.* 2014]. To investigate the therapeutic potential of anti-inflammatory agents in post-ischemia, the texture parameters were applied to detect early differences in  $T_2$ WI of stroke depending on anti-inflammatory agents and the correlation between texture features and changes in ADC and  $T_2$  maps [Chen *et al.* 2010] (Fig.3.2).



**Figure 3.2:** Texture analysis flowchart: T<sub>2</sub>WI acquired from MR scanner is loaded to the MaZda software, then ROIs containing image texture are defined. After textural features are computed, distribution of three texture parameters is presented for classification. Finally, data classification is performed by means of nonlinear discriminated analysis (NDA). Transformation of three original features is presented, resulting in two NDA features. As the results mentioned, two texture parameters (black circle), which indicate contrast and co-occurrence matrix-based feature estimated as a variance of differential distribution respectively, are capable of distinguishing infarct segments between treated group and control group, adapted from [Chen *et al.* 2010].

Image features contained a large amount of information which naked eye cannot reach, whereas TA could be the alternative for assessing structural properties of images in detail, including homogeneity, complexity and disorder level [Pantic *et al.* 2013]. In chronic ischemic stroke, correlations of DTI and texture analysis parameters showed that the two methods mainly reveal different information and could both assist in detecting tissue damage due to stroke outside the infarct core area [Xie *et al.* 2012]. The textural parameters, angular second moment (ASM) and entropy (ENT) characterize the homogeneity of the matrix entries. The results indicated that the damaged brain structure on ipsilateral hemisphere is more heterogeneous and random in texture than the unaffected areas in the contralateral hemisphere, which is easily hidden by the general naked eyes observation [Sikio *et al.* 2014].

### 3.4 Voxel-based analysis

Advances in updated equipment, imaging techniques, targeted probes, and contrast agents provide benefits in various diseases by a rich-feature dataset, especially in monitoring of tumor therapy response [Abramson *et al.* 2013]. So



we cite an instance of tumor for the statement of current predicament in imaging data analysis.

The increased toolbox of techniques provides more details in the characterization and interrogation of tumor evolution. So the Response Evaluation Criteria in Solid Tumors (RECIST) was defined as the clinical standard criteria for assessing the post-treatment follow-ups [**Eisenhauer et al.** 2009]. One of the key metric in RECIST is the linear measurement of the longest diameter of a tumor or sum of multiple tumors obtained from anatomical tumor images. The characteristics of tumor dimension have been fundamental to the integration of imaging in routine clinical practice. Additionally, the MRI-derived metrics beyond morphological measurement such as DWI and PWI results may be more sensitive to reflect the overall response to treatment [**Ingrisch et al.** 2013, **Sourbron et al.** 2013]. These multimodal image-derived metrics are extracted from whole tumor volume-of-interest (VOI) contours. Histogram analysis of the quantitative voxel values contained within this target lesion follows [**Jones et al.** 2010]. Histogram analysis allows for quantification of the image-based VOI assessment, as mentioned in 3.2.2. The mean value where tumor response is quantified by the magnitude of change from baseline following treatment is evaluated by this approach. However, metrics of the whole tumor are thought to be representative when tumor evolution is relatively homogeneous. In other cases, these VOI-based measures may be less sensitive for detecting treatment-associated changes in longitudinally acquired scans in the presence of intra-tumor heterogeneity where local changes are spatially varying within the mass [**Boes et al.** 2014].

Current observation for treatment response evaluation in brain tumor relies on changes in the maximal crossed-diameter product (CDP) of the tumor at each set time point of a therapeutic protocol, which have been correlated with increased survival for patients with high-grade gliomas treated with primary radiation therapy [**Chisholm et al.** 1989, **Barker et al.** 1996, **James et al.** 1999]. Improvements in individual-specific imaging-based metrics are important to obtain an objective reflection of treatment response correlated with clinical trial outcome. A surrogate biomarker for the efficacy evaluation might enable earlier detection to guide suitable clinical decisions and adjust ongoing therapy to alternative, because the general period for treatment monitoring is always weeks to months from the onset of the therapeutic protocol [**Behin et al.** 2003, **Yankeelov et al.** 2013].

Early therapeutic response readouts during the treatment may be explained by the emerging heterogeneity exposed by voxel-based analysis. The intralesional heterogeneity can be thought as self-characterized feature or therapeutic reaction to the intervention. The former situation can lead to different outcomes of individuals with similar imaging representation using summary metrics extracted from whole lesion volume contours, while the latter situation may result in early identification of therapeutic efficacy using more sensitive response metrics, as mentioned above [**Tsien et al.** 2010, **Lestro Henriques et al.** 2015]. Changes of quantitative voxel values contained within the target ROI in histogram MR metrics can be minimal and uniformly shifted with a corresponding net shift in the mean value or have similar numbers of voxels with increased and decreased values, thus nullifying the overall histogram shift. However, robust

measures can be exploited by voxel-based analysis when value changes within the lesion are relatively heterogeneous rather than homogeneous [Boes *et al.* 2014]. In the following section, we focus on the spread of a relatively new voxel-based imaging analytic methodology.

### 3.4.1 Principle of the parametric response map (PRM): a voxel-wise methodology

DWI itself is a sensitive metric that is able to detect early tumor-associated edema and tumor cellularity changes during the treatment, which precede macroscopic volumetric response [Ellingson *et al.* 2010]. In addition, it also allows the identification of spatially distinct regional response to the therapy within tumor tissues [Ross *et al.* 2003, Hall *et al.* 2004, Moffat *et al.* 2004]. Whole-tumor analysis is the most common technique for assessing therapeutic response, typically comparing post-therapy or mid-therapy mean ADC value changes to pre-therapy ones. However, the response of ADC to cytotoxic therapy in the clinical setting has been revealed to be more complex due to heterogeneity observed within tumors [Chenevert *et al.* 2000, Mardor *et al.* 2003, Mardor *et al.* 2004]. During the treatment of patients with malignant brain tumors, it has been shown that diffusion changes could both increase and decrease over time within the same tumor volume, which means loss and gathering of intracellular space separately, especially for therapies with modest efficacy [Moffat *et al.* 2005, Moffat *et al.* 2006]. Assessing the changes in overall tumor mean ADC value can lead to a diminution of sensitivity for the ADC measure because of divergent changes in tumor ADC values after treatment.

As a new pattern of imaging data statistical approach, the PRM, which initially used only in ADC maps, has been developed for segmenting tumors based on a defined threshold of ADC value changes following therapy.

Theoretically, the procedure of PRM analyses on each kind of voxel-based map is achieved and similar. Here, the generation of PRM<sub>ADC</sub> will be described in details as an example:

- 1) All images were co-registered onto a reference sequence (generally T<sub>2</sub>WI or FLAIR) of the initial time point (baseline) using a fully automated, affine, mutual information-based, simplex optimization algorithm (co-registration function in SPM12 free software, distributed under the terms of the GNU General Public License as published by the Free Software Foundation);

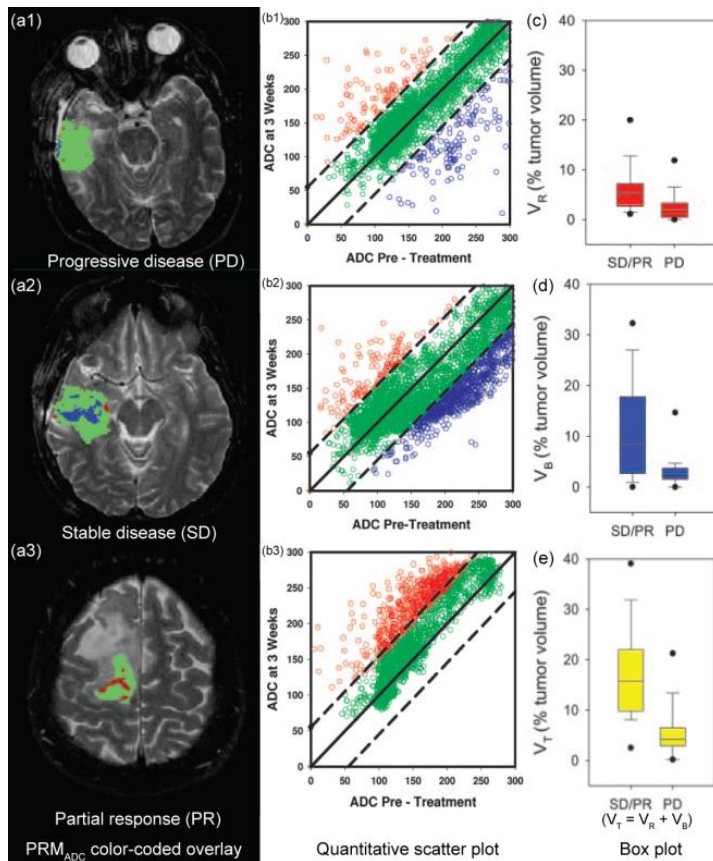
- 2) The 95% confidence interval (CI) was computed for the classification of ADC values. Briefly, we empirically calculated the threshold that yields a significant change in ADC value for each voxel between the baseline and the target time point using a reference of healthy tissue in undamaged brain (the mirrored ROI of the lesion in the contralateral hemisphere or the lesion ROI in the ipsilateral hemisphere of the sham object). The ADC threshold was determined by the 95% unchanged CI resulting from linear least squares analysis on the data combined from all the reference objects;

- 3) PRM<sub>ADC</sub> maps were determined by calculating the difference between ADC within the lesion at the baseline and at each following time point. Red voxels represent voxels within each lesion with an increase in the ADC value (beyond the CI), blue voxels represent voxels with a decrease in the ADC value (below the CI), and green voxels represent voxels within each lesion with an

unchanged ADC value (the absolute value of  $\Delta ADC$  varies less than the CI).

Therefore, all voxels within the lesion volume were segmented into three fractions:  $PRM_{ADC+}$  (increased ADC, denoted red),  $PRM_{ADC-}$  (decreased ADC, denoted blue), and  $PRM_{ADC0}$  (unchanged ADC, denoted green). The same analytic procedure can be applied to all the target maps after determining their respective CIs.

The PRM approach has been proven as an early and quantitative imaging biomarker of clinical brain tumor treatment outcome in the past decade [Hamstra *et al.* 2005, Moffat *et al.* 2005] (Fig.3.3).

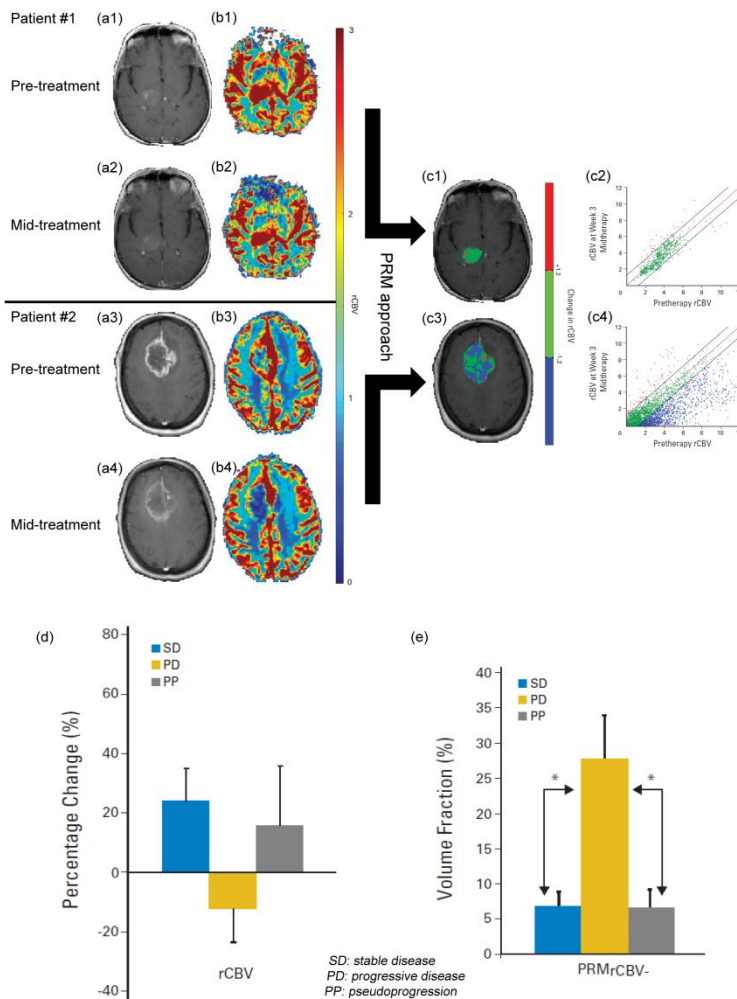


**Figure 3.3:** ADC maps are obtained from three representative patients with GBM treated with fractionated radiation therapy and either adjuvant or concurrent temozolomide therapy (week 3 and week 7) and then classified as PD, SD and PR. The regional spatial distributions of ADC changes in an axial slice containing the tumor are shown as color-coded overlay for (a1) PD, (a2) SD and (a3) PR separately. The red voxels indicate regions with increased ADC, whereas the green and blue voxels indicate regions with unchanged and decreased ADC, respectively. (b1-b3) The corresponding quantitative scatter plots

from (a1-a3) show the distribution of ADC changes for the whole tumor volume. Box plots reflect the percentage of ADC changes within total tumor volume for SD / PR and PD groups. (c) The volume within the tumors with significantly increased ADC value was denoted red. (d) The volume within the tumors with significantly decreased ADC was denoted blue. (e) The total volume of tumors that experienced any significant change in ADC was denoted yellow, adapted from [Hamstra *et al.* 2005].

This voxel-based method for processing longitudinally acquired MRI data has been further generalized to multimodal applications including DSC-MRI wherein it has been shown to possess significant sensitivity for early cancer treatment response over VOI-based metrics [Galban *et al.* 2009a]. Because accurate therapeutic response assessment in brain tumors has strong clinical implications in patient management, multiple choices of the MR sequences and imaging protocols are essential to get an overall conclusion. It is also reliable to

distinguish true progression from pseudoprogression based on the post-therapy tumor heterogeneity revealed by PRM [Tsien *et al.* 2010] (Fig.3.4).



**Figure 3.4:** CE-T<sub>1</sub>W images and rCBV maps with color scale are shown in 2 patients at baseline and after 3 weeks of chemoradiation therapy. (a1, a3) Pre-treatment and (a2, a4) mid-treatment CE-T<sub>1</sub>W images, (b1, b3) pre-treatment and (b2, b4) mid-treatment rCBV maps of patient no.1 with PP and patient no.2 with PD are shown separately. (c1, c3) PRMs of rCBV color-coded overlay and (c2, c4) corresponding quantitative scatter plots of patient no.1 with PP and patient no.2 with PD are derived from the relevant original rCBV maps separately.

Voxels are designated red with significant increase in rCBV, green for voxels remain unchanged (the absolute value of rCBV varies less than the 1.2) and blue for a significant decrease in rCBV. (d) No difference is noted between patients with PP and PD by analyzing whole tumor average rCBV changes. (e) A statistical significance in fractional tumor volume with rCBV decrease during the chemoradiation therapy (after 3 weeks) versus baseline is shown in patients with PP and PD, adapted from [Tsien *et al.* 2010].

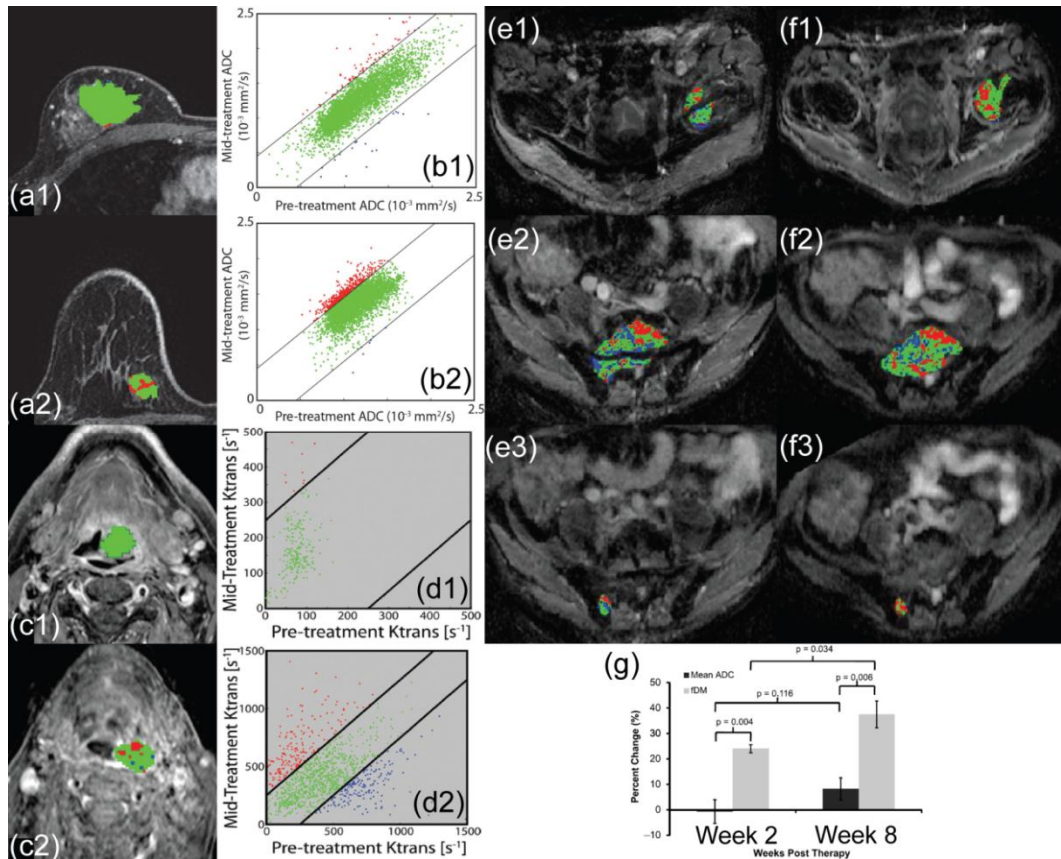
In summary, with respect to assessment of treatment in patients with malignant brain tumors, enhanced advancements in neuroimaging techniques of both radiology and nuclear medicine offer detailed functional and quantitative information on both adult and pediatric brain tumor heterogeneity [Galban *et al.* 2011, Grech-Sollars *et al.* 2014]. As for MRI system, while early application of the voxel-based methods was termed fDM as it was singly applied to ADC map [Hamstra *et al.* 2005, Moffat *et al.* 2005, Hamstra *et al.* 2008, Ellingson *et al.* 2012a, Ellingson *et al.* 2012b]. More recently, it has been referred as PRM, which can be generalized and applied to multiple imaging modalities including

MRI, CT, PET, etc [Galban *et al.* 2009a, Chiba *et al.* 2012, Galban *et al.* 2012, Harris *et al.* 2012, Hoff *et al.* 2012].

### 3.4.2 Applications of parametric response map in other diseases

DWI sequence and corresponding ADC map are widely used in the various diseases of whole body. Since PRM assessment of the heterogeneity appears as a promising imaging biomarker in efficacy between patients with malignant brain tumors, theoretically the extension of ADC-mediated PRM analysis has potential to be applied besides the brain, including breast cancer [Sinha *et al.* 2002], rectal carcinoma [Kremser *et al.* 2003], uterine fibroids [Liapi *et al.* 2005], prostate cancer [Sinha *et al.* 2004], head and neck tumors [Wang *et al.* 2001] and liver metastases [Theilmann *et al.* 2004].

Several published results have shown the successful applications of PRM in different diseases outside brain. It has been testified that PRM has great potential for the revolutionary imaging analysis in multiple targets of organ based on diversified image platforms. For example, a PRM analysis for ADC values appears to provide an improved sensitivity over histogram-based mean ADC changes for early response assessment in patients with breast cancer undergoing neoadjuvant chemotherapy (NAC) [Galban *et al.* 2015b]. It also has the potential to provide both prognostic and spatial information during the nonsurgical organ preservation therapy (NSOPT) of head and neck squamous cell carcinoma (HNSCC) [Galban *et al.* 2009b]. For the metastatic prostate cancer to the bone, the potential application of this approach has been proven to be sensitive to assess early changes in therapeutic response of solid bone lesions [Lee *et al.* 2007b] (Fig.3.5).



**Figure 3.5:** A summarized example to show the multiple applications of PRM approach in various diseases besides brain tumor.  $PRM_{ADC}$  (a1, a2) and corresponding scatter plots (b1, b2) of two patients with primary breast cancer are shown for a representative non-responder (a1, b1) and responder (a2, b2) to NAC [Galban *et al.* 2015b].  $PRM_{Ktrans}$  color-coded ROIs superimposed on pre-treatment CE-T<sub>1</sub>W images (c1, c2) and corresponding scatter plots (d1, d2) of two patients with HNSCC stratified by  $PRM_{Ktrans}$ - (the blue voxels) as good prognosis (c1, d1) and poor prognosis (c2, d2) [Baer *et al.* 2015].  $PRM_{ADC}$  analysis of metastatic prostate cancer to the bone at week 2 (e1-e3) and week 8 (f1-f3), after a combined treatment of androgen blockade with bicalutamide and goserelin acetate, and radiation are presented on the right column. The  $PRM_{ADC}$  color-coded overlay provides a visual representation of femoral head lesion (e1, f1), sacral lesion (e2, f2) and ilium lesion (e3, f3) with large regions of increased ADC (red voxels). (g) Statistical significances are revealed by the comparison of mean ADC value and  $PRM_{ADC}$  approach in the osteolesions, adapted from [Lee *et al.* 2007a].

This analytic method is feasible not only for MRI parameters but also for all other digital imaging approaches in form of voxels / pixels. Once PRM has been demonstrated as a novel quantitative imaging biomarker to assess phenotypic contributions of functional small airways disease (fSAD) and emphysema in chronic obstructive pulmonary disease (COPD) from inspiratory and expiratory lung CT images [Galban *et al.* 2012]. For another example, loss of bone mass due to disease such as osteoporosis and metastatic lesions to the bone is the leading cause of bone weakening and possibly orthopedic complications like bone fracture [Krestan *et al.* 2011]. PRM is also capable of identifying local changes in bone mineral earlier than whole-bone mean statistics by standard

CT-based protocols in a preclinical research. It is able to detect changes in bone mass with higher sensitivity and spatial location than conventional CT scans, which may provide information on clinical decision making for human suffering from bone loss [Hoff *et al.* 2015].

The advantages and drawbacks of different imaging analysis strategies introduced in this chapter are summarized in **Tab.3.1**.

**Table 3.1:** The strengths and challenges of different imaging analysis methods

	<b>Strengths</b>	<b>Challenges</b>
<b>Whole ROI-based analysis</b>	Manageable; Visually observable; Widely-accepted; Instant comparability	Limited spatial extent; Nullification of the overall value shift; Dependency on ROI contours
<b>Texture analysis</b>	Characterize the underlying structure of the observed tissues	A restriction to a set of predefined regions of interest without sufficient textural information; Difficulties in feature classification
<b>Voxel-based analysis (parametric response map)</b>	Provide voxel-wise classification and spatial information; Show the heterogeneity of individuals; Sensitive to early prediction	Data of at least two time points is obligatory; Inherent complexity of image registration

# Chapter 4

## Challenges and fundamental objective

Stroke is one of the leading causes of mortality and disability in adults. Once for a long period, intravenous thrombolysis was regarded as the only effective treatment to rescue the brain tissue suffering from ischemia. However, due to the very limited therapeutic time window and selecting criteria, considerable efforts of rehabilitation have only been made to enhance functional recovery for most patients [Hacke *et al.* 2008]. While additional revascularization strategies have since been developed, the basic premise behind them remains the same. The goal of such therapies is to restore potentially salvageable ischemic tissue for the prevention of irreversible infarction in the brain [Tsivgoulis *et al.* 2014]. The territory of restorable brain tissue is termed as penumbra, which can be recognized from perfusion CT or diffusion / perfusion MRI. The general concept that a patient with a significant penumbra is more likely to benefit from recanalization therapies with the consideration of the potential risks makes it crucial to properly identify penumbra using noninvasive and high-performance imaging approaches [Wintermark *et al.* 2006, Davis *et al.* 2014, Lin L. *et al.* 2016].

Beyond the narrow time window and risk of hemorrhage of intravenous thrombolysis and / or endovascular treatment, cell therapy has huge potential for improving stroke outcome. As a regenerative treatment for stroke, it has been reported to be effective to the functional recovery in a later stage. However, the underlying mechanisms which depend on different stem cell types, delivery routes, doses, starting onsets of therapy, etc. remain uncertain [Prasad *et al.* 2012, Sharma *et al.* 2014]. Due to the extended therapeutic time window, accurate reflection of the response to this new therapy, using imaging biomarkers, is necessary for the assessment of therapeutic efficacy [Bang *et al.* 2005].

Since MR diffusion-weighted imaging (DWI) can reflect the free water distribution and diffusivity, it is highly sensitive to identify tissue damage after ischemic injury. The corresponding apparent diffusion coefficient (ADC) map is hypothesized to be a valuable illustration in both morphological and functional assessment of ischemic stroke [Nour *et al.* 2011, Le Bihan *et al.* 2014]. Besides DWI, MR perfusion-weighted imaging (PWI) represents a form of alterations in cerebral blood flow, with additional information on hemodynamic properties and metabolism by measuring diffusible tracers such as exogenous Gadolinium contrast agent or endogenous magnetically labeled arterial blood water protons [Ostergaard *et al.* 2005, Petcharunpaisan *et al.* 2010]. PWI has been employed as a prominent role for implementation in acute stroke management by providing a visual representation of reversible hypoperfused tissue in ischemic stroke based on the assessment of cerebral (micro)vasculature [Grand *et al.* 2013].



Although the identification of penumbra can be realized by a combined application of both DWI and PWI, the time-consuming process of PWI still limits its use in the acute clinical setting. DWI is thought as a very promising routine imaging technique for its high sensitivity to ischemic tissue damage and infarction [Aronen *et al.* 2007, Rodriguez-Yanez *et al.* 2011]. However, alterations in the stroke lesion with the development of ischemia may involve cell swelling secondary to loss of cellular water homeostasis, followed by subsequent necrosis or apoptotic-induced cellular death. In addition, there may be a reorganization of free extracellular water as seen for edema or cystic regions. The interaction of all these factors may produce transient, spatially varying increases and decreases in regional diffusion values, which may be underestimated by using the mean ADC value inside specific regions of interest (ROIs) in whole-lesion analytic approach [Tamura *et al.* 2009, Lestro Henriques *et al.* 2015].

From ADC maps, the intralesional patterns of acute stroke lesions can be categorized into different types including homogeneous or patchy and heterogeneous. It has been reported that different intralesional patterns in ADC maps may represent lesions of ischemia with a different potential for recovery after acute stage and consequently predict functional outcome in follow-ups [Lestro Henriques *et al.* 2015].

Up to now, the whole-lesion approach is still the commonest method for imaging data analysis in most studies. However, the heterogeneity of stroke lesions should be taken into account if one aspires to the objective evaluation of stroke evolution by a more accurate quantification of the data. A voxel-based approach termed the parametric response map (PRM) has been developed, by which regional variations in the value of each imaging parameter can be quantified separately [Moffat *et al.* 2005, Galban *et al.* 2009a, Baer *et al.* 2015].

Furthermore, the current widely-used treatments mainly focus on acute management, of which the efficacy has been evaluated to find the correlation with functional outcome. But cell therapies have extended the therapeutic time window to subacute or even chronic stage of ischemic stroke [Detante *et al.* 2014, Kalladka *et al.* 2014]. So the new imaging biomarkers are in urgent need to assess the pathological changes in detail inside a stroke lesion and deduce the underlying mechanisms concerning the clinical therapeutic strategies based on stem cells [Moisan *et al.* 2012].

As a significant difference in prognosis evaluation in patients with malignant tumors, which can be designated as long and short survival to distinguish the outcome or anti-tumor therapy effects, prognosis of patients with ischemic stroke is generally delimited as different extents of handicap or disability instead of death, which can be evaluated by multiple functional tests [Fischer *et al.* 2005]. The results of the final score can reflect the functional level in each stage during stroke evolution and normally be compared before and after treatment [Bugnicourt *et al.* 2013, Schaefer *et al.* 2015, Guo *et al.* 2016]. However, the score may be set on a relatively wide scale, and to some extent, it may probably be interfered by the inspector's subjective consciousness. With a long-term observation of the functional test results in chronic ischemic stroke, an overall consideration of prognosis may be provided with respect to the additional information from new imaging metrics explored by PRM.

Our studies were divided into two parts including a preclinical and a clinical research, with a main goal to reveal the superiority of PRM approach over the conventional whole-lesion approach in stroke imaging analysis.

In our preclinical study, we compared these two analytic approaches based on the same multiparametric MR protocols including diffusion, perfusion and vessel size at several pre- and post-treatment time points to assess the effects of a biotherapy with intravenous delivery of human mesenchymal stem cells (hMSCs) in subacute stage, using a rat model after experimental stroke.

In the clinical study, patients suffering from ischemic stroke were undergone the DWI and PWI inspection at the set time points in chronic stage. For each time point, the National Institutes of Health Stroke Scale (NIHSS) and the modified Rankin Scale (mRS) were obtained for objective quantification of the impairment after ischemic injury. All the MRI parameters were analyzed by whole-lesion approach and PRM approach. The PRM results were derived from the comparison of the parametric values between the baseline and each other time point. An overall analysis was done to show the correlation between imaging metrics and functional scores during the whole follow-up.

As we have known from the published references, our work is the first trial to use PRM approach for the MRI data analysis in stroke monitoring, including estimation of new therapy efficacy and prediction of functional outcome. It may prove that the PRM can be used as a feasible and potential imaging tool to reflect the accuracy of intralesional characteristics for individuals with stroke, which may correlate with the therapeutic response and clinical outcome.



# Chapter 5

## Evaluation of parametric response map to assess cell therapy effects after experimental stroke

(This part of research has been submitted to the journal *Cell Transplantation*)

### 5.1 Brief abstract

Stroke is the leading cause of disability in adults. After the very narrow time frame during which treatment by thrombolysis and mechanical thrombectomy is possible, cell therapy has huge potential for enhancing stroke recovery. Accurate analysis of the response to new therapy, using imaging biomarkers, is needed to assess therapeutic efficacy. The aim of this study is to compare two analysis techniques: the parametric response map (PRM), a voxel-based technique, and the standard whole-lesion approach. These two analyses were performed on data collected at 4 time points in a transient middle cerebral artery occlusion (tMCAo) model, which was treated with human mesenchymal stem cell (hMSC) therapy. The apparent diffusion coefficient (ADC), cerebral blood volume (CBV) and vessel size index (VSI) were mapped using MRI. Two groups of rats received an intravenous (IV) injection of either 1 mL phosphate-buffered saline (PBS)-glutamine (MCAo-PBS,  $n = 10$ ) or 3 million hMSCs (MCAo-hMSC,  $n = 10$ ). One sham group were given PBS-glutamine (sham,  $n = 12$ ). Each MRI parameter was analyzed by both the PRM and whole-lesion approaches. At day 9 (D9), one day after graft, PRM revealed that hMSCs had reduced the fraction of decreased ADC (PRM<sub>ADC-</sub>: MCAo-PBS  $6.7 \pm 1.7\%$  vs. MCAo-hMSC  $3.3 \pm 2.4\%$ ), abolished the fraction of increased CBV (PRM<sub>CBV+</sub>: MCAo-PBS  $16.1 \pm 3.7\%$  vs. MCAo-hMSC  $6.4 \pm 2.6\%$ ) and delayed the fraction of increased VSI (PRM<sub>VSI+</sub>: MCAo-PBS  $17.5 \pm 6.3\%$  vs. MCAo-hMSC  $5.4 \pm 2.6\%$ ). The whole-lesion approach was, however, insensitive to these early modifications. PRM thus appears to be a promising technique for the detection of early brain changes following treatments such as cell therapy.

**Key Words:** ischemic stroke; cell therapy; mesenchymal stem cell; diffusion MRI; perfusion MRI; parametric response map

### 5.2 Introduction

Stroke is the leading neurological cause of disability in adults. Ischemic stroke (about 80% of all cases) occurs when arterial blood flow is interrupted. Currently, thrombolysis with tissue plasminogen activator (t-PA) and mechanical thrombectomy are employed as clinical treatments. Unfortunately, only around 5% of patients are treated with t-PA / thrombectomy, due to the very narrow therapeutic time window. Thus, most patients suffering from stroke only receive

supportive care and rehabilitation to improve recovery [Fonarow *et al.* 2011]. The development of other therapeutic strategies, which may be effective beyond the time window, is therefore critical for patients.

Multiple therapeutic approaches have been developed in preclinical studies in rodent models of cerebral ischemia. To this end, there is a strong interest for the potential of cell transplantation [Moskowitz *et al.* 2010, Eckert *et al.* 2013]. Among the cell populations currently available, human mesenchymal stem cells (hMSCs), derived from bone marrow, seem to have definite therapeutic potential. Indeed, these cells are characterized by poor immunogenicity, and may be used for cell therapy following stroke, under either autologous or allogenic conditions, without inducing side effects [Moisan *et al.* 2012, Eckert *et al.* 2013, Gennai *et al.* 2015]. Human MSCs participate in the reconstruction of a favorable microenvironment, leading to neovascularization and tissue regeneration. Enhancement of the differentiation of stem cells into the original cell lineages of the damaged tissue, or selective migration of cells to ischemic regions to support plasticity may eventually improve functional recovery after ischemia [Orlic *et al.* 2001, Shyu *et al.* 2004]. The detailed mechanisms by which transplanted hMSCs ameliorate stroke prognosis are still poorly understood and could depend on the microenvironment (accessibility to tissue, tissue type, oxygenation level etc.) [Jeong C. H. *et al.* 2014]. Moreover, among all the administration routes available (intracerebral, intrathecal, intra-arterial and IV), the IV administration, less invasive, appears today safer and easier than local brain grafting following stroke in the clinical setting and allows cell distribution into vascularized and viable areas of the lesion [Detante *et al.* 2009]. A clinical trial already demonstrated that IV delivery of hMSC is feasible and safe for stroke patients [Bang *et al.* 2005].

Today, multiparametric magnetic resonance imaging (MRI), including diffusion-weighted imaging (DWI) and perfusion-weighted imaging (PWI), has become the gold standard to characterize stroke lesions [Gonzalez *et al.* 2012]. MRI also plays an important role in the identification, evaluation and monitoring of cerebral tissue undergoing stroke, from the acute to the recovery phase [Ding *et al.* 2014]. However, the spatial heterogeneity of a stroke lesion, well visible on MRI maps, remains a challenge for current image analysis techniques [Bang *et al.* 2009a, Lestro Henriques *et al.* 2015]. An analysis of the mean value across a large region of interest (ROI) by manual delineation can easily mask focal changes of intralesional tissue properties. Thus, to evaluate the therapeutic effect dedicated to stroke recovery, the lesion heterogeneity in space and time needs to be accounted for by the image analysis. Histogram-based techniques provide an evaluation of lesion heterogeneity but fail to provide spatial information. An alternative is the parametric response map (PRM), a voxel-based analysis technique, which has been used in multiple brain diseases including glioma and primary intracerebral hemorrhage (ICH). PRM, which has been established as a promising tool to investigate parametric changes of heterogeneous lesion over time at the voxel level, is well suited to evaluate a therapeutic response or to make a prognosis [Galban *et al.* 2009a, Galban *et al.* 2011, Tsai *et al.* 2013]. All the demonstrations of the PRM approach are based on the potential mechanisms occur during stroke evolution, which indirectly realized by imaging visualization (a schematic representation of PRM<sub>ADC</sub> in

### Fig.5.1).

In a recent publication, Moisan *et al.* reported that an IV injection of hMSC modifies microvasculature associated with overexpressions of several angiogenic factors such as Ang1, Ang2 or Tie2 as soon as 1 day post injection in a rat model of stroke, by enhancing endogenous angiogenesis and immature vessel stabilization in a parallel study with the same experiment condition of ours [Moisan *et al.* 2016]. In that article, a sustained overexpression of Ang1 and Ang2 were observed from D9 to D25 in hMSC-treated group (Fig.5.2). Ang2 has been proved to promote endothelial cells survival and participate to vascular stabilization through Tie2 activation [Kim *et al.* 2000, Teichert-Kuliszewska *et al.* 2001]. Furthermore, improvement of the functional recovery has been revealed in hMSC-treated animals by behavioral testing with a long-term follow-up [Moisan *et al.* 2016]. No microvascular change is however detected by the associated multiparametric MRI protocol at the early times points following hMSC injection.

To reduce the delay between the biological changes induced by the stem cells and the MRI changes, we evaluate in this study new imaging biomarkers. The MRI dataset from Moisan *et al.* was reprocessed by using the PRM technique. The two main methodological goals of this study were: i) to characterize the evolution of the heterogeneity of stroke lesions in a rodent model using *in vivo* multiparametric MRI and ii) to evaluate the potential of PRM to describe the impact of a cell therapy on the stroke lesion.

## 5.3 Materials and methods

All animal procedures were carried out in accordance with the French guidelines on the use of animals in scientific investigations (permits 381106 for AM, 380820 for CR and A3851610008 for experimental and animal cares facilities), with the approval of the Grenoble Institut des Neurosciences+ethical committee (agreement 004). For all procedures, anesthesia was induced by inhalation of 5% isoflurane (Abbott Scandinavia AB, Solna, Sweden) in 30% O<sub>2</sub> in air and was maintained throughout all surgical and imaging protocols with 2-2.5% isoflurane through a facial mask. Rectal temperature was monitored and maintained at 37.0±0.5 °C.

### 5.3.1 Transient Middle Cerebral Artery occlusion (tMCAo) model

A total of 32 rats were used in this study. Twenty Sprague Dawley male rats (weighing 250-300g, Janvier, France) underwent transient focal cerebral ischemia surgery at day 0 (D0), as described by Moisan *et al.* [Moisan *et al.* 2012]. Briefly, after isolating the right carotid arterial tree, a commercially available silicon rubber-coated monofilament (diameter 0.37 mm, Doccol Corporation, Pennsylvania) was advanced from the lumen of the external carotid artery into the internal carotid artery, up to 5 mm beyond the external skull base. After 90 min of occlusion, rats were reanaesthetized and the thread was removed. A further 12 rats underwent the same surgery without occlusion (sham group).

### 5.3.2 Experimental groups and intravenous administration of hMSCs

The 20 MCAo rats were stratified randomly into 2 groups (10 rats per group). At D8, the two groups received an injection via the tail vein of either 1 mL phosphate-buffered saline (PBS)-glutamine (MCAo-PBS) or 3 million hMSCs (MCAo-hMSC). The sham group received the same PBS-glutamine injection as the MCAo-PBS group (Fig.5.3-A).

The hMSCs were used to be consistent with an ongoing clinical trial (PHRC NCT00875654). The hMSCs were isolated from bone marrow aspirated from healthy, consenting donors and cultured at 37 °C in a humidified atmosphere containing 5% CO<sub>2</sub>. Minimum Essential Medium with alpha modification (MEMα), supplemented with 100 ug/mL penicillin, 100 ug/mL streptomycin, and 10% fetal calf serum was used for culturing (all reagents are from Invitrogen, France).

### 5.3.3 MRI experiments: acquisition

Each rat was analyzed by MRI (7 T, Avance III console; Bruker - Grenoble MRI facility IRMaGE) for 3 weeks (subacute stage: D3, D7, D9 and chronic stage: D16 after transient MCAo or sham surgery). The following sequences were performed: 1) T<sub>2</sub>-weighted images (TR/TE = 2500/60 ms, voxel = 234×234×1000 μm<sup>3</sup>, 16 slices, 2 averages); 2) diffusion-weighted images (DWI: spin echo planar imaging; TR/TE = 3000/29 ms; voxel = 234×234×1000 μm<sup>3</sup>; 7 slices) for three principal directions and 3) multi-gradient echo and spin echo images (MGSE: TR/TE = 4000/40 ms; 7 echoes from 2.3 to 15.6 ms, voxel = 234×234×1000 μm<sup>3</sup>; 7 slices; 2 averages) acquired before (MGSE-pre) and 2 min after IV injection (MGSE-post) of ultrasmall superparamagnetic iron oxide particles (USPIO; P904<sup>®</sup>, Guerbet, Roissy, France; 200 μmol iron/kg body weight).

#### 5.3.3.1 MRI experiments: data processing

The apparent diffusion coefficient (ADC) map was calculated by Eq. [1]:

$$ADC = -[\ln(\frac{S_1}{S_0})] / (b_1 - b_0) [1]$$

where  $S_1$  is the signal intensity (SI) of the voxel obtained through three orthogonally oriented diffusion-weighted images or diffusion trace images.  $S_0$  is the SI of the voxel obtained through reference T<sub>2</sub>-weighted images.  $b_1$  is the gradient b factor with a value of 900 s/mm<sup>2</sup>.  $b_0$  is the gradient b factor with a value of 0 s/mm<sup>2</sup>.

Cerebral blood volume (CBV) and vessel size index (VSI) maps were obtained using a steady-state approach and computed using an in-house software developed within Matlab (MathWorks, Natick, MA, USA), according to Tropres *et al.* [Tropres *et al.* 2014]. CBV was derived from the  $\Delta R_2^*$  map using Eq. [2]:

$$CBV = \frac{3}{4\pi} \frac{\Delta R_2^*}{\gamma \Delta \chi B_0} [2]$$

where  $\gamma$  is the gyromagnetic ratio of the proton.  $\Delta \chi$  is the increase in intravascular susceptibility following the injection of contrast agent (0.19 ppm (cgs)).  $B_0$  is the value of the static magnetic field.

VSI was derived using Eq. [3], according to Tropres *et al.* [Tropres *et al.* 2014], and represents the mean vessel diameter in each voxel:

$$VSI = 0.425 \left( \frac{ADC}{\gamma \Delta \chi B_0} \right)^{1/2} \left( \frac{\Delta R_2^*}{\Delta R_2} \right)^{3/2} [3]$$

Within each map of each time point, voxels for which the analysis could not be performed, for example, voxels with non-converging fits or voxels with values outside the range of validity of the method used to measure parameters (ADC > 3500  $\mu\text{m}^2/\text{s}$ ; CBV > 17%; VSI > 50  $\mu\text{m}$ ), were identified and excluded from the analysis (fractions of all excluded voxels of each map: 12.8%, 17.5% and 19.8% respectively). It must be noted that the microvascular parameters (CBV and VSI) only reflect the functional vessels (i.e. those perfused by the contrast agent).

### 5.3.3.2 Data analysis

#### 5.3.3.2.1 Regions of interest (ROIs) definition

For each rat and each MRI session, the whole stroke lesion, identified as the hyperintense region on the T<sub>2</sub>-weighted images, was manually delineated and subsequently checked for concordance on the ADC maps, to avoid ventricles. Each lesion was delineated on all slices where it was visible [Moisan *et al.* 2012]. The definition of ROIs was made blind to treatment allocation. Lesion volumes were computed by calculating the sum of lesion areas on each slice. In the sham group, a ROI was delineated on the right hemisphere, which had a contour and a size similar to that of the stroke lesions observed in the MCAo groups at D0. ROIs were then transferred onto the ADC, CBV, and VSI parametric maps.

#### 5.3.3.2.2 Whole-lesion analysis

For each rat at each time point, ADC, CBV and VSI values were measured in each ROI and are presented as mean  $\pm$  standard deviation (SD<sup>[2]</sup>).

#### 5.3.3.2.3 Parametric response map (PRM) analysis

All images were co-registered onto T<sub>2</sub>-weighted images of D3 using a fully automated, affine, mutual information-based, simplex optimization algorithm (co-registration function in SPM12 free software, distributed under the terms of the GNU General Public License as published by the Free Software Foundation). Changes in ADC, CBV and VSI maps were analyzed voxel-wise by PRM for each rat at each time point. For the purpose of clarity, PRM analyses on ADC maps will be described in details (Fig.5.3-B). We first computed the 95% confidence interval (CI) for the classification of ADC values according to most



PRM procedure design. Briefly, we empirically calculated, in the sham animals, the threshold that yields a significant change in ADC value for each voxel between D3 and D7. The ADC threshold ( $120 \mu\text{m}^2/\text{s}$ ) was determined by the 95% unchanged CI resulting from linear least squares analysis on the data combined from all 12 rats of the sham group (data not shown) instead of the receiver operating characteristic (ROC) curve analysis for an optimal prediction which previously described in a reference [Galban *et al.* 2009b]. Then,  $\text{PRM}_{\text{ADC}}$  maps were determined by calculating the difference between ADC within the stroke lesion at D3 and at each following time point (D7, D9 and D16). Red voxels represent voxels within each lesion with an increase in the ADC value (beyond the CI of  $120 \mu\text{m}^2/\text{s}$ ; cf. above), blue voxels represent voxels with a decrease in the ADC value (below the CI), and green voxels represent voxels within each lesion with an unchanged ADC value (the absolute value of ADC varies less than the CI). Therefore, all voxels within the lesion volume were segmented into three fractions:  $\text{PRM}_{\text{ADC}+}$  (increased ADC, denoted red),  $\text{PRM}_{\text{ADC}-}$  (decreased ADC, denoted blue), and  $\text{PRM}_{\text{ADC}0}$  (unchanged ADC, denoted green). The same analytic procedure was applied to the CBV and VSI maps. After determining each CI (2.5% for  $\text{PRM}_{\text{CBV}}$  and  $5.8 \mu\text{m}$  for  $\text{PRM}_{\text{VSI}}$ ),  $\text{PRM}_{\text{CBV}}$  and  $\text{PRM}_{\text{VSI}}$  maps were obtained at D7, D9 and D16 by comparison with the data acquired at D3.

#### 5.3.3.2.4 Statistical analysis

Between-group comparison was performed using unpaired t-tests after checking the variance homogeneity (Levene's test). In cases of variance inhomogeneity, a Mann-Whitney test was used. To evaluate the PRM changes, we performed a three-group (MCAo-PBS, MCAo-hMSC and sham) and three-time-point (D7, D9, and D16) mixed-design ANOVA, using a Bonferroni correction for multiple comparisons. Results are expressed as mean $\pm$ SD<sup>[2]</sup>. All statistical analyses were conducted with a statistical software package (SPSS; SPSS, Inc, Chicago, IL). Results were declared statistically significant at the two-sided 5% comparison-wise significance level ( $p < 0.05$ ).

## 5.4 Results

### 5.4.1 Evolution of lesion volume

At each time point, the mean lesion volumes of the two MCAo groups were comparable (MCAo-PBS vs. MCAo-hMSC: D3:  $67.5 \pm 15.7 \text{ mm}^3$  vs.  $83.9 \pm 24.6 \text{ mm}^3$ ; D7:  $91.5 \pm 39.1 \text{ mm}^3$  vs.  $70.0 \pm 14.3 \text{ mm}^3$ ; D9:  $89.3 \pm 33.8 \text{ mm}^3$  vs.  $97.6 \pm 9.2 \text{ mm}^3$ ; D16:  $92.8 \pm 24.6 \text{ mm}^3$  vs.  $107.2 \pm 9.2 \text{ mm}^3$ ) (**Fig.5.4-A**).

### 5.4.2 Evolution of ADC

The whole-lesion approach showed that the ADC in the MCAo and sham groups were comparable at D3 and D7 and differed at D9 and D16: the mean ADC values in the lesions were increased in both MCAo groups (MCAo-PBS and MCAo-hMSC), when compared to the sham condition (D9:  $1151 \pm 166 \text{ m}^2/\text{s}$  and  $1142 \pm 144 \text{ m}^2/\text{s}$  vs.  $736 \pm 189 \text{ m}^2/\text{s}$ ; D16:  $1582 \pm 415 \text{ m}^2/\text{s}$  and  $1753 \pm 145 \text{ m}^2/\text{s}$  vs.  $789 \pm 32 \text{ m}^2/\text{s}$ ,  $p < 0.05$  respectively) (**Fig.5.4-B**). Moreover, the intralesional heterogeneity in both MCAo groups were two times higher at D3

than in the sham group (mean of the  $SD^{[2]}$  values were  $127\pm 23$   $m^2/s$  and  $129\pm 37$   $m^2/s$  vs.  $65\pm 17$   $m^2/s$  for MCAo-PBS, MCAo-hMSC and sham groups, respectively) (**Fig.5.4-B**). This intralesional heterogeneity increases over time to reach a mean of the  $SD^{[2]}$  about seven times higher in both MCAo groups than in the sham group (mean of the  $SD^{[2]}$  values were  $435\pm 198$   $m^2/s$  and  $472\pm 121$   $m^2/s$  vs.  $64\pm 31$   $m^2/s$  for MCAo-PBS, MCAo-hMSC and sham groups, respectively) (**Fig.5.4-B**).

The PRM approach showed that most of the pixels in the lesion ROIs exhibited increased ADC values in the stroke animals. At the periphery of the lesion ROIs, areas with a stable or decreased ADC were also observed at each time point (**Fig.5.5**). A visual inspection of the maps also suggested that the  $PRM_{ADC}$  maps were relatively stable over time.  $PRM_{ADC}$  color-coded overlay of a rat in MCAo-PBS group is shown in contrast to a rat in hMSC-treated group. A corresponding quantitative scatter plot shows the distribution of ADC value at D3 compared with D9 for the entire ischemic lesion volume region (**Fig.5.6**).

The fractions of voxels with an increased ( $PRM_{ADC+}$ ) or decreased ( $PRM_{ADC-}$ ) ADC over time in both MCAo groups differed from those of the sham group. The  $PRM_{ADC+}$  fractions were larger in the MCAo groups (MCAo-PBS and MCAo-hMSC) than in the sham group at D7 ( $62.7\pm 12.1\%$  and  $71.9\pm 14.2\%$  vs.  $4.0\pm 3.3\%$ ,  $p < 0.01$ ), D9 ( $68.7\pm 9.1\%$  and  $77.1\pm 9.4\%$  vs.  $2.9\pm 2.3\%$ ,  $p < 0.01$ ) and D16 ( $78.7\pm 13.1\%$  and  $83.8\pm 8.2\%$  vs.  $3.7\pm 3.0\%$ ,  $p < 0.01$ ) (**Fig.5.9**). The  $PRM_{ADC-}$  fraction was larger in the MCAo-PBS group than in the sham group at D7 ( $6.1\pm 2.4\%$  vs.  $3.0\pm 2.6\%$ ,  $p < 0.01$ ), D9 ( $6.7\pm 1.7\%$  vs.  $3.2\pm 2.6\%$ ,  $p < 0.01$ ) and D16 ( $5.7\pm 1.7\%$  vs.  $3.0\pm 1.9\%$ ,  $p < 0.01$ ). The  $PRM_{ADC-}$  fraction was larger in the MCAo-hMSC group than in the sham group only before treatment (D7:  $6.3\pm 2.3\%$  vs.  $3.0\pm 2.6\%$ ,  $p < 0.01$ ). Moreover, the  $PRM_{ADC-}$  fraction decreased in the MCAo-hMSC group, in comparison to the MCAo-PBS group, after treatment (D9:  $3.3\pm 2.4\%$  vs.  $6.7\pm 1.7\%$  and D16:  $3.3\pm 1.0\%$  vs.  $5.7\pm 1.7\%$ ;  $p < 0.01$  respectively) (**Fig.5.9**). The ANOVA showed significant increase of  $PRM_{ADC+}$  at D7, D9 and D16 in both MCAo groups when compared to the sham group. At D3, there was significant increase of  $PRM_{ADC-}$  in both MCAo groups when compared to the sham group. At D9 and D16,  $PRM_{ADC-}$  was significantly higher in the MCAo-PBS group than that in MCAo-hMSC and sham groups while no significant interaction between the latter two groups.

### 5.4.3 Evolution of CBV

The whole-lesion approach showed that no significant CBV difference was observed between the two MCAo groups at each time point, but the mean CBV values in the lesions were significantly increased in both MCAo groups (MCAo-PBS and MCAo-hMSC), compared to the sham group (D3:  $4.1\pm 0.4\%$  and  $4.5\pm 0.3\%$  vs.  $2.7\pm 0.7\%$ ; D7:  $3.8\pm 0.3\%$  and  $4.2\pm 0.3\%$  vs.  $2.5\pm 0.6\%$ ; D9:  $4.3\pm 0.4\%$  and  $4.4\pm 0.4\%$  vs.  $2.7\pm 0.3\%$ ; D16:  $4.4\pm 0.4\%$  and  $4.5\pm 0.4\%$  vs.  $2.5\pm 0.4\%$ ,  $p < 0.05$  respectively) (**Fig.5.4-C**). Moreover, the intralesional heterogeneity in both MCAo groups was higher and stable over time than in the sham group (mean of the  $SD^{[2]}$  values across time points were  $2.6\pm 0.4$  and  $2.7\pm 0.4$  vs.  $1.8\pm 0.3\%$  for MCAo-PBS, MCAo-hMSC and sham groups, respectively) (**Fig.5.4-C**).

The PRM approach yielded  $PRM_{CBV}$  maps with a large fraction of stable

CBV values. Small areas with either decreased or increased CBV appeared throughout each lesion and the positions of these modified CBV areas evolved with time (**Fig.5.5**).  $PRM_{CBV}$  color-coded overlay of a rat in MCAo-PBS group is shown in contrast to a rat in MCAo-hMSC group. A corresponding quantitative scatter plot shows the distribution of CBV value at D3 compared with D9 for the entire ischemic lesion volume region (**Fig.5.7**).

The fraction of voxels with an increased ( $PRM_{CBV+}$ ) and decreased ( $PRM_{CBV-}$ ) CBV over time in the two MCAo groups differed from that of the sham group. The  $PRM_{CBV+}$  fraction was larger in the MCAo groups (MCAo-PBS and MCAo-hMSC) than in the sham group at D7 ( $15.4\pm2.4\%$  and  $16.4\pm4.7\%$  vs.  $2.9\pm2.3\%$ ,  $p < 0.01$  respectively), D9 ( $16.1\pm3.7\%$  and  $6.4\pm2.6\%$  vs.  $3.9\pm2.3\%$ ,  $p < 0.01$  and  $p < 0.05$  respectively) and D16 ( $23.7\pm2.8\%$  and  $20.6\pm5.0\%$  vs.  $3.5\pm2.3\%$ ,  $p < 0.01$  respectively). Moreover, the  $PRM_{CBV+}$  fraction was higher in the MCAo-PBS group than in the MCAo-hMSC group at D9 ( $16.1\pm3.7\%$  vs.  $6.4\pm2.6\%$ ,  $p < 0.01$ ) (**Fig.5.10**). The  $PRM_{CBV-}$  fraction was larger in the MCAo groups (MCAo-PBS and MCAo-hMSC) than in the sham group at D7 ( $24.1\pm9.5\%$  and  $25.5\pm7.5\%$  vs.  $4.8\pm2.9\%$ ,  $p < 0.01$  respectively), D9 ( $16.5\pm6.0\%$  and  $23.5\pm12.2\%$  vs.  $4.2\pm2.5\%$ ,  $p < 0.01$  respectively) and D16 ( $15.5\pm4.8\%$  and  $17.9\pm5.6\%$  vs.  $3.4\pm1.9\%$ ,  $p < 0.01$  respectively) (**Fig.5.10**). The ANOVA showed significant increase of  $PRM_{CBV+}$  and  $PRM_{CBV-}$  at D7, D9 and D16 in both MCAo groups when compared to the sham group. At D9,  $PRM_{CBV+}$  was significantly higher in the MCAo-PBS group than that in the MCAo-hMSC group.

#### 5.4.4 Evolution of VSI

The whole-lesion approach showed that the VSI value measured in each lesion was higher in both MCAo groups (MCAo-PBS and MCAo-hMSC) than in the sham group at D3 ( $11.2\pm0.6$  m and  $11.9\pm0.2$  m vs.  $5.6\pm0.6$  m,  $p < 0.05$  respectively), D7 ( $10.3\pm0.5$  m and  $10.0\pm0.1$  m vs.  $5.0\pm0.3$  m,  $p < 0.05$  respectively), D9 ( $10.0\pm0.3$  m and  $10.2\pm0.3$  m vs.  $5.2\pm0.2$  m,  $p < 0.05$  respectively) and D16 ( $9.4\pm0.5$  m and  $7.6\pm0.4$  m vs.  $5.1\pm0.6$  m,  $p < 0.05$  respectively) (**Fig.5.4-D**). Moreover, no difference in VSI was observed between the MCAo groups (MCAo-PBS and MCAo-hMSC) at D3, D7 and D9. However, at D16, the mean VSI value was higher in the MCAo-PBS group than in the MCAo-hMSC group ( $9.4\pm0.5$  m vs.  $7.6\pm0.4$  m,  $p = 0.047$ ). Moreover, the intralesional heterogeneity in both MCAo groups were higher and stable over time as compared to the sham group (mean of the  $SD^{[2]}$  values across time point were  $4.8\pm0.5$  and  $4.8\pm0.5$  vs.  $3.3\pm0.6$  m for MCAo-PBS, MCAo-hMSC and sham groups, respectively) (**Fig.5.4-D**).

With the PRM approach,  $PRM_{VSI}$  maps exhibited patterns similar to those of  $PRM_{CBV}$ : a large unchanged VSI fraction with small areas of modified VSI distributed throughout each lesion, the positions of which varied with time (**Fig.5.5**).  $PRM_{VSI}$  color-coded overlay of a rat in MCAo-PBS group is also shown in contrast to a rat in MCAo-hMSC group. A corresponding quantitative scatter plot shows the distribution of VSI value at D3 compared with D9 for the entire ischemic lesion volume region (**Fig.5.8**).

The fraction of voxels with increased ( $PRM_{VSI+}$ ) and decreased ( $PRM_{VSI-}$ ) VSI, over time, in both MCAo groups differed from that of the sham group. The  $PRM_{VSI+}$  fraction was larger in the MCAo groups (MCAo-PBS and MCAo-hMSC)

than in the sham group at D7 ( $12.3\pm 2.9\%$  and  $14.3\pm 3.6\%$  vs.  $4.0\pm 2.4\%$ ,  $p < 0.01$  respectively) and D16 ( $24.4\pm 5.4\%$  and  $21.0\pm 5.7\%$  vs.  $5.0\pm 2.9\%$ ,  $p < 0.01$  respectively). Moreover, the  $PRM_{VSI+}$  fraction at D9 was higher in the MCAo-PBS group than in either the MCAo-hMSC or sham groups ( $17.5\pm 6.3\%$  vs.  $5.4\pm 2.6\%$  and  $4.7\pm 2.5\%$ ,  $p < 0.01$  respectively) (**Fig.5.11**). The  $PRM_{VSI-}$  fraction was larger in the MCAo groups (MCAo-PBS and MCAo-hMSC) than in the sham group at D7 ( $17.7\pm 8.3\%$  and  $18.5\pm 4.4\%$  vs.  $4.7\pm 2.7\%$ ,  $p < 0.01$  respectively), D9 ( $19.6\pm 8.2\%$  and  $21.2\pm 8.7\%$  vs.  $4.7\pm 2.4\%$ ,  $p < 0.01$  respectively) and D16 ( $13.6\pm 4.9\%$  and  $18.3\pm 4.9\%$  vs.  $4.3\pm 2.1\%$ ,  $p < 0.01$  respectively). Moreover, the  $PRM_{VSI-}$  fraction at D16 was lower in the MCAo-PBS group than in the MCAo-hMSC group ( $13.6\pm 4.9\%$  vs.  $18.3\pm 4.9\%$ ,  $p < 0.01$ ) (**Fig.5.11**). The ANOVA showed significant increase of  $PRM_{VSI-}$  at D7, D9 and D16 in both MCAo groups when compared to the sham group. At D16,  $PRM_{VSI-}$  was significantly higher in the MCAo-hMSC group than that in the MCAo-PBS group. At D7 and D16,  $PRM_{VSI+}$  was significantly higher in both MCAo groups than that in the sham group. At D9,  $PRM_{VSI+}$  was significantly higher in the MCAo-PBS group than that in MCAo-hMSC and sham groups while no significant interaction between the latter two groups.

## 5.5 Discussion

In this study, we analyzed MRI data collected from a stroke model undergoing cell therapy. Two analysis techniques were compared: the whole-lesion approach, which yields a mean estimate of the entire lesion for each MRI parameter, and PRM, a voxel-based approach which describes the fraction of voxels which evolves beyond a given threshold for each parameter. As expected, we observed a large heterogeneity in the stroke lesion in the ADC, CBV, and VSI maps. Furthermore, our results show that the IV injection of hMSCs induces cellular and microvascular modifications in the stroke lesion, assessed by MRI and analyzed by PRM. The microvascular MRI results are in agreement with previously reported biological data obtained in the same experimental conditions (release of angiogenic factors, such as angiopoietin 2 (Ang2), angiopoietin 1 (Ang1), stromal-cell-derived factor-1 (SDF-1), and transforming growth factor- 1 (TGF 1)) [**Moisan et al.** 2016]. The early therapeutic response (D9, one day after treatment) was easily observed and quantified by the PRM analysis, whereas the whole-lesion approach remained blind to these changes due to the heterogeneity of stroke lesions (**Tab.5.1**).

As expected for a transient ischemic stroke model, ADC values calculated for each lesion, by the whole-lesion approach were significantly larger in the MCAo groups than in the sham group from D9 [**Decanniere et al.** 1995, **Kohno et al.** 1995]. However, unlike the PRM approach, the increase in ADC observed with the whole-lesion approach fails to account for some small areas where ADC remains lower than normal in both MCAo groups at D7. This fraction of voxels with a reduced ADC is reduced by the hMSC treatment at D9. In this case, the PRM highlights the effect of therapy, which was not revealed by the whole-lesion approach.

We also monitored microvascular remodeling by assessing CBV and VSI, which are established methods of characterizing the changes elicited by stroke

therapy [Moisan *et al.* 2012, Liu *et al.* 2014, Tropres *et al.* 2015]. The therapeutic effect for these two parameters was spatially distributed among small regions with varying microvascular parameters. Moreover, focal changes were detected by PRM in both the VSI and CBV maps at both D9 (one day after treatment) and D16. These focal changes could not be detected by the whole-lesion approach, except for VSI at the last time point (D16). It is noteworthy that a previous study using the same MCAo model and the same type of stem cells showed a therapeutic effect upon the microvascular characteristics assessed by MRI. Stem cells either injected directly into the lesions or IV as our study [Moisan *et al.* 2012, Moisan *et al.* 2016]. If the biological effects of hMSC therapy in stroke lesions are beyond the scope of this methodological study, PRM appears as a suitable tool to guide the biological analysis towards areas that undergone physiological changes.

Overall, IV-injected hMSCs affected only a fraction of lesions. Both increases and decreases in MRI parameters were observable throughout the lesions and over time. Given the initial heterogeneity of the lesions and the underlying brain tissue, these findings are not surprising. This also suggests that longitudinal imaging data from previous clinical trials such as neuroprotective drug trials should be re-analyzed to evaluate if some negative results could be ascribed, at least in part, to the coarse analysis approach employed.

## 5.6 Conclusion

This study describes the application of PRM analysis to multiparametric MRI maps (ADC, CBV and VSI), after a delayed IV injection of hMSCs, in a transient stroke model. One day after treatment, the PRM analysis was able to highlight the changes induced by hMSCs upon cellular edema, microvascular plasticity and vasodilation, whereas the classic whole-lesion approach was insensitive to the early therapeutic effect. The PRM approach also indicated that the effect of hMSCs is distributed throughout the entire lesion. For longitudinal studies, PRM analysis thus appears to be a promising technique for the early detection of heterogeneous changes induced by cell therapies in heterogeneous lesions, such as those which characterize ischemic stroke.

## 5.7 Acknowledgements and sources of funding

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We are also grateful to the E-Cell France platform (French network for regenerative medicine) for providing clinical grade stem cells.

## 5.8 Disclosure Statement

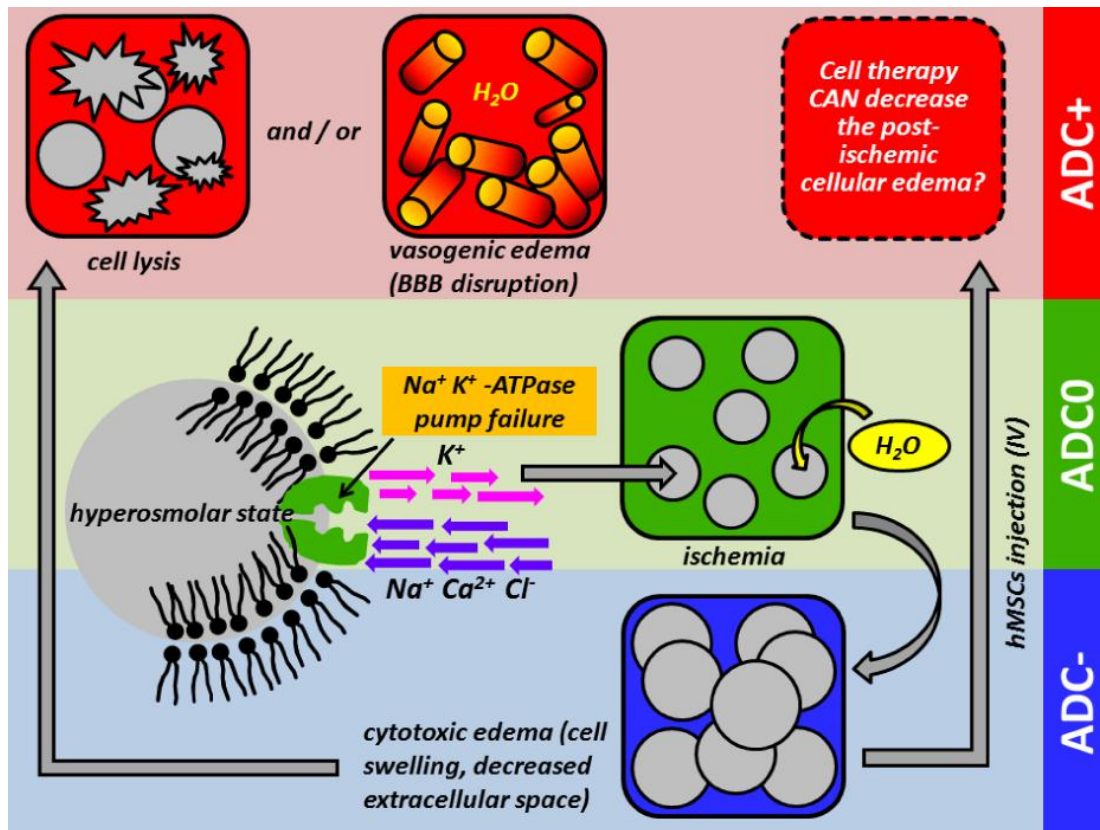
The authors indicate no potential conflicts of interest.

## Tables

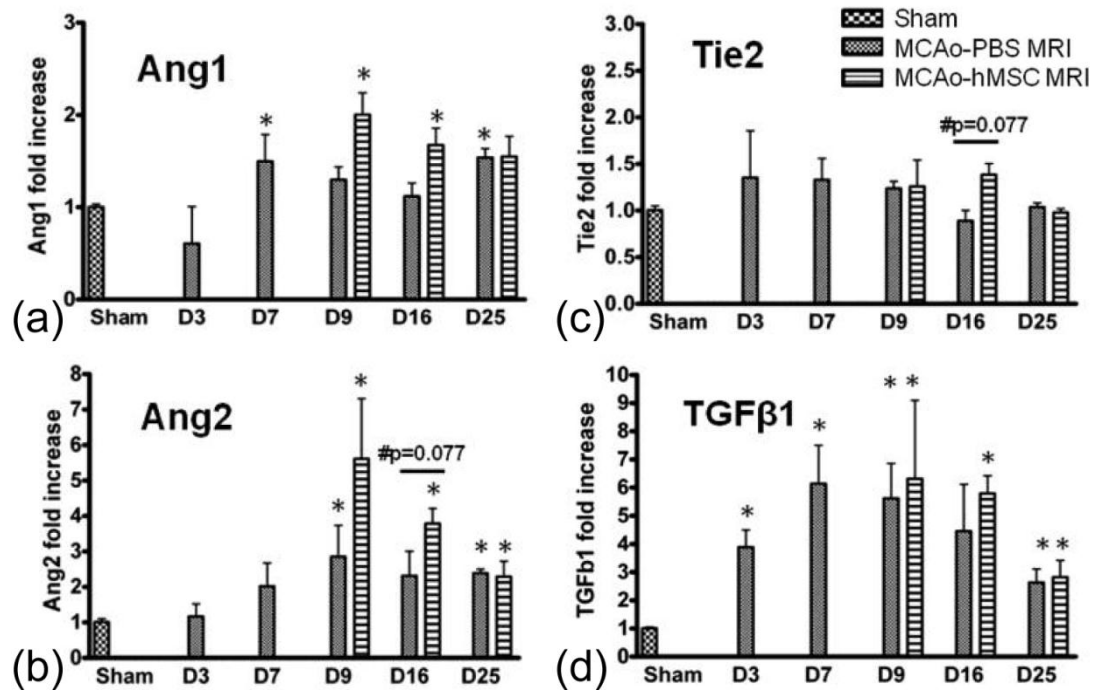
	MCAo- PBS (n=10)	MCAo- hMSC (n=10)	MCAo- PBS (n=10)	MCAo- hMSC (n=10)	MCAo- PBS (n=10)	MCAo- hMSC (n=10)	MCAo- PBS (n=10)	MCAo- hMSC (n=10)
<b>Whole-lesion approach</b>								
	D3		D7		D9		D16	
Lesion volume (mm <sup>3</sup> )	67.5± 15.7	83.9± 24.6	91.5± 39.1	70.0± 14.3	89.3± 33.8	97.6±9.2	92.8± 24.6	107.2± 9.2
	<i>p</i> = 0.831		<i>p</i> = 0.615		<i>p</i> = 0.990		<i>p</i> = 0.834	
ADC ( m <sup>2</sup> /s)	788± 86	721±71	939±73	994±89	1151± 166	1142± 144	1582± 415	1753± 145
	<i>p</i> = 0.510		<i>p</i> = 0.578		<i>p</i> = 0.836		<i>p</i> = 0.241	
CBV (%)	4.1± 0.4	4.5±0.3	3.8±0.3	4.2±0.3	4.3±0.4	4.4±0.4	4.4±0.4	4.5±0.4
	<i>p</i> = 0.387		<i>p</i> = 0.393		<i>p</i> = 0.818		<i>p</i> = 0.960	
VSI ( m)	11.2± 0.6	11.9±0.2	10.3± 0.5	10.0±0.1	10.0± 0.3	10.2±0.3	9.4±0.5	7.6±0.4
	<i>p</i> = 0.850		<i>p</i> = 0.951		<i>p</i> = 0.980		<i>p</i> = 0.047*	
<b>PRM approach</b>								
		D3 vs. D7		D3 vs. D9		D3 vs. D16		
PRM <sub>ADC+</sub> (%)		62.7± 12.1	71.9± 14.2	68.7± 9.1	77.1±9.4	78.7± 13.1	83.8±8.2	
		<i>p</i> = 0.206		<i>p</i> = 0.264		<i>p</i> = 0.612		
PRM <sub>ADC-</sub> (%)		6.1±2.4	6.3±2.3	6.7±1.7	3.3±2.4	5.7±1.7	3.3±1.0	
		<i>p</i> = 0.965		<i>p</i> = 0.001**		<i>p</i> = 0.004**		
PRM <sub>CBV+</sub> (%)		15.4± 2.4	16.4±4.7	16.1± 3.7	6.4±2.6	23.7± 2.8	20.6±5.0	
		<i>p</i> = 0.838		<i>p</i> < 0.001**		<i>p</i> = 0.591		
PRM <sub>CBV-</sub> (%)		24.1± 9.5	25.5±7.5	16.5± 6.0	23.5± 12.2	15.5± 4.8	17.9±5.6	
		<i>p</i> = 0.957		<i>p</i> = 0.146		<i>p</i> = 0.590		
PRM <sub>VSI+</sub> (%)		12.3± 2.9	14.3±3.6	17.5± 6.3	5.4±2.6	24.4± 5.4	21.0±5.7	
		<i>p</i> = 0.183		<i>p</i> < 0.001**		<i>p</i> = 0.157		
PRM <sub>VSI-</sub> (%)		17.7± 8.3	18.5±4.4	19.6± 8.2	21.2±8.7	13.6± 4.9	18.3±4.9	
		<i>p</i> = 0.981		<i>p</i> = 0.939		<i>p</i> = 0.007**		

**Table 5.1:** Quantitative measures of two analytic approaches between MCAo groups analyzed by the whole-stroke mean and PRM approaches. MCAo: middle cerebral artery occlusion; PBS: phosphate-buffered saline; hMSC: human mesenchymal stem cell; ADC: apparent diffusion coefficient; CBV: cerebral blood volume; VSI: vessel size index; PRM: parametric response map. Parametric values are expressed as mean±SD<sup>[2]</sup>. \**p* < 0.05, \*\**p* < 0.01 indicate a statistically significant difference between MCAo-PBS and MCAo-hMSC groups.

## Figures and legends

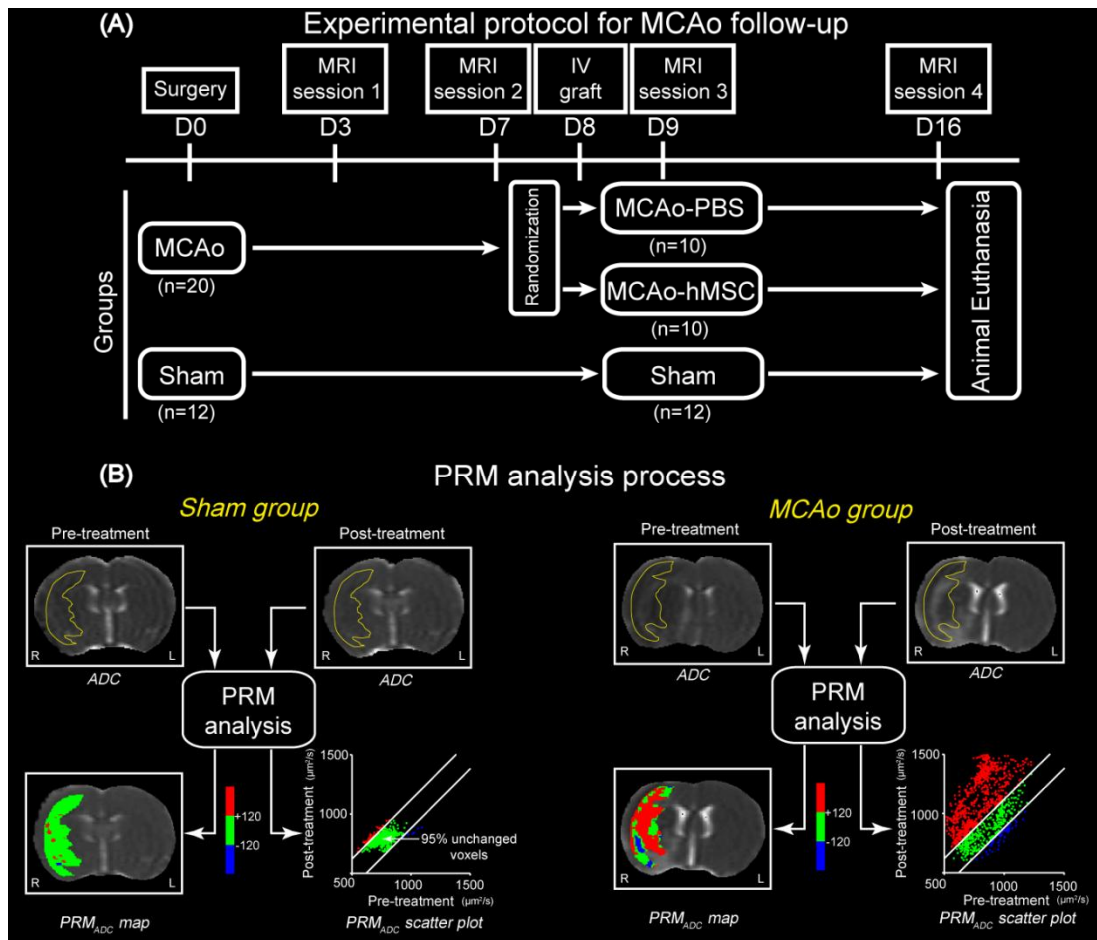


**Figure 5.1:** A schematic representation of the dynamic biological processes supposed to be involved in potential cell therapeutic-induced changes of ADC values in ischemic stroke along with a corresponding chromatic description of the  $PRM_{ADC}$  metrics. Neuronal cells in brain tissue suffering from ischemic injury within a voxel may have several fates during cell-therapy. It is generally supported that at the very start of ischemia, sodium-potassium adenosine triphosphatase ( $Na^+ / K^+$ -ATPase) pump failure results in cellular membrane depolarization, which decreases ADC values (ADC-, blue) on diffusion imaging by the redistribution of water from the extracellular space to the diffusion-restricted intracellular space and consequently leads to the initiation of cytotoxic edema. These processes can eventually progress to cell lysis (ADC+, red). With the occurrence of brain tissue necrosis in a later stage, the blood-brain barrier breaks down and serum proteins begin to leak from the blood into the parenchyma. This disturbance causes the vasogenic edema which further increase the water content of the tissue. Vasogenic edema is isosmotic and accumulates mainly in the extracellular compartment which reverses the decreased extracellular space and explains the pseudonormalization of the signal intensity observed in diffusion imaging with a near-normal or increased ADC value (ADC+, red). Furthermore, cells which resistant to therapy or stable during stroke evolution represent an unaltered ADC value (ADC0, green). So for the  $PRM_{ADC}$  analytic process, a color-coded overlay is generated with regions in which the ADC values of stroke lesion are stable, significantly increased or significantly decreased based on the underlying mechanisms mentioned above.

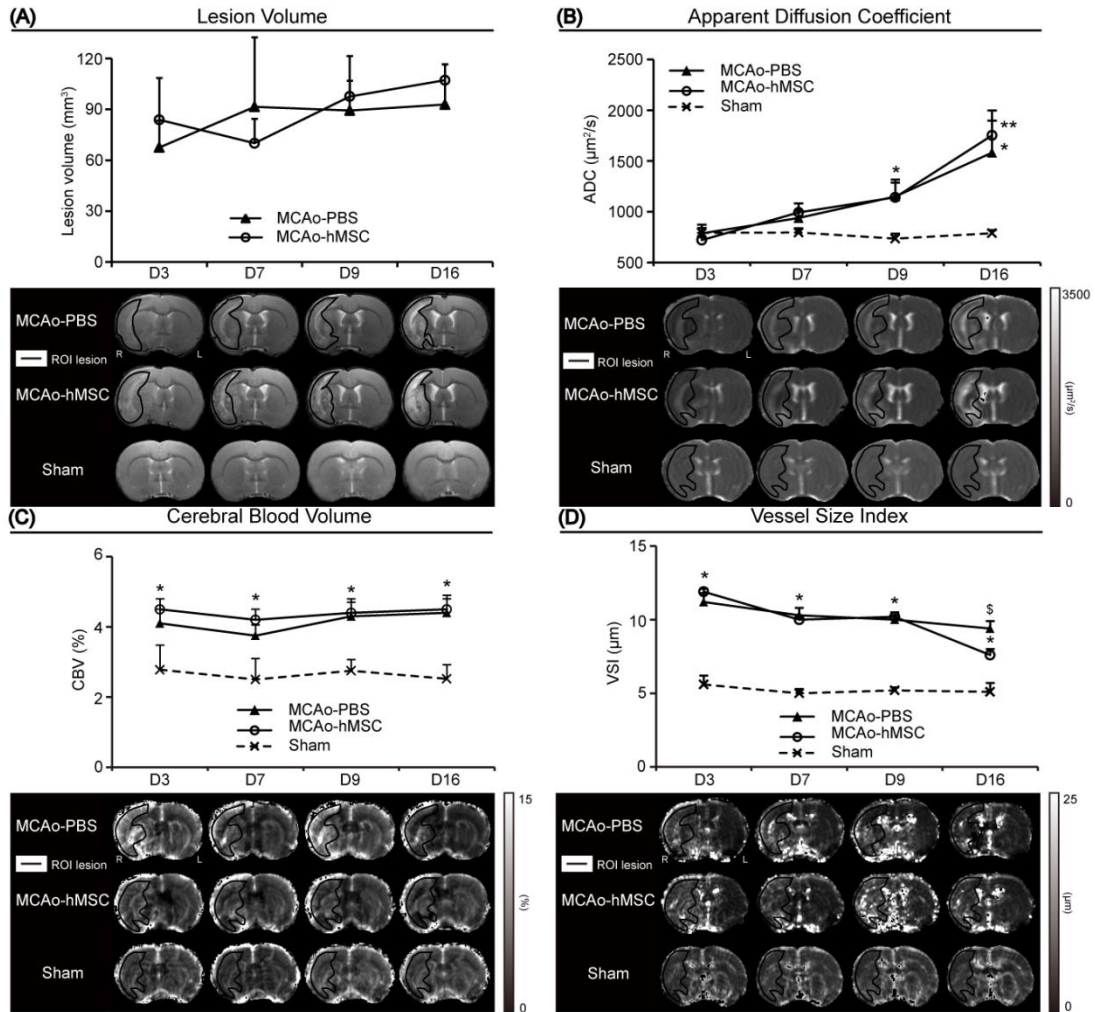


**Figure 5.2:** Expression of angiogenic factors following the IV injection of PBS or hMSC after MCAo. Evolution of (a) Ang1, (b) Ang2, (c) Tie2 and (d) TGF 1 from D1 to D25. Results are presented as mean fold increase to expression in sham±standard error mean (SEM). \* $p < 0.05$ : MCAo vs. sham, # $p = 0.077$ : MCAo-PBS vs. MCAo-hMSC, adapted from [Moisan *et al.* 2016].

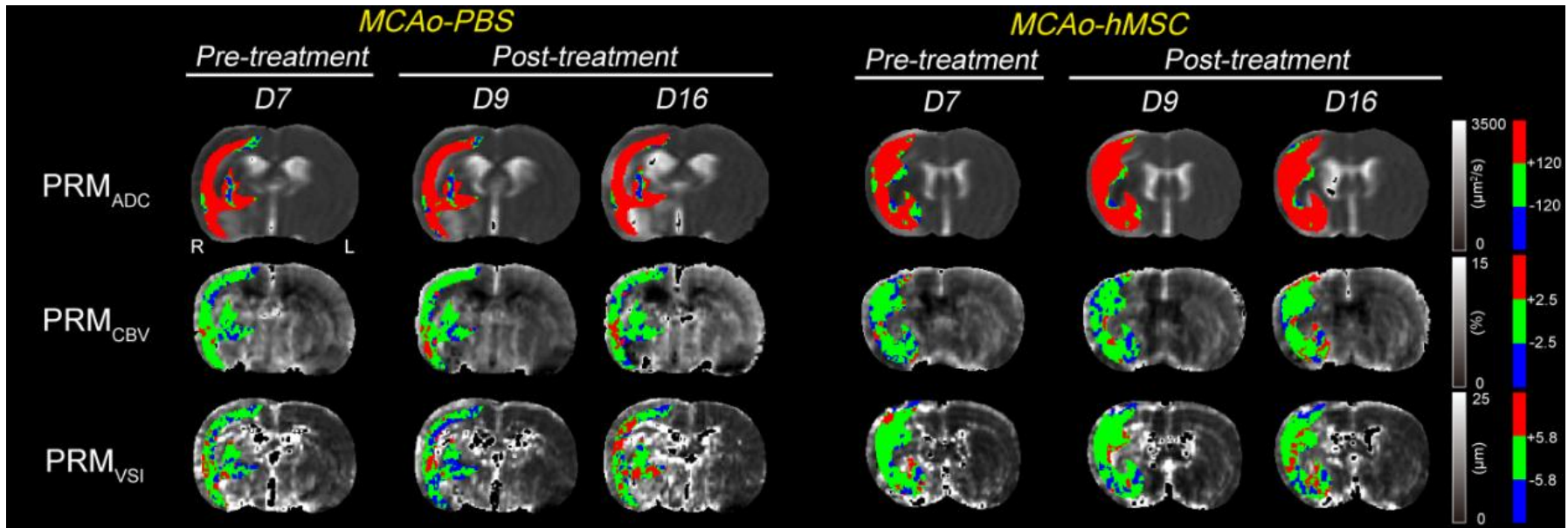




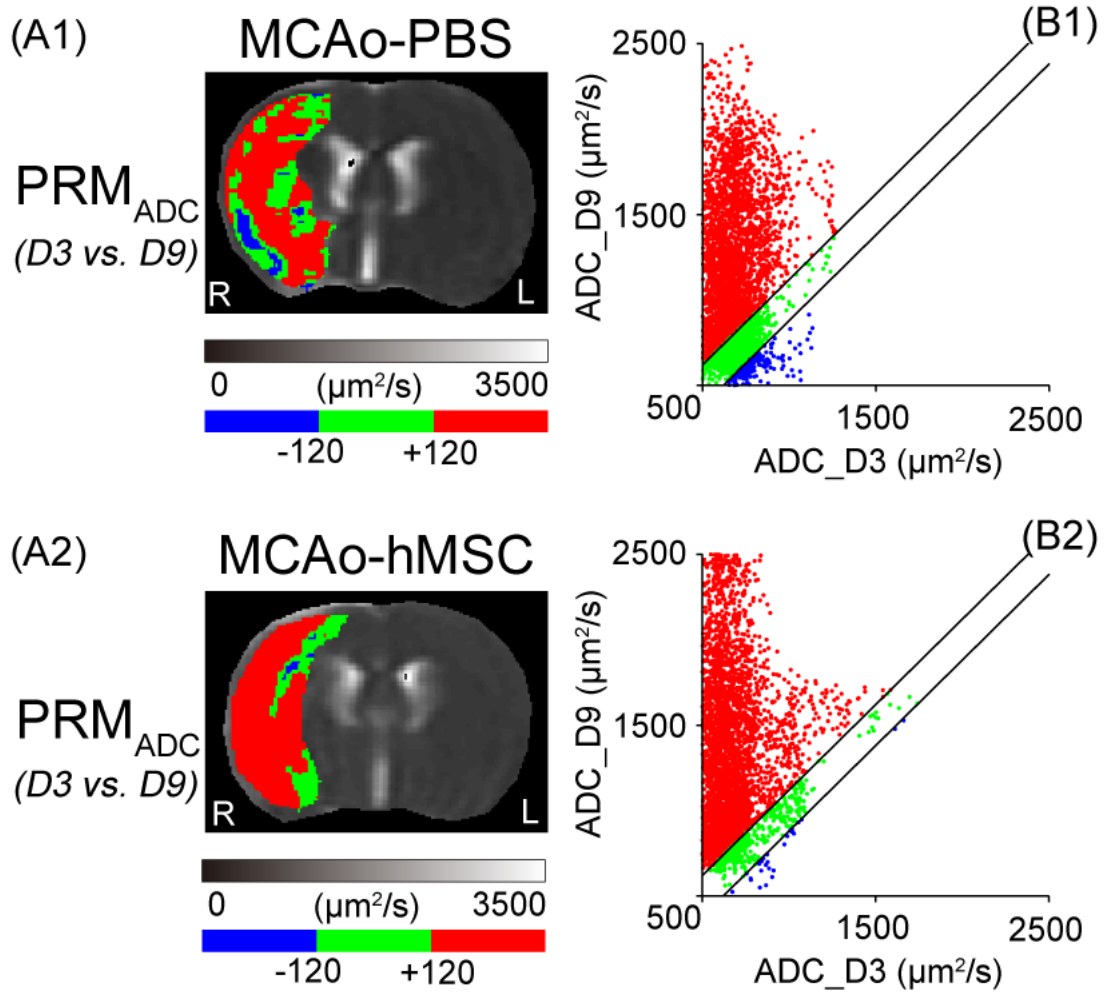
**Figure 5.3:** Study design and PRM analysis process. (A) Experimental protocol. (B) Description of the PRM analysis.  $PRM_{ADC}$  maps appear as color-coded overlays on the ADC maps. Areas with unchanged ADC values are in green, increased ADC are red, and decreased ADC are blue. The scatter plot represents the two coordinates of a spot, and are the ADC values of the same pixel at two time points. CI: confidence interval; L, left hemisphere; R, right hemisphere.



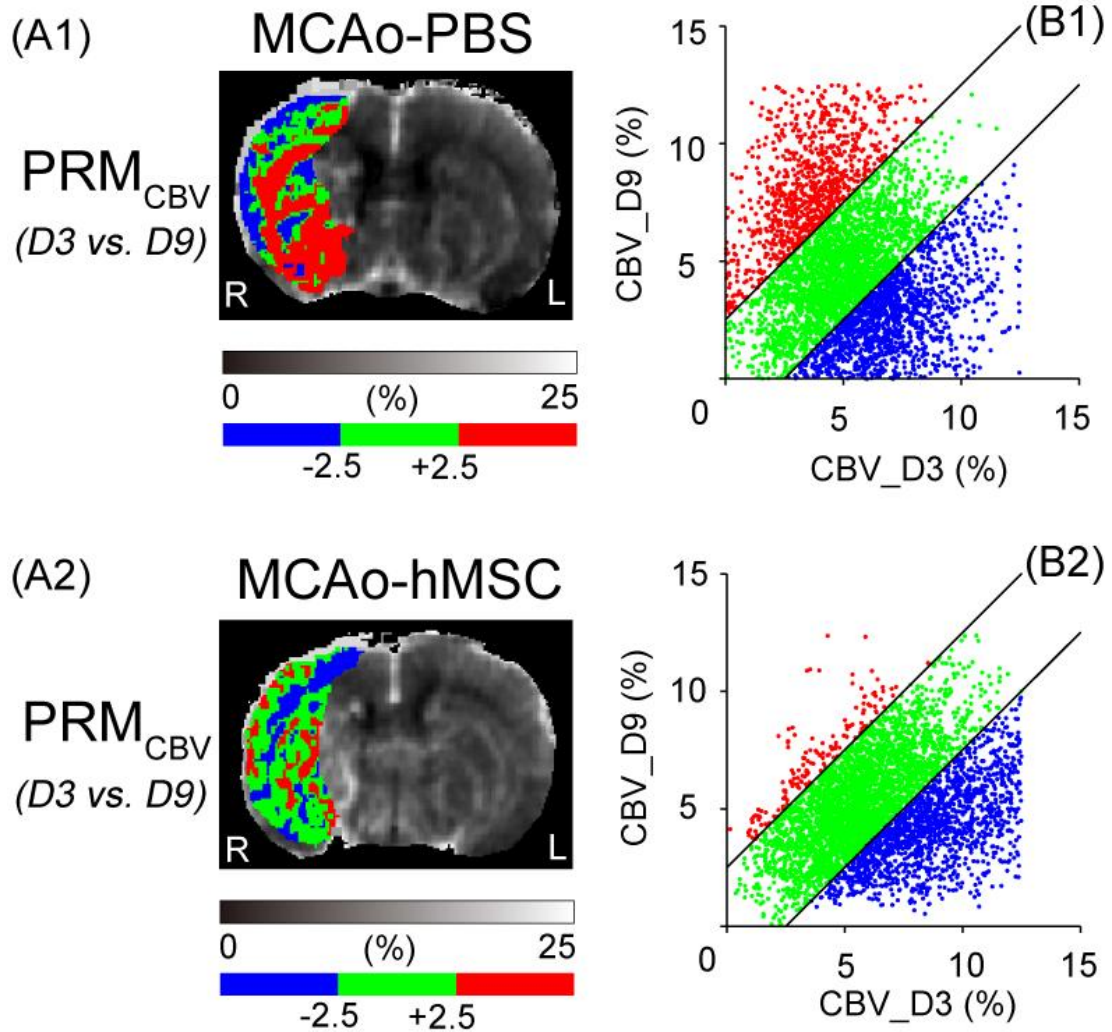
**Figure 5.4:** *In vivo* MRI estimated parameters: whole-lesion approach (A) Mean lesion volume over time in the MCAo-PBS and MCAo-hMSC groups and representative T<sub>2</sub>-weighted images of each group and each time point. (B) Evolution of the ADC, showing significant increase at D9 and D16 in both MCAo groups when compared to the sham group, (C) Evolution of CBV, showing significant increase at D3, D7, D9 and D16 in both MCAo groups when compared to the sham group, and (D) Evolution of VSI, showing significant increase at D3, D7, D9 and D16 in both MCAo groups when compared to the sham group. At D16, the VSI value is significantly higher in the MCAo-PBS group than that in the MCAo-hMSC group. Data are presented as mean±SD<sup>[2]</sup>. For each parameter, each group and each time point, a representative map is displayed. ROIs are delineated by a black solid line. \* $p < 0.05$ , \*\* $p < 0.01$ : MCAo vs. sham; \$ $p < 0.05$ : MCAo-PBS vs. MCAo-hMSC. L, left hemisphere; R, right hemisphere.



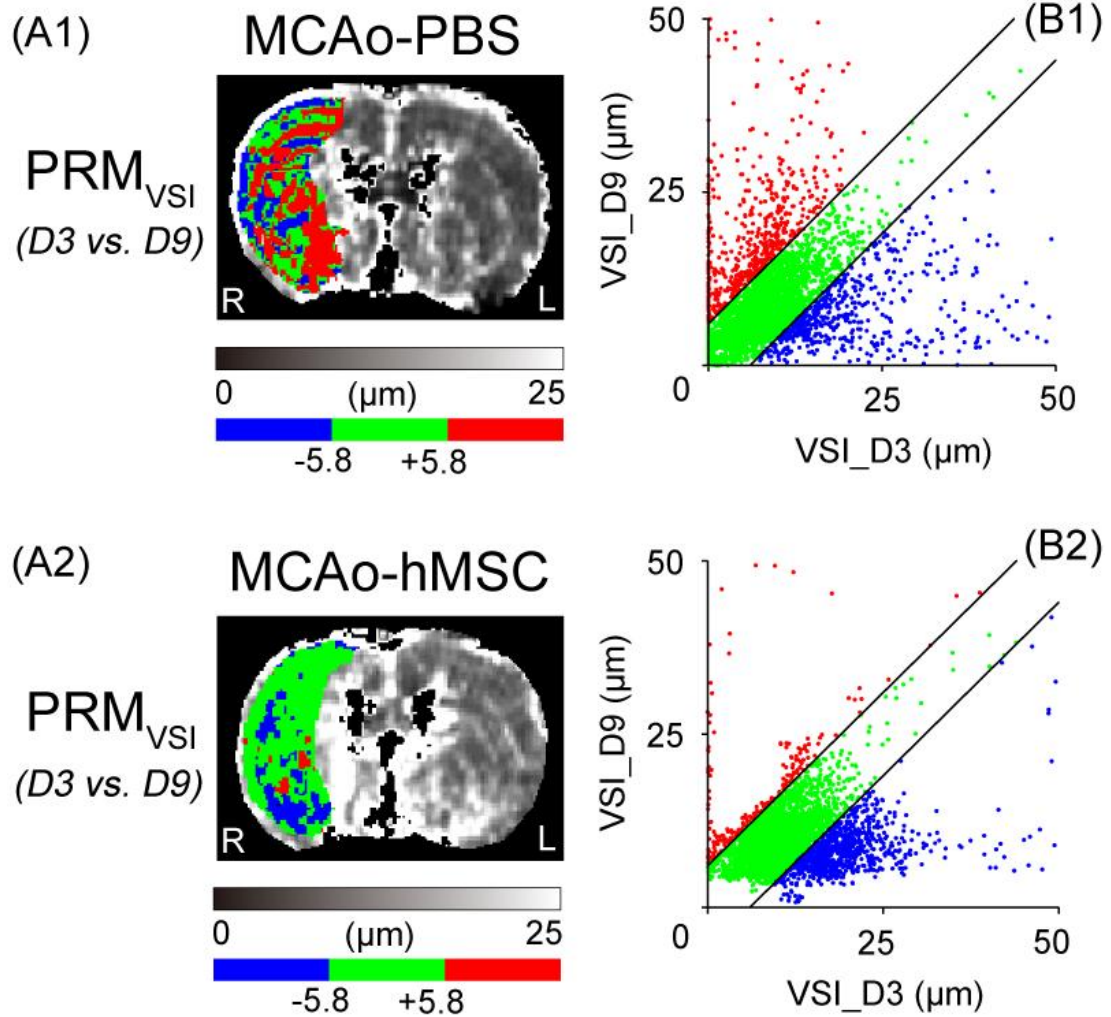
**Figure 5.5:**  $PRM_{ADC}$ ,  $PRM_{CBV}$  and  $PRM_{VSI}$  color-coded maps overlays on ADC, CBV and VSI maps for two MCAo animals. Voxels with significant increase in the parametric value are denoted red, with significant decrease are denoted blue, and remaining unchanged within the confidence interval are denoted green for ADC, CBV and VSI map respectively. Each map corresponds to the comparison of D7, D9, and D16 with the baseline (D3). L, left hemisphere; R, right hemisphere.



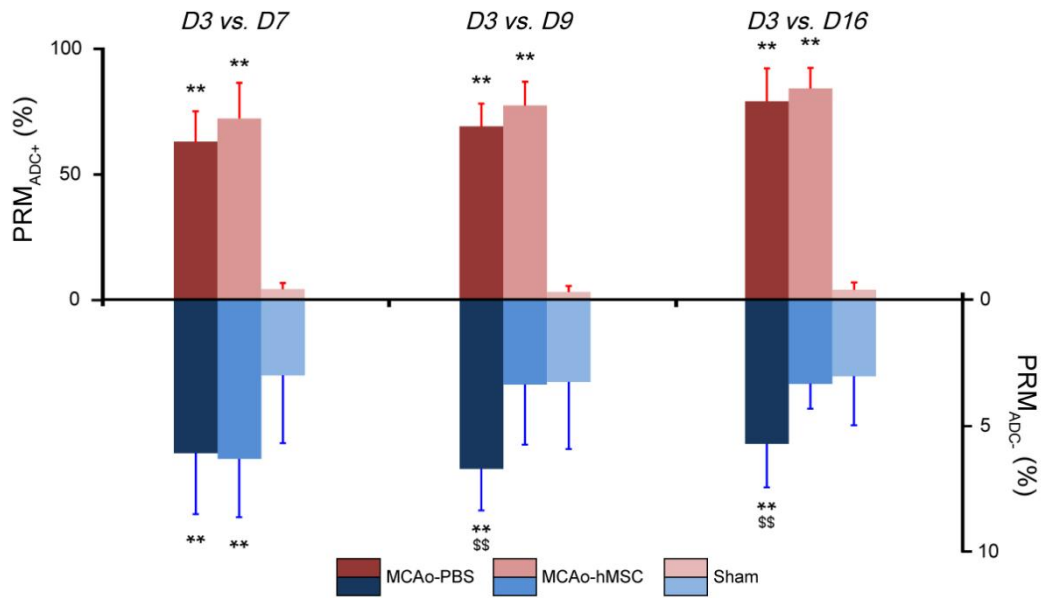
**Figure 5.6:** PRM<sub>ADC</sub> color-coded overlay of two representative rats in (A1) MCAo-PBS and (A2) MCAo-hMSC group respectively. Voxels are designated red with significant increase in ADC, blue for significant decrease in ADC and green if they remain statistically unaltered based on the defined threshold. Corresponding quantitative scatter plots representing the distribution of ADC at D3 compared with D9 are shown respectively (B1, B2). The 95% CIs within the scatter plot were designated by two black lines.



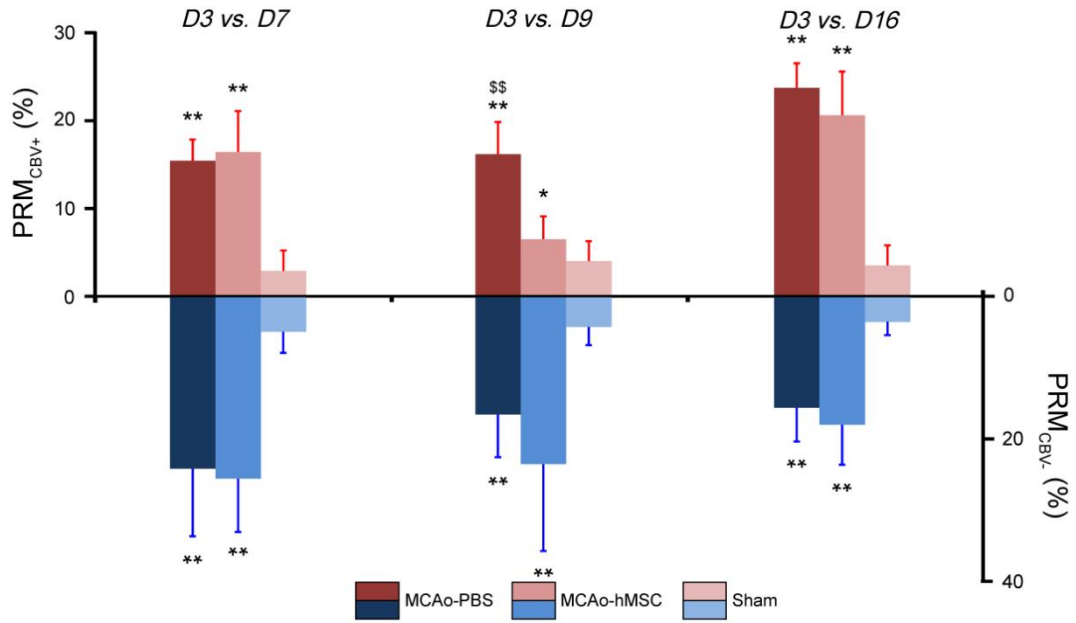
**Figure 5.7:** PRM<sub>CBV</sub> color-coded overlay of two representative rats in (A1) MCAo-PBS and (A2) MCAo-hMSC group respectively. Voxels are designated red with significant increase in CBV, blue for significant decrease in CBV and green if they remain statistically unaltered based on the defined threshold. Corresponding quantitative scatter plots representing the distribution of CBV at D3 compared with D9 are shown respectively (B1, B2). The 95% CIs within the scatter plot were designated by two black lines.



**Figure 5.8:** PRM<sub>VSI</sub> color-coded overlay of two representative rats in (A1) MCAo-PBS and (A2) MCAo-hMSC group respectively. Voxels are designated red with significant increase in VSI, blue for significant decrease in VSI and green if they remain statistically unaltered based on the defined threshold. Corresponding quantitative scatter plots representing the distribution of VSI at D3 compared with D9 are shown respectively (B1, B2). The 95% CIs within the scatter plot were designated by two black lines.

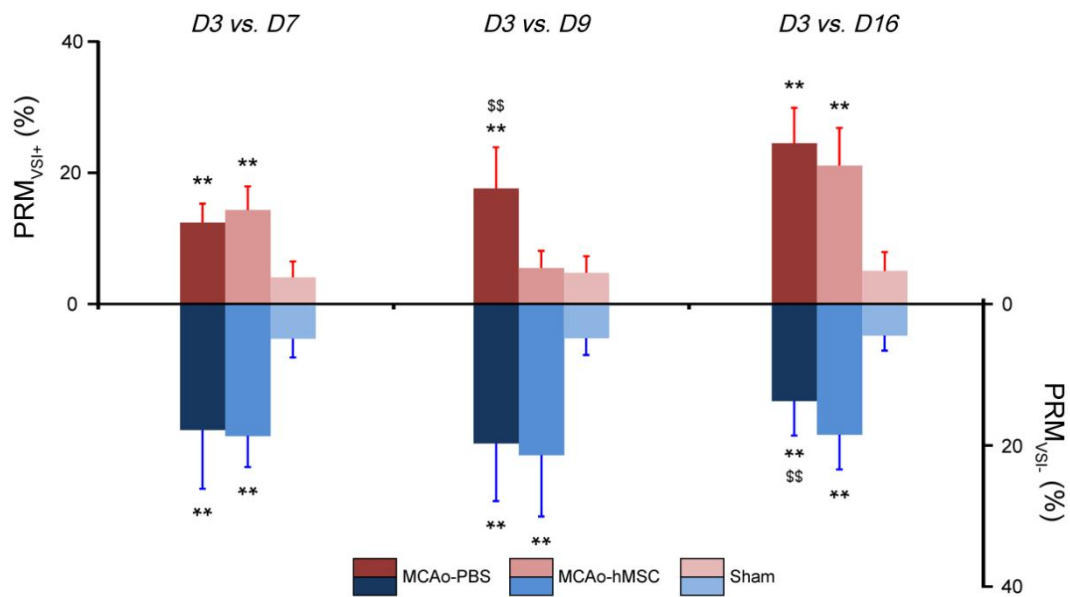


**Figure 5.9:** Histogram of the percent changes of  $PRM_{ADC}$  values.  $PRM_{ADC+}$  (red) and  $PRM_{ADC-}$  (blue) over time in the MCAo-PBS, MCAo-hMSC and sham groups in the right hemisphere (mean $\pm$ SD<sup>[2]</sup>). \*\* $p < 0.01$ : MCAo vs. sham; \$\$ $p < 0.01$ : MCAo-PBS vs. MCAo-hMSC.



**Figure 5.10:** Histogram of the percent changes of PRM<sub>CBV+</sub> values. PRM<sub>CBV+</sub> (red) and PRM<sub>CBV-</sub> (blue) over time in the MCAo-PBS, MCAo-hMSC and sham groups in the right hemisphere (mean±SD<sup>[2]</sup>). \* $p < 0.05$ , \*\* $p < 0.01$ : MCAo vs. sham; \$\$ $p < 0.01$ : MCAo-PBS vs. MCAo-hMSC.





**Figure 5.11:** Histogram of the percent changes of  $PRM_{VSI}$  values.  $PRM_{VSI+}$  (red) and  $PRM_{VSI-}$  (blue) over time in the MCAo-PBS, MCAo-hMSC and sham groups in the right hemisphere (mean $\pm$ SD<sup>[2]</sup>). \*\* $p < 0.01$ : MCAo vs. sham; \$\$ $p < 0.01$ : MCAo-PBS vs. MCAo-hMSC.

# Chapter 6

## Correlating clinical outcome with voxel-based quantitative multiparametric MRI analysis in chronic ischemic stroke

(This part of research has been submitted to Proc. ISMRM 2017)

### 6.1 Brief abstract

Predicting clinical outcome remains a challenge for stroke magnetic resonance imaging (MRI). In this study, we have acquired multiparametric MRI data sets including diffusion-weighted images and perfusion-weighted images of 30 patients with chronic ischemic stroke from 4 pre-defined time points ranging from 6 weeks to 7 months after stroke onset. All of the diffusion and perfusion MRI parameters were analyzed by the classic whole-lesion approach and the parametric response map (PRM), a voxel-based analytic approach at each time point. The biomarker from each acquired MRI metric that predictive for both neurological and functional outcome measured by National Institutes of Health Stroke Scale (NIHSS) and modified Rankin Scale (mRS) respectively, was investigated prospectively. The results revealed the correlation between clinical prognosis (based on NIHSS and mRS) and MRI metrics and emphasized the superiority of the PRM over the whole-lesion approach for the prediction of long-term outcome, which suggested that complementary information for the predictive assessment of post-stroke outcome can be obtained by the PRM analysis.

**Key Words:** chronic infarction; magnetic resonance imaging; diffusion imaging; perfusion imaging; parametric response map; prognosis

### 6.2 Introduction

In the western world, stroke is a major cause of death and long-term handicap. High mortality and vast burden followed permanent disability aside, only around one-third of stroke patients have favorable recovery [Sudlow *et al.* 1997]. The evaluation of clinical outcome plays an important role to prospect the survival situation and life quality in stroke population. From the early phase after symptom onset to the late phase of recovery, prognosis after ischemic stroke can be influenced by a variety of assessable factors. Therefore, accurate and early outcome prediction is urgent to be realized by various means.

In well-designed clinical trials, stroke outcome is generally rated by the National Institutes of Health Stroke Scale (NIHSS) and / or modified Rankin Scale (mRS) due to their validity and availability to discriminate clinically relevant

grades of individual status after ischemic stroke. Between these two testing scales, the mRS is more specific to indicate functional independence for daily activities, which has been shown to be reliable and reproducible [Banks *et al.* 2007, König *et al.* 2008].

One challenge in post-stroke prognosis assessment remains in picking best study end point that appropriately indicates the final outcome. Therefore, it is of major interest to elucidate the relationship between early lesion patterns mostly based on MR images and functional impairment in the later phase of ischemic stroke.

Both diffusion-weighted imaging (DWI) and perfusion-weighted imaging (PWI) provide a large amount of information that could be evaluated quantitatively with image analysis methods instead of visual detection. Generally, measures of imaging parameters are based on a pre-defined region of interest (ROI) by manual delineation which contains all the significantly different values of pixels in the lesion from the healthy tissue. The intralesional characteristics in a parametric map are shown by a mean value of all the pixels in the ROI. However, an analysis of the ROI-based mean value can easily mask focal changes of intralesional tissue properties and lose details which reflect the actual evolution of stroke. The ability to predict long-term functional impairment and recovery based on diffusion and perfusion MRI sequences and associated measures of lesion evolution can be enhanced by using a voxel-wise analytic technique, the parametric response map (PRM) [Galban *et al.* 2009a]. PRM analyzes the parametric values voxel by voxel using coregistered longitudinal MR maps. It has been proven to be distinctly advantageous over whole-lesion volume techniques such as mean value and histogram analysis in tumor researches [Hamstra *et al.* 2008, Tsien *et al.* 2010] and gradually transferred to cerebrovascular disease application [Tsai *et al.* 2013]. PRM allows for classification of individual ROI-contained voxels based on the extent of change in values which is spatially dependent, and so far it has been applied across a wide variety of MRI quantitative parameters including apparent diffusion coefficient (ADC), regional cerebral blood flow (rCBF), regional cerebral blood volume (rCBV) and  $K_{trans}$  in numerous researches to assess tumor therapeutic response [Moffat *et al.* 2005, Galban *et al.* 2009a, Baer *et al.* 2015]. PRM could also be useful in stroke because it can identify changes over time within ischemic regions at voxel-wise individual level.

In this study, we compared the ability of PRM and of a whole-lesion approach based on ROI to identify the evolution of ischemic tissue in clinical chronic stroke. Accordingly, we examined the linear correlation between these imaging parameters and clinical outcome assessed by NIHSS and mRS. We hypothesized that PRM could reveal more details on the relationship between diffusion and / or perfusion MR parameters and long-term outcome. Furthermore, the conventional MRI parameters by PRM would be a better predictor of long-term outcome than by classic whole-lesion approach.

## 6.3 Subjects and methods

### 6.3.1 Study population and study design

Thirty patients with chronic stroke examined and treated in CHU Grenoble

Alpes from August 2010 were selected. After confirmed diagnosis by neuroimaging evidence, either conservative or intravenous thrombolytic treatment was induced. Exclusion criteria such as intracranial hemorrhage (ICH), traumatic brain injury (TBI), previous neurological or psychiatric disorder, substance abuse, major decline in consciousness were implemented in advance. The study was approved by the CHU Grenoble Alpes Ethics Committee (PHRC NCT00875654) and according to the Declaration of Helsinki. Patients were included after providing a written informed consent.

The basic clinical information of each patient was included in **Tab.6.1** (21 male, 9 female; mean age  $52\pm 10$ , range 27 to 67 years-old). Among these patients, eleven of them had received IV recombinant tissue plasminogen activator (rt-PA) (7 male, 4 female) within 4.5 h after the onset of stroke symptoms. The ischemic lesion is located in either left or right hemisphere (left hemisphere:  $n = 8$ ; right hemisphere:  $n = 22$ ).

For the clinical protocol design (**Fig.6.1-A**), 7 post-stroke time points in all (V1a: 7 days, V1b: 9 days, V2: 6 weeks, V3: 8 weeks, V4: 3 months, V5: 5 months, V6: 7 months) were set to monitor disease evolution after the stroke onset (V0: Day 0). All 30 patients underwent the MRI scan at 4 time points (V2, V3, V4 and V6), NIHSS assessment was measured at 6 time points (V1a, V1b, V3, V4, V5 and V6) and mRS assessment was measured at 5 time points (V1b, V3, V4, V5 and V6). To analyze the linear correlation between imaging metrics and clinical outcome scores, the results of both NIHSS and mRS obtained at V3, V4, V5 and V6 were adopted. The daily rate changes of NIHSS and mRS scores were also measured between each two continuous time points based on the duration of interval.

### 6.3.2 Clinical assessment

Besides the clinical indices including age, sex and side of damaged hemisphere, severity of neurological deficit on admission assessed by NIHSS, and functional deficit measured by mRS at several pre-defined time points during the stroke monitoring were recorded, respectively (**Tab.6.1**).

The NIHSS consists of 5 grades rated as follows: 0, no stroke symptoms; 1-4, minor stroke; 5-15, moderate stroke; 16-20, moderate to severe stroke; 21-42, severe stroke. The scale is performed based on 11 items including level of consciousness, horizontal eye movement, visual field test, facial palsy, motor arm, motor leg, limb ataxia, sensory, language, speech, and extinction and inattention [**Goldstein et al.** 1989].

The mRS consists of 7 grades rated as follows: 0, no symptoms at all; 1, no significant disability: despite symptoms, able to perform all usual duties and activities; 2, slight disability: unable to carry out all previous activities but able to look after own affairs without assistance; 3, moderate disability: requiring some help but able to walk without assistance; 4, moderately severe disability: unable to walk without assistance and unable to attend to own bodily needs without assistance; 5, severe disability: bedridden, incontinent, and requiring constant nursing care and attention; and 6, death [**van Swieten et al.** 1988].

To verify the efficiency of functional outcome prediction using the different approaches, all 30 patients were stratified into either good- or poor-outcome subgroups according to the individual final outcome (mRS score at V6). For the

good-outcome subgroup ( $n = 6$ ), the mRS score estimated at V6 ranged between 0 and 2, whereas for the poor-outcome subgroup ( $n = 24$ ), it ranged between 3 and 6, as previously described [Tsai *et al.* 2013].

### 6.3.3 MRI assessment

Imaging protocol was carried out on a 3.0T Achieva MR scanner (Philips Healthcare®), using a whole-body radiofrequency (RF) transmit and 8-channel head receive coils. The total duration of all sequences used in our study was approximately 1 h, although the whole protocol which contained other procedures for different objectives such as oxygen and function would take a much longer time. Conventional MR sequences including  $T_1$ -weighted imaging ( $T_1$ WI),  $T_2$ -weighted imaging ( $T_2$ WI) and magnetic resonance angiography (MRA) were performed for clinical routine, and fluid attenuation inversion recovery (FLAIR), DWI and dynamic susceptibility contrast (DSC)-PWI were included in our research (Fig.6.1-B). All the details of MR scanning condition were mentioned below:

1) A 3D gradient recalled echo (GRE)  $T_1$ -weighted image (160 contiguous slices, slice thickness = 1 mm, TR/TE = 9.8/4.6 ms,  $512 \times 512$  matrix, a field of view (FOV) of  $256 \times 160$  mm and 4.5 min acquisition time) was performed;

2) An MRA was performed using a time-of-flight (TOF) sequence (130 slices, thickness = 1.4 mm, TR/TE = 25/3.4 ms,  $560 \times 560$  matrix, a FOV of  $220 \times 180$  mm and 5.3 min acquisition time) on the Circle of Willis (CoW);

3) An axial FLAIR sequence (30 slices, 0.4 mm slice gap, TR/TE = 11000/125 ms, TI = 2200 ms,  $512 \times 512$  matrix, a FOV of  $230 \times 180$  mm, resolution =  $0.45 \times 0.45 \times 4$  mm and 2.9 min acquisition time) was performed;

4) Axial slices obtained with spin-echo DWI (28 slices, 0.4 mm slice gap, TR/TE 2372/55 ms,  $256 \times 256$  matrix, resolution =  $0.9 \times 0.9 \times 0.4$  mm and 0.46 min acquisition time) were acquired with  $b$  values of 0 and  $1000 \text{ s/mm}^2$ , the high  $b$  value measurements were performed with six combinations of diffusion gradient vectors;

5) A dynamic, gradient-echo, echo-planar PWI (25 contiguous slices, 0 mm slice gap, thickness = 4 mm, TR/TE 1670/40 ms, flip angle  $75^\circ$ ,  $112 \times 112$  matrix, resolution =  $2 \times 2 \times 4$  mm, a FOV of  $224 \times 184$  mm and 1.1 min acquisition time) was performed. After acquisition of 4 baseline images, a bolus of Gadolinium-DOTA (0.1 mmol/kg, Guerbet, France) was injected and flushed with physiological saline (60 mL) at a rate of 5 mL/s with a magnetic resonance compatible power injector (MEDRAD, Inc., Warrendale, PA, USA). To obtain an accurate estimate of the baseline MR signal intensity  $S_0$  prior to the arrival of contrast agent an injection delay of 10 s was applied. Eight single-shot, gradient-echo and echo-planar images were obtained per slice.

All these sequences were acquired in an axial plane, parallel to the anterior commissure-posterior commissure (AC-PC), covering the entire brain.

### 6.3.4 Data processing

Data analysis was performed using in-house developed modules run in Matlab (The MathWorks, Inc., Natick, MA, USA) and SPM12 software (Statistical

Parametric Mapping, Wellcome Trust Centre for Neuroimaging, Inst. of Neurology, University College London, UK).

#### 6.3.4.1 Diffusion data processing

ADC maps were calculated by:

$$ADC = -[\ln(\frac{S_1}{S_0})] / (b_1 - b_0)$$

where  $S_1$  is the signal intensity (SI) of the voxel obtained through three orthogonally oriented diffusion-weighted images or diffusion trace images.  $S_0$  is the SI of the voxel obtained through reference  $T_2$ -weighted images.  $b_1$  is the gradient  $b$  factor with a value of 1000 s/mm<sup>2</sup>.  $b_0$  is the gradient  $b$  factor with a value of 0 s/mm<sup>2</sup>.

#### 6.3.4.2 Perfusion data processing

DSC MR perfusion data were analyzed using a parametric approach [Mouridsen *et al.* 2006]. The arterial input function (AIF) was determined semi-automatically and extracted from a single slice of the perfusion scan containing the middle cerebral artery (MCA). The maps of arrival time include time-to-peak (TTP), mean transit time (MTT) and time-to-maximum ( $T_{max}$ ). TTP was defined as the time point of maximum intensity loss after the passage of the contrast agent. MTT and  $T_{max}$  were calculated pixel-wise with a deconvolution approach based on a singular value decomposition using a tracer arrival timing insensitive method and an automatic regularization of oscillations (oscillation index regularized block-circulant singular value decomposition, oSVD).

Cerebral blood volume (CBV) maps were generated from DSC  $T_2^*$ -weighted images by dynamically tracking the passage of a bolus high-susceptibility contrast agent. By detecting the arterial as well as the total tissue concentration as a function of time during a single transit, the CBV can be determined from the ratio of the areas under the tissue and arterial concentration time curves, respectively, as:

$$CBV = \frac{\int_{-\infty}^{\infty} C_t(\tau) d\tau}{\int_{-\infty}^{\infty} C_a(\tau) d\tau}$$

To assess differences in lesion blood volume objectively and avoid the variations between individuals, the rCBV by kinetic analysis of the concentration time curve was estimated after the normalization of CBV because arterial measurements with limited spatial resolution are not readily quantifiable [Ostergaard *et al.* 2005]. CBV maps were normalized to values within the regions contralateral to the stroke lesion with normal appearing white matter (NAWM), which defined as large as possible to avoid regions with susceptibility artifacts and partial volume averaging, generally normalized to 5% as quantitative references.

MTT was computed from the residue function obtained from the deconvolution and rCBF was calculated as the ratio rCBV / MTT from the central volume theorem [Mouridsen *et al.* 2006].

#### 6.3.4.3 Image registration

All image data were registered to FLAIR images at baseline (V2) using mutual information as an objective function and Nelder-Mead simplex as an optimizer algorithm (co-registration function in SPM12 free software, distributed under the terms of the GNU General Public License as published by the Free Software Foundation). Automatic co-registration of different and similar weighted serial MRI scans for the same patient was performed assuming a rigid body-geometry relationship, which meant rotation and translation between head scans, so that the motion and susceptibility artifacts were restrained. Pairwise registration was applied under the situation that lesion volume changes were obviously large.

#### 6.3.4.4 Regions of interest

Following co-registration, regions of interest (ROIs) of ischemia were manually contoured under the guidance of experienced clinicians including stroke physician and neuroradiologist blinded to the diagnosis. ROIs of the whole stroke lesion were drawn on FLAIR images, identified as the hyperintense regions, and subsequently checked for concordance on the ADC maps. Caution was taken to exclude the ventricles. Lesion volumes were computed by calculating the sum of lesion areas on each slice. On the contralateral undamaged hemisphere, a mask was applied to delineate the ROI contains NAWM with mean value of each target parameter in healthy tissue (ADC:  $686.2 \pm 34.3 \text{ m}^2/\text{s}$ , MTT:  $5.0 \pm 0.9 \text{ s}$ , TTP:  $23.5 \pm 2.3 \text{ s}$ ,  $T_{\max}$ :  $2.2 \pm 0.4 \text{ s}$ , rCBF:  $16.0 \pm 1.7 \text{ mL}/100\text{g}/\text{min}$  and rCBV:  $8.1 \pm 0.7\%$ ). For each object, this ROI was used to acquire the range and determine the threshold of each parameter in PRM analysis. All these ROIs (lesion and reference) were then automatically transferred onto each other registered parametric maps, which especially avoids the confusion of delineation on those non-morphological maps.

Shrinkage or growth of the ischemic lesion during the stroke evolution between two monitoring time points may occur. However, for the stroke population, no significant changes in lesion volume were observed between each two time points set for the subsequent PRM analysis (V2 vs. V3, V2 vs. V4 and V2 vs. V6, cf. below). Therefore, only voxels that were present in both baseline (V2) and each other time points were included. Voxels with non-converging fits or values outside the range of validity of the measurement (ADC >  $3500 \text{ m}^2/\text{s}$ , MTT > 27 s, TTP > 60 s,  $T_{\max}$  > 60 s, rCBF > 100 mL/100g/min, rCBV > 48%), were identified and excluded from the analysis (fractions of all excluded voxels of each map: ADC, MTT: < 1.0%; TTP: 2.6%;  $T_{\max}$ : 4.7%; rCBF: 3.0% and rCBV: 3.6%).

For the resultant parametric maps consist of spatially aligned voxels, ROIs were initially contoured at each time point. Besides the comparison of lesion volume measured based on these ROIs (e.g. volume of ROI<sub>V2</sub> vs. volume of ROI<sub>V3</sub>), the mean parametric values at a single time point calculated based on ROIs delineated at respective time points were also statistically analyzed (e.g. ADC<sub>V2</sub> measured in ROI<sub>V2</sub> vs. ADC<sub>V2</sub> in ROI<sub>V3</sub>). The purpose of this step is to exclude the influential factor of size change of the ROI in the parametric value measurements in the case that the ROI contoured during the follow-up contains

voxels of tissular content with quite different value compared to the original one. In our study, there was no significant variation between the results in different ROIs on each map at each time point so that a single one from the ROIs contoured at 4 time points was selected for the PRM analysis.

### 6.3.5 Imaging analysis

Two imaging post-processing approaches were assessed for monitoring stroke evolution using ROIs delineated on both diffusion and perfusion parametric maps.

#### 6.3.5.1 Whole-lesion analysis

For each patient at each time point (V2, V3, V4 and V6), both diffusion and perfusion parametric values (ADC, MTT, TTP,  $T_{max}$ , rCBF and rCBV) were measured in each ROI.

#### 6.3.5.2 Parametric response map (PRM) analysis

Changes in six co-registered diffusion and perfusion parametric maps were analyzed voxel-wise by PRM for each patient ( $n = 30$ ) at each of the 4 time points from V2 to V6. For the purpose of clarity, PRM analyses on ADC maps (V2 vs. V3) will be described in details. We first computed the 95% confidence interval (CI) for the classification of ADC values according to most PRM procedure design. Briefly, we empirically calculated the threshold that yields a significant change in ADC value for each voxel between the baseline (V2) and V3 based on the reference ROI. The ADC threshold ( $200 \mu\text{m}^2/\text{s}$ ) was determined by the 95% unchanged CI resulting from linear least squares analysis on the data combined from all 30 patients instead of the receiver operating characteristic (ROC) curve analysis for an optimal prediction which previously described in a reference [Galban *et al.* 2009b]. For each patient, the ROI within the contralateral hemisphere containing NAWM was used to acquire the range of ADC at V2 and V3. Then,  $\text{PRM}_{\text{ADC}}$  maps were determined by calculating the difference between ADC within the lesion ROI at V2 and at each following time point (V3, V4 and V6). Red voxels represent voxels within each lesion with an increase in the ADC value (beyond the CI of  $200 \mu\text{m}^2/\text{s}$ ; cf. above), blue voxels represent voxels with a decrease in the ADC value (below the CI) and green voxels represent voxels within each lesion with an unchanged ADC value (the absolute value of ADC varies less than the CI). Therefore, all voxels within the lesion volume were stratified into three fractions:  $\text{PRM}_{\text{ADC}+}$  (increased ADC, denoted red),  $\text{PRM}_{\text{ADC}-}$  (decreased ADC, denoted blue) and  $\text{PRM}_{\text{ADC}0}$  (unchanged ADC, denoted green). The sum of both  $\text{PRM}_{\text{ADC}+}$  and  $\text{PRM}_{\text{ADC}-}$  volume was termed  $\text{PRM}_{\text{ADC}+/}$ , which indicate the total volume of voxels with ADC changes within the lesion. The same analytic procedure was applied to the other five perfusion maps (MTT, TTP,  $T_{max}$ , rCBF and rCBV). After determining each CI (2.8 s for  $\text{PRM}_{\text{MTT}}$ , 4 s for  $\text{PRM}_{\text{TTP}}$ , 2 s for  $\text{PRM}_{\text{Tmax}}$ , 25 mL/100g/min for  $\text{PRM}_{\text{rCBF}}$  and 1% for  $\text{PRM}_{\text{rCBV}}$ ), the other five parametric maps were obtained at V3, V4 and V6 by comparison with the data acquired at V2.

### 6.3.6 Statistical analysis



A paired 2-tailed Student's *t*-test was used for comparison of differences in baseline 1) lesion volume, 2) mean parametric values (ADC, MTT, TTP,  $T_{max}$ , rCBF, rCBV), 3) percentage of voxels with increased value, percentage of voxels with decreased value and total percentage of voxels with significantly changed value by PRM approach ( $PRM_{ADC}$ ,  $PRM_{MTT}$ ,  $PRM_{TTP}$ ,  $PRM_{Tmax}$ ,  $PRM_{rCBF}$ ,  $PRM_{rCBV}$ ) with each other individual time point.

Significance of median incremental daily changes in NIHSS score and mRS score was assessed using a non-parametric *Mood's* median test. Comparison of scores between thrombolysis group and no-thrombolysis group was performed using unpaired *t*-tests after checking the variance homogeneity (*Levene's* test). In cases of variance inhomogeneity, a *Mann-Whitney* test was used.

We performed Pearson correlation coefficient (Pearson's *r*) for correlations of the representative imaging parameters with the assessment of neurological and functional deficit (NIHSS and mRS score respectively) at each time point. In addition, the receiver operating characteristic (ROC) curve analysis was also applied to define the most predictive parameter for the clinical outcome. Differences between pre-defined good-outcome subgroup and poor-outcome subgroup based on categorical final functional outcome (mRS at V6) were also performed using unpaired *t*-tests for the comparisons of positive PRM results from correlation analysis. Results are expressed as mean  $\pm$  standard deviation (SD<sup>[2]</sup>). All statistical analyses were conducted using the software SPSS19.0<sup>®</sup> (SPSS, Inc, Chicago, IL). Results were declared statistically significant at the two-sided 5% comparison-wise significance level ( $p < 0.05$ ).

## 6.4 Results

### 6.4.1 Clinical outcome

The NIHSS score and mRS score were measured at pre-defined time points (mentioned in 6.3.2). The results were analyzed overall for the total population ( $n = 30$ ) and separately for objects treated by thrombolysis or not (thrombolysis: 11, no-thrombolysis: 19). The measurements of NIHSS and mRS for all patients are shown in **Fig.6.2-A** and **Fig.6.2-C**, respectively. The NIHSS and the mRS of the thrombolysis subgroup was compared to no-thrombolysis subgroup at each time point (**Fig.6.2-B** and **Fig.6.2-D**). Rate change of NIHSS and mRS were overall measured in sequential durations (**Fig.6.3-A** and **C**). The comparisons between thrombolysis and no-thrombolysis subgroups were also undergone (**Fig.6.3-B** and **D**). No intergroup significance was shown at each time point for both value and rate change. Information of both imaging metrics and outcome assessment from V3 to V6 was taken into consideration for correlation analysis. The mRS score is significantly higher at V3 than that at V5 and V6 ( $p = 0.016$  and  $p = 0.008$ , respectively, **Fig.6.2-C**), while the rate change is significantly higher from V3 to V5 than that from V5 to V6 ( $p = 0.006$ , **Fig.6.3-C**). No significance was shown between other time points of interest for either NIHSS or mRS (both value and rate change). In sum, the NIHSS, mRS and the rate change of mRS were decreased over time. The rate change of NIHSS was decreased from V1b to V5 and slightly increased from V5 to V6.

## 6.4.2 Imaging data

### 6.4.2.1 Evolution of lesion volume

At each time point for MRI session, the mean lesion volumes based on the manually-delineated ROIs of the whole sample were measured (**Tab.6.2**). No significance was shown in the lesion volume measurement over time. However, lesion volume of the poor-outcome subgroup was larger all along than that of the good-outcome subgroup (V2:  $p = 0.001$ , V3:  $p = 0.002$  and V6:  $p = 0.005$ ) (**Fig.6.4-A**).

### 6.4.2.2 Evolution of ADC

The whole-lesion approach showed that the mean ADC value in the lesions was increased over time (**Tab.6.2**). At each time point, the mean ADC values measured in each lesion in the two subgroups with good- and poor-outcome (hereinafter referred to as %subgroups+) were similar (**Fig.6.4-B**).

A visual inspection of the ADC map of a patient (No.22) with good outcome suggested that the PRM approach showed that most of the pixels in the lesion ROIs exhibited increased ADC values in the ischemic lesions (**Fig.6.5-A**). Some areas with decreased ADC in the lesion ROIs were also observed at each time point (**Tab.6.3**).

The fraction of voxels with ADC changes increased over time, in which the increased ADC volume ( $PRM_{ADC+}$ ) kept growing in two subgroups. No significant interaction of any  $PRM_{ADC}$  metric between subgroups and time points was found. However, we observed that the  $PRM_{ADC+}$  fraction was larger in the poor-outcome subgroup than that in the good-outcome subgroup at V3 ( $33.5 \pm 9.2\%$  vs.  $29.0 \pm 9.5\%$ ), V4 ( $53.8 \pm 17.1\%$  vs.  $39.5 \pm 10.2\%$ ) and reverse at V6 ( $57.8 \pm 24.6\%$  vs.  $63.4 \pm 26.7\%$ ) (**Fig.6.6-A1**). Moreover, the  $PRM_{ADC-}$  fraction was larger in the good-outcome subgroup than that in the poor-outcome subgroup at all the time points (V3:  $23.1 \pm 11.8\%$  vs.  $14.2 \pm 9.3\%$ ; V4:  $17.3 \pm 9.7\%$  vs.  $9.3 \pm 5.9\%$  and V6:  $13.8 \pm 6.2\%$  vs.  $11.3 \pm 6.0\%$ ) (**Fig.6.6-A2**).

### 6.4.2.3 Evolution of perfusion parameters

#### MTT

The whole-lesion approach showed that the mean MTT value in the lesion was increased over time (**Tab.6.2**). The mean MTT values measured in two subgroups were similar (**Fig.6.4-C**).

The PRM approach showed that the pixels whose value changed over time were scattered in the lesion ROIs (**Tab.6.3**). A visual inspection of the maps suggested that the  $PRM_{MTT}$  maps were mainly more rambling with value change in the patient (No.14) of the poor-outcome subgroup over time (**Fig.6.5-B**) as compared to the one of the good-outcome subgroup (**Fig.6.5-A**).

The fraction of voxels with MTT changes increased over time, in which both the increased MTT ( $PRM_{MTT+}$ ) and decreased MTT ( $PRM_{MTT-}$ ) in the good-outcome subgroup followed the same trend. The  $PRM_{MTT+}$  fractions in two subgroups were similar over time (**Fig.6.6-B1**). The  $PRM_{MTT-}$  fraction was larger in the poor-outcome subgroup than that in the good-outcome subgroup at only V3 ( $15.0 \pm 9.1\%$  vs.  $12.8 \pm 5.9\%$ ) but reversed at V4 ( $15.6 \pm 10.3\%$  vs.  $16.8 \pm 7.0\%$ ) and V6 ( $8.9 \pm 6.6\%$  vs.  $18.8 \pm 6.1\%$ ) (**Fig.6.6-B2**). No significant interaction

between subgroups and time points was found.

### *TTP*

The whole-lesion approach showed that the mean TTP values in the lesions were approximately equivalent over time (**Tab.6.2**). The mean TTP values measured in the lesions for both subgroups were similar (**Fig.6.4-D**).

The PRM approach showed that the pixels with increased and stable TTP value scattered across the lesion ROIs of the good-outcome subgroup (**Fig.6.5-A**), whereas pixels with decreased TTP value represent a considerably large fraction of the lesion of the poor-outcome subgroup (**Fig.6.5-B**).

The fraction of voxels with increased TTP (PRM<sub>TTP+</sub>) increased over time in both subgroups. The PRM<sub>TTP+</sub> fractions in two subgroups were similar over time (**Fig.6.6-C1**). The PRM<sub>TTP-</sub> fraction was larger in the poor-outcome subgroup than that in the good-outcome subgroup at V3 (28.3±11.1% vs. 20.5±9.8%). At V4, the PRM<sub>TTP-</sub> fraction was decreased, therefore it was significantly lower in the good-outcome subgroup than that in the poor-outcome subgroup (16.4±5.7% vs. 34.0±7.9%,  $p = 0.037$ ). The fraction reversed in both subgroups at V6 (22.1±16.2% vs. 24.3±9.4%) (**Fig.6.6-C2**).

### *T<sub>max</sub>*

The whole-lesion approach showed that the mean T<sub>max</sub> value in the lesion increased over time (**Tab.6.2**). The mean T<sub>max</sub> values measured in the lesions in two subgroups were similar (**Fig.6.4-E**).

The PRM approach showed that the pixels with increased and stable T<sub>max</sub> value scattered in the lesion ROIs of the good-outcome subgroup (**Fig.6.5-A**), whereas pixels with decreased T<sub>max</sub> value occupied the largest fraction of the lesion in the poor-outcome subgroup (**Fig.6.5-B**).

The fraction of voxels with the increased T<sub>max</sub> (PRM<sub>Tmax+</sub>) increased over time in both subgroups. The PRM<sub>Tmax+</sub> fraction was larger in the good-outcome subgroup than that in the poor-outcome subgroup at V3 (24.5±9.2% vs. 21.2±7.5%) and V6 (36.3±12.7% vs. 30.7±10.2%) but reversed at V4 (25.2±9.8% vs. 27.9±9.6%) (**Fig.6.6-D1**). The PRM<sub>Tmax-</sub> fraction was larger in the poor-outcome subgroup than that in the good-outcome subgroup at each time point. It is worthwhile to note that the PRM<sub>Tmax-</sub> fraction decreased significantly at V4 in the good-outcome subgroup when compared to the poor-outcome subgroup (1.7±1.3% vs. 20.1±13.5%,  $p = 0.045$ ) (**Fig.6.6-D2**).

### *rCBF*

The whole-lesion approach showed that the mean rCBF value in the lesion decreased over time (**Tab.6.2**). The mean rCBF values measured in the lesions of both subgroups were similar (**Fig.6.4-F**).

The PRM approach showed that the pixels with stable rCBF value were scattered in the lesion ROIs of the good-outcome subgroup (**Fig.6.5-A**), whereas pixels with decreased rCBF value were scattered in the lesion of the poor-outcome subgroup (**Fig.6.5-B**).

The fractions of voxels with the increased rCBF (PRM<sub>rCBF+</sub>) were similar in both subgroups at each time point (**Fig.6.6-E1**). The PRM<sub>rCBF-</sub> fraction was larger in the good- than that in the poor-outcome subgroup at V3 (4.1±2.7% vs.

3.7±1.3%) and then reversed at V4 (5.2±2.1% vs. 6.3±2.4%) and V6 (7.2±2.3% vs. 8.0±5.0%) (**Fig.6.6-E2**). No significant interaction between groups and time points was found.

### rCBV

The whole-lesion approach showed that the mean rCBV value in the lesion increased from V2 to V3 and then decreased over time (**Tab.6.2**). The mean rCBV values in the lesions of both subgroups were similar (**Fig.6.4-G**).

The PRM approach showed that the pixels with mainly stable rCBV value scattered in the lesion ROIs of the good-outcome subgroup (**Fig.6.5-A**), whereas pixels with decreased rCBV value scattered in the lesion of the poor-outcome subgroup (**Fig.6.5-B**).

The fraction of voxels with the increased rCBV ( $PRM_{rCBV+}$ ) was significantly larger in the good-outcome subgroup than that in the poor-outcome subgroup at V3 (15.7±2.8% vs. 4.7±1.8%,  $p = 0.001$ ), then decreased at V4 (6.5±3.9% vs. 9.1±7.2%), reversed until V6 (8.9±4.9% vs. 4.9±2.4%) (**Fig.6.6-F1**). The  $PRM_{rCBV-}$  fraction was significantly larger in the poor-outcome subgroup than that in the good-outcome subgroup at V3 (9.8±2.9% vs. 3.1±1.3%,  $p = 0.036$ ) but not at V4 (10.7±5.1% vs. 7.0±2.7%) and V6 (10.1±3.6% vs. 10.0±4.0%) (**Fig.6.6-F2**). The feature of  $PRM_{rCBV}$  changes at the early time point was more evident than those of other acquired parameters.  $PRM_{rCBV}$  color-coded overlay of a patient with good outcome showed a sharp contrast when compared to a patient with poor outcome. A corresponding quantitative scatter plot demonstrated the distribution of rCBV value at V2 compared with V3 for the entire ischemic lesion volume region (**Fig.6.7**). A larger volume of voxels with increased rCBV and a relatively smaller volume of voxels with decreased rCBV appeared simultaneously in the good-outcome patient compared to the poor-outcome patient at V3.

### 6.4.3 Correlation between imaging and clinical data

All the imaging metrics mentioned above were undergone correlation analysis with both NIHSS and mRS scores of each time point (528 statistical analysis in all, 336 for mean values and 192 for PRM results), and the positive results (11 in mean values and 53 in PRM metrics) were summarized (**Tab.6.4**). We only considered as potential predictive biomarker the correlation between imaging metrics obtained at a relatively earlier stage and long-term NIHSS and / or mRS score. The  $PRM_{ADC+/-}$  at V3 had significant correlation with the rate change of NIHSS at V4 ( $r = 0.618$ ,  $p < 0.05$ ) (**Tab.6.4-C**). This metric at V4 also showed correlation with the rate change of both NIHSS and mRS at V5 ( $r = 0.497$ ,  $p < 0.05$ ;  $r = 0.513$ ,  $p < 0.05$ , respectively) (**Tab.6.4-C** and **D**). The  $PRM_{rCBV-}$  at V3 had significant correlation with NIHSS at V6 ( $r = 0.524$ ,  $p < 0.05$ ), the  $PRM_{rCBV-}$  at V4 had significant correlation with NIHSS at V5 and V6 ( $r = 0.495$ ,  $p < 0.05$ ;  $r = 0.610$ ,  $p < 0.01$ , respectively) (**Tab.6.4-A**). The  $PRM_{rCBV+}$  at V3 exhibited excellent inverse correlation with mRS at V6 ( $r = -0.668$ ,  $p < 0.01$ ) (**Tab.6.4-B**) and with NIHSS at V4 and V5 ( $r = -0.583$ ,  $p < 0.05$ ;  $r = -0.518$ ,  $p < 0.05$ , respectively) (**Tab.6.4-A**). Furthermore, the  $PRM_{T_{max-}}$  at V3 has significant correlation with NIHSS at V3 and V6 ( $r = 0.537$ ,  $p < 0.05$ ;  $r = 0.534$ ,  $p < 0.05$ , respectively) (**Tab.6.4-A**). The  $PRM_{T_{max-}}$  at V4 had significant correlation with

both NIHSS and mRS at V5 ( $r = 0.593, p < 0.01$ ;  $r = 0.510, p < 0.05$ , respectively) (Tab.6.4-A and B) and NIHSS at V6 ( $r = 0.621, p < 0.01$ ) (Tab.6.4-A). It also correlated with the rate change of NIHSS at V5 ( $r = 0.534, p < 0.05$ ) (Tab.6.4-A). The PRM<sub>Tmax+/-</sub> at V3 had correlation with NIHSS at V6 ( $r = 0.498, p < 0.05$ ) (Tab.6.4-A). The PRM<sub>Tmax+/-</sub> at V4 had significant correlation with both NIHSS and mRS at V5 ( $r = 0.455, p < 0.05$ ;  $r = 0.480, p < 0.05$ , respectively) and NIHSS at V6 ( $r = 0.514, p < 0.05$ ) (Tab.6.4-A and B). Although the correlation between PRM<sub>Tmax+/-</sub> and later NIHSS and / or mRS score existed, it was not strong. Based on these analytic results (correlation coefficient  $r$ ), PRM<sub>rCBV</sub> (both PRM<sub>rCBV+</sub> and PRM<sub>rCBV-</sub>) and PRM<sub>Tmax-</sub> (also with PRM<sub>Tmax+/-</sub>) were picked as candidates for potential predictor.

The rCBV changes estimated by both whole-lesion approach and PRM were illustrated by scatter plot versus both NIHSS and mRS at a delayed stage (Fig.6.8). The mean change of rCBV at each early time point was not correlated with the final NIHSS or mRS, whereas the PRM<sub>rCBV+</sub> at V3 was correlated with the final mRS and the PRM<sub>rCBV-</sub> at V3 was correlated with the final NIHSS.

ROC analysis was undergone based on these primary results compared with mean value of the single time point. The ROC curves evaluated the ability to predict NIHSS and mRS at V6 with PRM<sub>rCBV</sub> metrics at V3 and the mean rCBV value at V2 and V3 respectively. For the prediction of NIHSS at V6, the PRM<sub>rCBV-</sub> had the largest area under curve (AUC = 0.841,  $p = 0.023$ ). When a cutoff of 7.0 for PRM<sub>rCBV-</sub> was used, the sensitivity and specificity were 0.86 and 0.89 respectively (Fig.6.9-A). For the prediction of mRS at V6, the PRM<sub>rCBV+</sub> had the largest AUC (0.897,  $p = 0.037$ ). For PRM<sub>rCBV+</sub>, the cutoff of 4.0 was applied to acquire the sensitivity and specificity (0.70 and 0.98, respectively) (Fig.6.9-B). Since the NIHSS and mRS at V6 have significant correlation between each other ( $r = 0.744, p < 0.01$ ), but the PRM<sub>rCBV-</sub> was not correlated with PRM<sub>rCBV+</sub> at V3 ( $r = 0.279, p > 0.05$ ), both metrics can be regarded as independent predictors for the final clinical outcome.

The T<sub>max</sub> changes estimated by both whole-lesion approach and PRM were also illustrated by scatter plot versus both NIHSS and mRS at a later time point. The mean change of T<sub>max</sub> value at each early time point was not correlated with the NIHSS or mRS at V5, whereas the PRM<sub>Tmax-</sub> at V4 was correlated with both NIHSS and mRS at V5 (Fig.6.10).

The ROC curves indicated that PRM<sub>Tmax-</sub> at V4 can predict both NIHSS and mRS at V5 and be superior to the mean T<sub>max</sub> value at V2 and V4 respectively. For the prediction of NIHSS at V5, the PRM<sub>Tmax-</sub> had the largest AUC (0.900,  $p = 0.002$ ) and the sensitivity and specificity were 0.80 and 0.98 respectively using the cutoff of 8.8 (Fig.6.9-C). For the prediction of mRS at V5, the PRM<sub>Tmax-</sub> had the largest AUC (0.961,  $p = 0.013$ ) and the sensitivity and specificity were 0.98 and 0.94 respectively using the cutoff of 3.1 (Fig.6.9-D).

## 6.5 Discussion

Inconsistencies regarding post-stroke prognosis have been reported in clinical researches which focus on patients with infarctions of the similar size, arterial territory and duration after symptoms onset including complete middle cerebral artery occlusion (MCAo) [Koyama *et al.* 2014, Lima *et al.* 2014]. Possible explanations for this diversity in clinical outcome have been proposed

and include interindividual variability in collateral circulation, preconditioning and microcirculation response after ischemic impairment [Thompson *et al.* 2013, Malik *et al.* 2014]. Although differences in lesion volume can reflect the severity of ischemic stroke in our study, this metric lacked the capability to predict the final outcome. And for those cases with similar lesion volumes, the assessment of stroke progression remained inconclusive. Previous clinical studies investigating diffusion and / or perfusion MRI for stroke monitoring have evaluated the capabilities of different types of MRI sequences or parameters, both descriptive and quantitative, as potential predictors of outcome. However, these studies have historically relied on the whole-lesion mean value as the summary statistic of multiparametric MR maps for quantification of corresponding parameters, with varying clinical significance [Barber *et al.* 1998, Berry *et al.* 1998]. The polytropic changes of parametric values throughout the lesion were believed to desensitize the final results using whole-lesion approach. For instance, in our results, even the minimal percentage changes (lower than 5%) of rCBF or rCBV values which were invisible on original images can be calculated by PRM approach, although they were still inconspicuous on color-coded PRM overlays (Tab.3). The capability of PRM to quantify the slight changes further supports this viewpoint. The spatial information of the image was also preserved using PRM and local variations in terms of all voxels with changed and stable values during stroke evolution can be distinguished based on their spatial distributions, which may confuse the differentiation between different contents within the lesion by visual observation. Furthermore, the relationship between quantitative heterogeneous changes in multiparametric MR maps and final outcome has not yet been addressed in clinical setting although it has been suggested in preclinical stroke [Lestro Henriques *et al.* 2015].

Here, PRM facilitates identification of the voxel-based value changes in both diffusion and perfusion imaging data set over duration from 6 weeks to 7 months. Because no specific therapy was induced during the whole follow-up, the positive correlation with final outcomes can be considered as a pure influence of individual inhomogeneity of stroke evolution between different subjects, which may be hidden by traditional imaging analytic methods. These results revealed by PRM emphasize the importance of heterogeneous evolution in stroke, which may explain the different outcome.

The diffusion sequence is widely used in acute stroke to visualize the infarct core, the cytotoxic edema and, with great importance, the penumbra with perfusion MRI in aid, whereas it is used as secondary in chronic stroke. In acute phase, the tissue at risk may be salvageable if effective therapy is induced within the time window [Schlaug *et al.* 1999]. At chronic stage, without recanalization of spontaneous or therapeutic factor, the penumbra has already vanished and developed into irreversible necrosis within the lesion. However, a preclinical research reported that ongoing changes in damaged rat brain tissues can persist for at least 1 year after stroke. The post-stroke temporal evolution of multiparametric MRI measures including ADC in aged rats out to 1 year may provide useful information about the long-term course of brain injury and remodeling, which is hypothesized to be similar in human brain [Karki *et al.* 2010].

In our results, the total volume of voxels with both increased and decreased

ADC values ( $PRM_{ADC+/-}$ ) of 8 weeks (V3) after stroke was correlated with the rate change of NIHSS during the following month, of which the  $PRM_{ADC+/-}$  was correlated with the rate change of both NIHSS and mRS during the next 2 months (until V5). Furthermore, the sum of heterogeneous ADC changes within the lesion followed the same trend (increased over time) with the changes of outcome measures (improved over time). From the  $PRM_{ADC}$  color-coded overlay and the estimates of the overall  $PRM_{ADC}$ , the volume of heterogeneous ADC changes mainly consist of voxels with increased ADC ( $PRM_{ADC-}$  only around 10%). The total volume increased over time with the same trend of  $PRM_{ADC+}$ . The heterogeneity pattern of ADC in good-outcome subgroup was similar to that in poor-outcome subgroup. This finding may imply that the ADC reversed from acute phase and increased during 5 months after stroke was due to the vasogenic edema in the poor-outcome subgroup with a similar representation in the good-outcome subgroup. Resolution of the liquefaction necrosis in cerebral infarction can result in the formation of a cystic space, in which the diffusion is restricted. The  $PRM_{ADC-}$  in the stroke lesion may reflect this pathological process. In the representative of the poor-outcome subgroup (**Fig.6.5-B**), the volume of voxels with decreased ADC (blue layer) corresponding to the hypointense region on original ADC map may refer to the formation from malacia to liquefaction during V4 and V6 because the initially increased ADC-constraint volume was limited in this period. However, the  $PRM_{ADC-}$  was insensitive to be a reliable predictor probably for the reason that, *i*) the liquefaction brought about the cell death and neuron loss, which led to poor outcome or *ii*) the change of lesion size was relatively limited after liquefaction, which avoided the recurrence of ischemia in brain tissue of such area. The dilemma in  $PRM_{ADC-}$  analysis of predictive capability may need more evidences to clarify.

It is noteworthy that a negative correlation appeared between  $PRM_{ADC+/-}$  and the rate change of mRS during 2 months after V5, which was conspicuous for  $PRM_{ADC+/-}$  of 7 months after stroke ( $r = -0.961$ ,  $p < 0.01$ ). This phenomenon may indicate that the ratio of contents within the total volume of ADC changes reversed from 5 months after stroke because either  $PRM_{ADC+}$  or  $PRM_{ADC-}$  was regarded as independent predictor. Since the lack of imaging evidence of V5, the details of dynamic changes in ADC during 4 months from V4 remain unclear.

The challenge of delineating penumbra in acute stroke gets various perfusion metrics and their corresponding thresholds involved in terms of the prediction of subsequent fate of brain tissue [**Thijs et al. 2001**]. The choice of perfusion parameter combined with diffusion-weighted images critically affects the assessment of tissue at risk at acute stage and the following selection of candidates with potential benefits of thrombolysis [**Hjort et al. 2005a**, **Kane et al. 2007**]. Since the biotherapies developed, the therapeutic time frame extends by a large margin [**Detante et al. 2014**]. It is increasingly meaningful to identify an ideal perfusion biomarker for the best prediction of chronic stroke follow-up, but conflicting results yielded need to be dissected.

The CBV is an important perfusion parameter which corresponds to the volume of blood passes through capillary network contained in a certain volume of brain [**Kaneko et al. 2004**]. An area suffering from ischemia with normal blood flow and delayed arrival time indices generally demonstrates that regional blood supply is maintained by autoregulation, but this effect occurs late in the potential

infarct core area which temporarily sustained by collaterals. In general, areas with decreased CBV correlate well with the final size of a cerebral infarction [Chamorro *et al.* 2007]. Especially in the condition that delayed arrival time (e.g. MTT) is found in the area with decreased CBV, it might imply the insufficient collateral circulation of the focal brain tissue, which will eventually evolve into the infarction [Singer *et al.* 2003, Lee *et al.* 2009, Kim *et al.* 2014]. In the example of PRM color-coded overlay of a poor-outcome patient (Fig.6.5-B), the distribution of the blue layer in PRM<sub>rCBV</sub> map (PRM<sub>rCBV-</sub>) basically matched that of the red layer in PRM<sub>MTT</sub> map (PRM<sub>MTT+</sub>), which might support the theory.

In our study, the percentage changes of rCBV defined by PRM between V2 and V3 (during 2 weeks) outperformed the single mean rCBV value at either time point in determining both long-term neurological and functional outcome after stroke. The mean rCBV value did not correlate with further prognosis or sufficiently stratify the subjects with opposite outcomes. The predictive capability of PRM<sub>rCBV</sub> was also confirmed by the ROC analysis. In detail, the PRM<sub>rCBV-</sub> at V3 (V2 vs. V3) was positive correlated with NIHSS score at V6 while PRM<sub>rCBV+</sub> at V3 (V2 vs. V3) was negative correlated with mRS score at V6. A possible explanation was that the reduction in local blood volume of brain tissue which occurred in duration of 2 weeks from 8 weeks after stroke onset may portend a worse outcome about 5 months later from the nearer monitoring time point of PRM analysis, perhaps owing to poor collateral status in patients with unfavorable outcome. The cerebral collateral circulation is an evolutionarily conserved blood vessel network generated to maintain consistent cerebral perfusion encountering physiological and pathophysiological changes of hemodynamics. The promising clinical evolution in patients with chronic stroke is informed by the evaluation of collateral status in terms of the risk of stroke recurrence. The beneficial influence of collateral flow is significantly correlated with the follow-ups of stroke patients in a later phase. The qualified illustration of cerebral collateral circulation can be accomplished by real-time non-invasive imaging techniques, generally MRI [Liebeskind *et al.* 2009]. The PRM, as an independent determinant of outcome, provides rich details on the fundamental feature of perfusion condition which may help inform the quality and quantity of collateral flow.

An increase in PRM<sub>rCBV+</sub> and / or a decrease in PRM<sub>rCBV-</sub> in chronic infarction may derive from an increase in overall density of microvasculature or dilation of microvessels, as both could lead to a net increase of cerebral blood volume in the region suffering from ischemia. However, the increased PRM<sub>rCBV-</sub> and / or the decreased PRM<sub>rCBV+</sub> at V3 which correlated with high NIHSS and / or mRS score at V6, cannot be simply interpreted as a decreased total value of rCBV correlating with poor clinical outcome, and vice versa. The correlation analysis results in this study represented that the PRM<sub>rCBV-</sub> was not correlated with PRM<sub>rCBV+</sub> at V3, which meant either rCBV change exploited by PRM approach played a role as an independent predictor for long-term clinical outcome.

Besides the possible reasons mentioned above, the decreased rCBV may also be a consequence of capillary obstruction or metabolic depression. Several factors including plugging of capillaries by leukocytes, endothelial swelling, formation of microvilli, platelet aggregation and external compression of



capillaries secondary to edema or perivascular astrocyte swelling contribute to rCBV reduction. In addition, metabolic failure indicated by an increased oxygen extraction fraction (OEF) and a reduced CMRO<sub>2</sub> is also related to the decrease in rCBV [Singer *et al.* 2003]. Therefore, alternative imaging approaches such as positron emission tomography (PET) and blood-oxygen-level dependent functional MRI (BOLD fMRI) are essential to help interpret PRM<sub>rCBV</sub> alterations to obtain an objective description of stroke evolution [Wise *et al.* 2013].

T<sub>max</sub> represents the time from the start of the scan until the maximum intensity of contrast agent arrives at each voxel. T<sub>max</sub> is sensitive to reflect dynamic changes of brain tissue into an infarction and changes of perfusion level. It can also predict brain tissue viability suffering from ischemic injury, although high T<sub>max</sub> value has been reported to be correlated with lower likelihood of tissue survival [Shih *et al.* 2003, Olivot *et al.* 2009]. T<sub>max</sub> may be prolonged in very large volumes of tissue which is not proceeding to infarction regardless of CBF status [Bang *et al.* 2010]. Since T<sub>max</sub> is not influenced by scan duration, it has the merit that sufficient scanning for a long time is possible to achieve an even distribution of contrast agent [Copen *et al.* 2011]. In addition, T<sub>max</sub> has little grey matter (GM) / white matter (WM) heterogeneity and relatively low conspicuity of large blood vessels, which may complicate the observation of parenchymal condition. In some studies, T<sub>max</sub> has been speculated as a profile of collateral extent [Liebeskind *et al.* 2005, Christensen *et al.* 2008]. Thus, T<sub>max</sub> is considered as a widely accepted reliable perfusion parameter to assess the viable tissue in stroke, but with the exact threshold remaining controversial. In previous studies, different thresholds for T<sub>max</sub> were set with a main goal of representing the accurate situation of acute stroke evolution although this parameter was seldom used in chronic stroke cases. In the evaluation of alteplase effects beyond 3 hrs after stroke onset in the Echoplanar Imaging Thrombolytic Evaluation Trial (EPITHET) cohort, a T<sub>max</sub> of 4-6 s delay was used [Donnan *et al.* 2009]. A T<sub>max</sub> > 8 s with a core volume of approximately 100 mL (lesion size on DWI) was reported as an adequate threshold for identification of patients with malignant profile of infarction and consequent unfavorable outcome despite reperfusion therapy [Mlynash *et al.* 2011]. A T<sub>max</sub> ≥ 10 s was also reported in another study to best predict the final infarction [Nagakane *et al.* 2012].

Generally, optimal T<sub>max</sub> thresholds from one study must be used with caution in other studies if the same experimental conditions are not ensured. However, the PRM analysis contributes to an objective assessment based on intraindividual percentage changes of both temporal and spatial complementary information and avoids bias of pre-defined thresholds among different researches.

By using general analytic methods, an increasing number of studies have promoted the use of T<sub>max</sub> to gain considerable success in clinical trials [Albers *et al.* 2006b, Davis *et al.* 2008, Olivot *et al.* 2009]. However, various hemodynamic situations can result in the same T<sub>max</sub> appearance. Besides the influence from the process of deconvolution, other factors from the feature of subjects such as arterial abnormalities in patients also lead to bolus temporal dispersion which affects the T<sub>max</sub> measure [Calamante *et al.* 2006]. One study showed that whereas T<sub>max</sub> theoretically reflects bolus delay, the measure T<sub>max</sub> is influenced

also by bolus temporal dispersion and, to a smaller degree, by MTT.  $T_{max}$  primarily reflects macrovascular features, whereas MTT reflects microvascular features [Calamante *et al.* 2010]. Nevertheless, the severe  $T_{max}$  abnormality could not be solely explained by prolonged MTT, it may also reflect delay or dispersion.  $T_{max}$  should be considered with the combination of other macrovascular or microvascular indices to interpret the physiological process, so that the various factors contributing to the measured  $T_{max}$  may be disentangled. Due to the complex interaction between different factors influencing  $T_{max}$  measure, the clinical significance of  $T_{max}$  is not straightforward.

It was thought that  $T_{max}$  should not be used in some clinical conditions such as chronic stroke to avoid misleading conclusions. To have a reasonable and objective understanding of the significance of delay-weighted measures in stroke, the temporal dynamics of blood supply including collaterals recruitment are required to provide more information based on delay-related perfusion parameters [Liebeskind *et al.* 2005, Christensen *et al.* 2008]. Coincidentally, the PRM approach is capable of indicating the temporal evolution of all voxel-wise parameters and may help explain the relevance of  $T_{max}$  to post-stroke pathophysiology.

Among all the perfusion parameters of arrival time in our study, the  $PRM_{T_{max}}$  of 3 months after stroke onset (during around 6 weeks) can reflect the outcome of the same time point and predict both NIHSS and mRS of 2 months later. Since the correlation is positive with both outcome scores of two continuous time points, in other words, the delay of time to the peak of the residue curve significantly shortened of 6 weeks during the follow-up may imply unfavorable neurological and functional deficits after 2 months. The ROC curves also confirmed that the diagnostic and predictive capability of  $PRM_{T_{max}}$  was superior to the mean  $T_{max}$  at either single time point with high sensitivity and specificity.

In our research, the improvement using PRM approach in assessing the outcome of stroke patients is definite, but limitations still remained. The challenge existed for the validation of all components of this approach including imaging data acquisition, algorithm selection for registration and response mapping for heterogeneity illustration [Boes *et al.* 2014]. Due to the problems in technical processing, an overall influence of image datasets emerged. The sample volume of the PRM analysis shrank because of the failure in registration compliance between two time points probably induced by the susceptibility artifacts associated with scanning protocols in the image of either time point. Consistent imaging protocols that provide repeatable and quantitative readouts are crucial for applying PRM across clinical setting. Still, the predictive potential of PRM for the clinical outcome of stroke patients has been evaluated using ROC curves. To get an objective effect of sensitivity by the PRM cutoff in ROC analysis, various cutoffs should be tested in a considerable quantity of samples. Furthermore, for the methodology of PRM approach in clinical applications, the applicability across imaging parameters or even modalities in a repeatable and robust manner is appreciated. For the application in different diseases, the PRM study design should be individualized with different purposes and targets based on the specific pathophysiological characteristics during the disease evolution, although the basic theories of the overall data process are similar.

Furthermore, it is worthwhile to note that an exceptive spot (lower left area) of the linear discordance appeared in the scatter plot for the correlation analysis of  $PRM_{rCBV}$  at V3 and NIHSS score at V6 (**Fig.6.8-D**, black arrow). After rechecking the imaging data of this object (No.3), two ischemic lesions in the right hemisphere were demonstrated. Before the initiation of the PRM analytic process, regions with abnormal signal on each slice were taken into account to promise the integrity of lesion volume. So in this counterexample, the percentage change of rCBV between V2 and V3 were calculated voxel by voxel for both lesions. However, one lesion located in non-functional cortical area (right superior parietal lobe) with a relatively larger volume of decreased rCBV may not aggravate the neurological deficits proportionally according to our hypothesis on the predictive efficacy of  $PRM_{rCBV}$ . Due to the interindividual variation of functional area distribution in brain, the prediction performance and practicability of PRM approach may be influenced by the simultaneous heterogeneous changes in multiple lesions. Conservatively, PRM technique is promising to deduce the clinical status of the stroke patient with a single ischemic lesion. This assumption needs to be proven in further researches with sufficient samples by means of PRM, necessarily with assistance of other imaging approaches such as magnetoencephalography (MEG), diffusion tensor imaging (DTI) and BOLD fMRI.

## 6.6 Conclusion

This study describes for the first time the clinical application of PRM analysis of multiparametric MR measures based on diffusion and perfusion maps in chronic stroke patients. The perfusion parameters analyzed by PRM were highly correlated with long-term clinical outcomes including neurological impairment and degree of disability, whereas the classic whole-lesion approach was insensitive to the outcome prediction. This new approach allows for spatial voxel-wise tracking of hemodynamic changes from imaging evidence. In the monitoring of stroke patients, it may be feasible to use perfusion PRM metrics as imaging biomarkers to predict the further prognosis. With the existing superiority of PRM applications in voxel-based tracking of disease status and progression, it may be more suitable to reflect the pathophysiological heterogeneity within stroke lesions and may renovate the thinking process from a new perspective for imaging evaluation of clinical stroke cases. It would also certainly promising to evaluate in greater details emerging stroke therapies such as the use of stem cells.

## 6.7 Acknowledgements

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## 6.8 Disclosure statement

The authors indicate no potential conflicts of interest.

## Tables

Patient	Name	Stroke onset	Age	Gender	Thrombolysis	NIHSS_V1a	NIHSS_V1b	mRS_V1b	NIHSS_V3	mRS_V3	NIHSS_V4	mRS_V4	NIHSS_V5	mRS_V5	NIHSS_V6	mRS_V6			
1	FEU P	15.08.2010	46	M	Y	23	21	5	14	3	11	3	10	3	8	3			
2	BRA B	31.08.2010	51	M	Y	21	20	4	13	4	11	3	8	3	7	3			
3	JOL A	16.09.2010	38	F	N	17	17	4	5	4	4	3	5	3	4	2			
4	MEL J	02.12.2010	53	M	N	22	22	4	22	4	17	4	16	3	14	3			
5	NIF E	28.11.2010	48	M	N	19	15	4	10	4	10	3	9	3	10	3			
6	BRA D	10.01.2011	50	M	Y	15	15	4	-	-	8	4	-	-	8	2			
7	SOU M	24.03.2011	60	F	N	20	18	4	15	4	11	4	10	3	11	3			
8	MOU	29.08.2011	48	F	N	15	13	4	8	3	8	3	8	3	6	3			
9	COM D	07.10.2011	59	M	N	21	19	4	12	3	11	3	11	3	12	3			
10	ELA H	16.12.2011	57	M	N	14	13	4	11	4	11	3	10	3	9	4			
11	MAI C	27.12.2011	32	M	N	14	14	4	-	-	-	-	-	3	7	3			
12	SOU C	03.01.2012	31	M	Y	15	15	4	11	3	11	3	-	3	9	3			
13	DAU A	11.01.2012	45	M	N	13	13	3	8	3	5	2	4	2	2	2			
14	BED M	25.04.2012	64	M	N	22	22	5	21	4	21	4	20	4	19	4			
15	GRA S	28.04.2012	41	F	Y	16	16	5	9	4	9	3	10	3	10	3			
16	VEY J	29.09.2012	52	M	Y	17	14	4	11	4	10	4	6	3	8	3			
17	DUC O	09.11.2012	59	F	Y	16	14	5	10	4	10	4	9	3	7	3			
18	LAF G	03.01.2013	58	M	N	23	23	5	20	5	19	4	20	4	21	4			
19	MEL M	18.02.2013	27	M	N	16	13	3	6	3	5	3	5	3	3	3			
20	JOA E	03.03.2013	42	F	Y	13	13	4	8	4	8	4	6	3	11	3			
21	GUI J	05.06.2013	65	F	Y	21	21	4	21	4	16	4	15	4	17	4			
22	CAR A	08.07.2013	59	M	N	12	11	3	9	2	6	2	5	2	5	2			
23	BOU	10.09.2013	53	F	NO	22	23	5	22	5	21	5	20	4	20	4			
24	DOY	27.09.2013	65	M	N	9	11	2	4	2	4	2	4	2	3	2			
25	RUI	15.10.2013	57	M	Y	11	10	3	6	3	5	2	5	2	3	2			
26	BEC	01.12.2013	47	F	N	18	18	5	9	3	11	2	9	3	8	3			
27	REV	13.01.2014	53	M	N	17	15	4	10	3	11	3	11	3	8	3			
28	FEA A	07.02.2014	62	M	Y	17	16	4	-	-	8	3	12	3	6	3			
29	DEL P	18.02.2014	57	M	N	14	11	4	9	4	10	4	8	3	8	3			
30	FLA M	19.02.2014	67	M	N	25	25	4	22	5	12	4	13	4	8	3			
						52±10 (n=30)	Male=21 (70%) Female=9 (30%)	Yes=11 (37%) No=19 (63%)	17±4 (n=30)	16±4 (n=30)	4±1 (n=30)	12±6 (n=27)	4±1 (n=27)	10±5 (n=29)	3±1 (n=29)	10±5 (n=27)	3±1 (n=29)	9±5 (n=30)	3±1 (n=30)

**Table 6.1:** Clinical information of 30 chronic stroke patients with individual NIHSS and mRS estimates of each monitoring time point. Due to the lack of information in some objects, the sum of samples in each column was marked at the end. The measures were expressed as mean±SD<sup>[2]</sup>. NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale; M: male; F: female; Y: yes; N; No; SD<sup>[2]</sup>: standard deviation.

	<b>V2 (6 weeks)</b>	<b>V3 (8 weeks)</b>	<b>V4 (3 months)</b>	<b>V6 (7 months)</b>
<b>Lesion volume (cm<sup>3</sup>)</b>	<b>64.7±40.7 (n=24)</b>	<b>60.0±37.4 (n=25)</b>	<b>48.3±32.2 (n=21)</b>	<b>45.2±35.5 (n=17)</b>
<b>Mean_ADC (μm<sup>2</sup>/s)</b>	<b>1170.7±203.2 (n=17)</b>	<b>1248.4±267.5 (n=19)</b>	<b>1347.4±265.8 (n=19)</b>	<b>1518.7±293.3 (n=10)</b>
<b>Mean_MTT (s)</b>	<b>5.8±1.5 (n=20)</b>	<b>6.1±1.5 (n=24)</b>	<b>6.7±1.1 (n=20)</b>	<b>7.4±1.7 (n=17)</b>
<b>Mean_TTP (s)</b>	<b>25.1±3.9 (n=19)</b>	<b>25.0±2.7 (n=24)</b>	<b>24.9±2.4 (n=21)</b>	<b>25.7±1.9 (n=16)</b>
<b>Mean_Tmax (s)</b>	<b>4.2±1.2 (n=19)</b>	<b>4.7±1.5 (n=25)</b>	<b>5.2±1.6 (n=20)</b>	<b>5.5±1.5 (n=17)</b>
<b>Mean_rCBF (mL/100g/min)</b>	<b>9.7±3.8 (n=18)</b>	<b>9.7±3.2 (n=24)</b>	<b>9.0±3.0 (n=18)</b>	<b>7.5±2.9 (n=17)</b>
<b>Mean_rCBV (%)</b>	<b>6.0±1.9 (n=17)</b>	<b>6.2±1.8 (n=22)</b>	<b>5.4±1.1 (n=18)</b>	<b>4.9±1.6 (n=17)</b>

**Table 6.2:** Estimates of lesion volume, ADC, MTT, TTP,  $T_{\max}$ , rCBF and rCBV obtained from 4 time points (V2: 6 weeks; V3: 8 weeks; V4: 3 months and V6: 7 months after stroke onset) using whole-lesion approach and averaged across 30 patients. Due to the lack of data in some objects, the sum of samples was marked after the value. The results were expressed as mean±SD<sup>[2]</sup>. ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak;  $T_{\max}$ : time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume.

		V2 vs. V3	V2 vs. V4	V2 vs. V6
PRM_ADC (%)	PRM_ADC+	33.2±8.6	51.3±16.3	59.4±21.3
	PRM_ADC-	14.8±10.7 (n=14)	10.7±6.1 (n=17)	12.0±8.1 (n=8)
	PRM_ADC+/-	48.0±10.5	62.0±11.2	71.4±18.1
PRM_MTT (%)	PRM_MTT+	18.4±5.8	24.0±13.6	30.5±12.7
	PRM_MTT-	14.6±5.9 (n=18)	15.8±7.8 (n=20)	12.4±6.4 (n=17)
	PRM_MTT+/-	33.0±5.3	39.9±12.6	42.8±12.4
PRM_TTP (%)	PRM_TTP+	19.5±5.3	26.6±8.2	33.5±10.9
	PRM_TTP-	26.5±15.9 (n=18)	31.0±14.7 (n=18)	22.9±13.3 (n=14)
	PRM_TTP+/-	46.1±12.1	57.7±12.9	56.4±10.9
PRM_Tmax (%)	PRM_Tmax+	21.9±8.6	27.3±9.2	32.7±10.8
	PRM_Tmax-	15.9±7.9 (n=18)	19.6±6.9 (n=20)	12.7±5.3 (n=17)
	PRM_Tmax+/-	37.8±7.9	47.0±8.9	45.4±7.9
PRM_rCBF (%)	PRM_rCBF+	3.7±1.3	4.0±2.4	3.5±1.9
	PRM_rCBF-	3.8±1.2 (n=16)	6.0±3.9 (n=17)	7.7±2.2 (n=17)
	PRM_rCBF+/-	7.5±1.2	10.0±3.3	11.2±2.0
PRM_rCBV (%)	PRM_rCBV+	6.2±2.9	8.5±3.8	6.3±2.8
	PRM_rCBV-	8.2±3.0 (n=16)	9.9±3.5 (n=17)	10.0±4.7 (n=17)
	PRM_rCBV+/-	14.3±2.7	18.4±3.7	16.4±4.5

**Table 6.3:** Estimates of ADC, MTT, TTP,  $T_{max}$ , rCBF and rCBV obtained from the comparison between the baseline and each other time point using PRM approach and averaged across 30 patients. Due to the lack of data in some objects, the sum of samples was marked in parentheses. The results were expressed as mean±SD<sup>[2]</sup>. PRM: parametric response map; ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak;  $T_{max}$ : time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume; ADC+: the volume of voxels with increased ADC values (denoted red); ADC-: the volume of voxels with decreased ADC values (denoted blue); ADC+/-: the sum of ADC+ and ADC- (denoted yellow). The same pattern of PRM estimates was applied for other parameters.

(A)

		NIHSS_Value				Pearson's r	p value	Significance	
		V3	V4	V5	V6				
MRI	V2 (Mean value_V2)								
	V3 (Mean value_V3 or PRM_V2 vs. V3)	Lesion volume					0.412	0.045	<0.05*
		Mean value_TTP					0.573	0.004	<0.01**
		Mean value_Tmax					0.505	0.012	<0.05*
		PRM Tmax-					0.537	0.022	<0.05*
		PRM Tmax+					0.534	0.022	<0.05*
		PRM Tmax+/-					0.498	0.036	<0.05*
		PRM rCBF+					-0.529	0.035	<0.05*
		PRM rCBV+					-0.513	0.042	<0.05*
		PRM rCBV+					-0.583	0.018	<0.05*
		PRM rCBV+					-0.518	0.04	<0.05*
	PRM rCBV-					0.524	0.037	<0.05*	
	V4 (Mean value_V4 or PRM_V2 vs. V4)	PRM Tmax-					0.674	0.001	<0.01**
		PRM Tmax+/-					0.487	0.03	<0.05*
		PRM Tmax-					0.593	0.006	<0.01**
PRM Tmax+/-						0.455	0.044	<0.05*	
PRM Tmax-						0.621	0.003	<0.01**	
PRM Tmax+/-						0.514	0.021	<0.05*	
PRM rCBV-						0.495	0.044	<0.05*	
PRM rCBV-						0.61	0.009	<0.01**	
PRM rCBV+/-						0.521	0.032	<0.05*	
PRM rCBV+/-						0.577	0.015	<0.05*	
V6 (Mean value_V6 or PRM_V2 vs. V6)	Lesion volume					0.651	0.005	<0.01**	
	PRM Tmax-					0.658	0.004	<0.01**	
	PRM rCBF+					0.519	0.033	<0.05*	
						0.601	0.011	<0.05*	
						-0.494	0.044	<0.05*	

\* p < 0.05  
\*\* p < 0.01

(B)

		mRS_Value				Pearson's r	p value	Significance	
		V3	V4	V5	V6				
MRI	V2 (Mean value_V2)								
	V3 (Mean value_V3 or PRM_V2 vs. V3)	Mean value_Tmax					0.407	0.049	<0.05*
		PRM MTT+/-					0.511	0.03	<0.05*
		PRM rCBV+					-0.668	0.005	<0.01**
	V4 (Mean value_V4 or PRM_V2 vs. V4)	PRM ADC+					0.549	0.022	<0.05*
		PRM ADC+/-					0.514	0.035	<0.05*
		PRM Tmax-					0.464	0.039	<0.05*
		PRM Tmax-					0.51	0.021	<0.05*
	V6 (Mean value_V6 or PRM_V2 vs. V6)	PRM Tmax+/-					0.48	0.032	<0.05*
		Lesion volume					0.566	0.018	<0.05*
PRM MTT+						0.544	0.024	<0.05*	
PRM rCBF+						-0.562	0.019	<0.05*	
						-0.556	0.02	<0.05*	

\* p < 0.05  
\*\* p < 0.01

(C)

		NIHSS_Rate change				Pearson's r	p value	Significance	
		V3	V4	V5	V6				
MRI	V2 (Mean value_V2)								
	V3 (Mean value_V3 or PRM_V2 vs. V3)	PRM ADC-					0.707	0.005	<0.01**
		PRM ADC+/-					0.618	0.019	<0.05*
	V4 (Mean value_V4 or PRM_V2 vs. V4)	PRM ADC+/-					0.497	0.042	<0.05*
		PRM Tmax-					0.534	0.015	<0.05*
		PRM rCBV+					0.537	0.026	<0.05*
		PRM rCBV+					0.595	0.012	<0.05*
	V6 (Mean value_V6 or PRM_V2 vs. V6)	Mean value_rCBF					0.67	0.004	<0.01**
		Mean value_rCBV					0.628	0.009	<0.01**
		PRM rCBF-					-0.676	0.004	<0.01**
PRM rCBF+/-						-0.654	0.006	<0.01**	

\* p < 0.05  
\*\* p < 0.01

(D)

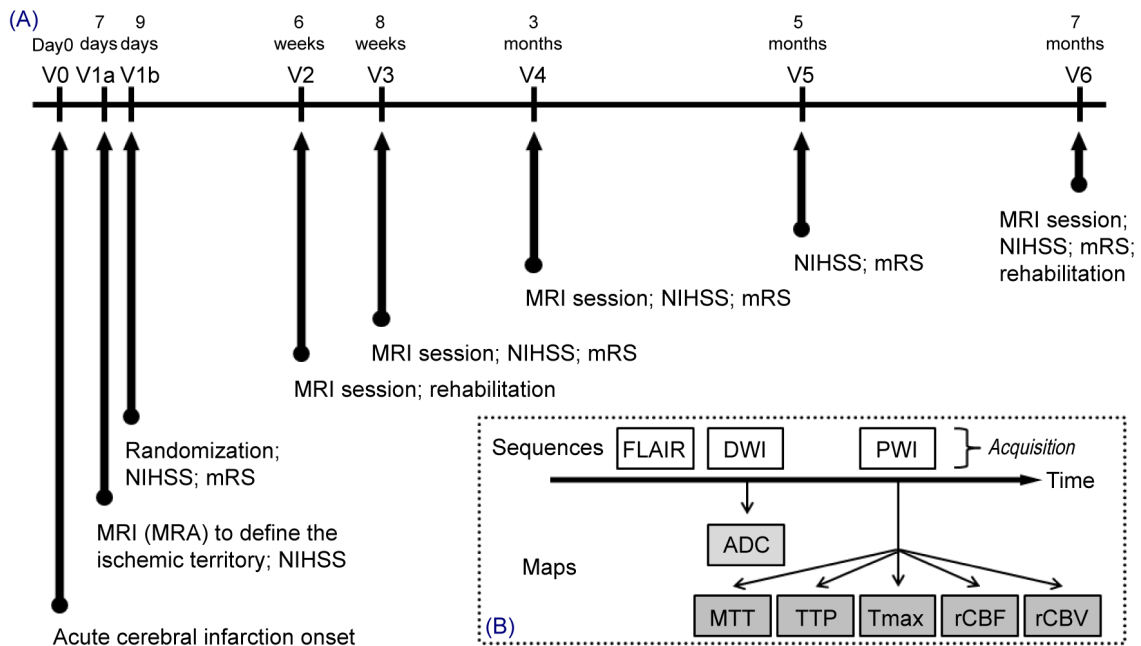
		mRS_Rate change				Pearson's r	p value	Significance	
		V3	V4	V5	V6				
MRI	V2 (Mean value_V2)								
	V3 (Mean value_V3 or PRM_V2 vs. V3)	Mean value_TTP					0.47	0.049	<0.05*
		PRM ADC+					0.616	0.019	<0.05*
		PRM MTT+					0.528	0.029	<0.05*
		PRM MTT+/-					0.506	0.038	<0.05*
		PRM TTP-					0.617	0.011	<0.05*
	V4 (Mean value_V4 or PRM_V2 vs. V4)	PRM TTP+/-					0.534	0.033	<0.05*
		PRM TTP+/-					-0.537	0.032	<0.05*
		Mean value_rCBF					0.492	0.038	<0.05*
		PRM ADC+					0.594	0.012	<0.05*
PRM ADC+						-0.649	0.005	<0.01**	
PRM ADC+/-						0.513	0.035	<0.05*	
V6 (Mean value_V6 or PRM_V2 vs. V6)	PRM ADC+/-					-0.638	0.006	<0.01**	
	PRM rCBV+					0.489	0.046	<0.05*	
	Mean value_TTP					0.626	0.013	<0.05*	
						-0.961	0.002	<0.01**	
						0.609	0.012	<0.05*	

\* p < 0.05  
\*\* p < 0.01

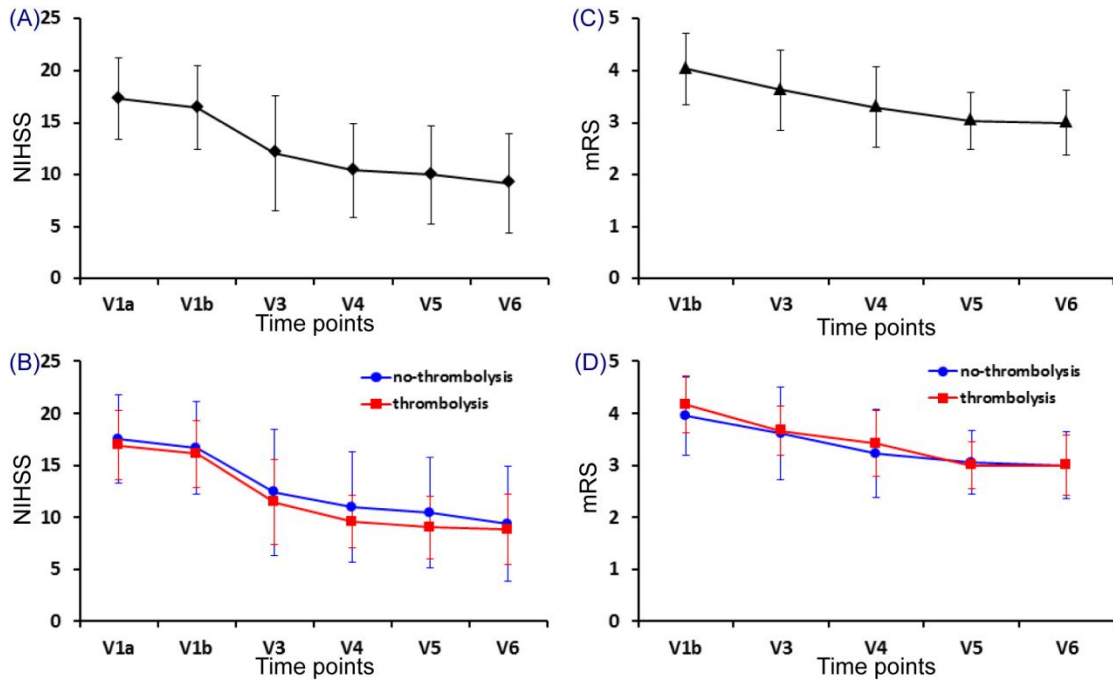
**Table 6.4:** Imaging parameters analyzed by both whole-lesion approach and PRM were estimated versus outcome measures at each corresponding time point and positive results were demonstrated. In detail, lesion volume, mean value of ADC, MTT, TTP,  $T_{\max}$ , rCBF and rCBV at each time point (denoted grey), and PRM fractions including volume of voxels with increased values (denoted red), decreased values (denoted blue) and the total volume of voxels with all changed values (denoted yellow) of ADC, MTT, TTP,  $T_{\max}$ , rCBF and rCBV between each following time point and baseline were analyzed with (A) NIHSS, (B) mRS, (C) rate change of NIHSS and (D) rate change of mRS at each time point by correlation analysis. Only positive results were recorded in this table with respective correlation coefficient ( $r$ ) and  $p$  value. \*\*  $p < 0.01$ , \*  $p < 0.05$ ; PRM: parametric response map; ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak;  $T_{\max}$ : time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume; NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale.



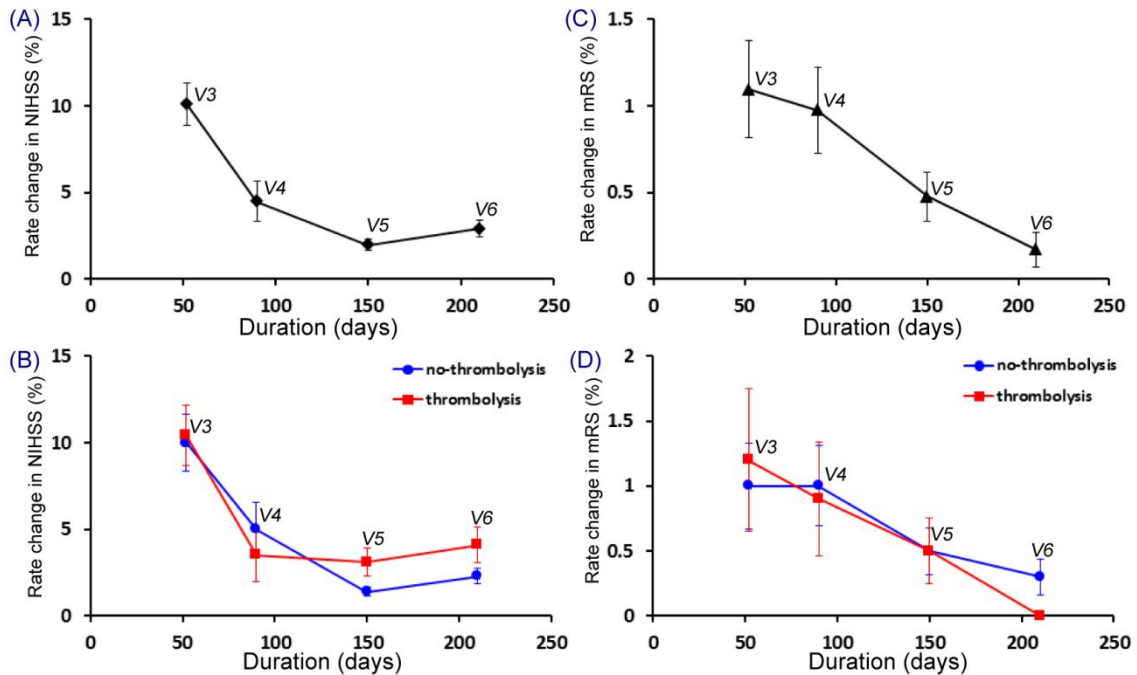
## Figures and legends



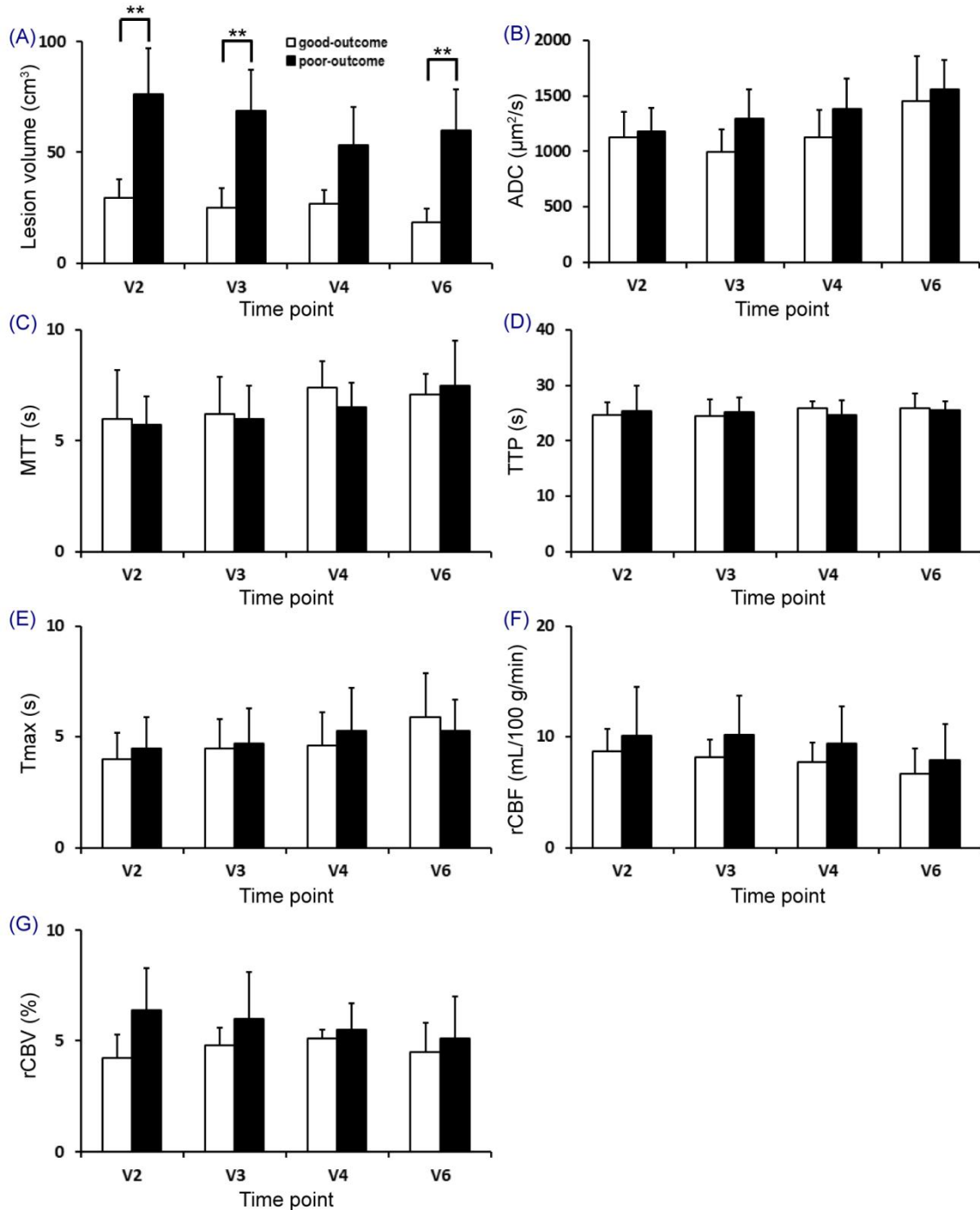
**Figure 6.1:** Diagram of study design and the acquisition and processing schemes to obtain diffusion and perfusion maps (A) Clinical protocol. V0 to V6 represented all the time points for stroke monitoring. The duration of each time point was noted above the code. (B) MRI protocols. MRA: magnetic resonance angiography; NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale; FLAIR: fluid attenuation inversion recovery; DWI: diffusion-weighted imaging; Gd: Gadolinium-DOTA; PWI: perfusion-weighted imaging; ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak;  $T_{max}$ : time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume.



**Figure 6.2:** Line chart of NIHSS and mRS score over time (A) Overall NIHSS score over time; (B) NIHSS score over time in the no-thrombolysis and thrombolysis subgroups; (C) Overall mRS score over time; (D) mRS score over time in the no-thrombolysis and thrombolysis subgroups. Data were presented as mean $\pm$ SD<sup>[2]</sup>. The trend of NIHSS and mRS score changes showed the improvement of clinical outcome of the whole population and there was no significance between subgroups with and without thrombolysis. The mRS score was significantly higher at V3 than that at V5 and V6. No significance was shown between other time points of interest for either NIHSS or mRS. NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale.



**Figure 6.3:** Line chart of daily rate change of NIHSS and mRS score over time (A) Overall rate change of NIHSS score over time; (B) Rate change of NIHSS score over time in the no-thrombolysis and thrombolysis subgroups; (C) Overall rate change of mRS score over time; (D) Rate change of mRS score over time in the no-thrombolysis and thrombolysis subgroups. Data were presented as mean $\pm$ SD<sup>[2]</sup>. The rate change of NIHSS decreased from V3 to V5 and slightly increased from V5 to V6, and the rate change of mRS decreased over time in both subgroups with and without thrombolysis. The overall rate change of mRS was significantly higher from V3 to V5 than that from V5 to V6. No significance was shown between other time points of interest for rate change of either NIHSS or mRS and between subgroups with and without thrombolysis. NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale.



**Figure 6.4:** Bar chart of (A) lesion volume, (B) ADC, (C) MTT, (D) TTP, (E)  $T_{\max}$ , (F) rCBF and (G) rCBV estimates by whole-lesion approach in the good- and poor-outcome subgroups. Data were presented as mean $\pm$ SD<sup>[2]</sup>. At V2, V3 and V6, the lesion volume of the poor-outcome subgroup was significantly larger than that of the good-outcome subgroup. \*\*  $p < 0.01$ . ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak;  $T_{\max}$ : time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume.

Figure 6.5 (A)

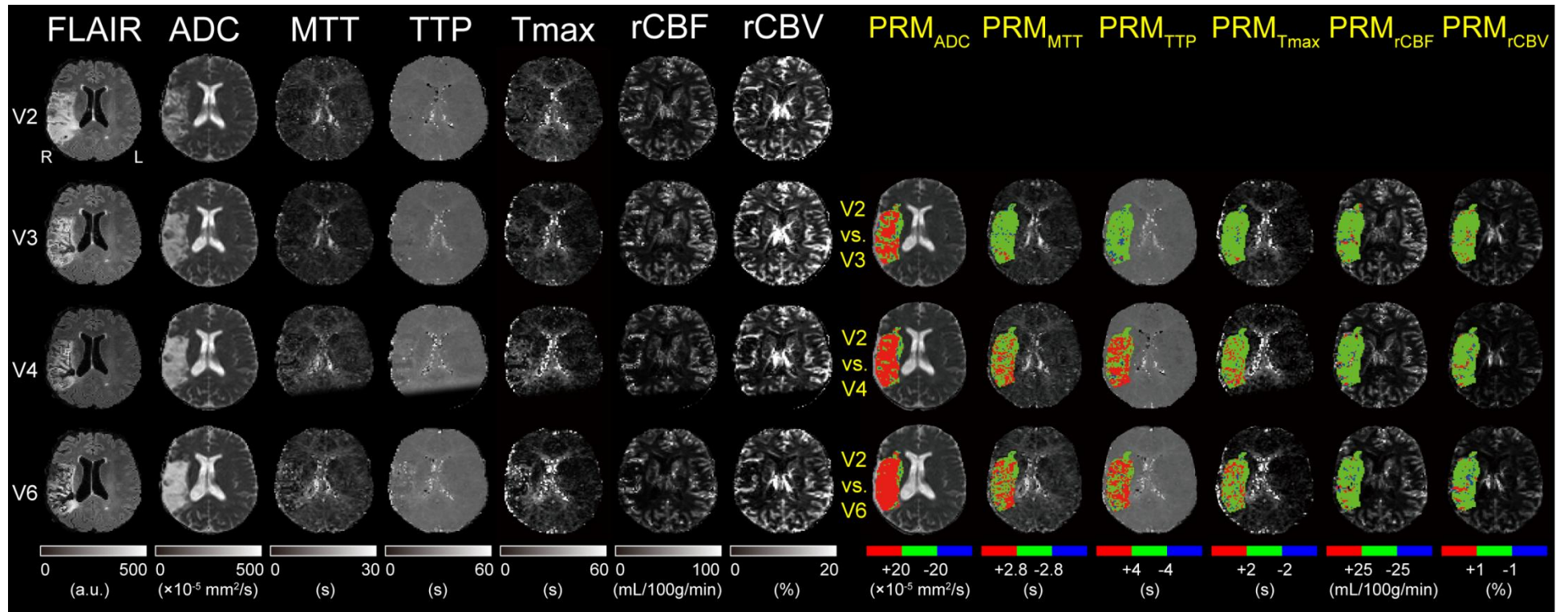
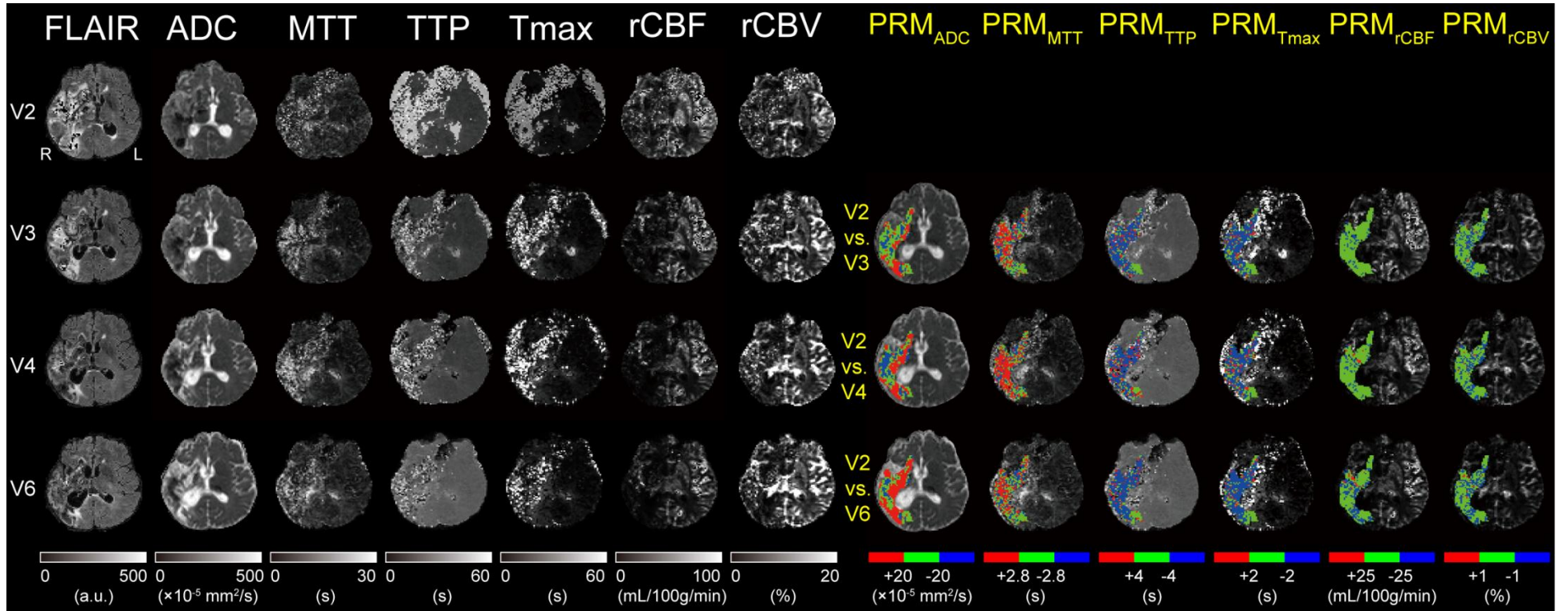
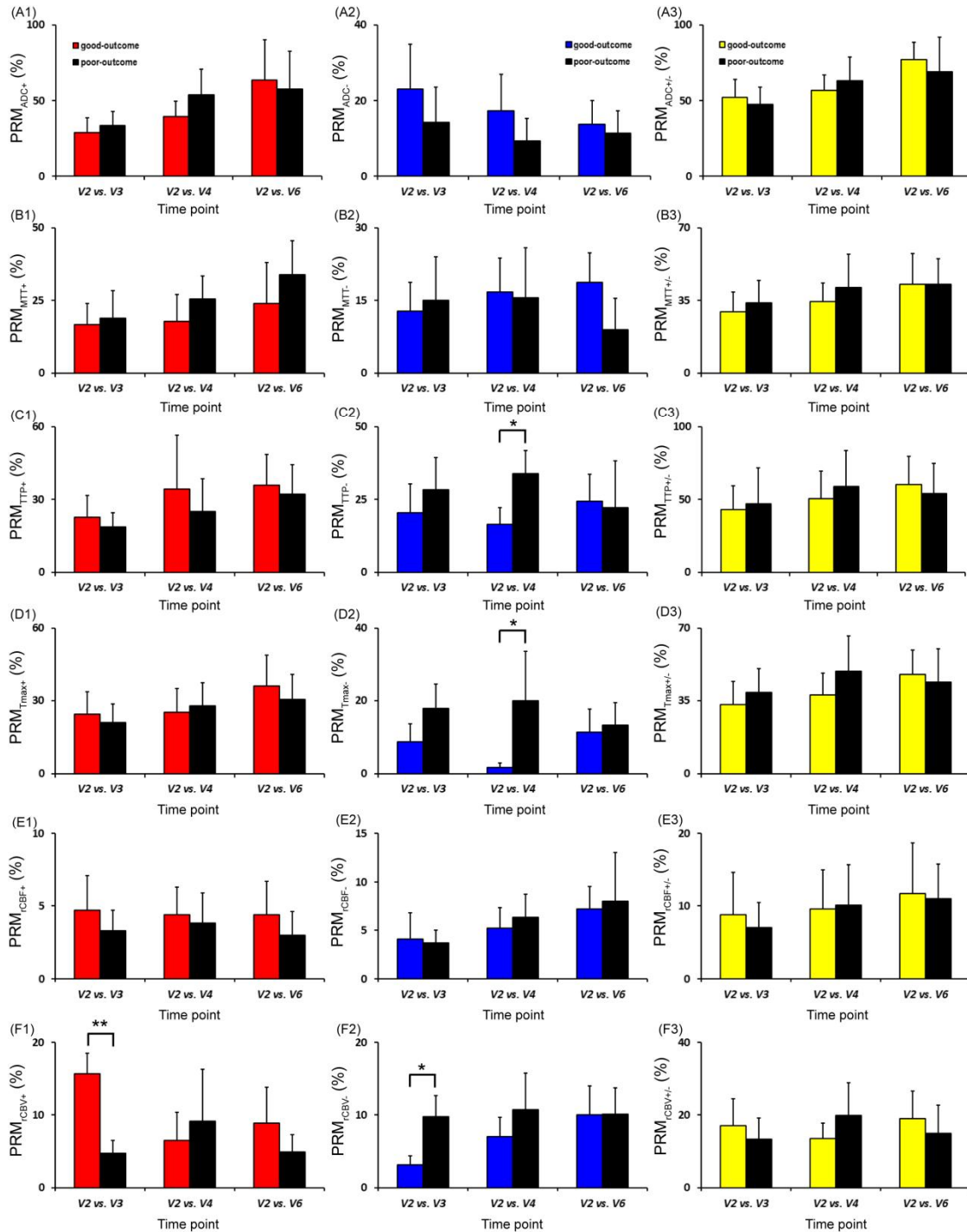


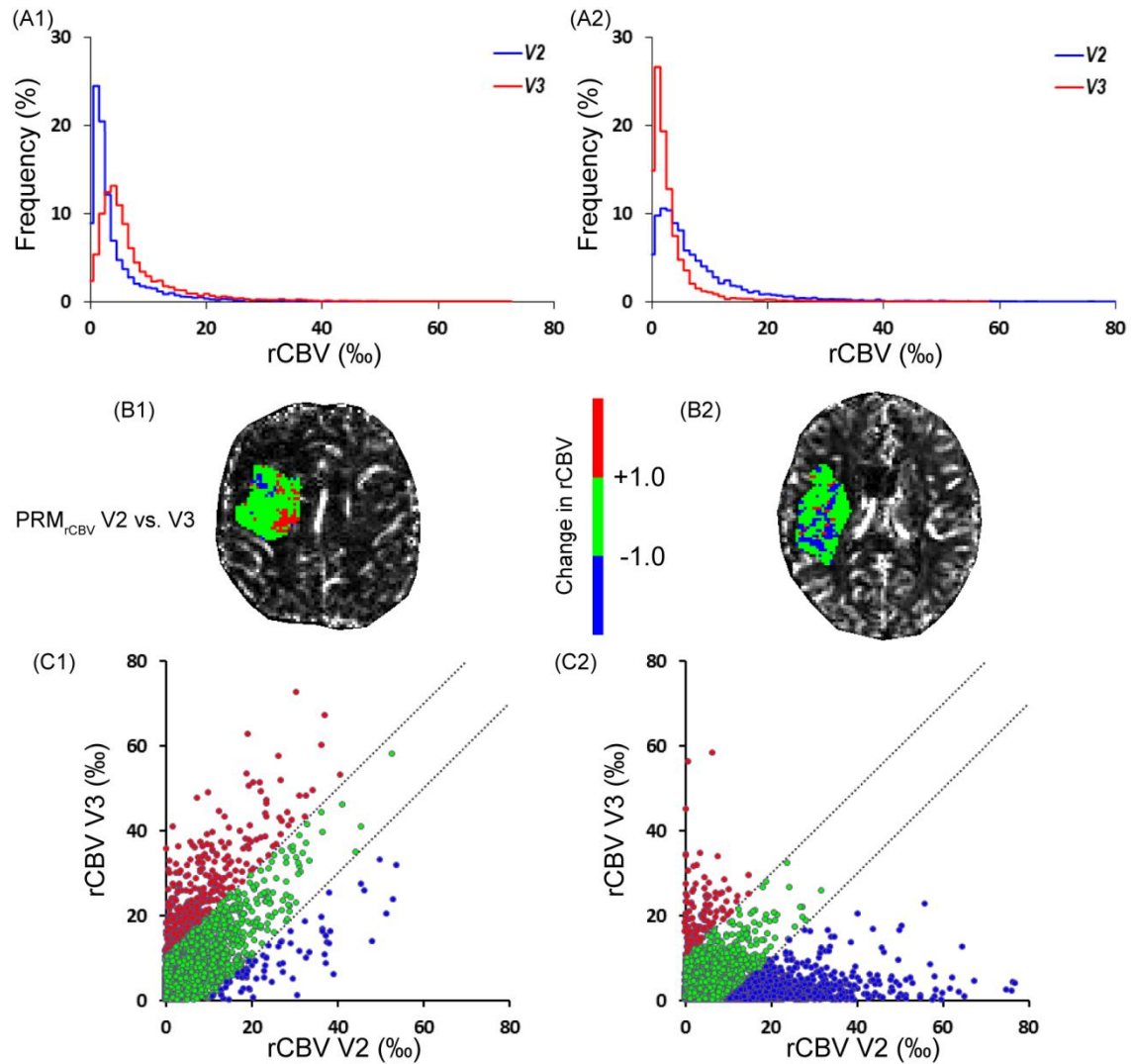
Figure 6.5 (B)



**Figure 6.5:** Maps of FLAIR, ADC, MTT, TTP, Tmax, rCBF and rCBV at V2, V3, V4 and V6, and PRM color-coded maps overlays on ADC, MTT, TTP, Tmax, rCBF and rCBV maps obtained in a representative patient (No.22) of the good-outcome subgroup (A) and the one (No.14) of the poor-outcome subgroup (B) respectively. Each PRM map corresponds to the comparison of V3, V4 and V6 with the baseline (V2). The scale of signal intensity and the threshold for PRM stratification of each map were noted at the end of each column. FLAIR: fluid attenuation inversion recovery; ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak; Tmax: time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume; L: left hemisphere; R: right hemisphere.

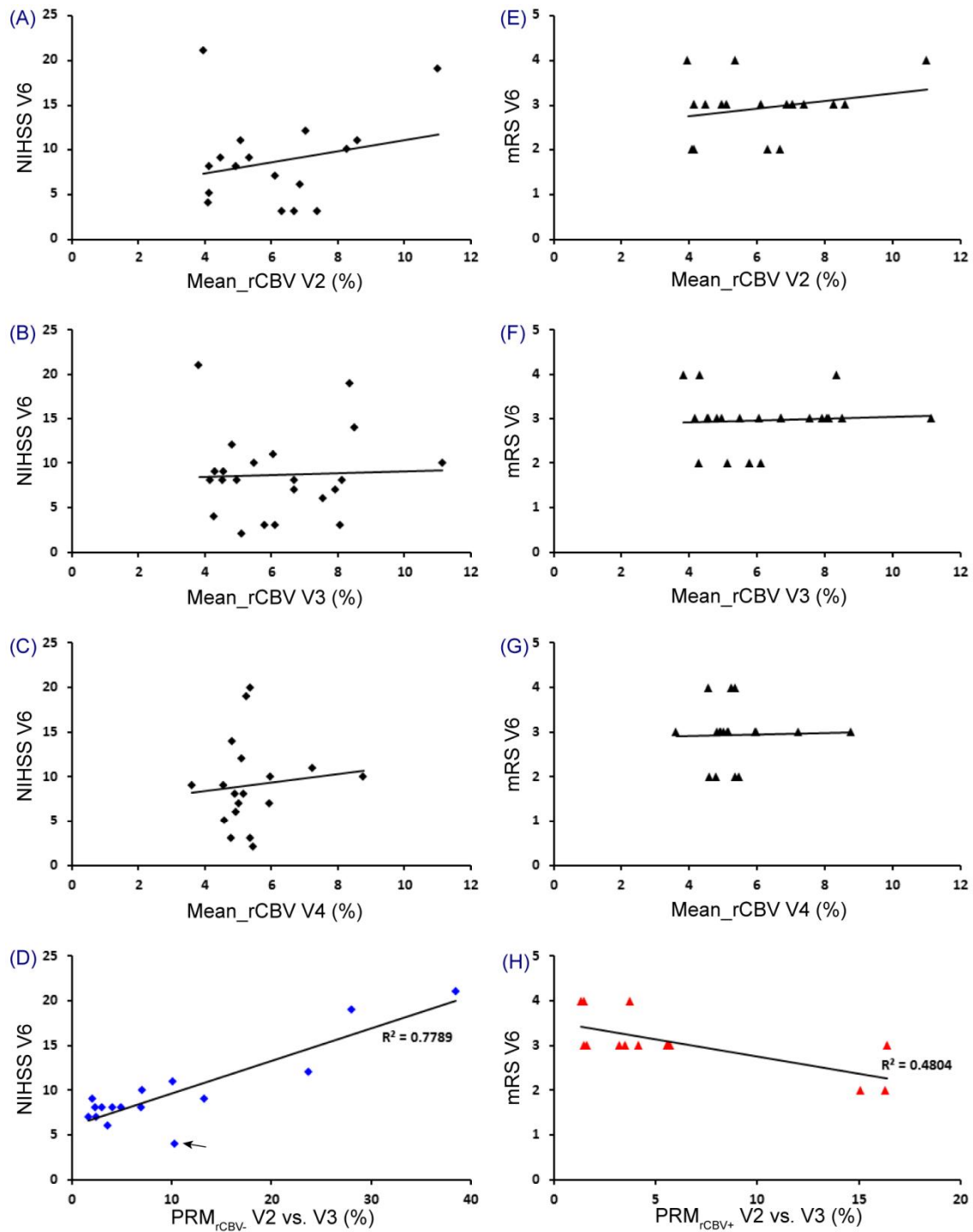


**Figure 6.6:** Bar chart of the percent changes of PRM<sub>ADC</sub> (A1: PRM<sub>ADC+</sub>, A2: PRM<sub>ADC-</sub> and A3: PRM<sub>ADC+/-</sub>), PRM<sub>MTT</sub> (B1: PRM<sub>MTT+</sub>, B2: PRM<sub>MTT-</sub> and B3: PRM<sub>MTT+/-</sub>), PRM<sub>TTP</sub> (C1: PRM<sub>TTP+</sub>, C2: PRM<sub>TTP-</sub> and C3: PRM<sub>TTP+/-</sub>), PRM<sub>Tmax</sub> (D1: PRM<sub>Tmax+</sub>, D2: PRM<sub>Tmax-</sub> and D3: PRM<sub>Tmax+/-</sub>), PRM<sub>rCBF</sub> (E1: PRM<sub>rCBF+</sub>, E2: PRM<sub>rCBF-</sub> and E3: PRM<sub>rCBF+/-</sub>) and PRM<sub>rCBV</sub> (F1: PRM<sub>rCBV+</sub>, F2: PRM<sub>rCBV-</sub> and F3: PRM<sub>rCBV+/-</sub>) values over time in the good- and poor-outcome subgroups. Data were presented as mean $\pm$ SD<sup>[2]</sup>. \*\*  $p < 0.01$ , \*  $p < 0.05$ . ADC: apparent diffusion coefficient; MTT: mean transit time; TTP: time-to-peak; T<sub>max</sub>: time-to-maximum; rCBF: regional cerebral blood flow; rCBV: regional cerebral blood volume.

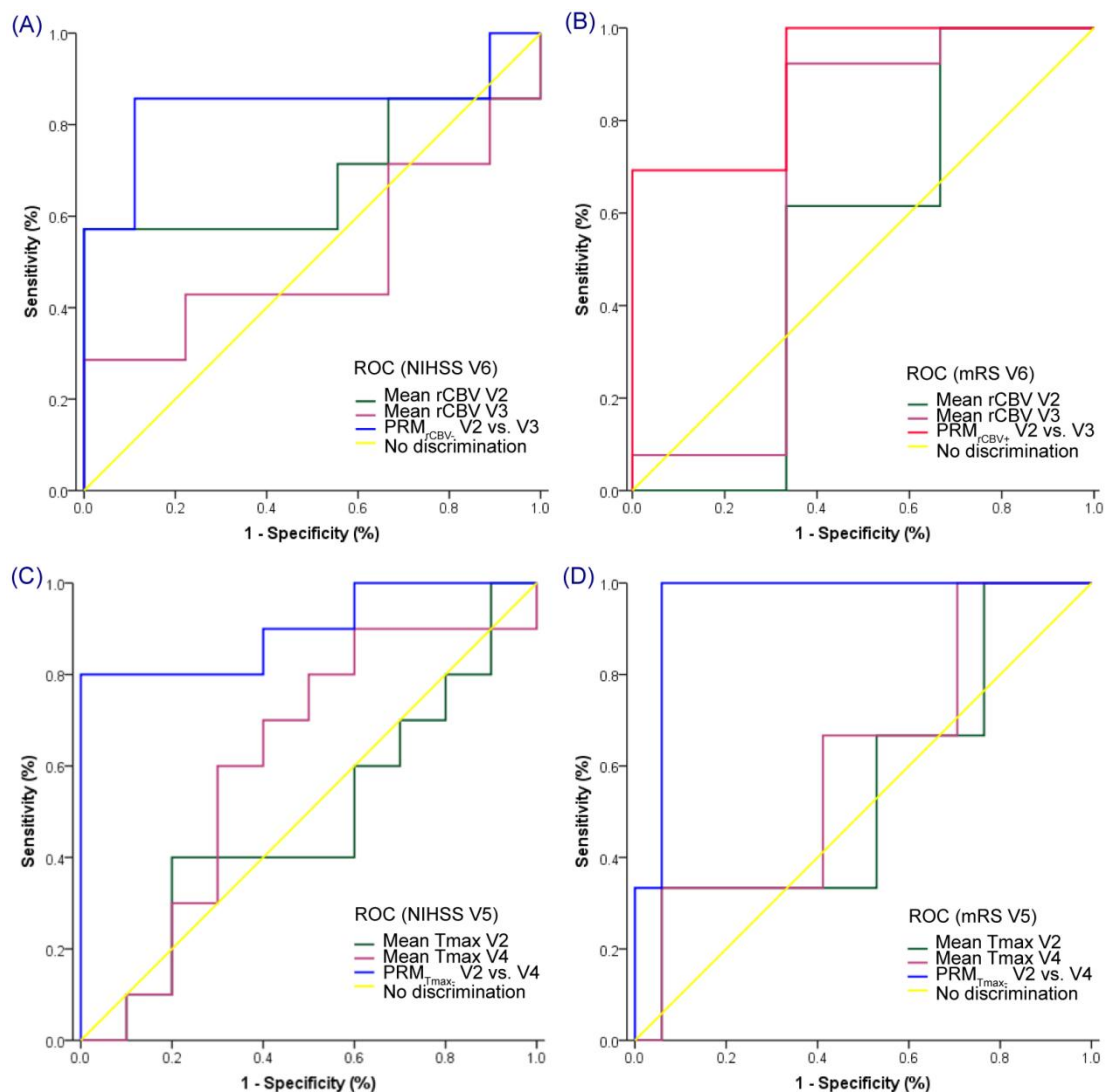


**Figure 6.7:** (A1) The histogram, (B1) the  $PRM_{rCBV}$  color-coded overlay and (C1) the corresponding quantitative scatter plots of a representative patient in the good-outcome subgroup, compared to the representations of a patient in the poor-outcome subgroup (A2, B2 and C2 respectively). (B1) and (B2) represented regions in which rCBV values were significantly increased (red voxels), unchanged (green voxels) or significantly decreased (blue voxels) based on the predetermined threshold ( $CI = 1.0\%$ ). (C1) and (C2) showed the distribution of rCBV at V2 and V3 for the entire 3-dimensional lesion volume. The 95% CIs within the scatter plot were designated by two black dotted lines. CI: confidence interval; rCBV: regional cerebral blood volume.

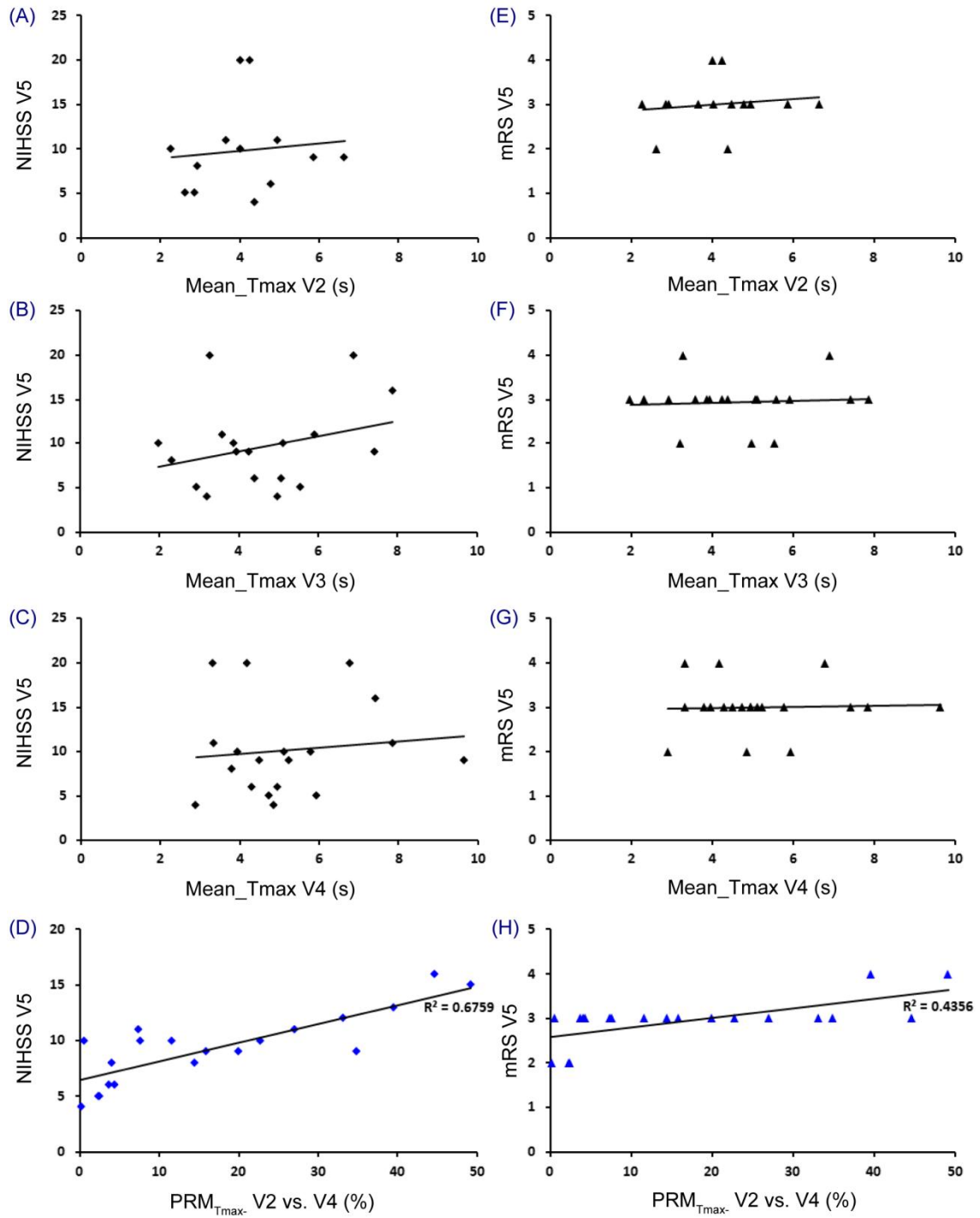




**Figure 6.8:** NIHSS score at V6 estimated versus rCBV at V2 (A), V3 (B) and V4 (C) measured by whole-lesion approach and  $PRM_{rCBV-}$  between V2 and V3 (D). An exceptive spot in (D) was indicated by a black arrow (details in 6.5). mRS score at V6 estimated versus rCBV at V2 (E), V3 (F), V4 (G) and  $PRM_{rCBV+}$  between V2 and V3 (H). NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale; rCBV: regional cerebral blood volume.



**Figure 6.9:** ROC analysis (A) ROC curves for rCBV at V2 and V3, and PRM<sub>rCBV-</sub> between V2 and V3. PRM<sub>rCBV-</sub> value has the largest AUC because curve is located nearest to left upper corner; (B) ROC curves for rCBV at V2 and V3, and PRM<sub>rCBV+</sub> between V2 and V3. PRM<sub>rCBV+</sub> value has the largest AUC because curve is located nearest to left upper corner; (C, D) ROC curves for T<sub>max</sub> at V2 and V4, and PRM<sub>Tmax-</sub> between V2 and V4. In either ROC curve, PRM<sub>Tmax-</sub> value has the largest AUC because curve is located nearest to left upper corner. Yellow indicates curve of no discrimination. ROC: receiver operating characteristic; AUC: area under the curve; rCBV: regional cerebral blood volume; T<sub>max</sub>: time-to-maximum.



**Figure 6.10:** NIHSS score at V5 estimated versus  $T_{max}$  at V2 (A), V3 (B) and V4 (C) measured by whole-lesion approach and  $PRM_{T_{max}-}$  between V2 and V4 (D). mRS score at V5 estimated versus  $T_{max}$  at V2 (E), V3 (F), V4 (G) and  $PRM_{T_{max}-}$  between V2 and V4 (H). NIHSS: National Institutes of Health Stroke Scale; mRS: modified Rankin Scale;  $T_{max}$ : time-to-maximum.

# Chapter 7

## General conclusion and perspectives

### 7.1 General conclusion

Cerebral multiparametric MRI plays an important role in assessment of stroke at different stages. Imaging data analyzed by different methods may lead to diversity of results, which impact on the evaluation of stroke evolution and relevant treatment decision.

In all studies performed in this thesis, a novel methodology of imaging analysis based on a voxel-wise approach has been applied to help to identify the heterogeneity within stroke lesions from which potential imaging biomarkers were derived for more accurate evaluation of therapeutic response and prediction of clinical outcome.

The application of this approach has been used in rat models of experimental stroke and then transferred to chronic stroke patients.

#### 7.1.1 The assessment of stem cell therapeutic effects in preclinical application

Stroke is a medical emergency in which time is critical for victims. However, most patients are excluded by the limited therapeutic time window. For a long duration and even until now, the imaging approaches, normally diffusion and perfusion MRI sequences have been regarded as diagnostic tools to investigate the penumbra which probably offer an opportunity to select patients that may benefit from treatment strategies. With the development of biotherapies, the medical grade stem cells are regarded as the alternative for current stroke therapies in a delayed time frame [Detante *et al.* 2014].

However, although the cell therapies have been thought to be potential to promote the functional recovery in subacute or chronic phase of stroke, the proposed mechanisms remain poorly understood. Quantitative MRI techniques including DWI and PWI are essential to assess the therapeutic response of stem cells. The diffusion-weighted images are capable of measuring the random thermal motion of water, while the perfusion-weighted images are capable of quantifying changes in stroke hemodynamics and assessing the angiogenesis after ischemic injury [Moisan *et al.* 2012].

In general, evaluation of therapeutic response to drugs, biomaterials or

other interventions based on imaging data uses the mean value throughout the whole lesion as the quantitative metric. However, intralesional heterogeneity of stroke is an inherent property which correlates with different patterns of the parametric value change, and therefore classic analytic methods using a mean average of the voxels in the entire lesion can significantly underestimate the details of regional change after the therapy.

The parametric response map (PRM), a voxel-wise technique, is an alternative to present the heterogeneity within the lesion by the comparison of serial maps acquired before and during the therapy after spatially aligning via co-registration. The volume fraction of voxels with significant value changes between the baseline and an early time point may reflect the early response to the treatment [Galban *et al.* 2009a]. In view of the capability to exhibit early therapeutic response using the PRM on multiparametric MR images in various clinical sites, this technique is believed to be feasible to provide more details of cell-therapy effects in stroke, although no mature precedent in such application has been reported yet.

In our preclinical research, the PRM approach was applied to both diffusion and perfusion maps including ADC, CBV and VSI for the assessment of the response to hMSC therapy between MCAo rat models with and without treatment. Focal changes on each map were detected by the PRM just one day after a delayed IV injection of hMSCs. The PRM was able to highlight the changes potentially induced by hMSCs upon cellular edema, microvascular plasticity and vasodilation, which have been proven by the histological evidence in a parallel research by Moisan *et al.* under the same experimental condition [Moisan *et al.* 2016]. However, the classic whole-lesion approach was insensitive to show the early response. Thus, PRM analysis appears to be a promising tool for the early detection of heterogeneous changes induced by stem cell therapy in stroke lesions. The PRM reflects the superiority over the whole-lesion approach, so that it is potential to be a new monitor for therapeutic efficiency in stroke.

### **7.1.2 The prediction of outcome in clinical application**

Lestro Henriques *et al.* reported that heterogeneous ADC patterns in ischemic areas of similar size correlated with different functional outcome in permanent MCAo (pMCAo) rodent models [Lestro Henriques *et al.* 2015]. It is hypothesized that one stroke may differ from another+ even without any therapeutic intervention. Therefore, the motivation of research in this part is to design a complementary clinical protocol to predict clinical outcome of chronic stroke based on the intralesional heterogeneity in both diffusion and perfusion MR maps. In the previous study, the definition of patterns according to qualitative visual criteria and histogram categorization was not sufficient to reflect the temporal evolution of stroke. Whereas in our research, the PRM approach provided a quantitative analysis on stratifications of voxels with

heterogeneous value changes over time. Furthermore, three statistical tests including Spearman's correlation analysis, receiver operating characteristic curve and an intergroup Student's *t-test* were investigated to define and validate a reliable predictor for long-term clinical outcome from all acquired imaging metrics.

In our clinical research, multiparametric MR maps including ADC, MTT, TTP,  $T_{max}$ , rCBF and rCBV obtained during the follow-up ranging from 6 weeks to 7 months after stroke onset were analyzed by the classic whole-lesion approach and the PRM at each time point. The early prognostic capability of mean value and corresponding PRM fraction of each parameter was analyzed with NIHSS and mRS which quantified the neurological impairment and functional independence suffering from stroke.

The  $PRM_{rCBV-}$  and  $PRM_{rCBV+}$  at 8 weeks were significantly correlated with NIHSS and mRS at 7 months after stroke onset respectively, which probably due to poor collateral status in patients with unfavorable outcome, and vice versa. The  $PRM_{T_{max-}}$  at 3 months after stroke onset can reflect the instant outcome and make a further prediction of both NIHSS and mRS at 2 months later, which may imply that prolonged  $T_{max}$  reflects the capability of brain tissue to survive in ischemic environment, and moreover, a favorable outcome probably resulting from sufficient collateral perfusion in chronic phase.

To sum up, ROI-based mean values of perfusion estimates lack sensitivity to provide substantial early prediction of clinical outcome, whereas the quantifiable metrics of hemodynamics based upon the lesion volume fractions measured by the PRM appear significantly predictive of both long-term neurological deficit and degree of disability at an early time point. Consequently, PRM analysis is able to carry out early stratification of chronic stroke patients with different outcome and it can be regarded as a reliable predictor of stroke prognosis.

## 7.2 Perspectives

Brain edema, defined as a growing brain tissue volume resulting from its increasing fluid content, is an important pathological process in ischemic stroke concerning unfavorable outcomes. The formation of edema results in a certain extent of brain swelling which, if unchecked, can lead to elevated intracranial pressure (ICP), reduced cerebral blood flow, and fatal cerebral herniation. The term "malignant ischemic stroke" can bring about widespread cerebral edema and rapid clinical decline with high mortality. In fact, the clinical significance of cerebral edema apart, the mechanisms of edema formation and exacerbation remain poorly understood [Zador *et al.* 2009].

The brain edema observed in ischemic stroke has a characteristic time course and it begins inevitably with a cytotoxic edema, due to the intracellular fluid accumulation resulted from energy failure after hypoperfusion or cerebral circulation interruption. This pathological process is initiated before blood-brain

barrier (BBB) disruption occurs [Liu *et al.* 2010]. With ongoing ischemia-reperfusion, the BBB breakdown leads to the vasogenic edema, which coexists with cytotoxic edema in most pathological conditions [Song *et al.* 2014].

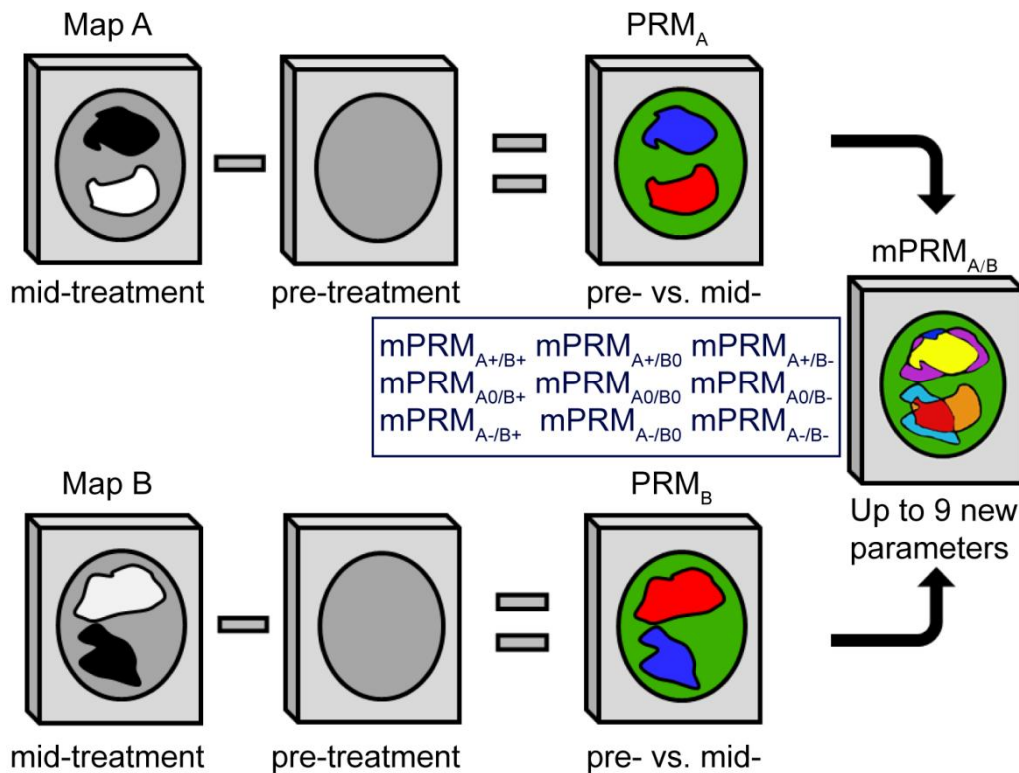
The potential therapeutic aims of the forthcoming clinical trials have been emphasized to reduce the incidence of hemorrhagic complications and improve neurological outcome by promoting BBB integrity and preventing hemorrhagic transformation (HT) [Machado *et al.* 2009]. The transplantation of endothelial progenitor cells (EPCs) has been highlighted for BBB repair and proceeds in future clinical application [Rouhl *et al.* 2008, Kaneko *et al.* 2012]. Besides stem cells, BBB disruption may also recover using anti-edema drugs with various molecules including vascular permeability factors, membrane channels, transporters and receptors, which as known to be responsible for ischemia-induced edema on target [Simard *et al.* 2007, Michinaga *et al.* 2015].

However, disrupted BBB is generally confirmed through microscopic observation, although MRI can be used to reflect the extent of permeability change. The increased vascular permeability may be observed as homogeneous contrast enhancement on contrast-enhanced T<sub>1</sub>-weighted images after the injection of gadolinium contrast medium [Choi *et al.* 2014]. In addition, loss of BBB integrity can result in a leakage of serum-derived components into the extracellular space, which is associated with a reversal of ADC value [Kim J. E. *et al.* 2013].

Quantitative multiparametric MRI can provide information of cellularity and hemodynamic characteristics by means of different sequences. Normally the DWI and PWI are necessary to monitor the severity of cerebral edema, as well as the therapeutic response to biomaterials or anti-edema drugs. As mentioned above, the PRM approach is potential to be an ideal monitor and predictor in stroke evolution and it has been applied to analyze the correlation between perilesional edematous tissue after intracerebral hemorrhage and functional outcome [Tsai *et al.* 2013]. PRM can also be used to investigate two parameters altogether for integrated diagnostic and prognostic value in therapeutic response assessment and thus guide the selection of treatment strategies [Galban *et al.* 2011].

To an extent, the goal of accurate quantification of the synchronous diffusion and perfusion changes is difficult to reach because the concerned pathological process is dynamic. By using multiparametric response map referred to as mPRM, the percentage change of the target parameter can be calculated under the premise that the pattern of changes in another correlative parameter is controlled in the same analytic condition. The mPRM can consolidate physiologically distinct multiparametric imaging data into a single interpretable and quantitative metric with an illustration analogous to the single PRM (Fig.7.1). In a pioneer report with the first application of mPRM in high-grade glioma, it has been proven to improve the accuracy of the imaging

biomarker over the evaluation of a single one in the prediction of overall survival [Galban *et al.* 2015a].

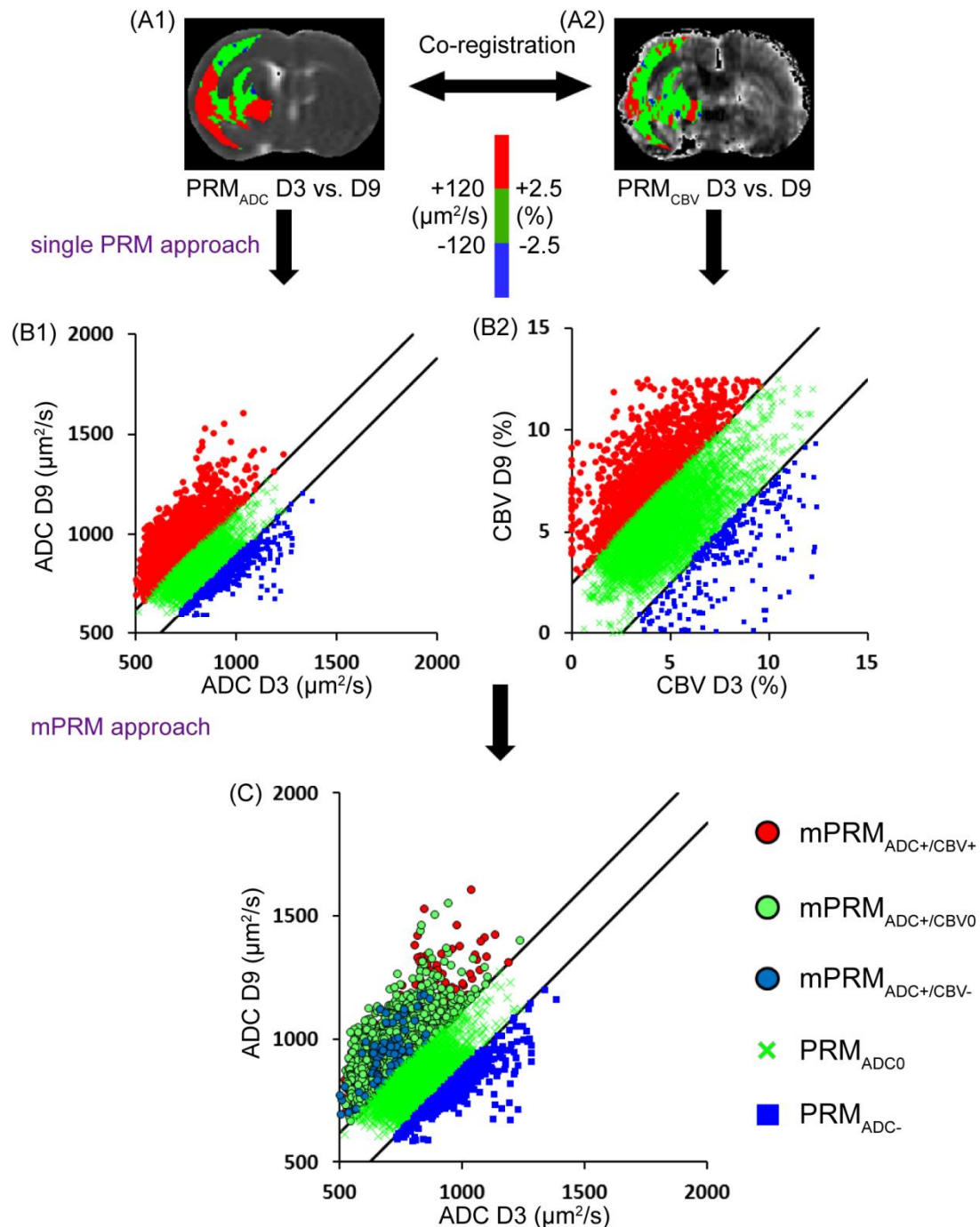


**Figure 7.1:** Generation of the mPRM. Each PRM is built by using co-registered original maps acquired before and midway through therapy. The PRM analysis retains the spatial information of the target parameter as coded by color overlay on initial images and also quantification of the sum of voxel numbers (on a percentage of total lesion volume) which labeled in red (increase above the specified threshold, e.g.  $PRM_{A+}$ ,  $PRM_{B+}$ ), green (relatively unchanged, e.g.  $PRM_{A0}$ ,  $PRM_{B0}$ ) and blue (decrease below the specified threshold, e.g.  $PRM_{A-}$ ,  $PRM_{B-}$ ). After the co-registration of all serial images, Map  $\delta A\delta$  and Map  $\delta B\delta$  share the same spatial geometric space, with each voxel having temporal pairs for the pre- and mid-treatment values of  $\delta A\delta$  and  $\delta B\delta$ . PRM applied to Map  $\delta A\delta$  or Map  $\delta B\delta$  results in 3 classifications each, when applied to both  $\delta A\delta$  and  $\delta B\delta$  voxels, it is stratified into 9 new classifications ( $3^2 = 9$ , noted in the box; e.g. the volume fraction characterized as having red on the  $PRM_A$  and blue on the  $PRM_B$  is called  $\delta mPRM_{A+/B-}$ ). The notation used to indicate the mPRM classifications is analogous to the single PRM, outputs are presented as a visual map with all intralesional voxels color-coded based upon respective classifications, according to [Galban *et al.* 2015a].

The mPRM approach is potential to provide a new imaging methodology for assessing edema progression and therapy response by integrating the diffusion and perfusion parameters into a single response map in both preclinical and clinical studies. The permutation and combination of basic parameters by mPRM produces more new metrics as candidates for imaging



biomarkers. Since perfusion-weighted MRI can be used in edema evaluation after osmotherapy [Stoll *et al.* 1998], it is believed to be capable of showing the response to other intervention means, especially with multiple MR parameters. Inclusion of  $PRM_{ADC+}$  and  $PRM_{CBV+}$  into a single imaging metric by mPRM may provide a more accurate evaluation of the edema progression (Fig.7.2).



**Figure 7.2:** Schematic of the mPRM technique applied to the individual ADC and CBV maps acquired at D3 and D9 of one representative in our preclinical study. After the co-registration of the original images, the PRM approach was applied to the ADC and CBV maps resulting in 3 classifications each. The outputs were presented as a 3

color-coded overlay for their respective maps to create the (A1)  $PRM_{ADC}$  and (A2)  $PRM_{CBV}$  on the same slice, in which the parameter values of either ADC or CBV were stratified into significantly increased (red voxels), unchanged (green voxels) and significantly decreased (blue voxels) based on predetermined thresholds. (B1) The corresponding scatter plot of  $PRM_{ADC}$ . (B2) The corresponding scatter plot of  $PRM_{CBV}$ . Each scatter plot showed the distribution of the parameter values (ADC or CBV) at D3 and D9 for the entire 3-dimensional lesion volume. The 95% CIs within the scatter plot were designated by two black lines. (C) The individual PRMs are combined, resulting in 9 classifications. In our example, only the volume of red voxels in ADC was separated in the scatter plot to show the voxel distribution of 3 classes of CBV changes with significantly increased ADC values.

As a composite approach, mPRM potentially identifies an objective pathological process after ischemic injury which is useful to assess the therapeutic effects of stem cells or anti-edema drugs. By controlling the value changes of one variate which are relevant to a certain pathological process, the quantification of pure changes in the other parameter is highlighted. The ability to accurately identify changes in perfusion on mPRM maps is confounded in lesion areas where diffusion and perfusion are colocalized. The value of this approach is that the microenvironment and pathophysiology of the stroke progression can be monitored noninvasively. These results may lead to a better understanding of uncertain mechanisms of the edema development or a sensitive imaging biomarker of the early detection of relative therapeutic effects.



# Chapter 8

## MRI segmentation methods

Data acquisition, extraction and analysis are consequent but independent steps in imaging research. As an improvement in the methodology of imaging analysis, PRM approach does not change the innate character of dataset. Based on different requirements of practical applications, with considering efficiency, repeatability and optimization, selection of image segmentation method could be regarded as an explorative step which helps define the final target for research. In this chapter, I will review the different methods available for this key step.

As a probe of brain anatomy, physiology and function, MRI is a noninvasive and highly versatile modality that promises to play a significantly important role in neuroimaging. Accurate segmentation of brain MRI is undoubtedly of great potential for both preclinical and clinical researches on various neurological diseases. The aim of image segmentation is to divide an image into a set of semantically meaningful, homogeneous and non-overlapping regions of similar attributes such as intensity, depth or texture. The segmentation result is either an image with labels identifying each delineated region or a set of contours which describe the region boundaries [Despotovic *et al.* 2015]. However, challenges remained in MRI brain segmentation arise from various reasons, including data size, low contrast between tissue classes, unavailability of a priori knowledge, both local and global perspectives [Scherrer *et al.* 2007].

A wide variety of segmentation techniques were developed and separated into several categories based on the classification scheme [Pham *et al.* 2000]. Both healthy and impaired brains are potential targets of MRI segmentation with different levels of difficulty in manipulation. For the healthy brain of a specific population, template-associated methods are feasible to attain favorable repeatability and reproducibility among different individuals. For the pathological brain, accurate delineation of lesion is the primary task which tightly related with evaluation of severity, therapeutic effects, prognosis, and even clinical interventions such as precise tumorectomy.

All in all, the main cerebral MRI segmentation methods with multiple applications including healthy brain, brain tumor and ischemic stroke can be grouped as follows:

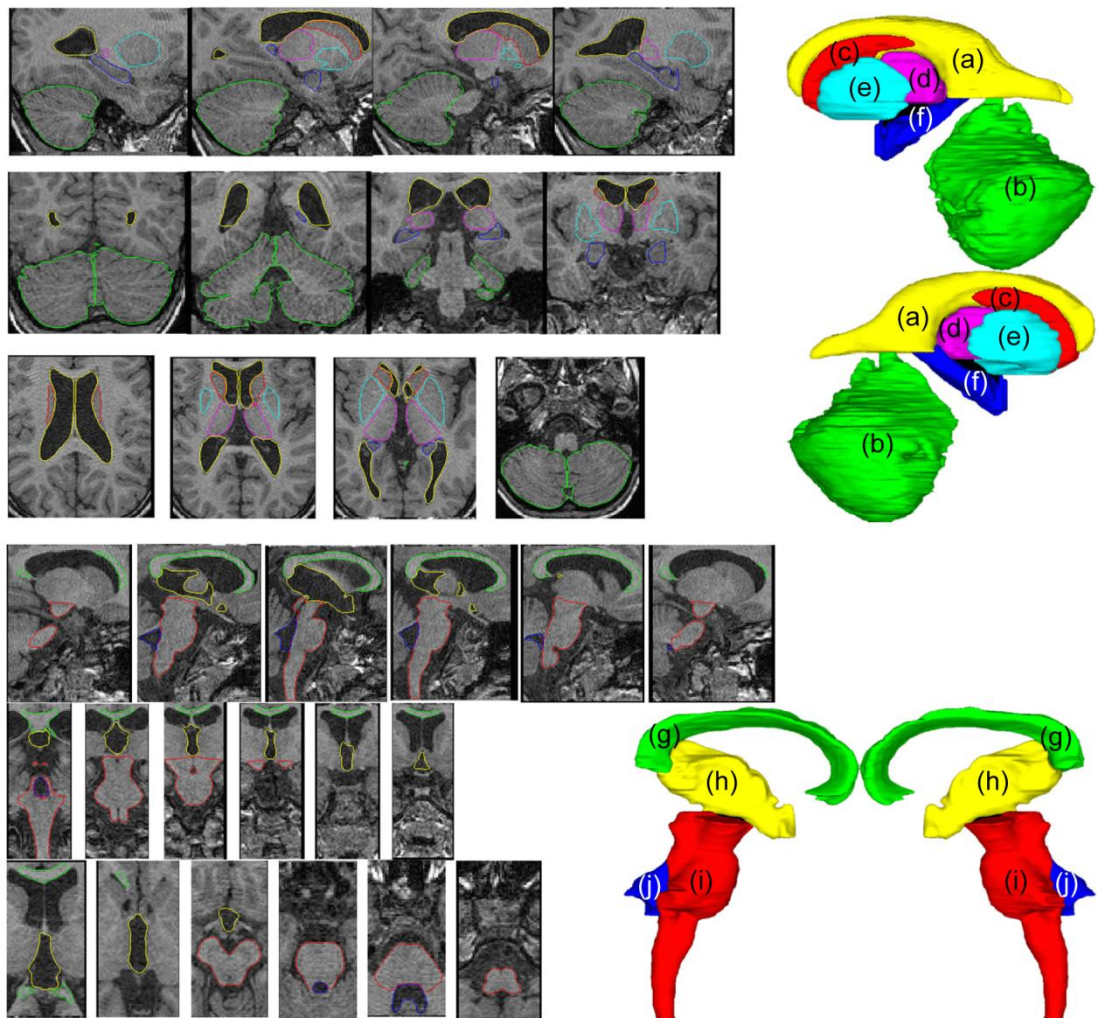
- **Manual segmentation**
- **Automatic segmentation**
  - **Intensity-based methods**
    - ✧ *Thresholding*
    - ✧ *Region growing (Region merging)*
    - ✧ *Edge detection*
  - **Atlas-based methods**
    - ✧ *Probabilistic atlas segmentation (PA)*
    - ✧ *Label propagation (LP)*
    - ✧ *Multi-atlas propagation (MA)*
    - ✧ *Classification*
    - ✧ *Clustering*
  - **Artificial neural networks (ANNs)**
  - **Surface-based methods**
    - ✧ *Deformable models*
  - **Hybrid segmentation methods**
  - **Other methods**
    - ✧ *Texture segmentation*
    - ✧ *Wavelet transform*
    - ✧ *Multispectral segmentation*

## 8.1 Manual segmentation

Manual segmentation of anatomy in brain MRI data is considered to be with the closest quality of gold standard. It refers to the process where a human operator segments and labels an image manually. The procedure is typically done by a trained operator who goes through around multiple images to extract the contours of the target structures on 3D volumetric imagery slice by slice. This method is believed to have high accuracy because it solves the difficulties related to image quality and artifacts by reliably identifying and delineating different structures in medical images [Garg *et al.* 2014]. However, it depends to a great extent on individual experience and a prior knowledge is generally required before the procedure.

With the developments of imaging tools and attendant higher resolution, more slices and more image types of acquired data, the manual segmentation has become an intensive and relatively time-consuming task, especially in clinical emergency. Manual delineation is not only tedious but also particularly difficult to reproduce due to the intra- or interindividual difference in operation [Collier *et al.* 2003]. Registration before manual segmentation, normally in anatomic atlas of healthy brain, can improve the operability by transferring the ground truth template labels onto the unlabeled images, which then fused to obtain the final outputs in the target population (Fig.8.1). Accurate delineation of target regions is of prime importance as inaccuracies in the templates for an accurate segmentation. The outlines of the overlay should follow the anatomical structure boundaries of intensity change and physiological

information with a high degree of precision [Garg *et al.* 2014, de Macedo Rodrigues *et al.* 2015].



**Figure 8.1:** Overlay of surface outlines on T<sub>1</sub>W MRI slices of an 8-year-old healthy pediatric brain in the three orthogonal views along with the smooth 3D surface renderings. The manually segmented anatomical structures include: (a) lateral ventricles, (b) cerebellum, (c) putamen, (d) thalamus, (e) caudate, (f) hippocampus, (g) corpus callosum, (h) the third ventricle, (i) brainstem, and (j) the fourth ventricle, adapted from [Garg *et al.* 2014].

In addition, limitations for manual delineation are due to the principle of some editing tools. For example, 3D data was composed by the synchronized 2D orthogonal views of axial, coronal and sagittal position from which the contour of target structure was derived by ITK-SNAP (<http://www.itksnap.org>) [Yushkevich *et al.* 2006]. Then a continuous 3D surface was extracted from the series of 2D contours in three positions. But this task was prone to errors if the interslice inconsistencies were inevitable during the segmentation. The gaps in the reconstructed surface can be solved by true 3D structure models which provided globally smoother and more coherent surfaces across slices.

Nevertheless, manual segmentation is still widely used as a surrogate for

ground truth delineation and quantitative evaluation because of the convenience. Furthermore, the different brain structures derived from manual segmentation can be applied as the ground truth in brain atlas formation and thus can be used in the approaches for atlas-based segmentation [Shi *et al.* 2011] (methods mentioned in 8.2.2.2).

## 8.2 Automatic segmentation

Automatic segmentation can be categorized as semi-automatic and fully automatic approaches, which provide clinical potential benefits on the monitoring and evaluation of a variety of diseases, especially in brain tumors. The semi-automatic method for tumor extraction showed greater efficiency and stability than the manual method [Yu *et al.* 2016]. An automated, reliable and efficient technique for MRI brain segmentation is challenged by several factors. The common factor is the random Rician noise associated with the magnitude MR images [He *et al.* 2009]. Because of the non-uniformity in the radiofrequency (RF) coils or acquisition sequences, intensity inhomogeneity, also called bias field, usually appears as an intensity variation across the MR images during the image generation [Li Y. *et al.* 2011]. Thus, a bias of the resultant intensities which is hardly observed by the naked eye may lead to a serious misclassification by using intensity-based segmentation algorithms. In addition, images can be corrupted by other negative factors such as noises, partial volume (PV) effect and truncation (Gibbs) artifact. PV effect means more than one type of class / tissue occupies one voxel / pixel of the image, which leads to the fuzzy boundaries between different tissues. [Ruan *et al.* 2000]. The manifestation of truncation artifacts, also as known as Gibbs phenomenon, are the overshoot and ringing artifacts around sharp changes in image contrast, which caused by the truncation of a Fourier series of a discontinuous function. Normally, the truncation artifacts are unavoidable at sharp edges with high contrast when the image is being deblurred. The reduction of truncation artifacts can be realized at the cost of compromising image resolution because high-frequency components of the data will be excluded by blurring the input image [Zeng *et al.* 2011].

In general, brain MR imaging elements are typically classified into three main tissue types: WM, GM and cerebrospinal fluid (CSF). But various fundamental components of structural brain MRI data can lead to significantly different results of segmentation. For example, compared with the adult brain MR images, contrast in neonatal MR images is much lower than that of adult because the majority of WM is as-yet unmyelinated and has the water content closer to that of GM than in adults and adolescents. Besides the image contrast, the intensities of tissues are significantly affected by intensity inhomogeneity due to not only RF inhomogeneity but also biological properties of the developing tissue, which leads to a large overlap in their intensity

distributions. The inversion of contrast between GM and WM, compared to adult MRI, is also a difficulty given the limited resolution of neonate MRI. Due to this inverted GM / WM contrast, many voxels between CSF and GM can be incorrectly classified as WM by conventional intensity-based segmentation approaches. In a word, it remains challenging to segment brain MR images, especially for neonatal brain images [Xue *et al.* 2007, Shi *et al.* 2010]. Method complexity has thus evolved to account for these constraints.

## 8.2.1 Intensity-based methods

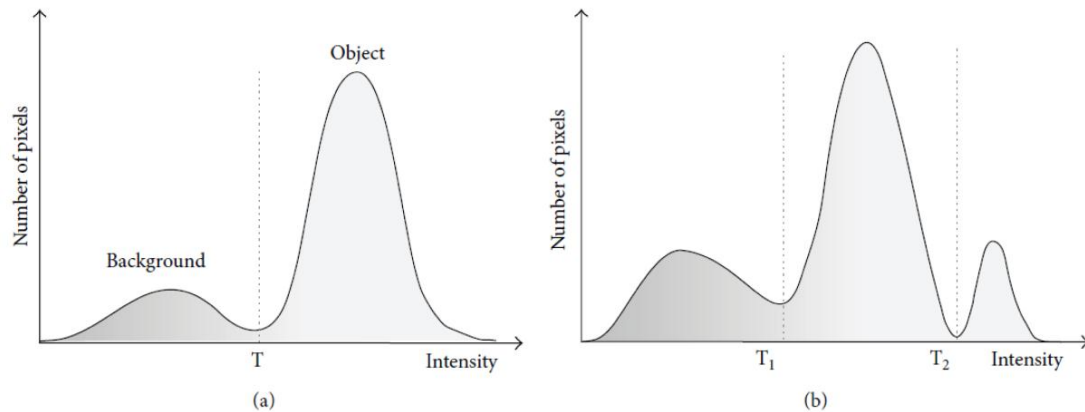
Intensity-based segmentation methods distinguish individual voxel / pixel of different types according to their intensities. In the case of the brain MRI, elements are typically classified into three tissue types as described before. More detailed classification is limited by the overlap between different brain structural intensity profiles such as brain and non-brain tissue (e.g. the scalp).

Several intensity-based techniques are available for tissue classification. The most common method is to use intensity histogram of all voxels and fitting Gaussian functions to the distribution, and then associates a probability to a given intensity of correspondence to a given type of tissue. Incorporating tools for dealing with artifacts in MRI are required even only for the basic separation of the three main tissue classes. Incorporating neighborhood information helps to give preference to spatially homogeneous regions in the resulting segmentation by significantly decreasing misclassification caused by random noise in the image [Pham *et al.* 2000].

### 8.2.1.1 Thresholding

As the simplest image segmentation method, the thresholding procedure uses the intensity histogram to define the thresholds  $\tau$  values which separate the desired classes (e.g. object from background). The segmentation is then realized by grouping all pixels between defined thresholds into one class. Thresholding methods have many variations including global signal threshold, local threshold depending on the location in the image, multi-thresholding, adaptive thresholding and so forth (Fig.8.2). They can be applied to separate background voxels from the brain tissue or to initialize the tissue classes in other iterative segmentation methods.





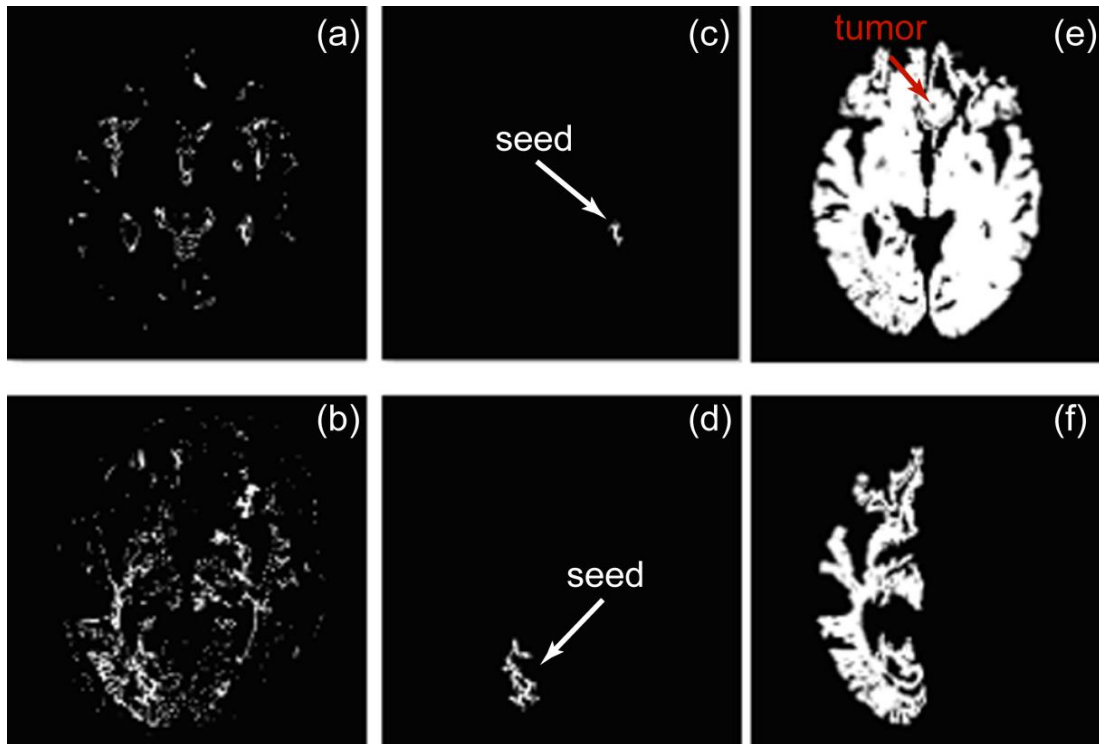
**Figure 8.2:** Grey level histogram can be partitioned by (a) a single threshold or (b) multiple thresholds [Despotovic *et al.* 2015].

Although thresholding method is fast and computationally efficient, the neighborhood information which reflects the imaging spatial characteristics is not taken into account. Thus, it tends to produce scattered groups of pixels rather than connected regions because of its sensitivity to noise and intensity inhomogeneities, especially under low contrast condition. Furthermore, this method is not suitable for textured images because of their perceptual qualities from the higher order interactions between image elements [Ghaye *et al.* 2013, Despotovic *et al.* 2015].

### 8.2.1.2 Region growing

Region growing is a technique for extracting a connected region of the image which consists of groups of voxels with similar intensities [Sharma *et al.* 2010]. It is suitable for segmentation of volumetric images which are composed of large connected homogeneous regions. The selection of seed points is a key step which based on the criterion of users such as pixels in a defined greyscale range or pixels evenly distributed on a grid. This procedure starts from the seed points which can be manually defined or automatically initialized with the algorithm to the accumulation of all neighboring voxels with similar intensities which satisfy a predefined uniformity or homogeneity criterion. It is repeated until all examined qualified voxels are added to the growing region [Park *et al.* 2014, Despotovic *et al.* 2015].

Successful applications of region growing algorithm provide huge information in brain MRI analysis for segmentation of brain vessels [Passat *et al.* 2005], extraction of brain surface [del Fresno *et al.* 2009] and brain tumor [Hsieh *et al.* 2011] (Fig.8.3). A semiautomatic segmentation technique based on region growing was applied to measure the infarction volume on 3D image representation [Dastidar *et al.* 2000].



**Figure 8.3:** An example of MRI segmentation by region growing in brain tumor. (a, b) For the images which are too fragmented to be properly classified, (c, d) the seed areas are selected to turn the fragments into (e) tumor-containing image or (f) meaningful intermediate by voxel-wise aggregation, adapted from [Hsieh *et al.* 2011].

The main disadvantage of the region growing method is its sensitivity to the initialization of seed point which may change the segmentation result completely by different choice. If the seed point or homogeneity criterion is not properly defined, the growing region can leak out into irrelevant regions. Region growing is also sensitive to noise which leads to the disconnected or defective presence of the image.

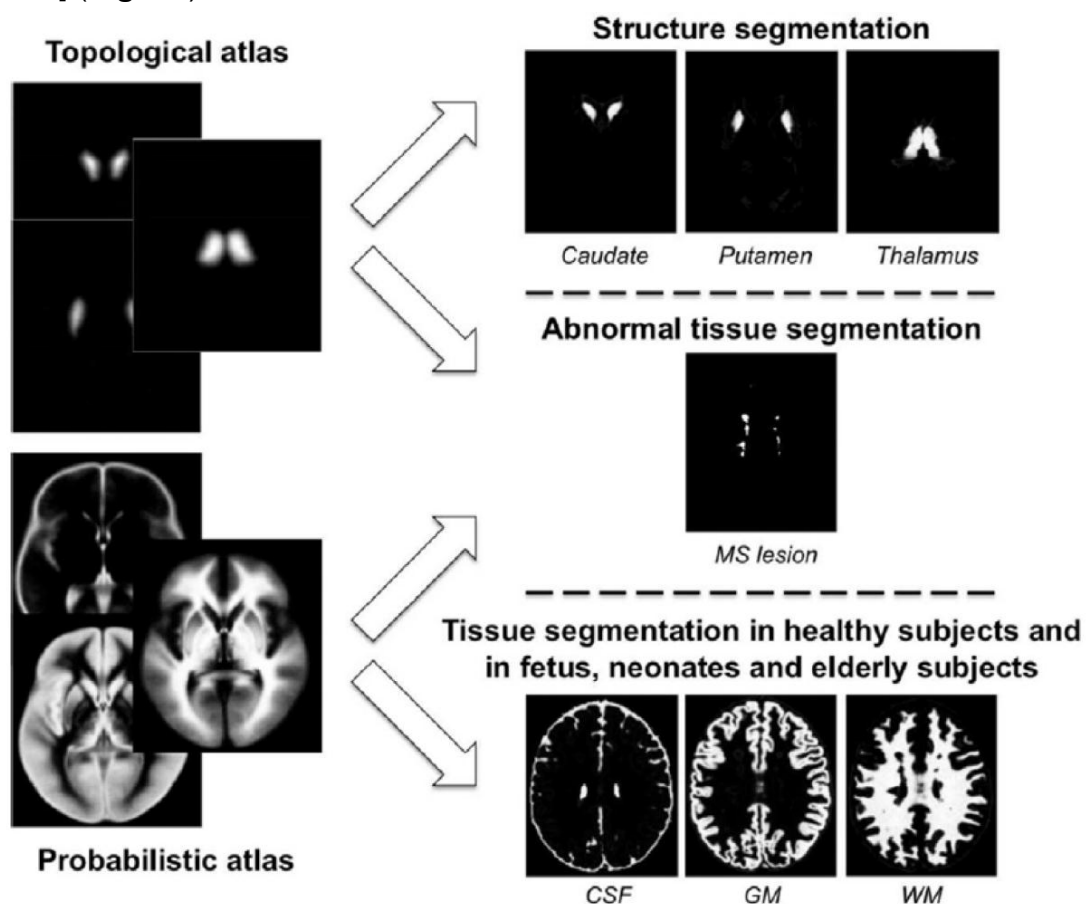
### 8.2.1.3 Edge detection

The edge detection technique refers to the segmentation results in terms of the boundaries between different regions of image with good contrast. Edges are defined as the intersection between two regions with significant changes in grey level intensity values. Various edge detections are generally named after their inventors. For example, the frequently used techniques are named the Marr-Hildreth or Laplacian-of-Gaussian (LoG), Sobel, Roberts, Prewitt and Canny.

In brain MR images, binary mathematical morphology and Watershed algorithm are often used for the segmentation. However, the major drawbacks of these methods are over-segmentation, sensitivity to noise, poor detection of significantly low contrast edges and poor detection of insubstantial structures [Grau *et al.* 2004].

## 8.2.2 Atlas-based methods

For brain MRI segmentation, the atlas-based methods are powerful tools with the available atlas or template of a specific region of interest of human brain. The atlas contains information about the brain anatomy from different brain structures which is used as a reference for segmenting new images. It is possible to segment any brain structure available only by the atlas. To an extent, atlas-based approaches are similar to classifier methods, except that they are implemented in the spatial domain rather than in the feature space. Medical targets including brain structure with well-defined shapes, brain tissues in healthy subjects, brain tissues in challenging populations and damaged brains with either focal lesions or space-occupying lesions can be realized by multiple atlas-based segmentation algorithms [Despotovic *et al.* 2015] (Fig.8.4).



**Figure 8.4:** A schematic representation of the atlas-based segmentation of brain structures, healthy tissue, abnormal tissue and lesions (e.g. multiple sclerosis). The MR brain data sets and their manual segmentations are available at <http://www.cma.mgh.harvard.edu/ibsr/> [Cabezas *et al.* 2011].

### 8.2.2.1 Probabilistic atlas segmentation

In medical images there is sometimes a weak relation between voxel data

and the label assignment. In such cases, spatial information must be taken into account in the segmentation process. One well-validated approach relies on combining the segmentations obtained from non-rigid aligning multiple manually labeled atlases with the target image [Wang *et al.* 2005]. The probabilistic atlas segmentation (PA) method provides a framework in which appropriate datasets can be entered, across an ever-increasing number of challenges such as age, gender, disease states and imaging modalities, varying in populations, laboratories and experiments such that, in time, the aggregate data from populations will provide even greater insights into this important relationship in both quality and quantity [Mazziotta *et al.* 2001]. It is commonly used in the analysis of medical images, since it integrates a priori knowledge of the shape and the appearance after being aligned with the image to be segmented. Since the segmentation labels for the actualities are known for the atlas, all atlas information is transferred to the target image after registration. Therefore, the performance of atlas-based methods is directly dependent on quality of the registration method employed [Sjoberg *et al.* 2013]. Generally, the affine registration is used for aligning the PA. However, an affine alignment may not be sufficient if the brain anatomy of interest differs significantly from the average atlas anatomy. And it is difficult to register anatomical template with the image to be segmented by using standard registration methods. Multiple methods such as simultaneous segmentation, bias correction and nonrigid registration of a PA have been developed which aim to overcome this problem by iteratively refining the segmentation and nonrigid registration of the PA at the same time, which lead to different approaches based on density, label or deformation [Ashburner *et al.* 2005].

Even with nonrigid registration methods, accurate segmentation of complex structures is difficult due to anatomical variability. Also, atlas-guided segmentation in patients with brain deformations can be prone to errors, because the PA is based on the population of healthy subjects. The atlas-based approach is not suitable for image segmentation of a brain anatomy significantly different from the atlas template. The PA segmentation methods use atlas values in a probabilistic framework to segment the images into new classes and reduce the effect of registration errors from a subset of voxels of the image by the estimation of such models [Cabezas *et al.* 2011].

An aligned PA can be also used as a good initial estimate of the segmentation, which is especially important for EM-based methods, as EM algorithm is guaranteed to converge, at least to local maxima. In addition, most EM-based methods use the PA to constrain the segmentation process where again the correct alignment of the PA is crucial for successful and accurate segmentation [Ashburner *et al.* 2005, Pohl *et al.* 2006].

#### 8.2.2.2 Label propagation

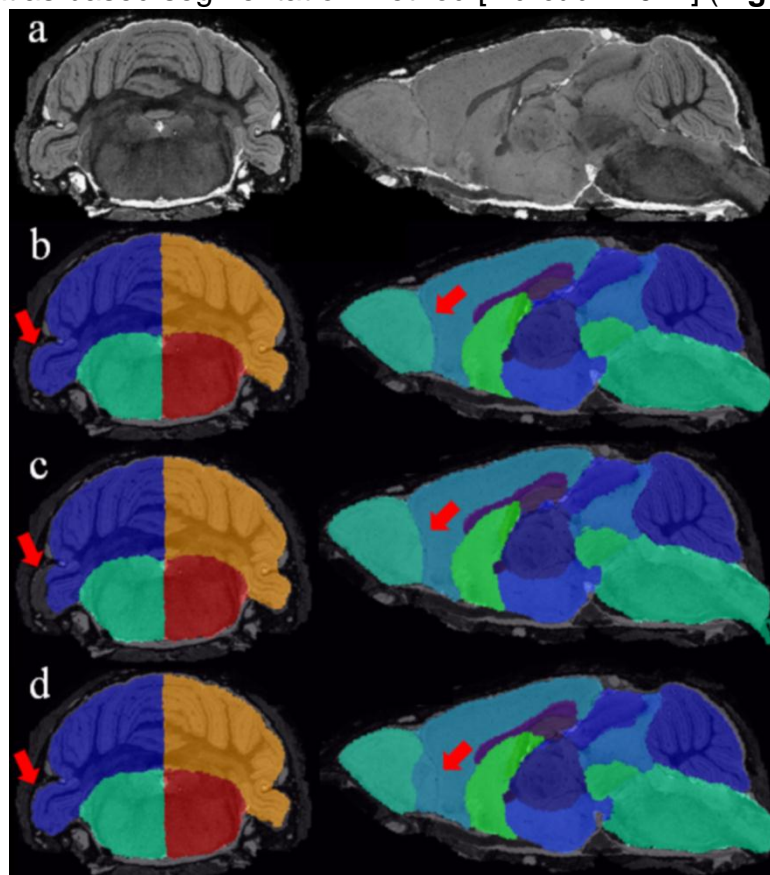
Label propagation (LP) is a widely-used graph-based semi-supervised learning framework in which a dataset consisting of both labeled and unlabeled

data points is provided to assign labels to the unlabeled subset [Zikic *et al.* 2013]. Propagate labels of the labeled data points to the unlabeled data points depend on the intrinsic data manifold structures which based on a large number of samples because data points with the same manifold are very likely to share the same label. To increase the number of both labeled and unlabeled data points, the LP algorithm is more likely to get an ideal result of the label estimation. However, this process is at the expense of higher computation time [Heckemann *et al.* 2006].

To select an ideal atlas-based segmentation strategy, the main advantages and drawbacks should be overall considered. The LP technique is highly dependent on both the atlas image and the registration procedure, and it may not be desirable to deal with subjects from very different populations. But it is still widely used to define a ROI for further segmentation or to initialize an active contour strategy [Baillard *et al.* 2001, Wu *et al.* 2006].

### 8.2.2.3 Multi-atlas propagation

The multi-atlas propagation (MA) technique based on multiple labels with outlier minimization is desirable when segmenting objects with a well-defined shape where there is low anatomical variability between different images. It has been reported that framework based on MA technique results in significantly optimized segmentation accuracy in mouse brain atlas databases with expert-delineated manually labeled anatomical structures, compared to the single-atlas based segmentation method [Ma *et al.* 2014] (Fig.8.5).



**Figure 8.5:** Sample images comparing the parcellation result of MA segmentation method and the single-atlas based method. The selected coronal and sagittal slices demonstrated that the MA technique preserved the correct local registration in different regions while some local misalignments were found by using the single-atlas based method (red arrows). (a) The original images on which structural parcellations are overlaid. (b) Structural parcellation using the MA based framework. (c) Structural parcellation result of one single-atlas based method with part of the cerebellum mis-segmented on coronal view. (d) Another structural parcellation result of single-atlas based method with the edge between olfactory bulb and cortex mis-segmented on sagittal view [Ma *et al.* 2014].

#### 8.2.2.4 Classification

Classification methods partition image data based on different image features which can be related to intensity or other image properties besides intensity values. Segmentation results are formed by classified regions with defined labels. The problems of segmentation and classification are interlinked because segmentation implies a classification, while a classifier implicitly segments an image. A set of predefined rules based on known tissue properties or manual expert annotations of the anatomical information is essential to simplify the segmentation task. Classification methods are normally supervised which require manually segmented training images as references for automatic procedure on new images [Kiang *et al.* 2003].

The  $\kappa$ -nearest-neighbor ( $\kappa$ NN) classifier is one of the simplest approaches by ranking the voxels according to the majority vote of the closest training data. It is also regarded as a nonparametric classifier because it makes no underlying assumption about the statistical structure of the data, which is especially suitable for a huge amount of training data [Geva *et al.* 1991].

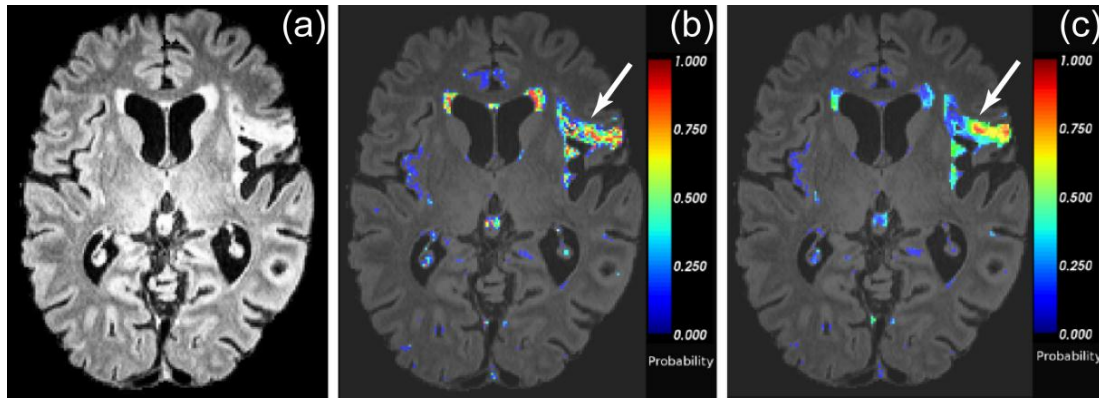
The first step of brain MRI segmentation based on image intensities is to apply the  $\kappa$ NN classification methods corresponding to the spatial localization of brain structure (classes) as a nonrigidly registered template, to enhance the classification process [Warfield *et al.* 2000, Svolos *et al.* 2013]. The segmentation is calculated in an iterative process by interleaving the segmentation refinement with updating the nonrigid alignment to the template. A huge amount of training samples for each tissue class are manually selected for the  $\kappa$ NN classifier during the processing procedure. Due to the manual interaction during training phase, the method is not fully automatic and the results depend on the choice of the training set. A better generalization of robust selection of training samples is developed for the  $\kappa$ NN classification to realize a fully automatic process of anatomical structures [Cocosco *et al.* 2003]. However, it does not deal well with the problem of natural intensity variation within each tissue class. And the correction of the bias field during pre-processing is necessary for both methods.

As for the parametric classifiers, one of the most commonly used is called Bayesian classifier which models the probabilistic relationships between the

attribute set and the class variables, and subsequently estimates corresponding probability of variables [Wells *et al.* 1996]. Based on the relationship between posterior probability, prior probability and likelihood of Bayes rule, all the pixel intensities are supposed to be independent samples from a mixture of Gaussian probability distributions in brain MRI segmentation. Samples from each component of the Gaussian mixture are collected as the training data. The Bayesian classifier assigns each pixel of the newly obtained data to the class with the highest posterior probability to continue the classification process [Marroquin *et al.* 2002].

Different algorithms can be exploited based on Bayesian classifiers to estimate parameters in statistical models. The expectation-maximization (EM) algorithm is a natural generalization of maximum likelihood estimation to the incomplete data case which arises in many computational biology applications that involve probabilistic models [Papaconstadopoulos *et al.* 2016]. This imaging segmentation method by Bayesian classifiers has been successfully implemented in several software packages such as FAST, FreeSurfer, SPM and 3DSlicer [Zhang *et al.* 2001, Fischl *et al.* 2002, Ashburner *et al.* 2005, Pohl *et al.* 2006]. Besides the bias correction in the EM framework, various additional improvements have been achieved for ideal segmentation, such as nonrigid alignment of atlas [Ashburner *et al.* 2005]. By this improvement, neighborhood information is estimated by the statistical model in the form of Markov random field (MRF) [Held *et al.* 1997, Zhang *et al.* 2001] or by the Gaussian mixture model (GMM) to produce the  $\alpha$ -stable distribution mixture model [Salas-Gonzalez *et al.* 2013]. The Bayesian framework can also be used to segment particular cerebral anatomy and its neighboring brain structures by the generalization of a PA [Iglesias *et al.* 2015].

The segmentation of chronic ischemic stroke is generally confused by the remote, asymptomatic, even silent appearance or white matter hyperintensities (WMH) with the heterogeneity within the lesion volume caused by ongoing gliosis or demyelination [Cramer *et al.* 2006, Vernooij *et al.* 2007]. Multimodal techniques for image segmentation can be combined to provide more accurate identification of classes in the images of chronic ischemic stroke. An automated Bayesian / MRF segmentation strategy combining with random forest classification was applied to identify ischemic, WM and other secondary lesions in chronic stroke from multimodal MRI including T<sub>1</sub>WI, T<sub>2</sub>WI, FLAIR and DWI [Mitra *et al.* 2014] (Fig.8.6). Random forest is a multitude of single decision trees for classification, regression and other tasks, with each outputs the mode of classes of object from an input vector [Li X. *et al.* 2009, Azeez *et al.* 2015].



**Figure 8.6:** Likelihood and random forest probabilistic segmentation of probable ischemic lesion areas. (a) Original FLAIR image, (b) the likelihood of the probable lesion area with heterogeneity in the probabilities (white arrow) and (c) the smoother probabilities by random forest segmentation [Mitra *et al.* 2014].

For supervised classification methods, the manual interaction task is supposed to be laborious and time-consuming. And the neighborhood information of data is not taken into account which leads to the high sensitivity to noise. Also, by using the same training set for a large number of images will cause bias towards the anatomical and physiological variability between different subjects [Despotovic *et al.* 2015].

### 8.2.2.5 Clustering

Clustering methods are unsupervised segmentation methods that partition an image into clusters of voxels / pixels with similar intensities by self-training on the data instead of using training images. The segmentation and self-training are processed in parallel by iterating between data clustering and estimating the properties of each tissue class. The most commonly used clustering methods are the EM method, the fuzzy C-means (FCM) clustering and the  $\kappa$ -means clustering [Pham *et al.* 2000, Chuang *et al.* 2006, Chen Z. *et al.* 2013].

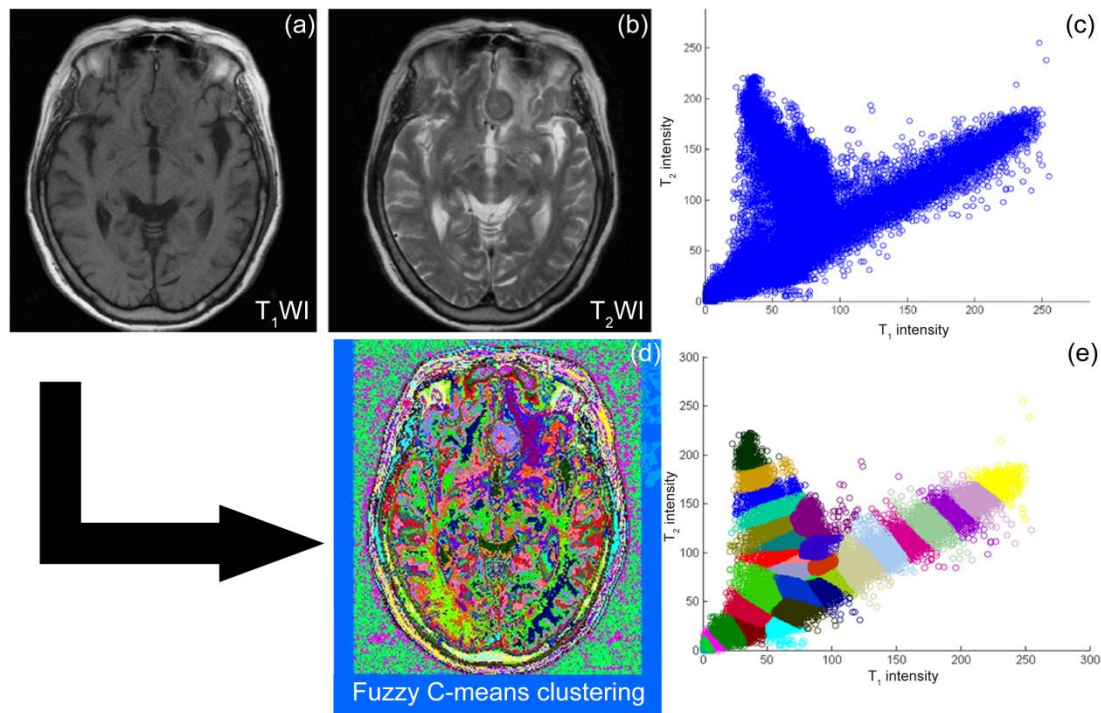
The EM method usually segments objects by either assigning a class label to a pixel or by estimating the relative amounts of the various tissue types within a pixel [Singh *et al.* 2004]. The procedure is iterative for the calculation of maximum likelihood or maximum a posteriori (MAP) probability. In brain MRI segmentation, the EM method typically assumes cerebral intensities of different tissues accord with a GMM. Compared with FCM and  $\kappa$ -means methods, EM method is highly sensitive to initialization of some certain parameters instead of training data [Pham *et al.* 2000].

The first step of EM approach for segmentation is to initialize the EM algorithm [Rohlfing *et al.* 2003, Lu *et al.* 2008]. Normally, the GMM is used to initially estimate model parameters followed by the iteration between expectation step (E-step) and maximization step (M-step) until convergence. E-step is to estimate the segmentation of target given the current estimate of



model parameter while M-step is to estimate the model parameters including the intensity distribution parameters for each tissue class, the bias correction parameters and the registration parameters for alignment of PA with the image [Chuang *et al.* 2005, Hong *et al.* 2008].

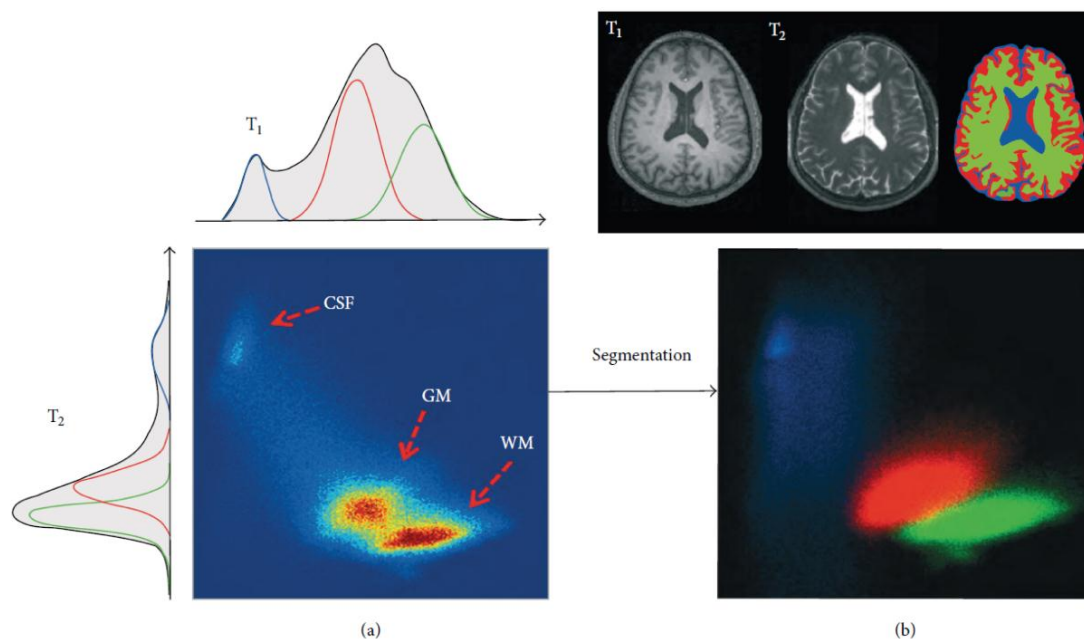
The FCM clustering method is based on fuzzy set theory which allows each voxel / pixel to be classified to multiple classes according to a certain cluster membership value (Fig.8.7).



**Figure 8.7:** Original non-contrasted axial MR images of meningioma were shown. (a) T<sub>1</sub>-weighted image, (b) T<sub>2</sub>-weighted image and (c) 2D intensity histogram based on these two original MR images. (d) Using FCM clustering on MR images and (e) the resulting histogram after defuzzification, which usually performed to convert the fuzzy memberships into a clear-cut set. Each of the 32 groups of color zones shown on this histogram represent a particular tissue character, adapted from [Hsieh *et al.* 2011].

The  $\kappa$ -means clustering method partitions the input data into  $\kappa$  classes by iteratively computing a mean intensity for each class. The image is segmented by classifying each voxel / pixel in the class with the closest centroid. Compared with the FCM clustering, the  $\kappa$ -means clustering is regarded as a hard classification method because it forces each voxel / pixel to belong exclusively to one class in each iteration. In general, the shape of joints multimodal MR intensity distributions of different tissue classes depends on the image quality. This concept applies to all segmentation methods. An example was given to show that the probability maps and the final clusters of brain tissue segmentation with good quality could be realized by the standard  $\kappa$ -means clustering method when overlaps appeared among classes in

multimodal MR intensity distributions (**Fig.8.8**). Under the condition of a significant overlap among tissue classes, the spatial information is required to eliminate the bias of classification [**Despotovic et al. 2015**].



**Figure 8.8:** Joint 2D intensity histogram of the multimodal T<sub>1</sub>W and T<sub>2</sub>W MRI clustering of the adult brain, which consisted by three overlapped Gaussian distributions. (a) Tissue distribution of GW, WM and CSF on T<sub>1</sub>W and T<sub>2</sub>W MRI at horizontal and vertical level with a slight overlap among classes. (b) After the application of the standard  $\kappa$ -means clustering method, the scatter plot of the T<sub>1</sub>W and T<sub>2</sub>W tissue intensities represent GM, WM and CSF by red, green and blue lump separately [**Despotovic et al. 2015**].

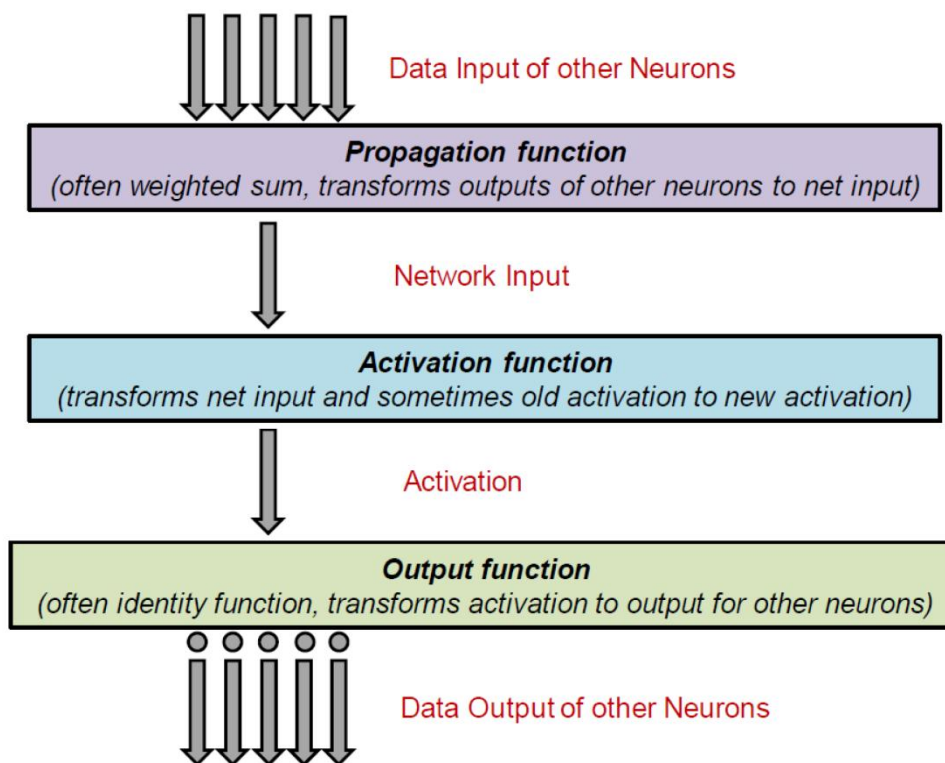
For acute ischemic lesion identification and quantification, an automatic segmentation methodology based on unsupervised clustering and spatial clustering on FLAIR images with incorporation of DWI images enabled differentiation between the post-ischemic area and other hyperintense signal areas [**Artzi et al. 2013**].

The disadvantage of clustering methods is that they are sensitive to noise and intensity heterogeneity due to their initialization without incorporating spatial neighborhood information. Several extensions of the clustering algorithms concern optimization of the neighboring pixels modification, measurement of spatial information and noise filtering have been proposed to improve the clustering performance for images biased by this factor [**Ahmed et al. 2002**, **Chen et al. 2004**, **Shen et al. 2005**, **Rivest-Henault et al. 2011**].

### 8.2.3 Artificial neural network

Artificial neural network (ANN) is a parallel distributed processor of

elements or nodes that has a natural tendency for storing experiential knowledge. Each node in an ANN is capable of performing elementary computations. A layer of hand-coded features are applied by perceptrons to realize the recognition of objects by learning how to weight such features. Learning is then achieved through the adaptation of weights assigned to the connections between nodes. Data processing of a component begins from the data input to data output of neurons by propagation function, activation function and output function sequentially [Buscema et al. 2002] (Fig.8.9). To simulate biological neural network, the massive connectionist architecture constituted by neurons and connections in ANN model enables the system to produce output to reproduce the dynamic interaction of multiple factor simultaneously and draw conclusion on individual basis without following average trends with respect to classical statistical techniques [Grossi et al. 2007]. This digitized model of biological brain can detect complex nonlinear relationships between both dependent and independent variables contained in the data where human brain may be not capable to detect [Patel et al. 2007]. Nowadays, ANNs have been developed for a wide range of applications in various disciplines of medicine, especially for medical imaging data processing such as image enhancement, segmentation, registration, feature extraction and object recognition. In particular, image segmentation is a critical step for high-level processing in clinical research [Perez de Alejo et al. 2003, Hosseini et al. 2007].



Data processing of the neurons and connections in ANNs model  
(D. Kriesel [http://www.dkriesel.com/en/science/neural\\_networks](http://www.dkriesel.com/en/science/neural_networks))

**Figure 8.9:** A diagram of the data processing of a neuron in ANN model which is

available at [http://www.dkriesel.com/en/science/neural\\_networks](http://www.dkriesel.com/en/science/neural_networks).

In medical imaging application, data segmentation was determined by classifier and followed by the ANN [Hall *et al.* 1992]. ANNs can also be used in an unsupervised fashion as a clustering method as well as for deformable models by exploiting imaging data constraints with a priori knowledge about the location, size and shape of anatomical structures [McInerney *et al.* 1996, Reddick *et al.* 1997]. Because of the many interconnections used in a neural network, spatial information can be easily incorporated into its classification procedures [Pham *et al.* 2000]. However, the training data is indispensable for the ANNs. The other major disadvantage is that the simulation by the ANNs usually requires high processing time, especially for large neural networks, so that equipment with high standard configuration is necessary.

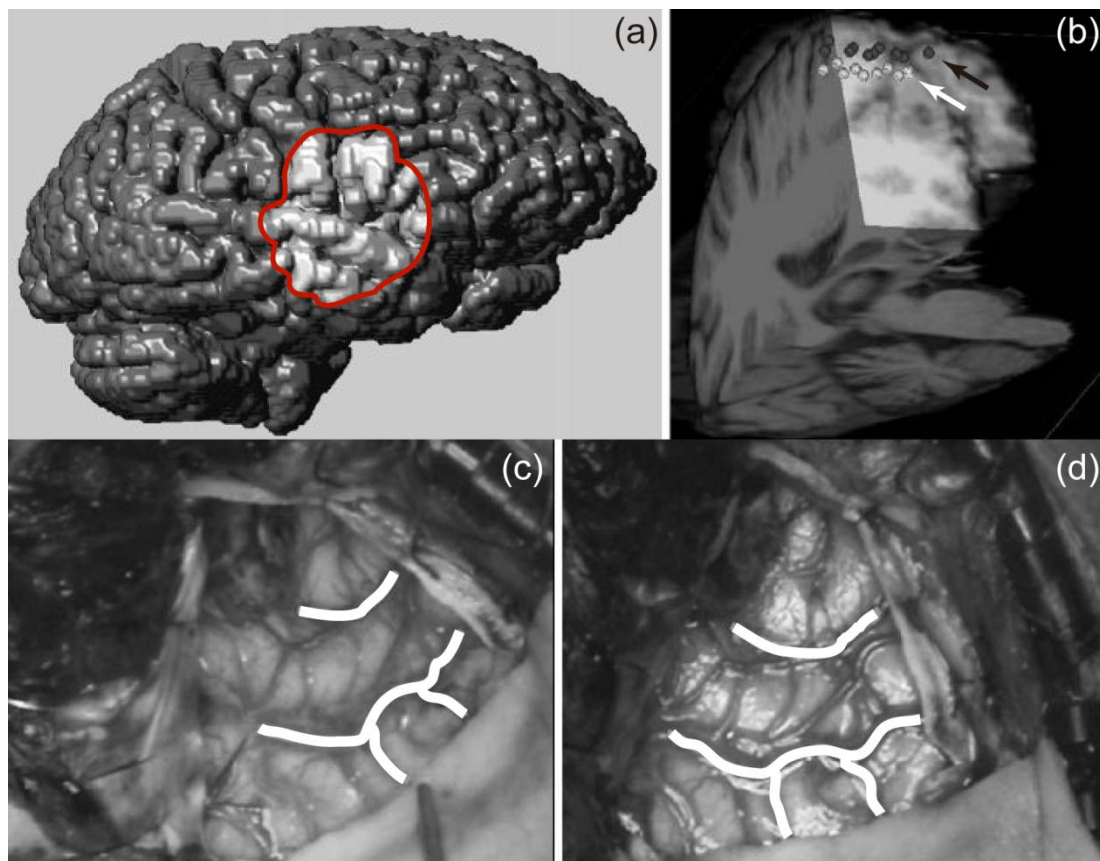
The self-organizing map (SOM) is a type of ANN extracted from the learning vector quantization (LVQ) [Torrecilla *et al.* 2009]. It is able to convert complex, nonlinear statistical relationships between high-dimensional data items into simple geometric relationships on a low-dimensional display using unsupervised learning. However, SOM algorithms are highly dependent on the training data representatives and the initialization of the connection weights. And they have a high consumption of computation if the dimensions of the data increases [Rajchl *et al.* 2015].

## 8.2.4 Surface-based methods

The deformable models based on the surface-based methods provide active contours and surfaces for brain MRI segmentation. Deformable models are physically motivated, model-based techniques for detecting region boundaries by using closed parametric curves or surfaces that deform under the influence of internal and external forces. To delineate a boundary on the object of interest, a closed curve or surface must be placed near the desired boundary first and then be allowed to undergo an iterative relaxation process. Internal forces are computed from within the curve or surface to keep it smooth throughout the deformation. External forces are usually derived from the image to drive the curve or surface toward the desired feature of interest [Pham *et al.* 2000]. The contour deforms to minimize the contour energy that includes the internal energy from the contour and the external energy from the image by the snake model, an original deformable model. Improvements such as snake variations and level set on deformable contour method have been proposed for image segmentation to obtain a better convergence [Xu *et al.* 1998, Verma *et al.* 2012].

Volumetric images revealing the location and amount of brain shift can be taken intra-operatively during the neurosurgery. However, surgical constraints limit both the time per acquisition as well as prevent the application of

multi-modality imaging. The reliability of the resulting volumetric calculation is dependent on the accuracy of the brain surface detection which could be contributed by an ideal surface-based method and provide a weighted result of 3D point corresponding estimation and surface deformation constraints [DeLorenzo *et al.* 2006] (Fig.8.10). In a recent publication, a new non-rigid registration method that integrates surface and sulci feature to noninvasively track the brain surface has been proposed. Measured brain surfaces were acquired using phase-shift 3D shape measurement, which offers 2D image pixels and their corresponding 3D points directly. The corresponding feature-concerned points between intraoperative brain surfaces were estimated by a designed algorithm and subsequently led to a smooth surface deformation and local surface details. The advantages of this surface-based method are the integration of vessels or sulci features, robustness in dealing with dissociation in variable deformation magnitude and features and feasibility in compensating for brain shift in image-guided neurosurgeries [Jiang *et al.* 2016].



**Figure 8.10:** The extracted preoperative brain surface and the 3D point locations selected during surgery for validation. The 3D manually-selected preoperative definition of sulci location smoothed extracted surface and intraoperative stereo images with outlined sulci were inputs to the surface detection algorithm. (a) The extracted 3D brain surface (the craniotomy area labeled in red curve), (b) The initial (black arrow) and final (white arrow) brain surface positions by 3D points were acquired in the operation room for algorithm validation and (c, d) Intraoperative

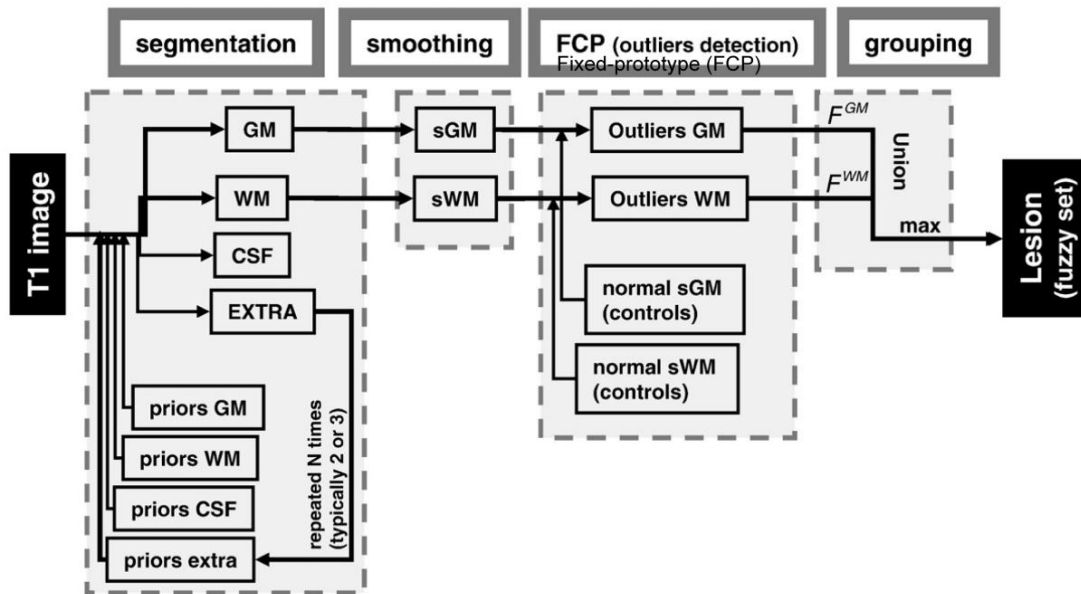
images acquired approximately 3 h after surgery by stereo camera. The sulci used as the feature information are outlined (white lines), adapted from [DeLorenzo *et al.* 2006].

The benefits of deformable models in cerebral cortical MRI segmentation are that they are capable of generating closed parametric curves or surfaces from images and incorporating a smoothness constraint that provides robustness to noise and spurious edges. On the other side, deformable models require manual interaction to place an initial model and choose appropriate parameters. Poor convergence to concave boundaries exhibited by standard deformable models can be alleviated through the use of topological model which uses an implicit representation, pressure force and other modified external-force models [Terzopoulos *et al.* 1997, Xu *et al.* 1998].

## 8.2.5 Hybrid segmentation methods

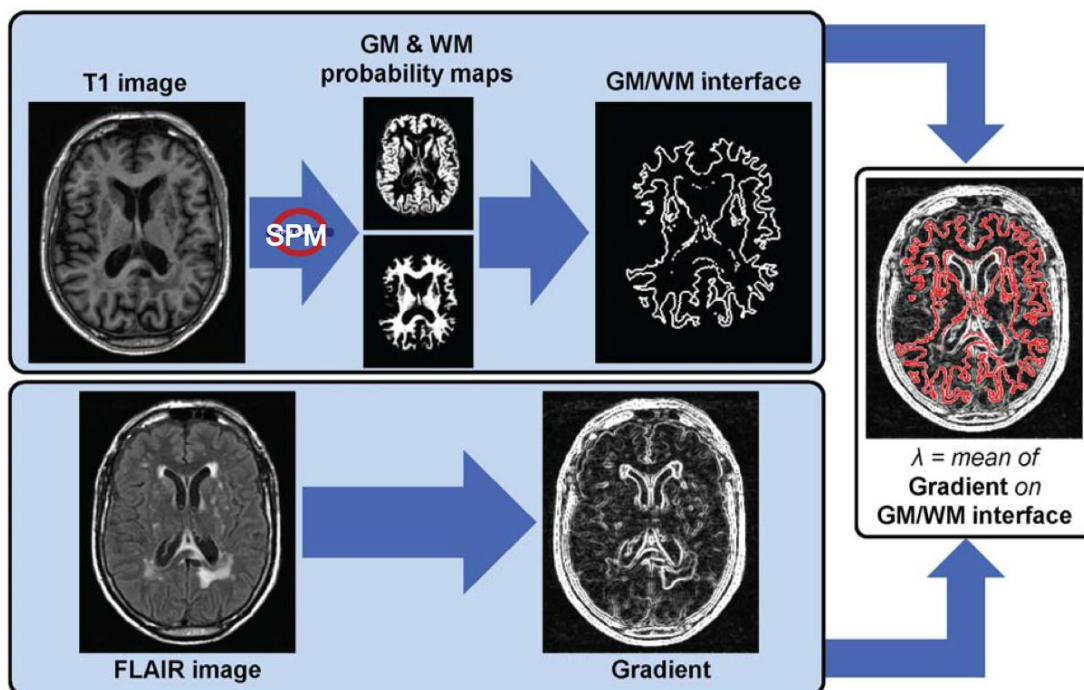
Technological development of brain MRI segmentation is continuously explored but each of them has particular advantages and drawbacks. Since a selection of the most appropriate technique for a given application is often a difficult task, a combination of multiple techniques may be necessary to obtain the segmentation goal. Therefore, hybrid or combined segmentation methods have been used extensively in different brain MRI segmentation applications [Li B. N. *et al.* 2011]. The main idea is to combine different complementary segmentation methods into a hybrid approach to avoid many individual disadvantages and improve segmentation accuracy.

Definitely, to segment images of adult healthy brain, the effect can be reinforced by using multiple MR contrasts. As for the computational segmentation techniques, EM method combined with binary mathematical morphology and active contours models once were applied on 2D MRI to realize it [Kapur *et al.* 1996]. Brain lesions with different sizes, locations and textures were detected and delineated by an automated procedure with the combination of outliers detection and fuzzy clustering from single  $T_1$  images [Seghier *et al.* 2008] (Fig.8.11). For segmenting tumor lesions, edema, cysts, necrosis and normal tissue in  $T_2$  and FLAIR MRI, a hybrid MRI segmentation method was developed on ANN [Vijayakumar *et al.* 2011]. Furthermore, a combination of model-based region growing and spectrum information was applied in blood vessels segmentation [Jiang *et al.* 2013]. Hybrid segmentation methods are also used for the neonatal brain segmentation. Brain volume or anatomical regions in neonates can be segmented by the combination of thresholding, active contours, FCM clustering and morphological operations [Despotovic *et al.* 2010, Gui *et al.* 2012].



**Figure 8.11:** A flow chart diagram of the process of automated lesion identification by outliers detection and fuzzy clustering [Seghier *et al.* 2008].

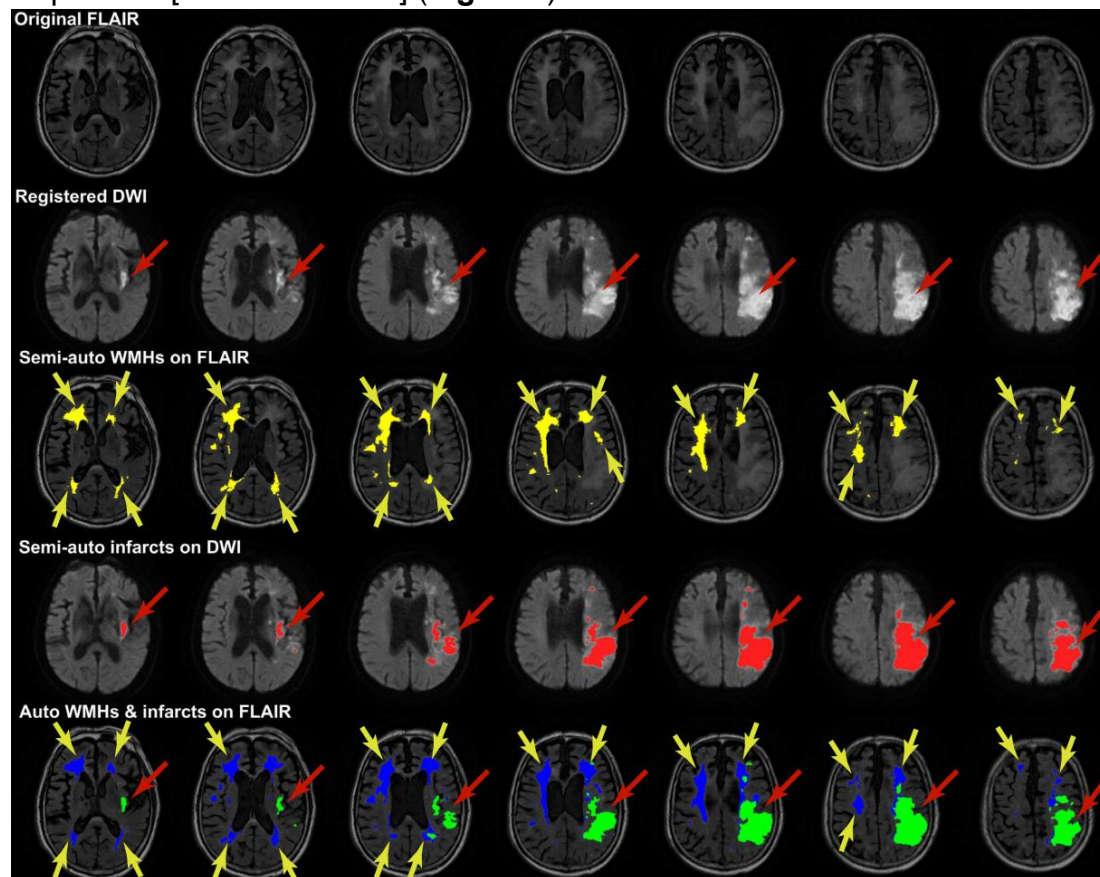
The white matter hyperintensities automated segmentation algorithm (WHASA) is a new method for automatically segmenting WMH from  $T_1W$  and FLAIR images. WMH have to be differentiated mainly from surrounding WM on FLAIR images. The application of non-linear diffusion on FLAIR images which were bias corrected improved enhancement of edges between WM and WMH and weakened edges between WM and GM. The contrast parameter  $\lambda$  was set as the mean of the gradient magnitude of bias-corrected FLAIR on the interface mask [Samaile *et al.* 2012] (Fig.8.12).



**Figure 8.12:** Computation of the contrast parameter  $\lambda$  for non-linear diffusion on

FLAIR image of WMH [Samaille *et al.* 2012].

As previously mentioned, due to the heterogeneity in tissue contrasts, stroke lesions were normally difficult to be effectively segmented with WMHs. A method can detect WMHs by empirical threshold and atlas with subtraction of WM voxels affected by acute infarction in combined T<sub>1</sub>W, FLAIR and DWI sequences [Tsai *et al.* 2014] (Fig.8.13).



**Figure 8.13:** A typical example of the segmentation with both WMHs and acute infarcts on 7 continuous slices of axial brain images. This method illustrated the boundary between WMHs (yellow arrow) and stroke lesions (red arrow) which is difficult to recognize by manual delineation with human naked eye, adapted from [Tsai *et al.* 2014].

Lesions diversify into different representation according to the MR modality. A single procedure which accounts for various sources of information will lead to a unified and accurate conclusion in imaging analysis. It remains challenges in MRI segmentation of ischemic stroke lesions, especially shape complexity and ambiguity during delineation. Due to the inhomogeneity of stroke lesions, the elusive ground truth is still a challenge in creating an automatic segmentation method. In addition, accurate segmentation of stroke lesions requires anatomical knowledge of a certain population. In particular, identification of occlusion location and relevant vascular territory by MRI is important in assessing disease severity and differentiating stroke from other



diseases. One example of a multimodal MRF model including all MR modalities simultaneously was proposed with joint application of an atlas of blood supply territories, which constructed to help determine the stroke subtypes and concerned post-stroke functional deficit. By this hybrid segmentation method, the evolution of a stroke lesion mainly located in the MCA territory in multiple sessions is shown (Fig.8.14). The infarct extension to the deep territory in the early stage may reflect the cytotoxic edema, which can be confirmed by other clinical evidences.

Compared with a mono-dimensional segmentation applied on each MRI sequence, this hybrid method shows a powerful capability of gathering available information, delineating correct lesion region, assigning the relevant vascular territory and providing synthetic information concerning the potential mechanisms in stroke development [Kabir et al. 2007].

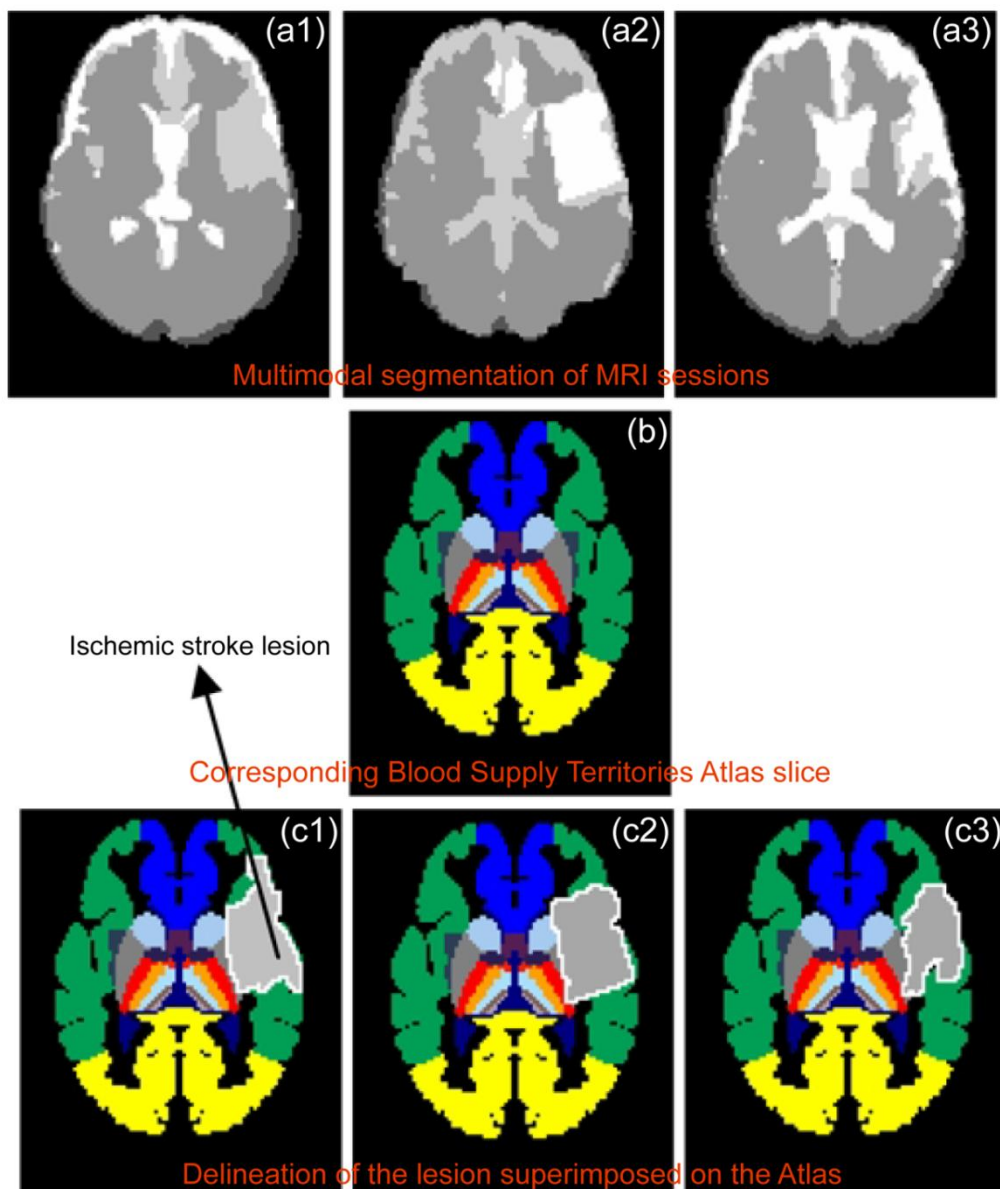


Figure 8.14: Application of the Blood Supply Territories (BST) Atlas for the

determination of stroke subtypes on the segmented images. (a1-3) The stroke lesion of the same individual at three different time points is presented by multimodal MR segmentation methods, which mainly located in the MCA territory. In (a1) acute stage and (a2) early subacute stage, the lesion extends to the deep territory supported by MCA perforating branches. In (a3) chronic stage, the lesion is restricted to the leptomeningeal branches of the MCA. (b) Corresponding BST Atlas slice, and (c1-3) Corresponding delineations of the stroke lesion superimposed on the BST Atlas, adapted from [Kabir *et al.* 2007].

The main drawback of hybrid segmentation methods is often the increased complexity in comparison with each single method integrated into the hybrid one, which leads to a longer time-consuming task and a higher number of parameters tuned for a specific goal. Therefore, a hybrid segmentation method should be carefully and wisely designed to give efficient and good quality segmentation.

## 8.2.6 Other methods

Texture segmentation is to segment an image into regions according to the texture of the regions. It began to be applied in brain segmentation in the early 1990s for the classification of WM, GM and CSF [Kjaer *et al.* 1995]. However, it was hard to judge the performance of such a segmentation algorithm and the algorithm was sensitive to the initial textural properties. The details including application in clinic will be described below.

Wavelet transform is a tool to cut up data or functions or operators into different frequency components, and then studies each component with a resolution matched to its scale [Maldjian *et al.* 1997]. In medical image segmentation, wavelet transforms have been employed to combine texture analysis, edge detection, classifiers, statistical models and deformable models as the hybrid methods which benefit through using image features within a spatial-frequency domain for the assistance to the image segmentation [Barra *et al.* 2000].

Multispectral segmentation is a method for differentiating tissue classifications having similar characteristics in a single imaging modality by using several independent images of the same anatomical slice in different modalities. As a consequence of different responses of the tissues to particular pulse sequences, this method increases the capability of discrimination between different tissues [Fletcher *et al.* 1993]. Pattern recognition is the most common approach for multispectral MR image segmentation but remains much work in the area of validation [Bezdek *et al.* 1993, Reddick *et al.* 1997, Juan-Albarracin *et al.* 2015].

The advantages and drawbacks of different imaging segmentation methods introduced in this chapter are summarized in **Tab.8.1**.

**Table 8.1:** The strengths and challenges of different imaging segmentation methods

	<b>Strengths</b>	<b>Challenges</b>
<b>Manual segmentation</b>	Most accurate; Provide information to automated segmentation like atlas-based method	Time-consuming; Difficult to reproduce; Dependent on individual experience
<b>Intensity-based segmentation</b>	Decrease misclassification	Brain structures overlapped
<i>1. Thresholding</i>	Fast and computationally efficient	Sensitive to noise and intensity inhomogeneities; Not suitable for textured images
<i>2. Region-growing</i>	Suitable for volumetric images and large connected homogeneous regions	Sensitive to the initialization of seed point selection; Sensitive to noise and partial volume effect; Produce discontinuous pattern of images
<i>3. Edge-detection</i>	Show the grey level intensity value change; Suitable for good contrast images	Over-segmentation; Sensitive to noise; Poor detection of significant areas with low contrast boundaries; Poor detection of thin structures
<b>Atlas-based methods</b>	Segment any brain structure available in the atlas without any additional cost	Affine alignment problem (the brain anatomy of interest differs significantly from the average atlas anatomy)
<i>1. Probabilistic atlas segmentation</i>	Anatomical variability; A single registration; Multiple input features	Atlas weighting; Complex model estimation
<i>2. Label propagation</i>	Intuitive; Straight-forward; A single registration	No anatomical variability; Atlas dependent
<i>3. Multi-atlas propagation</i>	Anatomical variability; Outlier minimization	Problems in atlas selection and combination; Multiple registrations

<i>4. Classification</i>	Without underlying assumption about the statistical structure of the data	Laborious and time-consuming (supervised classification); Sensitive to noise; Bias of anatomical and physiological variability between different subjects; Contain a natural intensity variation within each tissue class
<i>5. Clustering</i>	Avoid using training images	Fail to incorporate spatial neighborhood information; Sensitive to noise and intensity inhomogeneities
<b>Artificial neural network</b>	Parallel processing; Feasible in unsupervised fashion; Incorporate the spatial information	Training data is required; Time-consuming; Complex design and process; Dependent on the initialization of the connection weights
<b>Surface- based methods (deformable models)</b>	Generation of closed parametric curves or surfaces from images; Incorporate a smoothness to avoid the influence of noise and spurious edges	Require manual interaction to place an initial model and choose parameters
<b>Hybrid segmentation</b>	Avoid the disadvantage of single method; Differentiate the associated condition of some certain diseases	Increased complexity in comparison with each single method; High computational time; A large amount of different parameters required



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**Table 6.2:** Estimates of lesion volume, apparent diffusion coefficient, mean transit time, time-to-peak, time-to-maximum, regional cerebral blood flow and regional cerebral blood volume obtained from 4 time points by whole-lesion approach

**Table 6.3:** Estimates of lesion volume, apparent diffusion coefficient, mean transit time, time-to-peak, time-to-maximum, regional cerebral blood flow and regional cerebral blood volume obtained from the comparison between the baseline and each other time point by parametric response map approach

**Table 6.4:** Positive results of correlation analysis between imaging parameters analyzed by both whole-lesion approach and parametric response map approach and outcome measures at each corresponding time point

## Chapter 8 (Appendix 1)

**Table 8.1:** The strengths and challenges of different imaging segmentation methods

L'accident vasculaire cérébral (AVC) est la principale cause de handicap acquis chez l'adulte. Seul 30% des patients récupèrent favorablement après un AVC. De la phase aiguë à la phase tardive, le pronostic après un accident vasculaire ischémique dépend de nombreux facteurs. Lors d'essais cliniques, les échelles « National Institutes of Health Stroke Scale » (NIHSS) et / ou « modified Rankin Scale » (mRS) sont les outils les plus communément utilisés pour caractériser l'impact de l'AVC sur le patient. Ces échelles sont aujourd'hui considérées comme des prédicteurs objectifs de l'état final du patient après un AVC.

Au-delà de la courte fenêtre d'intervention (thrombolyse, thrombectomie), de nombreuses études rapportent le potentiel des biothérapies pour favoriser la plasticité et la réparation neuronale après un AVC. Parmi ces thérapies, les thérapies cellulaires employant des cellules souches semblent très prometteuses. En effet, plusieurs études montrent qu'une greffe de cellules souches favorise la récupération fonctionnelle dans des modèles animaux d'AVC. Chez l'homme, la faisabilité des thérapies cellules est acquise et des résultats prometteurs ont été obtenus.

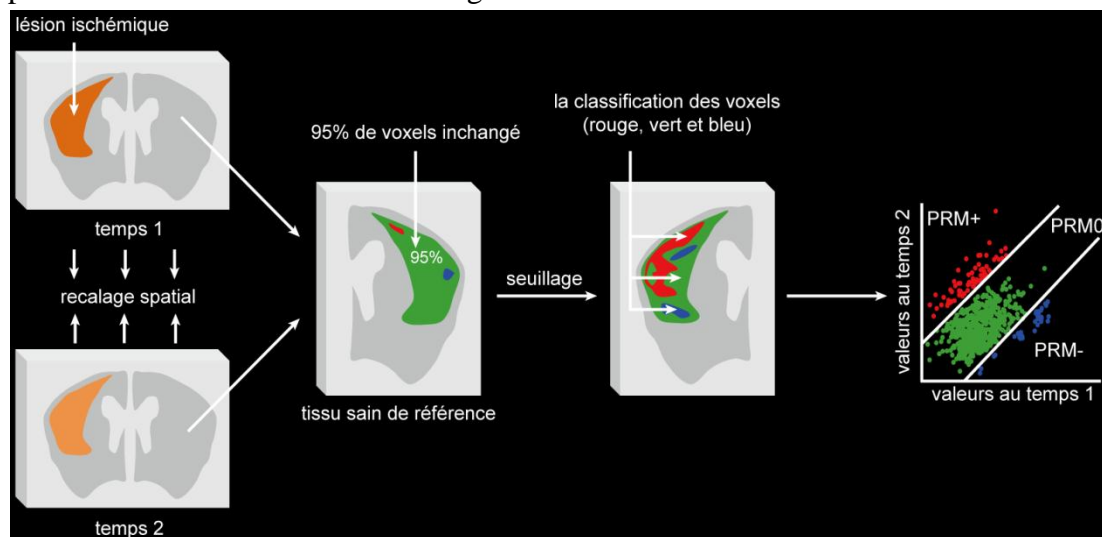
Pour caractériser de façon non-invasive les effets à court et long terme de ces thérapies cellulaires, il est nécessaire de développer de nouvelles approches d'imagerie. L'imagerie par résonance magnétique (IRM) multiparamétrique pourrait être un indicateur intéressant de la réponse thérapeutique ou de la récupération spontanée. En particulier, l'IRM multiparamétrique pourrait permettre d'orienter le traitement et de mieux trier les patients en vue d'une thérapie par cellules souches. Pour évaluer ce potentiel, il convient d'évaluer la corrélation entre les informations issues de l'imagerie et les échelles cliniques qui évaluent l'état final du patient.

En routine clinique, l'imagerie de diffusion (DWI) et l'imagerie de perfusion (PWI) sont devenues la référence pour évaluer l'AVC à la phase aiguë. L'imagerie DWI mesure le mouvement Brownien des protons de l'eau dans le tissu et est sensible à l'œdème qui se forme au tout début de l'AVC. Le coefficient apparent de diffusion (ADC) fournit des informations quantitatives que l'on peut relier au type d'œdème (cytotoxique ou vasogénique) et qui dépend de la durée et de la sévérité de l'AVC. L'imagerie PWI met en évidence la sévérité et l'étendue du déficit de perfusion, des déterminants majeurs de l'état final du patient. En cas d'incertitude sur le moment de survenue de l'AVC, le niveau déficit de perfusion peut aider à orienter la stratégie thérapeutique. L'approche classique pour mesurer la perfusion est l'approche de premier passage (dynamic susceptibility contrast, DSC), qui repose sur l'injection intraveineuse d'un produit de contraste. L'obtention de données quantitative repose sur l'identification d'une fonction d'entrée artérielle et introduit une certaine variabilité dans les résultats.

L'analyse de cartes paramétriques IRM obtenues à la phase précoce et sur l'ensemble d'une lésion ne montre pas nécessairement de bonnes corrélations avec le devenir du patient. Une cause probable de cette absence de corrélation est le fait que l'on néglige l'hétérogénéité de la lésion ischémique. En effet, les hétérogénéités spatiale et temporelle des lésions sont très probablement des facteurs importants dans l'évolution de la lésion et donc dans l'évaluation de stratégies thérapeutiques. Prendre en compte cette hétérogénéité reste un défi pour l'analyse de données d'imagerie.

Généralement, les mesures de perfusion et de diffusion reposent sur le dessin, souvent manuel, de régions d'intérêt (ROI). Ces régions peuvent correspondre à la lésion ou à du tissu sain par exemple. On mesure alors une valeur moyenne pour un paramètre donné dans la région considérée. Le recueil d'une valeur moyenne est toutefois susceptible de masquer des variations focales qui pourraient se produire au sein de la région d'intérêt. Les approches par histogrammes fournissent une évaluation de l'hétérogénéité de la lésion mais ne transmettent pas l'information spatiale. Nous proposons donc que l'emploi d'une approche voxel-à-voxel de type « parametric response map » (PRM) des cartes de perfusion et de diffusion obtenues en phase précoce soit davantage capable de prédire les troubles fonctionnels à long terme qu'une approche utilisant des valeurs moyennes à travers des régions d'intérêt.

L'approche PRM se déroule de la façon suivante. Toutes les cartes paramétriques acquises chez un même sujet mais à deux temps différents sont recalées spatialement sur une même référence à l'aide d'une procédure automatique (information mutuelle, fonction affine). Dans une région d'intérêt de référence (tissu), on détermine, paramètre par paramètre, l'intervalle de confiance à 95% (CI) à l'intérieur duquel les valeurs de la région de référence seront considérées comme stables. Cet intervalle de confiance est borné entre -seuil et +seuil. La carte PRM correspond à un codage couleur de la carte des différences de valeurs entre deux temps pour un paramètre donné. Ainsi, pour un paramètre donné, si la différence est supérieure à +seuil, on la représente en rouge (augmentation, PRM+), si la différence est inférieure à -seuil, on la représente en bleue (diminution, PRM-), et si la différence est comprise entre -seuil et +seuil, on la représente en verte (stabilité, PRM0). Une région donnée est ainsi segmentée en trois fractions, dont la distribution spatiale peut être hétérogène. Cette procédure est schématisée dans la figure ci-dessous.

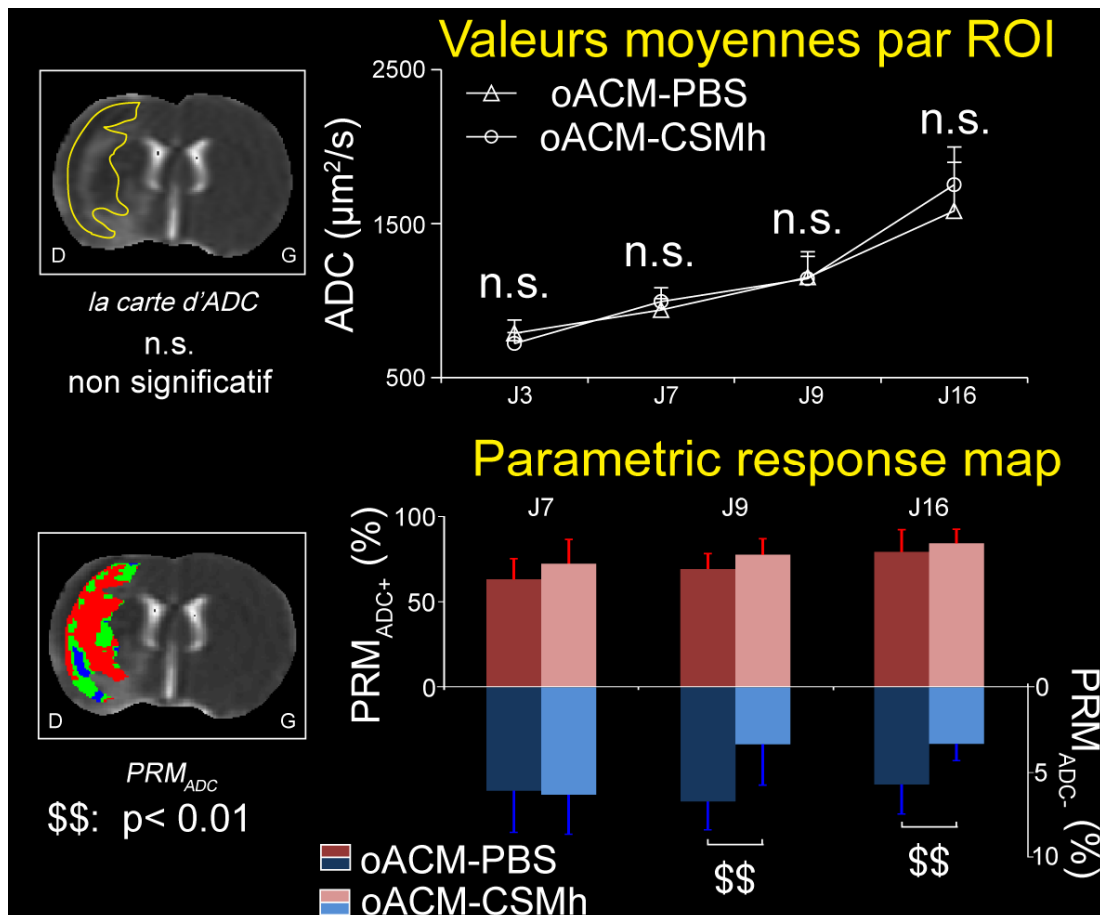


Il a été montré que l'approche PRM présente des avantages sur l'approche « lésion complète » ou sur l'approche « histogramme » dans la caractérisation de l'évolution de tumeurs. Elle a été appliquée à différents paramètres comme l'ADC, le débit sanguin, le volume sanguin, et la perméabilité dans l'objectif d'évaluer des réponses thérapeutiques en cancérologie. Nous faisons donc l'hypothèse que la sensibilité de l'approche PRM sera suffisante pour mieux caractériser l'AVC et

notamment l'hétérogénéité des lésions ischémiques. Nous évaluerons également le lien entre les indications issues de l'analyse PRM et les échelles cliniques.

Mon projet de thèse comporte deux parties. La première étude porte sur la caractérisation à partir d'IRM multiparamétrique de l'effet de cellules souches mésenchymateuses humaines (CSMh) injectés à la phase subaigüe dans un modèle d'AVC ischémique chez le rat. La seconde étude porte sur l'application de la PRM à des images de perfusion et de diffusion collectées chez des patients à différents temps après AVC et au lien entre les analyses PRM et les échelles cliniques caractérisant l'état du patient.

L'objectif de la première étude était de comparer deux méthodes d'analyse : une approche « lésion entière » standard et l'approche PRM. Ces deux analyses ont été réalisées sur des données IRM collectées à 4 temps (jours 3, 7, 9 et 16) chez des rats ayant subi un AVC ischémique (occlusion transitoire de l'artère cérébrale moyenne), traités ou non par CSMh. Les paramètres IRM mesurés à 7T étaient : l'ADC, le volume sanguin (CBV) et l'index de taille des vaisseaux (VSI). A J8, un groupe de rats a reçu une injection intraveineuse de 3 millions de CSMh et un groupe de rat une injection de PBS-glutamine. A J9, un jour après la greffe, l'approche PRM met en évidence chez le groupe traité une réduction de la fraction des pixels qui présentent un ADC réduit ( $PRM_{ADC-}$ ), une disparition de la fraction  $PRM_{CBV+}$ , et un retard dans l'apparition de la fraction  $PRM_{VSI+}$ , par rapport au groupe PBS. L'approche « lésion entière » ne met en évidence aucune différence entre les deux groupes. Ces résultats sont en accord avec des analyses de biologie moléculaire obtenus dans les mêmes conditions (libération de facteurs angiogéniques : Ang1, Ang2, SDT-1, TGF $\beta$ 1). L'approche PRM a également mis en évidence un impact des CSMh distribué à l'intérieur de la lésion. Si l'étude des mécanismes biologiques des effets des CSMh sur la lésion ischémique est au-delà de ce travail de thèse, les données recueillies au cours de cette étude suggèrent que l'approche PRM est plus sensible que l'approche « lésion entière » pour mettre en évidence et pour localiser de petites modifications de la lésion ischémique en réponse à un traitement.



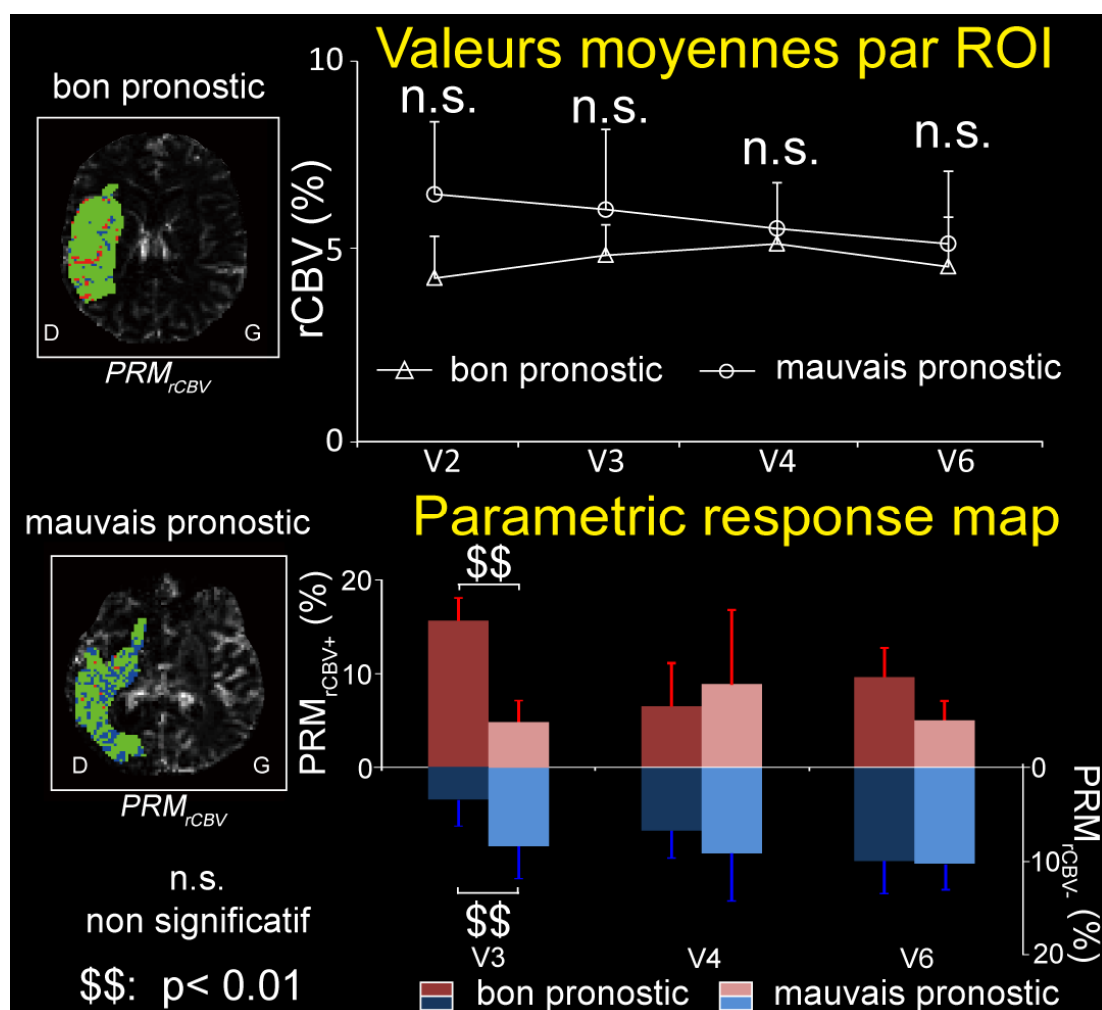
Dans la seconde étude, des données IRM multiparamétriques recueillies chez 30 patients à 4 temps après AVC (6 semaines, 8 semaines, 3 mois et 7 mois) ont été analysées. En plus des images anatomiques, des cartes quantitatives de diffusion (ADC) et de perfusion (temps de transit moyen (MTT), temps du pic (TTP), temps du maximum de la fonction résidu ( $T_{\max}$ ), débit sanguin relatif (rCBF), volume sanguin relatif (rCBV) ont été acquises à chaque temps. Tous ces paramètres ont été analysés à l'aide d'une approche lésion entière et de l'approche PRM. Nous avons analysé les corrélations entre les mesures issues des paramètres d'ischémie et celles obtenues avec les échelles cliniques NIHSS et mRS. De plus, sur la base du score mRS à 7 mois, les patients ont été divisés en deux sous-groupes : le sous-groupe de bon pronostic à 7 mois (mRS compris entre 0 et 2) et le sous-groupe de mauvais pronostic à 6 mois (mRS compris entre 3 et 6). Les analyses lésion complète et PRM ont également été comparées entre les sous-groupes.

Les résultats démontrent la capacité de l'approche PRM à distinguer les deux sous-groupes et à prédire l'état clinique final du patient à partir des données IRM recueillies aux temps précoces. Notamment, les analyses PRM des cartes rCBV ( $\text{PRM}_{\text{rCBV-}}$ ,  $\text{PRM}_{\text{rCBV+}}$ ) à 8 semaines étaient bien corrélées avec l'état du patient mesuré à 7 mois ( $R^2$ : 0.78 et 0.48, respectivement). De même, et l'analyse PRM des cartes  $T_{\max}$  à 3 mois était bien corrélée avec l'état du patient à 5 mois ( $R^2$ : 0.68). Dans le même temps, l'analyse en lésion complète ne permettait pas de prédire l'état du patient.

Cette étude suggère que la PRM permet d'obtenir des informations

complémentaires capables de prédire le devenir du patient. De plus, l'analyse PRM offre un suivi spatial à l'échelle du voxel et permet donc de voir quelles sont les parties de lésion qui évoluent.

Les observations PRM mettent en évidence que les paramètres de perfusion sont de bon prédicteur du devenir du patient. Ces observations sont cohérentes avec différentes notions physiologiques : lors de l'AVC, il a été montré que la mise en place d'une circulation collatérale pour maintenir un bon niveau de perfusion était un facteur favorable au pronostic du patient. L'analyse des cartes  $PRM_{rCBV}$  ou  $PRM_{T_{max}}$  pourrait mettre en évidence les régions dans lesquelles la circulation collatérale a été mise en place de façon efficace. Les cartes  $PRM_{CBV}$  pourraient également être un reflet de l'angiogenèse qui se met en place en réponse à l'AVC et qui participe à la récupération fonctionnelle, comme cela a été observé chez l'animal.



En conclusion, ces deux études montrent que l'approche PRM s'applique parfaitement aux lésions cérébrales ischémiques. L'analyse PRM met en évidence des variations qui ne sont pas détectables avec une analyse de lésion entière, variations qui sont cohérentes avec les mesures biologiques effectuées. Chez l'homme, l'analyse PRM permet d'obtenir des informations prédictives précoces du pronostic clinique. Ces outils pourraient être utilisés de façon rétrospective et prospective sur des essais thérapeutiques pour analyser l'évolution des lésions après AVC.

## Appendix 2

# **National Institutes of Health Stroke Scale**





# N I H STROKE SCALE

Patient Identification. \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_

Pt. Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Hospital \_\_\_\_\_(\_\_\_\_-\_\_\_\_)

Date of Exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Interval:  Baseline  2 hours post treatment  24 hours post onset of symptoms ±20 minutes  7-10 days  
 3 months  Other \_\_\_\_\_(\_\_\_\_)

Time: \_\_\_\_:\_\_\_\_ [ ]am [ ]pm

Person Administering Scale \_\_\_\_\_

Administer stroke scale items in the order listed. Record performance in each category after each subscale exam. Do not go back and change scores. Follow directions provided for each exam technique. Scores should reflect what the patient does, not what the clinician thinks the patient can do. The clinician should record answers while administering the exam and work quickly. Except where indicated, the patient should not be coached (i.e., repeated requests to patient to make a special effort).

Instructions	Scale Definition	Score
<p><b>1a. Level of Consciousness:</b> The investigator must choose a response if a full evaluation is prevented by such obstacles as an endotracheal tube, language barrier, orotracheal trauma/bandages. A 3 is scored only if the patient makes no movement (other than reflexive posturing) in response to noxious stimulation.</p>	<p>0 = <b>Alert;</b> keenly responsive.            1 = <b>Not alert;</b> but arousable by minor stimulation to obey, answer, or respond.            2 = <b>Not alert;</b> requires repeated stimulation to attend, or is obtunded and requires strong or painful stimulation to make movements (not stereotyped).            3 = Responds only with reflex motor or autonomic effects or totally unresponsive, flaccid, and areflexic.</p>	_____
<p><b>1b. LOC Questions:</b> The patient is asked the month and his/her age. The answer must be correct - there is no partial credit for being close. Aphasic and stuporous patients who do not comprehend the questions will score 2. Patients unable to speak because of endotracheal intubation, orotracheal trauma, severe dysarthria from any cause, language barrier, or any other problem not secondary to aphasia are given a 1. It is important that only the initial answer be graded and that the examiner not "help" the patient with verbal or non-verbal cues.</p>	<p>0 = <b>Answers</b> both questions correctly.            1 = <b>Answers</b> one question correctly.            2 = <b>Answers</b> neither question correctly.</p>	_____
<p><b>1c. LOC Commands:</b> The patient is asked to open and close the eyes and then to grip and release the non-paretic hand. Substitute another one step command if the hands cannot be used. Credit is given if an unequivocal attempt is made but not completed due to weakness. If the patient does not respond to command, the task should be demonstrated to him or her (pantomime), and the result scored (i.e., follows none, one or two commands). Patients with trauma, amputation, or other physical impediments should be given suitable one-step commands. Only the first attempt is scored.</p>	<p>0 = <b>Performs</b> both tasks correctly.            1 = <b>Performs</b> one task correctly.            2 = <b>Performs</b> neither task correctly.</p>	_____
<p><b>2. Best Gaze:</b> Only horizontal eye movements will be tested. Voluntary or reflexive (oculocephalic) eye movements will be scored, but caloric testing is not done. If the patient has a conjugate deviation of the eyes that can be overcome by voluntary or reflexive activity, the score will be 1. If a patient has an isolated peripheral nerve paresis (CN III, IV or VI), score a 1. Gaze is testable in all aphasic patients. Patients with ocular trauma, bandages, pre-existing blindness, or other disorder of visual acuity or fields should be tested with reflexive movements, and a choice made by the investigator. Establishing eye contact and then moving about the patient from side to side will occasionally clarify the presence of a partial gaze palsy.</p>	<p>0 = <b>Normal.</b>            1 = <b>Partial gaze palsy;</b> gaze is abnormal in one or both eyes, but forced deviation or total gaze paresis is not present.            2 = <b>Forced deviation,</b> or total gaze paresis not overcome by the oculocephalic maneuver.</p>	_____

# N I H STROKE SCALE

Patient Identification. \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_

Pt. Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Hospital \_\_\_\_\_(\_\_\_\_-\_\_\_\_)

Date of Exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Interval:  Baseline  2 hours post treatment  24 hours post onset of symptoms ±20 minutes  7-10 days  
 3 months  Other \_\_\_\_\_(\_\_\_\_)

<p><b>3. Visual:</b> Visual fields (upper and lower quadrants) are tested by confrontation, using finger counting or visual threat, as appropriate. Patients may be encouraged, but if they look at the side of the moving fingers appropriately, this can be scored as normal. If there is unilateral blindness or enucleation, visual fields in the remaining eye are scored. Score 1 only if a clear-cut asymmetry, including quadrantanopia, is found. If patient is blind from any cause, score 3. Double simultaneous stimulation is performed at this point. If there is extinction, patient receives a 1, and the results are used to respond to item 11.</p>	<p>0 = <b>No visual loss.</b>  1 = <b>Partial hemianopia.</b>  2 = <b>Complete hemianopia.</b>  3 = <b>Bilateral hemianopia</b> (blind including cortical blindness).</p>	<p>_____</p>
<p><b>4. Facial Palsy:</b> Ask – or use pantomime to encourage – the patient to show teeth or raise eyebrows and close eyes. Score symmetry of grimace in response to noxious stimuli in the poorly responsive or non-comprehending patient. If facial trauma/bandages, orotracheal tube, tape or other physical barriers obscure the face, these should be removed to the extent possible.</p>	<p>0 = <b>Normal</b> symmetrical movements.  1 = <b>Minor paralysis</b> (flattened nasolabial fold, asymmetry on smiling).  2 = <b>Partial paralysis</b> (total or near-total paralysis of lower face).  3 = <b>Complete paralysis</b> of one or both sides (absence of facial movement in the upper and lower face).</p>	<p>_____</p>
<p><b>5. Motor Arm:</b> The limb is placed in the appropriate position: extend the arms (palms down) 90 degrees (if sitting) or 45 degrees (if supine). Drift is scored if the arm falls before 10 seconds. The aphasic patient is encouraged using urgency in the voice and pantomime, but not noxious stimulation. Each limb is tested in turn, beginning with the non-paretic arm. Only in the case of amputation or joint fusion at the shoulder, the examiner should record the score as untestable (UN), and clearly write the explanation for this choice.</p>	<p>0 = <b>No drift;</b> limb holds 90 (or 45) degrees for full 10 seconds.  1 = <b>Drift;</b> limb holds 90 (or 45) degrees, but drifts down before full 10 seconds; does not hit bed or other support.  2 = <b>Some effort against gravity;</b> limb cannot get to or maintain (if cued) 90 (or 45) degrees, drifts down to bed, but has some effort against gravity.  3 = <b>No effort against gravity;</b> limb falls.  4 = <b>No movement.</b>  UN = <b>Amputation</b> or joint fusion, explain: _____</p> <p><b>5a. Left Arm</b></p> <p><b>5b. Right Arm</b></p>	<p>_____  _____</p>
<p><b>6. Motor Leg:</b> The limb is placed in the appropriate position: hold the leg at 30 degrees (always tested supine). Drift is scored if the leg falls before 5 seconds. The aphasic patient is encouraged using urgency in the voice and pantomime, but not noxious stimulation. Each limb is tested in turn, beginning with the non-paretic leg. Only in the case of amputation or joint fusion at the hip, the examiner should record the score as untestable (UN), and clearly write the explanation for this choice.</p>	<p>0 = <b>No drift;</b> leg holds 30-degree position for full 5 seconds.  1 = <b>Drift;</b> leg falls by the end of the 5-second period but does not hit bed.  2 = <b>Some effort against gravity;</b> leg falls to bed by 5 seconds, but has some effort against gravity.  3 = <b>No effort against gravity;</b> leg falls to bed immediately.  4 = <b>No movement.</b>  UN = <b>Amputation</b> or joint fusion, explain: _____</p> <p><b>6a. Left Leg</b></p> <p><b>6b. Right Leg</b></p>	<p>_____</p>

# N I H STROKE SCALE

Patient Identification. \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_

Pt. Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Hospital \_\_\_\_\_(\_\_\_\_-\_\_\_\_)

Date of Exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Interval:  Baseline  2 hours post treatment  24 hours post onset of symptoms ±20 minutes  7-10 days  
 3 months  Other \_\_\_\_\_(\_\_\_\_)

<p><b>7. Limb Ataxia:</b> This item is aimed at finding evidence of a unilateral cerebellar lesion. Test with eyes open. In case of visual defect, ensure testing is done in intact visual field. The finger-nose-finger and heel-shin tests are performed on both sides, and ataxia is scored only if present out of proportion to weakness. Ataxia is absent in the patient who cannot understand or is paralyzed. Only in the case of amputation or joint fusion, the examiner should record the score as untestable (UN), and clearly write the explanation for this choice. In case of blindness, test by having the patient touch nose from extended arm position.</p>	<p>0 = <b>Absent.</b></p> <p>1 = <b>Present in one limb.</b></p> <p>2 = <b>Present in two limbs.</b></p> <p>UN = <b>Amputation</b> or joint fusion, explain: _____</p>	<p>_____</p>
<p><b>8. Sensory:</b> Sensation or grimace to pinprick when tested, or withdrawal from noxious stimulus in the obtunded or aphasic patient. Only sensory loss attributed to stroke is scored as abnormal and the examiner should test as many body areas (arms [not hands], legs, trunk, face) as needed to accurately check for hemisensory loss. A score of 2, "severe or total sensory loss," should only be given when a severe or total loss of sensation can be clearly demonstrated. Stuporous and aphasic patients will, therefore, probably score 1 or 0. The patient with brainstem stroke who has bilateral loss of sensation is scored 2. If the patient does not respond and is quadriplegic, score 2. Patients in a coma (item 1a=3) are automatically given a 2 on this item.</p>	<p>0 = <b>Normal;</b> no sensory loss.</p> <p>1 = <b>Mild-to-moderate sensory loss;</b> patient feels pinprick is less sharp or is dull on the affected side; or there is a loss of superficial pain with pinprick, but patient is aware of being touched.</p> <p>2 = <b>Severe to total sensory loss;</b> patient is not aware of being touched in the face, arm, and leg.</p>	<p>_____</p>
<p><b>9. Best Language:</b> A great deal of information about comprehension will be obtained during the preceding sections of the examination. For this scale item, the patient is asked to describe what is happening in the attached picture, to name the items on the attached naming sheet and to read from the attached list of sentences. Comprehension is judged from responses here, as well as to all of the commands in the preceding general neurological exam. If visual loss interferes with the tests, ask the patient to identify objects placed in the hand, repeat, and produce speech. The intubated patient should be asked to write. The patient in a coma (item 1a=3) will automatically score 3 on this item. The examiner must choose a score for the patient with stupor or limited cooperation, but a score of 3 should be used only if the patient is mute and follows no one-step commands.</p>	<p>0 = <b>No aphasia;</b> normal.</p> <p>1 = <b>Mild-to-moderate aphasia;</b> some obvious loss of fluency or facility of comprehension, without significant limitation on ideas expressed or form of expression. Reduction of speech and/or comprehension, however, makes conversation about provided materials difficult or impossible. For example, in conversation about provided materials, examiner can identify picture or naming card content from patient's response.</p> <p>2 = <b>Severe aphasia;</b> all communication is through fragmentary expression; great need for inference, questioning, and guessing by the listener. Range of information that can be exchanged is limited; listener carries burden of communication. Examiner cannot identify materials provided from patient response.</p> <p>3 = <b>Mute, global aphasia;</b> no usable speech or auditory comprehension.</p>	<p>_____</p>
<p><b>10. Dysarthria:</b> If patient is thought to be normal, an adequate sample of speech must be obtained by asking patient to read or repeat words from the attached list. If the patient has severe aphasia, the clarity of articulation of spontaneous speech can be rated. Only if the patient is intubated or has other physical barriers to producing speech, the examiner should record the score as untestable (UN), and clearly write an explanation for this choice. Do not tell the patient why he or she is being tested.</p>	<p>0 = <b>Normal.</b></p> <p>1 = <b>Mild-to-moderate dysarthria;</b> patient slurs at least some words and, at worst, can be understood with some difficulty.</p> <p>2 = <b>Severe dysarthria;</b> patient's speech is so slurred as to be unintelligible in the absence of or out of proportion to any dysphasia, or is mute/anarthric.</p> <p>UN = <b>Intubated</b> or other physical barrier, explain: _____</p>	<p>_____</p>

# N I H STROKE SCALE

Patient Identification. \_\_\_\_-\_\_\_\_-\_\_\_\_

Pt. Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Hospital \_\_\_\_\_(\_\_\_\_-\_\_\_\_)

Date of Exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Interval:  Baseline  2 hours post treatment  24 hours post onset of symptoms ±20 minutes  7-10 days  
 3 months  Other \_\_\_\_\_(\_\_\_\_)

<p><b>11. Extinction and Inattention (formerly Neglect):</b> Sufficient information to identify neglect may be obtained during the prior testing. If the patient has a severe visual loss preventing visual double simultaneous stimulation, and the cutaneous stimuli are normal, the score is normal. If the patient has aphasia but does appear to attend to both sides, the score is normal. The presence of visual spatial neglect or anosagnosia may also be taken as evidence of abnormality. Since the abnormality is scored only if present, the item is never untestable.</p>	<p>0 = <b>No abnormality.</b></p> <p>1 = <b>Visual, tactile, auditory, spatial, or personal inattention</b> or extinction to bilateral simultaneous stimulation in one of the sensory modalities.</p> <p>2 = <b>Profound hemi-inattention or extinction to more than one modality;</b> does not recognize own hand or orients to only one side of space.</p>	<p>_____</p>
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## Appendix 3

# **modified Rankin Scale**



**MODIFIED  
RANKIN  
SCALE (mRS)**

**Patient Name:** \_\_\_\_\_

**Rater Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

<b>Score</b>	<b>Description</b>
0	No symptoms at all
1	No significant disability despite symptoms; able to carry out all usual duties and activities
2	Slight disability; unable to carry out all previous activities, but able to look after own affairs without assistance
3	Moderate disability; requiring some help, but able to walk without assistance
4	Moderately severe disability; unable to walk without assistance and unable to attend to own bodily needs without assistance
5	Severe disability; bedridden, incontinent and requiring constant nursing care and attention
6	Dead

**TOTAL (0-6):** \_\_\_\_\_





Appendix 4

**Poster**  
**(Proc. ISMRM May 2014, Milan, Italy)**



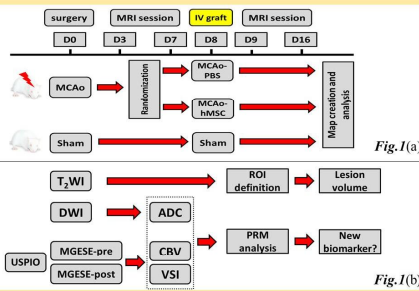
## Evaluation of parametric response map (PRM) as an imaging biomarker in the study of a cell therapy in stroke

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### Introduction

Stroke is the leading cause of disability in adults. Beyond the narrow time window for thrombolysis, cell-therapies, such as human mesenchymal stem cells (hMSCs), have strong clinical potential<sup>1,2</sup>. Imaging biomarkers are necessary to assess the mechanisms underlying the cell-therapy benefit after stroke. However, image analysis based on mean values obtained from regions of interest (ROIs) smooth intralésional heterogeneity. An alternative technique, the parametric response map (PRM), is a promising tool to better investigate parametric changes over time at the voxel level<sup>3</sup>. The purpose of this preclinical study was to compare the PRM with the mean value analysis as biomarkers of hMSC therapy effect on experimental stroke.



### Materials & Methods

Thirty-two Sprague Dawley male rats (250-300g) were used. Twenty rats underwent a transient (90 min) focal cerebral ischemia by occlusion of the right middle cerebral artery (MCAo) and twelve rats underwent the surgery without occlusion at Day 0 (D0) (sham group). MR experiments were performed at 7T (Bruker Avance III) using a volume/surface cross coil configuration. At D8 after transient MCAo, two groups of rats received an intravenous injection from tail vein of either 1 ml phosphate-buffered saline-glutamine (MCAo-PBS, n=10) or 3 × 10<sup>6</sup> hMSCs (MCAo-hMSC, n=10). One sham group of healthy rats underwent the same injection procedure with PBS (Sham, n=12) (Fig.1(a)). The effects of hMSCs were assessed by MRI using three parameters: apparent diffusion coefficient (ADC), cerebral blood volume (CBV) and vessel size index (VSI) measured on D3, 7, 9 and 16. PRM analysis is applied for each map of each other time point to compare with D3 (Fig.1(b)). A threshold which referred to keep 95% unchanged voxels in the intact mirrored homologues was applied to the absolute difference of each map in a voxel and all like voxels were summed to obtain lesion fractions that showed significantly increased (PRM<sub>+</sub>; red), significantly decreased (PRM<sub>-</sub>; blue) and unchanged (PRM<sub>0</sub>; green). Significance was set at p < 0.05. Results were expressed as mean ± standard deviation.

Figure 1: (a) Experimental protocol for MCAo follow-up; (b) MRI session.

### Results & Discussion

No statistical difference between MCAo-PBS and MCAo-hMSC group was shown at D9 from the mean value analysis, but the PRM<sub>ADC</sub> (Fig.2(a3)), PRM<sub>CBV</sub> (Fig.2(b2)) and PRM<sub>VSI</sub> (Fig.2(c2)) fractions were significantly higher in MCAo-PBS than in MCAo-hMSC, and the PRM<sub>CBV</sub> fraction was on the contrary (Fig.2(b3)). At D16, the mean value of VSI is significantly higher in MCAo-PBS than in MCAo-hMSC (Fig.2(c1)), and the PRM<sub>VSI</sub> fraction was on the contrary (Fig.2(c3)). Based on the imaging evidence, early changes which may illustrate the treatment efficiency on stroke were revealed from D9 (Fig.5). A progressive increase in percentage of ADC change in DWI lesion volume reflects expansion of the primary ischemic injury through increasing cytotoxic edema and/or infarction of tissue at the periphery of the stroke. The significant decrease in CBV may result in a decrease in calculated vessel density which induced by the response of stem cell therapy. The VSI change is able to monitor the dilation and contraction of micro-vessels in lesion.

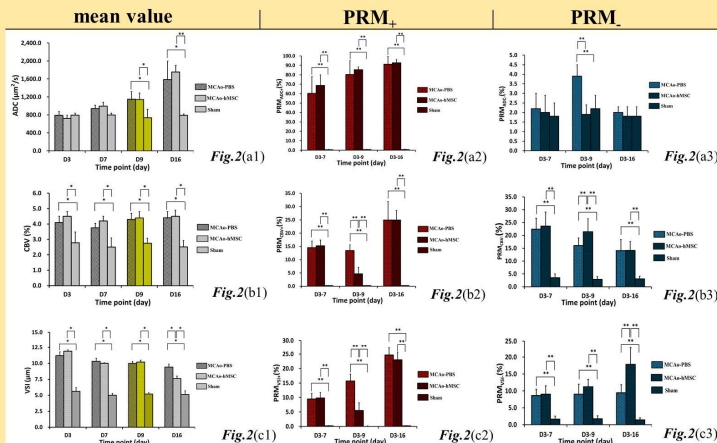


Figure 2: (a1) ADC mean value; (a2) Bar plots of the increase percent ADC value; (a3) Bar plots of the decrease percent ADC value; (b1) CBV mean value; (b2) Bar plots of the increase percent CBV value; (b3) Bar plots of the decrease percent CBV value; (c1) VSI mean value; (c2) Bar plots of the increase percent VSI value; (c3) Bar plots of the decrease percent VSI value. \*: p < 0.05; \*\*: p < 0.01

### Conclusion

Compared with the negative result from mean values of lesions at D9, PRM is a promising technique to illustrate the early changes of cell therapy response after ischemic stroke. In subacute phase of experimental stroke, hMSCs may impact the cellular edema, microvascular plasticity and delayed the vasodilation secondary to ischemia one day after intravenous injection from imaging evidences. PRM was able to reveal the changes that took place within the lesion at each time point.

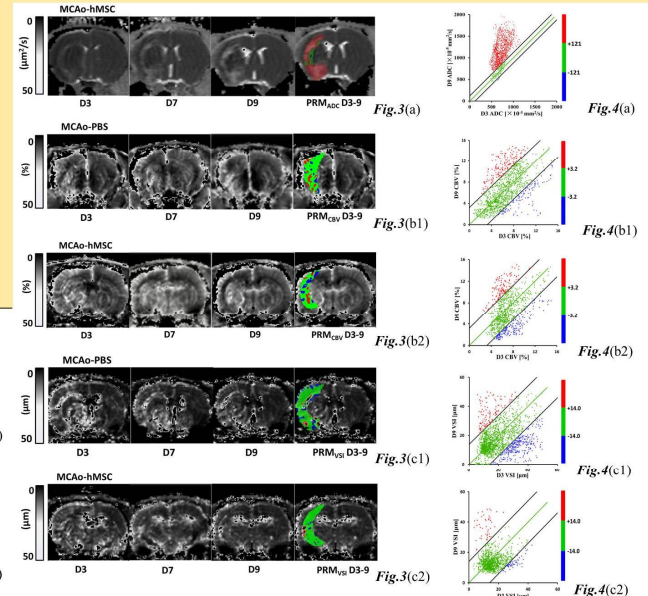


Figure 3: (a) ADC maps in MCAo-hMSC group and PRM<sub>ADC</sub> color-code overlay; (b1) CBV maps in MCAo-PBS group and PRM<sub>CBV</sub> color-code overlay; (b2) CBV maps in MCAo-hMSC group and PRM<sub>CBV</sub> color-code overlay; (c1) VSI maps in MCAo-PBS group and PRM<sub>VSI</sub> color-code overlay; (c2) VSI maps in MCAo-hMSC group and PRM<sub>VSI</sub> color-code overlay.

Figure 4: (a) Corresponding quantitative scatter plot analysis of MCAo-hMSC ADC distribution; (b1) Corresponding quantitative scatter plot analysis of MCAo-PBS CBV distribution; (b2) Corresponding quantitative scatter plot analysis of MCAo-hMSC CBV distribution; (c1) Corresponding quantitative scatter plot analysis of MCAo-PBS VSI distribution; (c2) Corresponding quantitative scatter plot analysis of MCAo-hMSC VSI distribution

Figure 5: (X) no statistical difference between two MCAo groups; (✓) significant difference between two MCAo groups; (T+1) one day after treatment; (T+8) eight days after treatment

	mean value		PRM analysis	
	D9 <sub>T+1</sub>	D16 <sub>T+8</sub>	D9 <sub>T+1</sub>	D16 <sub>T+8</sub>
ADC	X	X	✓ PRM <sub>ADC</sub>	X
CBV	X	X	✓ PRM <sub>CBV</sub>	X
VSI	X	✓	✓ PRM <sub>VSI</sub>	✓ PRM <sub>VSI</sub>

Fig.5

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## Appendix 5

# **Curriculum Vitae**



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### Education

- 01/2013 - 11/2016**      *Ph.D. candidate (Biotechnology, Instrumentation, Signal and Imaging for Biology, Medicine and Environment)*  
Doctoral School of Healthy Engineering, Cognition and Environment, University Grenoble Alpes, Grenoble, France  
—Evaluation of voxel-based analysis in stroke using multiparametric MR imaging (thesis)
- 08/2008 - 07/2010**      *Master of 7-year direct program (Medical Imaging and Nuclear Medicine)*  
Diagnostic Imaging Center, Shanghai Children's Medical Center, Shanghai Jiao Tong University, Shanghai, P.R. China  
—Evaluation of MSCT and MRI in imaging diagnosis of portosystemic malformation in children (thesis)  
—Certificate of Physician Credentials and Certificate of Medical Licensure of P.R. China
- 01/2007 - 07/2008**      *Bachelor of 7-year direct program (Clinical Medicine)*  
Clinical Medical College, Renji hospital, Shanghai Jiao Tong University, Shanghai, P.R. China
- 09/2003 - 12/2006**      *Medical Elementary Courses*  
School of Medicine, Shanghai Jiao Tong University, Shanghai, P.R. China



## **Working Experience**

09/2014 - 02/2016

*Collaboration with Department of Neuroradiology and MRI and Stroke Unit of Grenoble University Hospital for the clinical research on imaging evaluation for stroke patients*

Team Barbier (Functional Neuroimaging and Cerebral Perfusion), Grenoble Institute of Neurosciences, INSERM U1216, University Grenoble Alpes, Grenoble, France

09/2013 - 08/2014

*Preclinical research on imaging evaluation of stem cell therapy for experimental ischemia*

Team Barbier (Functional Neuroimaging and Cerebral Perfusion), Grenoble Institute of Neurosciences, INSERM U1216, University Grenoble Alpes, Grenoble, France

08/2012 - 12/2012

*Routine clinical work (Radiologist)*

Department of Radiology, Minhang Hospital, Shanghai Medical College, Fudan University, Shanghai, P.R. China

08/2010 - 07/2012

*Standardized Training of Residents*

Department of Radiology, Renji hospital, Shanghai Jiao Tong University, Shanghai, P.R. China

## **Skills and Languages**

**Routine clinical work:** basic clinical skills of resident, superiority in Diagnostic Radiology of children and adults

**Experiment:** rodent model making (experimental cerebral ischemia), histological specimen making

**Facility:** 4.7T and 9.4T Bruker small animal MRI system, 3.0T medical MRI system, cryostat microtome, multi-detector CT, C-arm fluoroscopy

**Software:** ImageJ, mricron, SPSS, Adobe Illustrator, Adobe Photoshop, etc.

**Languages:** Chinese (native language), English (fluent), French (reading ability)

## **Honors and Awards**

- 2012 Certificate of Standardized Training of Residents in *Medical Imaging and Nuclear Medicine* of P.R. China
- 2010 Certificate Excellent Graduated Student of Shanghai, Shanghai Education Committee
- 2004 General Course Scholarship, Shanghai Jiao Tong University

## **Publications**

### ***Stroke, Image Processing, Ischemia Model-making***

- ❖ **Rui He**, Anaïck Moisan, Olivier Detante, Chantal Rémy, Emmanuel L. Barbier, Alexandre Krainik, Benjamin Lemasson\*. Evaluation of parametric response mapping to assess cell therapy effects after experimental stroke[J]. *Cell Transplantation*. (Revised)
- ❖ **Rui He**, Oliver Detante, Alexandre Krainik, Assia Jaillard, Emmanuel L. Barbier, Benjamin Lemasson\*. Parametric response map as an imaging predictor of functional outcome in chronic stroke patients[J]. *Stroke*. (In progress)

### ***Congenital Heart Diseases, Pediatric Imaging***

- ❖ Ming Zhu\*, Aimin Sun, **Rui He**. Evaluation of the anomalous retro-esophageal left brachiocephalic vein in Chinese children using multidetector CT[J]. *Pediatric Radiology*, 2009, 39(4): 343-347.
- ❖ **Rui He**, Ming Zhu\*. Radiological Diagnosis of Congenital Anomaly of the Vena Cava[J]. *Chinese Computed Medical Imaging*, 2009, 15: 454-457.
- ❖ **Rui He**, Ming Zhu\*. Multi-slice spiral CT in the Evaluation of Retroesophageal Innominate Vein[J]. *Radiologic Practice*, 2009, 24(12): 1371-1373.
- ❖ **Rui He**, Ming Zhu\*. Congenital Anomaly of Inferior Vena Cava in association with Omphalocele: a case report[J]. *Radiologic Practice*, 2009, 24(8): 891.
- ❖ **Rui He**, Ming Zhu\*. Radiological diagnosis of congenital anomaly of the inferior vena cava[J]. *Journal of Chinese Clinic Medical Imaging*, 2009, 20(9): 708-711.

### ***Organ Transplantation, Abdominal Imaging***

- ❖ Qiang Xia\*, **Rui He**. Intrahepatic Biliary Strictures after Liver Transplantation[J]. *Chinese Journal of Hepatobiliary Surgery*, 2007, 15(4): 247-250.

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## **References**

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