

### Virtual histopathology of Alzheimer's disease Matthieu Chourrout

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### THESE de DOCTORAT DE L'UNIVERSITE CLAUDE BERNARD LYON 1

### **Ecole Doctorale** N°205 **Interdisciplinaire Sciences Santé**

Discipline : Ingénierie pour le vivant

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# Histopathologie virtuelle de la maladie d'Alzheimer

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#### Résumé de la thèse

La maladie d'Azheimer est la maladie neurodégénérative la plus fréquente chez les personnes âgées. Dans sa progression, 2 protéines anormales s'agrègent : l'amyloïde- $\beta$  en plaques amyloïdes, et la protéine tau phosphorylée en dégénérescences neurofibrillaires. Deux hypothèses décrivent la progression de la maladie : la cascade amyloïde et la dérégulation des métaux. Son diagnostic est difficile; des techniques in vivo existent mais la confirmation se fait au décès du patient, à partir de lames de microscope : c'est l'histologie. Dans cette thèse, les échantillons de cerveau sont imagés en 3D et étudiés numériquement : c'est l'histologie virtuelle. Pour cela, nous utilisons la tomographie par contraste de phase des rayons X. Après l'introduction à la maladie d'Alzheimer et à la tomographie X, quatre études sont rapportées. La première étude s'intéresse aux faisceaux de matière blanche. Nous avons démontré que leur signal dans nos images provient de la myéline, et étudié les lésions dans 3 modèles pathologiques. Dans la deuxième étude, nous avons mesuré en 3D les plaques amyloïdes dans des souris transgéniques grâce à des outils libres. La troisième étude nous a appris que nous voyons les plaques grâce aux métaux qu'elles accumulent. Dans la dernière étude (en cours), nous avons constitué une cohorte de patients atteints d'angiopathie cérébrale amyloïde : l'amyloïde se retrouve dans les vaisseaux sanguins, que nous étudions par histologie virtuelle.

Sur l'ensemble de ces travaux, nous avons montré le potentiel (pré-)clinique de la tomographie à contraste de phase des rayons X dans l'étude de la maladie d'Alzheimer. Nous avons développé des outils spécifiques au traitement de ces données, qui pourront servir à la communauté.

#### Mots-clés

maladies neurodégénératives; imagerie par rayons X; traitement d'images; histologie

#### Title of the thesis

Virtual histopathology of Alzheimer's disease

### Abstract of the thesis

Alzheimer's disease is the most frequent dementia among the elderly, as it affects more than 30 million people worldwide. Its pathological pathway involves the aggregation of two abnormal proteins: amyloid- $\beta$  into amyloid- $\beta$  plaques and phosphorylated tau into neurofibrillary tangles. Two hypotheses describe Alzheimer's pathology: the amyloid cascade and the metal dysregulation. Its diagnosis is difficult; a few in vivo techniques but it is only confirmed at death, upon the analysis of microscope slides: this is histology. In this thesis, the brain samples were not sliced; instead, they were imaged in 3D and studied digitally: this is virtual histology. To do so, we used x-ray phase-contrast tomography. Following an introduction to Alzheimer's Disease and x-ray phase-contrast tomography, four studies from the thesis are reported in the manuscript. The first study focused on white-matter-tracts. We proved that their signal in our images comes from myelin, and we studied lesions from 3 pathological models. In the second study, we performed 3D measurements on amyloid- $\beta$  plaques in the brains of transgenic mice with free open-source software. The third study revealed that the amyloid- $\beta$  plaques are detected in our images because of the metals they entrap. In the (ongoing) fourth study, we built a cohort of patients with cerebral amyloid angiopathy: amyloid deposits are found in the blood vessels, that we could study by virtual histology.

Through this work, we highlighted the contribution of x-ray phase-contrast tomography to the (pre-)clinical study of Alzheimer's disease. We also developed specific tools and processing pipeline for the analysis of these data.

#### Keywords

dementia; x-ray imaging; image processing; histology

### Laboratoire / Laboratory

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### Résumé substantiel de la thèse

La maladie d'Azheimer est la maladie neurodégénérative la plus fréquente chez les personnes âgées, puisqu'elle touche plus de 30 millions de personnes dans le monde. Ses symptômes comprennent la perte de mémoire et la confusion. Dans la plupart des cas, elle apparaît sporadiquement vers 65 ans; toutefois, 5 % des cas sont héréditaires.

La maladie progresse avec le développement et l'agrégation de deux protéines anormales : l'amyloïde- $\beta$  et la protéine tau phosphorylée. L'amyloïde- $\beta$  s'agrège en plaques amyloïdes situées autour des neurones ; la protéine tau phosphorylée s'agrège en dégénérescences neurofibrillaires situées dans les neurones. Les plaques amyloïdes apparaissent avant les neurofibrilles et ces agrégats interagissent — deux hypothèses décrivent ces interactions : la cascade amyloïde et la perturbation de l'homéostase des métaux.

De nombreux types de maladies neurogénératives présentent des symptômes confondants avec ceux de la maladie d'Alzheimer, qui se développe souvent avec des pathologies associées telles que les synucléinopathies, les maladies frontotemporales et les maladies cérébrovasculaires. Cela rend le diagnostic difficile et réduit les chances de succès de la thérapie. Des techniques ont été mises au point pour détecter l'amyloïde- $\beta$  et la protéine tau phosphorylée par imagerie médicale in vivo et à partir d'échantillons de liquides biologiques. Toutefois, le diagnostic n'est confirmé qu'au décès, lors de l'autopsie, lorsque le neuropathologiste atteste par microscopie la présence des lésions caractéristiques : c'est l'histologie.

Ce travail de thèse avait pour objectif général de démontrer la valeur ajoutée de l'histologie virtuelle, une méthode d'analyse 3D post-mortem du cerveau, pour l'étude de la maladie d'Alzheimer au plan fondamental (sur modèles animaux) et clinique (sur patients autopsiés). Les échantillons de cerveau ne sont pas examinés sous la forme de coupes déposés sur lames de microscopie, mais imagés en 3D à haute résolution et étudiés numériquement. L'anatomie du cerveau est préservée, de même que la structure 3D des objets pathologiques tels que les plaques amyloïdes. La thèse se concentre sur une technique d'imagerie appelée tomographie par contraste de phase des rayons X, disponible majoritairement dans les installations de rayonnement synchrotron — d'imposants équipements de recherche qui produisent des rayons X à l'aide d'un accélérateur de particules. Plus sensible que les tomodensitomètres classiques, la tomographie par contraste de phase des rayons X détecte les changements locaux et légers dans les tissus mous : elle peut révéler les plaques amyloïdes dans les images 3D du cerveau sans aucun agent de contraste. Quatre études de la thèse sont rapportées dans le manuscrit; deux d'entre elles ont été publiées, une est en ligne en tant que préprint et vient d'être publiée, la quatrième est à un stade précoce avec des résultats préliminaires.

Pour la première étude de cette thèse, nous avons utilisé la tomographie par contraste de phase des rayons X pour évaluer les lésions de la matière blanche — des structures cérébrales qui assurent le flux d'informations dans le réseau neuronal. Les cerveaux

de modèles animaux présentant trois pathologies différentes ont été scannés : accident vasculaire cérébral ischémique, sclérose en plaques et hypoxie néonatale. Nous avons conçu une analyse d'image originale des faisceaux de matière blanche et des lésions associées. Avec un partenaire privé, nous avons développé un logiciel permettant de récupérer des données analogues à celles de l'imagerie du tenseur de diffusion, la méthode de référence pour l'étude des lésions de la matière blanche. Nous avons également mis en évidence que la tomographie par contraste de phase des rayons X détecte spécifiquement la myéline (un mélange lipidique qui protège les neurones). À cet égard, nous avons optimisé la préparation de l'échantillon pour augmenter le signal de la matière blanche.

La deuxième étude a porté sur les plaques amyloïdes dans le cerveau de souris transgéniques modèles de la maladie d'Alzheimer. Les cerveaux de trois souches différentes ont été acquis et scannés par tomographie à contraste de phase des rayons X après une simple préparation sans marquage. Nous avons conçu et rendu public un procédé de segmentation d'images avec un logiciel libre. Les plaques amyloïdes ont été segmentées à l'aide de ce procédé et des mesures 3D jusqu'alors inaccessibles via l'immunohistochimie ont été effectuées sur les plaques marquées. Nous avons dévoilé des distributions spécifiques à chaque souche transgénique de la morphologie et de l'intensité du signal des plaques.

La troisième étude a été conçue pour comprendre le signal spécifique des plaques amyloïdes dans nos images sans marquage de la tomographie à contraste de phase des rayons X. Nous avons testé deux hypothèses : le signal provenait-il des métaux endogènes piégés dans les plaques ou des fibrilles amyloïdes insolubles des plaques? Nous avons acquis et scanné des échantillons de cerveau de deux patients humains atteints de la maladie d'Alzheimer, ainsi que des cerveaux de quatre modèles de rongeurs différents (souris et rats). Parallèlement, nous avons traité des échantillons de cerveau provenant des mêmes patients et animaux afin d'analyser la composition métallique et moléculaire des plaques amyloïdes à l'aide de deux techniques spécifiques (la microscopie à fluorescence à rayons X pour les métaux et la spectroscopie infrarouge à transformée de Fourier pour les fibrilles). Grâce à la tomographie à contraste de phase des rayons X, nous avons pu détecter des plaques amyloïdes chez l'un des deux patients, un cas familial rare de maladie d'Alzheimer; les plaques amyloïdes de deux des quatre souches de rongeurs présentaient un signal jamais décrit par notre modalité d'imagerie. Nous avons constaté que les niveaux élevés de métaux étaient en corrélation avec les différents signaux des plaques amyloïdes.

Pour la quatrième étude, nous avons constitué une cohorte de patients atteints d'angiopathie amyloïde cérébrale, où des dépôts d'amyloïde- $\beta$  sont présents dans les parois des vaisseaux sanguins. Nous avons scanné des échantillons de cerveau de 11 patients humains à l'aide de la tomographie à contraste de phase à rayons X. L'analyse des images 3D est en cours. Nous pouvons déjà détecter l'angiopathie amyloïde cérébrale dans nos images, grâce à des signes communs à diverses maladies cérébrovasculaires. Les résultats préliminaires sont présentés et discutés. La prochaine étape, l'analyse des parois des vaisseaux sanguins, pourrait permettre de détecter directement les dépôts d'amyloïde- $\beta$ .

Sur l'ensemble de ces travaux, nous avons montré le potentiel clinique et pré-clinique de la tomographie à contraste de phase des rayons X dans l'étude de la maladie d'Alzheimer.

Nous avons notamment développé des outils spécifiques au traitement de ces données, qui pourront servir à la communauté.

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### Background

# Contexte de la thèse / Context of the thesis

The PhD thesis focused on Alzheimer's Disease, the most frequent dementia in the world. Although biomarkers have been identified and associated with the different evidences of the pathological mechanisms, the diagnosis of the disease is performed *postmortem* by a neuropathologist after a laborious process of sampling, slicing and staining. A formerly large set of different neuropathological scorings were pooled ten years ago into an ABC score but it still requires the analysis of microscope slides with three different stainings. Using a synchrotron technique called x-ray phase-contrast tomography, the scope of the thesis was to advance towards a contrastagent-free 3D imaging technique for *ex vivo* extraction of 3D parameters relevant for the study of AD.

In detail, our goal was to develop tools such as image analysis pipelines, in order to provide quantitative results out of x-ray phase-contrast tomography. We obtained various samples from either rodent models of Alzheimer's Disease or deceased donor patients who were diagnosed with Alzheimer's Disease. 3D scans preserve the integrity of the samples and enable the extraction of 3D parameters that would be lost it the standard histopathology routine. Designing a labour-free sample preparation was also of interest for the clinicians; while a common approach has been to work with their usual samples — which are either frozen or paraffin-embedded —, we have shifted to a sample preparation by fixation– dehydration. We have also investigated the origin of the contrast of the amyloid-beta plaques, which are the main pathological hallmark of Alzheimer's Disease and we have built a cohort about amyloid deposits in the cerebral amyloid angiopathy.

# Alzheimer's disease

### 1.1. Pathology

### 1.1.1. Symptoms and evolution

Alzheimer's disease (AD) is a neurodegenerative disease which appears and progresses with ageing. Signs of AD include [1]:

- ► Memory loss;
- Challenges in planning or solving problems;
- Difficulty completing familiar tasks;
- ► Confusion with time or place;
- Trouble understanding visual images and spatial relationships;
- ► New problems with words in speaking or writing;
- Misplacing things and losing the ability to retrace steps;
- Decreased or poor judgment;
- ► Withdrawal from work or social activities;
- ► Changes in mood, personality and behavior.

Reisberg [2] first detailed how these *clinical* signs appear by stages. Current definitions are based on *biomarkers*: Jack et al. [3] then defined multiple stages for patients presenting AD-specific biomarkers:  $A^+$ ,  $T^+$  and  $(N)^+$  (cf. Table 1.1), along with the differences between AD and mild cognitive impairment (MCI).

Two types of lesions form in the brain and cause neuronal death; these can precede the first symptoms by a few years and up to decades [5, 6].

Amyloid- $\beta$  (A $\beta$ ) plaques (cf. Figure 1.1) are the first type of lesion to appear. They are located in the extracellular space — or neuropil. They contain mainly amyloid- $\beta_{1-42}$  peptides — i.e. peptides of 42 amino acids — which fold themselves and aggregate as fibrils. They often entrap biometals such as zinc, iron and copper. These last two points will be further detailed in section 1.2. They account for the A<sup>+</sup> biomarker profile (cf. Table 1.1).

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The same group recently redesigned the set of biomarkers from AT(N) to ATX(N), "where X represents novel candidate biomarkers for additional pathophysiological mechanisms such as neuroimmune dysregulation, synaptic dysfunction and blood– brain barrier alterations" [4]. **Table 1.1.:** Risk of short-term cognitive decline based on the AT(N) biomarker profile and cognitive stage. A<sup>+</sup>: evidence of amyloid pathology; T<sup>+</sup>: evidence of tauopathy; (N)<sup>+</sup>: evidence of neurodegeneration or neuronal injury. From [3].

Syndromal Cognitive Stage						
		Cognitively unimpaired	MCI	dementia		
Biomarker Profile	A' T' (N)'	normal AD biomarkers, cognitively unimpaired	normal AD biomarkers with MCI	normal AD biomarkers with dementia		
	A+ T- (N)-	Preclinical Alzheimer's pathologic change	Alzheimer's pathologic change with MCI	Alzheimer's pathologic change with dementia		
	A <sup>+</sup> T <sup>-</sup> (N) <sup>+</sup>	Alzheimer's and concomitant suspected non Alzheimer's pathologic change, cognitively unimpaired	Alzheimer's and concomitant suspected non Alzheimer's pathologic change with MCI	Alzheimer's and concomitant suspected non Alzheimer's pathologic change with dementia		
	A <sup>+</sup> T <sup>+</sup> (N) <sup>-</sup> A <sup>+</sup> T <sup>+</sup> (N) <sup>+</sup>	Preclinical Alzheimer's disease	Alzheimer's disease with MCI (Prodromal AD)	Alzheimer's disease with dementia		

Non-Alzheimer's continuum profiles are not included in table because the risk associated with different combinations of T+(N)-, T+(N)+, T-(N)+ among A- individuals has not been established

rate of short term clinical progression expected to be low

rate of short term clinical progression expected to be high



**Figure 1.1.:** Amyloid- $\beta$  plaques and neurofibrillary tangles in the brain. Amyloid- $\beta$  plaques develop in the extracellular space and NFTs develop within the neurons.

Neurofibrillary tangles (cf. Figure 1.1) are the second type of lesion. Contrary to  $A\beta$  plaques, they develop in the neurons and mainly contain hyperphosphorylated tau proteins. The tau (tubulin-associated unit) protein plays a key role in maintaining the microtubule integrity in the axons of the neurons. Because of hyperphosphorylation, the tau protein leaves the microtubules — they will then collapse and lose their role in neuronal polarization. Then, the hyperphosphorylated tau (P-tau) proteins accumulate and aggregate within the neurons until neuronal death by apoptosis. They account for the T<sup>+</sup> biomarker profile (cf. Table 1.1).

Neurodegeneration leads to an atrophy of the brain areas and a reduced activity. This accounts for the  $(N)^+$  biomarker profile (cf. Table 1.1).

While the symptoms of AD can be common to most dementia, these lesions are considered AD-specific (A<sup>+</sup> and T<sup>+</sup> biomarker profiles from Table 1.1, also shown in gray in Figure 1.2). These lesions are both based on proteins amyloid- $\beta_{1-42}$  or tau — which become pathological as they undergo a conformation change. Besides, they have the ability to alter normal proteins in the vicinity by transconformation [7, 8], in a way similar to prions from Creutzfeldt-Jakob disease (prion-like mechanisms). Thus, Alzheimer's disease can be defined as a proteinopathy. Blocking these mechanisms (in red in Figure 1.2) is the main target for disease-modifying drugs; these drugs have a higher outcome when used preventively as they usually slow the progression of the disease biomarker profiles from Table 1.1 are not sufficient for a diagnosis (cf. subsection 1.3.3) but they can guide the therapeutic decision-making [9].



Figure 1.2.: Alzheimer's related pathophysiology converges to neurodegeneration through multiple cellular pathways. Pathognomonic changes of AD (in gray squares) are considered to consist only of amyloid and tau pathologies. The pathological changes considered unspecific to AD are represented in yellow boxes. Risk and protective factors, specified as aging, genetics, lifestyle and environmental are represented in blue circles (cf. subsection 1.1.2). Disease-modifying drugs target one or several mechanisms to block, these are represented with red flat-head arrows. APOE: apolipoprotein E; BBB: blood-brain barrier; PART: primary-age-related tauopathy; TREM2: triggering receptor expressed on myeloid cells 2. Adapted from [10].

### 1.1.2. Forms and prevalence

Alzheimer's disease is the most common dementia, with an estimated prevalence of 10.8 % among the people aged 65 and above in the USA [1]. Rajan et al. [11] estimate the number of cases of AD and mild cognitive impairment in this population will double between 2020 and 2050 in the USA. In Europe, the pooled prevalence of dementia among the people aged 65 and above is 12.4 % [12] — AD would account for 2/3 of these dementia cases.

Risks of developing AD are higher in some populations depending on multiple factors (cf. Figure 1.2):

- **Education:** low education attainment may be a key factor [11];
- **Country of residency:** low-income and developing countries account for 60 % of people with dementia [13];

Sex: prevalence is higher for women compared to men [14];

- **Health behaviors:** moderate alcohol consumption seems to have a protective outcome but high consumption and alcoholism increase AD risk [15]; healthy diets [16] and physical activity [17] both decrease AD risk;
- **Genes:** AD can be either inherited or sporadic; while inherited AD is solely caused by mutations, genetic risk factors have also been identified for sporadic AD [18]; other genetic conditions may increase AD risk: people with Down's syndrome have a higher amyloid burden both in the brain and in the cerebrospinal fluid and are more prone to develop AD than the general population [19, 20].

AD has different forms with specific prevalences, presented below.

**Autosomal dominant forms of AD (ADAD)** The inherited forms of Alzheimer's disease, or autosomal dominant forms of AD (ADAD), have a prevalence of less than 5 % of total AD cases. However, ADAD patients can show signs of AD from 35 years old. Multiple genes are involved [21]: *APP, PSEN1, PSEN2, TREM2, MAPT*.

The gene *APP* is responsible for the production of the amyloid- $\beta$  precursor protein (APP), which is a transmembrane protein of 600–700 amino acids. When cleaved by  $\beta$  and  $\gamma$  secretases, its fragments become amyloid- $\beta$  peptides of 36 to 43 amino acids, including the A $\beta_{1-42}$  peptide present in amyloid- $\beta$  plaques. The genes *PSEN1* and *PSEN2* encode subunits of the  $\gamma$  secretase complex [22]. These interactions will be further detailed in subsection 1.2.1.

The gene *TREM2* is related with microglial activity. For instance, the R74H variant of the *TREM2* gene decreases the functional effects of TREM2, such as phagocytosis [23], and people with this variant have a 3-fold increased risk of developing AD [24].

Finally, the gene *MAPT* (Microtubule-Associated Protein Tau) encodes the tau protein, present in NFTs in its hyperphosphorylated state (cf. subsection 1.2.1).

**Late-onset and early-onset Alzheimer's disease (LOAD** / **EOAD)** The main forms are the late-onset Alzheimer's

disease (LOAD) and the early-onset Alzheimer's disease (EOAD), whether the diagnosis was after or before age 65. They are said sporadic because they are not genetic, although multiple genetic risk factors have been identified, such as *TOMM40, APOE* and the aforementioned *TREM2*, among the 695 identified genes [18].

The *TOMM40* gene encodes a mitochondrial protein that enables protein exchange between the mitochondria and the cell cytoplasm.

The *APOE* gene (apolipoprotein E) is the most important of these risk factors. It has 3 alleles  $\varepsilon 2$ ,  $\varepsilon 3$  and  $\varepsilon 4$  and people homozygoteous  $\varepsilon 4/\varepsilon 4$  have a higher risk of AD than the general population, while people with  $\varepsilon 2/\varepsilon 2$  have a lower risk. People with one or two alleles  $\varepsilon 4$  of the *APOE* gene also develop AD at an earlier age [25]. This gene codes for a fat-binding protein produced in the liver, in macrophages and in astrocytes; the latter use this protein to transport cholesterol to neurons.

### 1.1.3. Comorbid neuropathologies

Multiple diseases are associated with AD [26]. Some of them share biomarkers and symptoms with AD, requiring a differential diagnosis (cf. section 1.3).

#### 1.1.3.1. Synucleinopathies

Lewy body dementia (LBD) and Parkinson's disease (PD) are defined by the aggregation of the  $\alpha$ -synuclein ( $\alpha$ -syn) protein into Lewy bodies inside the neurons — they are also proteinopathies [27] with prion-like mechanisms — and by the degeneration of the dopaminergic neurons. The symptoms include dementia, recurrent visual hallucinations, sleep disorders and movement impairments (rigidity, rest tremors, slowed movement response, altered gait) [27], the latter being attributed to PD [28].

In a cohort study by Irwin et al. [29], 75% of autopsyconfirmed synucleinopathy patients (n = 213) had neuropathological signs of AD; up to 50% of LBD patients might have AD [27, 30]. Interactions between  $\alpha$ -syn, P-tau and A $\beta$ have been identified [27]. Site www.alzgene.org associated with [18] visited on April 3, 2023.

#### 1.1.3.2. Frontotemporal dementia

Frontotemporal disorders or dementia (FTD) are a group of brain diseases with a common degeneration of neurons in the frontal and temporal lobes. Both sporadic and familial forms exist [31] — the first identified gene has been the *MAPT* (tau protein) gene [32], also linked with AD. FTDs are a set of pathologies with tau aggregates — such as Pick's bodies [33] and NFTs — or ubiquitin aggregates.

#### 1.1.3.3. Cerebral amyloid angiopathy (CAA)

#### Context of the thesis

The last study that is reported in the manuscript — as an article draft — (cf. Chapter 6) is a cohort study about CAA. The section below gives general information. The introduction of Chapter 6 goes into more detail but it builds upon knowledge that is developed in the following sections (from section 1.2).

Cerebral amyloid angiopathy (CAA) is a vascular dementia caused by A $\beta$  deposition in the walls of blood vessels. These deposits will eventually cause cerebral microbleeds [34]. In CAA, the main peptide within the A $\beta$  deposits is A $\beta_{1-40}$  instead of A $\beta_{1-42}$ . Enlarged perivascular spaces (a.k.a. Virchow– Robin spaces) are a hallmark of CAA (cf. Figure 1.3) that is shared with other vascular diseases, along with hemosiderin deposits — small blood clots containing iron — within the brain. The diagnosis to discriminate CAA from other vascular diseases (e.g. arteriosclerosis) requires an autopsy where immunohistochemistry will reveal A $\beta$  deposits in the blood vessel walls.

AD patients show distinct patterns of CAA [36] and they have a more severe and widespread CAA [37].



**Figure 1.3.:** Schematic representation of the brain perivascular Virchow–Robin space and surrounding tissues at the surface of the brain cortex (~ 5 mm-depth). The brain is enveloped by three protective layers called meninges; cerebrospinal fluid (CSF) circulates between the arachnoid mater and the pia mater meninges. The cortical perivascular space of penetrating arteries (bounded by the adventitia of the vessel and the astrocyte end-feet) is filled with CSF from the subarachnoid space. Metabolic waste such as A $\beta$  is thought to accumulate around the blood vessel, possibly resulting in perivascular blockage and enlargement of the space, as shown on the right vessel. Adapted from [35].

### 1.2. Mechanisms

### 1.2.1. Amyloid cascade

The amyloid cascade hypothesis is the most widely studied mechanism of AD pathogenesis, in which amyloidosis — the spreading of abnormal  $A\beta$  — is the origin of the whole pathway leading to the development of the disease [10, 38, 39].

As previously stated, the amyloid- $\beta$  peptides are fragments of the APP protein released by the action of two enzymes —  $\beta$  and  $\gamma$  secretases. The APP protein is a transmembrane protein present on multiple cells; in the brain, it is highly concentrated within neurons, around synapses, as it plays a key role in synaptic formation and repair [40]. The cleavage of APP into A $\beta$  is a two-step process (cf. Figure 1.4) [41]:

1. The  $\beta$ -secretase cleaves the N-terminal part of APP, yielding soluble APP- $\beta$  (sAPP $\beta$ ) and a  $\beta$ -cleaved carboxy-

terminal fragment of APP ( $\beta$ -CTF). The  $\beta$ -secretase, more abundant in the neurons, competes with the  $\alpha$ secretase, more abundant in the other cells; cleaving by  $\alpha$ -secretase prevents the A $\beta$  pathological pathway [42]. Alternative (mutation-induced) cleavage sites of  $\beta$ -secretase may increase the amyloid burden and increase the risks of AD [43].

 The γ-secretase further cleaves the β-CTF from the other end into an Aβ peptide of variable length — depending on the cleaving site — including the Aβ<sub>1-42</sub> peptide. The remaining peptides from the amyloid intracellular domain (AICD) play a possible role into cellular pathways such as activation of nuclear signalling [44].



**Figure 1.4.:** Cleavage of the APP protein into amyloid- $\beta$  peptides. (A) Whole domain architecture of the neuronal splice variant APP695. Dashed lines represent unknown domain structures. When APP is at its transmembrane location (gray), tethered by its transmembrane domain (TMD), its N-terminus (left) is outside the cell and its C-terminus (right) is in the cytoplasm. (B) Amino acid sequences of juxtamembrane, TMD and AICD domains. Vertical arrows point precise cleavage sites of  $\alpha$ ,  $\beta$ ,  $\gamma$  and  $\varepsilon$  secretases. The different breakdown products are labelled. Adapted from [45].

Amyloid- $\beta$  peptides exist at low concentrations in healthy individuals: while the A $\beta_{1-40}$  peptides are preponderant under normal physiological conditions, the A $\beta_{1-42}$  peptides accumulate in AD patients [46]. The underlying mechanism for this abnormal accumulation is either an excessive production of A $\beta$  [47] or an impaired A $\beta$  clearance [48].

The A $\beta_{1-42}$  peptides eventually undergo a conformation change, which can be triggered by transconformation [7, 8, 49]: they shift from a disordered monomeric form to a  $\beta$ -style folding, first as monomers, then dimers, then multimeric  $\beta$ amyloid protofibrils or insoluble fibrils (cf. Figure 1.5). These insoluble fibrils precipitate into A $\beta$  plaques.



**Figure 1.5.:** Folding and stepwise aggregation of  $A\beta_{1-42}$  peptides. Amino acid sequences are detailed for the monomers. The dashed rectangles show the  $\beta$ -folding pattern. Adapted from [50].

Contrary to the first amyloid cascade hypothesis, new evidences show that intermediate forms of A $\beta$  may have a higher toxicity compared to fibrils [51, 52, 53]. These oligomers accumulate both in the extracellular space and in the neurons [54]. Among the studied pathways, A $\beta$  oligomers may stimulate the excessive formation of reactive oxygen species (ROS) [55] — leading to cell damage —, cause synaptic dysfunction through impaired synaptic vesicle endocytosis [56], or disrupt the homeostasis of calcium and other ions by cell membrane permeabilization [57, 58].

A $\beta$  oligometric activate microglia when they bind to a subclass of cell surface receptors named pattern recognition receptors (PRR) [59]. An acute short-term activation has a beneficial effect on A $\beta$  clearance [60]. However, following an acute activation, the primed microglia were shown to increase vulnerability to inflammation from unrelated events — such as brain trauma or midlife obesity [61]. With a sustained exposure to  $A\beta$ , a chronic activation of PRRs leads to a chronic inflammation because of a persistent microglial release of inflammatory mediators (cytokines). This chronic activation causes a deleterious microglial proliferation and reduces the A $\beta$  clearance by microglia [61, 62, 63]; it also induces neurotoxicity and neurodegeneration [64]. To support these hypotheses, chronically activated microglia have been observed in the vicinities of synapses [65] and of A $\beta$  plaques [66].

There is currently no consensus on how A $\beta$  interacts with tau and P-tau [67], but it is accepted that A $\beta$  spreading precedes P-tau spreading [5]. A $\beta$  oligomers may trigger
phosphorylation of tau, either through the disruption of calcium ion homeostasis [68] or inflammation [58]. This is in agreement with findings that blocking A $\beta$  affects tau spreading [69].

Soluble P-tau form  $\beta$  sheets and aggregate as oligomers inside the neurons [70] (cf. Figure 1.6), in a similar way than A $\beta$ (cf. Figure 1.5); P-tau protomers combine into a structure referred as paired helical filaments (PHF), which aggregate into the final NFTs. These P-tau oligomers are neurotoxic [71]. The P-tau oligomers and the successive forms are mainly intracellular but they will be released in the extracellular space upon apoptosis of the neurons, leaving flame-shaped "ghost tangles" [72] (cf. Figure 1.6).



**Figure 1.6.:** The formation of NFTs. (1) Healthy neuron, in which normal tau proteins stabilize the microtubules. (2) Pre-tangle state by phosphorylation of tau monomers that change into  $\beta$  sheets. (3) Aggregation and nucleation of oligomers inside the neuron. (4) Neuron death leaving flame-shaped "ghost tangles". Adapted from [70, 72].

Pathological tau aggregates spread through the synapses of adjacent neurons [73] and also have a prion-like activity of altering healthy tau proteins [8, 49, 74]. Microglia may play a key role in spreading tau oligomers by phagocytosis and release [75, 76].

New findings show that these pathways may not be complete

though, as the presence of A $\beta$  plaques is necessary but not sufficient to trigger the pathogenesis [77, 78, 79]. Besides, the heterogeneity of the amyloid pathology is not fully understood yet: both conformation variants of A $\beta$  [80, 81] and different A $\beta$  depositions [52] have been described.

# 1.2.2. Metal dysregulation

Metals and ions are involved in a variety of neuro-physiological pathways. Regulation mechanisms enable a metal homeostasis — an equilibrium for all endogenous metals so to maintain all ionic forms at basal levels. It has been shown that patients with AD or animal models of AD present alterations of these pathways and an overall metal dysregulation, but little is known about the exact relationship between AD and metal dysregulation:

- 1. Is the amyloid cascade triggered by the disturbed metal homeostasis?
- 2. Is the metal dysregulation a consequence of deeper, unknown mechanisms?
- 3. Can therapies use or target metals to block AD progression?

This section will present a synthesis of literature about AD and metals, with a brief introduction to the physiological homeostasis around iron, zinc and copper. These endogenous metals are among the most present trace elements in the body and they have key roles in the brain metabolism.

In the whole body, iron (Fe) is present within the hemoglobin of circulating erythrocytes — red blood cells — for oxygen transportation (~ 60%), in the liver and heart where it is stored as ferritin (~ 20%) or in the myoglobin of muscles to locally store higher concentrations of oxygen (~ 10%). The remaining part serves different physiological processes such as enzymatic action and energy production [82]. Iron is mainly recycled from the aged erythrocytes; the minimal daily loss (1 to 2 mg) through sweating or small bleedings is compensated by the uptake (around 10% of the daily diet recommendations of 10 to 20 mg) [82]. In the brain, iron is required for the synthesis of myelin and neurotransmitters; an iron deficiency in infants impairs the neural development and causes intellectual disability [83].

Copper (Cu) is involved in biological processes as a cofactor of numerous metalloenzymes: for cellular respiration, disposal of free radicals and the biosynthesis of neurotransmitters (cf. Figure 1.7) and hormones [84]. It is essential for iron homeostasis with ceruloplasmin [85]. It also has an antimicrobial and antiviral activity and it is involved in the development of the immune system [84]. The human body contains 70 to 80 mg of copper, 10 % of which is in the blood and the rest in the tissues, mainly the skeleton, muscles, and organs like the liver — the major storage organ for copper —, the kidneys and the placenta [84]. The Menkes and Wilson diseases are both linked to an abnormal Cu metabolism and respectively cause neurological abnormalities or cirrhosis [85].



Zinc (Zn) interacts with various ligands and takes part in many signalling mechanisms, thus modulating physiological processes at the cellular scale: neuronal communication (cf. Figure 1.7), immune response, cell proliferation [85]. It also regulates the action of insulin and has anti-inflammation and antioxydant properties — as redox-inactive  $Zn^{2+}$  is isostructural to redox-active iron and copper ions, it substitutes to them and blocks oxidative reactions e.g. the Fenton reaction [85]. The human body contains 2–3 mg of zinc [85]; within cells, only a small fraction of zinc is free (~ 0.5 nM) [88], the main part being trapped within vesicles named zincosomes.

In the pathological brain, the metal ion homeostasis is disrupted. First, the regional metal distribution is different in the AD brain compared to the ageing brain. Age-related changes have been observed in the non-AD brain, e.g. whole-brain

**Figure 1.7.:** Copper and zinc in the physiological brain. Cu interacts with actin filaments (Factin) for the synapse formation and Zn contributes to the stability of the post-synaptic density (yellow area) through interaction with the SHANK3 proteins. Zn also acts as a neurotransmitter [86]. Adapted from [87].

Zn depletion and Cu and Fe accumulations [89]; the Zn depletion was mapped to hippocampi and Fe accumulation to the corpus callosum [90]. In the AD brain, Leskovjan et al. [91] observed a 1.5-fold Fe increase in the cortex of PSAPP mice compared to same-age control, along with a Zn accumulation (vs. Zn depletion in control); they did not observe a Cu accumulation, although Wang et al. [92] did. The Fe increase was also observed in the brains of human AD patients [93]. Similar results were reported in other contributions [94, 95, 96, 97, 98].

Second, metals and A $\beta$  interact, although it is not known whether this is the cause or a consequence of A $\beta$  accumulation [99]. Lovell et al. [100] showed that there are accumulations in the AD neuropil (slight increase), senile plaque rim (intermediate increase) and senile plaque core (higher increase) compared to the control neuropil, for Fe, Zn and Cu; this has been confirmed by other studies [91, 92, 95, 96, 97, 99, 101, 102, 103, 104]. Through scanning transmission x-ray microscopy, Everett et al. [105] discovered that these entrapped metals can be in their metallic (non-ionic) form. Metals act as catalysts for the amyloid fibrillation process [106, 107, 108, 109, 110], paving the way to new therapeutic trials using chelatants [111, 112, 113, 114]. Studies at higher resolutions concur with these findings [115, 116, 117] and A $\beta$ -metal complex formation may be responsible for the amyloid deposition and aggregation [118, 119, 120]. Another hypothesis identifies the metal accumulation as a cause for the impaired activity of  $A\beta$ degrading enzymes [121]. Cu ions increase the neurotoxicity of A $\beta$  oligomers [122] and they may also interact with tau [123].

Note that, despite the role of aluminium in AD being a widespread belief, interaction of  $A\beta$  with aluminium is not fully established [124, 125, 126, 127].

# 1.3. Diagnosis

As mentioned before, the diagnosis of AD is biomarker-based. These biomarkers have different spatiotemporal distributions (cf. Figure 1.8). This section will follow the chronology of AD diagnosis — rather than the chronology of biomarkers —, from screening to the *postmortem* confirmation.



**Figure 1.8.:** Chronology of the AD biomarkers. The threshold for biomarker detection of pathophysiological changes is denoted by the black horizontal line. The grey area denotes the zone in which abnormal pathophysiological changes lie below the biomarker detection threshold. In this figure, tau pathology precedes  $A\beta$  deposition in time, but only early on at a subthreshold biomarker detection level.  $A\beta$  deposition then occurs independently and rises above the biomarker detection threshold (purple and red arrows). This induces acceleration of tauopathy and CSF tau then rises above the detection threshold (light blue arrow). Later still, FDG PET and MRI (dark blue arrow) rise above the detection threshold. Finally, cognitive impairment becomes evident (green arrow), with a range of cognitive responses that depend on the individual's risk profile (light green-filled area). These pathophysiological changes can span over decades. CSF=cerebrospinal fluid. FDG=fluorodeoxyglucose. MCI=mild cognitive impairment. MRI=magnetic resonance imaging. PET=positron emission tomography. From [5].

# 1.3.1. Cognitive tests

Cognitive tests are the first means to detect AD, they will guide the diagnosis before any imaging or invasive technique.

### 1.3.1.1. Simplistic tests

A few tests have been used for their simple design, which makes them effective for screening purposes.

**The 5-Word Test** The patient is told a list of 5 words (in French [128]: *musée*, *limonade*, *sauterelle*, *passoire*, *camion*) and is successively asked to ① tell them back through their semantic category (*What is the name of a vehicle?* — *Truck.*), then ② on their own, then again ③ with and ④ without the semantic

category hint after a 5-minute delay. The 4 sessions are scored with different weights into a final score.

**The Clock-Drawing Test (CDT)** The patient is scored on how they draw a clock (cf. Figure 1.9), including the clockface, the numbers from 1 to 12 and the hands pointing to 10 after 11. This test was first designed by Goodglass & Kaplan in 1972. The scoring table of this test was extended to take into account the different errors the patient could make, resulting in a better differentiation between healthy and AD subjects [129].



**Figure 1.9.:** Clock-Drawing Test results from 4 subjects at risk for dementia of Alzheimer type. From left to right: Conceptual error (the hands are not placed correctly); Stimulus-bound error (the hands point 10 and 11); Perseverative behavior (supplementary lines are drawn and hands are drawn in multiple strokes); Planning difficulties (the clockface is small and spaces between numbers are inconsistent). Adapted from [129].

# 1.3.1.2. Expert tests

These longer tests are also relevant for screening by a clinician.

**The Mini-Mental State Examination (MMSE)** The patient is asked to answer a 30-question test which assesses ① orientation (time and space); ② registration; ③ attention and calculation; ④ recall; ⑤ language and praxis. The first version of the test was proposed by Folstein, Folstein, and McHugh [130]; in the initial study, they could differentiate the patients with dementia from healthy people. For AD specifically, the test could differentiate healthy vs. mild AD vs. moderate AD [131]. However, tracking the progression of AD with annual MMSE lacked sensitivity because of the relatively high variability of the test [132]. A new version called Severe Mini-Mental State Examination (SMMSE) was proposed by Harrell et al. [133] to reliably discriminate between moderate and severe AD-caused impairment.

**The Montreal Cognitive Assessment (MoCA)** The patient is asked a series of 18 tasks about ① visuospatial/executive ability; ② naming; ③ short-term memory; ④ attention; ⑤ language; ⑥ abstraction; ⑦ delayed recall; ⑧ orientation. Nasreddine et al. [134] — the team who designed the test — found that it was better for MCI and AD detections (higher sensitivity) with a minor drop in specificity compared to MMSE, when setting the threshold at 26 points. Item ① includes the CDT test and items ③ and ⑦ are based on the 5-Word Test.

The MMSE and MoCA tests are currently used for inclusion in theurapeutic trials [135] or to assess trial outcomes [136]. An MMSE score of 20 to 26 accounts for mild AD, 10 to 19 for moderate AD and lower scores for severe AD.

# 1.3.2. In vivo techniques

Following an AD suspicion based on cognitive impairments, multiple follow-up medical tests are considered. For patients with a family history of AD, the hypothesis of an inherited form of AD (cf. subsection 1.1.2) may be relevant and a DNA screening test for specific mutations can be appropriate [140, 141]. While radioimaging has been historically the most sensitive approach (compared to MRI and vascular disease imaging), fluid-derived biomarkers are becoming increasingly popular.

# 1.3.2.1. Radioimaging

As a radiolabeled form of glucose, [<sup>18</sup>F]FDG (fluorodeoxyglucose) is a common radiotracer to study brain metabolism: a lower uptake means a decreased activity, which can indicate regions of neuronal dysfunction and degeneration. FDG positron emission tomography (PET) and perfusion singlephoton emission computed tomography (SPECT) imaging were able to reveal patterns of hypometabolism and hypoperfusion in AD patients, first in the posterior cingulate cortex and precuneus, then in posterior temporo-parietal cortices, and later in frontal cortices [142]. Another radiotracer, [<sup>11</sup>C]UCB-J, targets the synaptic vesicle glycoprotein 2A, which is present in the synapses of all neurons, and thus proved efficient for imaging brain atrophy caused by

To get familiar with the human brain anatomy, one can refer to the Human Brain Atlas [137, 138, 139] on EBRAINS. AD [143]. This accounts for the (N)<sup>+</sup> biomarker profile (cf. Table 1.1).

Multiple radiotracers target A $\beta$  for PET imaging of AD: [<sup>11</sup>C]PiB (cf. Figure 1.10) was first reported in 2003 by Klunk et al. [144] as a radiolabeled derivative of a benzothiazole, from the same family as the thioflavin T dye — commonly used for fluorescence imaging of A $\beta$ . A fluorine-18-labeled variant of PiB, flutemetamol — a.k.a. [<sup>18</sup>F]GE067 and [<sup>18</sup>F]3'F-PiB — was created to bring A $\beta$  imaging to centers that do not have a cyclotron on-site (as <sup>18</sup>F has a half-life of 110 min compared to 20 min for <sup>11</sup>C). Florbetapir and florbetaben are two other clinically approved amyloid PET tracers based on <sup>18</sup>F [145]. These modalities account for the A<sup>+</sup> biomarker profile (cf. Table 1.1).

Chien et al. [147] reported [<sup>18</sup>F]T807 (flortaucipir) as the first successful tau-specific PET tracer, which was approved by the FDA in 2020 (cf. Figure 1.11. The second-generation tau-specific PET tracers, like [<sup>18</sup>F]MK-6240 or [<sup>18</sup>F]PI-2620, have a broader dynamic range [146]. Tau PET tracers preferentially bind in AD-relevant areas of the temporal lobes [146]. They account for the T<sup>+</sup> biomarker profile (cf. Table 1.1).

Finally, PET imaging of neuroinflammation is of interest for AD. The microglial cells are the main drivers of the inflammatory process in the brain. Thus, monitoring the microglial activity thanks to the overexpression of Translocator Protein 18kDa (TSPO) can reflect AD pathology [148].

### 1.3.2.2. Fluid biomarkers

Wang et al. [149] recently reported that quantifying  $A\beta_{1-42}$ and P-tau in the cerebrospinal fluid (CSF) correlate with the amyloid & tau PET outcomes, and even with autopsy (cf. subsection 1.3.3). Hence, these fluid biomarkers, along with CSF  $A\beta_{1-42}$  /  $A\beta_{1-40}$  ratio, give complementary information with respect to AD [150, 151] and account for the A<sup>+</sup> and T<sup>+</sup> biomarker profiles (cf. Table 1.1). Besides, CSF total tau can account for the (N)<sup>+</sup> biomarker profile [152]. These techniques are now sufficiently reliable in clinical practice to determine an AD diagnosis and initiate therapy trials [153]; they are also less expensive than imaging sessions.



**Figure 1.10.:** First  $A\beta$  PET imaging with [<sup>11</sup>C]PiB along with the chemical structure of [<sup>11</sup>C]PiB. SUV: standardized uptake value. Adapted from [144].



**Figure 1.11.:** Chemical structure of flortaucipir and representative uptake images in an AD patient (74 years old, MMSE 14). SUVR: SUV ratio (cerebellar cortex as reference). Adapted from [146].

Plasma measurements are less invasive alternatives which had some promising results [154], but also received critics [155].

### 1.3.2.3. Magnetic resonance imaging (MRI)

Structural MRI can reveal hippocampal atrophy [156, 157] which accounts for the (N)<sup>+</sup> biomarker profile (cf. Table 1.1); this is also an indirect biomarker of the tau progression in AD [5]. Besides, structural-MRI-assessed atrophy correlates well with Braak stages (cf. Figure 1.19 and the corresponding section) to assess the progression of the disease by volume reduction [158]. Structural MRI also reveals white matter hyperintensities (WMH), another common observation in AD [159] — although they are also present in vascular diseases [158]. Both atrophy and WMH can predict the evolution from mild cognitive impairment to AD [160, 161] or differentiate AD from PD with dementia [161, 162].

Diffusion tensor imaging (DTI) is an MRI sequence that measures water diffusion (quantified as diffusivity), enabling the detection of white matter fibers. It outputs 3D parametric maps and tractographies — which follow the fibers and reveals the brain connectome. Among the 3D maps, some features are relevant to AD: fractional anisotropy (FA) is decreased in some regions (cingulum, corpus callosum, superior lateral fasciculus and uncinate fasciculus and throughout temporal, occipital and frontal white matter) and mean diffusivity (MD) is increased in a few concomitant regions (frontal, occipital, parietal, and temporal areas including the hippocampus) [158]; substantial differences in the parametric maps discriminate AD from MCI and FTDs [158].

MRI-derived cerebral blood flow (CBF) is also specifically altered for AD patients (decrease in occipital, parietal and temporal cortices, limited increase in anterior cingulate) [158, 163]. Arterial spin labelling (ASL) provides perfusion measurements which follow distinctive AD patterns too, excluding vascular diseases, LBDs and FTDs [158].

Other promising techniques, such as the BOLD functional-MRI sequence and magnetic resonance spectroscopy, give an insight into AD, respectively from functional connectivity and from metabolism [158].

# 1.3.2.4. Vascular disease imaging

As vascular dementia and cerebro-vascular diseases are comorbid pathologies of AD [165], their diagnosis through in vivo imaging can guide the diagnosis of AD. Hemosiderin deposits — foci of past hemorrhage containing iron — can be detected around blood vessels [166, 167]. They are superparamagnetic, hence they have a high magnetic susceptibility and they appear as slightly dilated (compared to their real size) black or hypointense spots in susceptibility-weighted MRI (cf. Figure 1.12), such as the  $T_2^*$ -weighted gradient-recalled echo sequence; higher sensitivity to these deposits requires either a higher magnetic field, a higher spatial resolution or an echo time within the 25–50 ms range [164]. Other confounding MRI signals can be calcium–iron deposits or partial-volume artifacts; a following CT scan is able to differentiate them from hemosiderin [164]. However, other origins of cerebral microbleeds are cavernous malformations, trauma-induced diffuse axonal injury or metastatic melanoma in the brain; the cerebral distribution and the medical history of the patient usually resolve this [164].



**Figure 1.12.:**  $T_2^*$ -weighted MRI of a 77-year-old female patient without hypertension. Microbleeds are present only in lobar brain regions, meeting criteria for probable CAA. From [164].

# 1.3.3. Postmortem diagnosis of certainty

AD usually develops with other neuropathologies, in a way that clinicians struggle to disentangle similar symptoms along with the effects of age-related cognitive decline. Besides, although the combination of amyloid and tau lesions is specific to AD, their independent spreading can be accelerated by other pathologies. AD encompasses multiple forms which may have different mechanisms. A precise diagnosis may be the key to innovative treatments that break the pathological pathways instead of minimizing the symptoms — the so-called disease-modifying drugs. However, current *in vivo* methods only conclude to a probability of AD dementia, requiring a *postmortem* diagnosis of certainty.

Diagnosis is confirmed upon autopsy by a clinician, usually a medical pathologist. The clinician can assess the brain atrophy after excision, sample regions of the brain — as shown in Figure 1.13 — and perform histology. Multiple complementary scorings have emerged based on histochemistry and immunohistology.



**Figure 1.13.:** Sampling of the brain hemisphere from a vertical-frontal plane parallel to the view of Charcot [168]. 1A&1B: frontal lobe; 2: white matter in the frontal lobe; 3: lenticular nucleus; 4A: superior temporal sulcus; 5: hippocampus. Courtesy of Pr D. Meyronet.

# 1.3.3.1. Study of hippocampal lesions

The first assessment after histology is the examination of the hippocampus with the hematoxylin-eosin (H&E) stain. Indeed, multiple dementias can cause hippocampal lesions and hippocampal atrophy. Rauramaa et al. [169] proposed a standardization of these lesions into 6 groups, shown in Figure 1.14: type 0, type + and types 1 to 4.

To screen for neurodegenerative changes ( $\bigstar$  in Figure 1.14), supplementary immunohistochemistries must be performed: p62 (an autophagy marker protein), P-tau, TDP-43 and/or  $\alpha$ -synuclein.



**Figure 1.14.:** Schematic representation of the categories of hippocampal pathology seen in the aged population, as defined by Rauramaa et al. [169]. Type + corresponds to recent diffuse hypoxic/ischemic degeneration of cornu ammonis (CA) neurons. Type 1 is characterized by small focal infarcts (single or multiple). Type 2 corresponds to an extensive infarction of the CA1 sector. Type 3 has patchy diffuse neuronal degeneration in CA sectors, mainly in CA1, with some vacuolization. Type 4 accounts for a complete neuronal loss in CA1 because of neurodegeneration, most frequently associated with NFT; moderate to severe gliosis and corpora amylacea may be seen in CA sectors. Adapted from the original article.

Lesions in types +, 1 and 2 primarily have a vascular origin. In Type 3 and 4, the hippocampal sclerosis is due to a defined neuronal degeneration lacking known neurodegenerative markers.

# 1.3.3.2. Histopathology of AD

Histology of A $\beta$  plaques differentiates multiple types (cf. Figure 1.15):

- Pathological plaques:
  - Senile plaques, which can be either cored plaques with a rim or compact plaques without any peripherical rim;
  - Neuritic plaques, where dystrophic neurites containing neurofibrillary material are present.
- Diffuse plaques, which can be either lake-like, subpial band-like or fleecy.



**Figure 1.15.:** Types of A $\beta$  deposits. (A) A $\beta$ -positive cells and small plaques; (B–D) Multiple diffuse A $\beta$  plaques; (E) Senile (cored) A $\beta$  plaque. Immunohistochemistry with 6F3D clone of anti-A $\beta$  antibody, dilution 1 : 100. Adapted from [170].

Multiple staining agents are suitable for the detection of amyloid deposits and P-tau tangles (cf. Figure 1.16). Congo red was first used for neuropathology in 1927 by Divry [171] then it was widely used in the years 1920 to 1970 [172, 173, 174, 175]; under a polarized-light microscope, amyloid stained with congo red gets an "apple green birefringence". Thioflavin S [175] and thioflavin T [176] are fluorescent probes from the benzothiazole family which activate inside fibrils, present within neuritic plaques and neurofibrillary tangles. Two silver stains are used for the histology of AD: the Gallyas stain [177] and the Bielchowsky stain [178]; they also reveal fibrils [179].



**Figure 1.16.:** Different stainings and revealed features. (A) Bielschowsky staining with neuritic plaques (arrow) where the dark thickened neurites (arrowhead) are seen; (B) Gallyas staining with black NFTs (arrow) and neuropil threads or neurites (arrowhead); (C) Immunohistochemical (IHC) staining of A $\beta$ -labeled protein aggregates, i.e. plaques (arrow); (D) IHC of P-tau-labeled NFTs (arrow) and neuropil threads/neurites (arrowhead). Adapted from [180].

Nowadays, immunohistochemistry (IHC) is broadly used because of its higher specifity. Anti-amyloid antibodies all target fractions of the amyloid- $\beta_{1-42}$  peptide: 4G8 clones bind to amino acids 17–24, 6E10 clones bind to amino acids 1– 16 and 6F3D clones bind to amino acids 9–14 of A $\beta$ . Thus, 4G8 antibodies are better to reveal diffuse plaques, while 6F3D and 6E10 mainly reveal pathological plaques. The AT-8 antibody targets neurofibrillary tangles as it binds to intracellular and extracellular phosphorylated tau proteins.

*Postmortem* neuropathological scorings of AD are now based on IHC. The CERAD (Consortium to Establish a Registry for Alzheimer's Disease) [181] designed a semiquantitative assessment of the density of the plaques (cf. Figure 1.17); during their examination, the neuropathologists need to also assess the proportion of the plaques with a core and the overall degree of vascular amyloid deposition. From this assessment — considering the highest density out of 3 regions: temporal gyri, middle frontal gyrus and inferior parietal lobule — and using the patient's age at death and their clinical history — whether they had dementia or not —, the CERAD had proposed a neuropathological diagnosis of "definite" / "probable" / "possible", which was supplanted by the NIA–RI and NIA–AA criteria (detailed below).



Thal et al. [182] classified the affected regions from a 51patient cohort to propose a progression of the A $\beta$  spreading within the brain; the corresponding Thal–Braak phases are illustrated in Figure 1.18:

**Phase 1** is characterized by exclusively neocortical (frontal, parietal, temporal and occipital cortexes) Aβ deposits.

- **Phase 2** exhibits additional A $\beta$  deposits in one of: the molecular layer of the dentate gyrus, cornu ammonis, entorhinal area, gyrus singuli, and eventually in the insular cortex;
- **Phase 3** shows additional  $A\beta$  deposits in one of: the basal forebrain (hippothalamus, amygdaloid nuclei, nucleus

Extensive lists of antibodies for AD are available on AlzForum: anti-amyloid and anti-tau; on May 10, 2023, they contained respectively 619 and 572 results.

**Figure 1.17.:** Cartoon for semiquantitative assessment of the density of senile and neuritic plaques under a  $\times 100$  magnification after histochemistry or IHC. Adapted from [181]. basalis of Meynert) and in the striatum (including insular cortex);

- **Phase 4** shows additional Aβ deposits in the brainstem (substantia nigra and central grey);
- **Phase 5** shows additional Aβ deposits in the cerebellum and other brainstem nuclei (pontine nuclei, locus coeruleus, parabrachial nuclei, reticulo-tegmental nucleus, dorsal tegmental nucleus, and oral and central raphe nuclei).



**Figure 1.18.:** Phases of  $\beta$ -amyloidosis. Regions which exhibit A $\beta$  plaques are shown in black and gray shades. Arrows show the development towards new regions. Adapted from [182].

The same team had previously introduced the Braak stages for NFTs, which they slightly revised later [183, 184], as detailed in Figure 1.19.

Two different works pooled the results from these individual assessments into complete descriptors:

- The NIA–RI Working Group [185] included the CERAD Aβ score and the Braak stages (from the 1991 version);
- The NIA–AA Research Framework [26] included the CERAD Aβ score, the Braak stages and the Thal–Braak phases.

The NIA–AA "ABC" score and the associated descriptors shown in Table 1.2 are the most up-to-date tools for the neuropathological diagnosis.

For the record, this process is based upon the sampling of a few brain areas that are then sliced. These slices are then stained for a semi-quantitative assessment with a microscope.



**Figure 1.19.:** Stages I–VI of cortical neurofibrillary pathology in 100 µm polyethylene glycol-embedded hemisphere sections immunostained for hyperphosphorylated tau (AT-8, Innogenetics). From [184].

<b>Table 1.2.:</b> Level of AD neuropathological change.	*: particular	cases apply, p	please refer to the	original article
From [26].				

		B: NFT score (Braak s		)
A: Aβ/amyloid plaque score (Thal phases)	C: Neuritic plaque score (CERAD)	B0 or B1 (None or I/II)	B2 (III/IV)	B3 (V/VI)
<b>A0</b> (0)	C0 (none)	Not*	Not*	$\operatorname{Not}^*$
<b>A1</b> (1/2)	C0 or C1 (none to sparse)	Low	Low	Low
	C2 or C3 (mod. to freq.) $*$	Low	Intermediate	Intermediate*
<b>A2</b> (3)	Any C	Low*	Intermediate	Intermediate*
A3 (4/5)	C0 or C1 (none to sparse)	Low*	Intermediate	Intermediate*
	C2 or C3 (mod. to freq.)	Low*	Intermediate	High

The multiple scorings have now been pooled together to account for the majority of pathological changes but they mainly rank the severity of these changes — whether these changes are mild, moderate or severe — and correlate them with the observation of cognitive decline.

# **1.4.** Recent developments in Aβ imaging in animal models and human tissue

# Context of the thesis

The thesis focused on x-ray phase-contrast tomography (XPCT; see Chapter 2) as a *postmortem* A $\beta$  imaging technique, for which the samples were whole excised brains (rodents) or cortical samples (deceased human donors). Indeed, the technique is not suitable for *in vivo* imaging at the moment, because of essentially 3 limits:

- **Motion:** The brain is subject to motion and deformation because of heartbeat and respiration [186, 187] — motion effects can be reduced with gated acquisitions (cf. subsection 2.4.2);
- **Skull:** The highly-attenuating skull creates artifacts during phase-contrast retrieval — this has been tackled in preliminary work by Croton et al. [188];
- **Dose:** The radiation dose during acquisitions is well above the 2 Gy threshold for acute radiation syndrome [189] (we estimated a range of 60 to 150 000 Gy per scan, depending on the setup [190]).

Thus, the section below will first properly introduce the rodent research models, followed by an overview of preclinical developments in *in vivo* and *postmortem* imaging techniques.

# 1.4.1. Research models for AD

Although most of this chapter focused on clinical research, pre-clinical research on animal models — or smaller scales down to cells and proteins — is driving new discoveries. Animal models can reproduce aspects of the disease — amyloidosis or tauopathy. The most common method is to create transgenic strains [195] (cf. Figure 1.20 for a few examples) from the pool of identified genes for inherited AD (ADAD) (cf. subsection 1.1.2); or, on the contrary, to alter gene expression in "knock-out" models [195].

To get familiar with the rodent brain anatomy, one can refer to the Mouse Brain Atlas [191] or Rat Brain Atlas [192, 193, 194] on EBRAINS.

On July 4, 2023, 214 rodent models were listed: 197 mouse models and 27 rat models.



**Figure 1.20.**: Comparison of a selection of research models of AD with a timeline of observed pathophysiological changes. 3xTg, APPPS1, APPswe/PSEN1dE9 (line 85), ArcAβ and J20 are mouse models while TgF344-AD is a rat model. J20 and ArcAβ are mono-transgenic models (J20 with 2 mutations on the same gene), APPPS1, APPswe/PSEN1dE9 (line 85) and TgF344-AD are double-transgenic models and 3xTg is a triple-transgenic model with a tau co-pathology. Generated from [195].

# **Context of the thesis**

The models shown in Figure 1.20 were studied in the articles from the thesis:

- ► 3xTg, APPswe/PSEN1dE9 (line 85) a.k.a. AP-P/PS1 — and J20 in Chapter 4,
- APPPS1, J20, ArcAβ, and TgF344-AD in Chapter 5.

In these articles, animals were sacrificed at 12 or 18 months old (see respective Methods), an age when they have all developed a massive amyloid burden in the brain, notably in the hippocampus and in the cortex.

Still, AD transgenic rodents do not have the same pathological phenotype as human AD patients [196, 197]; for instance, amyloidosis first appears in the mouse hippocampus then spreads to the cortex (centrifugal), while it starts in the human cortex then spreads to the deeper areas (centripetal). Other methods rely on the injection of CSF, brain extracts or isolated A $\beta$  oligomers from AD patients.

# 1.4.2. In vivo imaging

A few *in vivo* techniques are emerging; among them, we will discuss new MRI protocols and fluorescence imaging. Both techniques are able to image plaques individually instead of depicting an overall  $A\beta$  load.

New non-toxic fluorescent probes enable the detection of A $\beta$  plaques *in vivo* with two-photon imaging [198, 199, 200] but it is limited by its low penetration in the brain — which is even lower through the skull. In a pioneer multimodal study by Ni et al. [201], transcranial fluorescence imaging and volumetric multispectral optoacoustic tomography (vMSOT) were combined *in vivo* and validated with *postmortem* light-sheet microscopy (see below); the first technique was able to image the cortical A $\beta$  plaques at a resolution of 8 µm — using the HS-169 probe and large-field multifocal illumination microscopy — while the second technique could image A $\beta$  in the whole mouse brain at a resolution of 113 to 157 µm — with a targeted oxazine-derivative AOI987 dye.

A $\beta$ -targeted nanoparticles (NP) improve the signal-to-noise ratio of MRI, such as curcumin-conjugated NPs [202] or GdF<sub>3</sub> NPs [203] (the latter are also a contrast agent for xray imaging); the main challenge for NPs is to cross the blood-brain barrier [204].

Finally, retinal imaging is promising for AD diagnosis [205]: using a hyperspectral ophtalmoscope, this team was able to separate the 5xFAD mice (an AD model) and wild-type littermates solely based on retinal images. A 550 nm hump was detected in images from the 17-month-old transgenic mice, which the team linked to  $A\beta$  deposition. At younger ages, a hump in shorter wavelengths around 450 nm could indicate the presence of A $\beta$  oligomers. This ophtalmoscope is cheaper than other diagnosis devices, thus it could help the spread of screening campaigns in low-income populations. Optical coherence tomography (OCT) is a similar technique which has been thoroughly studied and may be able to differentiate AD based on "AD-specific patterns of retinal structural and microvascular changes" [206]. However, both techniques suffer from the potential drawbacks of indirect imaging.

# 1.4.3. *Postmortem* imaging of individual plaques

As for *postmortem* techniques, two main approaches are developing concomitantly: 2D tissue characterisation and 3D virtual histology at the micrometric scale. They are also able to image plaques individually instead of depicting an overall  $A\beta$  load.

Fourier-transform infrared spectrometry (FTIR, cf. subsection 2.5.2) and X-ray fluorescence spectrometry (XRF, cf. subsection 2.5.1) are two complementary techniques for 2D tissue characterisation. FTIR analyzes the molecular structure of the tissue to reveal the fibril composition that is specific of proteinopathies [207]. XRF, like other techniques such as induced coupled plasma mass spectroscopy (ICP-MS), identifies the trace elements in the tissue [208]; most results from subsection 1.2.2 come from these modalities. Compared to other techniques, FTIR and XRF are less destructive and they are both available at synchrotron facilities (cf. subsection 2.1.1); thus, they have already been associated several times for the study of A $\beta$  plaques [103, 104, 196, 209].

Virtual histology of the brain has been developed in the last two decades to preserve the 3D structure of A $\beta$  plaques [210] or other anatomical landmarks [211]. Its concept is simple: to optimize the sample contrast with a non-destructive preparation and to scan it in 3D at a high resolution for 3D digital analysis. Three major methods have arisen: *ex vivo* MRI [212], light-sheet microscopy (LSM) on cleared samples [213] and x-ray imaging [211].

 $T_2^*$ -weighted MRI [93, 212, 214] and susceptibility-weighted MRI [93, 215] are sensitive to the higher iron content of AD brains; thus, they are a mean of indirect detection for AD. Still, they could not detect individual plaques. However, Dhenain et al. [216] were able to detect large A $\beta$  plaques *in vivo* thanks to their iron load. The same group used Gd-enhanced MRI to detect insoluble A $\beta$  plaques as hyposignals [217].

A variety of clearing methods exist [218, 219]; they both make the tissue transparent to improve light penetration and ease the diffusion of targeted dyes and antibodies. This has enabled the whole-brain 3D study of A $\beta$  deposits [220, 221, 222, 223]. Besides, LSM is well suited for the analysis of the brain vasculature [222, 224, 225], including its alterations in

AD [222, 226]. They greatly alter the form of the sample, either by swelling or by shrinkage, in an anisotropic manner.

Sarri et al. [227] have demonstrated the ability of stimulated Raman scattering to obtain an equivalent histology colormap based on molecular composition on 3D samples, through a correlative approach with standard H&E staining; this technique bridges the gap between 2D molecular imaging and 3D imaging and it may rapidly be available for clinical applications.

For x-ray imaging, the development of new dyes for contrastenhanced computed tomography is a lead towards the clinical application of this technique [228, 229]; Kavkova et al. [228] designed an iodine-based contrasting protocol that would stain the brain tissue but not the plaques because of their dense nature, resulting in an hyposignal for the plaques. Phase-contrast x-ray imaging is able to detect A $\beta$  plaques in AD models [210, 230, 231, 232, 233, 234, 235, 236, 237, 238] and in AD patients [236]; this has enabled the study of their morphology and distribution [232, 235, 238].

# X-ray phase-contrast tomography 2.

# Context of the thesis

The imaging technique which was extensively used during the thesis is known as x-ray phase-contrast tomography (XPCT). Currently, it is easily performed at synchrotron facilities (cf. subsection 2.1.1). Once the sample is scanned in 3D with XPCT, one can perform virtual histology, i.e. browse through the 3D image and analyze 3D features.

# 2.1. Physics

# 2.1.1. Synchrotron radiation

The synchrotron is a circular particule accelerator which produces electromagnetic (EM) waves from electrons. These EM waves have an array of specific properties, hence they are referred to as synchrotron light or synchrotron radiation (SR) [239]:

- 1. The flux or emitted power is high e.g. each electron in a 2 GeV-synchrotron emits  $\sim 0.42 \,\mu\text{W}$  in each bending magnet and there are  $\sim 10^{12}$  circulating electrons [239];
- 2. Their brightness<sup>\*</sup> is more than 1 000 000 the brightness of x-ray tubes and even higher than the brightness of the sun (cf. Figure 2.1);
- 3. The spectrum of radiated energies is wide ranging from 0.01 keV (infrared) to 1 MeV (X rays) (cf. Figure 2.1);
- 4. The SR source is highly coherent as this is a key notion, it is further detailed on page 39;
- 5. The SR beam is very stable because the electrons circulate in a near-vacuum that is free of collision events;
- 6. SRs have a pulsed time structure electrons are grouped into "bunches" of 10–100 ps separated by a few nanoseconds;
- 7. SRs are linearly polarized because the electric and magnetic fields in the SR sources do not rotate and the trajectory of the electrons is planar.

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\*: Brightness is defined as [240]:

$$b\propto \frac{F}{\Sigma\Omega}$$

where *F* is the flux,  $\Sigma$  the area of the source and  $\Omega$  the solid angular divergence of the emission; the unit of *b* is photons/s/mm<sup>2</sup>/mrad/0.1%BW (BW: spectral bandwidth).



**Figure 2.1.:** Evolution of the average brightness of x-ray and synchrotron-radiation sources throughout the years (left) and relationship between photon energy and brightness of a few facilities (right). From [241] (left) and [242] (right).

Properties 6 and 7 are not relevant for XPCT, thus they will not be discussed below.

The synchrotron radiation facilities use this synchrotron radiation to conduct experiments on matter, e.g. non-destructive material study and biochemical characterization. There are currently about 50 facilities around the world, according to lightsources.org (visited on June 22, 2023). Different energies and scales enable a variety of techniques.

# Context of the thesis

During the PhD project, experiments were performed at two facilities: SOLEIL (Gif-sur-Yvette, near Paris, France) and ESRF (European Synchrotron Radiation Facility; Grenoble, France). They have respective energies of 2.75 GeV and 6 GeV, along with circumferences of 354 m and 844 m.

The accelerator is composed of 4 elements (cf. Figure 2.2):

- A particle source, usually an electron gun;
- ► A linear accelerator, to speed up the ejected electrons;
- A circular booster accelerator to further speed up the





electrons — the final velocity is very close to *c*, the speed of light in the vacuum;

- A storage ring where the electrons will loop close to the nominal energy — systems along the path of the electrons serve different purposes:
  - bending magnets (BM) which curve the trajectory of the electrons within the ring — they are the first-generation synchrotron-radiation sources (cf. Figure 2.1);
  - insertion devices (ID) wigglers or undulators in the linear sections, which are the second- and third-generation synchrotron-radiation sources (cf. Figure 2.1);
  - radiofrequency (RF) cavities also in the linear sections, to maintain the speed/energy of the electrons and group them into bunches.

When a force is applied to an electron to follow a curved trajectory, the speed of the electron decreases in the tangent direction. At relativistic speed — i.e.  $v/c \approx 1$  — like in the storage ring, this depleted energy is radiated into a tangent beam of EM waves (cf. Figure 2.3). The half-angle  $\psi$  of the beam is given by  $\psi \approx \gamma^{-1}$  [239] with the Lorentz factor  $\gamma = \frac{1}{\sqrt{1-v^2/c^2}}$ , which determines the impact of relativistic effects ( $\gamma$  can also be seen as the ratio between the relativistic energy and the energy at rest). Hence, bending magnets



**Figure 2.3.:** At relativistic speed, an electron radiates a tangent beam within a cone of half-angle  $\psi$ . From [239].

are the most intuitive way to produce synchrotron radiation from electrons, which are sensitive to the Lorentz force of an electromagnetic field [244]:

$$\frac{d\mathbf{p}}{dt} = q(\mathbf{E} + \mathbf{v} \times \mathbf{B}) \tag{2.1}$$

where **p**, *q* and **v** are the momentum, charge and velocity of the electron, and **E** and **B** are the electric and magnetic fields. Considering a sole electron at 1 GeV,  $\psi \approx 0.5$  mrad: the SR beam is highly collimated; however, electrons circulate by bunches (with a small non-negligible cross-section) in the storage ring so the collimation of the SR beam is slightly diminished [245]. Besides, the radiation emission is a stochastic event, which does not occur at the exact same time for all the electrons in the bunch. The SR beam is collected into a so-called beamline. The energy loss by radiation needs to be compensated by one or more RF cavities in the storage ring.

However, the angle of the SR beam generated by bending magnets is too wide for applications which require a high spatial coherence and the intensity of the beam is not sufficient (cf. Figure 2.1). This is why wigglers and undulators have been developed [247, 248]. Both IDs have a common setup (cf. Figure 2.4): they are made of dipoles, i.e. opposite magnetic poles, which are successively upside-down. The succession of vertically flipped dipoles creates a wavy trajectory and multiple tangent SR beams are generated. They interfere in constructive and destructive ways. The wigglers generate a series of short SR pulses with a continuous spectrum (they act as a series of small bending magnets) and the undulators generate a longer pseudo-monochromatic SR pulse with a better collimation [249].

Beamlines are built in front of most synchrotron-radiation sources (either BM or ID). These beamlines act as independent laboratories, where the setup is optimized for a specific scientific application. They are usually composed of 3 different sections:

- 1. An "optical hutch" where the SR beam is re-collimated and its spectrum is narrowed to the appropriate bandwidth;
- 2. An "experiment hutch" or "sample hutch" with the final equipment, such as the imaging devices;
- 3. The "control hutch" with the monitoring stations.



**Figure 2.4.:** Insertion device on the storage ring. From [246].

The optical hutch is usually not accessible to the end user, unless the beamline or the whole facility is under maintenance.

As stated above, a bunch of electrons in a BM or ID acts as an SR source for the beamline. This source is *spatially* highly coherent because the transverse cross-section of the bunch of electrons is small and the synchrotron radiation is highly collimated. Still, the horizontal collimation of BMs is not sufficient so that beamlines often require to have horizontal slits at the beginning of the "optical hutch". The generated synchrotron radiation is also *temporally* highly coherent because of the pulsed structure of the bunch, although the phase drifts within a multi-energy radiation. Hence, the temporal coherence deteriorates with the distance from the SR source. Where needed, this is corrected with a monochromator within the optical hutch, which narrows the bandwidth of the spectrum.



**Figure 2.5.:** The ANATOMIX beamline (SOLEIL, Gif-sur-Yvette, France) as an example of beamline for phase-contrast imaging. The transfocator is a set of refractive lenses which collimate the beam. The M1–M2 mirror pair acts as a secondary source. The DMM and DCM are two different monochromators. EH3 is for propagation-based XPCT and EH4 for grating-interferometer XPCT. From [250].

Figure 2.5 shows an example of a beamline for x-ray phasecontrast tomography. The monochomators such as the doublecrystal monochromator (DCM) or the double-multilayer monochromator (DMM) use the Braag's law [251]:

$$n\lambda = 2d\sin\theta \tag{2.2}$$

to diffract the different wavelengths twice and select one of them, obtaining a monochromatic beam — or a narrower spectrum bandwidth (cf. Figure 2.6).

The synchrotron radiation sources have evolved from bending magnets to wigglers and undulators (cf. Figure 2.1). The facilities have started to upgrade their storage ring technology [252], like the ESRF-EBS upgrade [253]. Free-electron



**Figure 2.6.:** The principle of a monochromator.

lasers [254] like the European XFEL (Schenefeld / Hamburg, Germany; https://www.xfel.eu/) [255] are even brighter than insertion devices and reach higher rates of x-ray pulses per second. They do not require a synchrotron storage ring but they have a lower numbers of beamlines (from 3 to 6).

# 2.1.2. X-ray interaction with matter

When a high-energy photon in the X-ray spectrum interacts with matter, multiple phenomena are in competition, depending on the exact path of the photon and its energy. They are shown in Figure 2.7 and detailed thereafter [256]:



**Figure 2.7.:** The interaction of X rays with matter. (A) Primary, unattenuated beam does not interact with material. (B) Photoelectric absorption results in total removal of incident x-ray photon with an energy greater than the binding energy of an electron in its shell, with excess energy distributed to kinetic energy of photo-electron. (C) Rayleigh scattering is an interaction with an electron (or whole atom) in which no energy is exchanged and the incident x-ray energy equals the scattered x-ray energy with a small angular change in direction. (D) Compton scattering interactions occur with essentially unbound electrons, with transfer of energy shared between recoil electron and scattered photon, with energy exchange described by Klein–Nishina formula. From [256].

**Photoelectric absorption:** When an incident x-ray photon (of energy  $E_{ph}$ ) interacts with an inner shell electron, the x-ray photon transfers its energy to the electron, which is ejected. For this effect to occur, the binding energy  $E_{bind}$  of the electron must be inferior than — and

close to —  $E_{ph}$ ; the ejected electron will have a kinetic energy  $E_{eject} = E_{ph} - E_{bind}$ . Instead, if  $E_{bind} > E_{ph}$ , the photoelectric absorption cannot occur: this is why there are discontinuities for the binding energy of each shell. The vacated inner electron shell is filled by a cascade of electron transitions, each of them emits characteristic photons with an energy equal to the difference between the two binding energies of the shells — e.g., for a transition from L to K,  $E_{L\rightarrow K} = E_{bind,K} - E_{bind,L}$ . The ejected electron can contribute to more effects.

- **Rayleigh (elastic) scattering:** The incident x-ray photon of energy  $E_{ph}$  can temporarily transfer all its energy to a bound atom, which will emit a new photon with the same energy  $E_{scatter} = E_{ph}$  but in a slightly different direction. This process occurs rarely in soft tissues, because it is dependent on the atomic number *Z* of the elements. Rayleigh scattering requires the particle to be smaller than the wavelength of the photon, which is the case for x-ray photon–electron interactions; Rayleigh scattering is a specific application of an effect known as Mie scattering.
- **Compton (inelastic) scattering:** When an incident x-ray photon (of energy  $E_{\rm ph}$ ) interacts with an outer shell electron of binding energy  $E_{\rm bind} \ll E_{\rm ph}$  or an unbound electron —, the photon partially transfers its energy to the electron, which is ejected with an angle  $\phi$  ( $0 < \phi \leq \pi/2$ rad); the remaining energy  $E_{\rm scatter}$  is transferred to a scattered x-ray photon with an angle  $\theta$  which follows the Klein–Nishina equation,

$$\frac{E_{\text{scatter}}}{E_{\text{ph}}} = \frac{1}{1 + \frac{E_{\text{ph}}}{m_{\text{e}}c^{2}}(1 - \cos\theta)}$$
(2.3)

where  $m_ec^2 = 511$  keV is the rest energy of an electron. **Pair production:** For high-energy incident photons ( $E_{ph} > 1.02$  MeV), the photon interacts with the nucleus of the atom and its energy is converted into a pair of particles, an electron and a positron; they are ejected and the positron subsequently annihilates with an electron into two photons of energy 511 keV (the rest energy of an electron). This process occurs more frequently for higher atomic numbers *Z* and higher photon energies.

Note that although the particle definition of the x-ray radiation was used here, the scattering and photo-absorption interaction processes can also be easily determined using the wave equations [257].

The probabilities of each event are often referred to as energydependent cross-sections — the higher the cross-section, the higher the chances. For instance, Figure 2.8 shows the cross-sections for carbon (an element that is abundant in biological samples) and iodine (as an example of a higher-*Z* element which is used in contrast agents): scattering and photo-absorption are the prominent effects in the energy range of synchrotron radiations. The mass interaction coefficient in cm<sup>2</sup> g<sup>-1</sup> is another measure of these probabilities.



**Figure 2.8.:** Cross-sections of the different interactions of X rays with matter for two elements: carbon (left) and iodine (right). p.a.: photoelectric absorption; R: Rayleigh scattering; C: Compton scattering; nucl.: nuclear pair production; elec.: electron pair production. The gray area is the summed cross-section. Note that the photoelectric absorption cross-section of iodine has discontinuities; the K-edge of carbon is at a lower energy, 282 eV [258]. 1 barn =  $1 \times 10^{-24}$  cm<sup>2</sup>. Redrawn from [259].

#### The complex refractive index

Using the wave definition of x-ray radiation, the complex refractive index describes the propagation of X rays through the different media and how they are affected by the medium interfaces.

When an EM wave propagates in the vacuum, its velocity is  $c = 299792458 \text{ m s}^{-1}$ . In any medium, the phase velocity becomes  $v = \frac{c}{n}$  with n the refractive index of the medium, which is a function of the wavelength (because the medium disperses the radiation). But this refractive index does not account for the photoelectric absorption. Besides, the refractive index can drop below 1 for X rays, this is the anomalous dispersion; the scattered wave is then phase-shifted by  $\pi$  rad with a dispersion angle that is smaller than the incident angle. Hence, a complex index of refraction was introduced [257, 260]:

$$\underline{n} = n + i\beta \tag{2.4}$$

where  $\beta$  is the absorption index. Besides,  $n \leq 1$ : we can introduce the refractive-index decrement from unity,  $\delta$ , so that  $n = 1 - \delta$ . Equation 2.4 can then be written as [260]:

$$\underline{n} = 1 - \delta + i\beta \tag{2.5}$$

### **Context of the thesis**

This notion was extensively used in the articles from the thesis, as a key parameter of the phase-contrast retrieval algorithms which were used in these articles builds upon the assumption of a homogeneous material of fixed  $\delta/\beta$  ratio [261] (cf. section 2.3).

Far from absorption discontinuities,

$$\delta = \frac{\rho_{\rm e} r_{\rm e} \lambda^2}{2\pi} \tag{2.6}$$

with  $r_e = 2.82 \times 10^{-15}$  m the classical radius of a free electron and  $\rho_e$  the average electron density [260]. Note that, for a material of known mass density  $\rho$  and known composition { $(w_i, A_i, Z_i) \mid \forall i \text{ element}$ } [263],  $\rho_e = \rho N_A \frac{\sum w_i Z_i}{\sum w_i A_i}$  with Avogadro's number  $N_A$ .

When X rays are transmitted through a material, the intensity follows the Beer–Lambert law:

$$I = I_0 \exp\left(-(\mu/\rho)\rho z\right) \tag{2.7}$$

and the absorption index  $\beta$  is linked to linear attenuation coefficient  $\mu$  by [260]:

$$\mu = \frac{4\pi\beta}{\lambda} \tag{2.8}$$

The (energy-dependent)  $(\delta, \beta)$  pair for a material fully characterizes the interactions of X rays with this material. The  $\frac{\delta}{\beta}$ ratio is an energy-dependent function which is also specific to each material. The U.S. National Institute of Standards and Technology (NIST) has published a complete dataset [265]; rather than  $\delta$  and  $\beta$ , they report the real ( $f_1$ ) and imaginary The literal expression of  $r_{\rm e}$  is:

$$r_{\rm e} = \frac{e^2}{4\pi\varepsilon_0 m_{\rm e}c^2}$$

with *e* the elementary charge,  $m_e$  the mass of an electron and  $\varepsilon_0$  the permittivity of free space [262].

 $(\mu/\rho)$  is easier to tabulate [264] than  $\mu$  because it is absolute for every element, whereas  $\mu$  may vary (e.g. for carbon between graphite and diamond).

( $f_2$ ) parts of the form factor which relate respectively to  $\delta$  and  $\beta$ , as detailed in the article by Chantler [264].

# 2.2. Reconstruction



**Figure 2.9.:** Schematics of parallel-beam x-ray tomography. From [266].

Tomography consists into reconstructing a volume from a set of projections (cf. Figure 2.9). At a synchrotron radiation facility, the parallel beam approximation is very accurate because the x-ray primary or secondary source is quite far from the sample and collimators are often set up in the optical hutches (cf. Figure 2.5). This approximation greatly simplifies the reconstruction approach.



**Figure 2.10.:** The projection geometry in 2D based on line integrals, with the source detector gantry (x, y) rotated with respect to the Cartesian object frame (x', y') by  $\theta$ . From [267].

Formally, let's assume the source is rotating around the sample (although it is the opposite at a synchrotron facility), as shown in Figure 2.10: the object system (x', y', z') is fixed and the source system (x, y, z) rotates around z' = z with  $\theta$  the angle between x and x'. The beam propagates in the y direction. Each detector pixel in  $(x, z) := (x, y = y_{detector}, z)$  records a line integral of f(x, y, z) over y. Let

 $P(\theta, x)$  be a projection, each plane normal to z can be treated independently [267]:

$$P(\theta, x) = \sum_{z} P_{z}(\theta, x)$$
(2.9)

so that the 2D function  $f_z(x, y) := f(x, y, z)$  yields a 1D curve when integrated over y for each detector pixel [267]:

$$\begin{cases} P_z(\theta = 0, x) = \int_{-\infty}^{\infty} f_z(x, y) dy \\ P_z(\theta, x) = \int_{-\infty}^{\infty} f_z(x \cos \theta - y \sin \theta, x \sin \theta + y \cos \theta) dy \end{cases}$$
(2.10)

One can introduce  $\Re$  so that  $P_z(\theta, x) = \Re f_z$ :  $\Re$  is called the Radon transform [268]. Hence, the goal of reconstruction is to determine a 2D inverse operator  $\Re^{-1}$  to apply:

$$f_z = \mathcal{R}^{-1} P_z \tag{2.11}$$

**Theorem 2.2.1** (Fourier slice theorem [269]) With  $\tilde{P}_z(\theta, k)$  and  $\tilde{f}_z$  the Fourier transforms of  $P_z(\theta, x)$  and  $f_z$ ,

$$\tilde{P}_z(\theta, k) = \sqrt{2\pi} \tilde{f}_z(k\cos\theta, k\sin\theta)$$

The Fourier slice theorem in Theorem 2.2.1 (illustrated in Figure 2.11) implies that angular sampling must satisfy [267]:

$$k_{max}\Delta\theta \le \Delta k \tag{2.12}$$

$$\Leftrightarrow \quad N_{\theta} := \frac{\pi}{\Delta \theta} \ge N \frac{\pi}{2} \tag{2.13}$$

Or that the number of projections  $N_{\theta}$  must be greater than the number of pixels N along a given direction, times a  $\pi/2$ factor. Hence, the number of acquired projections is critical to have a well-posed problem.

The sole Radon transform however induces a blur while doing simple back projection [270]. Indeed, the lower frequencies are oversampled compared to the higher frequencies, as shown in the panel (c) of Figure 2.11. This is why a weight as a ramp proportional to the spatial frequency has been introduced in the so-called filtered-back-projection (FBP)



**Figure 2.11.:** Visualization of the Fourier slice theorem. The 1D Fourier transform  $\tilde{P}_z(\theta, k)$  of a projection  $P_z(\theta, x)$  obtained as shown in (a) corresponds to a line cut in the 2D Fourier transform  $\tilde{f}_z(k \cos \theta, k \sin \theta)$  of the object plane  $f_z(x', y')$ , as sketched in (b). (c) The density of (discrete) data points falls off as 1/k, posing a challenge to sample the high spatial frequencies. Provided there is sufficient number of projections and suitable regridding, 2D fast Fourier transform (FFT) algorithms can be used to reconstruct  $f_z(x', y')$  in each plane. From [267].

algorithm for reconstruction [270]. The FBP algorithm is implemented in the PyHST2 software [271], currently in use at ANATOMIX. ASTRA is another toolbox for reconstruction [272] which implements another algorithm named the SIRTfilter reconstruction [273]; this algorithm uses a pseudoiterative approach combined with FBP.

# 2.3. Phase retrieval

Phase objects — which have a low absorption profile — can be detected and resolved with phase-sensitive techniques like x-ray phase-contrast tomography (XPCT), using refraction in addition to attenuation.

To retrieve the phase, a variety of methods are available for coherent sources. Two main methods are detailed below: the propagation-based phase retrieval and the gratinginterferometry phase retrieval. They require different phasecontrast imaging setups. The plane x-ray wavefront which hits the sample is both absorbed and slightly refracted depending of the complex refractive index of the sample (cf. section 2.1.2).



move detector position

**Figure 2.12.:** The principle of propagation-based XPCT. From Wikipedia, CC BY-SA 3.0.

**Propagation-based XPCT [274]:** By moving the detector further away from the sample, these refracted rays interfere together before reaching the detector and create interference fringes on the detector, around the projected edges of the sample (cf. Figure 2.12). This pattern creates intensity variations in the projections which are proportional to the Laplacian of the phase [275]. The Paganin method [261] assumes the sample is homogeneous (constant  $\delta$  and  $\beta$ ) so that  $\Phi = \delta t$  (the phase is proportional to the thickness with  $\delta$  as a factor); hence, one can retrieve the phase map in the plane of the slice before reconstruction [276]:

$$\Phi(x,y) = \frac{1}{2} \frac{\delta}{\beta} \ln \left( \mathcal{F}^{-1} \left\{ \frac{\mathcal{F}\{I_s(x,y)/I_r(x,y)\}(f)}{1 + \lambda D\pi \frac{\delta}{\beta} \|f\|^2} \right\} (x,y) \right)$$
(2.14)

where  $I_s(x, y)$  and  $I_r(x, y)$  are the images acquired with and without the sample, at a distance D; as all the variables can be determined, this computation based on Fourier transforms and a logarithm is trivial to implement in order to obtain  $\Phi(x, y)$ .

**Grating-interferometry XPCT** [277]: By placing a grating (a *phase* grating with a low absorption but a high phase shift) right after the sample, the diffracted beam generates interference fringes that are slightly displaced by the phase of the sample; these displacements are however inferior to the pixel size, hence another grating right in front of the detector acts as a transmission mask and the phase  $\varphi(x, y)$  of the signal intensity oscillations is proportional to the gradient of the phase  $\Phi(x, y)$  (cf. Figure 2.13):

$$\varphi = \frac{\lambda d}{g_2} \frac{\partial \Phi}{\partial x} \tag{2.15}$$

and d, the distance between the two gratings, should satisfy the criterion for Talbot effect:

$$\exists m \in \mathbb{N}^* \quad \left(m - \frac{1}{2}\right) \frac{g_1^2}{4\lambda} \tag{2.16}$$

where  $g_1$  and  $g_2$  are the periods of the gratings — for an incident plane wave,  $g_2 = g_1/2$ . To reconstruct the phase, multiple images at multiple positions  $x_g$  (blue arrow) of the second grating are required — 4 to 8 is usually suitable — to integrate  $\varphi$  and obtain  $\Phi$ . Note that this method only retrieves the phase in one of the directions in the projection plane.

The propagation-based setup is the most simple, although the possibility of a mobile detector over a few meters must



**Figure 2.13.:** The principle of grating-interferometry XPCT. From Wikipedia, CC BY-SA 3.0.

be taken into account during the design of the experiment hutch.

The transition of XPCT towards smaller devices is already possible [275]. Liquid-metal-jet sources provide a sufficient spatial coherence for phase contrast and cone-beam geometry has the asset of magnification [278]. Analyzer-based phase-contrast techniques do not require as much coherence and they can be transferred to lab devices [275]. Speckle imaging only requires a simple setup modification on standard CT devices; post-processing can retrieve phase-contrast information [279]. An XPCT setup at a synchrotron radiation facility can be considered as an ideal workbench from which one can determine the critical elements for proper characterization of biological tissues (optimized energies, preparation, etc.) to bootstrap a new biomedical application. For instance, dark-field imaging [280] is now mature enough for imaging human-scale phantoms [281] and it may soon be available on clinically-approved devices.

# 2.4. Current biomedical applications

X-ray phase-contrast tomography is a technique that is very versatile for biomedical imaging. Multiple setups, such as the aforementioned propagation-based and grating-interferometry setups, are available [282]. Although they have first been confined to synchrotron facilities, efforts have been put into the development of new sources and setups that can achieve similar results on benchtop devices [275].

# 2.4.1. Benefits of the technique

We will discuss thereafter two benefits of the technique: its non-destructive aspect (with respect to sample preparation and scanning procedure) and its higher sensitivity — which led to a variety of applications.

# 2.4.1.1. Non-destructive technique

Sample preparation by dehydration [283, 284] is mostly reversible in comparison with other techniques such as tissue clearing or the paraffin-embedding process [219, 285, 286].

Besides, macroscopic anatomical landmarks are essentially preserved: one can identify them with gold-standard techniques such as MRI, CT and microscopy.

XPCT is mainly non-destructive as whole samples are imaged though one 360° rotation while preserving their 3D structure. However, some caution is required to reduce the radiation dose which can locally heat the samples; this is especially true when working at higher resolutions because of optical focusing and longer exposure times.

# Context of the thesis

In the articles from the thesis, imaging was performed with pixel sizes of  $6 \,\mu\text{m}$  or  $3.09 \,\mu\text{m}$  and no damage was observed.

### 2.4.1.2. Higher sensitivity

Phase contrast enables a label-free higher sensitivity compared to standard absorption-based devices — which often require contrast agents. Figure 2.14 shows how the regime for phase-contrast predominance is influenced by the sample– detector distance D in propagation-based XPCT; in particular, although this regime requires a free-propagation distance, this is limited by the near-field condition  $D \ll \frac{d^2}{\lambda}$  where d is "the characteristic size of the smallest discernible features in the object" [287] — a critical distance  $D_{crit}$  can be estimated from Figure 2.15.

# 2.4.2. Applications on soft-tissue imaging

Soft-tissue imaging benefits from the higher sensitivity of XPCT. Brain imaging with XPCT is limited to *ex vivo* sessions for rodents and bigger animals or human samples, because of the high absorption of the skull. Other organs can also be imaged and virtually browsed: the spinal cord [288], the lungs [278, 289], the liver [290], the heart [291, 292] and the muscles [293] have been studied *postmortem*; the lungs have also been studied *in vivo* with respiratory gating, i.e. by synchronizing acquisition with breathing of the live (usually anaesthetized) animal [294, 295, 296, 297]. An ongoing project, the Human Organ Atlas (https://human-organ-atlas.esrf.eu/), is


**Figure 2.14.:** Dependence of in-line phase-contrast images on the distance between object and detector. Here, given numerical data for *D* are only illustrative, which, in practice, will depend on the specific system setup. Adapted from [282].

**Figure 2.15.:** Contour plot of the critical propagation distance  $D_{crit} = (2\Delta)/\lambda$  to fulfill the near-field condition, for pixel sizes  $\Delta$  ranging between 0.1 and 50 mm and photon energies from 5 to 120 keV. The actual sample-detector distance *D* should be chosen well below  $D_{crit}$  to fulfill the near-field condition even for the smallest features that the detector can resolve. From [287].



planning to scan and analyze whole human organs [298] — both healthy and in pathological conditions.

### 2.4.3. Other applications

With XPCT, multiple groups have worked on bone and cartilage alteration in osteoarthritis [276, 299, 300, 301, 302, 303]; these alterations are detected with XPCT while they were not with MRI or micro-CT (cf. Figure 2.16) because XPCT is able to image both soft and hard tissue at the same time, with a better resolution than MRI and a resolution similar to micro-CT.



**Figure 2.16.:** Representative images of one osteoarthritis knee sample observed by each imaging technique. (A) MRI with an ultra-short echo time sequence (echo time =  $0.008 \ 13 \ ms$ ; repetition time =  $4.0 \ ms$ ; flip angle =  $5^{\circ}$ ; voxel size =  $50 \times 50 \times 50 \ \mu m^3$ ). (B) Conventional x-ray micro-tomography image (source voltage =  $60 \ kVp$ ; voxel size =  $6.06 \times 6.06 \times 6.06 \ \mu m^3$ ). (C) Synchrotron x-ray phase-contrast image (source energy =  $52 \ keV$ ; voxel size =  $6.1 \times 6.1 \times 6.1 \ \mu m^3$ ). (D,E) Phase-contrast image magnification with a soft (D) and hard (E) tissue contrast window. From [302].

Other applications of interest for life sciences include entomology [304], plant study [305, 306, 307] and archaeology — including work on mummies [308, 309] or burnt writings [310].

# 2.5. Other synchrotron-based techniques

#### Context of the thesis

X-ray fluorescence spectrometry and Fourier-transform infrared spectroscopy have been used during the thesis because of the complementary information they convey on biological tissue. They are briefly introduced below.

## 2.5.1. X-ray fluorescence (XRF)

XRF is a spectroscopy technique to map the elemental composition of a material.



**Figure 2.17.:** The principle of XRF. The incident x-ray beam creates 2D hyperspectra which can be converted into 2D elemental maps of the sample. From [208].

As mentioned in subsection 2.1.2, when an x-ray photon causes a photoelectric absorption, a characteristic radiation is emitted because of a transitioning electron which fills the vacated shell. By collecting this radiation with an energy-resolving detector (cf. Figure 2.17), one can determine the element corresponding to the atom through spectrum fitting [311] with tabulated energies (cf. Table 2.1).

**Table 2.1.:** A few characteristic energies of a few elements, with their symbols and atomic numbers *Z*. The binding energies of each shell indicate the incident energy that is required for a photoelectric absorption to occur, which in turn emits a new x-ray radiation that is detected in x-ray fluorescence. Iron, copper and zinc are extensively studied for their physiological involvement in subsection 1.2.2 and in Chapter 5; carbon and iodine cross-sections were shown in Figure 2.8; K-L<sub>2</sub> and K-L<sub>3</sub> spectral lines of argon are frequently used to normalize spectra. The IUPAC notations [312] K-L<sub>2</sub> through K-M<sub>3</sub> correspond to the former Siegbahn notations [313] K $\alpha_2$ , K $\alpha_1$ , K $\beta_3$  and K $\beta_1$ , respectively. Values were retrieved from PyMca [311].

	K x-ray emission energies (keV)			Binding energies (keV)					
Element	K-L <sub>2</sub>	K-L <sub>3</sub>	K-M <sub>2</sub>	•••	Κ	$L_1$	$L_2$	$L_3$	•••
Carbon ( $_6$ C)	0.28	0.28	N/A	N/A	0.28	0.02	0.01	0.01	N/A
Argon ( <sub>18</sub> Ar)	2.96	2.96	3.19	•••	3.21	0.33	0.25	0.25	
Iron (26Fe)	6.39	6.40	7.06	•••	7.11	0.85	0.72	0.71	
Copper (29Cu)	8.03	8.05	8.91		8.98	1.10	0.95	0.93	
Zinc $(_{30}Zn)$	8.62	8.64	9.57	•••	9.66	1.19	1.04	1.02	
Iodine (53I)	28.32	28.61	32.24	•••	33.17	5.19	4.85	4.56	• • •

# 2.5.2. Fourier-transform infrared spectroscopy (FTIR)

FTIR is a spectroscopy technique to map the molecular distribution within a material.

When an infrared (IR) radiation goes through a material, it is partially absorbed. At some wavelengths, the molecules vibrate due to the incident energy they absorb; these wavelengths form a signature spectrum for each functional group in the molecule (cf. Figure 2.18). Spectra can either represent the transmittance  $T = \frac{I}{I_0}$  of the absorbance  $A = -\log T$  (both T and A are unitless) on the y-axis, with the wavenumber in cm<sup>-1</sup> on the x-axis (cf. Figure 2.19). Devices scan the sample for excitation and collection to retrieve hyperspectral maps of the material and analyse the distribution.



**Figure 2.18.:** Vibrational modes of common biomolecular bonds. Inherent vibrational motion of molecules gives rise to distinct, fingerprint-like absorption bands in the mid-infrared region. Different stretching or bending vibrational bands commonly encountered in biological samples are shown. Infrared spectroscopy is sensitive to the presence of many chemical functional groups (structural fragments) in molecules, and taken together the set of vibration modes are unique for every molecular configuration. From [314].



**Figure 2.19.:** Infrared spectrum of a single human cell with color bands highlighting absorption peaks associated with constituent macromolecules (left) and lipid distribution within MCF-7 living cells — chemical changes can be monitored in time (right). From [314] (left) and [315] (right).

# **PhD Project**

# Browsing brain structures with XPCT **3**.

## 3.1. Introduction

The first study reported in this PhD thesis focused on non-AD animal models: ischemic stroke, multiple sclerosis and neonatal hypoxia. These models had in common an alteration of white matter. White matter refers to the bright areas in brain tissue samples because of myelin, a lipidic shealth that protects one or several axons and speeds up the neuronal signals. Multiple brains from each model were collected *postmortem* for imaging with XPCT: ischemic stroke models (by middle cerebral artery occlusion) were acquired from the CarMeN laboratory, neonatal hypoxia models were acquired from the SBRI laboratory and multiple sclerosis models (by lysolecithin injection) were made in-house. The sample preparation — fixation in formaldehyde and dehydration in ethanol — gave us the best contrast after optimization. We could conclude that the high-density signal in XPCT was due to myelin with histology and comparative clearing for validation. Two major quantification strategies were applied to our images: a fiber segmentation in the striatum (where fibers are thin and separated) and a diffusion-tensor-like computation of the fiber orientations for the study of the corpus callosum (where the fibers are grouped into a major tract).

While this work is not related to Alzheimer's Disease, this was a milestone towards the characterization of 3D features in the mouse and human brains, thanks to the sample preparation protocols and to the software which required a learning phase — both were used during the whole PhD project.

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To get familiar with the rodent brain anatomy, one can refer to the Mouse Brain Atlas [191] or Rat Brain Atlas [192, 193, 194] on EBRAINS.

# 3.2. Associated published work

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Chourrout M, Rositi H, Ong E, Hubert V, Paccalet A, Foucault L, Autret A, Fayard B, Olivier C, Bolbos R, Peyrin F, Crola-da-Silva C, Meyronet D, Raineteau O, Elleaume H, Brun E, Chauveau F, and Wiart M. Brain Virtual Histology with X-ray Phase-Contrast Tomography Part I: Whole-Brain Myelin Mapping in White-Matter Injury Models. Biomed Opt Express. 2022 Mar 1; 13

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## Brain virtual histology with X-ray phase-contrast tomography Part I: whole-brain myelin mapping in white-matter injury models

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**Abstract:** White-matter injury leads to severe functional loss in many neurological diseases. Myelin staining on histological samples is the most common technique to investigate white-matter fibers. However, tissue processing and sectioning may affect the reliability of 3D volumetric assessments. The purpose of this study was to propose an approach that enables myelin fibers to be mapped in the whole rodent brain with microscopic resolution and without the need for strenuous staining. With this aim, we coupled in-line (propagation-based) X-ray phase-contrast tomography (XPCT) to ethanol-induced brain sample dehydration. We here provide the proof-of-concept that this approach enhances myelinated axons in rodent and human brain tissue. In addition, we demonstrated that white-matter injuries could be detected and quantified with this approach, using three animal models: ischemic stroke, premature birth and multiple sclerosis. Furthermore, in analogy to diffusion tensor imaging (DTI), we retrieved fiber directions and DTI-like diffusion metrics from our XPCT data to quantitatively characterize white-matter microstructure. Finally, we showed that this non-destructive approach was compatible with subsequent complementary brain sample analysis by conventional histology. In-line XPCT might thus become a novel gold-standard for investigating white-matter injury in the intact brain. This is Part I of a series of two articles reporting the value of in-line XPCT for virtual histology of the brain; Part II shows how in-line XPCT enables the whole-brain 3D morphometric analysis of amyloid- $\beta$  (A $\beta$ ) plaques.

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#### 1. Introduction

White-matter injury leads to severe functional loss in many neurological diseases. Diagnosis and monitoring of white-matter damage and repair is therefore paramount in order to limit the handicap resulting from these conditions. Magnetic resonance imaging techniques such as diffusion tensor imaging (DTI) and its variants (q-balls, kurtosis imaging) are now instrumental for the assessment of white-matter abnormalities [1]. Beside displaying fiber tract orientation maps, these approaches provide quantitative metrics such as fractional anisotropy (FA), axial diffusivity (AD) and radial diffusivity (RD), which in combination serve as biomarkers of axonal and myelin damage [2]. However, these techniques still present limitations, notably due to partial volume effects, the difficulty of resolving crossed fibers, and the delicate interpretation of DTI metrics that may be influenced by factors other than axonal degeneration and myelin degradation, such as inflammation and astrogliosis [3]. In addition, for post-mortem samples, acquisition times are very long (several hours to days) to achieve spatial resolution in the 10  $\mu$ m – 100  $\mu$ m range, thus preventing high-throughput imaging of high-resolution 3D datasets. There is thus a crucial need to develop novel whole-brain imaging approaches to study white-matter tracts at the microscopic level [4], especially for the investigation of animal models of white-matter injury.

Myelin staining on histological samples is a fundamental technique employed in many areas of neuroscience to study white-matter fibers. However, tissue processing and sectioning affect the reliability of 3-dimensional (3D) volumetric assessments. Recently, brain-clearing approaches coupled to the use of antibodies, for example targeting myelin basic protein (MBP) to visualize myelinated axons [5], have been proposed to overcome these limitations. Unfortunately, these techniques are laborious and time-consuming. In addition, tissue immunostaining is dependent on antibody penetration into the optically cleared brain, while light-sheet microscopy (the companion imaging tool for imaging cleared tissues) has limited through-plane resolution, thus introducing bias when retrieving 3D information [6].

X-ray based virtual histology is emerging as a new discipline, virtually slicing 3D datasets in any direction at microscopic level [7]. X-ray phase-contrast tomography (XPCT) using synchrotron radiation is particularly promising to image microstructures in excised biological tissues that have weak X-ray absorption. XPCT achieves a high signal-to-noise ratio without the need to add staining agents. It offers micrometric spatial resolution and isotropic reconstruction in a 1 cm<sup>3</sup> field of view (FOV), thus providing the ideal prerequisites for imaging white-matter fibers in the entire and intact (unsliced, unstained) rodent brain. To meet this challenge, however, certain improvements are required, notably to obtain sufficient contrast-to-noise in axons without labor-intensive contrast-enhancing steps [8].

We previously developed an imaging technique relying on in-line XPCT that identifies mouse brain anatomy as clearly as histology, with acquisition time in the range of minutes [9–11]. We here propose an optimized approach to map myelin fibers in the whole mouse brain with microscopic resolution without the need for strenuous staining. We provide the proof-of-concept that this approach enhances myelinated fibers in rodent and human brain tissue. In addition, we demonstrated that the technique detected and quantified white-matter injuries using three animal models: ischemic stroke, premature birth and multiple sclerosis. Furthermore, analogously to diffusion tensor imaging (DTI), we retrieved fiber directions and DTI-like diffusion metrics from our XPCT data to quantitatively characterize white-matter microstructures. Finally, we here show that this non-destructive approach is compatible with subsequent complementary brain sample analysis by conventional histology. In-line XPCT might thus become a novel gold-standard for investigating white-matter injury in the intact brain ex vivo. This is Part I of a series of two articles reporting the value of in-line XPCT for virtual histology of the brain; Part II shows how in-line XPCT enables whole-brain 3D morphometric analysis of amyloid- $\beta$  (A $\beta$ ) plaques [12].



#### 2. Materials and methods

Table 1 summarizes the samples and imaging techniques used in the study.

 Table 1. Summary of 19 samples used for XPCT, with concurrent testing of different ethanol titrations for sample preparation, DTI, histology and CLARITY evaluations.

Species	Age	Disease / Anima	l model	XPCT	DTI	Histology	CLARITY	Ethanol gradient
		None		8	1	1	1	5
	8 weeks 11 days	Ischemic stroke		2		1		
Mouse		Multiple sclerosi	S	2				
		Promoturo hirth	Normoxia	2		2		
		Нурох		2		2		
Rat	10 weeks	Multiple sclerosis		1	1			
Human	70 y.o.	Frontotemporal dementia		2			1	

#### 2.1. Animals

All experimental procedures involving animals and their care were carried out in accordance with European regulations for animal use (EEC Council Directive 2010/63/EU, OJ L 276, Oct. 20, 2010). The study was approved by our local review board "Comité d'éthique pour l'Expérimentation Animale Neurosciences Lyon" (CELYNE - CNREEA number: C2EA – 42, APAFIS#7457-2016110414498389, 5892-2016063014207327, 187-2015011615386357). Sixteen rodents (Janvier, France) were used (Table 1). Animals were housed in a temperature- and humidity-controlled environment ( $21 \pm 3^{\circ}$ C), with 12 : 12 h light-dark cycle, with free access to standard chow and tap water. For surgeries, animals were anesthetized with isoflurane (induction: 3.5 %; surgery: 2 %; ISO-VET, Piramal Healthcare, Morpeth, UK). Pain was alleviated by subcutaneous injection of buprenorphine at 0.05 mg/kg prior to surgery. During surgery, body temperature was monitored with a rectal probe and maintained at  $37^{\circ}$ C using a feedback-regulated heating pad. At end of surgery, wounds were treated with lidocaine (lidocaine/prilocaine 5 %, Pierre Fabre, France).

#### 2.2. Animal models of white-matter injury

Three animal models of white-matter injury that lead to myelin damage were used; the number of animals per model is specified in Table 1. Firstly, focal cerebral ischemia, a model of ischemic stroke encompassing the sensorimotor cortex and adjacent corpus callosum, was induced by permanent occlusion of the distal middle cerebral artery (pMCAO), as previously described [13]. Briefly, the right MCA was exposed by subtemporal craniectomy and occluded by electrocoagulating the distal part for 10 minutes. The animals were then allowed to recover from anesthesia and sacrificed at day 9 post-surgery. Secondly, chronic hypoxia was used as a model of very premature birth. This model consists in placing newborn mice in chronic hypoxia —10 % O<sub>2</sub> for 8 days— during the early postnatal period —from post-natal day #3 (P3) to post-natal

**Research Article** 

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day #11 (P11)—, corresponding to the late prenatal period of brain development in humans. This model reproduces all histopathological features observed in very preterm infants, including diffuse white-matter injuries [14]. Mice were sacrificed at the end of the hypoxic period: i.e., P11. Thirdly, focal demyelinating lesions, a model of multiple sclerosis, were induced by stereotaxic injection of lysophosphatidylcholine (LPC) (Sigma-Aldrich, ref. L4129) at 1 % in saline solution into the corpus callosum as previously described [15,16]. After bilateral craniotomy, LPC and saline were slowly infused (0.1  $\mu$ L/min) with 30-gauge needles via tubing connected to syringes installed in injection pumps. In one mouse, 1- $\mu$ L was injected at AP 0.0 mm; ML ±2.5 mm; DV -2.0 mm, with contralateral injection of 1  $\mu$ L saline. In the other mouse, 2  $\mu$ L was injected at the same ipsilateral site, without contralateral injection. In the rat, 5  $\mu$ L was injected: AP -0.3 mm; ML ±3.3 mm; DV -2.8 mm / -3.5 mm; 2.5  $\mu$ L each, from depth to superficial, with contralateral injection of 5  $\mu$ L saline. The animals were then allowed to recover from anesthesia and sacrificed at day 7–9 post-surgery.

#### 2.3. In vivo MRI

For *in vivo* MRI, the animals were placed in a temperature-controlled cradle and anesthetized by isoflurane as for surgery. The respiratory rhythm was monitored by a pressure sensor linked to a monitoring system (ECG Trigger Unit HR V2.0, RAPID Biomedical, Rimpar, Germany). MRI was performed on a horizontal 7 T Bruker BioSpec MRI system (Bruker Biospin MRI GmbH, Bruker, Germany) equipped with a set of gradients of 440mT/m and controlled via a Bruker ParaVision 5.1 workstation. A Bruker birdcage volume coil (inner diameter = 72 mm, outer diameter = 112 mm) was used for transmission, and a Bruker single loop surface coil (15 mm diameter) was used for reception. T2-weighted imaging and DTI were obtained; Table S1 summarizes the acquisition parameters.

#### 2.4. Rodent and human brain sample preparation

All animals were euthanized by intracardiac perfusion with phosphate-buffered saline (PBS) and their brains were harvested. For XPCT, the impact of dehydration was examined in healthy brains fixed by formaldehyde 4 % and dehydrated in ethanol baths (25 %; 50 %; 75 % and 96 %). All subsequent (rodent and human) brains were fixed in formaldehyde 4 % and then dehydrated in successive ethanol baths until a titration of 96 % was reached. The total time for sample preparation was below 30 minutes. Some of the mouse brains were re-hydrated for histology and immunohistology. In addition to the rodent brains, cortex tissue (2 adjacent blocks of approx.  $1 \text{ cm}^3$ ) from one patient with frontotemporal dementia was imaged; it was obtained from the local brain bank in Lyon: Tissue Tumorothéque Est, CRB-HCL (national authorizations DC2008-72 & AC2015-2576). One healthy mouse and one human brain sample were cleared with the CLARITY system to achieve brain clearing [17] after formaldehyde fixation and before ethanol dehydration: brains were incubated in a polymerization solution composed of PBS buffer 1X, with the addition of VA-044 concentrated at 0.25 % and acrylamide 4 %. Brains were kept in the solution for 12 hours at 4°C. After infusion, the gel was polymerized at  $37^{\circ}$ C under gentle agitation for 3 hours. Brains were then placed in the Logos electrophoretic tissue clearing solution for one day and cleared using the electrophoretic chamber of the X-Clarity system. Brains were cleared at 1.5 A in 6 (mouse) or 8 (human) hours. The total time for sample clearing was 2 days.

#### 2.5. X-ray phase-contrast computed tomography (XPCT)

Imaging was performed at the ID17 and ID19 beamlines of the ESRF, the European Synchrotron (ESRF, Grenoble, France). The samples (whole mouse brains, rat hemispheres) were conditioned in 1 cm diameter plastic tubes filled with ethanol 96 %. We used the propagation-based imaging technique, which exploits free-space propagation in order to have detectable interference fringes. An example of the experimental set-up is shown in Fig. S1. A summary of experimental and

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reconstruction parameters is given in Table S2. Briefly, the tomographic images were recorded at a single sample-detector distance where the camera was positioned away from the sample to obtain phase contrast. The experiments were performed with a "pink" incident X-ray beam generated by the undulator on ID19 (energy: 19 keV–35 keV according to the experiment setting, Table S2). When the sample exceeded the beam size in Z-direction, two stacks were acquired with ~ 100 slices overlap and stitched afterwards. Tomographic reconstructions were performed after using the Paganin single distance phase-retrieval approach of the PyHST2 software using standard unsharp masking [18]. For all scans, the  $\delta/\beta$  ratio was set in the range [600;1000] on an image-to-image basis depending on the brain structures present in the image, in order to provide optimal contrast without blurring the image too much [10,11] (Table S2). Of note, in a preliminary work, we have already shown that fiber detectability reached a plateau in this range [11].

#### 2.6. Data processing and quantitative analysis

The mouse brain library was used for labeling white-matter fiber tracks (http://www.mbl.org/mbl. main/atlas.html). Maximum intensity projections were generated using ImageJ software (https://imagej.nih.gov/ij/index.html). Segmentation, analysis and volume rendering were performed with Amira Software (https://thermofisher.com/amira-avizo). For fiber density quantification, XPCT hyperintense signals of the caudate putamen were segmented using a home-made pipeline made with Amira Software. This pipeline relied on a structure-enhancement filter (Frangi filter for rod-like elements [19]), then processed with the TEASAR tree-structure extraction algorithm [20] to segment the white-matter network. Fiber density was then evaluated as the ratio of the number of segmented voxels over the total number of voxels within 3D ROIs. For mice with pMCAO, ROIs encompassing 100 axial slices at the level of the ischemic lesion were placed in the peri-lesional caudate putamen. For mice with chronic hypoxia, ROIs encompassing 60 slices were placed in the center of the caudate putamen. The DTI parametric maps (FA, RD, AD) were reconstructed from MRI data using DSI studio software (http://dsistudio.labsolver.org). The DTI-like parametric maps were computed from XPCT images using a dedicated tool developed by NOVITOM (https://www.novitom.com/en/) specifically for the current study. The algorithm was developed based on image gradient analysis to detect fibers orientation. The basic idea is that image gradient should be minimal along the fibers direction. The first step is the computation of the image intensity gradient along the 3 spatial axes, giving a gradient vector for each voxel:

$$\vec{\nabla}I = \begin{pmatrix} \frac{\partial I}{\partial x} \\ \frac{\partial I}{\partial y} \\ \frac{\partial I}{\partial z} \end{pmatrix} = \begin{pmatrix} g_x \\ g_y \\ g_z \end{pmatrix}$$
(1)

The gradient orientation tensor (or covariance matrix) is then built using the tensor product:

$$T_g = \vec{\nabla} I \otimes \vec{\nabla} I = \begin{pmatrix} g_x g_x & g_x g_y & g_x g_z \\ g_y g_x & g_y g_y & g_y g_z \\ g_z g_x & g_z g_y & g_z g_z \end{pmatrix}$$
(2)

The tensor components are locally correlated using a convolution by a Gaussian kernel  $k_g$  with a standard deviation  $\sigma_g$ :

$$(T_g * k_g)(x, y) = \int_u \int_v T_g(u, v) \frac{1}{\sigma_g \sqrt{2\pi}} \exp(-\frac{(x-u)^2 + (y-v)^2}{2\sigma_g^2}) du \, dv$$
(3)



Then the gradient orientation tensor is diagonalized to extract the local orientation axes:

$$D^{-1}T_g D = \begin{pmatrix} \eta_1 & 0 & 0\\ 0 & \eta_2 & 0\\ 0 & 0 & \eta_3 \end{pmatrix}, \text{ with } D = (\vec{a}_1 \ \vec{a}_2 \ \vec{a}_3)$$
(4)

The eigen vectors  $\vec{a}_i$  ( $i \in [1; 3]$ ) are associated with the eigen values  $\eta_i$ . The eigen vector  $\vec{a}_n$  associated with the smallest eigen value is aligned with the direction in which the gradient is weakest, which should be locally aligned with the fiber direction. The fiber orientation  $\vec{v}_f$  is defined as:

$$\vec{v}_f = \frac{\vec{a}_n}{\|\vec{a}_n\|} \tag{5}$$

The fiber orientation tensor is constructed as the tensor product of this vector by itself:

$$T_f = \vec{v}_f \otimes \vec{v}_f \tag{6}$$

The components of the tensor are locally correlated by applying a convolution by a Gaussian kernel  $k_f$  with a standard deviation  $\sigma_f$ :

$$(T_f * k_f)(x, y) = \int_u \int_v T_f(u, v) \frac{1}{\sigma_f \sqrt{2\pi}} \exp(-\frac{(x-u)^2 + (y-v)^2}{2\sigma_f^2}) du dv$$
(7)

Finally, the fiber orientation tensor is diagonalized to obtain the eigenvalues  $\lambda_j$  ( $j \in [1, 3]$ ), used to compute the DTI parametric maps:

$$AD = \lambda_1 \tag{8a}$$

$$RD = \frac{\lambda_2 + \lambda_3}{2}$$
(8b)

FA = 
$$\sqrt{\frac{3}{2}} \frac{\sqrt{(\lambda_1 - \bar{\lambda})^2 + (\lambda_2 - \bar{\lambda})^2 + (\lambda_3 - \bar{\lambda})^2}}{\sqrt{\lambda_1^2 + \lambda_2^2 + \lambda_3^2}}$$
 where  $\bar{\lambda} = \frac{\lambda_1 + \lambda_2 + \lambda_3}{3}$  (8c)

#### 2.7. Histology and immunohistology

Brain samples were frozen at -80°C. For GFAP and collagen IV staining, rehydrated frozen brains were cut into 12 µm axial sections using a cryostat. Brain slices were rehydrated 10 minutes in 0.1 M PBS, fixed for 20 minutes in 4 % PFA, and rinsed 3 times with PBS. They were then blocked and permeabilized in PBS (Sigma-Aldrich, Saint Louis, MO, USA) with 5 % BSA (bovine serum albumin, Sigma-Aldrich, Saint Louis, MO, USA) and 0.5 % Triton X-100 (PBST) for 30 minutes at room temperature. Slides were then incubated overnight at 4°C with primary polyclonal anti-GFAP rabbit antibody (1:1000; Z0334, DAKO, Golstrup, Denmark) or anti-collagen IV rabbit antibody (1:200, AB6586, AbCam, Cambridge, UK) dissolved in 0.5 % PBST. They were then washed 3 times in PBS and incubated with a secondary anti-rabbit GFP antibody dissolved in PBST (1:1000, AF546, ThermoFisher, Waltham, MA, USA) for 1 hour at room temperature. Finally, slides were rinsed 3 times in PBS and mounted in aqueous medium containing DAPI (Roti-Mount, Carl Roth, Karlsruhe, Germany). For Sudan Black B staining, brain slices were post-fixed with 4 % formaldehyde in PBS, briefly dehydrated in 70 % ethanol and then incubated in 0.1 % Sudan Black B solution (Sigma-Aldrich, ref. 199664, Saint Louis, MO, USA) at room temperature for 10 minutes. They were then washed in 70 %ethanol for 10-30 minutes and moved into distilled water to be mounted in aqueous medium

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(Roti-Mount, Carl Roth, Karlsruhe, Germany). For MBP staining, brains were first rehydrated in 0.1 M PBS, then cut into 50  $\mu$ m axial sections using a vibratome. Free-floating sections were blocked in TNB buffer (0.1 M PB; 0.5 % Casein; 0.25 % BSA; 0.25 % TopBlock) with 0.4 % triton-X (TNB-Tx), then incubated overnight at 4°C with a rabbit anti-MBP primary antibody (1:1000; AbCam, Cambridge, UK), under constant gentle shaking. Following extensive washing in 0.1 M PBS with 4°C triton-X (PB-Tx), sections were incubated with appropriate secondary antibodies conjugated with Alexafluor 488 (1:500; Life Technologies, Carlsbad, Germany) for 4 hours at room temperature. Sections were washed and counterstained with DAPI (300 nM; D1306; Life Technologies, Carlsbad, Germany). Images were acquired using an Axio Scope A.1 fluorescence microscope (4 filters, Carl Zeiss, Oberkochen, Germany) equipped with a ×0.63 AxioCam MRc (Carl Zeiss, Oberkochen, Germany).

#### 2.8. Data and code availability statement

The XPCT raw data cannot be shared at this time due to the large size of the datasets, but can be made available on reasonable request. The DTI-like algorithm is the property of NOVITOM.

#### 3. Results

# 3.1. XPCT enables visualization of myelinated white-matter fibers in the whole mouse brain

We first aimed to evaluate the impact of dehydration on XPCT brain contrast. As reported earlier by ourselves and others [9,21–24], formaldehyde fixation resulted in faint hypointense contrast of white-matter fiber tracts (Fig. 1, 0 %). Successive baths of ethanol resulted in appearance of hyperintense signal in myelinated white-matter fibers, with dose effect (Fig. 1, 25%–96%). Because ethanol 96 % dehydration produced the best visual contrast, we adopted this brain processing technique for the rest of the study. XPCT of dehydrated brain samples provided 3D mapping of all myelinated white-matter tracts, enabling accurate labeling despite tissue shrinkage (Fig. 2). Dynamic visualization of virtual slicing (Visualization 1 for coronal incidence and Visualization 2 for sagittal incidence) and static visualization of maximum intensity projections (Fig. 2(C-D-E-H-I)) revealed the complexity of fiber orientations and entanglement in the whole brain (see for example stria medullaris and fasciculus retroflexus in Fig. 2(E)).



**Fig. 1.** Ethanol dehydration enhances myelin contrast on images obtained with in-line XPCT. Axial section (Bregma 0) through brains prepared using PFA 4 % and a gradient of ethanol baths [25%–96%].

Importantly, XPCT contrast enhancement of white matter was also observed in human brain tissue after dehydration (Fig. 3(A), arrows).

Brain anatomy was exquisitely revealed by XPCT, with many relevant neurological features (overall vasculature, neuronal bodies of the barrel cortex and hippocampus layers, choroid plexus, cerebellum, etc.) being clearly identifiable (Fig. S5).



**Fig. 2.** White matter fiber tracts are revealed by XPCT in a mouse brain. The same brain sample is shown in all panels from a mouse with LPC administration with a focus on normal-appearing white matter. **(A)** Sagittal view of single slice; **(B)** Corresponding axial view of single slice; **(C)** Maximum intensity projection (MIP) of sagittal view over 35 slices (262  $\mu$ m), with white matter fiber tracts annotations; **(D)** MIP showing the entanglement between stria medullaris (sm) and the posterior commissure (pc); **(E)** MIP showing the entanglement between stria medullaris (sm) and the fornix (fr); **(F)** Sagittal view of single slice; **(G)** Corresponding coronal view; **(H)** Maximum intensity projection (MIP) of sagittal view over 35 slices (750  $\mu$ m), with white matter fiber tract annotations; **(I)** MIP of coronal view over 35 slices (750  $\mu$ m), with white matter fiber tract annotations; Labels: aco anterior commissure, olfactory limb; act anterior commissure, temporal limb; cc corpus callosum; cg cingulum; cpd cerebral peduncle; CPu caudate putamen; df dorsal fornix; fi fimbria; fr fasciculus retroflexus; fx columns of the fornix; mtt mammillothalmic tract; sm stria medularis; st stria terminalis; opt optical tract; pc posterior commissure.; vhc ventral hippocampal commissure.



**Fig. 3.** White matter fiber tracts are revealed by XPCT in a human brain and disappear upon demyelination brain clearing. (**A-B**) Single XPCT slice of a human brain sample from 2 distinct but adjacent blocks. (**A**) Ethanol dehydration reveals white matter as hyperintense areas (arrows); (**B**) White matter hyperintense signal is lost after demyelination by brain clearing. Other anatomical landmarks such as large vessels are clearly seen (large blue arrowheads). Because the sample was not perfused, there is also contrast from small vessels (smaller green arrowheads); (**C-D**) Single XPCT slice through a rodent brain (**C**) without and (**D**) with demyelination by brain clearing: note the disappearance of white matter hyperintense signal. Clearing procedure induced brain expansion and ethanol dehydration induced brain shrinkage, hence the slight difference in sample size.

#### 3.2. XPCT white-matter enhancement in dehydrated brain samples is related to myelin

We hypothesized that the white-matter contrast seen with our approach was related to a mismatch of refractive indices between myelin and surrounding tissue, occurring after the removal of water by ethanol. Myelin has a much higher lipid content than gray matter [25] and might thus be less affected by dehydration than other brain tissues. To investigate this possibility, we used brain clearing, a technique that removes lipids (and hence the myelin sheath) to render the brain translucent to light before ethanol dehydration [26–28]. We observed a loss of white-matter tract contrast after lipid removal in both human (Fig. 3(B)) and mouse brains (Fig. 3(D)), suggesting a role of myelin in contrast generation.

#### 3.3. XPCT detects and quantifies white-matter injuries in a range of animal models

We then aimed to evaluate the value of XPCT as a virtual histology tool for the diagnosis and characterization of white-matter injuries. For this, we used 3 different small animal models:

- 1. ischemic stroke (pMCAO),
- 2. premature birth (neonatal chronic hypoxia) and
- 3. multiple sclerosis (intracerebral LPC administration).

Firstly, the pMCAO model induced a focal lesion in the sensorimotor cortex, as seen on the in vivo ADC map (Fig. 4(A), white dotted lines) and T2-weighted MRI (Fig. 4(B), white dotted lines). Subcortical white-matter loss, as can be seen in Fig. 4(C) (yellow dashed lines), may occur

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in this model; it is not detectable on conventional MRI and difficult to quantify on histology; with XPCT, 3D segmentation of white matter in the caudate putamen and subsequent quantification of fiber density enabled white-matter loss to be assessed in one individual (Fig. 4(D)) and white-matter integrity in the other (Table 2).

Animal model	Parameter						
	Fiber density (%)						
<b>.</b>	Mouse #1			Mouse #2			
Ischemic stroke	Ipsilateral Contralateral Ips		Ipsilater	al Contralatera			
	6%		11%	11%		13%	
Premature birth	Fiber de	ensity	y, mean of left	t and right	ROI :	± SD	
	Mouse #3			Mouse #4			
Normoxia	11% ± 2%			9% ± 2%			
	Mouse #5			Mouse #6			
Нурохіа	0% ± 0%			0% ± 2%			
	Lesion volumes $(10^8 \times \mu m^3)$						
	Mouse #7 (2 µL LP	ouse #7 (2 µL LPC) Mouse #8 (		µL LPC)	Rat #1 (5 µL LPC)		
Multiple	4.4		1.2 & 1.8		8.7		
sclerosis	DTI-like parameters (% of mirror ROI)						
	Rat #1 (5 µL LPC)						
	FA: 72%		AD: 79%		RD: 146%		

Table 2. XPCT quantifications (ROI: region of interest; SD: standard deviation)

Secondly, normoxic mouse neonates showed normal white matter aspect (Fig. 4(E)) while their hypoxic littermates exhibited very faint white-matter contrast (Fig. 4(F)). This difference in white-matter content was quantified in the striatum on an individual basis (Table 2).

Thirdly, areas of focal demyelination were clearly observed in LPC-injected animals (Fig. 5(A-B), arrow: internal capsule and caudate putamen). Focal lesions remote from the injection site were also seen in one animal, including collapse of the ipsilateral lateral ventricle (Fig. 5(A), arrowhead) and demyelination of the olfactory limb of the anterior commissure (Fig. 5(C), arrowhead). Disorganization of the stria terminalis was also observed in this mouse, despite the very small size of this fiber tract (Fig. 5(D), dashed lines). Segmentation of white-matter abnormalities gave ready access to the volume of demyelinated areas in the individual animals (Fig. 5(E), Table 2).

#### 3.4. Fiber directions and diffusion metrics can be retrieved from XPCT data

To go further in the analysis of XPCT data, we explored reconstructing the orientation of brain fibers to shed light on brain structural connectivity. A DTI-like algorithm was developed, based on digital gradient analysis to detect fiber orientation [29]. Some of the brain samples (1 normal



Fig. 4. XPCT identifies subcortical white matter loss in mouse models of ischemic stroke and preterm birth. (A-D) MRI and XPCT data in a mouse model of ischemic stroke (mouse #1 of Table 2). (A) In vivo MRI data of mouse brain with pMCAO (single slice with 800  $\mu$ m thickness) imaged at 6 hours post-ischemia. The ischemic lesion (white dotted line) appears hypointense on apparent diffusion coefficient map (A) and hyperintense on T2-weighted image (B); (C) MIP over 107 slices (807 µm) of XPCT data obtained at the same slice level in the same mouse after sacrifice at day 9 post-ischemia. At this stage, the infarcted cortex tended to come off along the perfusion, extraction and dehydration steps of the brain. White matter loss is clearly seen in the subcortical peri-lesional area in this animal (yellow dashed line); (D) Segmentation of caudate putamen white-matter fibers and quantification of fiber density in symmetrical regions (percentage calculated in 3D ROIs over 100 slices). The background XPCT native image is represented in false colors to provide a cresyl violet-like contrast using a home-made colormap. (E-F) XPCT data in a mouse model of preterm birth: native (single axial slice) XPCT images in (E) normoxic and (F) hypoxic mice at post-natal day #11. White-matter fiber tracts were segmented and quantified in the striatum as shown in blue in normoxic animal (mouse #3 of Table 2) (E) but barely detectable in the animals that underwent neonatal chronic hypoxia (mouse #5 of Table 2) (F).





**Fig. 5.** XPCT detects white-matter fiber tract damage in a mouse model of focal demyelination. (**A**) MIP of axial views over 100 slices (750  $\mu$ m) at the level of the lateral ventricles. Focal demyelination is clearly seen in the internal capsule (arrow). Other focal lesions are shown in the ipsilateral (right) side with an arrow head such as lateral ventricle collapse; (**B**) MIP of sagittal views at the level of the lateral ventricle over 100 slices (750  $\mu$ m); Again, focal demyelination is clearly seen in the internal capsule (arrow); (**C**) MIP of axial views over 100 slices (750  $\mu$ m) at the level of the anterior commissure; degeneration of white-matter fiber tracts can be seen in the ipsilateral anterior part of the anterior commissure (arrowhead); (**D**) Disorganization of the ipsilateral stria terminalis is also seen compared to the contralateral stria, despite the small size of this fiber tract (dashed lines). (**E**-**F**) Segmentation and quantification of lesion volumes in two separate mice where demyelinated lesions were induced with the LPC model.



mouse, and 1 LPC-injected rat) were imaged back-to-back with in vivo DTI (Table 1). Visual examination of brain-wide connectivity maps showed good agreement between the 2 techniques (Fig. 6(A-C)). LPC-induced demyelination of the corpus callosum was clearly depicted on XPCT fiber-orientation maps (Fig. 6(D–E)), whereas on DTI maps it was less clear (Fig. 6(F)). Fig. 6(G-H) shows examples of diffusion metrics maps obtained with in vivo DTI and XPCT respectively in the same animal. Examples of direction maps obtained in ischemic stroke and hypoxia is shown in Fig. S4. To compare FA values in the same regions of interest we have



Fig. 6. XPCT retrieves brain-wide structural connectivity in a DTI-like manner. (A) MIP over 5 slices (37.5  $\mu$ m) of a healthy mouse brain (coronal view); (B) Color-coded direction map extracted from XPCT from the same data set (cf. Fig. S3); (C) Color-coded direction map from in vivo DTI obtained in the same mouse at the corresponding slice level. White-matter tract directions are identical between the two techniques within major white-matter tracts such as corpus callosum (cc), fornix (fx), anterior commissure (ac) and caudate putamen (CPu); (D) MIP over 10 slices (65  $\mu$ m) of a rat brain with an LPC-induced lesion in the corpus callosum (coronal view, arrowhead); (E) Color-coded direction map extracted from XPCT from the same dataset. The loss in right-left directionality is clearly seen in the demyelinated area compared to the contralateral side (inserts); (F) Color-coded direction map from in vivo DTI obtained in the same rat at the corresponding slice level; (G) Native DTI data (b<sub>0</sub>) for a rat with an LPC lesion (coronal view). The box indicates DTI slice thickness (1000  $\mu$ m) and the arrow points to the area of demyelination. DTI metrics maps of this slice are shown in axial incidence. (H) MIP over 5 slices (65 µm) of XPCT image and DTI-like metrics maps corresponding to the slice indicated on the MIP (slice thickness: 6.5 µm).



registered the DTI volume with affine transformation over the XPCT volume and oversampled to the XPCT voxel size with nearest neighbor interpolation. The mean FA value was compared in 16 regions sampled in major white matter fiber tracts. There was a fair correlation between the two approaches (Fig. S2).

Quantification of these metrics in the injured corpus callosum further confirmed the ability of XPCT to quantitatively assess microstructural white-matter abnormalities, with a marked increase in DTI-like RD and a smaller decrease in DTI-like FA and AD compared to the symmetrically contralateral region (Table 2), as expected in demyelinated areas with limited axonal damage [2].

#### 3.5. XPCT is compatible with subsequent conventional histology of brain samples

Finally, we aimed to ascertain that brain imaging with XPCT did not prevent complementary analysis with on standard approaches such as histological staining and immunohistochemistry. After XPCT imaging, 3 brain samples were rehydrated and processed using our conventional 2D histology protocols. GFAP (Fig. 7(A)), collagen type IV (Fig. 7(B)), Sudan Black B (Fig. 7(C)) and myelin basic protein (MBP) (Fig. 7(D)) immunostaining was readily achievable, with no noticeable impact of prior processing and imaging on staining quality.



**Fig. 7.** Brain preparation for XPCT does not prevent further brain evaluation with immunohistochemistry. (A) Constitutive expression of astrocytes GFAP in healthy mouse (CC: corpus callosum, LV: lateral ventricle); (B) Collagen IV overexpression in the ischemic lesion of a pMCAO mouse; (C) Sudan Black B staining (myelin marker) of a pMCAO mouse with demyelination of the corpus callosum (blue arrow) and (D) Myelin basic protein (MBP) staining in neonatal mice (P11); three slice levels are shown.



#### 4. Discussion

This paper describes a novel label-free method based on in-line XPCT for mapping myelin in the whole mouse brain. XPCT offers many advantages over other intact-brain approaches such as electron microscopy [30,31], brain clearing [5], small angle X-ray scattering (SAXS) CT [6,32,33] or dark field CT [34]. Firstly, the FOV-to-resolution ratio is optimal for imaging the whole rodent brain at microscopic level. Secondly, isotropic resolution enables straightforward analysis of the 3D imaging data. Thirdly, acquisition and reconstruction times remain within a range of minutes. And last but not least, phase sensitivity offers an alternative to staining, as contrast between tissues is based on changes in X-ray phase rather than on absorption. Consequently, sample preparation is simple and fast. Taken together, this should enable high-throughput whole-brain studies in small laboratory animals and 3D evaluation of human brain samples.

However, phase contrast alone is not sufficient to enhance white-matter tracts, probably because the differences in refractive index between axons and surrounding tissue are minimal. The originality of our approach was to obtain myelin specificity simply by modulating the refractive indices through dehydration of brain samples with ethanol. Ethanol dehydration is the first step before paraffin embedment for histological analysis and is therefore a way of preparing brain samples that is already well-accepted by the neuroscientific community. Ethanol fixation has already been used for virtual XPCT histology of whole organs: vocal folds [35], lung [36], heart [36,37], and kidney [36,38,39]. A few brain studies also mentioned using ethanol dehydration to prepare their sample; however, they focused on displaying the angio- and/or cyto-architecture of the brain, or neuropathological features such as amyloid plaques, and did not report specific enhancement of myelinated axons [22,23,40–43]. Therefore, to the best of our knowledge, we are the first to specifically investigate and demonstrate the value of combining in-line XPCT with ethanol dehydration for 3D visualization of white-matter fiber tracts in the whole mouse brain, to relate the enhanced signal to myelin, and to provide a comprehensive framework for applications in neurological diseases.

Beside its well-known vital role in conducting signals along the nerves, myelin has many other indispensable functions in the central nervous system: providing metabolic support to axons, regulating ion and water homeostasis, and finely tuning neuronal signaling [44]. Consequently, disruption of myelin has significant neurological impact. Investigation of myelin disruption and loss in animal models is relevant not only for pathophysiology but also for lesion repair and drug discovery. We here showed, in three different animal models, that XPCT is a powerful tool to probe white-matter injury at organ scale. 3D regions of myelin loss were accurately quantified, and lesions remote from the primary injury site were straightforwardly identified. These intact-brain analyses are a major improvement over classical histology, which involves slicing the brain tissue: i.e., disrupting the structural integrity of axonal tracts.

The technique of directional diffusion is widely used to study white-matter microstructural connections [45]. However, DTI has limited in-plane and through-plane spatial resolution, and provides indirect observation of white-matter fibers. Moreover, even when performed ex vivo at high resolution, partial volume effects may impair DTI metrics accuracy, and the very long scanning time (typically overnight) is prone to vibration artefacts and tissue heating. We here show that XPCT can be used to obtain an estimate of whole-brain axonal tract orientations in microscopic voxels. This information can then be combined with a directional algorithm to reconstruct structural connections. Classical diffusion metrics (fractional anisotropy, axial, and radial diffusivities) can also be extracted from the diffusion tensor obtained with this algorithm. Thus, XPCT can detect subtle changes in white-matter microstructure in the course of a neuropathology, as illustrated by our results in the LPC rat model of focal demyelination. This method also seems ideally suited for future phenotype screening of myelin abnormalities in transgenic animals. Another potential application of connectome mapping by XPCT is the need for new imaging tools to cross-validate DTI [46,47]. In particular, XPCT might provide a

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reference in regions of crossing fibers, which are typically difficult to resolve on DTI. Additionally, interpretation of DTI metrics in terms of neuronal and non-neuronal cell types might benefit from XPCT solely depiction of myelinated axons.

Another advantage is that XPCT is non-destructive, and dehydration by ethanol is reversible; thus, brain samples remain available for further analysis. After rehydration, we were able to perform our usual histological and immunohistological analyses. Importantly, brain slices did not show overt signs of radiation damage. In addition, ethanol dehydration/rehydration induces less volume variation and brain sample distortion than brain-clearing techniques. Because XPCT gives access to anatomic landmarks, co-registration of X-ray and optical images may be readily obtained. For instance (relevant to our discussion of DTI validation), affine or non-linear co-registration between DTI, XPCT and brain slices immunolabeled for activated glial cells could help decipher the contribution of inflammation to DTI metrics. Ultimately, such pipelines would pave the way to atlas-based analyses of XPCT datasets [48].

Like any technique, XPCT is not devoid of limitations. Propagation-based imaging set-up employed here has some limitations on the quantitativity of the reconstructed phase. Other techniques that can reconstruct quantitatively phase at this resolution [49] emerged only a few years ago (before the imaging campaign) and might even give better contrast between the different tissues. Imaging live brains at such high spatial resolution is not currently an option, because of dosimetry [50] and because the skull interferes with X-ray coherence hence having a high contrast with the brain in situ remains a challenge. Nevertheless, there is no obstacle to imaging postmortem human brains [6,22] or other human tissue [51], which has important implications for anatomopathological studies [42,52]. In addition, a synchrotron X-ray source is currently needed to produce high coherence for phase-contrast imaging, which may be a concern in terms of accessibility. However, producing phase contrast with laboratory and clinical sources is an active field of research that might solve the problem in the near future [53–56]. Finally, XPCT produces large datasets that are not easy to handle and necessitate the development of automatic post-processing tools and pipelines. This was achieved in the current project through a public-private partnership. Here, 3D analyses were performed only locally where animal models exhibited white matter loss, while information was available for the whole brain: in future work, exploitation of whole brain 3D rendering of myelin might provide new insight into white matter injury diseases. In part II of this series of articles, we develop and share a pipeline designed with open-source tools (https://zenodo.org/record/4584753) to segment amyloid- $\beta$  plaques and extract 3D morphometric parameters in different animal models of Alzheimer's disease [12]. The development of such end-user-friendly workflows is crucial to allow widespread use of XPCT in the neuroscience community. Collaborative efforts by multidisciplinary teams will be crucial to boosting innovation in the field of novel X-ray imaging techniques and to fostering discoveries that will ultimately benefit patients with white-matter injuries.

#### 5. Conclusion

The proposed XPCT approach enables brain-wide studies of myelinated fiber tracts and of their microstructural changes in neurological diseases. Fiber directions and anisotropy metrics were retrieved from XPCT data. This is achieved with conventional animals (i.e., no need for fluorescent reporter mice), minimal sample preparation, and fast acquisition, thus allowing high throughput analysis. Furthermore, XPCT was compatible with subsequent conventional histology of brain samples. To date, the main limitation is represented by synchrotron accessibility; however, transfer of this technology to conventional X-ray sources accessible to standard laboratories is under active development [57]. In the future, combining different imaging techniques with different resolution levels and complementary information will push the frontiers of our understanding of brain structure and function.

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#### Authors' contributions (according to Contributor Role Taxonomy (CRediT)

- Conceptualization: MW, FC
- Data curation: MC, EB, HR, MW, FC
- Formal analysis: MC, AA
- Funding acquisition: EB, FP, MW, FC
- Investigation: HR, EO, VH, AP, CCdS, LF, OR, RB, EB, CO, FP, FC, MW
- Methodology: EB, HR, MW, FC
- Project administration: MW, FC
- Resources: BF, DM
- Software: AA, BF
- Supervision: EB, FC, MW
- · Validation: MC, HE, FP, FC, MW
- Visualization: MC
- Writing original draft: MW
- Writing review & editing: MC, FP, HE, HR, MW, FC

**Disclosures.** The authors declare no conflicts of interest.

**Data availability.** The XPCT raw data cannot be shared at this time due to the large size of the datasets, but can be made available on reasonable request. The DTI-like algorithm is the property of NOVITOM.

Supplemental document. See Supplement 1 for supporting content.

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Supplemental Document

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# Brain virtual histology with X-ray phase-contrast tomography Part I:whole-brain myelin mapping in white-matter injury models: supplement

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# Brain virtual histology with X-ray phase-contrast tomography — Part I: whole-brain myelin mapping in white-matter injury models — Supplemental document



**Visualization 1.** 3D rendering of a whole mouse brain and virtual histology in coronal view. URL: https://osapublishing.figshare.com/s/8b5ff8dc95b502237a09



Fig. S1. Principle of in-line phase contrast tomography: experimental set-up

MR imaging parameterkjkkljs	T2WI	DTI
Spatial acquisition dimension	2D	3D
Measuring method	SpinEcho	DtiEpi
TE [ms]	69.1	25.1
TR [ms]	4000	650
Number of diffusion directions	N/A	30
Number of A0 images	N/A	5
Max. B value [s/mm <sup>2</sup> ]	N/A	1600
Number of segments	N/A	2
Number of averages	2	1
Bandwidth [kHz]	25	300
Field of view [mm <sup>2</sup>   mm <sup>3</sup> ]	20  imes 20	$20\times10\times17$
Slice thickness or interslice [mm]	1	0.5
Number of slices	10	36
Matrix size [pixels]	256  imes 256	$192 \times 96 \times 36$
In-plane resolution [µm <sup>2</sup> ]	78  imes 78	104  imes 104
Acquisition time [s]	192	1638

**Table S1.** Experimental MRI parameters. TE: echo time; TR: repetition time; T2WI: T2-weighted MRI; DTI: diffusion tensor imaging; N/A: non-applicable.

#### Table S2. Experimental XPCT parameters

Figures	1, 2, 4C-D, 5, 6A-B, 7B	3C-D, 4E-F, 6D-E, 6G-H	3А-В	
Supplemental Figures	4, 5E-F	5C-D	5A	
Setup	ID19	ID19	ID17	
Detector	FReLoN	sCMOS (PCO edge)	sCMOS (PCO edge)	
Scintillator	LuAg (500 µm)	LuAg (500 µm)	LuAg (500 µm)	
<b>Energy</b> [keV] (∆ <i>E</i> [eV])	19 (600)	26 (600)	35 (35)	
Sample-detector distance [m]	1	1.3–3	11	
Field-of-view [cm <sup>3</sup> ]	$1.5\times1.5\times1.5$	$1.3\times1.3\times1.23$	1.5  imes 1.5  imes 1.5	
Matrix	$2048\times 2048$	$2048\times 2048$	$2560\times2160$	
Total number of slices	2000	2000	3200	
<b>Voxel size (isotropic)</b> [µm]	7.5	6.5	6.13	
<b>Exposure time</b> [s]	0.15	0.05	0.05	
Number of projections	2000 (180°)	2499 (180°)	2800 (360°)	
Estimated dose [Gy]	150 000	35 000	60	
Acquisition time [min]		< 10		
<b>Reconstruction algorithm</b>	PyHST 2 (Paganin filter, $\delta/\beta \in [600; 1000]$ )			



Fig. S2. Comparison of mean FA between in vivo DTI and ex vivo XPCT



**Fig. S3.** Color-code convention for fiber orientation from the diffusion MRI community. It is replicated in the NOVITOM software.



**Visualization 2.** Virtual histology of a whole mouse brain in sagittal view. URL: https://osapublishing.figshare.com/s/b3288191f556cfd27b99



**Fig. S4.** XPCT retrieves brain-wide structural connectivity in a DTI-like manner. **(A)** Native (single coronal slice) XPCT image of mouse #1 (ischemic stroke model, from Table 2); **(B)** Colorcoded direction maps extracted from the same dataset (cf. Fig. S3); **(C)** Native (single coronal slice) XPCT image of mouse #4 (normoxic mouse); **(D)** Color-coded direction maps extracted from the same dataset; **(E)** Native (single coronal slice) XPCT image of mouse #6 (hypoxic mouse); **(F)** Color-coded direction maps extracted from the same dataset. As expected, the newborn normoxic brain is not completely myelinated yet but some of the major fiber tracts are visible (corpus callosum and anterior commissure), whereas they are not observed in the newborn mouse that underwent hypoxia.



**Fig. S5.** Virtual histology with XPCT displays major brain anatomic features in the whole mouse brain taken from different samples. (A) Barrel cortex; (B) Hippocampus; (C) Circle of Willis obtained by surface rendering of the whole brain (rostral side); (D) Angiography obtained by minimum intensity projection over 100 slices; (E) Cerebellum; (F) Choroid plexus.

## 3.3. Discussion

In this article, we demonstrated that propagation-based XPCT can yield (pre-)clinically-relevant results for the study of white-matter tracts in a few animal models and in autopsyderived human samples. We also reported how XPCT enables the non-destructive exploration of the healthy and diseased brains without any contrast agent, which was a milestone for the subsequent work within the scope of the PhD project.

We demonstrated that the XPCT high-density signal — i.e. bright in our images — of white-matter tracts can be attributed to myelin: tracts turned dark when imaged after the clearing process which removes myelin; this was confirmed with ulterior histology. Other groups have tried different preparations for the samples, such as paraffin-embedding [286, 316] which is widely adopted to process clinical samples for histology. However, during the process of paraffinembedding, myelin and other lipids are washed out; myelin can be protected thanks to osmium tetroxide or chromic acid [317]. To distinguish the smaller myelin sheaths ( $\emptyset \approx 0.4 \,\mu\text{m}$  [318]) and assess the myelin content, one would need an effective resolution close to 0.1  $\mu\text{m}$ ; this has been reached with holotomography [319] — and applied to isolated mouse nerves in the same work — or with cryo-CT setups [320].

Imaging healthy brain and neuronal system with XPCT has been reported in small-cohort studies for a decade [233, 284, 319, 321, 322, 323, 324, 325]. Thus, we targeted animal models for ischemic stroke and multiple sclerosis with a local alteration. The use of models with local alterations complied with our team's 3R commitment concerning research ethics for animal studies (www.fc3r.com/en/): the ipsilateral lesions were characterized with respect to a contralateral "control" region. The high resolution of XPCT proved relevant to study these small-size lesions. Partial-volume effects — i.e. when multiple types of tissue are contained in a single voxel — are inherent in MRI because of its low resolution [326] — which is even reduced in the axial direction of the device. Contrary to MRI, XPCT has an isotropic resolution. In our work, virtual histology with XPCT has achieved precise localization and a range of quantitative studies for three different animal models.

We individually segmented the tracts in the striatum by
combining a gray-level thresholding on raw images with a fiber-enhancement filter (3D Frangi [327]). The detected demyelination in the ischemic stroke model was broader than the necrotic zone. Young mice from a premature birth model had no detectable myelin in the striatum wheras the control littermates had a fairly complete white-matter network in the same region.

Following a private–public partnership, a proprietary software was developed to generate DTI-like parametric maps; the software was closed source but the methods were thoroughly described in our article. The software relied on image gradient analysis to construct a structure tensor. In vivo DTI acquisitions were performed before sacrifice. The values between DTI and XPCT were quite different: this can be imputed to partial-volume effects, the very different process for the generation of the metrics and the fact that DTI data was acquired *in vivo* while XPCT data was acquired *ex vivo*; however, the diminished fractional anisotropy (FA) and the increased radial diffusivity (RD), with respect to the contralateral region, were consistent between the two imaging techniques. Following this work, we have been contacted for a collaboration which has already resulted in a joint article[229]. The algorithm was implemented recently (in Python) in a common project with Joshua Gobé, the PhD student who will further develop the biomedical applications of XPCT in our group. A first strategy identified TrackVis (Ruopeng Wang, Van J. Wedeen, TrackVis.org, Martinos Center for Biomedical Imaging, Massachusetts General Hospital; trackvis.org) [328], a closed-source software which could generate the tractography from our pre-processed XPCT data; first results were encouraging (cf. Figure 3.1) but TrackVis development was stopped in 2017 and we encountered software limitations. The current strategy is to rely on Dipy [329], an open-source software with a large community and active developers; the Python ecosystem seems more accurate nowadays and the open-source integration of our contribution into Dipy is foreseen.

Exact correlation between different modalities along with histology (for validation) has been reported before [236, 330, 331] and after [332, 333] the publication of our work. Depending on the technique one wants to combine with XPCT, sample preparation methods might have to be adapted; a recent protocol review highlighted this challenge [334]. The



**Figure 3.1.:** Tractography of the corpus callosum from an XPCT image in a multiple sclerosis model (LPC injection) using our pipeline and TrackVis. The corpus callosum contains long fibers (along the plain arrow); the empty region corresponds to the white-matter injury (dashed area). Unpublished results.



**Figure 3.2.:** Dehydration kynetics of a full mouse brain immersed in 96% ethanol. (A) Snapshots of the same mouse brain imaged at different timepoints during dehydration. (B) Ratio of signal intensities between the anterior commissure and the thalamus. Unpublished results.

sample preparation we used in our study was well-known (formaldehyde-fixation and ethanol-dehydration) [283, 335, 336, 337], but we adjusted the protocol (progressive dehydration and final ethanol concentration) for optimal contrast; recently, we showed this contrast appears after more than 10 h (cf. Figure 3.2). In our study, we used anatomical landmarks from the 2D MRI plane or from the 2D histology slices to finetune the position and orientation of our virtual XPCT slice; we performed minimal rigid registration. A thorough study [286, 338] measured the anisotropic shrinkage and contrast changes of paraffin embedding at multiple stages of the process, including after fixation and dehydration in ethanol; their work highlighted the importance of non-rigid registration for future applications. The registration has two purposes: to easily compare multiple modalities and to automatically retrieve labeled regions from a reference atlas like the Allen Reference Atlas – Adult Mouse Brain (atlas.brain-map.org) [339] or the rat brain atlas by Paxinos and Watson [340].

# Morphological study of amyloid-β plaques with XPCT 4

# 4.1. Introduction

The second study reported in this PhD thesis focused on AD transgenic mouse models: one mono-transgenic strain (J20) we acquired from collaborators at the Cancer Research Center of Lyon, one double-transgenic strain (APPPS1) we acquired from the French Agency for Food, Environmental and Occupational Health & Safety (ANSES) and one tripletransgenic strain (3xTg) from Manchester University. They all develop A $\beta$  plaques, mainly in the hippocampus (cf. subsection 1.4.1). Previous works have already reported that these plaques appear in label-free XPCT images. Multiple brains from each strain were collected *postmortem* for imaging with XPCT. The sample preparation was the same as in the first study. We designed a versatile segmentation pipeline that we shared online; it uses open-source software. We identified a set of 8 relevant 3D metrics and compared them for the three transgenic strains.

# 4.2. Associated published work

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Chourrout M, Roux M, Boisvert C, Gislard C, Legland D, Arganda-Carreras I, Olivier C, Peyrin F, Boutin H, Rama N, Baron T, Meyronet D, Brun E, Rositi H, Wiart M, and Chauveau F. Brain Virtual Histology with X-ray Phase-Contrast Tomography Part II: 3D Morphologies of Amyloid- $\beta$  Plaques in Alzheimer's Disease Models. Biomed Opt Express. 2022 Mar 1; 13

[Open Access – Version of Record]

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lished work	89
4.3 Discussion	108

To get familiar with the rodent brain anatomy, one can refer to the Mouse Brain Atlas [191] or Rat Brain Atlas [192, 193, 194] on EBRAINS.

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**Biomedical Optics EXPRESS** 

# Brain virtual histology with X-ray phase-contrast tomography Part II: 3D morphologies of amyloid-β plaques in Alzheimer's disease models

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**Abstract:** While numerous transgenic mouse strains have been produced to model the formation of amyloid- $\beta$  (A $\beta$ ) plaques in the brain, efficient methods for whole-brain 3D analysis of A $\beta$ deposits have to be validated and standardized. Moreover, routine immunohistochemistry performed on brain slices precludes any shape analysis of A $\beta$  plaques, or require complex procedures for serial acquisition and reconstruction. The present study shows how in-line (propagation-based) X-ray phase-contrast tomography (XPCT) combined with ethanol-induced brain sample dehydration enables hippocampus-wide detection and morphometric analysis of A $\beta$ plaques. Performed in three distinct Alzheimer mouse strains, the proposed workflow identified differences in signal intensity and 3D shape parameters: 3xTg displayed a different type of A $\beta$  plaques, with a larger volume and area, greater elongation, flatness and mean breadth, and more intense average signal than J20 and APP/PS1. As a label-free non-destructive technique, XPCT can be combined with standard immunohistochemistry. XPCT virtual histology could thus become instrumental in quantifying the 3D spreading and the morphological impact of seeding when studying prion-like properties of A $\beta$  aggregates in animal models of Alzheimer's disease. This is Part II of a series of two articles reporting the value of in-line XPCT for virtual histology of the brain; Part I shows how in-line XPCT enables 3D myelin mapping in the whole

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rodent brain and in human autopsy brain tissue.

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#### 1. Introduction

The amyloid cascade is considered pivotal in the development of Alzheimer's disease. In the last 20 years, numerous transgenic mouse strains have been produced to model the accumulation of amyloid- $\beta$  (A $\beta$ ) peptides and formation of A $\beta$  plaques in the brain. Most are knock-in animals, obtained by insertion of human genes, which usually include mutations observed in familial cases: presenilins (PSEN1/2), amyloid precursor protein (APP), microtubule associated protein tau (MAPT), triggering receptor expressed on myeloid cells 2 (TREM2), etc. The Alzforum database currently lists 126 mouse models with 1 transgene, and 62 multi-transgene mouse models (https://www.alzforum.org/research-models; last access on October 14, 2021). Fast methods for whole-brain analysis are thus of great value for characterizing and comparing phenotypes among the variety of strains available. Several recent developments have been proposed to enable individual A $\beta$  plaque detection through the entire brain in 3D. These include two-photon serial imaging [1], ultramicroscopy [2], or optical projection tomography [3], which all belong to the field of optical mesoscopy.

X-ray-based virtual histology is a new field of research mainly aimed at 3D datasets of biological tissue virtually sliced in any direction [4]. X-ray phase-contrast tomography (XPCT) using synchrotron radiation allows imaging of excised biological tissues or organs with weak X-ray absorption (like the brain) at microscopic level [5]. XPCT achieves a high signal-to-noise ratio without the need to add staining agents, by probing small changes in refractive indices in the tissue microstructure. It provides micrometric spatial resolution and isotropic reconstruction in a ~ 1 cm<sup>3</sup> field of view (FOV), thus offering ideal prerequisites for imaging protein aggregates of ~ 10  $\mu$ m in the entire and intact (unsliced, unstained) mouse brain [6].

Several pioneer studies already reported detection of A $\beta$  plaques with various X-ray phasecontrast techniques [7–9]. However, these first developments required long acquisition times (30 min–180 min) and/or provided limited anatomical contrast. Recently, free space propagation between object and detector has been shown to be a simple, fast and efficient technique for detecting A $\beta$  plaques with good contrast [10,11]. In addition, anatomic contrast can be greatly enhanced by dehydrating the brain prior to imaging, which increases small local differences between the refractive indices of the different brain structures [5,6]. In terms of analysis and quantification, most previous studies reported only qualitative results, or quantification restricted to parameters accessible to standard 2D histology (e.g., number of plaques, diameter, volume). Only one recent report used XPCT to extract sphericity of A $\beta$  plaques inside the cerebellum [12]. The present study aimed to realize the full potential of XPCT by combining:

- 1. optimal brain tissue preparation through dehydration in ethanol,
- fast acquisition in three different (mono, double and triple) transgenic mouse strains displaying Aβ pathology,
- semi-automatic segmentation of Aβ plaques inside the hippocampus using open-source tools (combination of Fiji plugins),
- 4. and full characterization of their 3D morphology.

This is Part II of a series of two articles reporting the value of in-line XPCT for virtual histology of the brain; Part I shows how in-line XPCT enables myelin mapping of the whole brain [13].



# 2. Methods

## 2.1. Samples

All experimental procedures were carried out in accordance with European regulations for animal use (EEC Council Directive 2010/63/EU). The present study was performed on excised brains. Three transgenic lines were used, for a total of 8 brains:

- 1. mono-transgene line J20 (*n*=2 animals, 2 y.o.), with mutant APP [14];
- 2. double-transgene line APPswe/PSEN1dE9 or APP/PS1 (*n*=3 animals, 1 y.o.), with mutant APP and mutant PSEN1 [15];
- 3. triple-transgene line 3xTg (*n*=3 animals, 1 y.o.), with mutant APP, mutant PSEN1 and mutant MAPT [16].

One additional brain, from a wild-type mouse of C57BL6/129sv background, was used as a control.

## 2.2. Preparation

On the day before imaging, formaldehyde-fixed brains were dehydrated in baths of ascending ethanol concentrations (25, 50, 75, 96%, at least 5 min per bath), and conditioned in plastic tubes (1 cm diameter) filled with ethanol.

## 2.3. Acquisition

Imaging was performed at the ID19 beamline of the European Synchrotron Research Facility (ESRF, Grenoble, France). Acquisition parameters and data characteristics are summarized in Table 1. Briefly, the tomographic images were recorded within 3 minutes at a single sample-detector distance where the camera was positioned away from the sample (3 m) to obtain phase contrast. The experiments were performed with a polychromatic "pink" incident X-ray beam of 26 keV energy. Tomographic reconstructions were performed using the single-distance phase-retrieval approach ("Paganin" method [17]) with PyHST2 software [18], the  $\delta/\beta$  ratio being set to 1000.

## 2.4. Segmentation

Semi-automated detection of A $\beta$  plaques used Fiji software [19]. A pipeline was built with the following plugins: segmentation editor (to isolate hippocampus; https://imagej.net/Segmentation\_Editor), Trainable Weka Segmentation 3D (to identify plaques) [20], and MorphoLibJ [21] and 3D ImageJ suite [22] (to label objects and extract relevant parameters). Image features used for trainable segmentation were "Difference of Gaussian", "Variance", and "Maximum" for J20 and 3xTg. For APP/PS1, "Minimum" was used instead of "Maximum" after the application of a 3D Laplacian-of-Gaussian (Mexican Hat) filter [23], as suggested by Astolfo et al. [10]. A step-by-step guide to perform all image processing, "Amyloid- $\beta$  XPCT Workflow", is publicly available (DOI: 10.5281/zenodo.4584752) [24].

## 2.5. 3D parameters

Sphericity, elongation, flatness, sparseness and distance to nearest object were outputs from 3D ImageJ Suite. Surface area, volume, mean breadth and mean signal intensity (here normalized by background intensity) were outputs from MorphoLibJ. Definitions of these parameters are reported in Table 2.

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 Image: Comparison of Compari

Setup	ID19
Detector	sCMOS (PCO edge)
Scintillator	LuAg (500 µm)
Energy [keV]	26
Sample-detector distance [m]	3
Exposure time [s]	0.04
Number of projections	3000
Sample rotation [°]	360
Acquisition time [min]	3
<b>Reconstruction algorithm</b>	PyHST 2 (Paganin filter, $\delta/\beta = 1000$ )
Field-of-view [cm <sup>3</sup> ]	$1.3 \times 1.3 \times 0.9$
Matrix	$2048 \times 2048$
Number of slices	1400
Voxel size (isotropic) [µm]	6.5
Image size [GB]	11.7 (as 16-bit data)
Estimated dose [Gy]	35000

#### Table 1. Acquisition parameters and data characteristics.

## 2.6. Analysis and statistics

Prism 8 (GraphPad) was used for violin plots and statistics. The Welch version of one-way ANOVA (gaussian populations, unequal variances) was used to compare the above-cited parameter values of individual A $\beta$  plaques across the three transgenic groups, with additional Games-Howell tests (recommended for *n*>50) for pairwise comparisons. Linear correlations between parameters were quantified on Pearson correlation coefficient. MIPAV (v10.0.0, CIT, NIH [26]) was used for 2D visualization of semi-transparent overlay of plaque labels onto native images. Amira Software 6 (ThermoFisher) was used for all 3D renderings.

#### 2.7. Immunochemistry

One sample of each transgenic strain underwent paraffin embedding, 7  $\mu$ m-thick microtome slicing (Leica RM2245) and standard A $\beta$  immunofluorescence or histological staining. A $\beta$ immunofluorescence was performed after i) standard dewaxing, ii) antigen retrieval with 100% formic acid for 15–20 minutes at room temperature (RT), and iii) blocking with 5% Bovine Serum Albumin (BSA) and 0.5% Triton-X in Phosphate Buffer Saline (PBS, Sigma-Aldrich ref. P4417) for 30 minutes at RT, by incubating the anti-A $\beta$  monoclonal antibody 4G8 (Covance, ref. SIG-39220, dilution 1 : 1000 in 5% BSA) on each microscope slide overnight, in a humid chamber at 4°C. After three 5 min washes in PBS at RT, secondary antibody (anti-mouse AlexaFluor 488 or 546, ThermoFisher, dilution 1:500 in 5% BSA) was incubated on each microscope slide for 60 minutes, in a humid chamber at RT. After three 5 min washes in PBS at RT, slides were mounted with DAPI-containing medium (Roti-Mount FluorCare DAPI, Carl Roth), and stored at 4°C. Thioflavin S staining (ThS, Sigma-Aldrich ref. T1892) (0.05% in ethanol 70%) was performed for 10 min at RT after dewaxing, and slides were mounted with DAPI-containing medium, after two 1 min washes in ethanol 70%. Fluorescence images were captured on a microscope (AxioScope A1, Zeiss) equipped with a digital camera interfaced with image-analysis software (ZEN 2 lite, Zeiss).



#### Table 2. Morphometric parameters. More details are available at https://imagej.net/MorphoLibJ.html#Documentation and in [25].

Name	Definition	Formula
Compactness (not reported)	Ratio ( <i>C</i> ) between volume ( <i>V</i> ) and surface area ( <i>A</i> ); "3D ImageJ Suite" implements a 'discrete' compactness, described by Bribiesca (2008), estimated from the number of voxels ( $N_{voxels}$ ); spheres have a compactness of 1.	$C = \frac{36\pi V^2}{A^3} \approx \frac{N_{voxels} - \frac{A}{6}}{N_{voxels} - (N_{voxels})^{2/3}}$
Sphericity	Ratio ( <i>S</i> ) between volume ( <i>V</i> ) and surface area ( <i>A</i> ); linked to compactness (or discrete compactness); spheres have a sphericity of 1.	$S = C^{1/3} \approx \left(\frac{N_{voxels} - \frac{4}{6}}{N_{voxels} - (N_{voxels})^{2/3}}\right)^{1/3}$
Elongation	Elongation of the equivalent ellipsoid, where $R_1 > = R_2 > = R_3$ are are the lengths of the semi-axes of the ellipsoid with same inertia tensor as the object	$Elongation = \frac{R_1}{R_2}$
Flatness	Flatness of the equivalent ellipsoid, where $R_1 > = R_2 > = R_3$ are are the lengths of the semi-axes of the ellipsoid with same inertia tensor as the object	$Flatness = \frac{R_2}{R_3}$
Sparseness	Ratio between the volume of the equivalent ellipsoid $(V_{ell})$ and the volume of the object $(V_{obj})$	$Sparseness = \frac{V_{ell}}{V_{obj}}$
Mean Signal Intensity (SI)	Mean intensity from the raw image; here reported as a mean signal-to-background ratio	
Volume	Volume in the given unit $(\mu m^3)$	
Surface Area	Surface area in the given unit $(\mu m^2)$	
Mean Breadth	Average of the Feret diameter of convex objects measured over a selected number of orientations (µm)	
Distance	Distance between two closest segmented objects (µm)	



# 3. Results

#### 3.1. Qualitative analysis

After ethanol dehydration, brain anatomy, and specifically white matter tracts, was uniquely displayed on XPCT images (Fig. 1), as reported in Part I of this series of articles [13].



**Fig. 1.** Whole-brain anatomy of ethanol-dehydrated brains from the three mouse strains (XPCT single slices). The plaques from the three strains are visible mainly in the hippocampi (in red).

One additional formaldehyde-fixed sample of the J20 strain was scanned in PBS using the same set-up and reconstruction algorithm (Fig. S1): though some A $\beta$  plaques were visible, surrounding brain tissue exhibited low overall signal intensity, strongly contaminated by ring artefacts. Thus, imaging in ethanol was required for region-specific segmentation. In this proof-of-concept study, we chose to focus on the hippocampus, in which all three mouse strains exhibited A $\beta$  plaques. However, these plaques displayed strikingly different appearances (Fig. 2): i) J20 exhibited numerous small intense spots, sometimes very close to each other and seemingly



**Fig. 2.** XPCT images (maximum intensity projections over 50 slices) obtained at the level of the dorsal hippocampus, showing the density and appearance of  $A\beta$  plaques in the three mouse strains.



coalescing; ii) APP/PS1 displayed intense spots, often surrounded by a diffuse rim, resembling typical human dense-core plaques; iii) 3xTg showed few but large and highly intense deposits.

These 3D signals obtained without labeling matched the 2D fluorescence of corresponding brain slices after thioflavin S staining or A $\beta$ -peptide immunohistochemistry (Fig. 3), although some of the stained plaques seemed not to produce hyperintense contrast on XPCT.



**Fig. 3.** Corresponding XPCT image (left row), amyloid staining with 4G8 antibody (red filter, exc 550 nm, em 605 nm), and Thioflavin S staining (right row, green filter, exc 485 nm, em 515 nm), for the three transgenic mouse strains. DAPI staining was obtained with a blue fluorescence filter (exc 365 nm, em 445 nm).

#### 3.2. Morphological quantification

Following hippocampus extraction (steps 2–3 in the Amyloid- $\beta$  XPCT Workflow), machine learning was used to perform A $\beta$  plaque recognition: Trainable Weka Segmentation 3D used a strain-selective classifier that was built from 5 consecutive slices and then applied to the whole hippocampus (>200 slices) to produce a probability map that was thresholded by visual inspection (steps 4–5 in the Amyloid- $\beta$  XPCT Workflow). This strategy proved versatile and accommodated the different types and numbers of plaques imaged in this study (Fig. 4).

After automatic labeling and size filtering of segmented objects (step 6 in the Amyloid-β XPCT Workflow), a few manual cleaning steps were performed under expert supervision (author FC). False-positive objects were, in most cases, located in the myelinated tracts of the perforant pathway (Fig. S2). On rare occasions, neurons or blood clots remaining in vessels were also detected as plaques. In 3xTg brains, a few false-positive labels were easily identified and removed, out of a dozen correctly segmented plaques (6–16 per hemisphere). In J20, which in contrast had several hundreds of plaques (774–916 per hemisphere), expert screening showed that the false-positive detection rate was below 5%. Importantly, not all J20 plaques could be individually separated; hence some segmented objects were "twin" plaques, in close contact, which were manually removed from analysis. In the case of APP/PS1, plaques were of lower signal intensity, and could not be unambiguously distinguished from perforant pathway signals. APP/PS1 volumes



**Fig. 4.** Representative 2D overlay and 3D orthographic rendering (AMIRA) of segmented plaques for each strain.

were thus screened to manually select a hundred representative plaques outside the perforant tracts, which were used to calculate morphological parameters. Finally, as a specificity control, the 3 classifiers were applied to the hippocampus of a wild-type mouse, and, after similar



**Fig. 5.** Violin plots of morphological parameters extracted from the population of A $\beta$  plaques. Definitions of the parameters are reported in Table 2; Significance levels of pairwise Games-Howell comparisons are indicated (\* p < 0.05; \*\* p < 0.01; \*\*\* p < 0.001; \*\*\*\* p < 0.001; Mean (interquartile range) are represented as dashed lines.



thresholding and size filtering, yielded no other detection than the same type of false-positive objects described above (Fig. S2).

Both the MorphoLibJ and 3D ImageJ Suite plugins were able to extract morphological parameters (step 7 in the Amyloid- $\beta$  XPCT Workflow), and we here report a combination of the shape parameters available for each strain (Fig. 5).

As expected from visual assessment, 3xTg displayed the highest plaque signal intensity after normalization to background (3xTg > J20 > APP/PS1, p<0.0001), while J20 had the smallest volume (J20 < APP/PS1 < 3xTg, p<0.0001) and surface area (J20 < APP/PS1 < 3xTg, p<0.0001) per plaque. Mean breadth, a parameter proportional to the integral of the mean curvature, was also significantly less in J20 (< APP/PS1 < 3xTg, p<0.0001). Shape differences were more pronounced for 3xTg, which had greater elongation and flatness ( $3xTg > APP/PS1 \approx J20$ , both p<0.0001), and lower sphericity ( $3xTg < APP/PS1 \approx J20$ , p = 0.0002) compared to J20 and APP/PS1. Finally, it was possible to compute nearest-neighbor distances (Fig. S3), the mean value of which was 4-fold greater in 3xTg than J20. These parameters are not mutually independent, and correlation matrices were computed to highlight strain differences in correlation coefficients (Fig. 6).



**Fig. 6.** Pearson *r* correlation coefficients (color-coded from -1 = blue to 1 = red) between the 8 parameters. Correlation coefficients highlighted with yellow boxes refer to comments in the text.

While sphericity and sparseness were highly correlated in all three strains, mean breadth was positively correlated with elongation, and negatively with sparseness, both in J20 and APP/PS1 (Fig. 6, yellow boxes), but not in 3xTg. In contrast, flatness was correlated with surface area, volume and mean breadth in 3xTg only (Fig. 6, yellow boxes).

#### 4. Discussion

The present study went beyond previous pioneer reports of A $\beta$  detection with XPCT by:

- 1. studying a complete experimental group (10 brains in total vs 1–2 samples);
- 2. comparing 3 different strains (vs. a single one);
- 3. and providing access to multiple morphometric parameters (while previous reports were confined to plaque number, volume and sphericity).

An additional contribution consisted in building and sharing a "biologist-friendly" analysis workflow, by assembling multiple Fiji plugins: segmentation editor, Trainable Weka Segmentation, 3D, MorphoLibJ, 3D ImageJ Suite. We were especially interested in the ability of the workflow to correctly detect a significant proportion of A $\beta$  plaques with very different appearances and morphologies. Hence versatility rather than completeness of the segmentation was the primary Vol. 13, No. 3/1 Mar 2022/ Biomedical Optics Express 1649

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goal of the method. We were able to successfully segment numerous A $\beta$  plaques, even when their refractive indices (and subsequent XPCT signals) were barely different from surrounding tissue, as in the case of APP/PS1. In future studies in a dedicated mouse strain, segmentation may be improved, by building a dedicated Weka classifier combining a few slices from different animals, and/or by using several classes of objects to better discriminate A $\beta$  plaques from neuronal tracts, and/or by using wild-type littermate brains to avoid false-positive detections and thus avoid human intervention to threshold probability maps and exclude false positives.

Tested on three different transgenic mouse strains, the analysis workflow yielded an entirely new class of 3D parameters, with distribution easily measured on multiple plaques. We provide basic examples of how to handle this set of parameters: e.g., building correlation matrices (Fig. 6) or searching for spatial patterns (Visualization 1 showing the distribution of mean breadth values on APP/PS1 hippocampus). Hence, the present work leveraged 3D analysis to extract multiple morphological parameters of A $\beta$  plaques which otherwise require extended serial microscopy acquisitions with 3D reconstruction [1]. The development of such quantification pipelines is a necessary step for popularizing XPCT in neuroscience laboratories which need to phenotype transgenic animal cohorts. Moreover, this imaging modality could be instrumental in studying the prion-like properties of A $\beta$  fibrillar aggregates. Typical experiments involve exogenously inoculated A $\beta$  seeds (prion-like agents) which template and accelerate A $\beta$  deposition in the host brain [27,28]. Hence non-destructive 3D imaging would be a great advantage in identifying the spreading routes of inoculated seeds [29]. Moreover, it was suggested that seed morphology influences the final morphology of disseminated A $\beta$  deposits; but the existence of these "morphotypes" was inferred from 2D immunohistochemistry [30] and awaits 3D confirmation.

In this proof-of-concept report, 3xTg displayed a different type of Aß plaque, with larger volume and area, greater elongation and flatness, and much higher signal intensity than J20 and APP/PS1. A $\beta$  aggregation has been shown to start intracellularly in hippocampal neurons of the 3xTg strain, and it is interesting to note that neuronal bodies in the hippocampus showed high signal intensity in comparison to other strains (Fig. 1). Thus, the distinct aggregation cascade in this strain might translate into different extracellular morphotypes of Aß plaque. While the mechanisms leading to these particularities remain elusive, these observations illustrate how XPCT can probe the pathophysiological microenvironment of brain tissue. In terms of morphometry, the study identified mean breadth as an original and discriminating parameter. Mean breadth is a quantity proportional to the integral of mean curvature over area (>0 for convex objects such as A $\beta$  plaques). In this case, mean breadth can be defined as the average of the Feret diameter measured over a selected number of orientations. It correlated strongly with area and volume (all related to the size of the plaque), but exhibited radically different correlation patterns with other parameters in 3xTg (Fig. 6). This shows that the analysis of 3D geometry can benefit from other parameters in addition to the often-reported sphericity and volume. Ultimately, the combination of all parameters results in "morphological signatures" that allows discriminating the strains. The interpretation of the associations between the morphological parameters could however complexify when the number of parameters increases. In that case, exploratory data analysis such as dimensionality reduction or clustering could help reveal which parameters correlate, and which ones carry complementary information [31,32]

Though the pathophysiological relevance of A $\beta$  shape remains unknown, the morphology of A $\beta$  plaques gained interest with the recent development of brain clearing techniques [2,3,33,34]. In comparison, XPCT has the following advantages: i) ultra-fast sample preparation (around 1 hour, whereas 3D immunofluorescence typically requires several days' incubation with antiamyloid antibodies), ii) variation in size through sole ethanol dehydration (up to 40% decrease in the brain [35]) whereas most clearing techniques drastically change brain size, leading to shrinkage or expansion, through multiple and successive chemical treatments [36], and iii) 
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whole-brain acquisition (whereas light-sheet imaging usually requires multiple acquisitions and fastidious stitching procedures). Therefore, XPCT can be positioned as a forefront technique, allowing high-throughput brain screening, and guidance for subsequent brain clearing and 3D immunohistochemistry on selected samples. XPCT is therefore unique as a whole-brain, label-free method for ex vivo amyloid imaging. The current limitations of XPCT are the following.

- 1. The sensitivity of detection of  $A\beta$  plaques likely depends on size and location in the brain; this point could be addressed by more precisely adjusting tissue dehydration (by varying the percentage of ethanol) so as to get minimal anatomical contrast while preserving  $A\beta$ detectability.
- 2. Not all A $\beta$  plaques seem detectable and the source of the XPCT contrast from A $\beta$  plaques is not currently fully understood, though it is likely to arise from a local change in refractive index due to insoluble fibrillar A $\beta$  [37], along with a possible contribution of endogenous metals entrapped in the plaque [38]. Indeed, there are scarce reports of calcium accumulation in transgenic mice and in Alzheimer patients [39,40]. Furthermore, using various methods, metals like iron, copper or zinc have been shown to accumulate in amyloid plaques, although contrasting results have been reported according plaque types (mouse or human, senile or diffuse) [38,40–43]
- 3. The availability of synchrotron sources with XPCT capacity is restricted to 20-30 sites in the world; but several methods have been proposed to obtain phase-contrast images from a laboratory X-ray source [40,44–46].

# 5. Conclusion

In summary, we presented a complete workflow for ex vivo whole-brain imaging and quantification of A $\beta$  pathology. Sample preparation was limited to reversible dehydration of tissue, which remained available for standard immunohistochemistry. Propagation-based XPCT produced unequalled image quality (Fig. S4), with various concurrent types of anatomical information (white matter, vessels, neuronal organization). New 3D parameters, not attainable on routine immunohistochemistry, were successfully extracted from 3 transgenic Alzheimer's disease models.

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Authors' contributions (according to Contributor Role Taxonomy (https://casrai.org/credit/)) CRediT

- Conceptualization: MW, FC
- Data curation: MC, MR, CG, CO, EB, HR
- Formal analysis: MC, MR
- Funding acquisition: FP, HR, MW, FC
- Investigation: MC, MR, CB, CG, CO
- Methodology: EB, HR, MW, FC
- Project administration: MW, FC
- Resources: DL, IAC, HB, NR, TB, DM

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- Supervision: EB, HR, MW, FC
- · Validation: MC, FC
- Visualization: MC, MR, CB, CG
- Writing original draft: FC
- Writing review & editing: MC, MR, CB, EB, HR, MW, FC

**Disclosures.** The authors declare no conflicts of interest.

**Data availability.** The raw data required to reproduce these findings cannot be shared at this time due to the large size of the XPCT datafile, but are available on request. The image processing workflow is available on Zenodo [24].

Supplemental document. See Supplement 1 for supporting content.

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Supplemental Document

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# Brain virtual histology with X-ray phase-contrast tomography Part II:3D morphologies of amyloid-β plaques in Alzheimer's disease models: supplement

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# Brain virtual histology with X-ray phase-contrast tomography — Part II: 3D morphologies of amyloid-β plaques in Alzheimer's disease models — Supplemental document



**Visualization 1.** 3D rendering of whole brain, hippocampi and Aβ plaques (with mean breadth value visualization) segmented from transgenic APP/PS1 mouse brain. URL: https://osapublishing.figshare.com/s/b67dc8e839059e885974



**Fig. S1.** Single-slice XPCT images from J20 brains with (right) and without (left) dehydration in ethanol.



**Fig. S2.** Results of trainable WEKA segmentation using a strain-specific classifier applied on the same non-transgenic C57/Bl6 brain. Colored labels represent false positive detections of plaque-like signals.



**Fig. S3.** Violin plots of nearest-neighbour distances extracted from the population of segmented  $A\beta$  plaques. The present results are reported to highlight feasibility but may be biased because only a subset of individual plaques was selected in APP/PS1, and closest pairs of J20 plaques couldn't be resolved.



**Fig. S4.** XPCT images (single slices and maximum intensity projections over 5 slices) of the three mouse strains.

# 4.3. Discussion

In this article, we analyzed amyloid- $\beta$  plaques, which can be seen with propagation-based XPCT. These plaques were mainly detected in the hippocampus. Eventually, the anatomical contrast can be enhanced with a dehydration protocol but it is not necessary to see the plaques, as they are already detectable in PBS-immersed brains (cf. Fig. S1 in the supplement of the article).

Since 2006, amyloid- $\beta$  plaques have been studied with x-ray phase-contrast imaging, both in AD models [210, 230, 231, 232, 233, 234, 235, 236, 237] and in AD patients [236]. With the propagation-based XPCT setup at the ID-19 and ID-17 beamlines of ESRF instead of grating interferometry, the acquisition time was greatly reduced — while it took 80 min per sample in the study by Pinzer et al. [231], our scans with a pixel size of 6 µm required 5 min for one whole mouse brain. The 6 µm pixel size was a good compromise because it resolved most of the individual A $\beta$  plaques. A measurement of the effective resolution was not performed; this could be implemented using the half-bit threshold intersection with the Fourier shell correlation curve [341]. Other solutions require the use of a phantom, such as a a resolution test chart [342]; one could conceive a biology-accurate phantom with micrometric high-density inclusions of known size, separated with varying distances — the assessment would consist into resolving individual inclusions.

Our study involved the segmentation of A $\beta$  plaques in 3 transgenic models of AD (n = 8 animals in total) with opensource software: the Weka toolbox [343] and the Fiji/ImageJ software [344] (along with a few plugins: Trainable Weka Segmentation [345], MorpholibJ [346] and the 3D ImageJ Suite [347]). The segmentation pipeline we designed is fully detailed and illustrated in a separate document [348]. This pipeline is not limited to our application as it is relevant for the segmentation of any blob-like object with any 3D gray-scale technique. We reported an extensive set of volumetric measurements on images which were acquired in the same conditions, ensuring consistent contrasts. However, the segmentation was not exhaustive: false positives and false negatives (which we did not estimate) required a segmentation strategy and label-cleaning which were slightly different for each strain. The smaller objects were discarded under a

volume threshold (number of voxels) because of the ambiguity between small A $\beta$  plaques and neuron heads. The spatial distribution of the mean breadth — shown in the supplemental movie; https://opticapublishing.figshare.com/s/ b67dc8e839059e885974 — revealed that plaques towards the cranial dorsal extremity of the hippocampi had lower mean breadths than plaques at the latero-ventral extremity. A different segmentation strategy would be required for a bigger cohort or for the study of more complex objects, such as blood vessels in Chapter 6. The strain-dependent distributions of our 8 metrics highlighted the well-known A $\beta$  polymorphism [52, 349, 350]; future research about the structural A $\beta$  polymorphism could for instance target the different A $\beta$  conformations that develop upon injection of different A $\beta$  prions [351]; or identify the interactions of copathologies with A $\beta$  plaques in multiple-transgenic models such as an  $A\beta$  +  $\alpha$ -syn model by Baron et al. [352], just like we did with the  $A\beta$  + tau model, 3xTg.

We performed correlative histology after XPCT: we confirmed with fluorescent dyes that the detected objects were A $\beta$ positive inclusions, e.g. A $\beta$  plaques. However, Figure 3 in the article suggested that we could only detect a subset of the plaques with XPCT: it raises the question about the properties of A $\beta$  that make the contrast-agent-free detection possible. This led to the design of a study which is described in Chapter 5 on page 111.

# The origin of the contrast of amyloid- $\beta$ plaques in XPCT 5.

# 5.1. Introduction

In the previous chapters, we detailed how XPCT can assess neuropathological changes in 3D in *postmortem* samples. Concerning A $\beta$  plaques, the question of their selective labelfree detection with XPCT remains unanswered. In anterior articles [210, 230, 231, 232, 233, 234, 235, 236, 237], Aβ plaques have been reported as high-density inclusions — appearing as bright spots in our images [238]. We hypothesized this local contrast variation was related to the entrapped metals or to the insoluble A $\beta_{1-42}$  fibrils of the A $\beta$  plaques. On one hand, the metal hypothesis was supported by MRI studies that could indirectly detect iron-loaded A $\beta$  plaques [93, 216]; A $\beta$  plaques are known to trap multiple metals, especially endogenous iron, zinc and copper [99, 100]. On the other hand, the fibril hypothesis was supported by our recent study about myelin in XPCT, which is also a non-soluble protein [190]. We also considered a mix of the metal and fibril hypotheses. We designed a study involving three different techniques: XPCT, X-ray fluorescence microscopy (XRF) and Fourier-transform infrared microspectroscopy (FTIR). XRF and FTIR are 2D modalities that can respectively quantify metal and fibril levels (cf. subsection 2.5.1 and subsection 2.5.2). We coupled XRF and FTIR with optical fluorescence microscopy to target the same  $A\beta$  deposits and correlate these data. The combined results on AD samples — either from human patients or from animal models — emphasize the role of metals for XPCT detection.

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To get familiar with the human brain anatomy, one can refer to the Human Brain Atlas [137, 138, 139] on EBRAINS.

To get familiar with the rodent brain anatomy, one can refer to the Mouse Brain Atlas [191] or Rat Brain Atlas [192, 193, 194] on EBRAINS.

# 5.2. Associated published work

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Chourrout M, Sandt C, Weitkamp T, Dučić T, Meyronet D, Baron T, Klohs J, Rama N, Boutin H, Singh S, Olivier C, Wiart M, Brun E, Bohic S, and Chauveau F. Why Are Amyloid- $\beta$ Plaques Detected by X-ray Phase-Contrast Imaging? Role of Metals Revealed through Combined Synchrotron Infrared and X-ray Fluorescence Microscopies. 2023 Jan 1. preprint

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# <sup>1</sup> Graphical Abstract

- <sup>2</sup> Why are amyloid-β plaques detected by X-ray phase-contrast imag-
- <sup>3</sup> ing? Role of metals revealed through combined synchrotron in-

<sup>4</sup> frared and X-ray fluorescence microscopies

- <sup>5</sup> Matthieu Chourrout, Christophe Sandt, Timm Weitkamp, Tanja Dučić, David
- <sup>6</sup> Meyronet, Thierry Baron, Jan Klohs, Nicolas Rama, Hervé Boutin, Shifali
- 7 Singh, Cécile Olivier, Marlène Wiart, Emmanuel Brun, Sylvain Bohic, Fabien
- 8 Chauveau



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- Chauveau 16
- Amyloid-β plaques in the different forms of Alzheimer's Disease have 17 various contrasts in X-ray phase-contrast tomography 18
- In transgenic rodents, a core-restricted, positive contrast is driven by 19 the level of metal entrapment within plaques 20
- In humans, greater and more diffuse metal accumulation lead to a 21 positive contrast in a genetic case of AD 22

Why are amyloid- $\beta$  plaques detected by X-ray

phase-contrast imaging? Role of metals revealed 24 through combined synchrotron infrared and X-ray 25 fluorescence microscopies 26 Matthieu Chourrout<sup>a</sup>, Christophe Sandt<sup>b</sup>, Timm Weitkamp<sup>b</sup>, Tanja Dučić<sup>c</sup>, 27 David Meyronet<sup>d,e</sup>, Thierry Baron<sup>f</sup>, Jan Klohs<sup>g</sup>, Nicolas Rama<sup>e</sup>, Hervé 28 Boutin<sup>h</sup>, Shifali Singh<sup>i</sup>, Cécile Olivier<sup>i</sup>, Marlène Wiart<sup>j,k</sup>, Emmanuel Brun<sup>i</sup>, 29 Svlvain Bohic<sup>i</sup>, Fabien Chauveau<sup>a,k,\*</sup> 30 <sup>a</sup> Univ. Lyon, Lyon Neuroscience Research Center (CRNL); CNRS UMR5292; INSERM U1028; Univ. Lyon 1, Lyon, France <sup>b</sup>Synchrotron SOLEIL, Saint-Aubin, France <sup>c</sup>ALBA-CELLS Synchrotron, MIRAS Beamline, Cerdanyola del Vallès, Spain <sup>d</sup>Hospices Civils de Lyon, Neuropathology department, Lyon, France <sup>e</sup>Univ. Lyon, Cancer Research Center of Lyon (CRCL); INSERM U1052; CNRS UMR5286; Univ. Lyon 1; Centre Léon Bérard, Lyon, France <sup>f</sup>Univ. Lyon, ANSES, Lyon, France <sup>g</sup>ETH Zurich, Institute for Biomedical Engineering, Zurich, Switzerland <sup>h</sup>Univ. Manchester, Faculty of Biology Medicine and Health, Wolfson Molecular Imaging Centre, Manchester, United Kingdom <sup>i</sup>Univ. Grenoble Alpes, Synchrotron Radiation for Biomedicine (STROBE); Inserm UA7, Grenoble, France <sup>j</sup>Univ. Lyon, CarMeN Laboratory; INSERM U1060, INRA U1397, INSA Lyon, Univ. Lyon 1, Lyon, France <sup>k</sup>CNRS, France

# 31 Abstract

23

Amyloid- $\beta$  (A $\beta$ ) plaques from Alzheimer's Disease (AD) can be visualized *ex vivo* in label-free brain samples using synchrotron X-ray phase-contrast tomography (XPCT). However, for XPCT to be useful as a screening method for amyloid pathology, it is essential to understand which factors drive the detection of A $\beta$  plaques. The current study was designed to test the hypothesis that A $\beta$ -related contrast in XPCT could be caused by the A $\beta$  fibrils and/or by metals trapped in the plaques. This study probed the fibrillar and elemental compositions of A $\beta$  plaques in brain samples from different types of AD pa-

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> tients and AD models to establish a relationship between XPCT contrast and A $\beta$  plaque characteristics. XPCT, micro-Fourier-Transform Infrared spectroscopy and micro-X-Ray Fluorescence spectroscopy were conducted on human samples (genetic and sporadic cases) and on four transgenic rodent strains (mouse: APPPS1, ArcA $\beta$ , J20; rat: TgF344). A $\beta$  plaques from the genetic AD patient were visible using XPCT, and had higher  $\beta$ -sheet content and higher metal levels than the sporadic AD patient, which remained undetected by XPCT. A $\beta$  plaques in J20 mice and TgF344 rats appeared hyperintense on XPCT images, while they were hypointense with an hyperintense core in the case of APPPS1 and ArcA $\beta$  mice. In all four transgenic strains,  $\beta$ -sheet content was similar, while metal levels were highly variable: J20 (zinc and iron) and TgF344 (copper) strains showed greater metal accumulation than APPPS1 and ArcA $\beta$  mice. Hence, a positive contrast formation of A $\beta$ plaques in XPCT images appeared driven by biometal entrapment.

<sup>32</sup> Keywords: Neurodegenerative diseases, Alzheimer's disease, Amyloid-β

<sup>33</sup> plaques, X-ray phase-contrast tomography, Fourier-Transform Infrared

<sup>34</sup> spectroscopy, X-Ray Fluorescence spectroscopy

## 35 1. Introduction

Amyloid- $\beta$  (A $\beta$ ) plaques are an early hallmark of Alzheimer's Disease 36 (AD) in the human brain  $A\beta$  plaques are formed by the aggregation of 37 amyloid- $\beta$  peptides with altered conformation into fibrils. Multiple tech-38 niques have arisen to assess the AD suspicion in vivo, especially A $\beta$  positron 39 emission tomography (PET) [1]. However, definite AD diagnosis still requires 40 the *postmortem* examination of brain tissue and neuropathological scorings 41 like the CERAD scoring [2], which qualitatively assesses the density and dis-42 tribution within the brain, and Thal–Braak stages [3], which describe the 43 progression of A $\beta$  plaques within the brain areas. 44

X-ray phase-contrast tomography (XPCT) refers to a family of techniques 45 which uses the phase shift rather than the attenuation of X-rays to probe 46 the microstructure in soft biological tissues. X-ray 3D imaging of A $\beta$  plaques 47 has been described in transgenic rodent models that develop amyloidosis 48 for the past decade, using propagation-based phase contrast (either with 49 synchrotron radiation [4, 5, 6, 7] or with a laboratory source [8]) or us-50 ing grating-based phase contrast (with synchrotron radiation [9, 10, 11, 4]). 51 These techniques generate 3D images with an isotropic resolution ranging 52

from 1 µm to 10 µm, thus providing a so-called "virtual histology" of the ex-53 cised brain [12, 13, 14] with minimal preparation (fixation, dehydration or 54 paraffin embedding). Imaging AD samples with XPCT is particularly inter-55 esting because plaques stand out in the images without the need to add any 56 staining agents. Previous studies highlighted the great potential of XPCT 57 for the quantitative analysis of amyloid- $\beta$  plaques (overall burden [11, 4], 58 spatial distribution [6], 3D morphometry [7]). These advances (which bring 59 original information not available to standard immunohistochemistry), com-60 bined with increasingly faster acquisitions (less than  $5 \min \text{ per sample } [7]$ ), 61 position XPCT as a potential screening tool for amyloid pathology. However, 62 up to now, the substrate underlying contrast of A $\beta$  plaques in XPCT images 63 remains unexplored. In other words, it is not known why  $A\beta$  plaques are 64 detected with XPCT. 65

Phase-contrast signal emerges from local changes of the X-ray refrac-66 tive index within the plaques — compared to that of the surrounding tissue 67 —, which makes them stand out. Changes of the refractive index could 68 be caused by the characteristics of the fibrils structured as  $\beta$ -sheet stacks 69 of amyloid- $\beta$  peptides [15, 16, 17], which form dense and relatively insolu-70 ble aggregates. Or they could be linked to the entrapment of endogenous 71 metals within the plaques, as iron, copper and zinc have been observed as 72 co-localized with A $\beta$  plaques, both in the human pathology [15, 18] and in 73 rodent models [19, 20, 21]. We tested these two non-exclusive hypotheses 74 to elucidate the origin of the phase-contrast signal of A $\beta$  plaques. To this 75 end, we performed an examination of the same excised brains from a va-76 riety of transgenic rodents (four transgenic strains) and AD patients (one 77 sporadic case and one familial case) with three different and complementary 78 synchrotron techniques, namely: 79

*i)* XPCT to visualize the plaques and measure the contrast with surrounding tissue,

<sup>82</sup> *ii*) Fourier-transform infrared microspectroscopy ( $\mu$ FTIR) to quantify the <sup>83</sup> proportion of  $\beta$  sheets in the plaques,

*iii*) X-ray fluorescence microspectroscopy (μXRF) to assess metal quanti ties in the plaques.

<sup>86</sup> We here report new XPCT contrasts related to  $A\beta$  plaques: in rodents, <sup>87</sup> some strains displayed a hypointense (dark) contrast while others had the

already described hyperintense (bright) contrast. In humans, XPCT high-

 $_{29}$  lighted parenchymal A $\beta$  plaques for the first time (in the genetic patient).

 $_{\rm 90}$   $\,$  Overall our results suggest that positive XPCT contrast is mainly driven by

<sup>91</sup> the level and spatial distribution of metal entrapment.

# 92 2. Material & Methods

93 2.1. Study design

<sup>94</sup> Figure 1 summarizes study design, which intended to examine A $\beta$  plaques <sup>95</sup> from the same brains with XPCT, µFTIR and µXRF. Tissue preparation was <sup>96</sup> not compatible between the three techniques, thus the samples had to be cut: <sup>97</sup> one half was processed for XPCT, the other half was processed for µFTIR <sup>98</sup> followed by µXRF. The list of samples, and all measurements performed on <sup>99</sup> individual A $\beta$  plaques (n = 9-23 per strain), is available as a supplementary <sup>100</sup> file.

101 2.2. Samples

102 2.2.1. Human brain samples

Human brain samples (from parietal and frontal cortex) and associated data were obtained from Tissu-Tumorothèque Est Biobank (CRB-HCL Hospices Civils de Lyon) authorized by the French Ministry of Research (authorizations DC2008-72 & AC2015-2576):

• A 51-year-old male patient with genetic (APP duplication) AD (postmortem delay 36 h);

• An 82-year-old female patient with sporadic AD (post-mortem delay 110 11 h).

Both had pronounced Aβ pathology (Thal–Braak stage V, CERAD score 3)
[22], and had been previously diagnosed as free from prion disease.

Two snap-frozen samples were collected. One sample was kept frozen for sectioning, while the other was fixed with formaldehyde 4 % (as described in the tissue preparation section below).

Paired formalin-fixed paraffin-embedded (FFPE) blocks were cut onto slides and stained with multiple agents:

- Anti-A $\beta$  A4 antibodies for A $\beta$  load;
- Anti-phosphorylated-tau antibodies for neurofibrillary tangles (NFTs);



Figure 1: Experimental design, summarizing sample preparation and imaging techniques. A half of the sample was fixed and dehydrated then scanned in 3D with XPCT (left part). The other half was sectioned while frozen, fluorescently stained to locate A $\beta$  plaques, and analyzed in 2D using µFTIR (for  $\beta$ -sheet load) and µXRF (for metal level).

• Luxol fast blue and periodic acid-Schiff (PAS) stains for myelin and glycogen-rich bodies.

## 122 2.2.2. Transgenic rodent brain samples

- <sup>123</sup> Four transgenic rodent models that develop amyloidosis were studied:
- Mono-transgene line ArcA $\beta$  (n = 3 mice, 15 months old), with mutant APP [23] (https://www.alzforum.org/research-models/arcav)
- Double-transgene line APPPS1 (n = 3 mice, 12 months old), with mutant APP and PSEN1 [24] (https://www.alzforum.org/research-models/appps1)
- Mono-transgene line J20 (n = 2 mice, 13 months old), with mutant
   APP [25] (https://www.alzforum.org/research-models/j20-pdgf-appswind)

Double-transgene line TgF344 (n = 3 rats, 20 months old), with mutant
 APP and PSEN1 [26] (https://www.alzforum.org/research-models/
 tgf344-ad)

<sup>134</sup> One wild-type (WT) rat (Fischer 344) and one WT mouse (C57Bl/6), re-<sup>135</sup> spectively 20 and 15 months old, were used as controls.

Rodents were sacrificed with intracardiac PBS perfusion to clean blood vessels. Brains were excised and kept at -80 °C.

<sup>138</sup> Mouse brains were cut in half along the hemisphere (Figure 1). One half <sup>139</sup> was then fixed and dehydrated (for XPCT). The other half was immediately <sup>140</sup> put back at -80 °C (for µFTIR and µXRF).

Only one hemisphere was available per rat brain. The hemispheres were cut in the middle of the hippocampus. One half was then fixed and dehydrated (for XPCT). The other half was immediately put back at -80 °C (for  $\mu$ FTIR and  $\mu$ XRF).

# 145 2.2.3. Fixed tissue and dehydration

The unfrozen samples were fixed for 24 to 48 hours with 4 % FA. Then they were dehydrated at RT in a series of 8 baths with a gradient of ethanol concentrations, diluted with PBS, for 5 minutes each: 25%, 25%, 50%, 50%, 75%, 75%, 96%, 96%. Finally, they were put into plastic tubes filled with 96% ethanol and kept at 4 °C.

# 151 2.2.4. Frozen tissue and preparation of SiRN membranes

The frozen samples were dissected into blocks in the hippocampus / upper 152 cortex area, to ensure they would fit into an area of  $4 \times 4 \text{ mm}^2$ . Then they 153 were sectioned using a Leica CM1850 cryostat at -20 °C with a thickness of 154  $7 \,\mu\text{m}$ . PTFE-coated blades (DuraEdge<sup>TM</sup>, TedPella, Inc., USA) were used to 155 prevent metallic contamination. Brain sections were placed with a paintbrush 156 on 200 nm-thick silicon-rich nitride (SiRN) membranes (Silson Ltd, UK) with 157 an inner frame side of 4 millimeters. Sections were stained for 5 minutes with 158 a pan-amyloid fluorescent agent, p-FTAA [27] (1  $\mu$ mol L<sup>-1</sup> in PBS with 0.01 % 159  $NaN_3$ ; membranes were then rinsed once with nanopure water. Fluorescence 160 and bright-field transmission images were acquired with a ZEISS microscope 161 (cf. Figure 2, A). Afterwards, membranes were kept in a desiccator with 162 silica gel blue (2 mm-4 mm, Roth) until synchrotron experiments (1-4 weeks)163 after). 164



Figure 2: Silicon-nitride membrane overview and 2D imaging with  $\mu$ FTIR and  $\mu$ XRF. (A) Sectioned samples were placed on SiRN membranes, fluorescently stained and imaged with a microscope with 2 channels: bright-field and green fluorescence. (B) During the experiment at the SMIS beamline, the fluorescence was used to target A $\beta$  plaques and multiple  $\mu$ FTIR spectra were acquired within individual plaques and in the surrounding tissue. (C) During the experiment at the NANOSCOPIUM beamline,  $\mu$ XRF hypermaps were acquired on the same A $\beta$  plaques — here shown as the sum over the whole spectrum.

### 165 2.3. Synchrotron experiments

All experiments, unless explicitly stated, were conducted at the synchrotron radiation facility SOLEIL, within the scope of the proposal #20200258.

## 168 2.3.1. X-ray phase-contrast tomography (XPCT)

Formaldehyde-fixed, ethanol-dehydrated samples were imaged with X-ray 169 phase-contrast tomography (XPCT) at the ANATOMIX beamline [28] with 170 a pink beam of mean energy 22 keV and a detector pixel size of  $6.5 \,\mu\text{m}$ . The 171 detector system consisted of a lutetium aluminum garnet (LuAG, Lu<sub>3</sub>Al<sub>5</sub>O<sub>12</sub>) 172 single-crystal scintillator (600 µm thick) coupled to a CMOS camera (Hama-173 matsu Orca Flash 4.0 V2,  $2048 \times 2048$  pixels) via a 1 : 1 lens system consist-174 ing of two Hasselblad photo objectives  $(f = 100 \,\mathrm{mm})$  in tandem geometry. 175 Complete acquisition parameters are reported in Supplemental Table 1. 176

For reconstruction using PyHST2 [29], we set the Paganin length parameter to 552 µm ( $\delta/\beta = 1525$ ). We used a motion blur correction algorithm
and an unsharp mask filter ( $c_{unsharp} = 0.5, \sigma_{unsharp} = 2 \text{ px}$ ).

Human samples were imaged at a higher resolution via a 1.45 : 1.45 lens system using a similar setup. The Paganin length was adapted to 216.65 µm  $(\delta/\beta = 1400).$ 

#### 183 2.3.2. XPCT image analysis

Ring artifacts were removed using an in-house tool implemented by the 184 company NOVITOM (France; https://www.novitom.com/en/) [14]. Sam-185 ples were isolated from the background (air, plastic tube and ethanol) and 186 rotated within the AMIRA 3D software (release 2021.1, Thermo Fisher Sci-187 entific, USA). A $\beta$  plaques were segmented semi-automatically using a ran-188 dom forest algorithm from the IPSDK software (Reactiv'IP, France; https: 189 //www.reactivip.com/). The generated masks were screened for false pos-190 itive segmentations and  $\sim 20$  plaques were selected, along with ROIs of the 191 background. Signal intensity measurements — as a ratio of the mean intensi-192 ties of the plaques and the mean intensities of the background ROIs — were 193 retrieved with MorphoLibJ [30], an ImageJ plugin. 194

#### 195 2.3.3. Fourier-transform infra-red microspectroscopy ( $\mu FTIR$ )

<sup>196</sup> The brain cryosections on the membranes (cf. Figure 2, panel B) were an-<sup>197</sup> alyzed by synchrotron-radiation FTIR microspectroscopy with a Continuum <sup>198</sup> XL microscope and a Thermo Nicolet 6700 bench at the SMIS beamline. The <sup>199</sup> microscope was equipped with a fluorescence imaging setup and an halogen <sup>200</sup> mercury lamp for excitation of the p-FTAA fluorescent probe that binds  $A\beta$ <sup>201</sup> plaques.

Spectra on and around the spots of interest (respectively referred as "In" and "Out") were recorded between  $650 \,\mathrm{cm}^{-1}$  and  $4000 \,\mathrm{cm}^{-1}$  at  $4 \,\mathrm{cm}^{-1}$ in  $10 \times 10 \,\mathrm{\mu m}^2$  dual-aperture mode, using a Schwarzschild  $32 \times$  (NA 0.65) objective and a matching condenser; zero-padding enhanced resolution to  $0.5 \,\mathrm{cm}^{-1}$ . All parameters are shown in Supplemental Table 2. Spectra were pre-processed with the atmospheric suppression algorithm from OMNIC 9.2 (Thermo Fisher Scientific, USA) to remove water vapor contribution.

Besides, a few acquisitions were performed as evenly-spaced arrays ("maps") with a lower co-addition to scan larger areas on a few samples, especially those devoid of  $A\beta$  from the WT animals.

#### 212 2.3.4. µFTIR spectral analysis

<sup>213</sup> Spectra were processed using Quasar [31]. All the data were imported <sup>214</sup> and processed with the same pipeline:

<sup>215</sup> Cutting: The region from  $650 \,\mathrm{cm}^{-1}$  to  $800 \,\mathrm{cm}^{-1}$  was cut out because of highfrequency noise;

Quality assessment: Spectra were thoroughly screened for Mie scattering artifacts — indeed, Mie scattering is responsible for the shifting of the Amide I peak towards lower wave numbers and for its distortion, which leads to measurements that are easily mistaken for higher  $\beta$ -sheet content [32];

Absorbance thresholding: MCT detectors have a limited range for linearity between 0.2 and 1.4, so spectra with a peak-to-peak amplitude outside this range were discarded;

Baseline correction: A linear baseline correction was applied on the Amide I band, from  $1415 \,\mathrm{cm}^{-1}$  to  $1770 \,\mathrm{cm}^{-1}$ ;

Feature selection: Absorbance values closest to  $1655 \text{ cm}^{-1}$  (non- $\beta$  sheets) and 1630 cm<sup>-1</sup> ( $\beta$  sheets) [33] were used as features to compute a spectroscopic ratio for amyloid  $\beta$ -sheet content:  $\frac{A_{1630 \text{ cm}^{-1}}}{A_{1655 \text{ cm}^{-1}}}$ 

#### 230 2.3.5. X-ray fluorescence microscopy ( $\mu XRF$ )

The brain cryosections on the membranes (cf. Figure 2, panel C) were 231 analyzed by x-ray fluorescence (µXRF) microscopy on the "CX3" custom 232 bench at the NANOSCOPIUM beamline, using the "flyscan" mode with steps 233 of  $0.3\,\mu\text{m}$ . Measures were performed on the same locations on the membranes 234 as for µFTIR acquisitions (cf. § 2.3.3), through the method described in ??. 235 The inline optical bright-field microscope which is mounted on the beamline 236 helped fine-tuning the position. All parameters are shown in Supplemental 237 Table 3. 238

Three standard reference materials (SRMs) were also scanned: the SRM 1577c "bovine liver" and SRM 1832 (NIST, USA), along with the "RF" standard thin film (AXO DRESDEN GmbH, Germany).

#### 242 2.3.6. $\mu XRF$ elemental analysis

Spectra were processed using PyMca [34]. First, the raw spectral maps were summed to locate the plaques more precisely within the scanned field of view — from  $20 \times 20 \,\mu\text{m}^2$  to  $80 \times 80 \,\mu\text{m}^2$ . Regions of Interest (ROIs) were drawn at the location of each plaque.

Then, the measures on the three SRMs and on a blank SiRN membrane 247 helped the calibration of the software — using the fundamental parame-248 ter method — and the batch-fitting tool computed the mass fraction maps 249 for each element. Reported mass fractions in  $\mu g g^{-1}$  or "parts per million" 250 (ppm) were obtained by averaging within the drawn ROI. One can easily 251 retrieve an approximate surface concentration: 10 ppm  $\approx 1 \text{ ng cm}^{-2}$ ; because 252  $e_{dried\ tissue} \approx 1\,\mu\mathrm{m}$  and  $\rho_{dried\ tissue} = 1.04\,\mathrm{g\,cm^{-3}}$  (the density of dried brain 253 tissue). 254

#### 255 2.4. Statistics

Results are displayed as box plots which use the Tukey standards, i.e. the whiskers end at  $Q1 - 1.5 \times IQR$  and  $Q3 + 1.5 \times IQR$  (IQR is the interquartile range); values outside of  $[Q1 - 1.5 \times IQR; Q3 + 1.5 \times IQR]$  are represented as points; means are represented as crosses and medians as a wide line. Reported fold increases are computed between the means.

The normality and log-normality D'Agostino-Pearson tests failed for the 261 whole data set. Kruskal-Wallis tests with post-hoc Dunn's multiple com-262 parison tests were performed on XPCT intensities, µFTIR-derived data and 263 µXRF-derived data in rodents. A separate Kruskal-Wallis test with post-hoc 264 Dunn's multiple comparison tests was performed for human µFTIR-derived 265 data. For human µXRF-derived data, a non-parametric Mann-Whitney test 266 was performed per element (iron, zinc and copper levels were considered 267 independent). 268

#### 269 3. Results

## <sup>270</sup> 3.1. Genetic and sporadic human AD samples exhibit different $A\beta$ contrasts <sup>271</sup> in XPCT

On XPCT images (Figure 3), the multiple Aβ plaques from the genetic
AD patient were clearly visible in grey matter, exhibiting a typical neuritic
aspect (Figure 3, A1-B1, yellow arrow heads) and diameter around 50 µm.
Anti-Aβ staining of slides derived from paired FFPE block confirmed the

presence of numerous plaques with dense central core and less compact pe-276 ripheral halo (Figure 3, C1, yellow arrows). The central core of neuritic 277 plaques and surrounding dystrophic neurites containing neurofibrillary ma-278 terial were also stained using anti-p-tau antibodies (Figure 3, D1, yellow 279 arrows). The presence of multiple  $A\beta$  plaques in this familial form of AD 280 was especially striking when scrolling through the virtual sample (movie). 281 In contrast, the numerous  $A\beta$  diffuse plaques detected in  $A\beta$ -stained slides 282 from the sporadic AD patient could not be reliably visualized in XPCT (Fig-283 ure 3, red arrow heads). In both genetic and sporadic AD cases, smaller, 284 round-shaped and highly hyperintense structures were observed in sub-pial 285 layer of frontal sulcus. These structures were presumably corpore amy-286 lacea, as far as similarly shaped inclusions positive to periodic acid-Schiff 287 (PAS) staining were found in similar location in slides from FFPE paired 288 blocks for both genetic and sporadic AD (Figure 3, blue arrows). Additional 289 triangle shaped structures disseminated across cortex layers were also seen. 290 They were enhanced after Maximum Intensity Projection (MIP). Their shape 291 and distribution across the cortex corresponded to p-tau-stained tangles in 292 FFPE-derived slides (Figure 3, green arrows). Other variably hyperdense 293 structures were neuronal bodies and vessel walls. 294



Figure 3: Representative XPCT images of brain tissue with A $\beta$  plaques from a genetic (A1-E1) and a sporadic (A2-E2) cases of Alzheimer's Disease. Insets A1&A2 are single slices while insets B1&B2 are maximum intensity projections (MIPs) of the same FOVs over 5 slices (16 µm). Virtual slices are compared to (contralateral) FFPE slices: anti-A $\beta$  A4 immunostaining (C1&C2), anti-p-tau immunostaining (D1&D2) and LFB / PAS staining (E1&E2). Yellow arrow heads point at neuritic amyloid plaques while red arrow heads point at diffuse plaques. Other hyperdensities, smaller than A $\beta$  plaques, were p-tau stained tangles (green arrows) and corporea amylacea (blue arrows). Neuron soma and blood vessel walls were slightly hyperdense. Scale bars equal 100 µm.

## <sup>295</sup> 3.2. $\beta$ -sheet content and metal entrapment are strikingly enhanced in the <sup>296</sup> genetic case compared to the sporadic case

As expected, the  $\beta$ -sheet content in the fluorescence-labelled plaques (Figure 4, panel A) was higher than in the surrounding tissue for both patients (genetic AD: +50%; sporadic AD: +4%). Besides, the  $\beta$ -sheet content significatively differentiated A $\beta$  plaques between the genetic and sporadic AD patients (genetic AD: +55%; p = 0.0291).



Figure 4: (A) Amyloid  $\beta$ -sheet content and (B) metal levels within A $\beta$  plaques from Alzheimer's Disease patients.  $\beta$ -sheet content is computed from peak ratios on  $\mu$ FTIR spectra and averaged per plaque (n = 6 for each patient). Metal levels are obtained by peak fitting on  $\mu$ XRF hyperspectra and averaged within a ROI on a plaque (n = 4 for the genetic AD, n = 7 for the sporadic AD).

<sup>302</sup> Levels of metals within A $\beta$  plaques (Figure 4, panel B) were higher (iron: <sup>303</sup> +109%; zinc: +97%; copper: +88%) for the genetic AD patient compared <sup>304</sup> to the sporadic AD patient.

#### 305 3.3. Transgenic AD models exhibit a variety of $A\beta$ contrasts in XPCT

To further investigate the relationship between XPCT A $\beta$  contrast and A $\beta$  composition, we used 4 different transgenic rodent strains (Figure 5A): the J20 mice and the TgF344 rats had small hyperintense plaques (typically in the range  $\emptyset$ 25–30 µm for J20; and  $\emptyset$ 15–20 µm for TgF344) mostly

seen in the hippocampus (movies), while the APPPS1 and ArcA $\beta$  strains had numerous and large hypointense plaques (APPPS1:  $\emptyset 40-45 \,\mu\text{m}$ ; ArcA $\beta$ :  $\emptyset 45-60 \,\mu\text{m}$ ), which however frequently exhibited a hyperintense core (APPPS1:  $\emptyset 10-15 \,\mu\text{m}$ ; ArcA $\beta$ :  $\emptyset 15-20 \,\mu\text{m}$ ), and were mainly located in the cortex but also in the hippocampus. Signal intensity measurements from ~20 segmented plaques per sample are shown in Figure 5 B.



Figure 5: (A) XPCT slices of brain tissue with A $\beta$  plaques from transgenic rodents and (B) associated contrasts of A $\beta$  plaques. Insets are zoomed single-slice ROIs of the main views. Plaques from ArcA $\beta$  and APPPS1 mice are hypointense and mainly observed in the cortex. Plaques from J20 mice and TgF344 rats are hyperintense and mostly located in the hippocampus. Comparisons of signal-to-background ratio between hyperintense-plaque strains and hypointense-plaque strains yielded significant differences (p < 0.0001). Scale bars equal 100 µm.

## 316 3.4. $\beta$ -sheet content is constant across transgenic strains while metal entrap-317 ment is highly variable

The contralateral hemispheres were used to study fibrillar and elemental 318 composition of these plaques. The  $\beta$ -sheet content (Figure 6, A) increased 319 in fluorescently-labelled spots in the rodent brain slices (measurements "In" 320 vs. "Out" of fluorescent A $\beta$  plaques: +37 % for APPPS1, +36 % for ArcA $\beta$ , 321 +38% for J20, +47% for TgF344). The  $\beta$ -sheet content in the surrounding 322 tissue ("Out") in transgenic animals was similar to the level in correspond-323 ing wild-type animals (APPPS1: +6%; ArcA $\beta$ : +2%; J20: +9%; TgF344: 324 -6%). 325

All transgenic strains also had increased levels of iron, zinc and copper at the analyzed A $\beta$  plaques compared to their wild-type counterparts. However,



Figure 6: (A) Amyloid  $\beta$ -sheet content and (B) metal levels within A $\beta$  plaques and in the surrounding tissue from transgenic rodents.  $\beta$ -sheet content is computed from peak ratios on  $\mu$ FTIR spectra and averaged per plaque (n = 9 - 20 plaques per strain). Metal levels are obtained by peak fitting on  $\mu$ XRF hyperspectra and averaged within a ROI on a plaque (n=4-17 plaques per strain).

<sup>328</sup> μXRF-measured metal composition of the Aβ plaques (Figure 6, B) varied <sup>329</sup> between the different strains. J20 mice had the highest levels of zinc and <sup>330</sup> iron compared to the other strains (zinc: +583% vs. WT; iron: +803% vs. <sup>331</sup> WT) and TgF344 rats had the highest level of copper (+770% vs. WT). <sup>332</sup> Meanwhile, APPPS1 mice had the lowest mean levels and ArcAβ mice had

<sup>333</sup> intermediate levels.

#### 334 3.5. Comparison between human and rodent datasets

Figure 7 shows a qualitative comparison of the multimodal dataset ob-335 tained with XPCT, µFTIR and µXRF, between transgenic rodents and hu-336 mans. XPCT (left row) highlighted 3 distinct types of A $\beta$  plaques: small 337 hyperintense plaques in J20 mice and TgF344; larger, hypointense plaques 338 with a bright core in ArcA $\beta$  and APPPS1; and similarly large, but diffusely 339 hyperintense plaques in the genetic case of AD. All types of plaques exhibited 340 an increased level of  $\beta$ -sheet content which matched the fluorescence signal, 341 as measured by µFTIR (central row), and which tended to be increased in 342 the human case compared to animal models. The accumulation of endoge-343 nous metals (right row) was mainly restricted to the (hyperintense) core of 344 the plaque in rodents, while it appeared consistently diffuse over the whole 345 µXRF FOV in the human plaques. 346



Figure 7: Multimodal dataset obtained with the three techniques on A $\beta$  plaques. XPCT scans (left column) were acquired on an unsectioned sample, while µFTIR (center) & µXRF (right) hyperspectra were acquired on a paired, sectioned, sample. Inline bright-field microscopy was used to match the fields of view (FOVs) between µFTIR and µXRF. Representative measurements in the plaques are indicated with a red arrowhead (µFTIR) and red outline (µXRF), and plotted as plain lines. Measurements outside the plaques (µFTIR: acquired in fluorescence-free regions outside the shown FOVs; µXRF: orange outline) are plotted as dotted lines. In the case of µFTIR, a linear baseline correction was applied on the Amide I band, from 1415 cm<sup>-1</sup> to 1770 cm<sup>-1</sup>. In the case of µXRF, maps show the summed µXRF signal and spectra were normalized with the K<sub>α</sub> peak of argon (Ar). Scale bars equal 10 µm.

#### 347 4. Discussion

The present study sought to provide a rationale for the detection for  $A\beta$ 348 plaques with synchrotron X-ray phase-contrast tomography, through a cor-349 relative approach between the local contrast — or signal intensity — and the 350 fibrillar ( $\mu$ FTIR) and elemental ( $\mu$ XRF) compositions. The experimental de-351 sign relied on three imaging modalities, all available at synchrotron SOLEIL, 352 and included brain samples from patients diagnosed with Alzheimer's Disease 353 (AD) and transgenic rodents which developed amyloidosis. 2D correlative ex-354 amination of A $\beta$  plaques through  $\mu$ FTIR and  $\mu$ XRF has been an active field 355 of research for 15 years (e.g. [15, 19, 35, 36]), which constantly highlighted 356 that local elevations of  $\beta$ -sheet content and metal trapping were concomitant 357 features across a variety of AD specimens, including in cellular models [37]. 358 However this is the first time that the composition of A $\beta$  plaques is linked 359 with a 3D imaging method such as XPCT. 360

Using propagation-based imaging, now the most widely employed XPCT 361 method for virtual histology of label-free samples, we made original obser-362 vations. In animals,  $A\beta$  plaques from the J20 mouse strain and the TgF344 363 rat strain appeared as small bright (hyperintense) spots, as already reported 364 for these and for other transgenic models such as 3xTg [7], APP/PS1 [6, 7], 365 TauPS2APP [4] and B6C3-Tg [10]. But surprisingly, A $\beta$  plaques in the newly 366 imaged APPPS1 and ArcA $\beta$  mouse strains appeared as dark (hypointense) 367 spots, with the largest plaques frequently exhibiting an hyperintense core. In 368 humans, we confirmed previous observations that parenchymal A $\beta$  plaques 369 are usually not detected with XPCT, except rare deposits which were re-370 ported as calcified [13, 38]. However, we unveiled that  $A\beta$  contrast in the 371 human samples is more pronounced in an inherited case of AD — of which the 372 first XPCT images are reported here — compared to sporadic AD. This vari-373 able appearance of A $\beta$  aggregates is reminiscent of A $\beta$  polymorphism, which 374 describes, both in animal models and in humans, the existence of subtypes 375 of A $\beta$  plaques [39, 40]. 376

FTIR microspectroscopy can be used to quantify the  $\beta$ -sheet content in individual A $\beta$  plaques with exquisite sensitivity. Indeed, the ratio of the  $\beta$ sheet over non- $\beta$ -sheet frequencies is used as a surrogate for fibrillar content. A $\beta$  plaques were localized with a pan-amyloid fluorescent stain, and we found a relatively similar level of fibrils in all transgenic models (interquartile ranges of ratio were: 0.55–0.73 for APPPS1; 0.56–0.69 for ArcA $\beta$ ; 0.59–0.78 for J20; 0.65–0.80 for TgF344). Not surprinsingly, the genetic AD patient had

much higher levels of fibrils (interquartile ranges of ratio: 0.74-1.22) than the sporadic patient (0.54–0.60), probably due to the presence of more diffuse deposits in the sporadic case. Overall, these µFTIR results showed that the fibrillar content of A $\beta$  plaques is not the sole factor responsible for XPCT detection.

Multiple studies — based on X-ray fluorescence [20] or other methods like 389 inductively coupled plasma mass spectrometry (ICP-MS) [41, 42] — have 390 linked AD pathogenesis with a disruption of the metal homeostasis in the 391 brain, and more specifically copper, iron and zinc. These endogenous met-392 als, whether in ionic or non-ionic forms [18], are locally trapped in A $\beta$  plaques 393 at the expense of the surrounding tissue [15]. The metal concentrations we 394 detected in the human A $\beta$  plaques matched those from the seminal study 395 by Lovell et al. [43]. As already observed, animal models had much lower 396 metal quantities associated with  $A\beta$  plaques than humans [19, 44]. Impor-397 tantly, copper, zinc and iron levels in the genetic patient were all significantly 398 higher (2-fold increase) compared to the sporadic AD patient. In animals,  $A\beta$ 399 plaques from each strain preferentially bound to different metals (elevated 400 Zn and Fe in J20; elevated Cu in TgF344). It has already been reported that 401 iron is dysregulated within the hippocampus of J20 mouse model of AD [45]. 402 And some differences between mouse and rat hippocampus — particularly 403 on copper accumulation [46] — may explain our results on copper-enriched 404 plaques in the rat model compared to mouse strain. 405

Overall, the combination of XPCT,  $\mu$ FTIR and  $\mu$ XRF (performed on the 406 same brains with advanced amyloid pathology) allows us to propose the 407 following interpretations. In mouse models, Aβ plaques form numerous well-408 defined, and clearly visible deposits on XPCT images. Elevated levels of 409 metals, mainly restricted to a small core area on XRF maps, are associ-410 ated with a positive signal (hyperintensity) detectable in all three strains on 411 XPCT. Importantly, the brighter signals are detected in the strain with the 412 highest level of metals (J20). However, a larger dark rim (hypointensity) 413 extending this core is also detected in APPPS1 and ArcA $\beta$ , while absent in 414 J20. A $\beta$  fibrils, which match the fluorescence area and exceed the core area, 415 cannot explain this difference as similar levels of fibrils were measured with 416 µFTIR. Other factors, such as structural [40] or proteomic [47] differences 417 between strains, might play a role. 418

In the transgenic rat, the pathology develops more slowly. Few plaques, representing only a subset of the global amyloid burden, are indeed detected with XPCT, as small hyperintense spots. In contrast, amyloid fluorescence

was widely detected in hippocampus, which pointed to a spatially widespread 422 pathology (Supplemental Figure 1). In line with this, additional µFTIR 423 mapping experiments performed at ALBA synchrotron (beamline MIRAS), 424 showed a global and unimodal increase in fibrillar content (Supplemental Fig-425 ure 2), suggesting a diffuse accumulation of fibrils in the entire hippocampus. 426 This implies that the few, large fluorescent areas that were targeted in our 427  $\mu$ FTIR/ $\mu$ XRF experiments, are likely to be biased and maybe not be en-428 tirely representative of the pathology. Nevertheless, if we assume that the 429 largest fluorescent plaques are the ones that give rise to XPCT detection, the 430 high amounts of copper highlighted by µXRF specifically in this model, are 431 consistent with the results from mouse models, and could explain the bright 432 appearance, restricted to the core of  $A\beta$  plaques in XPCT. 433

In humans, our data from two patients are obviously insufficient to dis-434 entangle the combined effect of  $\beta$ -sheet level and metal entrapment, which 435 both drastically increased in the inherited case vs. sporadic one. However, 436 the strikingly diffuse pattern of metal entrapment observed in XRF (in com-437 parison to rodent models, Figure 7) seems consistent with the detection of 438 hyperintense plaques on XPCT images. More samples would be needed to un-439 derstand the local contrast in different types of A $\beta$  plaques (diffuse, neuritic) 440 which could not be properly discriminated here. A direct comparison, at the 441 individual plaque level, between 3D XPCT and subsequent 2D  $\mu$ FTIR/ $\mu$ XRF 442 would be ideal for that purpose, but would require cryogenic XPCT to avoid 443 the chemical fixation used here (incompatible with  $\mu XRF$ ). Also, tau pathol-444 ogy, which is present in human samples in the form of neurofibrillary tangles 445 (and potentially associated with microcalcifications [48]), but lacking in the 446 rodent strains studied here, could contribute to the XPCT contrast, as it was 447 recently shown in a triple-transgenic mouse model [49]. It is nevertheless re-448 markable that  $A\beta$  plaques from the genetic case display a detectable XPCT 449 contrast, and this observation deserves further confirmation in other familial 450 cases of AD. 451

In conclusion, XPCT has attracted increasing interest in neuroscience 452 these last years for its ability to provide valuable microstructural character-453 ization (myelin, vessels, neuron density, protein deposits) in excised, intact, 454 brain samples. XPCT can now be acquired in a few minutes at various res-455 olutions, enabling a virtual dissection from the organ-level to the (sub-)cel-456 lular level. Indeed, high-resolution scans of whole organs are now possible 457 as recently demonstrated by the particularly impressive 3D imaging of a full 458 human brain [50]. The present report reinforces the potential of XPCT to 459

capture key aspects of the  $A\beta$  pathology. However, if XPCT is envisioned as a 460 potential screening method for  $A\beta$  pathology in brain samples, it is crucial to 461 understand which factors drive the detection of some and not all A<sup>β</sup> plaques. 462 This study was specifically designed to tackle this question, and highlighted 463 sharp XPCT differences in A $\beta$  pathology, which were related to the different 464 levels of metals locally bound to A<sup>β</sup> plaques. This model-specific, dyshome-465 ostasis of endogenous metals might be a downstream consequence of the ge-466 netic alterations, and could be region-specific or depend on the disease stage 467 of progression. Additional factors, other than the overall  $\beta$ -sheet content, are 468 likely to contribute to the XPCT contrast and remain to be identified. 469

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# <sup>491</sup> Authors' contributions (according to Contributor Role Taxonomy <sup>492</sup> (CRediT))

- Conceptualization: FC
- Methodology: EB, SB, FC
- Resources: CS, TW, TD, DM, TB (APPPS1), JK (ArcAβ), NR (J20),
   HB (TgF344), CO, EB, SB
- Investigation: MC, CS, TW, TD, CO, MW, EB, SB
- Formal analysis: MC, CS, SS, SB
- Data curation: MC, CS, SB
- Software:
- Visualization: MC, DM, FC
- 502 Validation: MC
- Supervision: CS, EB, SB, FC
- Project administration: FC
- Funding acquisition: FC
- Writing original draft: MC, FC
- Writing review & editing: MC, DM, CS, TW, TD, JK, MW, EB, FC

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- Supplemental Document Why are amyloid-β plaques detected by X-ray
   phase-contrast imaging? Role of metals revealed through combined
   synchrotron infrared and X-ray fluorescence microscopies
  - Matthieu Chourrout, Christophe Sandt, Timm Weitkamp, Tanja Dučić, David Meyronet, Thierry Baron, Jan Klohs, Nicolas Rama, Hervé Boutin, Shifali Singh, Cécile Olivier, Marlène Wiart, Emmanuel Brun, Sylvain Bohic, Fabien Chauveau



Supplemental Figure 1: Fluorescence microscopy images of p-FTAA-stained sections of a TgF344 rat brain (A) and a J20 mouse brain (B), near hippocampus (shown with dotted line). Both sections were acquired with the same exposure time and rendered with the same value range. One can notice the p-FTAA staining reveals more diffuse structures in the rat brain. Scale bars equal 1000 µm.

# A Extra parameters for synchrotron experiments

Numerical parameter	Values:	Session $\#1$	Session $#2$
Undulator gap (mm)		11.7	9.7
Exposure time per projection (ms)		200	50
Gold filter thickness (µm)		20	20
Detector-to-sample distance (cm)		113	30
Magnification		$1 \times$	$2.1 \times$
Projection pixel size (µm)		6.5	3.09
Number of projections		2600	4000
Weight of unsharp mask filter		0.5	0.5
Radius of unsharp mask filter (px)		2	2
$\delta/\beta$ for Paganin filtering		1525	1400

Supplemental Table 1: Acquisition and reconstruction parameters for XPCT (ANATOMIX) per session

## 146 5. The origin of the contrast of amyloid- $\beta$ plaques in XPCT

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Parameter	Value
Mode Apodization Objective type	Dual aperture Strong Norton & Beer Schwarzschild

Numerical parameter	Value
Spectral resolution $(cm^{-1})$	4
Zero-fill factor	2
Aperture size $(\mu m^2)$	$10 \times 10$
Co-addition	256
Objective numerical aperture	0.65
Objective magnification	32

Supplemental Table 2: Acquisition parameters for µFTIR (SMIS)

Parameter	Value
Mode	Flyscan - zigzag
Numerical parameter	Value
Aperture size $(\mu m^2)$	$100 \times 100$
Piezoelectric motor step $(\mu m)$	0.3
Exposure time per position (ms)	80

Supplemental Table 3: Acquisition parameters for µXRF (NANOSCOPIUM)

# <sup>6</sup> B Scanning the same positions on SMIS and NANOSCOPIUM

 $_{7}$   $\,$  Scanning the same positions on SMIS and NANOSCOPIUM was crucial to associate the FTIR and XRF measures.

8 However, beamtimes were two weeks apart and required different sample holders and orientations. To overcome this

<sup>9</sup> challenge, two coordinate systems  $S := (O, A, B, C)_{FTIR}$  and  $S' := (O, A, B, C)_{XRF}$  were created using the inner

<sup>10</sup> corners of the membrane, so that the new points  $p'_i(x'_i, y'_i)$  were obtained from  $p_i(x_i, y_i)$  by solving

$$\begin{bmatrix} -x_{O} & -y_{O} & -1 & 0 & 0 & 0 & x_{O}x'_{O} & y_{O}x'_{O} & x'_{O} \\ 0 & 0 & 0 & -x_{O} & -y_{O} & -1 & x_{O}y'_{O} & y_{O}y'_{O} & y'_{O} \\ -x_{A} & -y_{A} & -1 & 0 & 0 & 0 & x_{A}x'_{A} & y_{A}x'_{A} & x'_{A} \\ 0 & 0 & 0 & -x_{A} & -y_{A} & -1 & x_{A}y'_{A} & y_{A}y'_{A} & y'_{A} \\ -x_{B} & -y_{B} & -1 & 0 & 0 & 0 & x_{B}x'_{B} & y_{B}x'_{B} & x'_{B} \\ 0 & 0 & 0 & -x_{B} & -y_{B} & -1 & x_{B}y'_{B} & y_{B}y'_{B} & y'_{B} \\ -x_{C} & -y_{C} & -1 & 0 & 0 & 0 & x_{C}x'_{C} & y_{C}x'_{C} & x'_{C} \\ 0 & 0 & 0 & -x_{C} & -y_{C} & -1 & x_{C}y'_{C} & y_{C}y'_{C} & y'_{C} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} h_{1} \\ h_{2} \\ h_{3} \\ h_{4} \\ h_{5} \\ h_{6} \\ h_{7} \\ h_{8} \\ h_{9} \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 1 \end{bmatrix}$$
(1)

11 then

$$\begin{bmatrix} x_i'/\lambda\\ y_i'/\lambda\\ \lambda \end{bmatrix} = \overbrace{\begin{bmatrix} h_1 & h_2 & h_3\\ h_4 & h_5 & h_6\\ h_7 & h_8 & h_9 \end{bmatrix}}^H \begin{bmatrix} x_i\\ y_i\\ 1 \end{bmatrix}$$
(2)

<sup>12</sup> where *H* is the homography matrix and  $\lambda$  is a factor.

# <sup>13</sup> C Measures at ALBA synchrotron (Barcelona, Spain)

Large-field FTIR images were obtained using a  $64 \times 64$  px full-field focal plane array (FPA) detector cooled with liquid

<sup>15</sup> nitrogen. Images were taken by FPA detector on areas of  $210 \times 210 \,\mu\text{m}^2$  with 128 accumulated spectra per point at

 $_{16}$  8 cm<sup>-1</sup> spectral resolution and 10  $\mu$ m pixel size. The spectra were background-corrected using extracellular regions

17 close to the tissue. From each IR image, the total absorbance cartogram was generated by integrating at specific

peaks in amide I area  $(1600 \text{ cm}^{-1}-1700 \text{ cm}^{-1})$ , i.e. the ratio of peaks characteristic for  $\beta$ -sheet structures absorbing at

 $_{19}$   $~1625\,\mathrm{cm}^{-1}$  and  $\alpha\text{-helix}$  structures assigned at  $1655\,\mathrm{cm}^{-1}$  (Supplemental Figure 2).



Supplemental Figure 2: (A) FPA-FTIR maps of the  $\beta$ -sheet content within the hippocampus and (B) measures from TgF344 rats (Tg #1 and Tg #2) and a wild-type rat (WT), acquired at ALBA synchrotron. Mean and standard deviation of Tg #1: 0.508 ± 0.041; Tg #2: 0.523 ± 0.078; WT: 0.494 ± 0.026. Scale bars equal 50 µm.

# 5.3. Discussion

In this article, we analyzed the composition of amyloid- $\beta$  plaques, which can be seen with label-free XPCT, in order to determine what makes them stand out from the parenchyma.

We submitted a three-beamline proposal at SOLEIL, the French synchrotron facility, for access to XPCT on the ANA-TOMIX beamline,  $\mu$ FTIR on the SMIS beamline and  $\mu$ XRF on the NANOSCOPIUM beamline. Experiments took place in November 2020 (XPCT) and March–April 2021 (FTIR & XRF). We acquired samples from AD patients ( $n_{humans} = 2$ ) and from AD rodent models ( $n_{rodents,AD} = 12$  and  $n_{rodents,control} = 2$ ).

The sample preparation was highly discussed when designing the study. The overall consensus in the community is that the elemental analysis of fresh-frozen tissues — brain or frozen-hydrated cells — is the gold standard method for elemental imaging; it is preferable to avoid chemical fixation/perfusion of brain tissues that are reported to disrupt the binding environment of metals, thus enabling their migration and preventing precise/reliable localisation and concentration determination [354]. Hence, following our literature overview, our choice was to separate brain hemispheres, with one part being fixed for whole-brain 3D imaging, and the other part being frozen, cut, and dried without fixation to perform XRF under recommended practices. The XRFassessed disruption of in vivo metal distribution after fixation has been demonstrated on brain sections at the *cellular* or sub-cellular scale [355, 356]; in the case of 3D imaging of a whole block (XPCT), the pixel size was 3 µm and the effective spatial resolution (not measured) was even higher. So the effect on labile and mobile metallic ions might not be as critical as for XRF. The main disadvantage of using fixed tissue for XPCT is that it hampered a correlative study between the three modalities.

Upon normalization with the total protein content, Leskovjan, Lanzirotti, and Miller [196] showed that Fe and Cu content in the plaques is actually lower than the surrounding neuropil in the APPPS1 mouse, raising the question whether animal models are accurate for AD metallomics. We do not have accurate XRF data outside of the A $\beta$  plaques because our

\*: This Suppl. Figure 1 is part on the final published version [358].

\*: Figure 8, supporting the matching sizes, is part on the final published version [358].

field of view (FOV) was small and centered on the inclusions — spectra outside of the plaques were extracted for demonstration purposes in the Supplemental Material. We chose to acquire the XRF data at a high resolution (pixel size of 100 nm) for a higher sensitivity but we wonder whether a resolution closer to that of FTIR (pixel size of 10 µm) and XPCT (isotropic voxel size of  $3 \mu m$ ) would have been more appropriate. Note that we reported elemental mass fractions in  $\mu g g^{-1}$  or ppm ("parts per million") using PyMca [311] for curve fitting and extraction and standard reference materials (SRMs) for calibration. These measures match previous articles [100, 357]; reporting these measures as (normalized) counts is also possible — as shown in Figure 7 and Suppl. Figure 1<sup>°</sup> of the article — but they would then require to be weighted with respect to relative intensities of the lines [311]. During the calibration process, one must assume a thickness of dried tissue and a corresponding density: we chose respectively 1 µm (an empirical value for 7 µm-thick frozen slices) and 1.04 g cm<sup>-3</sup> (for human tissue, from Stedman and Spyrou [359]). Measures for element analysis are also frequently reported as area densities in  $ng cm^{-2}$  [99, 360]; but this conversion from our data would require the same assumptions of homogeneous sample thickness and homogeneous density.

Our data supports the role of metals in the detection of  $A\beta$  plaques from rodent models: object intensities and sizes<sup>\*</sup> match between XRF and XPCT. However, the hypodense rims around  $A\beta$  plaques in the APPPS1 and ArcA $\beta$  mouse strains remain unexplained. The density of the tissue may be altered around  $A\beta$  inclusions because of continuous interaction with  $A\beta$  oligomers or with the immune cells — adapted histochemistry or density measurements with a compatible technique (because of fixation) might guide us. This could also be an edge effect of the Paganin filter — either the Paganin length could be fine-tuned or we could shift towards an alternative without the mono-material assumption, e.g. another phase-sensitive setup [263, 361] or a new phase-retrieval algorithm [362].

Töpperwien et al. [236] identified mineralized A $\beta$  plaques enriched in calcium (Ca) in XPCT images. In our literature review, a Ca accumulation in A $\beta$  plaques is only reported in a few studies [125, 196, 216, 363, 364] as it would be associated to rare co-pathologies [365, 366, 367]. Nevertheless, these results highlight the role of the co-localized accumulation of metals for the detection of A $\beta$  plaques. Still, the intracellular Ca disruption because of A $\beta$  oligomers is well established [368, 369, 370] — the Ca levels are higher in AD neurons, and more specifically in the mitochondria.

We chose to focus our analysis on Cu-Zn-Fe and on the ratio between  $\beta$  sheets and  $\alpha$  helices in the amide region. However, the hyperspectra we acquired at NANOSCOPIUM and SMIS contain information about other elements and other functional groups. This data can be further analyzed, e.g. to assess the load of aluminium (Al) or Ca from XRF, or the lipid content from FTIR.

# Cohort study of human cerebral amyloid angiopathy with XPCT

#### Article draft with preliminary results

This chapter is a draft of an article for the cohort study of human cerebral amyloid angiopathy with XPCT. Preliminary results are shown and discussed but — contrary to the previous studies — this work has not been peer-reviewed nor submitted as a preprint.

# 6.1. Introduction

Cerebral amyloid angiopathy (CAA) is a cerebrovascular disease with an accumulation of  $A\beta$  peptides. This accumulation in the walls of the blood vessels leads to haemorrhages within a wide range of severity — from microbleeds [164] to larger ischemic areas [371] —, but only for a subgroup of people [372]. The onset of most dementia, including Alzheimer's disease, has been linked with cerebrovascular diseases [165, 197, 373]; in particular, a recent meta-analysis by Jäkel et al. [374] concluded that almost half (47.5%) of AD patients had CAA. Most of the affected vessels have a diameter inferior to 100 µm; gas exchanges are maximized in vessels of this size [375] but the A $\beta$  deposits impair their activity. The topology of the disease usually starts from the meningeal arteries (cf. Figure 1.3): the perforating arterioles are severely affected in the cortical gray matter; but the disease is only rarely present in the underlying white matter. CAA can be detected indirectly with in vivo MRI because of microbleeds (cf. Figure 1.12) [164] or other hallmarks such as enlarged Virchow–Robin spaces [376]. The Boston criteria — introduced in 1995 by Greenberg et al. [377] and modified in 2010 [378] and 2022 [379] — associate MRI with the clinical history of the patient to classify between possible (low chances) and probable (higher chances) CAA. However, the diagnosis is only confirmed upon autopsy: histology will reveal the A $\beta$  deposits in the walls of blood vessels. These A $\beta$  deposits are enriched in A $\beta_{1-40}$  peptides; they are also stained with anti-A $\beta$  antibodies, although A $\beta$  plaques from AD are enriched in A $\beta_{1-42}$ peptides. Amyloid- $\beta$  plaques have been widely studied with x-ray phase-contrast imaging since 2006, both in AD models

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To get familiar with the human brain anatomy, one can refer to the Human Brain Atlas [137, 138, 139] on EBRAINS.

[210, 230, 231, 232, 233, 234, 235, 236, 237, 238] and in AD patients [236]. Furthermore, XPCT enables high-resolution 3D angiography [190, 298, 380, 381, 382, 383, 384, 385, 386, 387] — sometimes using gas (CO<sub>2</sub>, microbubbles or ambient air) to improve the contrast between the vessel lumen and the neuropil [388, 389, 390]. The vascular network has been extensively studied in pathological conditions with standard CT, both in vivo for medical procedures [391, 392, 393] and *postmortem* for diagnosis [394]; however, it was rarely studied with phase-contrast imaging [234, 395]. In this study, we built a cohort of human CAA patients to determine whether XPCT can detect the hallmarks of the disease by virtual histology. The images were reviewed by a clinical expert. The semi-automatic analysis is work in progress: preliminary segmentation results are shown and discussed; a few metrics are also proposed.

# 6.2. Material & Methods

## 6.2.1. Cohort selection

Patients with different stages of CAA have been identified (n = 11) based on the previous histopathological diagnosis (following the routine protocol described in subsection 6.2.2). The clinical information and patient details are shown in Table 6.1. The Thal–Braak staging [37] indicates which brain regions exhibit CAA, ranging from 0 to 3 (cf. Figure 6.1). The Vonsattel score [167] indicates the severity of the CAA at the local scale: mild (1) – intermediate (2) – severe (3). The Thal–Braak type [396] indicates whether there is a cortical capillary A $\beta$  deposition: type 1 if present, type 2 otherwise. Concomittant AD scores are also reported (see table caption).

## 6.2.2. Immunohistochemistry

Immunohistochemistry (IHC) was performed within the eastern neuropathology department of Hospices Civils de Lyon according to the diagnosis routine [397]. One hemisphere per brain was fixed into buffered formalin (10%) for a few days, cut into thick slices for sampling, dehydrated and paraffin-embedded. The paraffin block was cut into 2 to



Figure 6.1.: Schematic representation of CAA stages in a coronary section through the human brain at the level of the basal ganglia. CAA changes are indicated in red. The first stage of CAA shows vascular Aβ deposits only in a few neocortical areas and involves leptomeningeal and cortical vessels. Stage 2 is characterized by additional vascular A $\beta$  in the hippocampus, amygdala, hypothalamus, midbrain, and in the cerebellum; midbrain and cerebellum are not shown in this figure. In stage 3, CAA is also seen in vessels of the basal ganglia, the thalamus, and the basal forebrain. Aß deposition in the lower brainstem, another feature of CAA stage 3, is not depicted. Adapted from [37].

Table 6.1.: Overview of the cohort with patient ID, age in years at death and histopathological scorings for
CAA and AD. CAA scorings are: Thal-Braak stages for regional assessment [37], Vonsattel score for local
severity [167] and Thal-Braak type for capillary involvement [396]. AD scorings are in the same order as for
the NIA–AA "ABC" descriptors [3]: Aβ Thal phases [182], CERAD score for neuritic plaques (NP) [181] and
Braak stages for neurofibrillary tangles (NFT) [184]. F: female; M: male; N/A: not applicable.
Version for the second studied in Charten E.

H: rare familial case also studied in Chapter 5; tiont without  $C \wedge \Lambda$ 

1	,
t: patient without CAA nor AD, with mild	tauopathy;

‡: patient without CAA nor AD, diagnosed with Parkinson's disease.	
--	--

				CAA			AD	)
Patient ID	Age	Sex	Stage	Score	Туре	Αβ	NP	NFT
16EH01503*	51	М	3	3	1	5	3	VI
07EH02463	52	Μ	2	1	1	0	1	+
11EH04091	82	F	1	1	2	5	3	V
11EH09214	71	F	3	3	1	4	2	III
13EJ00001	66	Μ	3	1–2	2	1	0	II
13EJ00002	74	F	2	1	2	0	0	III
13EJ00003	78	Μ	1	1	2	2	3	V
16EH08800	70	F	2	2	2	3	2	III
22EH19267	60	Μ	1	1	1	5	3	VI
12EJ00010 <sup>+</sup>	54	Μ	0	N/A	N/A	0	0	III
20EH08599 <sup>‡</sup>	82	Μ	0	N/A	N/A	0	0	None

4 µm-thick slices, which were put on glass slides and stained with:

- Anti-A $\beta$  A4 antibodies for A $\beta$  load;
- ► Anti-phosphorylated-tau antibodies for neurofibrillary

tangles (NFTs) and P-tau-positive neuritic plaques;

 Luxol fast blue and periodic acid-Schiff (PAS) stains for myelin and glycogen-rich bodies.

The stained slices were digitalised with a slide scanner (Leica APERIO AT2) and scorings were performed prior to the cohort selection.

## 6.2.3. Sample preparation

The samples were obtained from Tissu-Tumorothèque Est Biobank (CRB–Hospices Civils de Lyon), authorized by the French Ministry of Research (authorizations DC2008-72 & AC2015-2576). The samples were free from prion disease.

As shown in Figure 6.1, the frontal cortex exhibits CAA for all CAA stages 1, 2 and 3 [37]; the cerebellum region has been chosen to differentiate CAA stage 1 from 2 and 3: the cerebellum does not exhibit CAA in CAA stage 1 [37]. For each patient, 2 samples per region were cut from a frozen brain slice into blocks of ~ 1 cm<sup>3</sup>. Unfortunately, a few regions were not available because the frozen slices had already been transferred to the national brain bank. Paraffin-embedded samples were also available for one patient.

Samples were kept frozen at -80 °C. They were unfrozen at room temperature (RT) to be processed. They were immersed overnight in 4% formaldehyde for fixation at 4°C. They were dehydrated in a series of ethanol baths with increasing concentrations (25%, 25%, 50%, 50%, 75%, 75%, 96%, 96%) for 5 min each. They were put in plastic tubes with a 1 cm-diameter, filled with 96% ethanol; in case they did not fit in the tubes after dehydration, they were cut into smaller pieces. The plastic tubes were stored at RT.

The whole collection is summarized in Table 6.2.

## 6.2.4. X-ray phase-contrast tomography

The XPCT data was acquired at the ANATOMIX beamline [398] of the synchrotron radiation facility SOLEIL (Gif-sur-Yvette, France), within the scope of the proposal #20220319. The formaldehyde-fixed, ethanol-dehydrated samples and a few paraffin-embedded samples were scanned with a pink beam of mean energy 22 keV and a detector pixel size of

		Number of samples		
Patient ID	CAA stage	Frontal cortex	Cerebellum	
16EH01503*	3	1	0	
07EH02463	2	2	0	
11EH04091	1	3	2	
11EH09214	3	2	2	
13EJ00001	3	2	2	
13EJ00002	2	2	2	
13EJ00003	1	3	3	
16EH08800 <sup>#</sup>	2	3	1	
22EH19267	1	1	2	
12EJ00010 <sup>+</sup>	0	2	2	
20EH08599 <sup>‡</sup>	0	1	1	

**Table 6.2.:** Summary of the samples per patient and per region. The CAA Thal-Braak stage [37] for regional assessment is recalled here for each patient.

★: rare familial case also studied in Chapter 5;

#: 2 paraffin-embedded frontal cortex samples from this patient were also scanned;

t: patient without CAA nor AD, with mild tauopathy;

‡: patient without CAA nor AD, diagnosed with Parkinson's disease.

 $6.5 \,\mu\text{m}$ . The detector system consisted of a lutetium aluminum garnet (LuAG, Lu<sub>3</sub>Al<sub>5</sub>O<sub>12</sub>) single-crystal scintillator (600  $\mu$ m thick) coupled to a CMOS camera (Hamamatsu Orca Flash 4.0 V2, 2048 × 2048 pixels) via a 1.45 : 1.45 lens system consisting of two photo objectives in tandem geometry; this resulted in a magnification of 2.1× and a projected pixel size of 3.1  $\mu$ m. Decentered half-acquisitions were performed [399] for the field of view (FOV) to encompass the whole width of the tube at this higher magnification; when it was not needed, standard acquisitions were performed. Complete acquisition parameters are reported in Table 6.3.

Numerical parameter	Values
Undulator gap (mm)	9.7
Exposure time per projection (ms)	50
Gold filter thickness (µm)	20
Sample-to-detector distance (cm)	30
Magnification	$2.1 \times$
Projection pixel size (µm)	3.09
Number of projections	4000
Weight of unsharp mask filter	0.5
Radius of unsharp mask filter (px)	2
$\delta/\beta$ for Paganin filtering	1400

**Table 6.3.:** Acquisition andreconstruction parameters forXPCT

For reconstruction using PyHST2 [271], we set the Paganin length parameter to 216.65 µm ( $\delta/\beta$  = 1400). We used a motion blur correction algorithm and an unsharp mask filter ( $c_{unsharp}$  = 0.5,  $\sigma_{unsharp}$  = 2 px). 3D volumes from standard acquisitions were 2048 × 2048 × 2048 px<sup>3</sup>; those from half-acquisitions were 3348×3348×2048 px<sup>3</sup>, 3448×3448×2048 px<sup>3</sup>
or  $3548 \times 3548 \times 2048 \text{ px}^3$ . The data was reconstructed with a single-float precision (32 bits). It was then converted linearly to unsigned-short-integer precision (16 bits) from the range 0.1 to 0.6 (inferior and superior values were set respectively to 0 and  $2^{16} - 1 = 65535$ ); this range was determined empirically.

### 6.2.5. XPCT image analysis

Ring artifacts were removed using an in-house tool implemented by the company NOVITOM (France; https://www. novitom.com/en/) [190].

Scans were examined in 3D and with free-orientation slices (using a cubic interpolation) by a clinical neuropathologist. The software for examination was either Thermo Scientific Amira 2022.3 (ThermoFisher Scientific, USA; https: //www.thermofisher.com) or Dragonfly 2022.2 for Windows (Object Research Systems (ORS) Inc, Canada; http://www. theobjects.com/dragonfly). Two to three perforating arterioles per volume were extracted with a mask under his supervision. For one patient (the familial case #16EH01503), one extracted vessel was segmented semi-automatically with a watershed filter in Amira, into a multi-class label between parenchyma (background), vessel wall, vessel lumen and perivascular spaces.

Preliminary machine learning (ML) trials in Dragonfly were performed. The machine learning algorithms were trained with both raw images and Frangi-3D-filtered images [327], on 3 labeled slices; two of the slices were adjacent to improve the training with 3D features. Two different ML architectures were compared: a random forest [400] and a U-Net [401]. Dragonfly internally uses the class RandomForestClassifier from Scikit-learn [403, 404] for its random forest architecture and Keras [405] / TensorFlow 2 [406, 407] for its U-Net architecture.

Signal intensity measurements, tortuosity and volume were retrieved with Amira.

To get a grasp on ML algorithms, one can refer to the review by Latif et al. [402].

### 6.3. Preliminary results

### 6.3.1. CAA hallmark detection

While 3D browsing through the cortical samples, a few hallmarks of cerebrovascular diseases were identified (cf. Figure 6.2). Hemosiderin and enlarged perivascular spaces are shared biomarkers among cerebrovascular diseases. However, double barreling is specific to CAA: the vessel walls get thicker because of the A $\beta$  burden and the layers of smooth muscle cells progressively disappear. The variations in the signal intensity of the vessel walls suggest that we can detect the A $\beta$  deposits: their distribution is usually heterogeneous. Note that the patient 16EH01503 has unexplained brighter-than-usual vessels in XPCT images, unless this is a phenotype of the familial AD of the patient (cf. Figure 6.3).





Figure 6.2.: Vascular disease hallmarks found while browsing through the XPCT volume. Left: large blood vessel in the cortex surrounded by a high concentration of hemosiderin (red arrows) with a locally-enlarged perivascular space (blue arrow) in patient 13EJ00001. Right: artery in a fissure towards a sulcus presenting double barreling (green and yellow arrows) and variations in the vessel wall intensity from patient 16EH01503. Scale bars equal 100 µm.

**Figure 6.3.:** Immunohistochemistry with anti- $A\beta_{1-42}$  antibodies (left) and raw XPCT images (right) from the patient 16EH01503. Scale bars equal 100 µm.



**Figure 6.4.:** Results from watershed-based segmentation on a large vessel from patient 16EH01503. Measurements on segments with labels 1 and 2 are shown in Table 6.4.

### 6.3.2. Watershed-based segmentation

The watershed-based segmentation of a vessel from the patient 16EH01503 is shown in Figure 6.4. Per-segment metrics are shown in Table 6.4. In this sub-volume, the segmented EPVS had a total volume of  $1622345 \,\mu\text{m}^3$ . The signal intensities of EPVS were 20774(958) (mean±standard deviation, arbitrary units), those of the lumen were 21410(963) and those of the vessel walls were 25690(1260). Multiple definitions exist for tortuosity, the computation implemented in Amira is the ratio between curved length and straight length. This watershed-based segmentation was performed on raw XPCT images using a simple gradient as topography input; the topography input could be an image filtered with 3D Frangi.

**Table 6.4.:** Extracted metrics per segment of the segmented vessel from patient 16EH01503. Tortuosity is the ratio between curved length and straight length (not reported). Labels 1 and 2 refer to Figure 6.4.

Segment	Curved length (µm)	Tortuosity	Mean inner radius (µm)
1	1395	1.21	9.1
2	1098	1.25	6.0



6.3.3. Machine learning segmentation

A comparison between two architectures for machine learning was performed. Results outside of the training set are shown in Figure 6.5. The random forest architecture cannot differentiate EPVS from the lumen. The U-Net architecture did not properly learn the features of EPVS but the lumen and the blood vessel are correctly segmented. A more elaborate training is required.

### 6.4. Discussion

This cohort of CAA patients is of great value towards the assessment of the clinical potential of XPCT. Among the features of the cohort, different levels of CAA severity were available and a sub-group had both AD and CAA while another sub-group was AD-free, along with two controls (neither AD nor CAA). We also obtained a sample from a rare familial AD case (< 5% of total AD cases), which exhibited a peculiar contrast for all blood vessel walls; in a previous study (cf. Chapter 5 on page 111), we also reported that this patient had detectable A $\beta$  plaques in the parenchyma. Extensive scoring was fully performed prior to the selection and samples from two regions were collected: the frontal cortex and the cerebellum.

According to our previous study, metals enable the detection of parenchymal plaques. Blood vessels with CAA may have higher levels of copper (3-fold) and zinc (2-fold or more) than parenchymal plaques [408]. Building upon our results from the previous Chapter with respect to metal levels, this suggests we should be able to detect the A $\beta$  deposits. **Figure 6.5.:** Comparative segmentation of a slice with machine learning algorithms. Left: raw XPCT image. Middle: output with a random forest algorithm. Right: output with a U-Net. The parenchyma class is in red, the EPVS class in blue, the vessel wall class in green and the lumen class in purple. Scale bar equals 50 µm.

The preliminary results showed the limits of the designed segmentation pipelines. The genetic AD case had vessel walls with a very specific signal intensity. This was helpful for semiautomatic watershed-based segmentation. This could not be applied directly to other patients because the signal intensities were homogeneous with the parenchyma. However, as suggested, a Frangi 3D filter can provide the necessary "topology". Other vessel-enhancement filters [409] could be tested such as the Sato vesselness filter [410].

The random forest algorithm was able to segment the lumen and the EPVS separately in the training set, but not in the test set (a few slices away from the training set): this result highlighted the overfitting limit. The U-Net algorithm failed to segment EPVS: it learnt properly that EPVS were located around the vessels, but the signal intensity was not identified as an important feature. The machine learning approach could be extended with the tUbeNet software [411], an open-source Python script using a 3D convolutional neural network pre-trained on datasets from optical imaging, CT and photoacoustic imaging, which was shared on GitHub (https://github.com/natalie11/tUbeNet).

Subsequent work on this dataset ought to introduce 3Dbased scoring methods that would corroborate with classical 2D histology at different scales. The proposed metrics tortuosity, inner radius, signal intensities, EPVS volume need to be optimized and compared between patients. The EPVS volume should be normalized, eventually with the outer diameter of the vessel. The mean vessel wall thickness could be computed as the difference between the mean inner and outer diameters. A method to locally assess the signal intensities would be better than an overall measurement each vessel could be subdivided, either along its length (e.g. every few pixels) or along its section (e.g. into 4 equal parts of 90° each), or a mix of both methods.

Hemosiderin and double-barreling were identified by our clinical expert; they need to be confirmed with correlative histology. This could be performed on the paraffin blocks from the patient 16EH08800 — or on other scanned samples which could be embedded into paraffin — in order to keep the block orientation and ease pairing. Or the samples could be cleared using the CLARITY system — which is compatible with fixed tissue — and imaged with light-sheet microscopy, with staining for amyloid- $\beta$  deposits, vessel walls and hemosiderin —

hemosiderin can be stained with Prussian blue [412, 413].

This cohort of *ex vivo* human CAA samples can provide original 3D data — which are lost with 2D histology —, but it requires the development of a set of aforementioned techniques and software.

## **Synthesis**

# Discussion 7.

We will discuss a few developments following the results of the thesis, regarding multi-scale imaging, multi-modal imaging and standardization.

### 7.1. Multi-scale imaging

Among recent advances in XPCT, multi-scale imaging is promising. Indeed, in our studies, we have opted for a tradeoff between resolution and the size of the generated data: most of our data was acquired at effective pixel sizes of 3 to 6 μm for a final size of 30 to 50 GB (in 16 bit-format). These pixel sizes were chosen empirically. In the study by Walsh et al. [298], they used a multi-scale approach they called Hierarchical Phase-Contrast Tomography (HiP-CT). A whole human brain was scanned in agarose first with 25 µm, then a subvolume within the cerebellar region was selected and scanned again automatically at  $6.5 \,\mu\text{m}$  and  $2.5 \,\mu\text{m}$  — the same strategy was applied to one kidney and two lungs. Along with the achievement about whole-organ imaging (following the aforementioned preparation protocol [334]), they performed quantitative assessments over a large number of objects such as Purkinje cells.

### 7.2. Multi-modal imaging

The work by Johnson et al. [414] associated high-resolution *postmortem* MRI in the skull with light-sheet microscopy (outside of the skull, after clearing) thanks to a specialized registration pipeline they shared on GitHub (https://github.com/YuqiTianCIVM/MRH\_LSM\_registration), which could be applied to XPCT. Image registration was not fully investigated during our project, although a wide spectrum of techniques have been developed [415]. This new type of multimodality goes even beyond simple registration, because it paves the way towards what is called physics-informed machine learning [416]: instead of the sole data-driven machine learning, complex physics or mathematical models can be

given as inputs alongside multi-modal data to get modelaccurate results [417].

### 7.3. Standardization

Standardizing the acquisition and reconstruction would ensure the reproducibility of most experiments. Standardizing the acquisition requires a thorough reporting of the settings — e.g. with the NeXus file format [418] — and a common sample preparation protocol — a few protocols have been published [332, 334] and we are preparing a manuscript to that extent with new data. Standardizing the reconstruction processing requires the wide adoption of shared free (open-source) software. A final, crucial step is the ability to easily share data: the neuroimaging community has developed the Brain Imaging Data Structure (BIDS) [419, 420], a data structure that is modality-agnostic and embeds both raw and processed data; BIDS specifications for electroencephalography (EEG), magnetoencephalography (MEG) and MRI have been released and other imaging techniques are to be included — this could be an opportunity for reconstructed XPCT data.

# Conclusion & perspectives 8.

This PhD thesis focused on Alzheimer's Disease, the most frequent dementia in the world. Although biomarkers have been identified and associated with the different evidences of the pathological mechanisms — A $\beta$ , P-tau and the neurodegeneration —, the diagnosis of the disease is performed *postmortem* by a neuropathologist after a laborious process of sampling, slicing and staining. A formerly large set of different neuropathological scorings were pooled ten years ago into an ABC score but it still requires the analysis of microscope slides with three different stainings. Using XPCT, our goal was to advance towards a contrast-agent-free 3D imaging technique for AD *ex vivo* diagnosis. Four studies were reported in this manuscript; corresponding highlights are recalled thereafter.

### 8.1. Methodological contributions

Contributions include sample preparation, software development and data analysis.

### 8.1.1. Sample preparation

In the first study, we optimized the already-known sample preparation by fixation-dehydration for XPCT through a progressive process.

### 8.1.2. Software development

In the first study, we implemented a tool for image-derived orientation extraction with our private collaborators from NOVITOM. An open-source version of the XPCT-derived fiber-tracking technique is being developed.

### 8.1.3. Data analysis

In the first study, we created an AMIRA pipeline for mediumfiber extraction; this processing method and the one by NOVITOM retrieved the volume ratio of fibers and DTI-like parametric maps which were understandable metrics for the neuroscience community. During the second study, we compiled and shared a segmentation pipeline with user-friendly open-source software for the 3D morphological analysis of blob-like objects. For the third study, we combined heterogeneous data from 2D and 3D techniques to correlate molecular and elemental imaging with our label-free technique. The fourth study was a collaborative effort towards the clinical characterization of a cohort of patients with XPCT, that will serve as a proof of concept.

### 8.2. Results provided by this work

Our first results highlighted the role of myelin for the analysis of white-matter tracts in fixed, dehydrated samples. They also demonstrated the feasibility of orientation extraction and lesion assessment with XPCT.

Our second study revealed the 3D morphological differences of  $A\beta$  plaques from transgenic strains which develop amyloidosis.

In our third study, we discovered the strong differences of biometal accumulation between two human AD cases and 4 different AD models. We unveiled the ability of XPCT to detect A $\beta$  plaques in a familial AD case. We could link the XPCT signal directly to the metal accumulation in the A $\beta$  plaques.

The data of the fourth study is already acquired: 50 samples were fully scanned and the analysis of the blood vessel network is ongoing.

Paraffin-embedded samples or cleared samples could be studied for correlative analysis. Our collaboration with the local biobank could continue to study other dementia.

### 8.3. Limitations of the studies

Our first and second studies were based on 3 animals per model: we demonstrated the potential of XPCT but larger cohorts would be required for significant assessment. Nevertheless, large numbers of  $A\beta$  plaques were segmented.

In our third study, a compatible setup for XPCT such as cryo-CT would have produced a unique dataset: the samples would have been prepared with the same protocol and the same objects would have been scanned with the three techniques — XPCT, FTIR and XRF —, enabling a truly correlative study.

For our fourth study, we need to improve the training of our machine learning algorithms to create an automatic pipeline and process the  $\sim 100$  extracted vessels of interest.

### Appendix

## List of publications

- Chourrout M, Rositi H, Ong E, Hubert V, Paccalet A, Foucault L, Autret A, Fayard B, Olivier C, Bolbos R, Peyrin F, Crola-da-Silva C, Meyronet D, Raineteau O, Elleaume H, Brun E, Chauveau F, and Wiart M. Brain Virtual Histology with X-ray Phase-Contrast Tomography Part I: Whole-Brain Myelin Mapping in White-Matter Injury Models. Biomed Opt Express. 2022 Mar 1; 13
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Co-first author with Rositi H.

First author.

First author.

# List of oral communications **B**.

- Chourrout M. Brain Virtual Histology with X-ray Phase-Contrast Tomography. Parallel Session. European Molecular Imaging Meeting 2021 (Göttingen, Germany). 2021 Aug 26
- Chourrout M. Why Do We See Amyloid-β Plaques in Phase-Contrast Imaging? Parallel Session. European Molecular Imaging Meeting 2022 (Thessaloniki, Greece). 2022 Mar 17
- Chourrout M. Virtual Histology of Brain Pathologies: Crucial Impact of Sample Preparation Techniques. Oral Presentation. World Molecular Imaging Congress 2022 (Miami, FL, USA). 2022 Oct 1
- Chourrout M. Why Do We See Amyloid-β Plaques in Phase-Contrast Imaging? Oral Presentation. SOLEIL User Meeting 2023 (Saint-Aubin, France). 2023 Jan 20
- Chourrout M. Virtual Histology of Human Cerebral Amyloid Angiopathy. Study Group Meeting. European Molecular Imaging Meeting 2023 (Salzburg, Austria). 2023 Mar 14

# Curriculum vitae

### MATTHIEU CHOURROUT

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### **EXPERIENCE**

### PhD Student in Neuro-Imaging

Lyon Neuroscience Research Center (CRNL)

🗰 October 2020 – September 2023 Q Lyon, France

Virtual histology of Alzheimer's disease using synchrotron-radiation phase-contrast x-ray imaging

4 publications and 1 preprint, 4 oral communications in international meetings

### **Research Engineer in Medical Imaging**

### NanoBRAIN project from CREATIS & CarMeN laboratories

🗰 October 2019 – September 2020 **Q** Lyon, France

Synchrotron-radiation phase-contrast x-ray imaging: measurement of white matter anisotropy within mouse brain

### Teaching Assistant in Signal Processing **Claude Bernard University Lyon 1**

January 2020 - September 2023 Q Lyon, France

Courses for audio signal processing at Polytech Lyon (engineering school)	
and ISTR (audioprosthesist diploma)	

### Internship: Research Engineer

GE Healthcare, Women's Health Advanced Research team 🛅 February – August 2019 **Q** Buc, France

Validation of an x-ray image simulation tool for 2D and 3D breast imaging

### Internship: Image Processing for Quality Control Leica Microsystems, R&D Department

June - August 2018

• Wetzlar, Germany

Automatic measurement of chromatic optical errors for microscope lenses through image analysis

### **EDUCATION**

PhD in Neuro-Imaging **Claude Bernard University Lyon 1** 🗰 October 2020 – September 2023

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Master of Science in Engineering - Physics & Optics Institut d'Optique Graduate School – Paris-Saclay University **i** 2016 - 2019 • Paris, France

Master of Science in Signal Processing Université de Bordeaux **i** 2018 - 2019

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### **STRENGTHS & SKILLS**

tornational mobility	
International mobility	
europathologies	
sing Medical imaging	

### LANGUAGES

French	Native
English	TOEIC® L&R 970/990
c	
Spanish	Limited working proficiency

### **INTERESTS**



### Acting classes E

since 2021

Rowing on the Saône river

### CERTIFICATIONS

Certified Rescuer - French Red Cross for volunteer activities

Language Course for Japanese — AX **Toho International College** 



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# Terms & Acronyms

#### Numbers

3xTg a triple-transgenic mouse model of Alzheimer's disease (cf. https://www.alzforum. org/research-models/3xtg).

5xFAD a double-transgenic mouse model of Alzheimer's disease (cf.https://www.alzforum. org/research-models/5xfad-b6sjl).

## A

**A**β amyloid-β.

 $\mathbf{A}\beta_{1-40}$  amyloid- $\beta$  peptide of 40 amino acids.

 $A\beta_{1-42}$  amyloid- $\beta$  peptide of 42 amino acids.

AA U.S. Alzheimer's Association.

**absorption index** ( $\beta$ ) an index which describes absorption properties of an object for x-ray interactions.

AD Alzheimer's disease.

ADAD autosomal dominant form of AD.

Al aluminium.

α**-syn** α-synuclein.

ANSES French Agency for Food, Environmental and Occupational Health & Safety.

**APOE** apolipoprotein E.

**APP** amyloid- $\beta$  precursor protein.

**APP/PS1** a double-transgenic mouse model of Alzheimer's disease (cf. https://www.alzforum.org/research-models/appswepsen1de9-line-85).

**APPPS1** a double-transgenic mouse model of Alzheimer's disease (cf. https://www.alzforum.org/research-models/appps1).

 $\label{eq:action} ArcA\beta \mbox{ a mono-transgenic mouse model of Alzheimer's disease (cf. \mbox{https://www.alzforum.} org/research-models/arcav).$ 

ASL arterial spin labelling.

## B

BBB blood-brain barrier.
BIDS Brain Imaging Data Structure.
BM bending magnet.
BOLD blood-oxygen-level-dependent imaging.
BW bandwidth.

C

**Ca** calcium. **CAA** cerebral amyloid angiopathy. **carbon 11** (<sup>11</sup>C) a radioactive carbon atom with a half-life of 20 min. CBF cerebral blood flow.
CDT clock-drawing test.
celerity (c) the speed of light and EM waves in a vacuum.
CERAD Consortium to Establish a Registry for Alzheimer's Disease.
complex index of refraction (<u>n</u>) an index which describes x-ray interactions with matter.
CRCL Cancer Research Center of Lyon.
CSF cerebrospinal fluid.
CT computed tomography.
Cu copper.

#### D

**DCM** double-crystal monochromator. **DMM** double-multilayer monochromator. **DTI** diffusion tensor imaging.

#### E

EEG electroencephalography.EM electromagnetic.EOAD early-onset Alzheimer's disease.EPVS enlarged perivascular space.ESRF European Synchrotron Radiation Facility.

#### F

FA fractional anisotropy.
FBP filtered back projection.
FDA U.S. Food & Drug Agency.
FDG fluorodeoxyglucose.
Fe iron.
fluorine 18 (<sup>18</sup>F) a radioactive fluorine atom with a half-life of 110 min.
FOV field of view.
FTD frontotemporal dementia.
FTIR Fourier-transform infrared spectroscopy.

#### G

Gd gadolinium.

#### Η

H&E hematoxylin-eosin. HiP-CT hierarchical phase-contrast tomography.

#### I

**ICP-MS** induced coupled plasma mass spectroscopy. **ID** insertion device.

#### IHC immunohistochemistry.

**index of refraction** (*n*) an index which describes light interactions with matter in the ranges of infrared, visible light and ultraviolet.

J

**J20** a mono-transgenic mouse model of Alzheimer's disease (cf. https://www.alzforum. org/research-models/j20-pdgf-appswind).

L

LB Lewy body.

LBD Lewy body dementia.

**linear attenuation coefficient** ( $\mu$ ) a coefficient for the Beer–Lambert law.

LOAD late-onset Alzheimer's disease.

**Lorentz factor** ( $\gamma$ ) a factor that represents the relativistic effects.

LPC lysophosphatidylcholine (a.k.a. lysolecithin).

LSM light-sheet (fluorescence) microscopy.

#### Μ

MAPT microtubule-associated protein tau.
MCI mild cognitive impairment.
MD mean diffusivity.
MEG magnetoencephalography.
ML machine learning.
MMSE Mini-Mental State Examination.
MoCA Montreal Cognitive Assessment.
MRI magnetic resonance imaging.

#### Ν

NFT neurofibrillary tangle.NIA U.S. National Institute on Aging.NIST U.S. National Institute of Standards and Technology.NP nanoparticle / neuritic plaque.

#### 0

**OCT** optical coherence tomography.

## P

PART primary-age-related tauopathy.
PD Parkinson's disease.
PET positron emission tomography.
PHF paired helical filament.
ppm part per million, e.g. μg g<sup>-1</sup>.
PRR pattern recognition receptor.
PSAPP a double-transgenic mouse model of Alzheimer's disease (cf. https://www. alzforum.org/research-models/psapp). PSEN1 presenilin 1. PSEN2 presenilin 2. P-tau hyperphosphorylated tau protein.

#### R

**Radon transform** ( $\Re$ ) a mathematical operator which describes the transformation from a line integral to a projection.

**RD** radial diffusivity.

**refractive-index decrement** ( $\delta$ ) an index which describes phase-shift properties of an object for x-ray interactions.

**RF** radiofrequency.

RI Reagan Institute.

**ROI** region of interest.

ROS reactive oxygen species.

### S

SOLEIL French national synchrotron facility.
SPECT single-photon emission computed tomography.
SR synchrotron radiation.
SRM standard reference material.
SUV standardized uptake value.
SUVR standardized uptake value ratio.

# Т

tau tau protein.

**TgF344** a double-transgenic rat model of Alzheimer's disease (cf. https://www.alzforum. org/research-models/tgf344-ad).

**TOMM40** a mitochondrial protein encoded by the gene *TOMM40*.

**TREM2** triggering receptor expressed on myeloid cells 2.

TSPO Translocator Protein 18kDa.

### U

U-Net a convolutional neural network for machine learning.

### W

WMH white matter hyperintensity.

# X

XFEL x-ray free-electron laser.XPCT x-ray phase-contrast tomography.XRF x-ray fluorescence microscopy.

Z atomic number. **Zn** zinc.

Ζ